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Running singlets and club tee-shirts are now available.
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Style is three stud fastening, with collar. Sizes 10-24 (unisex)— Price \$16 each.
Also available are the black and white singlets, size 10-24 at \$13 each*.
Car stickers cost \$2 a piece; likewise iron-on badges for windcheater, etc.
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HAPPY BIRTHDAY TO OUR MAY MEMBERS

JENKINS, ARNOLD	01/05/44	49 remains M45	LATCHFORD, STAN	19/05/41	52 remains M50
STEWART, ROD	01/05/40	53 remains M50	POMERY, ALAN	19/05/31	62 remains M60
GILLSON, JOAN	01/05/49	44 remains W40	BROWNLIE, KEN	21/05/45	48 remains M45
GILMOUR, JOHN	03/05/19	74 remains M70	GARE, PETER	21/05/40	53 remains M50
WATERS, VICTOR	03/05/44	49 remains M45	STEWART, FREDERICK	21/05/30	63 remains M60
MERRIFIELD, JOAN	05/05/59	34 remains W30	FOSTER, PAM	22/05/46	47 remains W45
DANBY, SUSAN	07/05/49	44 remains W40	HEUSSI, STEPHANIE	22/05/44	49 remains W45
McLINDEN, FRANK	07/05/31	62 remains M60	GIANATTI, MARGARET	22/05/39	54 remains W50
MILLER, PATRICIA	07/05/38	55 becomes W55	BROCKWELL, CHRIS	23/05/50	43 remains M40
ANDERSON, MICHAEL	07/05/48	45 becomes M45	SAVIN, PAT	23/05/48	45 becomes W45
TAYLOR, KEN	08/05/45	48 remains M45	TYSON, VALERIE	23/05/21	72 remains W70
SANDERS, JOHANNA	08/05/18	75 becomes W75	HILL, JUDI	24/05/48	45 becomes W45
GIANATTI, CARL	08/05/35	58 remains M55	ARGYLE, ROBERT	25/05/45	48 remains M45
CHAPPELL, FAY	10/05/55	38 remains W35	HASSAM, LEO	25/05/30	63 remains M60
RAMSEY, JAMES	11/05/39	54 remains M50	HARDY, BRYAN	26/05/43	50 becomes M50
CARRERO, VICENTE	11/05/42	51 remains M50	BRENNAN, JOE	27/05/21	72 remains M70
DARTNALL, JON	11/05/48	45 becomes M45	RHODES, LINDA	27/05/46	47 remains W45
GIACOMIN, ALDO	14/05/36	57 remains M55	MISON, JOHN	28/05/47	46 remains M45
LAWRENCE, RAY	15/05/28	65 becomes M65	MacLIVER, ROBIN	28/05/41	52 remains M50
NOORDYK, ADRIAN	15/05/52	41 remains M40	BRYANT, DAVID	29/05/45	48 remains M45
McLENNAN, BRUCE	15/05/50	43 remains M40	SLYTH, PAUL	29/05/42	51 remains M50
RIDDELL, JIM	15/05/39	54 remains M50	LANGFORD, FREDERICK	30/05/46	47 remains M45
HUGHES, PAUL	17/05/52	41 remains M40	MERCER, ERICA	30/05/43	50 becomes W50
PRESSLEY, JOHN	17/05/45	48 remains M45	WALSH, ROGER	30/05/43	50 becomes M50
PASSMORE, IAN	18/05/44	49 remains M45	WILSON, BRUCE	31/05/45	48 remains M45



The Vetrunk



NO. 244 APRIL 1993

WA VETERANS AC - REGD BY
AUSTRALIA POST PUBN 0370

Adelaide Nationals

ADELAIDE action saw our WA girls dominating the W40 class, Australian records from both the Carrs, Mike Edwards in storming form until injury ruled him out, and a personal best at his first nationals from John Stone.

As always, our small contingent showed that WA is always in the reckoning when veterans meet.

Results

(All times taken electronically. * A indicates new Australian record.)

