

SUMMARY OF STATE RECORDS FOR 2011

MEN

(* = unjudged walk – club best)

60m M40 (7.5, <i>J. Waller, 1977</i>)	Darryl Lette	7.61	3/4/11
60m M55 (7.7, <i>Barrie Kernaghan, 1996</i>)	Garry Ralston Garry Ralston	8.04 ET 7.85	3/4/11 21/4/11
60m M90 (<i>inaugural</i>)	Peter Kennedy	17.16	3/4/11
100m M40 (11.2, <i>Peter Gare, 1982</i>)	Rob Colling	11.41	9/12/11
100m M55 (12.2, <i>Norm Richards, 1994</i>)	Garry Ralston	12.59ET	2/4/11
400m M80 (85.53, <i>Irwin Barrett-Lennard, 2009</i>)	Irwin Barrett-Lennard	85.27	16/7/11
800m M90 (<i>inaugural</i>)	Peter Kennedy	7:54.3	8/2/11
1500m M80 (7:18.54, <i>Irwin Barrett-Lennard, 2010</i>)	Irwin B-Lennard	7:16.57	2/4/11
3000m M30 (9:37.5, <i>S Stingemore, 1995</i>)	Scott Tamblin	8:49.0	4/11/11
100mH M55 (18.1, <i>Norm Richards, 1994</i>)	Garry Ralston	18.01	2/4/11
*1000m Walk M85 (<i>inaugural</i>)	Stan Jones	7:36.0	27/1/11
1500m Walk M85 (<i>inaugural</i>)	Stan Jones	11:30.27	3/4/11
3000m Walk M85 (38:35.1, <i>Frank Hansford-Miller, 2002</i>)	Stan Jones	23:37.3	2/4/11
5000m Walk M85 (44:58.0, <i>Johann Sanders, 1989</i>)	Stan Jones	40:20.0	10/3/11
High Jump M40	Mark Jeffrey	1.75m	6/7/11

(1.65m, Donald Bradley, 2007)

High Jump M60	Greg Wilson	1.37m	18/2/11
	Greg Wilson	1.39m	24/2/11
	Greg Wilson	1.40m	25/2/11
	Greg Wilson	1.42m	18/3/11
	Dave Wyatt	1.45m	1/11/11
	Dave Wyatt	1.45m=	8/11/11
	Dave Wyatt	1.45m=	23/11/11
	Dave Wyatt	1.45m=	13/12/11
	Dave Wyatt	1.47m	16/12/11

(1.36m, Keith Martin, 2005)

High Jump M65	Keith Martin	1.30m=	2/4/11
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(1.30m, Keith Martin, 2009 twice)

High Jump M70	Brian Waldhuter	1.23m	8/3/11
	Brian Waldhuter	1.27m	10/12/11

(1.17m, Bob Fergie, 2007)

High Jump M75	Bob Fergie	1.10m	2/4/11
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(1.00m, Syd Coleman, 1994, Ron Tomkins, 2000)

Long Jump M80	Derry Foley	3.07m	3/2/11
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(2.95m, Derry Foley, 2010)

Triple Jump M70	David Clive	8.82m	8/11/2010
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(8.74m, Don Chambers, 2007)

Triple Jump M80	Derry Foley	6.30m	10/2/11
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(6.17m, Derry Foley, 2010)

Triple Jump M90	Peter Kennedy	3.52m	18/1/11
	Peter Kennedy	3.73m	3/4/11

(inaugural)

Pole Vault M40	Mark Jeffrey	4.00m=	26/3/11
	Mark Jeffrey	4.20m	8/4/11

(4.00m, Paul Woo, 1996)

Pole Vault M70	Don Chambers	2.10m	7/7/11
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(2.03m, Don Chambers, 2010)

Discus M55	Tom Gravestock	39.65m	9/12/11
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(39.63m, Tom Gravestock, 2010)

Discus M70	Ed Carroll	34.51m	22/3/11
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(33.62m, Syd Coleman, 1989)

