

MAWA Athletes: Best three performances in each event, April 2010-April 2011

60m

Men

Women

M30

1 Grahak Cunningham 9/11/10 UWA 8.9

W30

1 Melissa Foster 17/02/11 ECAC 7.9
 2 Marguerita Milicich 3/03/11 ECAC 9.1
 3 Melissa Hynds 1/07/10 ECAC 10.0

M35

1 Matt Staunton 3/04/11 ECAC 8.1
 2 Garry Vogler 20/01/11 ECAC 8.5
 3 Kim Thomas 16/12/10 ECAC 8.8

W35

1 Toni Phillips 8/02/11 UWA 8.8

M40

1 Darryl Lette 3/04/11 ECAC 7.61
 2 Chris Neale 16/12/10 ECAC 7.7
 2 Mark Elms 17/02/11 ECAC 7.7

W40

1 Fiona Leonard 3/03/11 ECAC 9.1
 2 Cathy Elms 8/02/11 ECAC 9.2
 2 Sue Bourn 1/07/10 ECAC 9.3

M45

1 Rudy Kocis 16/12/10 ECAC 7.3
 2 Colin Smith 16/12/10 ECAC 7.8
 2 Martin Campbell 21/04/11 BRIS 7.88

W45

1 Cathy McCloskey 3/04/11 ECAC 8.85
 2 Sharon Moloney 8/01/11 BUN 8.9
 3 Fran Cherry 3/04/11 ECAC 9.27

M50

1 Campbell Till 9/11/10 UWA 8.2
 1 Craig van Waardenburg 7/12/10 UWA 8.2
 3 Barry Newell 9/11/10 UWA 9.0

W50

W55

1 Lynne Choate 3/04/11 ECAC 9.07
 2 Carol Bowman 14/10/10 ECAC 10.8
 2 Barbara Wilson 3/04/11 ECAC 10.87

M55

1 Garry Ralston 19/10/10 UWA 7.6
 2 Dave Wyatt 14/10/10 ECAC 8.2
 3 Rob Antonioli 23/11/10 BUN 8.5

W60

1 Sarah Ladwig 16/12/10 ECAC 11.8

M60

1 Geoff Brayshaw 3/04/11 ECAC 9.12
 2 Rob Greenhalgh 8/02/11 UWA 9.0
 3 Greg Faulkner 8/03/11 UWA 9.3

W65

1 Peggy Macliver 16/12/10 ECAC 9.4
 2 Brenda Painter 21/04/11 BRIS 10.40
 3 Luella Jenkins 22/02/11 BUN 11.0

M65

1 Roy Fearnall 3/04/11 ECAC 8.83
 2 Ted Miller 3/04/11 ECAC 9.29
 3 Keith Martin 3/02/11 ECAC 9.5

W70

1 Barbara Campbell 2/12/10 ECAC 12.2

M70

1 David Clive 29/04/10 ECAC 8.8
 1 Barrie Kernaghan 3/04/11 ECAC 8.89
 3 Norm Richards 5/10/10 UWA 9.1

W75

1 Pat Carr 3/04/11 ECAC 12.45

W80

1 Lorna Lauchlan 22/02/11 UWA 15.9

M75

1 David Carr 16/12/10 ECAC 10.0
 2 Tom Crossen 20/01/11 ECAC 12.2

M80

1 Derry Foley 1/07/10 ECAC 11.2
 2 Irwin Barrett-Lennard 22/04/10 ECAC 11.5

M90

1 Peter Kennedy 18/01/11 UWA 16.9

100m

Men

Women

M30

1	Graeme Watson	18/03/11	WAAS	12.36
2	Grahak Cunningham	30/11/10	UWA	14.2

M35

1	Brett Blanco	25/02/11	WAAS	11.75
2	Chris Perrey	28/01/11	WAAS	12.51
3	Matt Staunton	25/02/11	WAAS	12.96

M40

1	Darryl Lette	21/12/10	BUN	11.8
2	Chris Neale	2/04/11	ECAC	12.00
3	Steven Tingay	14/10/10	ECAC	12.1

M45

1	Martin Campbell	2/04/11	ECAC	12.12
3	Rudy Kocis	2/04/11	ECAC	12.17
2	Colin Smith	30/09/10	ECAC	12.7

M50

1	Craig v Waardenburg	16/11/10	UWA	12.9
2	Campbell Till	14/12/10	UWA	13.2
3	Pieter de Klerk	2/04/11	ECAC	13.57

M55

1	Garry Ralston	2/04/11	ECAC	12.59
2	Dave Wyatt	14/10/10	ECAC	13.5
3	Rob Antonioli	21/04/11	BRIS	13.80

M60

1	Rob Greenhalgh	2/04/11	ECAC	14.09
2	Nick Miletic	2/04/11	ECAC	15.07
3	Duncan McAuley	22/03/11	UWA	15.5

M65

1	Roy Fearnall	1/03/11	UWA	13.7
2	Keith Martin	7/10/10	ECAC	15.0
3	Bob Schickert	17/02/11	ECAC	16.2

M70

1	Barrie Kernaghan	11/03/11	WAAS	13.79
2	David Clive	14/10/10	ECAC	13.9
3	Don Chambers	3/07/10	TAH	14.65

M75

1	David Carr	24/03/11	ECAC	16.8
2	Tom Crossen	2/04/11	ECAC	19.69

M80

1	Gordon Medcalf	2/04/11	ECAC	18.45
2	Derry Foley	15/07/10	ECAC	18.7
3	Irwin Barrett-Lennard	22/04/10	ECAC	18.8

M90

1	Peter Kennedy	2/04/11	ECAC	30.36
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W30

1	Melissa Foster	17/02/11	ECAC	13.30
2	Marguerita Milicich	2/04/11	ECAC	14.64
3	Melissa Hynds	30/09/10	ECAC	16.5

W35

1	Toni Phillips	17/02/11	ECAC	13.3
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W40

1	Fiona Leonard	17/02/11	ECAC	14.9
2	Cathy Elms	22/02/11	UWA	15.0
3	Sue Bourn	30/09/10	ECAC	15.1
3	Kerriann Bresser	7/10/10	ECAC	15.1

