

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W30 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
Finals					
1 Jess Dux	W33 VMA	27.20	-1.3	27.21	78.46%
2 Sonia Mbekhta	W31 NSWMA	28.45	-1.3	28.46	75.01%
3 Jaime Lovell	W33 MAWA	29.95	-1.3	29.96	71.25%

**W35 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Yael Reed	W35 NSWMA	27.86	-1.3	27.03	78.97%
2 Melissa Foster	W39 MAWA	27.96	-1.3	27.13	78.68%
3 Rhiannon Lester	W38 VMA	29.57	-1.3	28.69	74.40%
4 Sarah Guevara	W39 NSWMA	32.65	-1.3	31.68	67.38%

**W40 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Monique Perry	W43 NSWMA	27.16	-2.3	25.38	84.09%
2 Monica Hinson	W44 VMA	28.62	-2.3	26.74	79.80%
3 Nicola Hibbert	W40 MAWA	29.82	-2.3	27.86	76.59%

**W45 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Lee-Anne Nelson	W46 QMA	28.93	-1.9	25.99	82.13%
2 Lisa Limonas	W49 MAWA	30.25	-1.9	27.18	78.55%
3 Maria Cimino	W46 NSWMA	32.02	-1.9	28.77	74.20%

**W50 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Julie Brims	W52 QMA	27.22	-2.6	23.47	90.93%
2 Kylie Strong	W50 NSWMA	27.58	-2.6	23.78	89.74%
3 Jackie Bezuidenhout	W51 NSWMA	28.63	-2.6	24.69	86.45%
4 Stephanie Noon	W52 SAMA	29.66	-2.6	25.58	83.45%
5 Vicki Townsend	W53 NSWMA	31.39	-2.6	27.07	78.85%
6 Fiona Leonard	W51 MAWA	31.77	-2.6	27.40	77.90%
7 Tamara Paterson	W51 QMA	32.50	-2.6	28.03	76.15%
8 Sabine Orchard-Simonides	W51 SAMA	33.41	-2.6	28.81	74.08%
9 April Carlin	W51 NSWMA	33.53	-2.6	28.91	73.81%

**W55 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Sue Turner	W57 SAMA	29.98	-0.6	24.77	86.16%
2 Michele Hossack	W57 VMA	30.11	-0.6	24.88	85.79%
3 Robyn Suttor	W59 NSWMA	32.54	-0.6	26.89	79.38%
4 Carmel Meyer	W57 MAWA	33.67	-0.6	27.82	76.72%
5 Sue Cassidy	W56 SAMA	34.57	-0.6	28.57	74.72%
6 Sharon Moloney	W55 MAWA	34.74	-0.6	28.71	74.35%

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**...W55 200 Meter Dash**

7 Rina Flynn	W55 NSWMA	35.14	-0.6	29.04	73.51%
8 Delia Baldock	W56 MAWA	37.73	-0.6	31.18	68.46%

**W60 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Diane O'Toole	W60 NSWMA	33.66	-1.1	26.60	80.24%

**W65 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Lyn Peake	W68 SAMA	32.96	-1.1	24.86	85.83%
-- Lynne Choate	W65 MAWA	DNF	-1.1		INJURED

**W70 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Margaret Taylor	W70 ACTMA	36.04	-0.3	25.48	83.77%
2 Peggy Macliver	W74 MAWA	37.06	-0.3	26.20	81.46%
3 Chris Waring	W74 Overseas	37.12	-0.3	26.24	81.33%

**W75 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Anne Lang	W75 SAMA	38.81	-0.3	25.41	84.02%
2 Ruth Johnson	W77 MAWA	39.40	-0.3	25.79	82.77%

**W80 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 miriam cudmore	W80 SAMA	40.00	-0.3	23.43	91.10%

**M35 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Darren Rogers	M36 MAWA	25.81	-3.3	25.39	76.09%

**M40 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Ashley McMahon	M42 NSWMA	23.36	-3.3	22.28	86.73%
2 Andy Taylor	M40 MAWA	25.48	-3.3	24.30	79.51%
3 Rene Doel	M42 QMA	27.66	-3.3	26.38	73.25%

**M45 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Mark Giglio	M45 VMA	23.88	-2.3	22.06	87.60%

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018****Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi****...M45 200 Meter Dash**

2 Ernie Leseberg	M46 NSWMA	24.22	-2.3	22.37	86.37%
3 Stewart Dobrzynski	M47 VMA	25.03	-2.3	23.12	83.58%
4 Andrew Wilcox	M49 VMA	25.12	-2.3	23.20	83.28%
5 lee stergiou	M46 MAWA	25.73	-2.3	23.77	81.31%
6 Chris Neale	M49 MAWA	25.76	-2.3	23.79	81.21%
7 EJ Davie	M47 NSWMA	34.51	-2.3	31.87	60.62%

**M50 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Gary Parkinson	M50 QMA	25.20	-1.9	22.52	85.83%
2 Ken Telfer	M50 ACTMA	25.78	-1.9	23.04	83.90%
3 Rob Italia	M52 VMA	26.36	-1.9	23.56	82.06%
3 Brett Reid	M54 NSWMA	26.36	-1.9	23.56	82.06%
5 Bernard Riviere	M52 MAWA	26.59	-1.9	23.76	81.35%
6 Matthew Lynch	M52 NSWMA	27.21	-1.9	24.31	79.49%
7 Ian Hannaby	M50 MAWA	27.34	-1.9	24.43	79.11%
8 Donovan Roets	M50 MAWA	27.43	-1.9	24.51	78.86%
9 Paul O'Neill	M52 VMA	27.47	-1.9	24.55	78.74%

**M55 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Darren Hughes	M55 NSWMA	25.42	-1.7	21.95	88.04%
2 Michael Cassidy	M56 SAMA	25.83	-1.7	22.30	86.64%
3 John Hilditch	M56 VMA	26.14	-1.7	22.57	85.62%
4 Ivan Dodin	M58 VMA	26.29	-1.7	22.70	85.13%
5 Todd Devery	M57 NSWMA	26.84	-1.7	23.18	83.38%
6 Mick Daly	M56 NSWMA	27.64	-1.7	23.87	80.97%
7 Tony Keeghan	M59 QMA	30.15	-1.7	26.03	74.23%

**M60 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Trevor Young	M60 NSWMA	26.13	-4.1	21.78	88.75%
2 Rob Mayston	M61 VMA	26.93	-4.1	22.44	86.11%
3 David Shearsby	M61 NSWMA	28.02	-4.1	23.35	82.76%
4 Wayne Marriott	M64 NSWMA	30.45	-4.1	25.38	76.16%
5 Barry Newell	M62 MAWA	31.40	-4.1	26.17	73.85%
6 Tony Van Kampen	M61 QMA	31.90	-4.1	26.58	72.70%
7 Peter Alford	M64 MAWA	38.97	-4.1	32.47	59.51%

**M65 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 John Lamb	M68 ACTMA	28.39	-2.1	22.74	84.99%
2 Hans van Bavel	M68 SAMA	28.90	-2.1	23.15	83.49%
3 Rob Antonioli	M66 MAWA	29.73	-2.1	23.81	81.16%
4 Michael Byrne	M66 MAWA	30.29	-2.1	24.26	79.66%
5 John Cooper	M65 VMA	31.02	-2.1	24.84	77.79%
6 Geoff Sims	M69 ACTMA	32.12	-2.1	25.72	75.12%
7 Harold Membrey	M66 MAWA	33.24	-2.1	26.62	72.59%

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**...M65 200 Meter Dash**

8 Mike Roberts	M67 NT	33.50	-2.1	26.83	72.03%
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**M70 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Trevor Guptill	M71 Overseas	28.87	-1.1	22.07	87.56%
2 Keith Howden	M72 VMA	29.41	-1.1	22.48	85.96%
3 ted miller	M73 MAWA	35.16	-1.1	26.87	71.90%