Eileen Hindle W40				
100M	3rd	13.34		
200M	3rd	27.46		
800M	1st	11.20		
LJ	1st	5.24M		
TJ	1st	10.21M		
HJ	1st	1.43M		
Jav	-	17.00M		
Pentathlon	1st	3066		
Lynne Choate W40				
100M	1st	12.80		
200M	1st	26.58		
400M	1st	61.92		
LJ	2nd	4.75M		
TJ	3rd	8.94M		
Jav	-	18.88M		
Disc	-	20.72M		

Pentathlon	3rd	2945
Pat Carr W60		
100M	2nd	15.8
200M	2nd	33.24
LJ	1st	3.78M
TJ	1st	8.29M *A
Jav	2nd	17.02M
Pentathlon	1st	2760

Erica Mercer W45		
LJ	-	3.66M
HJ	3rd	1.16M
Jav	-	16.26
Steeplechase - 1st - to be confirmed		

David Carr M60		
200M	3rd	27.70
400M	1st	58.46 *A
800M	1st	2:16.28
1500M	2nd	4:56.56

John Stone M40		
200M 4th in heat, PB of 26.56		
Ron Potter M60		
400M	-	76.02
800M	-	2:56.46

Mike Edwards M35		
100M (heat)	1st	11.50
(final)	2nd	11.60
400M (heat)	1st	53.50
(final)	1st	50.67

Allen Tyson M60		
2000 Steeple	3rd	9:24.91
5000M	2nd	23:27.17
X-Country 10,000m	2nd	52:0
400m	5th	71.74

In this issue...

YOUR April magazine is largely devoted to Championships results, AGM Minutes and the Treasurer's Report.

STATE CHAMPIONSHIPS

Full Results P4/7

AGM Minutes P2/3

Treasurer's Report P2

News P3

Birthdays P8

Reports are in - thanks, directors - from YANCHEP, the 10K TRACK HANDICAP and LORNA'S RUN, and these will be published in May, together with MASTERS news, BROCKWELLS RUN, the BUNBURY events, and the BIRKWATER Cross Country.

REMEMBER!

The BIRKWATER is a guess-your-time run. No watches are to be worn! Everyone has a chance to carry off the magnificent Timeless Trophy - just by making the best estimate of their own finish time. May 9, 8am start, in Saw Avenue, Kings Park.

NEW STATE RECORDS

High Jump

M55 Norm Richards 1.40

Long Jump

M60 Derek Walker 4.72

Discus

M80 Dick Horsley 17.24

Hammer

M60/65 Bill Chapman 30.66

M70+ Dick Horsley 17.24

Pentathlon (LJ/J/200/D/1500)

M55 Norm Richards 2900

M60 David Carr 3023

M75 Syd Coleman 2203

100M

W55 Dorothy Whittam 14.80

W60 Pat Carr 15.50

200M

W55 Dorothy Whittam 31.00

W60 Pat Carr 32.30

800M

W60 Pat Carr 3:29.60

1500M

W45 Anne Shaw 5:11.10

2000M Walk

W50 Louella Jenkins 12:16.30

High Jump

W50 Sheila Howard 1.15

Long Jump

W60 Pat Carr 3.83

W70 Phyllia Head 1.19

Triple Jump

W60 Pat Carr 3.83

Hammer

W30/45 Sandra Smith 19.22

Hammer

W50+ Raema McMillan 13.76

Javelin

W30 Sharon Moloney 30.62

W40 Lynne Meakins 24.84

W55 Dorothy Whittam 22.16

W80 Betty Baumann 9.62

Shot Putt

W30/45 Lynne Meakins 9.57

W70 Val Tyson 5.62

W80 Betty Baumann 4.64

Pentathlon (LJ/J/200/D/800)

W60 Pat Carr 2940

Point Walter Run

January 24, 1993

114 runners and fourteen walkers battled the strong easterly winds producing some reasonably fast times for the conditions. First home in the 6.2K run was Bruce Wilson and first woman was Maxine Santich. In the 11K run Graeme Bergersen and Wayne Robinson had a close contest with Graeme finishing the faster over the last K. Jill Chambers was first woman and 15th overall. In a few months will some of the front runners have a woman to contend with? First to finish in the 6.2K walk was Peter Hill and first woman Peggy Macliver.