W45

1	Sharon Moloney	21/12/10	BUN	14.1
2	Cathy McCloskey	2/04/11	ECAC	14.3
3	Fran Cherry	2/04/11	ECAC	15.5

W50

1	Bernie O'Callaghan	2/04/11	ECAC	16.9
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W55

1	Lynne Choate	25/02/11	WAAS	14.61
2	Barbara Wilson	2/04/11	ECAC	17.44
3	Carol Bowman	2/04/11	ECAC	18.00

W60

1	Gillian Young	11/11/10	ECAC	18.5
2	Sarah Ladwig	2/04/11	ECAC	19.29
3	Jackie Halberg	7/10/10	ECAC	19.3

W65

1	Peggy MacIver	21/04/11	BRIS	15.39
2	Brenda Painter	2/04/11	ECAC	17.02
3	Luella Jenkins	18/01/11	BUN	18.9

W70

1	Barbara Campbell	2/11/10	UWA	19.7
2	Ruth Johnson	8/03/11	BUN	20.3

W75

1	Pat Carr	24/02/11	ECAC	21.2
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W80

1	Lorna Lauchlan	8/02/11	UWA	32.2
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200m

Men

Women

M30

1	Grahak Cunningham	9/11/10	UWA	30.0
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M35

1	Paul Jeffery	19/03/11	ECAC	24.8
2	Garry Vogler	16/12/10	ECAC	25.8
3	Matt Staunton	21/10/10	ECAC	27.9

M40

1	Chris Neale	16/12/10	ECAC	24.5
2	Darryl Lette	3/04/11	ECAC	24.69
3	Mark Elms	22/04/11	BRIS	25.0

M45

1	Martin Campbell	22/04/11	BRIS	24.56
2	Rudy Kocis	3/04/11	ECAC	25.33
3	Colin Smith	22/04/11	BRIS	25.92

M50

1	Greg Vander Sanden	3/04/11	ECAC	27.38
2	Pieter de Klerk	3/04/11	ECAC	27.64
3	Campbell Till	14/12/10	UWA	27.7

M55

1	Garry Ralston	3/04/11	ECAC	26.43
2	Rob Antonioli	30/11/10	BUN	28.9
3	Dave Wyatt	23/11/10	UWA	29.2

M60

1	Rob Greenhaigh	15/03/11	UWA	29.4
2	Duncan McAuley	23/11/10	UWA	30.2
3	Nick Miletic	3/04/11	ECAC	31.67

M65

1	Roy Fearnall	15/03/11	UWA	28.4
2	Keith Martin	16/12/10	ECAC	30.6
3	Bob Schickert	9/12/10	ECAC	33.0

M70

1	Barrie Kernaghan	3/04/11	ECAC	28.17
2	David Clive	30/09/10	ECAC	29.7
3	Peter Gare	15/03/11	UWA	30.6

M75

1	David Carr	16/12/10	ECAC	31.9
2	Tom Crossen	10/02/11	ECAC	40.7

M80

1	Irwin Barrett-Lennard	15/03/11	UWA	37.5
2	Gordon Medcalf	11/10/10	Alice	40.70
3	Derry Foley	10/02/11	ECAC	40.9

M90

1	Peter Kennedy	26/10/10	UWA	83.8
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W30

1	Marguerita Milicich	3/03/11	ECAC	32.1
2	Melissa Hynds	20/01/11	ECAC	37.1
3	Michelle Thomas	29/04/10	ECAC	39.3

W35

W40

1	Fiona Leonard	3/04/11	ECAC	30.77
2	Sue Bourn	26/08/10	ECAC	32.5
3	Kerriann Bresser	10/03/11	ECAC	32.8
3	Sue Bourn	10/03/11	ECAC	32.8