**M75 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Barrie Kernaghan	M78 MAWA	31.57	-1.1	22.78	84.83%
2 Brian Waldhuter	M77 MAWA	35.21	-1.1	25.41	76.06%
3 Colin Mancey	M76 QMA	38.12	-1.1	27.51	70.25%

**M80 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 Norman Richards	M80 MAWA	35.03	-2.8	23.46	82.36%
2 Graeme Noden	M80 VMA	36.05	-2.8	24.15	80.03%
3 Michael Johnson	M83 NSWMA	39.35	-2.8	26.36	73.32%
4 allan wood	M80 VMA	39.49	-2.8	26.45	73.06%

**M85 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 David Carr	M85 MAWA	38.84	-0.7	23.51	82.21%
2 Osmo Millridge	M86 NSWMA	41.62	-0.7	25.19	76.72%

**M90 200 Meter Dash**

Name	Age Team	Finals	Wind	Age-Grading	Alternate
1 jim sinclair	M93 VMA	51.01	-0.7	26.69	72.40%

**W70 6000 Meter Run**

Name	Age Team	Finals	Age-Grading	Points	Alternate
Results - Women 70					
1 Lavinia Petrie	W74 VMA	26:48h	18:34.35	96.08%	
2 Irene Davey	W70 QMA	36:23h	25:12.82	70.77%	
3 Valerie Prescott	W74 MAWA	56:09h	38:54.72	45.86%	

**W80 6000 Meter Run**

Name	Age Team	Finals	Age-Grading	Points	Alternate
Results - Women 80					
1 Maggie Roberts	W80 NT	55:17h	32:45.66	54.48%	
2 Pam Mews	W83 VMA	1:05:22h	38:44.18	46.07%	

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**M70 6000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 70				
1 Don Mathewson	M73 NSWMA	23:54h	17:43.89	88.56%
2 Jim Langford	M73 MAWA	24:51h	18:26.18	85.18%
3 Robbie Costmeyer	M71 ACTMA	25:42h	19:04.02	82.36%
4 Bob Hull	M73 MAWA	25:55h	19:13.66	81.67%
5 John Walton	M70 NSWMA	25:58h	19:15.89	81.51%
6 Jim Klinge	M71 MAWA	26:18h	19:30.72	80.48%
7 geoffrey vine	M70 MAWA	26:38h	19:45.56	79.47%
8 John Sheer	M70 QMA	27:14h	20:12.27	77.72%
9 Maurice Creagh	M71 MAWA	30:34h	22:40.65	69.25%
10 Lui Cecotti	M71 MAWA	30:57h	22:57.71	68.39%
11 Martin Watkins	M71 MAWA	31:37h	23:27.39	66.95%
12 Stephen Barker	M74 VMA	32:45h	24:17.84	64.63%

**M75 6000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 75				
1 Peter Sandery	M76 SAMA	27:20h	18:54.07	83.05%
2 David Baird	M75 MAWA	28:37h	19:47.31	79.32%
3 Colin Mancey	M76 QMA	32:17h	22:19.44	70.31%
4 Bryan Thomas	M76 ACTMA	39:30h	27:18.86	57.47%

**M80 6000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 80				
1 Peter Hanson	M80 Overseas	40:26h	25:16.26	62.12%
2 Morland Smith	M80 MAWA	40:30h	25:18.76	62.02%

**M85 6000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 85				
1 Irwin Barrett-Lennard	M89 MAWA	40:36	22:02.02	71.26%

**W30 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 30				
1 Deirdre McPhee	W34 MAWA	31:01h	31:01.01	77.49%

**W35 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 35				
1 Vanessa Carson	W39 MAWA	31:10h	30:57.10	77.65%

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**W40 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 40				
1 Kate Seibold	W43 VMA	29:45h	28:55.03 83.14%	
2 Petra Jerejian	W40 MAWA	30:18h	29:27.10 81.63%	
3 Clare Wardle	W43 MAWA	30:24h	29:32.93 81.36%	
4 Joanna Bailey	W43 NT	36:35h	35:33.55 67.61%	

**W45 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 45				
1 Eulalia van Blomestein	W47 MAWA	31:24h	29:24.37 81.74%	
2 Cristine Suffolk	W48 NSWMA	32:35h	30:30.86 78.77%	
3 Tracey Gleeson	W48 MAWA	32:52h	30:46.78 78.09%	
4 Kathryn Hough	W48 MAWA	33:16h	31:09.26 77.15%	
5 Nellie Gaynor	W48 MAWA	42:09h	39:28.41 60.89%	
6 Sheryl Woolley	W48 MAWA	50:01h	46:50.44 51.32%	

**W50 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 50				
1 Kate Ingram	W50 MAWA	30:43h	27:16.22 88.12%	
2 Pia Hunter	W51 VMA	31:33h	28:00.61 85.79%	
3 Julie Wilson	W50 Overseas	31:55h	28:20.14 84.80%	
4 Susanne Wilson	W51 VMA	32:24h	28:45.89 83.54%	
5 Cathy Stewart	W52 Overseas	33:19h	29:34.72 81.24%	
6 Sally Hunt	W54 NSWMA	34:23h	30:31.54 78.72%	
7 Anne Buckley	W50 VMA	34:55h	30:59.95 77.52%	
8 Suzi Graves	W51 MAWA	36:06h	32:02.98 74.98%	
9 Toni Ferguson	W51 QMA	37:19h	33:07.79 72.53%	
10 Silke Peglow	W50 MAWA	46:11h	41:00.10 58.61%	

**W55 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 55				
1 Louisa Abram	W57 QMA	30:29h	25:30.15 94.26%	
2 Karyn Gower	W58 MAWA	40:16h	33:41.23 71.36%	
3 Lori Sexton	W56 MAWA	41:37h	34:49.00 69.04%	
4 Karen Hill	W59 MAWA	44:34h	37:17.07 64.47%	
5 Denise Newport	W58 MAWA	44:49h	37:29.62 64.11%	

**W60 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 60				
1 Helen Stanley	W62 VMA	35:02h	27:30.92 87.35%	
2 Anne Kidman	W63 VMA	38:46h	30:26.85 78.93%	

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**W65 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 65				
1 Kathy Sims	W66 ACTMA	38:40h	28:23.12 84.66%	
2 Barbara Morrison	W69 Overseas	51:15h	37:37.36 63.87%	

**M30 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 30				
1 Ben Armstrong	M33 MAWA	31:27h	31:26.25 67.46%	

**M40 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 40				
1 Ross Langford	M40 MAWA	25:36h	24:31.65 86.46%	
2 Darren Peacock	M41 NT	25:54h	24:48.89 85.46%	
3 Rob Nichols	M40 MAWA	26:37h	25:30.09 83.16%	
4 simon White	M42 NSWMA	28:18h	27:06.86 78.21%	

**M45 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 45				
1 Shane Hutchison	M45 ACTMA	28:45h	26:30.46 80.00%	
2 Patrick Jones	M46 MAWA	30:50h	28:25.71 74.59%	
3 Jason Woolley	M47 MAWA	33:19h	30:43.08 69.03%	

**M50 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 50				
1 Kevin Matthews	M51 MAWA	27:43h	24:33.09 86.35%	
2 Jeff Grey	M54 ACTMA	29:59h	26:33.56 79.82%	
3 Rob Italia	M52 VMA	30:10h	26:43.30 79.34%	
4 David Renshaw	M54 MAWA	30:59h	27:26.71 77.25%	
5 Andrew Grosas	M54 MAWA	34:31h	30:34.50 69.34%	
6 Brendan Peel	M50 VMA	46:23h	41:05.19 51.60%	

**M55 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 55				
1 Bruce Graham	M56 ACTMA	26:23h	22:25.08 94.57%	
2 Trevor Scott	M58 MAWA	28:51h	24:30.84 86.48%	
3 Nigel England	M55 ACTMA	33:07h	28:08.36 75.34%	
4 Mark Dawson	M57 MAWA	33:45h	28:40.65 73.93%	
5 Alan Gray	M55 MAWA	36:29h	31:00.00 68.39%	
6 John Fisher	M58 MAWA	36:41h	31:10.20 68.01%	
7 Roger Pilkington	M59 ACTMA	39:03h	33:10.85 63.89%	

