

**WA State Records - 10000m walk (track)**

	M40		M45		M50		M55	
Jan-80	Jim Smith	55:08.0	Alex Cummings	64:24.0				
Jan-85	<i>Jim Smith</i>	55:08.0	<i>Alex Cummings</i>	64:24.0				
Jan-90	Alan Whitely	49:19.0	<i>Alex Cummings</i>	64:24.0	Jeff Whittam	67:31.0		
Jan-95	<i>Alan Whitely</i>	49:19.0	<i>Alex Cummings</i>	64:24.0	Barrie Thomsett	64:23.0	Jeff Whittam	72:59.0
Jan-00	<i>Alan Whitely</i>	49:19.0	<i>Alex Cummings</i>	64:24.0	<i>Barrie Thomsett</i>	64:23.0	<i>Jeff Whittam</i>	72:59.0
Jan-05	<i>Alan Whitely</i>	49:19.0	<i>Alex Cummings</i>	64:24.0	<i>Barrie Thomsett</i>	64:23.0	<i>Jeff Whittam</i>	72:59.0
Jan-10	<i>Alan Whitely</i>	49:19.0	Gary Hastie	53:48.3	<i>Barrie Thomsett</i>	64:23.0	<i>Jeff Whittam</i>	72:59.0
	M60		M65		M70		M75	
Jan-80	Dick Horsley	54:24.6	Dick Horsley	57:12.0				
Jan-85	<i>Dick Horsley</i>	54:24.6	<i>Dick Horsley</i>	57:12.0	Dick Horsley	59:04.0		
Jan-90	<i>Dick Horsley</i>	54:24.6	<i>Dick Horsley</i>	57:12.0	<i>Dick Horsley</i>	59:04.0	Jack Collins	73:30.0
Jan-95	<i>Dick Horsley</i>	54:24.6	<i>Dick Horsley</i>	57:12.0	<i>Dick Horsley</i>	59:04.0	<i>Jack Collins</i>	73:30.0
Jan-00	<i>Dick Horsley</i>	54:24.6	<i>Dick Horsley</i>	57:12.0	<i>Dick Horsley</i>	59:04.0	<i>Jack Collins</i>	73:30.0
Jan-05	<i>Dick Horsley</i>	54:24.6	<i>Dick Horsley</i>	57:12.0	<i>Dick Horsley</i>	59:04.0	<i>Jack Collins</i>	73:30.0
Jan-10	<i>Dick Horsley</i>	54:24.6	<i>Dick Horsley</i>	57:12.0	<i>Dick Horsley</i>	59:04.0	<i>Jack Collins</i>	73:30.0
	W35		W40		W45		W50	
Jan-80								
Jan-85								
Jan-90	Joy Sanger	60:35.0						
Jan-95	<i>Joy Sanger</i>	60:35.0	Michelle Boyle	67:48.0				
Jan-00	<i>Joy Sanger</i>	60:35.0	<i>Michelle Boyle</i>	67:48.0				
Jan-05	<i>Joy Sanger</i>	60:35.0	<i>Michelle Boyle</i>	67:48.0	Lyn Ventris	46:35.65		
Jan-10	<i>Joy Sanger</i>	60:35.0	<i>Michelle Boyle</i>	67:48.0	<i>Lyn Ventris</i>	46:35.65	Lyn Ventris	54:32.9
	W55		W60					
Jan-80								
Jan-85								
Jan-90								
Jan-95	Dorothy Whittam	69:24.0	Lorna Lauchlan	69:53.0				
Jan-00	<i>Dorothy Whittam</i>	69:24.0	<i>Lorna Lauchlan</i>	69:53.0				
Jan-05	<i>Dorothy Whittam</i>	69:24.0	<i>Lorna Lauchlan</i>	69:53.0				
Jan-10	<i>Dorothy Whittam</i>	69:24.0	<i>Lorna Lauchlan</i>	69:53.0				