W45

1	Cathy McCloskey	3/04/11	ECAC	30.15
2	Sharon Moloney	3/04/11	ECAC	30.50
3	Delia Baldock	23/09/10	ECAC	32.7

W50

1	Bernie O'Callaghan	24/03/11	ECAC	36.7
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W55

1	Lynne Choate	22/04/11	BRIS	31.0
2	Carol Bowman	3/04/11	ECAC	36.87
3	Carey Dickason	19/10/10	BUN	42.5

W60

1	Gillian Young	18/11/10	ECAC	39.5
2	Sarah Ladwig	9/12/10	ECAC	41.4
3	Jackie Halberg	4/11/10	ECAC	42.2

W65

1	Peggy MacIver	10/02/11	ECAC	31.3
2	Brenda Painter	22/04/11	BRIS	37.09
3	Christine Oldfield	16/12/10	ECAC	46.8

W70

1	Ruth Johnson	1/03/11	BUN	46.0
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W75

1	Pat Carr	3/04/11	ECAC	49.48
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400m

Men

Women

M30

1 Grahak Cunningham 30/11/10 UWA 66.4

M35

1 Graeme Watson 25/02/11 WAAS 54.65
2 Chris Perrey 28/01/11 WAAS 55.05
3 Matt Staunton 12/02/11 WAAS 61.3

M40

1 Chris Neale 3/03/11 ECAC 55.50
2 Mark Elms 2/04/11 ECAC 57.36
3 Steven Tingay 7/10/10 ECAC 57.6

M45

1 Colin Smith 8/11/10 G Cst 56.90
2 Ian Cotton 2/04/11 ECAC 57.78
3 Marty Campbell 23/04/11 BRIS 58.84

M50

1 Greg v d Sanden 2/04/11 ECAC 58.25
2 Campbell Till 2/04/11 ECAC 59.31
3 Neil Morfitt 28/01/11 WAAS 60.13

M55

1 Rob Antonioli 8/11/10 G Cst 62.26
2 Bjorn Dybdahl 8/11/10 G Cst 63.43
3 Steve Fuller 22/04/11 BRIS 67.08

M60

1 Duncan McAuley 22/03/11 UWA 65.7
2 Rob Greenhalgh 22/03/11 UWA 67.9
3 Graeme Dahl 17/03/11 ECAC 71.7

M65

1 Roy Fearnall 22/03/11 UWA 66.5
2 Keith Martin 27/01/11 ECAC 70.4
3 Bob Schickert 4/11/10 ECAC 75.0

M70

1 Barrie Kernaghan 2/04/11 ECAC 67.6
2 Peter Gare 16/11/10 UWA 71.2
3 Mike O'Reilly 21/10/10 ECAC 74.2

M75

1 David Carr 25/11/10 ECAC 72.4
2 Mike O'Reilly 6/01/11 ECAC 76.5
3 Norm Richards 15/02/11 UWA 79.2

M80

1 Irwin Barrett-Lennard 2/04/11 ECAC 90.4
2 Cecil Walkley 2/04/11 ECAC 01:59.1
3 Derry Foley 13/05/10 ECAC 02:00.1

M90

1 Peter Kennedy 30/11/10 UWA 03:26.7

W30

1 Melissa Hynds 2/04/11 ECAC 83.3

W40

1 Fiona Leonard 2/04/11 ECAC 68.6
2 Sue Bourn 25/11/10 ECAC 74.9
3 Cathy Elms 25/11/10 ECAC 74.9

W45

1 Cathy McCloskey 2/04/11 ECAC 70.6
2 Delia Baldock 11/11/10 ECAC 75.8
3 Valetta Boddy 13/10/10 Alice 79.20

W50

1 Robin King 11/11/10 ECAC 78.1
2 Bernie O'Callaghan 2/04/11 ECAC 81.0

W55

1 Margaret Saunders 2/04/11 ECAC 74.8
2 Lynne Choate 23/04/11 BRIS 80.99
3 Carol Bowman 2/04/11 ECAC 81.3

W60

1 Barbara Blurton 6/01/11 ECAC 80.6
2 Gillian Young 4/11/10 ECAC 83.6
3 Jackie Halberg 15/07/10 ECAC 93.0

W65

1 Peggy Macliver 23/04/11 BRIS 74.43
2 Christine Oldfield 6/01/11 ECAC 108.7
3 Val Prescott 2/04/11 ECAC 120.4

W70

1 Lorraine Lopes 27/01/11 ECAC 90.1
2 Ruth Johnson 22/02/11 BUN 115.1

800m

Men

Women

M30

1	Scott Tamblin	24/04/10	WAAS	01:53.3
2	Corey Thomas	18/11/10	ECAC	03:19.2

M35

1	Xander van Rijen	3/04/11	ECAC	02:05.2
2	Garry Vogler	13/01/11	ECAC	02:15.8
3	Kim Thomas	18/02/11	WAAS	02:20.6

M40

1	Andrew Brooker	9/04/10	WAAS	02:11.0
2	Michael Barton	8/02/11	UWA	02:22.2
3	Mark Matcham	2/09/10	ECAC	02:24.3

M45

1	Ross Keane	10/03/11	ECAC	02:28.1
2	Rob Colton	3/04/11	ECAC	02:28.4
3	David Cane	22/04/10	ECAC	02:32.0

M50

1	Neil Morfitt	9/04/10	WAAS	02:13.1
2	Pieter de Klerk	18/03/11	WAAS	02:18.5
3	Greg Vander Sanden	3/04/11	ECAC	02:25.3

M55

1	Bjorn Dybdahl	6/11/10	G Cst	02:25.0
2	Rob Antonioli	6/11/10	G Cst	02:27.7
3	Brian Hewitt	21/04/11	BRIS	02:35.9

M60

1	Graeme Dahl	10/03/11	ECAC	02:39.1
2	Duncan McAuley	14/12/10	UWA	02:41.6
3	Frank Gardiner	23/11/10	UWA	02:53.6

M65

1	Bert Carse	22/04/10	ECAC	02:35.8
2	Bob Schickert	3/04/11	ECAC	02:52.3
3	Ivan Brown	21/04/11	BRIS	02:54.2

M70

1	Mike O'Reilly	6/11/10	G Cst	02:58.4
2	Morland Smith	3/04/11	ECAC	03:03.7
3	Peter Gare	3/04/11	ECAC	03:13.3

M75

1	David Carr	3/04/11	ECAC	02:46.1
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M80

1	Derry Foley	18/11/10	ECAC	04:24.4
2	Cecil Walkley	3/04/11	ECAC	04:41.4

M90

1	Peter Kennedy	8/02/11	UWA	07:54.3
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W30

1	Melissa Hynds	3/04/11	ECAC	03:08.9
2	Melissa Foster	23/04/11	BRIS	03:22.3

W35

1	Toni Phillips	13/01/11	ECAC	02:54.0
2	Maria Trolio	14/10/10	ECAC	03:49.1

W40

1	Fiona Leonard	3/04/11	ECAC	02:41.6
2	Kerriann Bresser	9/12/10	ECAC	02:54.2
2	Bernadette Benson	29/03/11	UWA	02:59.4

W45

1	Niamh Keane	24/03/11	ECAC	02:34.9
2	Cathy McCloskey Lorraine	19/03/11	ECAC	02:59.4
3	MacLennan	18/11/10	ECAC	03:02.0

W50

1	Robin King	18/11/10	ECAC	02:54.1
2	Bernie O'Callaghan	13/01/11	ECAC	03:52.6

W55

1	Margaret Saunders	3/04/11	ECAC	02:43.8
2	Carol Bowman	3/04/11	ECAC	03:11.8
3	Hilary Beck	7/04/11	ECAC	03:24.8

W60

1	Gillian Young	3/04/11	ECAC	03:06.6
2	Jackie Halberg	17/06/10	ECAC	03:33.6
3	Sarah Ladwig	19/03/11	ECAC	03:36.4

W65

1	Peggy Macliver	3/04/11	ECAC	03:04.6
2	Christine Oldfield	9/12/10	ECAC	03:56.6
3	Luella Jenkins	21/04/11	BRIS	04:33.7

W70

1	Lorraine Lopes	3/02/11	ECAC	03:20.0
2	Ruth Johnson	1/03/11	BUN	04:09.3

1500m

Men

Women

M30

1 Grahak Cunningham 30/11/10 UWA 05:01.4

M35

1 Kim Thomas 2/04/11 ECAC 04:44.7

2 Garry Vogler 20/01/11 ECAC 04:45.7

3 Paul Jeffery 19/03/11 ECAC 05:13.2

M40

1 Paul Mitchell 11/02/11 WAAS 04:19.1

2 Andrew Brooker 2/04/11 ECAC 04:32.2

3 Michael Barton 22/03/11 UWA 04:45.4

M45

1 David Cane 17/03/11 ECAC 04:34.2

2 Ross Keane 2/04/11 ECAC 04:51.7

3 Rod Hamilton 10/02/11 ECAC 05:13.6

M50

1 Greg Vander Sanden 2/04/11 ECAC 04:41.4

2 Neil Morfitt 14/01/11 WAAS 04:56.4

3 Martin Kennedy 2/04/11 ECAC 05:02.3

M55

1 Tony Heppener 10/02/11 ECAC 04:55.9

2 Bjorn Dybdahl 3/07/10 TAH 05:01.7

3 Clive Hicks 2/04/11 ECAC 05:02.7

M60

1 Graeme Dahl 17/03/11 ECAC 05:35.8

2 Maurice Creagh 2/04/11 ECAC 06:01.4

3 Frank Gardiner 11/11/10 ECAC 06:17.1

M65

1 Bert Carse 2/04/11 ECAC 05:27.3

2 Bob Schickert 2/04/11 ECAC 05:52.1

3 Ivan Brown 2/04/11 ECAC 05:57.0

M70

1 Morland Smith 2/04/11 ECAC 06:27.6

2 Mike O'Reilly 2/04/11 ECAC 07:10.0

3 Brian Waldhuter 8/03/11 BUN 07:22.3

M75

1 David Carr 2/04/11 ECAC 05:47.5

2 Ian Stewart 14/10/10 Alice 08:46.0

M80

1 Irwin Barrett-Lennard 2/04/11 ECAC 07:16.6

2 Cecil Walkley 2/04/11 ECAC 08:35.7

M90

1 Peter Kennedy 22/03/11 UWA 15:23.7

W30

1 Melissa Hynds 2/04/11 ECAC 06:33.3

2 Marguerita Milicich 10/02/11 ECAC 07:55.7

W35

1 Kate Sommerville 15/07/10 ECAC 07:52.0

W40

1 Fiona Leonard 2/04/11 ECAC 05:35.0

2 Bernadette Benson 22/03/11 UWA 05:56.3

3 Sue Bourn 15/07/10 ECAC 06:16.0

W45

1 Niamh Keane 2/04/11 ECAC 05:13.9

2 MacLennan 2/12/10 ECAC 06:17.3

3 Delia Baldock 2/12/10 ECAC 06:32.5

W50

1 Robin King 20/01/11 ECAC 06:05.3

2 Karyn Gower 15/02/11 UWA 06:25.7

W55

1 Margaret Saunders 2/04/11 ECAC 05:37.1

2 Hilary Beck 2/04/11 ECAC 06:32.8

3 Carol Bowman 23/09/10 ECAC 06:45.1

W60

1 Gillian Young 2/04/11 ECAC 06:15.1

2 Shirley Bell 15/07/10 ECAC 07:23.8

3 Jackie Halberg 15/07/10 ECAC 07:24.3

W65

1 Peggy Macliver 2/12/10 ECAC 06:41.0

2 Christine Oldfield 7/12/10 UWA 08:01.0

3 Val Prescott 2/04/11 ECAC 09:54.0

W70

1 Lorraine Lopes 10/02/11 ECAC 06:42.0

2 Ruth Johnson 18/01/11 BUN 09:17.9

mile

Men

Women

M35

1	Kim Thomas	24/03/11	ECAC	05:25.2
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M40

1	Chris Neale	24/06/10	ECAC	05:36.7
2	Mark Matcham	20/05/10	ECAC	05:48.7
3	Jon Wannberg	29/07/10	ECAC	06:09.0

M45

1	Ross Keane	24/03/11	ECAC	05:27.2
2	Colin Smith	6/05/10	ECAC	05:58.8
3	Paul Haylett	29/03/11	UWA	06:00.2

M50

1	Roscoe McDonnell	26/10/10	UWA	05:42.1
2	Paul Odam	24/06/10	ECAC	05:46.0
3	Pete Sullivan	6/05/10	ECAC	06:12.8

M55

1	Bjorn Dybdahl	6/05/10	ECAC	05:24.2
2	Tony Heppener	6/01/11	ECAC	05:24.7
3	Brian Hewitt	6/01/11	ECAC	06:09.4

M60

1	Graeme Dahl	20/05/10	ECAC	06:25.6
2	Maurice Creagh	24/03/11	ECAC	06:37.9
3	Nick Bailey	6/01/11	ECAC	07:55.1

M65

1	Bert Carse	6/05/10	ECAC	05:33.2
2	Ivan Brown	29/03/11	UWA	06:45.5
3	Bruce Mathieson	26/08/10	ECAC	07:04.9

M70

1	Dave Neale	24/06/10	ECAC	08:24.3
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M75

1	David Carr	24/03/11	ECAC	06:33.3
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M80

1	Irwin Barrett-Lennard	24/06/10	ECAC	07:38.7
2	Cecil Walkley	24/03/11	ECAC	09:10.9

W30

1	Melissa Hynds	24/03/11	ECAC	07:25.5
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W35

1	Kate Sommerville	24/06/10	ECAC	07:22.5
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W40

1	Fiona Leonard	24/03/11	ECAC	06:13.0
2	Bernadette Benson	29/03/11	UWA	06:15.0
3	Claire Walkley	24/06/10	ECAC	07:41.4

W45

Lorraine				
1	MacLennan	26/08/10	ECAC	07:00.1
2	Gill Edmonds	29/03/11	UWA	08:01.2