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**...M55 8000 Meter Run**

8 Bob Britton M58 MAWA 42:47h 36:21.19 58.32%

**M60 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 60				
1 Robert Cattrall	M60 MAWA	30:52h	25:06.61	84.45%
2 Peter Lyden	M63 TMA	31:06h	25:18.00	83.82%
3 Akos Gyarmathy	M62 MAWA	34:35h	28:08.02	75.37%
4 Michihito Muroi	M60 MAWA	34:53h	28:22.66	74.73%

**M65 8000 Meter Run**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 65				
1 Giovanni Puglisi	M67 MAWA	31:33h	24:31.62	86.42%
2 Yassine Belaabed	M66 VMA	31:47h	24:42.51	85.79%
3 Allan Mayfield	M69 SAMA	32:23h	25:10.49	84.20%
4 Ron Schwebel	M66 NSWMA	33:23h	25:57.14	81.68%
5 Russell Johnson	M65 SAMA	34:58h	27:10.99	77.98%
6 Greg Wilson	M65 VMA	35:12h	27:21.87	77.46%
7 Ralph Henderson	M69 MAWA	35:18h	27:26.54	77.24%
8 Dennis Williams	M69 NSWMA	38:08h	29:38.70	71.50%
9 Bob Barber	M67 MAWA	42:47h	33:15.59	63.73%
10 Roy Hart	M69 MAWA	47:42h	37:04.92	57.16%
11 Frank Price	M68 MAWA	54:17h	42:12.00	50.23%

**W30-99 4x100 Meter Relay**

Team	Finals	Alternate
Finals		
1 NSWMA 'A'	50.64	
1) Kylie Strong 50	2) Monique Perry 43	
3) Yael Reed 35	4) Jackie Bezuidenhout 51	
2 QMA 'A'	55.95	
1) Julie Brims 52	2) Wilma Perkins 68	
3) Tamara Paterson 51	4) Lee-Anne Nelson 46	
3 SAMA 'A'	56.10	
1) Lyn Peake 68	2) Stephanie Noon 52	
3) Cassie Neubauer 39	4) Sue Turner 57	
4 VMA 'A'	57.23	
1) Sharon Pedersen 45	2) Julie Aylward 45	
3) Michele Hossack 57	4) Jacinta Burns 50	

**W30-99 4x100 Meter Relay**

Team	Finals	Alternate
Finals		
1 NSWMA 'A'	59.59	
1) Rina Flynn 55	2) Sally Stagles 57	
3) Vicki Townsend 53	4) Diane O'Toole 60	
2 VMA 'A'	1:05.14	
1) Karen Kirby 62	2) Louise McLean 53	



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**....W30-99 4x100 Meter Relay**

3) Helen Stanley 62	4) Sonya Pollard 51
3 SAMA 'A'	1:08.45
1) Anne Lang 75	2) Sabine Orchard-Simonides 51
3) miriam cudmore 80	4) Sue Cassidy 56

**W30-99 4x100 Meter Relay**

Team	Finals	Alternate
1 VMA 'A'	52.74	
1) Rhiannon Lester 38	2) Monica Hinson 44	
3) Heather Whitaker 39	4) Jess Dux 33	
2 MAWA 'A'	55.31	
1) Melissa Foster 39	2) Jaime Lovell 33	
3) Lisa Limonas 49	4) Nicola Hibbert 40	

**M40-99 4x100 Meter Relay**

Team	Finals	Alternate
1 VMA 'A'	52.76	
1) andrew watts 62	2) Ivan Dodin 58	
3) Keith Howden 72	4) Rob Mayston 61	
2 QMA 'A'	57.91	
1) Mark Lepper 56	2) Tony Keeghan 59	
3) Colin Mancey 76	4) Rene Doel 42	
3 MAWA 'A'	59.05	
1) Norman Richards 80	2) Michael Byrne 66	
3) Tony Downey 61	4) Steve Fuller 65	
4 VMA 'A'	1:05.98	

**M40-99 4x100 Meter Relay**

Team	Finals	Alternate
1 NSWMA 'A'	48.20	
1) Darren Hughes 55	2) Brett Reid 54	
3) David Shearsby 61	4) Trevor Young 60	
2 VMA 'A'	50.21	
1) Paul O'Neill 52	2) Shawn Hennig 50	
3) Rob Italia 52	4) John Hilditch 56	
3 SAMA 'A'	50.51	
1) Hans van Bavel 68	2) Vince Musolino 46	
3) Matthew Lovell 52	4) Michael Cassidy 56	
4 MAWA 'A'	50.79	
1) Donovan Roets 50	2) Bernard Riviere 52	
3) Ian Hannaby 50	4) Dawson Miller 52	
5 ACTMA 'A'	54.79	
1) John Lamb 68	2) Robert Wright 58	
3) Geoff Sims 69	4) Ken Telfer 50	

**M30-99 4x100 Meter Relay**

Team	Finals	Alternate
1 NSWMA 'A'	45.63	

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**....M30-99 4x100 Meter Relay**

1) Ashley McMahon 42	2) Ryan Dowling 38
3) David McCann 53	4) Ernie Leseberg 46
2 VMA 'A'	47.05
1) Mark Giglio 45	2) Stewart Dobrzynski 47
3) Craig Sanford 49	4) Andrew Wilcox 49
3 QMA 'A'	47.46
1) Patrick McCarthy 34	2) mark mclean 61
3) Daniel Mellish 39	4) Gary Parkinson 50

**W30-60 4x400 Meter Relay**

Team	Finals	Alternate
1 VMA 'A'	4:28.46	
1) Rhiannon Lester 38	2) Monica Hinson 44	
3) Heather Whitaker 39	4) Jess Dux 33	
2 NSWMA 'A'	4:52.27	
1) Cindy Paisio 39	2) Sarah Guevara 39	
3) Rina Flynn 55	4) Sonia Mbekhta 31	

**W40-99 4x400 Meter Relay**

Team	Finals	Alternate
1 SAMA 'A'	4:24.83	
1) Sarah Chinner 56	2) Sue Turner 57	
3) Stephanie Noon 52	4) Karen Long 43	
2 NSWMA 'A'	4:28.45	
1) Kylie Strong 50	2) Jackie Bezuidenhout 51	
3) Amanda Coombe 20	4) Monique Perry 43	
3 VMA 'A'	4:36.88	
1) Michele Hossack 57	2) Kate Seibold 43	
3) Sharon Pedersen 45	4) Julie Aylward 45	
4 MAWA 'A'	5:01.19	
1) Ann-Marie O'Donovan 44	2) Jennifer Parker 49	
3) Fiona Leonard 51	4) Janne Wells 49	
5 VMA 'B'	5:43.60	
1) Anne Buckley 50	2) Anne Kidman 63	
3) Helen Stanley 62	4) Jacinta Burns 50	

**M30-60 4x400 Meter Relay**

Team	Finals	Alternate
1 NSWMA 'A'	3:31.27	
1) Jay Stone 38	2) Trevor Young 60	
3) Ashley McMahon 42	4) Ryan Dowling 38	
2 VMA 'A'	3:38.30	
1) Mark Giglio 45	2) Stewart Dobrzynski 47	
3) Craig Sanford 49	4) Andrew Wilcox 49	
3 QMA 'A'	3:51.53	
1) Daniel Mellish 39	2) Patrick McCarthy 34	
3) Mark Lepper 56	4) Gary Parkinson 50	