Many thanks to my helpers, Paul and William Hughes, Irene Ferris, Dale, Sacha, Kylie James and my wife Penny.
Dave Roberts

6.2K Run		
Bruce Wilson	M45	22.56
Don Caplin	M50	23.42
Chris Gillard	M40	23.46
David James	M35	24.35
Brian Foley	M45	25.14
Vic Waters	M45	25.38
Joe Stickle	M50	25.45
Mike Rhodes	M45	25.52
Dick Blom	M55	26.06
Simon Mort	M35	26.25
Bill Crane	M50	26.56
Maxine Santich	W40	27.03
Rod Stewart	M50	27.13
Brian Hardy	M45	28.49
Mary Robinson	W50	29.14
Ray Lawrence	M60	29.19
Rebekah Healy	W30	29.21
Joe Trovato	M50	29.35
Margaret Birks	W45	30.05
Nena Greenfield	W35	30.36
Jan Johnson	W45	30.55
John Stone	M40	31.17
Joan Pellier	W50	31.20
Margaret Warren	W55	31.39
Wendy Clements	W50	31.45
Jenny Holm	W40	32.35
Neola Medcalf	W55	32.46
Jill Midolo	W45	33.18
Garnet Morgan	M65	33.19
Shorty Turner	M55	33.38
Joan Slinger	W50	33.40
Jackie Billington	W50	33.57
Brigitte Cheek	W35	34.05
Sandi Hodge	W45	34.15
June Strachan	W65	35.55
Esther Healy	W55	36.24
Phyllis Farrell	W45	36.47
Jim Whitehorn	M55	36.55
Gordon Medcalf	M60	36.57
Patricia Carr	W60	37.21
Bob Farrell	M50	37.42
Duncan Strachan	M70	37.43
Mary Heppell	W55	37.52
Margaret Ward	W50	37.56
Rob Davis	M50	40.07
Syd Bowler	M65	40.15

Rosa Davis	W45	41.46
Toni Frank	W45	43.04
Ernie Moyle	M65	43.20
Michele Johnson	W45	47.13
Koan Gillson	W40	48.30
11K Run		
Graeme Bergerson	M40	40.49
Wayne Robinson	M35	41.01
Bob Schickert	M50	41.07
David Scott	M45	41.20
Bob Harrison	M50	41.24
David Reid	M40	41.32
David Muir	M45	42.32
Frank Smith	M50	42.33
Michael Cousins	M55	42.55
Robin Bonner	M60	44.21
John Carpenter	M45	44.28
John Bell	M45	45.38
J Burns	M45	45.50
Wal Welyky	M45	46.13
Jill Chambers	W40	46.13
Rod Jurich	M40	46.25
Brian Bennett	M45	46.53
Bob Sammells	M55	46.56
Vicente Carrero	M50	47.53
John Pellier	M50	48.10
Frank McLinden	M60	48.34
Arnold Jenkins	M45	48.59
Alec Holm	M45	49.02
Bill Peart	M50	49.06
Michael Carey	M35	49.24
John Yeates	M40	49.30
Ken Brownlie	M45	49.32
Barrie Slinger	M50	49.39
Jim Greenfield	M45	49.51
Stan Lockwood	M60	49.58
Doug Hazell	M40	50.16
Ken Taylor	M45	50.20
Cecil Walkley	M60	50.22
John Dartnall	M40	51.00
Mitch Loly	M50	51.17
Aldo Giacomini	M55	51.21
Marg Forden	W50	51.31
Ron Hillis	M45	51.48
Don Blair	M40	52.17
Carol Broderick	W40	52.18
Merv Moyle	M65	52.30
Richard Harris	M55	54.03
Helen Lysaght	W40	54.13
Keith Forden	M50	54.21
Merv Jones	M50	54.31
Jeff Spencer	M50	54.43
Jacqui Halberg	W45	55.01
Stuart Parkinson	M40	56.28
Alan Chambers	M55	61.47
Phil Dufty	M45	61.55
Nicholai Knappe	W30	67.37
John Russell	M60	67.38
John Smith	M55	67.39
6.2K Walk		
Peter Hill	M40	32.37
Paul Martin	M50	34.34
Peter Johnson	M45	34.42
Barry Weatherburn	M50	37.20
Peggy Macliver	W45	41.03
Dorothy Whittam	W55	42.23
Bob Chalmers	M50	42.53
Bob Fergie	M55	46.45
Jeff Whittam	M55	46.46
Dick Horsley	M80	48.30
J Gianatta	W55	50.56
Carol Wood	W50	50.58
C Walker	W40	51.09
Judy Hill	W40	53.39