W50

W55

1	Margaret Saunders	21/10/10	ECAC	06:18.2
2	Carol Bowman	26/08/10	ECAC	07:27.0
3	Julie Wilson	29/03/11	UWA	07:48.1

W60

1	Barbara Blurton	20/05/10	ECAC	06:37.3
2	Gillian Young	24/03/11	ECAC	06:56.9
3	Jackie Halberg	24/06/10	ECAC	07:56.8

W65

1	Peggy Macliver	24/06/10	ECAC	07:20.0
2	Christine Oldfield	5/08/10	NOT	08:35.5

3000m

Men

Women

M30

1 Grahak Cunningham 1/03/11 UWA 10:53.0

M35

1 Kim Thomas 3/03/11 ECAC 10:41.1
2 Garry Vogler 13/01/11 ECAC 10:52.0

M40

1 Andrew Brooker 7/01/11 WAAS 10:29.9
2 Michael Barton 8/02/11 UWA 10:32.7
3 Chris Neale 17/06/10 ECAC 11:22.7

M45

1 David Cane 10/03/11 ECAC 09:44.5
2 Rod Hamilton 3/02/11 ECAC 11:18.8
3 David Solomon 28/10/10 ECAC 11:23.3

M50

1 Alan Gower 9/04/10 WAAS 09:53.2
2 Roscoe McDonnell 6/11/10 G Cst 10:47.0
3 Greg Vander Sanden 16/11/10 UWA 11:06.5

M55

1 Clive Hicks 15/02/11 UWA 10:53.9
2 Bjorn Dybdahl 16/11/10 UWA 11:00.6
3 Rob Antonioli 6/11/10 G Cst 11:30.4

M60

1 Graeme Dahl 15/03/11 UWA 11:49.6
2 Frank Gardiner 11/11/10 ECAC 12:29.7
3 Duncan McAuley 1/03/11 UWA 12:50.6

M65

1 Bert Carse 15/07/10 ECAC 11:22.9
2 Bob Schickert 22/02/11 UWA 13:05.6
3 Frank Smith 6/05/10 ECAC 13:08.9

M70

1 Mike O'Reilly 13/01/11 ECAC 15:43.0
2 Lyle James 22/02/11 BUN 17:28.5
3 Dave Neale 10/06/10 ECAC 18:05.6

M75

1 David Carr 9/09/10 ECAC 13:15.1

M80

1 Irwin Barrett-Lennard 10/06/10 ECAC 14:30.5
2 Cecil Walkley 15/07/10 ECAC 18:58.8

M90

1 Peter Kennedy 14/12/10 UWA 34:25.7

W30

1 Melissa Hynds 10/03/11 ECAC 14:30.7
2 Michelle Thomas 22/07/10 ECAC 17:11.7

W35

1 Trish Farr 10/06/10 ECAC 12:25.3
2 Kate Sommerville 24/06/10 ECAC 14:34.3
3 Toni Phillips 7/10/10 ECAC 19:48.9

W40

1 Bernadette Benson 8/03/11 UWA 12:18.1
2 Sue Bourn 9/09/10 ECAC 12:56.0
3 Simone Solomon 10/03/11 ECAC 13:41.7

W45

Lorraine
1 MacLennan 28/10/10 ECAC 13:17.4
2 Delia Baldock 28/10/10 ECAC 14:53.4
3 Gill Edmonds 2/11/10 UWA 15:34.6

W50

1 Robin King 28/10/10 ECAC 12:45.7
2 Karyn Gower 9/04/10 WAAS 12:56.8

W55

1 Tessa Brockwell 28/10/10 ECAC 12:23.3
2 Hilary Beck 10/03/11 ECAC 13:59.5
3 Carol Bowman 2/11/10 UWA 15:00.3

W60

1 Gillian Young 24/03/11 ECAC 13:20.9
2 Barbara Blurton 9/12/10 ECAC 13:34.5
3 Shirley Bell 15/07/10 ECAC 15:14.7

W65

1 Peggy Macliver 28/10/10 ECAC 14:12.9
2 Christine Oldfield 9/11/10 UWA 17:24.7
3 Lynne Schickert 28/10/10 ECAC 21:08.0

W70

1 Ruth Johnson 22/02/11 BUN 18:36.2

5000m**Men****Women****M30**

1	Grahak Cunningham	9/11/10	UWA	19:01.3
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W30

1	Melissa Hynds	3/04/11	ECAC	24:47.5
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M35

1	Kim Thomas	23/04/11	BRIS	18:39.2
2	Paul Burke	19/10/10	UWA	21:56.0
3	Jonathon Phillips	19/08/10	ECAC	22:06.0

W35

1	Trish Farr	3/04/11	ECAC	22:39.7
2	Kate Sommerville	8/07/10	ECAC	24:30.0

M40

1	Paul Mitchell	18/02/11	WAAS	16:09.8
2	Andrew Brooker	3/04/11	ECAC	17:55.0
3	John Collier	22/03/11	UWA	20:15.2

W40

1	Bernadette Benson	3/04/11	ECAC	20:32.2
2	Sue Bourn	16/09/10	ECAC	21:32.8
2	Jane Elton	22/07/10	ECAC	25:17.6

M45

1	David Cane	22/04/10	ECAC	16:37.8
2	David Solomon	14/10/10	ECAC	19:30.0
3	Ross Keane	3/04/11	ECAC	19:32.6

W45

	Lorraine MacLennan	16/09/10	ECAC	23:07.5
1	MacLennan	16/09/10	ECAC	23:07.5
2	Delia Baldock	25/11/10	ECAC	25:32.8
3	Claire Walkkley	3/04/11	ECAC	25:55.4

M50

1	Trevor Scott	3/04/11	ECAC	17:39.2
2	Martin Kennedy	3/04/11	ECAC	18:27.1
3	Roscoe McDonell	18/02/11	WAAS	18:31.0

W50

1	Robin King	19/08/10	ECAC	21:32.1
2	Tessa Brockwell	4/11/10	ECAC	21:54.9
3	Karyn Gower	3/04/11	ECAC	22:55.6

M55

1	Bjorn Dybdahl	3/07/10	ECAC	18:37.6
2	Clive Hicks	30/11/10	UWA	18:52.7
3	Brian Hewitt	3/04/11	ECAC	19:55.8

W55

1	Hilary Beck	7/04/11	ECAC	23:38.4
2	Julie Wilson	3/04/11	ECAC	26:27.4

M60

1	Graeme Dahl	22/03/11	UWA	20:36.3
2	Brian Bennett	3/04/11	ECAC	21:41.3
3	Maurice Creagh	3/04/11	ECAC	22:27.3

W60

1	Gillian Young	3/04/11	ECAC	22:57.5
2	Sarah Ladwig	19/08/10	ECAC	26:34.3

M65

1	Bert Carse	22/07/10	ECAC	19:25.0
2	Bob Schickert	6/03/11	HAST	22:29.8
3	Vic Waters	9/11/10	UWA	23:31.1

W65

1	Peggy Macliver	25/11/10	ECAC	25:08.4
2	Loretta Shillinglaw	3/04/11	ECAC	32:57.0
3	Lynne Schickert	25/11/10	ECAC	36:04.6