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M30-99 4x400 Meter Relay**

Team	Finals	Alternate
1 MAWA 'A'	3:57.93	
1) Graeme Watson 40	2) Chris Neale 49	
3) Ian Hannaby 50	4) Wayne Byram 46	
2 VMA 'B'	4:05.47	
1) Paul O'Neill 52	2) Shawn Hennig 50	
3) Pramesh Prasad 44	4) Rob Italia 52	
3 NSWMA 'A'	4:07.89	
1) Ken Wilson 51	2) Matthew Lynch 52	
3) Wayne Marriott 64	4) Barry Moore 55	
4 VMA 'A'	4:12.70	
1) andrew watts 62	2) Rob Mayston 61	
3) John Cooper 65	4) Ivan Dodin 58	
5 MAWA 'C'	4:32.27	
1) Steve Fuller 65	2) Tony Downey 61	
3) Martin Kennedy 60	4) Campbell Till 60	
6 QMA 'A'	4:42.30	
1) Rene Doel 42	2) Colin Mancey 76	
3) Tony Keeghan 59	4) mark mclean 61	

**W30 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Suzi White	W31 NT	11.35m	11.35m 48.09%	
2 Sharyn Dickson	W33 NSWMA	11.31m	11.31m 47.92%	
3 Sara Wessling	W33 QMA	4.43m	4.43m 18.77%	

**W35 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Kim Gleeson	W38 VMA	10.62m	11.59m 49.14%	
2 Sally Sims	W39 MAWA	10.25m	11.19m 47.43%	
3 Shenevelle Dickson	W35 ACTMA	9.02m	9.85m 41.74%	

**W40 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Byrony Glass	W41 MAWA	16.12m	19.10m 80.96%	Record
2 Kelly Hunter	W40 NSWMA	11.53m	13.66m 57.91%	
3 Cheryl McMahon	W43 MAWA	10.81m	12.81m 54.29%	
4 Michelle Bitcheno	W43 Overseas	9.73m	11.53m 48.87%	
5 Nicole Simmonds	W40 NT	8.62m	10.21m 43.29%	
6 Andrea Penny	W42 MAWA	5.50m	6.51m 27.62%	

**W45 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Althea Mackie	W48 QMA	12.37m	16.02m 67.89%	
2 Maria Cimino	W46 NSWMA	10.69m	13.84m 58.67%	
3 Cathy McKeown	W48 TMA	10.62m	13.75m 58.29%	

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W50 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Gabi Watts	W52 NSWMA	14.82m	17.52m	74.25%
2 Paula Kennedy	W51 MAWA	10.82m	12.79m	54.21%

**W55 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Jayne Hardy	W55 ACTMA	12.30m	15.88m	67.32%
2 Ann Jefferies	W56 SAMA	9.95m	12.85m	54.46%
3 Sharon Gibbins	W59 ACTMA	9.93m	12.82m	54.35%
4 Diana Dickson	W59 NSWMA	8.34m	10.77m	45.65%
5 Elizabeth Morrison	W59 NT	7.69m	9.93m	42.09%
6 Sharon Moloney	W55 MAWA	7.60m	9.81m	41.60%

**W60 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Dorn Jenkins	W62 VMA	15.02m	18.18m	77.07%
2 Jill Taylor	W62 NSWMA	13.54m	16.39m	69.47%
3 June Lowe	W63 NSWMA	11.89m	14.39m	61.01%
4 Ellena Cubban	W60 NSWMA	10.33m	12.50m	53.00%
5 Karen Kirby	W62 VMA	8.74m	10.58m	44.84%

**W65 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Wilma Perkins	W68 QMA	9.24m	12.25m	51.91%
2 Adriana Van bockel	W66 NSWMA	7.59m	10.06m	42.64%
3 Liz Neubauer	W67 SAMA	6.80m	9.01m	38.20%

**W70 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Mary Thomas	W73 NSWMA	9.74m	14.28m	60.53%
2 Bev Hamilton	W72 MAWA	9.58m	14.05m	59.54%

**W75 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Jan Banens	W76 ACTMA	10.07m	14.05m	59.55%

**M40 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Ricard Meiring	M43 NSWMA	16.93m	18.45m	71.34%
2 Matt Staunton	M44 MAWA	12.77m	13.91m	53.81%
3 John Fettus	M44 MAWA	11.66m	12.70m	49.14%
4 Rene Doel	M42 QMA	9.99m	10.88m	42.10%
5 Travis Wilson	M43 VMA	9.77m	10.64m	41.17%

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M45 Weight Throw**

Name	Age	Team	Finals	Age-Grading	Alternate
1 Chris White	M48	ACTMA	11.90m	13.91m	53.82%
2 Mark Hamilton	M47	MAWA	10.78m	12.60m	48.76%
3 Michael Mullarvey	M45	TMA	10.52m	12.30m	47.58%
4 David de Vries	M49	VMA	10.19m	11.91m	46.09%

**M50 Weight Throw**

Name	Age	Team	Finals	Age-Grading	Alternate
1 Todd Davey	M51	TMA	13.06m	13.69m	52.96%
2 Matthew Lovell	M52	SAMA	12.99m	13.62m	52.68%

**M55 Weight Throw**

Name	Age	Team	Finals	Age-Grading	Alternate
1 Robert Clark	M56	NSWMA	12.74m	14.30m	55.30%
2 Mark Flaus	M59	Overseas	12.45m	13.97m	54.04%
3 Andrew Ward	M56	MAWA	10.79m	12.11m	46.83%

**M60 Weight Throw**

Name	Age	Team	Finals	Age-Grading	Alternate
1 Geoffrey Gee	M64	MAWA	16.59m	17.29m	66.87%
2 Gavin Murray	M64	NSWMA	15.88m	16.55m	64.01%
3 Lajos Joni	M62	QMA	15.56m	16.21m	62.72%
4 Jo Peters	M64	MAWA	15.06m	15.69m	60.70%
5 Paul Olsson	M61	VMA	14.78m	15.40m	59.57%
6 Stan Peska	M61	VMA	13.22m	13.78m	53.28%
7 Wayne Fielder	M64	QMA	12.74m	13.28m	51.35%
8 Ian Guthrie	M63	NSWMA	12.50m	13.03m	50.38%

**M65 Weight Throw**

Name	Age	Team	Finals	Age-Grading	Alternate
1 Oswald Igel	M67	MAWA	15.83m	17.65m	68.26%
2 Bob Holzer	M69	VMA	13.55m	15.11m	58.43%
3 Bob Banens	M69	ACTMA	12.41m	13.84m	53.51%
4 Lester Laughton	M66	Overseas	12.21m	13.61m	52.65%
5 Rick Davison	M68	Overseas	11.90m	13.27m	51.32%
6 Tim Needham	M65	NSWMA	11.41m	12.72m	49.20%
7 Mike Roberts	M67	NT	9.50m	10.59m	40.97%
8 Harold Membrey	M66	MAWA	9.30m	10.37m	40.10%

**M70 Weight Throw**

Name	Age	Team	Finals	Age-Grading	Alternate
1 Phillip Rowlands	M70	QMA	14.19m	16.18m	62.59%
2 Ray Green	M73	ACTMA	13.07m	14.91m	57.65%
3 Peter Young	M71	VMA	12.83m	14.63m	56.59%
4 John Reynolds	M73	ACTMA	12.49m	14.24m	55.09%

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M75 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 Arnie DeLaite	M75 NSWMA	12.12m	14.89m	57.58%
2 Ian Kennedy	M78 QMA	10.84m	13.31m	51.50%
3 Robin Whyte	M76 ACTMA	9.65m	11.85m	45.84%

**M80 Weight Throw**

Name	Age Team	Finals	Age-Grading	Alternate
1 James Davis	M84 MAWA	10.75m	14.02m	54.21%
2 Norman Stanger	M81 MAWA	10.15m	13.23m	51.19%
3 Bob Fergie	M82 MAWA	10.11m	13.18m	50.98%