Hammer M80	Chris Tittel	27.95m	19/3/11
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	Chris Tittel (25.14m, Bill Chapman, 2006)	28.28m	21/4/11	
Javelin M35	Paul Jeffrey (49.61m, Mark Jeffrey, 2010)	49.93m	19/3/11	
Javelin M40	Mark Jeffrey Mark Jeffrey Mark Jeffrey (43.57m, Paul Foley, 2010)	47.38m 47.53m 49.18m	28/1/11 24/4/11 7/7/11	
Javelin M45	Paul Foley (42.51m, Paul Foley, 2010)	43.13m	24/2/11	
Javelin M65	Stan Selby (32.87m, Peter Gare, 2008)	37.56m	24/2/11	
Javelin M90	Peter Kennedy (10.12m, Peter Kennedy, 2010)	10.44m	15/2/11	
Shot M70	Ed Carroll (10.90m, Bill Chapman, 1995)	11.02m	15/3/11	
Shot M80	Chris Tittel Chris Tittel (8.49m, Bill Chapman, 2006)	8.74m 8.88m	3/4/11 15/7/11	
Weight M35	Matt Staunton (13.46m, Mark Hamilton, 2007)	13.88m	27/10/11	
Weight M40	Mark Hamilton (11.56m, Sakkie Mathewson, 2009)	12.22m	19/3/11	
Weight M55	Lajos Joni Lajos Joni (15.71m, Lajos Joni, 2010)	15.71m= 15.79m	24/2/11 24/11/11	
Weight M75	Bob Fergie Jim Davis (11.52m, Bill Chapman, 1999)	11.84m 12.06m	22/3/11 3/4/11	
Weight M80	Chris Tittel (11.02m, Bill Chapman, 2006)	11.63m	24/4/11	
Weight 56lb M30 (inaugural)	Greg Urbanowicz	7.74m	3/10/11	AR
Weight 100lb M30 (inaugural)	Greg Urbanowicz	3.97m	3/10/11	AR

Throws Pentathlon M35 <i>(2893 pts, Randal Humich, 2006)</i>	Matt Staunton	3001 pts	23/4/11
Throws Pentathlon M65 <i>(2850 pts, Ed Carroll, 2006)</i>	Stan Selby	3114 pts	19/3/11
Throws Pentathlon M75 <i>(2765 pts, Bill Chapman, 2000)</i>	Jim Davis	3077 pts	19/3/11
Pentathlon M35 <i>(2787 pts, Mark Jeffrey, 2010)</i>	Paul Jeffrey	2837 pts	24/4/11
Pentathlon M40 <i>(2861 pts, Chris Neale, 2010)</i> <i>(3142 pts OLD, Murray Tolbert. 1991)</i>	Mark Jeffrey	3007 pts	24/4/11
Decathlon M35 <i>(inaugural)</i>	Matt Staunton	4481 pts	12&13/2/11
Decathlon M40 <i>(inaugural)</i>	Mark Jeffrey	6036 pts	6&7/7/11
4x100 Relay M60 <i>(inaugural)</i>	MAWA Team	79.0	10/2/11

WOMEN

(* = unjudged walk – club best)

60m W80 <i>(24.5, Phyllis Head, 2004)</i>	Lorna Lauchlan	15.9	22/2/11	
100m W65 <i>(15.42, Peggy Macliver, 2010)</i>	Peggy Macliver	15.39	21/4/11	
100m W80 <i>(34.7, Phyllis Head, 2001)</i>	Lorna Lauchlan	32.2	8/2/11	
200m W65 <i>(32.15, Peggy Macliver, 2009)</i>	Peggy Macliver	31.72	22/4/11	
400m W70 <i>(95.0, Pat Carr, 2002)</i>	Lorraine Lopes	90.1	27/1/11	
800m W65 <i>(3:06.7, Peggy Macliver, 2009)</i>	Peggy Macliver	3:4.65	3/4/11	
800m W70	Lorraine Lopes	3:20.0	3/2/11	AR