M70

1	Morland Smith	3/04/11	ECAC	24:27.0
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W70

1	Lorraine Lopes	23/04/11	BRIS	24:21.5
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M75

1	David Carr	14/10/10	ECAC	22:27.9
2	David Simmonds	3/04/11	ECAC	26:54.0

M80

1	Irwin Barrett-Lennard	17/06/10	ECAC	24:49.2
2	Cecil Walkley	3/04/11	ECAC	36:39.4

10000m

Men

Women

M30

1 Corey Thomas 21/10/10 ECAC 49:16.2

M35

1 Kim Thomas 17/03/11 ECAC 38:29.7

M40

1 Paul Mitchell 25/02/11 WAAS 34:55.1
2 John Collier 5/11/10 ECAC 44:44.8
3 Eldon George 5/11/10 ECAC 45:48.0

M45

1 David Solomon 5/11/10 ECAC 41:02.0
2 Ross Keane 17/03/11 ECAC 43:46.5
3 Sean Keane 26/10/10 UWA 46:46.5

M50

1 Trevor Scott 17/03/11 ECAC 37:11.3
3 Steve Giles 17/03/11 ECAC 38:37.0
2 Roscoe McDonnell 25/02/11 WAAS 39:13.3

M55

1 Bjorn Dybdahl 26/10/10 UWA 39:59.7
2 Chris Maher 17/03/11 ECAC 41:08.0
3 Brian Hewitt 21/10/10 ECAC 42:56.0

M60

1 George Fish 17/03/11 ECAC 45:00.5
2 Frank Gardiner 17/03/11 ECAC 45:08.8
3 Maurice Creagh 21/04/11 BRIS 46:46.2

M65

1 Bert Carse 17/03/11 ECAC 45:56.6
2 Bob Schickert 21/04/11 BRIS 47:42.7
3 Bruce Mathieson 21/10/10 ECAC 48:21.6

M75

1 David Carr 21/10/10 ECAC 46:57.8

M80

1 Irwin Barrett-Lennard 17/03/11 ECAC 55:24.2
2 Cecil Walkley 17/03/11 ECAC 01:13:13

W30

1 Mel Hynds 21/10/10 ECAC 53:34.3

W35

1 Rosemary Giles 17/03/11 ECAC 42:01.7
2 Trish Farr 17/03/11 ECAC 46:49.0

W40

1 Bernadette Benson 17/03/11 ECAC 43:58.1
2 Sue Bourn 21/10/10 ECAC 45:51.4
3 Simone Solomon 5/11/10 ECAC 49:17.0

W45

1 Lorraine MacLennan 21/10/10 ECAC 47:38.7

W55

1 Julie Wilson 17/03/11 ECAC 53:10.9

W60

1 Gillian young 21/10/10 ECAC 48:13.9
2 Sarah Ladwig 21/10/10 ECAC 56:13.7

W70

1 Lorraine Lopes 17/03/11 ECAC 51:32.0

Other track events

1500m walk

David Smyth	M40	3/04/11	ECAC	07:55.0
Garry Hastie	M45	21/04/11	BRIS	06:35.6
Tom Lenane	M50	23/09/10	ECAC	09:17.2
Harold Membrey	M55	26/10/10	BUN	09:52.6
Bruce Cornish	M60	18/01/11	BUN	10:03.6
Bruce Wilson	M65	12/11/10	WAAS	09:03.8
Peter Hopper	M65	3/04/11	ECAC	09:53.4
Peter Doye	M70	3/04/11	ECAC	10:00.4
John Smith	M75	10/02/11	ECAC	10:39.8
Jeff Whittam	M75	3/04/11	ECAC	11:56.1
Stan Jones	M80	25/11/10	ECAC	11:22.7
Stan Jones	M85	3/04/11	ECAC	11:30.3
Regina Crouch	W40	9/09/10	ECAC	10:59.8
Lyn Ventris	W50	2/04/11	ECAC	07:06.9
Julie Wilson	W55	21/04/11	BRIS	10:32.6
Sarah Ladwig	W60	2/04/11	ECAC	09:57.2
Michele Mison	W60	2/04/11	ECAC	10:16.2
Luella Jenkins	W65	7/12/10	BUN	09:52.9
Lynne Schickert	W65	17/03/11	ECAC	10:38.5
Pat Hopkins	W65	2/04/11	ECAC	12:18.7
Lorna Lauchlan	W80	2/04/11	ECAC	12:07.3

3000m walk

David Smyth	M40	5/11/10	WAAS	16:59.4
Garry Hastie	M45	3/04/11	ECAC	17:01.2
Tom Lenane	M50	3/03/11	ECAC	18:32.7
Harold Membrey	M55	3/04/11	ECAC	21:26.7
Peter Hopper	M65	3/04/11	ECAC	21:00.6
Peter Doye	M70	3/04/11	ECAC	20:45.8
John Smith	M75	3/04/11	ECAC	21:23.0
Ray Hall	M75	3/04/11	ECAC	22:03.7
Stan Jones	M85	6/01/11	ECAC	23:28.4
Regina Crouch	W40	6/01/11	ECAC	23:30.9
Lyn Ventris	W50	14/01/11	WAAS	14:46.0
Robin King	W50	11/11/10	ECAC	17:56.4
Julie Wilson	W55	3/04/11	ECAC	22:44.8
Val Millard	W60	5/10/10	UWA	20:42.0
Sarah Ladwig	W60	3/04/11	ECAC	20:38.6
Michele Mison	W60	3/04/11	ECAC	22:17.1
Lynne Schickert	W65	7/04/11	ECAC	21:34.0
Christine Oldfield	W65	1/03/11	UWA	23:08.4
Pat Hopkins	W65	3/04/11	ECAC	24:55.6
Sylvia Byers	W75	3/04/11	ECAC	23:41.5
Noela Medcalf	W75	3/04/11	ECAC	25:21.8
Lorna Lauchlan	W80	3/04/11	ECAC	25:02.3

5000m walk

David Smyth	M40	28/01/11	WAAS	31:16.8
Garry Hastie	M45	22/04/11	BRIS	27:48.2
Peter Hopper	M65	22/03/11	UWA	37:47.6
Regina Crouch	W40	22/04/11	BRIS	42:03.5
Lyn Ventris	W50	22/04/11	BRIS	24:33.8
Julie Wilson	W55	22/04/11	BRIS	36:53.9
Michele Mison	W60	22/04/11	BRIS	35:07.2
Lynne Schickert	W65	22/04/11	BRIS	37:20.6

2000m steeplechase

Kim Thomas	M35	28/01/11	WAAS	07:16.7
Roscoe McDonnell	M50	28/01/11	WAAS	07:22.5
Nick Miletic	M60	8/04/11	WAAS	10:28.2
Bruce Wilson	M65	19/11/10	WAAS	08:41.9
Bert Carse	M65	11/03/11	WAAS	09:05.9
Bob Schickert	M65	28/01/11	WAAS	09:10.6
John Oldfield	M65	11/03/11	WAAS	09:51.3
Lyle James	M70	12/03/11	BUN	14:00.2
David Carr	M75	8/04/11	WAAS	09:17.3
Cecil Walkley	M80	11/03/11	WAAS	13:59.0
Jacqui Sanders	W40	22/04/11	BRIS	11:07.0
Regina Crouch	W40	11/03/11	WAAS	13:20.4
Delia Baldock	W45	11/03/11	WAAS	10:15.9
Carol Bowman	W55	8/04/11	WAAS	10:30.6
Julie Wilson	W55	22/04/11	BRIS	11:09.8
Sarah Ladwig	W60	22/04/11	BRIS	11:42.0
Lynne Schickert	W65	5/03/11	HAST	14:46.8

3000m steeplechase

Kim Thomas	M35	22/04/11	BRIS	11:32.2
Andrew Brooker	M40	27/03/11	WAAS	11:29.2
Garry Hastie	M45	8/01/11	BUN	15:42.9
Roscoe McDonnell	M50	11/03/11	WAAS	11:43.5
Bjorn Dybdahl	M55	7/11/10	G Cst	12:25.0
Harold Membrey	M55	8/01/11	BUN	17:05.4