**W30 Other**

Name	Age Team	Finals	Age-Grading	Alternate
1 Suzi White	W31 NT	20.03m		+8.65

**W35 Other**

Name	Age Team	Finals	Age-Grading	Alternate
1 Kim Gleeson	W38 VMA	18.13m		+9.38

**W40 Other**

Name	Age Team	Finals	Age-Grading	Alternate
1 Byrony Glass	W41 MAWA	19.76m		+3.88

**W45 Other**

Name	Age Team	Finals	Age-Grading	Alternate
1 Althea Mackie	W48 QMA	19.71m		+7.63

**W50 Other**

Name	Age Team	Finals	Age-Grading	Alternate
1 Gabi Watts	W52 NSWMA	20.49m		+5.18

**W55 Other**

Name	Age Team	Finals	Age-Grading	Alternate
1 Jayne Hardy	W55 ACTMA	20.29m		+7.70

**W60 Other**

Name	Age Team	Finals	Age-Grading	Alternate
1 Dorn Jenkins	W62 VMA	20.93m		+4.98

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W65 Other**

Name	Age Team	Finals	Age-Grading Alternate
1 Wilma Perkins	W68 QMA	20.54m	10.76

**W70 Other**

Name	Age Team	Finals	Age-Grading Alternate
1 Mary Thomas	W73 NSWMA	19.81m	+10.26

**M40 Other**

Name	Age Team	Finals	Age-Grading Alternate
1 Ricard Meiring	M43 NSWMA	19.87m	+3.07

**M50 Other**

Name	Age Team	Finals	Age-Grading Alternate
1 Todd Davey	M51 TMA	22.17m	+6.94

**M55 Other**

Name	Age Team	Finals	Age-Grading Alternate
1 Robert Clark	M56 NSWMA	21.52m	+7.26

**M60 Other**

Name	Age Team	Finals	Age-Grading Alternate
1 Geoffrey Gee	M64 MAWA	18.74m	+3.41

**M65 Other**

Name	Age Team	Finals	Age-Grading Alternate
1 Oswald Igel	M67 MAWA	18.70m	+4.17

**M70 Other**

Name	Age Team	Finals	Age-Grading Alternate
1 Phillip Rowlands	M70 QMA	19.34m	+5.81

**M75 Other**

Name	Age Team	Finals	Age-Grading Alternate
1 Arnie DeLaite	M75 NSWMA	18.94m	+7.88

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M80 Other**

Name	Age Team	Finals	Age-Grading	Alternate
-- James Davis	M84 MAWA	FOUL		+9.25

**W30 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Jess Dux	W33 VMA	13.61	-4.1	13.62 77.08%	665	

**W35 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Melissa Foster	W39 MAWA	13.60	-4.1	13.47 77.94%	689	
2 Rhiannon Lester	W38 VMA	14.44	-4.1	14.30 73.41%	558	
3 Cassie Neubauer	W39 SAMA	14.68	-4.1	14.54 72.21%	522	
4 Jasmine Heslop	W39 MAWA	16.11	-4.1	15.95 65.80%	334	

**W40 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points	Alternate
1 Caroline Ellis	W43 NSWMA	14.26	-2.4	13.62 77.07%	2	665	
2 Ann-Marie O'Donovan	W44 MAWA	15.75	-2.4	15.04 69.78%	2	451	

**W45 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points	Alternate
1 Lee-Anne Nelson	W46 QMA	14.14	-2.4	13.01 80.69%	2	768	
2 Cathy McKeown	W48 TMA	14.97	-2.4	13.77 76.22%	2	640	
3 Donna abbey	W46 MAWA	15.19	-2.4	13.97 75.12%	2	609	
4 Janne Wells	W49 MAWA	16.58	-2.4	15.25 68.82%	2	423	

**W50 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Sue Coate	W51 MAWA	14.46	-1.1	12.79 82.02%	806	
2 Vicki Townsend	W53 NSWMA	14.64	-1.1	12.95 81.01%	778	
3 Sonya Pollard	W51 VMA	14.91	-1.1	13.19 79.54%	737	
4 Tamara Paterson	W51 QMA	15.44	-1.1	13.66 76.81%	658	
5 April Carlin	W51 NSWMA	15.46	-1.1	13.68 76.71%	655	
6 Baerbel Koribalski	W53 NSWMA	15.86	-1.1	14.03 74.78%	599	
7 Sabine Orchard-Simonides	W51 SAMA	16.16	-1.1	14.30 73.39%	558	
8 Louise McLean	W53 VMA	16.45	-1.1	14.55 72.10%	521	

**W55 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points	Alternate
1 Sally Stagles	W57 NSWMA	14.70	-2.6	12.49 84.01%	2	860	
2 Michele Hossack	W57 VMA	14.91	-2.6	12.67 82.83%	2	828	
3 Sarah Chinner	W56 SAMA	15.12	-2.6	12.84 81.68%	2	797	



## Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018

## Results - Sunday 29 April - Age Grading: 5 Yr Indiv &amp; 5 yr Multi

**W60 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Carol Bowman	W63 MAWA	18.38	-2.4	14.97 70.13%	461	
2 Trish Stallard	W60 NSWMA	19.00	-2.4	15.47 67.84%	394	
3 Gay Wyatt	W64 MAWA	19.34	-2.4	15.75 66.65%	359	
4 Julie Wilson	W64 MAWA	19.96	-2.4	16.25 64.58%	299	

**W65 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points	Alternate
1 maureen keshwar	W66 MAWA	16.21	-2.8	12.63 83.10%	2	835	
2 Carey Dickason	W67 MAWA	21.14	-2.8	16.47 63.72%	2	275	
3 Liz Neubauer	W67 SAMA	22.06	-2.8	17.19 61.06%	2	201	

**W70 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 brenda painter	W73 MAWA	19.95	-2.4	14.76 71.08%	491	

**W75 100 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points	Alternate
1 Ruth Johnson	W77 MAWA	19.76	-2.8	13.74 76.37%	2	645	

**M30 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Patrick McCarthy	M34 QMA	24.34	NWI	24.35 79.38%	662	
2 Carl Heslop	M32 MAWA	27.61	NWI	27.62 69.97%	403	

**M40 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Graeme Watson	M40 MAWA	26.96	NWI	25.71 75.15%	547	
2 Rene Doel	M42 QMA	27.18	NWI	25.92 74.54%	531	

**M45 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Chris Neale	M49 MAWA	25.76	NWI	23.79 81.21%	712	
2 Chris White	M48 ACTMA	28.39	NWI	26.22 73.69%	507	
3 EJ Davie	M47 NSWMA	33.03	NWI	30.51 63.34%	223	
4 Andrew Brooker	M49 MAWA	40.96	NWI	37.83 51.07%		

**M50 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Paul O'Neill	M52 VMA	26.89	-2.9	24.03 80.44%	690	
2 Shawn Hennig	M50 VMA	26.93	-2.9	24.06 80.32%	688	

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
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**...M50 200 Meter Dash Outdoor Pentathlon**

3 Ian Cotton	M53 MAWA	27.65	-2.9	24.71	78.23%	631
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**M55 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points	Alternate
1 Garry Hastie	M56 MAWA	30.69	-3.5	26.50	72.92%	2	485
2 Robert Clark	M56 NSWMA	36.38	-3.5	31.41	61.52%	2	177

**M60 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	H#	Points	Alternate
1 andrew watts	M62 VMA	27.95	-3.5	23.29	82.97%	2	758
2 mark mclean	M61 QMA	28.25	-3.5	23.54	82.09%	2	735
3 Tony Downey	M61 MAWA	30.75	-3.5	25.63	75.41%	2	554

**M65 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Steve Fuller	M65 MAWA	30.50	-2.8	24.43	79.11%	655
2 Harold Membrey	M66 MAWA	34.35	-2.8	27.51	70.25%	411

**M75 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Abert Gay	M76 NSWMA	36.62	-2.8	26.43	73.13%	491

**M80 200 Meter Dash Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Graeme Noden	M80 VMA	35.66	-2.8	23.89	80.90%	703
2 Leon Sander	M81 MAWA	36.90	-2.8	24.72	78.18%	630

**W30 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Jess Dux	W33 VMA	3:16.02	3:16.03	57.79%	231

**W35 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Melissa Foster	W39 MAWA	3:12.34	3:11.40	59.19%	266
2 Rhiannon Lester	W38 VMA	3:25.40	3:24.40	55.42%	172
3 Jasmine Heslop	W39 MAWA	3:33.96	3:32.92	53.21%	120
4 Cassie Neubauer	W39 SAMA	3:35.12	3:34.07	52.92%	114

