

WA State Records - 10km Road

	M30		M35		M40		M45		M50	
Jan-80			Phil Wall	31:46	Derek Hoye	33:12	Maurice Smith	34:58	John Gilmour	32:50
Jan-85			<i>Phil Wall</i>	31:46	Frank Smith	33:06	George Innes	33:42	<i>John Gilmour</i>	32:50
Jan-90			<i>Phil Wall</i>	31:46	Jim Langford	32:27	Frank Smith	33:20	<i>John Gilmour</i>	32:50
Jan-95			<i>Phil Wall</i>	31:46	<i>Jim Langford</i>	32:27	<i>Frank Smith</i>	33:20	<i>John Gilmour</i>	32:50
Jan-00	Stephen Dunn	36:42	<i>Phil Wall</i>	31:46	<i>Jim Langford</i>	32:27	<i>Frank Smith</i>	33:20	<i>John Gilmour</i>	32:50
Jan-05	<i>Stephen Dunn</i>	36:42	<i>Phil Wall</i>	31:46	<i>Jim Langford</i>	32:27	<i>Frank Smith</i>	33:20	<i>John Gilmour</i>	32:50
Jan-10	<i>Stephen Dunn</i>	36:42	<i>Phil Wall</i>	31:46	<i>Jim Langford</i>	32:27	<i>Frank Smith</i>	33:20	<i>John Gilmour</i>	32:50
	M55		M60		M65		M70		M75	
Jan-80	John Gilmour	34:53	John Gilmour	35:05	Dick Horsley	44:04	Joe Shepherd	52:02		
Jan-85	<i>John Gilmour</i>	34:53	John Gilmour	34:21	Dick Horsley	42:56	Dick Horsley	45:01		
Jan-90	<i>John Gilmour</i>	34:53	John Gilmour	34:21	John Gilmour	35:56	John Gilmour	37:25		
Jan-95	<i>John Gilmour</i>	34:53	John Gilmour	34:21	<i>John Gilmour</i>	35:56	<i>John Gilmour</i>	37:25		
Jan-00	<i>John Gilmour</i>	34:53	John Gilmour	34:21	<i>John Gilmour</i>	35:56	<i>John Gilmour</i>	37:25	Frank Usher	78:35
Jan-05	<i>John Gilmour</i>	34:53	John Gilmour	34:21	<i>John Gilmour</i>	35:56	<i>John Gilmour</i>	37:25	I Barrett-Lennard	47:35
Jan-10	<i>John Gilmour</i>	34:53	John Gilmour	34:21	<i>John Gilmour</i>	35:56	<i>John Gilmour</i>	37:25	David Carr	45:52
	M80									
Jan-10	Irwin Barrett-Lennard	49:02								
	W30		W35		W40		W45		W50	
Jan-90	Tessa Brockwell	35:07	Karen Gobby	34:36						
Jan-95	<i>Tessa Brockwell</i>	35:07	<i>Karen Gobby</i>	34:36						
Jan-00	<i>Tessa Brockwell</i>	35:07	<i>Karen Gobby</i>	34:36	Anne Shaw	38:23	Jill Chambers	38:59		
Jan-05	<i>Tessa Brockwell</i>	35:07	<i>Karen Gobby</i>	34:36	<i>Anne Shaw</i>	38:23	<i>Jill Chambers</i>	38:59	Anne Shaw	38:24
Jan-10	<i>Tessa Brockwell</i>	35:07	<i>Karen Gobby</i>	34:36	<i>Anne Shaw</i>	38:23	<i>Jill Chambers</i>	38:59	<i>Anne Shaw</i>	38:24
	W55		W60		W65		W70		W75	
Jan-00									Glenice Shanahan	84:02
Jan-05	Anne Shaw	41:55			Ann Turner	51:53			<i>Glenice Shanahan</i>	84:02
Jan-10	<i>Anne Shaw</i>	41:55	Gillian Young	46:09	<i>Ann Turner</i>	51:53			<i>Glenice Shanahan</i>	84:02