80m hurdles

Don Chambers	M70	3/07/10	TAH	14.81
Dave Neale	M70	3/04/11	ECAC	20.2
Delia Baldock	W45	3/04/11	ECAC	16.0
Luella Jenkins	M65	3/04/11	ECAC	20.9

100m nurdles

Matt Staunton	M35	19/11/10	WAAS	19.02
Garry Ralston	M55	3/04/11	ECAC	18.01
Marguerita Milicich	W30	3/04/11	ECAC	20.79

110m hurdles

Mark Elms	M40	22/04/11	BRIS	22.11
Martin Campbell	M45	3/04/11	ECAC	21.1

200m hurdles

Matt Staunton	M35	12/11/10	WAAS	33.62
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300m hurdles

Greg Wilson	M60	23/04/11	BRIS	67.19
Don Chambers	M70	3/07/10	TAH	56.19

400m hurdles

Andrew Brooker	M40	23/04/11	BRIS	67.58
Garry Hastie	M45	2/04/11	ECAC	78.7
Martin Campbell	M45	23/04/11	BRIS	73.12
Delia Baldock	W45	2/04/11	ECAC	87.6

Long Jump

M30

Graeme Watson 25/02/11 WAAS 5.24

M35

Paul Jeffery 19/03/11 ECAC 5.95

Matt Staunton 14/10/10 ECAC 5.45

Kim Thomas 09/12/10 ECAC 4.75

M40

Chris Neale 16/12/10 ECAC 6.04

Mark Jeffery 21/04/11 BRIS 5.75

Mark Elms 19/03/11 ECAC 5.23

M45

Ian Cotton 20/01/11 ECAC 5.38

Mark Schutze 02/04/11 ECAC 5.28

Rudy Kocis 03/02/11 ECAC 5.02

M50

Campbell Till 14/12/10 UWA 4.58

John Dennehy 24/02/11 ECAC 4.01

Allan Billington 20/01/11 ECAC 3.67

M55

Garry Ralston 02/04/11 ECAC 5.57

Dave Wyatt 14/10/10 ECAC 4.90

Rob Antonioli 25/11/10 ECAC 4.60

M60

Geoff Brayshaw 08/03/11 UWA 4.18

Nick Miletic 19/03/11 ECAC 3.68

Greg Wilson 22/02/11 UWA 3.61

M65

Keith Martin 02/04/11 ECAC 4.10

Peter Hopper 14/12/10 UWA 3.43

Ivan Brown 24/04/11 BRIS 3.05

M70

David Clive 16/12/10 ECAC 4.49

Peter Gare 19/03/11 ECAC 4.03

Don Chambers 03/07/10 TAH 3.75

M75+

David Carr 19/03/11 ECAC 3.31

Tom Crossen 02/04/11 ECAC 2.40

Derry Foley 24/03/11 ECAC 3.14

Peter Kennedy 02/11/10 UWA 1.67

W30

Melissa Foster 19/03/11 ECAC 5.39

W40

Simone Solomon 19/03/11 ECAC 3.79

Regina Crouch 09/12/10 ECAC 3.54

Jacqui Sanders 24/02/11 ECAC 3.33

W45

Cathy McCloskey 19/03/11 ECAC 4.30

Delia Baldock 09/12/10 ECAC 3.93

Fran Cherry 22/03/11 UWA 3.55

W50

W55

Barbara Wilson 02/04/11 ECAC 3.46

Julie Wilson 02/04/11 ECAC 2.66

Carey Dickason 19/10/10 BUN 2.38

W60

Sarah Ladwig 24/02/11 ECAC 2.92

Gillian Young 14/10/10 ECAC 2.73

W65

Peggy Macliver 09/12/10 ECAC 3.71

Brenda Painter 02/04/11 ECAC 3.23

Luella Jenkins 19/03/11 ECAC 2.83

W70

Ruth Johnson 01/03/11 BUN 2.19

W75

Pat Carr 02/04/11 ECAC 2.69

discus

M30

Greg Urbanowicz	19/03/11	ECAC	36.55
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M35

Matt Staunton	26/03/11	WAAS	39.72
Paul Jeffery	19/03/11	ECAC	34.59
Mark Frew	08/03/11	UWA	29.91

M40

Mark Hamilton	10/02/11	ECAC	37.54
Mark Jeffery	26/03/11	WAAS	35.69
Chris Neale	07/10/10	ECAC	31.47

M45

Ian Cotton	03/04/11	ECAC	34.84
Garry Hastie	19/03/11	ECAC	31.58
Paul Foley	25/02/11	WAAS	31.47

M50

Craig v Waardenburg	02/11/10	UWA	32.19
Brian Miller	25/01/11	UWA	30.50
John Everard	19/03/11	ECAC	26.67

M55

Tom Gravestock	05/10/10	UWA	39.16
Lajos Joni	18/02/11	WAAS	36.41
Geoff Gee	05/10/10	UWA	33.75

M60

Rocky Cloete	19/10/10	UWA	36.60
Geoff Brayshaw	15/02/11	UWA	32.04
Bruce Cornish	02/11/10	BUN	30.82

M65

Stan Selby	19/03/11	ECAC	37.56
Rob Young	03/04/11	ECAC	32.47
Peter Hopper	15/02/11	UWA	24.46

M70

Ed Carroll	22/03/11	UWA	34.51
Peter Gare	08/03/11	UWA	32.99
Brian Miller	22/03/11	UWA	30.14

M75

Jim Davis	03/04/11	ECAC	28.68
Bob Fergie	22/03/11	UWA	24.98
Rob Shand	08/03/11	UWA	22.89

M80

Chris Tittel	03/04/11	ECAC	21.97
Derry Foley	18/11/10	ECAC	14.65
Gordon Medcalf	10/10/10	Alice	14.50

M90

Peter Kennedy	02/11/10	UWA	11.39
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W30

Byrony Glass	19/11/10	WAAS	34.20
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W35

Maria Trolio	14/10/10	ECAC	12.37
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W40

Tracey Gartlan	05/10/10	UWA	24.89
Julie Plackett	12/10/10	UWA	24.12
Regina Crouch	14/10/10	ECAC	13.92

W45

Sharon Moloney	25/01/11	BUN	22.85
Debra Cox	03/04/11	ECAC	17.43
Lorraine MacLennan	28/10/10	ECAC	12.06

W55

Lisa Kirsch	25/01/11	BUN	25.04
Elizabeth Szczepanska	03/04/11	ECAC	23.02
Barbara Brown	10/10/10	Alice	19.14

W60

Kate Glass	08/04/11	ECAC	23.98
Bev Hamilton	14/10/10	ECAC	21.80
Elaine Holmes	10/10/10	Alice	19.66

W65

Bev Hamilton	21/04/11	BRIS	23.16
Peggy Macliver	02/11/10	UWA	16.01
Luella Jenkins	03/04/11	ECAC	15.57

W70

Barbara Campbell	02/11/10	UWA	20.17
Ruth Johnson	15/03/11	BUN	13.92
Dorothy Whittam	03/04/11	ECAC	12.48