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
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**W40 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Ann-Marie O'Donovan	W44 MAWA	3:07.52	2:58.84	63.34%	376
2 Caroline Ellis	W43 NSWMA	3:17.07	3:07.95	60.27%	295

**W45 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Lee-Anne Nelson	W46 QMA	2:51.93	2:36.86	72.22%	609
2 Cathy McKeown	W48 TMA	3:00.77	2:44.92	68.69%	518
3 Donna abbey	W46 MAWA	3:07.55	2:51.11	66.21%	452
4 Janne Wells	W49 MAWA	3:24.73	3:06.78	60.65%	305

**W50 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Sue Coate	W51 MAWA	3:16.54	2:51.17	66.18%	452
2 Tamara Paterson	W51 QMA	3:23.45	2:57.19	63.93%	392
3 Vicki Townsend	W53 NSWMA	3:31.67	3:04.35	61.45%	326
4 Sabine Orchard-Simonides	W51 SAMA	3:34.47	3:06.79	60.65%	305
5 Sonya Pollard	W51 VMA	3:50.32	3:20.59	56.47%	198
6 Louise McLean	W53 VMA	3:59.43	3:28.52	54.32%	146
-- April Carlin	W51 NSWMA	DNF			
-- Baerbel Koribalski	W53 NSWMA	DNF			

**W55 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Sarah Chinner	W56 SAMA	2:41.12	2:13.65	84.76%	912
2 Michele Hossack	W57 VMA	3:00.69	2:29.89	75.58%	694
3 Sally Stagles	W57 NSWMA	3:22.62	2:48.08	67.40%	484

**W60 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Gay Wyatt	W64 MAWA	3:29.55	2:44.46	68.88%	523
2 Julie Wilson	W64 MAWA	3:33.69	2:47.71	67.55%	488
3 Trish Stallard	W60 NSWMA	3:50.95	3:01.25	62.50%	354

**W65 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Carey Dickason	W67 MAWA	3:39.16	2:40.91	70.40%	562
2 maureen keshwar	W66 MAWA	3:48.75	2:47.95	67.45%	485
3 Liz Neubauer	W67 SAMA	4:42.07	3:27.10	54.70%	155

**W70 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 brenda painter	W73 MAWA	6:25.22	4:20.11	43.55%	

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W75 800 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Ruth Johnson	W77 MAWA	4:13.31	2:33.33	73.88%	652

**M30 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Carl Heslop	M32 MAWA	4:59.11	4:59.12	68.87%	565
2 Patrick McCarthy	M34 QMA	6:01.85	6:01.86	56.93%	257

**M40 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Graeme Watson	M40 MAWA	4:59.08	4:44.70	72.36%	651
2 Rene Doel	M42 QMA	5:35.65	5:19.51	64.47%	453

**M45 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Chris Neale	M49 MAWA	5:14.47	4:46.96	71.79%	637
2 EJ Davie	M47 NSWMA	5:57.83	5:26.52	63.09%	417
3 Chris White	M48 ACTMA	6:40.89	6:05.82	56.31%	241
-- Andrew Brooker	M49 MAWA	DNF			

**M50 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Shawn Hennig	M50 VMA	5:17.05	4:36.82	74.42%	700
2 Ian Cotton	M53 MAWA	5:31.03	4:49.03	71.27%	625
3 Paul O'Neill	M52 VMA	5:55.95	5:10.78	66.28%	499

**M55 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Garry Hastie	M56 MAWA	6:00.55	5:00.60	68.53%	556
2 Robert Clark	M56 NSWMA	6:28.28	5:23.71	63.64%	431

**M60 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 mark mclean	M61 QMA	5:40.38	4:30.23	76.23%	743
2 Tony Downey	M61 MAWA	6:12.27	4:55.55	69.70%	586
3 andrew watts	M62 VMA	6:20.33	5:01.95	68.22%	549

**M65 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Steve Fuller	M65 MAWA	6:14.16	4:41.71	73.13%	670
2 Harold Membrey	M66 MAWA	7:12.23	5:25.43	63.30%	422

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M75 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Abert Gay	M76 NSWMA	8:55.61	5:51.15 58.67%	301

**M80 1500 Meter Run Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading Points	Alternate
1 Leon Sander	M81 MAWA	9:46.96	5:47.49 59.28%	317
2 Graeme Noden	M80 VMA	10:21.67	6:08.03 55.97%	232

**W30 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading Points	Alternate
1 Jess Dux	W33 VMA	4.69m	-2.6	4.69m 62.37%	477

**W35 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading Points	Alternate
1 Melissa Foster	W39 MAWA	5.22m	-3.8	5.48m 72.91%	694
2 Rhiannon Lester	W38 VMA	4.28m	-2.5	4.49m 59.78%	426
3 Cassie Neubauer	W39 SAMA	4.20m	-2.5	4.41m 58.66%	406
4 Jasmine Heslop	W39 MAWA	3.75m	-1.6	3.93m 52.37%	292

**W40 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading Points	Alternate
1 Ann-Marie O'Donovan	W44 MAWA	3.73m	-2.1	4.14m 55.10%	340
2 Caroline Ellis	W43 NSWMA	2.69m	-1.8	2.98m 39.73%	104

**W45 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading Points	Alternate
1 Lee-Anne Nelson	W46 QMA	4.23m	-1.8	4.98m 66.20%	554
2 Cathy McKeown	W48 TMA	4.15m	-1.2	4.88m 64.95%	527
3 Donna abbey	W46 MAWA	4.14m	-2.1	4.87m 64.79%	524
4 Janne Wells	W49 MAWA	3.33m	-2.4	3.92m 52.11%	290

**W50 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading Points	Alternate
1 Vicki Townsend	W53 NSWMA	4.03m	-1.2	5.05m 67.17%	573
2 Sue Coate	W51 MAWA	3.75m	-1.5	4.70m 62.50%	479
3 Baerbel Koribalski	W53 NSWMA	3.69m	-2.2	4.62m 61.50%	459
4 Tamara Paterson	W51 QMA	3.68m	-1.5	4.61m 61.33%	456
5 Sabine Orchard-Simonides	W51 SAMA	3.34m	+0.0	4.18m 55.67%	350
6 April Carlin	W51 NSWMA	3.32m	-1.4	4.16m 55.33%	345
7 Louise McLean	W53 VMA	3.14m	-1.9	3.93m 52.33%	292
8 Sonya Pollard	W51 VMA	2.92m	-2.3	3.66m 48.67%	233

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W55 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Sarah Chinner	W56 SAMA	4.09m	-0.6	5.48m	72.91%	694
2 Michele Hossack	W57 VMA	3.84m	-1.0	5.14m	68.45%	598
3 Sally Stagles	W57 NSWMA	3.83m	-2.2	5.13m	68.27%	595

**W60 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Gay Wyatt	W64 MAWA	3.45m	-1.5	4.96m	66.09%	548
2 Trish Stallard	W60 NSWMA	2.72m	-1.4	3.91m	52.11%	287
2 Julie Wilson	W64 MAWA	2.72m	-3.1	3.91m	52.11%	287
4 Carol Bowman	W63 MAWA	2.28m	-3.9	3.28m	43.68%	157

**W65 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 maureen keshwar	W66 MAWA	3.39m	-1.1	5.27m	70.19%	634
2 Liz Neubauer	W67 SAMA	2.59m	-1.9	4.02m	53.62%	312
3 Carey Dickason	W67 MAWA	2.54m	-2.1	3.95m	52.59%	296

**W70 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 brenda painter	W73 MAWA	2.44m	2.2	4.13m	54.95%	338

**W75 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Ruth Johnson	W77 MAWA	2.80m	-0.2	5.23m	69.65%	623

**M30 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Patrick McCarthy	M34 QMA	5.98m	-2.1	5.98m	66.82%	582
2 Carl Heslop	M32 MAWA	4.36m	-2.3	4.36m	48.72%	266