	Lorraine Lopes	3:10.54	11/7/11	AR
<i>(3:32.97, Lorraine Lopes, 2010)</i>				
1000m W60	Barbara Blurton	3:50.1	27/1/11	
<i>(3:56.4, Peggy Macliver, 2007)</i>				
1000m W65	Peggy Macliver	4:06.0	26/5/11	
<i>(4:07.3, Peggy Macliver, 2010)</i>				
1000m W70	Lorraine Lopes	4:15.9	26/5/11	
<i>(4:24.0, Lorraine Lopes, 2010)</i>				
1500m W70	Lorraine Lopes	6:42.0	10/2/11	AR
	Lorraine Lopes	6:38.71	22/4/11	AR
	Lorraine Lopes	6:38.2	24/5/11	AR
	Lorraine Lopes	6:31.96	15/7/11	AR
<i>(7:09.6, Lorraine Lopes, 2010)</i>				
Mile W70	Lorraine Lopes	7:14.5	5/5/11	AR
<i>(10:00.3, Glenice Shanahan, 1996)</i>				
3000m W60	Gillian Young	12:55.6	13/12/07	
<i>(13:10.9, Margaret Robinson, 1998)</i>				
5000m W70	Lorraine Lopes	25:00.3	3/3/11	
	Lorraine Lopes	24:21.25	23/4/11	
	Lorraine Lopes	23:45.9	2/6/11	
	Lorraine Lopes	23:33.5	28/6/11	
<i>(33:47.0, Glenice Shanahan, 1995)</i>				
16k Road W60	Gillian Young	1:19:58	10/4/11	
<i>(1:21:00, Marg Forden, 2003)</i>				
10 Mile Road W60	Liz Neville	1:27:26	4/12/11	
<i>(1:28:58, Marg Forden, 2000)</i>				
1500m Walk W55	Lyn Ventris	7:00.30	9/10/11	AR
<i>(9:08.2, Dorothy Whittam, 1992)</i>				
3000m Walk W55	Lyn Ventris	14:26.99	8/10/11	WR
<i>(18:14.0, Lorna Lauchlan, 1987)</i>				
3000m Walk W75	Sylvia Byers	23:41.5	2/4/11	
<i>(24:53.5, Lorna Lauchlan, 2009)</i>				
3000m Walk W80	Lorna Lauchlan	25:02.3	2/4/11	
<i>(inaugural)</i>				
5000m Walk W55	Lyn Ventris	24:16.7	7/10/11	WR

(31:21.7, Lorna Lauchlan, 1988)

10k Walk W55 (65:01, Val Millard, 2004)	Lyn Ventris	50:32	12/10/11	WR
10k Walk W75 (86:47.7, Lorna Lauchlan, 2009)	Sylvia Byers	81:12.2	5/4/2010	
20k Walk W50 (1:45:04, Lyn Ventris, 2010)	Lyn Ventris	1:39:51	29/5/2011	WR
20k Walk W65 (2:36:55, Lynne Schickert, 2007)	Lynne Schickert	2:35:19.9	16/7/11	
High Jump W65 (1.03m, Brenda Painter, 2010)	Brenda Painter Brenda Painter	1.05m 1.05m=	19/1/11 22/4/11	
Triple Jump W30 (10.45m, Katrina Spilsbury, 1999)	Melissa Foster Melissa Foster	10.53m 10.67m	3/3/11 24/11/11	
Discus W65 (22.30m, Bev Hamilton, 2010)	Bev Hamilton	23.16m	21/4/11	
Hammer W35 (22.14m, Sandra Smith, 1997)	Sarah Edmiston	35.35m	9.12/11	
Hammer W60 (35.31m, Kate Glass, 2010)	Kate Glass	36.11m	9/7/11	
Hammer W65 (28.70m, Bev Hamilton, 2010)	Bev Hamilton	28.94m	8/4/11	
Javelin W45 (22.80m, Dorothy Whittam, 1986)	Sharon Moloney	24.26m	2/4/11	
Javelin W65 (19.81m, Bev Hamilton, 2010)	Bev Hamilton	19.83m	22/4/11	
Weight W60 (12.90m, Kate Glass, 2010)	Kate Glass	13.44m	3/4/11	
Weight W65 (11.99m, Bev Hamilton, 2010)	Bev Hamilton	12.18m	1/12/11	
Pentathlon W30 (2017 pts, Melissa Foster, 2010)	Melissa Foster	2198 pts	19/3/11	
Pentathlon W45	Cathy McCloskey	2370 pts	19/3/11	

(2230, Sharon Moloney, 2010)

Throws Pentathlon W60 Kate Glass 3674pts 15/7/11
(3412pts, Bev Hamilton, 2009)

Throws Pentathlon W65 Bev Hamilton 3533 pts 19/3/11
Bev Hamilton 3637 pts 24/4/11
(3126 pts, Dorothy Whittam, 2002)

4x100 Relay W50 MAWA Team 71.5 10/2/11
(inaugural)

4x800 Relay W40 MAWA Team 11:40.8 24/2/11
(12:48.6, MAWA, 2008)

4x1500m Relay MAWA Team 25:59.0 27/1/11
(inaugural)