W75

Noela Medcalf	10/10/10	Alice	15.30
Pat Carr	03/04/11	ECAC	14.16

W80

Rae McMillan	12/10/10	UWA	16.12
Lorna Lauchlan	22/03/11	UWA	12.72

Weight Throw

M30					W30				
Greg Urbanowicz	M30	03/04/11	ECAC	11.90	Byrony Glass	W30	03/04/11	ECAC	16.06
M35									
Matt Staunton	M35	03/04/11	ECAC	12.98					
Colin Chalmers	M35	06/01/11	ECAC	5.32					
M40					W40				
Mark Hamilton	M40	19/03/11	ECAC	12.23	Julie Plackett	W40	19/10/10	UWA	8.33
Darryl Lette	M40	23/10/10	BUN	8.50	Tracey Gartlan	W40	05/10/10	UWA	5.54
Mark Matcham	M40	28/10/10	ECAC	4.07	Regina Crouch	W40	11/11/10	ECAC	4.68
M45					W45				
Paul Foley	M45	03/02/11	ECAC	10.17	Sharon Moloney	W45	03/04/11	ECAC	7.45
Andrew Ward	M45	24/02/11	ECAC	7.68					
Garry Hastie	M45	04/12/10	BUN	6.69					
M50					W50				
John Everard	M50	19/03/11	ECAC	12.37	Kylie Everard	W50	19/03/11	ECAC	6.96
Brian Miller	M50	19/10/10	UWA	12.13					
M55					W55				
Lajos Joni	M55	25/11/10	ECAC	15.72	Elizabeth Szczepanska	W55	03/04/11	ECAC	11.30
Geoff Gee	M55	06/01/11	ECAC	14.56	Lisa Kirsch	W55	25/01/11	BUN	9.62
Craig van Waardenburg	M55	02/11/10	UWA	13.64					
M60					W60				
Rocky Cloete	M60	19/10/10	UWA	11.99	Kate Glass	W60	03/04/11	ECAC	13.44
Greg Wilson	M60	03/04/11	ECAC	10.97	Bev Hamilton	W60	03/07/10	TAH	11.98
Bruce Cornish	M60	12/03/11	BUN	10.59	Stella Turner	W60	03/02/11	ECAC	8.12
M65					W65				
Stan Selby	M65	24/02/11	ECAC	12.41	Bev Hamilton	W65	09/12/10	ECAC	11.99
Rob Young	M65	03/04/11	ECAC	8.80	Luella Jenkins	W65	03/04/11	ECAC	8.88
M70					W70				
Don Chambers	M70	03/07/10	TAH	12.33	Dorothy Whittam	W70	05/10/10	UWA	8.67
Ed Carroll	M70	03/04/11	ECAC	11.56					
Peter Doye	M70	19/03/11	ECAC	8.83					
M75					W75+				
Jim Davis	M75	03/04/11	ECAC	12.06	Noela Medcalf	W75	19/03/11	ECAC	6.99
Bob Fergie	M75	03/04/11	ECAC	11.97	Rae McMillan	W80	05/10/10	UWA	8.74
Jeff Whittam	M75	03/04/11	ECAC	8.68					
M80+									
Chris Tittel	M80	19/03/11	ECAC	10.40					
Peter Kennedy	M90	30/11/10	UWA	6.47					

Shot Put

M30				W30			
Greg Urbanowicz	16/12/10	ECAC	12.69	Byrony Glass	3/04/11	ECAC	11.13
				Melissa Foster	23/04/11	BRIS	9.03
M35				W40			
Matt Staunton	27/03/11	WAAS	11.99	Tracey Gartlan	12/10/10	UWA	7.90
Mick O'Toole	21/04/11	BRIS	8.65	Julie Plackett	19/03/11	ECAC	6.94
Mark Frew	24/03/11	ECAC	8.53	Regina Crouch	7/10/10	ECAC	6.14
M40				W45			
Mark Hamilton	3/04/11	ECAC	11.30	Sharon Moloney	19/03/11	ECAC	7.67
Darryl Lette	23/10/10	BUN	10.44	Debra Cox	03/04/11	ECAC	6.00
Mark Jeffery	12/02/11	WAAS	10.13	Cathy McCloskey	19/03/11	ECAC	5.88
M45				W50			
Paul Foley	16/12/10	ECAC	10.03	Kylie Everard	19/03/11	ECAC	6.08
Garry Hastie	18/01/11	BUN	7.55				
Andrew Ward	8/02/11	UWA	6.94				
M50				W55			
Craig van Waardenburg	23/04/11	BRIS	10.48	Elizabeth Szczepanska	25/01/11	ECAC	8.97
Brian Miller	25/01/11	UWA	8.26	Lisa Kirsch	25/01/11	BUN	7.99
				Barbara Brown	26/10/10	BUN	7.36
M55				W60			
Geoff Gee	6/01/11	ECAC	12.77	Kate Glass	3/04/11	ECAC	9.79
Lajos Joni	6/01/11	ECAC	11.58	Bev Hamilton	3/07/10	TAH	8.91
Tom Gravestock	23/04/11	BRIS	11.02	Elaine Holmes	12/10/10	Alice	6.87
M60				W65			
Rocky Cloete	9/11/10	UWA	11.60	Bev Hamilton	16/12/10	ECAC	8.96
Bruce Cornish	25/01/11	BUN	8.66	Luella Jenkins	19/03/11	ECAC	6.90
Greg Wilson	3/04/11	ECAC	8.66	Peggy Macliver	20/01/11	ECAC	6.70
M65				W70			
Stephen Eldridge	3/04/11	ECAC	9.42	Barbara Campbell	3/04/11	ECAC	6.59
Rob Young	3/04/11	ECAC	8.56	Dorothy Whittam	3/04/11	ECAC	6.37
Peter Hopper	8/02/11	UWA	7.81	Ruth Johnson	18/01/11	BUN	6.09
M70				W75			
Ed Carroll	15/03/11	UWA	11.03	Noela Medcalf	19/03/11	ECAC	5.88
Don Chambers	3/07/10	TAH	8.72				
Peter Doye	3/04/11	ECAC	8.25				
M75				W80			
Jim Davis	3/04/11	ECAC	9.75	Rae McMillan	3/04/11	ECAC	6.83
Bob Fergie	15/03/11	UWA	8.33	Lorna Lauchlan	3/04/11	ECAC	6.37
Rob Shand	15/03/11	UWA	6.49				
M80							
Chris Tittel	3/04/11	ECAC	8.74				
Derry Foley	9/11/10	UWA	5.42				
M90							
Peter Kennedy	26/10/10	UWA	5.04				

Hammer

M30				W30			
Greg Urbanowicz	2/04/11	ECAC	35.27	Byrony Glass	26/03/11	WAAS	54.57
M35							
Matt Staunton	21/04/11	BRIS	42.16				
M40				W40			
Mark Hamilton	2/04/11	ECAC	31.67	Julie Plackett	19/03/11	ECAC	25.83
Darryl Lette	23/10/10	BUN	23.69	Regina Crouch	11/11/10	ECAC	11.14
Mark Elms	11/11/10	ECAC	15.06				
M45				W45			
Paul Foley	3/02/11	ECAC	31.87	Sharon Moloney	2/04/11	ECAC	22.53
Garry Hastie	16/11/10	BUN	18.82				
Andrew Ward	19/03/11	ECAC	16.59				
M50				W50			
John Everard	19/03/11	ECAC	39.91	Kylie Everard	2/04/11	ECAC	26.26
Craig V							
Waardenburg	23/04/11	BRIS	34.20				
Brian Miller	2/04/11	ECAC	33.07				
M55				W55			
Lajos Joni	9/12/10	WAAS	43.98	Lisa Kirsch	25/01/11	BUN	33.62
Tom Gravestock	23/04/11	BRIS	33.30	Elizabeth			
Geoff Gee	2/04/11	ECAC	33.04	Szczepanska	2/04/11	ECAC	29.62
				Barbara Brown	14/10/10	Alice	23.64
M60				W60			
Bruce Cornish	25/01/11	BUN	28.30	Kate Glass	19/11/10	WAAS	35.26
Greg Wilson	21/04/11	BRIS	23.73	Bev Hamilton	3/12/10	WAAS	28.10
				Elaine Holmes	14/10/10	Alice	22.20
M65				W65			
Stan Selby	19/03/11	ECAC	26.74	Bev Hamilton	8/04/11	WAAS	28.94
Rob Young	26/10/10	BUN	20.37	Ruth Johnson	26/10/10	BUN	18.68
				Luella Jenkins	8/03/11	BUN	18.40
M70				W70			
Don Chambers	3/07/10	TAH	24.14	Dorothy Whittam	19/03/11	ECAC	19.23
Peter Doye	19/03/11	ECAC	19.96	Ruth Johnson	18/01/11	BUN	17.85
Brian Waldhuter	8/03/11	BUN	13.73				
M75				W75			
Jim Davis	14/10/10	ECAC	33.58	Noela Medcalf	14/10/10	Alice	16.01
Bob Fergie	2/04/11	ECAC	28.04				
Jeff Whittam	19/03/11	ECAC	20.95				
M80				W80			
Chris Tittel	21/04/11	BRIS	28.28	Rae McMillan	19/03/11	ECAC	20.38
M90							
Peter Kennedy	2/04/11	ECAC	7.49				