**M40 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Graeme Watson	M40 MAWA	4.94m	+0.0	5.38m	60.17%	457
2 Rene Doel	M42 QMA	3.39m	-3.3	3.69m	41.29%	158

**M45 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Chris Neale	M49 MAWA	5.30m	-1.3	6.12m	68.39%	613
2 Chris White	M48 ACTMA	4.82m	-1.6	5.56m	62.19%	494
3 Andrew Brooker	M49 MAWA	4.60m	-1.8	5.31m	59.35%	443

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**....M45 Long Jump Outdoor Pentathlon**

4 EJ Davie	M47 NSWMA	2.77m	-2.4	3.19m	35.74%	89
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**M50 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Shawn Hennig	M50 VMA	4.91m	-0.7	6.03m	67.45%	593
2 Ian Cotton	M53 MAWA	4.62m	-2.8	5.67m	63.46%	516
3 Matthew Lovell	M52 SAMA	4.45m	-0.6	5.46m	61.13%	473
4 Paul O'Neill	M52 VMA	3.79m	-2.1	4.65m	52.06%	317

**M55 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Garry Hastie	M56 MAWA	3.94m	-0.8	5.16m	57.77%	413
2 Robert Clark	M56 NSWMA	3.46m	-1.5	4.53m	50.73%	295

**M60 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 mark mclean	M61 QMA	4.65m	0.6	6.54m	73.11%	707
2 andrew watts	M62 VMA	4.42m	-1.9	6.22m	69.50%	635
3 Tony Downey	M61 MAWA	3.84m	-1.9	5.40m	60.38%	461

**M65 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Steve Fuller	M65 MAWA	3.81m	-1.7	5.78m	64.69%	540
2 Harold Membrey	M66 MAWA	2.93m	0.6	4.44m	49.75%	280

**M75 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Abert Gay	M76 NSWMA	3.50m	-2.0	6.30m	70.42%	652

**M80 Long Jump Outdoor Pentathlon**

Name	Age Team	Finals	Wind	Age-Grading	Points	Alternate
1 Graeme Noden	M80 VMA	3.91m	-1.7	7.77m	86.89%	1002
2 Leon Sander	M81 MAWA	2.56m	-1.8	5.08m	56.89%	398

**W30 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Jess Dux	W33 VMA	7.77m	7.77m	34.33%	385

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W35 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Melissa Foster	W39 MAWA	8.45m	8.76m 38.71%	449	
2 Rhiannon Lester	W38 VMA	8.12m	8.41m 37.20%	426	
3 Cassie Neubauer	W39 SAMA	7.13m	7.39m 32.66%	360	
4 Jasmine Heslop	W39 MAWA	4.93m	5.11m 22.58%	215	

**W40 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Caroline Ellis	W43 NSWMA	7.53m	8.35m 36.93%	422	
2 Ann-Marie O'Donovan	W44 MAWA	6.60m	7.32m 32.37%	356	

**W45 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Cathy McKeown	W48 TMA	9.20m	10.98m 48.55%	594	
2 Lee-Anne Nelson	W46 QMA	8.55m	10.21m 45.12%	543	
3 Janne Wells	W49 MAWA	6.96m	8.31m 36.73%	419	
4 Donna abbey	W46 MAWA	6.66m	7.95m 35.15%	396	

**W50 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Vicki Townsend	W53 NSWMA	10.86m	13.69m 60.50%	773	
2 Sue Coate	W51 MAWA	10.13m	12.77m 56.43%	712	
3 Baerbel Koribalski	W53 NSWMA	8.40m	10.58m 46.80%	567	
4 Louise McLean	W53 VMA	6.81m	8.58m 37.94%	437	
5 Tamara Paterson	W51 QMA	6.75m	8.50m 37.60%	432	
6 April Carlin	W51 NSWMA	6.65m	8.38m 37.05%	424	
7 Sabine Orchard-Simonides	W51 SAMA	5.87m	7.40m 32.70%	361	
8 Sonya Pollard	W51 VMA	4.90m	6.17m 27.30%	282	

**W55 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Sally Stagles	W57 NSWMA	9.20m	12.60m 55.72%	701	
2 Michele Hossack	W57 VMA	8.03m	11.00m 48.64%	595	
3 Sarah Chinner	W56 SAMA	6.03m	8.26m 36.52%	416	

**W60 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Gay Wyatt	W64 MAWA	5.96m	8.94m 39.55%	460	
2 Trish Stallard	W60 NSWMA	5.95m	8.93m 39.48%	460	
3 Carol Bowman	W63 MAWA	4.99m	7.49m 33.11%	366	
4 Julie Wilson	W64 MAWA	4.94m	7.41m 32.78%	361	



**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W65 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 maureen keshwar	W66 MAWA	7.89m	13.09m 57.89%	733	
2 Carey Dickason	W67 MAWA	5.34m	8.86m 39.18%	455	
3 Liz Neubauer	W67 SAMA	5.19m	8.61m 38.08%	439	

**W70 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 brenda painter	W73 MAWA	5.12m	9.50m 42.00%	497	

**W75 Shot Put Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Ruth Johnson	W77 MAWA	5.31m	9.73m 43.00%	512	

**M30 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Patrick McCarthy	M34 QMA	31.39m	31.39m 42.37%	492	
2 Carl Heslop	M32 MAWA	24.32m	24.32m 32.83%	354	

**M40 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Rene Doel	M42 QMA	31.31m	34.48m 46.55%	553	
2 Graeme Watson	M40 MAWA	19.10m	21.03m 28.40%	291	

**M45 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Chris White	M48 ACTMA	32.80m	39.52m 53.35%	655	
2 Chris Neale	M49 MAWA	27.09m	32.64m 44.06%	517	
3 Andrew Brooker	M49 MAWA	23.52m	28.33m 38.26%	432	
4 EJ Davie	M47 NSWMA	12.20m	14.69m 19.84%	174	

**M50 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Ian Cotton	M53 MAWA	34.97m	35.73m 48.23%	578	
2 Shawn Hennig	M50 VMA	28.79m	29.41m 39.71%	453	
3 Paul O'Neill	M52 VMA	25.68m	26.23m 35.42%	391	

**M55 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Robert Clark	M56 NSWMA	29.01m	32.20m 43.48%	508	
2 Garry Hastie	M56 MAWA	26.36m	29.26m 39.51%	450	

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M60 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 andrew watts	M62 VMA	35.27m	37.48m 50.60%	614	
2 mark mclean	M61 QMA	32.96m	35.02m 47.29%	564	
3 Tony Downey	M61 MAWA	28.05m	29.81m 40.24%	461	

**M65 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Steve Fuller	M65 MAWA	31.68m	36.86m 49.76%	601	
2 Harold Membrey	M66 MAWA	23.14m	26.92m 36.35%	404	

**M75 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Abert Gay	M76 NSWMA	21.75m	31.17m 42.08%	488	

**M80 Discus Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Leon Sander	M81 MAWA	20.70m	34.03m 45.94%	544	
2 Graeme Noden	M80 VMA	16.14m	26.53m 35.82%	397	

**W30 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Jess Dux	W33 VMA	20.00m	20.00m 27.40%	289	

**W35 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Melissa Foster	W39 MAWA	23.53m	24.99m 34.24%	382	
2 Rhiannon Lester	W38 VMA	22.07m	23.44m 32.11%	353	
3 Cassie Neubauer	W39 SAMA	20.10m	21.34m 29.24%	314	
4 Jasmine Heslop	W39 MAWA	13.93m	14.79m 20.27%	193	

**W40 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Caroline Ellis	W43 NSWMA	18.55m	21.28m 29.16%	313	
2 Ann-Marie O'Donovan	W44 MAWA	14.85m	17.04m 23.34%	234	