Triple Jump

Graeme Watson	M30	25/03/11	WAAS	11.30	
Corey Thomas	M30	18/11/10	ECAC	9.33	
Matt Staunton	M35	21/10/10	ECAC	10.51	
Kim Thomas	M35	18/11/10	ECAC	9.01	
Andrew Brooker	M40	26/10/10	UWA	10.15	
Mark Schutze	M40	3/04/11	ECAC	9.75	
Mark Matcham	M40	21/10/10	ECAC	9.60	
Colin Smith	M45	21/10/10	ECAC	9.39	
Alan Billington	M45	23/11/10	UWA	7.15	
Chris Neale	M50	2/12/10	ECAC	12.00	
Campbell Till	M50	23/11/10	UWA	10.04	
Garry Ralston	M55	3/04/11	UWA	10.86	
Dave Wyatt	M55	10/02/11	ECAC	9.55	
Rob Antonioli	M55	23/11/10	BUN	8.11	
Geoff Brayshaw	M60	1/03/11	UWA	8.71	
Maurice Creagh	M60	18/11/10	ECAC	5.43	
Keith Martin	M65	3/04/11	ECAC	9.17	
Bob Schickert	M65	23/11/10	UWA	5.64	
David Clive	M70	6/01/11	ECAC	8.86	
David Carr	M75	18/11/10	ECAC	4.24	
Derry Foley	M80	17/03/11	ECAC	6.39	w/a
Peter Kennedy	M90	3/04/11	ECAC	3.73	
Melissa Foster	W30	3/03/11	ECAC	10.55	
Regina Crouch	W40	2/12/10	ECAC	7.06	
Delia Baldock	W45	18/11/10	ECAC	8.73	
Cathy McCloskey	W45	29/03/11	UWA	8.56	
Fran Cherry	W45	29/03/11	UWA	7.50	
Barbara Wilson	W55	3/04/11	ECAC	6.88	
Sarah Ladwig	W60	18/11/10	ECAC	5.32	
Peggy Macliver	W65	18/11/10	ECAC	7.15	
Brenda Painter	W65	3/04/11	ECAC	7.07	
Lynne Schickert	W65	15/02/11	UWA	6.20	

High Jump

Graeme Watson	M30	18/03/11	WAAS	1.70	
Matt Staunton	M35	12/02/11	WAAS	1.49	
Colin Chalmers	M35	02/12/10	ECAC	1.45	
Mark Jeffery	M40	12/02/11	WAAS	1.67	
Mark Schutze	M40	02/04/11	ECAC	1.50	
Kevin Collins	M40	02/04/11	ECAC	1.20	
Garry Hastie	M45	15/02/11	BUN	1.41	
Paul Foley	M45	02/04/11	ECAC	1.45	
Darryl Lette	M45	18/01/11	BUN	1.10	
Dave Wyatt	M55	18/02/11	WAAS	1.45	
Garry Ralston	M55	02/04/11	ECAC	1.35	
Harold Membrey	M55	18/01/11	BUN	1.20	
Greg Wilson	M60	18/03/11	WAAS	1.42	
Keith Martin	M65	02/04/11	ECAC	1.30	
Brian Waldhuter	M70	08/03/11	BUN	1.23	
Don Chambers	M70	03/07/10	TAH	1.10	
Bob Fergie	M75	02/04/11	ECAC	1.10	
Delia Baldock	W45	27/01/11	ECAC	1.25	
Valetta Boddy	W45	10/10/10	Alice	1.24	
Fran Cherry	W45	10/03/11	ECAC	1.05	
Julie Wilson	W55	02/04/11	ECAC	1.00	
Brenda Painter	W65	17/12/10	BUN	1.09	
Ruth Johnson	W65	26/10/10	BUN	0.90	
Luella Jenkins	W65	18/01/11	BUN	0.95	

Javelin

M30				W30			
Greg Urbanowicz	16/12/10	ECAC	36.21	Melissa Foster	19/03/11	ECAC	26.10
				Byrony Glass	19/03/11	ECAC	16.30
				Mel Hynds	21/10/10	ECAC	8.72
M35				W35			
Paul Jeffery	19/03/11	ECAC	49.95	Maria Trolio	2/04/11	ECAC	22.94
Matt Staunton	13/02/11	WAAS	47.68				
Mark Frew	2/04/11	ECAC	46.65				
M40				W40			
Mark Jeffery	24/04/11	BRIS	47.53	Julie Plackett	9/11/10	UWA	18.46
Darryl Lette	2/04/11	ECAC	38.59	Regina Crouch	22/04/11	BRIS	15.04
Mark Elms	2/04/11	ECAC	36.35	Simone Solomon	19/03/11	ECAC	12.29
M45				W45			
Paul Foley	24/02/11	ECAC	43.15	Sharon Moloney	02/04/11	ECAC	24.26
Ian Cotton	2/04/11	ECAC	37.22	Cathy McCloskey	19/03/11	ECAC	17.14
Andrew Ward	19/03/11	ECAC	35.54				
M50				W50			
Craig van Waardenburg	23/04/11	BRIS	31.35	Kylie Everard	19/03/11	ECAC	10.61
Wayne Rubick	2/04/11	ECAC	22.66				
John Everard	19/03/11	ECAC	22.52				
M55				W55			
Geoff Gee	2/04/11	ECAC	36.42	Lisa Kirsch	25/01/11	BUN	20.08
Tom Gravestock	19/03/11	ECAC	33.47	Barbara Brown	11/10/10	Alice	19.96
Steve Fuller	24/04/11	BRIS	31.92	Barbara Wilson	2/04/11	ECAC	18.75
M60				W60			
Geoff Brayshaw	2/04/11	ECAC	32.59	Kate Glass	2/04/11	ECAC	23.44
Greg Wilson	1/03/11	UWA	31.92	Bev Hamilton	3/07/10	TAH	20.30
Rocky Cloete	9/11/10	UWA	31.37	Elaine Holmes	11/10/10	Alice	15.01
M65				W65			
Stan Selby	24/02/11	ECAC	37.58	Bev Hamilton	16/12/10	ECAC	19.83
Peter Hopper	29/03/11	UWA	24.80	Peggy Macliver	1/03/11	UWA	18.68
Ivan Brown	24/04/11	BRIS	19.22	Luella Jenkins	2/04/11	ECAC	17.88
M70				W70			
Peter Gare	7/12/10	UWA	29.71	Barbara Campbell	2/04/11	ECAC	13.36
Don Chambers	3/07/10	TAH	23.75	Dorothy Whittam	2/04/11	ECAC	13.24
Mike O'Reilly	2/04/11	ECAC	20.10	Maggie Flanders	2/04/11	ECAC	11.29
M75				W75			
Bob Fergie	19/03/11	ECAC	22.29	Noela Medcalf	2/04/11	ECAC	10.91
Rob Shand	26/10/10	UWA	22.27	Pat Carr	21/10/10	ECAC	6.89
Jeff Whittam	19/03/11	ECAC	17.01				
M80				W80			
Gordon Medcalf	2/04/11	ECAC	17.28	Rae McMillan	18/01/11	UWA	14.15
Chris Tittel	2/04/11	ECAC	15.15	Lorna Lauchlan	1/03/11	UWA	10.00
Derry Foley	2/12/10	ECAC	12.10				
M90							
Peter Kennedy	15/02/11	UWA	10.76				