**W45 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Lee-Anne Nelson	W46 QMA	26.48m	33.04m 45.26%	534	
2 Cathy McKeown	W48 TMA	23.33m	29.11m 39.88%	460	
3 Janne Wells	W49 MAWA	22.03m	27.49m 37.66%	429	
4 Donna abbey	W46 MAWA	17.84m	22.26m 30.50%	331	

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018****Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi****W50 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Sue Coate	W51 MAWA	29.32m	38.54m 52.80%	639	
2 Vicki Townsend	W53 NSWMA	21.96m	28.87m 39.55%	455	
3 Tamara Paterson	W51 QMA	16.79m	22.07m 30.24%	327	
4 Sabine Orchard-Simonides	W51 SAMA	13.58m	17.85m 24.46%	249	
5 Louise McLean	W53 VMA	13.08m	17.19m 23.55%	237	
6 April Carlin	W51 NSWMA	12.04m	15.82m 21.68%	212	
7 Sonya Pollard	W51 VMA	12.03m	15.81m 21.66%	211	
-- Baerbel Koribalski	W53 NSWMA	FOUL			

**W55 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Sally Stagles	W57 NSWMA	19.50m	28.23m 38.68%	443	
2 Sarah Chinner	W56 SAMA	15.87m	22.98m 31.48%	344	
3 Michele Hossack	W57 VMA	13.72m	19.86m 27.22%	286	

**W60 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Trish Stallard	W60 NSWMA	12.56m	20.24m 27.73%	293	
2 Julie Wilson	W64 MAWA	11.74m	18.92m 25.92%	269	
3 Gay Wyatt	W64 MAWA	11.39m	18.35m 25.15%	258	

**W65 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 maureen keshwar	W66 MAWA	12.52m	22.75m 31.17%	340	
2 Carey Dickason	W67 MAWA	11.79m	21.42m 29.35%	315	
3 Liz Neubauer	W67 SAMA	8.30m	15.08m 20.66%	198	

**W70 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 brenda painter	W73 MAWA	13.44m	28.21m 38.64%	443	

**W75 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Ruth Johnson	W77 MAWA	10.35m	23.59m 32.31%	356	

**M30 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Patrick McCarthy	M34 QMA	37.56m	37.56m 38.14%	407	
2 Carl Heslop	M32 MAWA	30.17m	30.17m 30.64%	302	

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018****Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi****M40 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Rene Doel	M42 QMA	47.19m	51.25m 52.05%	607	
2 Graeme Watson	M40 MAWA	31.10m	33.78m 34.30%	353	

**M45 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Chris White	M48 ACTMA	43.96m	51.50m 52.30%	611	
2 Andrew Brooker	M49 MAWA	30.34m	35.54m 36.09%	378	
3 Chris Neale	M49 MAWA	29.92m	35.05m 35.59%	371	
4 EJ Davie	M47 NSWMA	10.68m	12.51m 12.71%	64	

**M50 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Shawn Hennig	M50 VMA	36.11m	44.33m 45.02%	505	
2 Ian Cotton	M53 MAWA	33.53m	41.16m 41.80%	459	
3 Paul O'Neill	M52 VMA	27.04m	33.19m 33.71%	344	

**M55 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Garry Hastie	M56 MAWA	35.08m	46.93m 47.66%	543	
2 Robert Clark	M56 NSWMA	28.32m	37.89m 38.48%	412	

**M60 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Tony Downey	M61 MAWA	31.05m	43.90m 44.58%	499	RETIRED
2 andrew watts	M62 VMA	30.07m	42.51m 43.17%	479	
3 mark mclean	M61 QMA	28.26m	39.95m 40.57%	441	

**M65 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Steve Fuller	M65 MAWA	28.93m	45.18m 45.88%	518	
2 Harold Membrey	M66 MAWA	18.34m	28.64m 29.09%	280	

**M75 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Abert Gay	M76 NSWMA	24.90m	47.14m 47.87%	546	

**M80 Javelin Throw Outdoor Pentathlon**

Name	Age Team	Finals	Age-Grading	Points	Alternate
1 Graeme Noden	M80 VMA	20.61m	43.18m 43.85%	488	
2 Leon Sander	M81 MAWA	16.07m	33.66m 34.19%	351	

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**W30 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 30				
1 Melissa Lewis	W30 MAWA	1:00:39h	1:00:39.01	67.52%

**W45 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 45				
1 Regina Crouch	W49 MAWA	1:27:09h	1:20:32.12	50.85%

**W50 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 50				
1 Karyn Tolardo	W52 MAWA	1:04:40h	57:04.88	71.74%
2 Wendy Farrow	W50 MAWA	1:07:25h	59:30.53	68.81%
3 Cheryl-Lee Dean	W53 MAWA	1:10:29h	1:02:12.94	65.82%

**W55 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 55				
1 Anne Weekes	W55 NSWMA	1:05:11h	54:38.60	74.94%
2 Lorna England	W58 ACTMA	1:24:55h	1:11:11.14	57.53%

**W60 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 60				
1 Lyn Ventris	W61 MAWA	56:06h	44:21.50	92.32%
2 Jennie Payne	W61 VMA	1:09:34h	55:00.39	74.45%
3 Karyn O'Neill	W63 VMA	1:12:13h	57:06.11	71.71%

**W65 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 65				
1 Heather Carr	W68 VMA	1:06:00h	48:50.41	83.85%

**W75 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 75				
1 Joan Purcell	W76 QMA	1:20:14h	50:29.94	81.09%
2 Luella Jenkins	W76 MAWA	1:21:20h	51:11.48	79.99%
3 Lynne Schickert	W76 MAWA	1:24:53h	53:25.54	76.65%

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
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**W90 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Women 90				
1 Heather Lee	W91 NSWMA	1:25:28h	37:36.84	108.87%

**M40 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 40				
1 Pramesh Prasad	M44 VMA	55:24h	52:55.09	70.27%
2 Daniel Lowe	M42 MAWA	1:11:01h	1:07:50.11	54.81%
3 jason kell	M42 MAWA	1:13:17h	1:10:00.02	53.12%

**M45 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 45				
1 Wayne Byram	M46 MAWA	1:03:48h	58:36.41	63.45%

**M50 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 50				
1 Andrew Duncan	M52 MAWA	49:52h	43:58.65	84.55%
2 Ignacio Jimenez Solis	M53 QMA	51:50h	45:42.71	81.34%

**M55 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 55				
1 Kevin Cassidy	M57 VMA	56:39h	47:53.18	77.65%

**M60 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 60				
1 Victor Munoz	M63 MAWA	1:06:14h	53:27.82	69.55%
2 Terry O'Neill	M62 VMA	1:08:09h	55:00.65	67.59%

**M65 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 65				
1 Dennis Williams	M69 NSWMA	1:06:59h	51:19.77	72.44%
2 Allen Whitley	M66 MAWA	1:22:13h	1:03:00.16	59.02%
3 Mike Roberts	M67 NT	1:22:59h	1:03:35.41	58.47%
4 Geoff Lont	M65 VMA	1:28:53h	1:08:06.68	54.59%

**Venues West AMA Championships 2018 - 26/04/2018 to 29/04/2018**  
**Results - Sunday 29 April - Age Grading: 5 Yr Indiv & 5 yr Multi**

**M70 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 70				
1 Andrew Jamieson	M71 VMA	1:03:18h	45:44.06	81.30%
2 john mcdonagh	M70 MAWA	1:09:52h	50:28.73	73.66%
3 Haydn Gawne	M70 MAWA	1:10:45h	51:07.02	72.74%
4 Johan Hagedoorn	M74 MAWA	1:11:33h	51:41.70	71.93%

**M75 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 75				
1 Robin Whyte	M76 ACTMA	1:08:00h	45:57.27	80.91%

**M80 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 80				
1 Jim Seymon	M80 NSWMA	1:10:07h	43:55.27	84.66%

**M85 10000 Meter Race Walk**

Name	Age Team	Finals	Age-Grading Points	Alternate
Results - Men 85				
1 Colin Silcock-Delaney	M85 VMA	1:24:49h	48:41.09	76.38%