Pagoda Run

January 24, 1993

My thanks to my family for their help on the drink station and for allowing me to conscript them into picking up signs and flags.

To Maureen, George and Leo who kept the finish line from disintegrating, God bless.

Finally to Vic Waters who handed out finish numbers and informed all and sundry that I alone stuffed up the Healthways information...well done mate!

Actually I blew it...to any who may have been inconvenienced, please accept my sincere apologies.

Barrie Thomsett

5K Run			
Alan Tyson	M65	25:01	
Alison Aldrich	W50	30:05	
Toni Frank	W45	34:44	
Ernie Moyle	M65	35:48	

5K Walk			
Dick Horsley	M80	37:39 *	
Judy Hill	W40	39:54	
Alan Pomeroy	M60	39:55	
Irene Vance	W50	39:56	
Harry Vance	M60	40:00	
* Record			

8K Run			
John Stone	M40	40:01	
Stuart Parkinson	M45	40:15	
Duncan Strachan	M70	49:43	
Robert Farrell	M50	49:43	

10K Run			
Frank Smith	M50	40:02	
Ralph Henderson	M40	40:27	
Brian Foley	M45	44:35	
Cecil Walkley	M60	46:30	
Simon Mort	M35	47:00	
Kath Penton	W50	47:03	
Peter Airey	M55	47:07	
Brian Jones	M65	47:18	
Basil Worner	M60	48:16	
Joe Trovato	M50	52:53	
Lynn Farrelly	M45	54:20	
Ray Lawrence	M60	55:26	
Kirt Johnson	M60	55:48	
June Strachan	W65	60:41	
Penny Dufty	W45	62:04	
Esther Healy	W55	62:40	
Sheila Maslen	W50	65:23	
Phyllis Farrell	W45	65:44	

10K Walk			
Paul Martin	M50	60:10	
Peter Johnson	M45	61:50	
Jo Stone	W45	78:54	
Bob Fergie	M55	78:56	

16K Run			
Dave Roberts	M50	62:49	

4K Run			
Vic Waters	M45	15.12	
Rod Jurich	M40	16.41	
Mike Rhodes	M45	17.08	
Brian Bennett	M45	17.16	
Rod Stewart	M50	17.34	
Arnold Jenkins	M45	17.46	
David Carr	M60	18.01	
Kath Penton	W50	18.03	
John Stone	M40	18.38	
Rob Shand	M60	18.45	
Peggy Macliver	W45	19.30	
Stuart Parkinson	M40	19.40	
Basil Worner	M60	19.50	
Robert Sheehy	M45	19.53	
Wendy Clements	W50	20.08	
Vic Beaumont	M60	20.15	
Roma Bettles	W40	21.15	
Allen Tyson	M65	21.19	
Jan Johnson	W45	21.23	
Joan Pellier	W50	21.26	
Bill Meharry	M40	21.38	
Brigitte Cheek	W35	22.03	
Joe Brennan	M70	22.16	
Ray Barnett	M45	22.17	
Shorty Turner	M55	22.55	
Jill Midolo	W45	23.01	
Esther Healy	W55	23.47	
Rob Davis	M50	23.59	
Patricia Carr	W60	24.07	
Rosa Davis	W45	24.19	
Pat Miller	W50	24.40	
Jackie Billington	W50	24.42	
Lorna Lauchlan	W60	24.44	
Margaret Ward	W50	25.53	
Syd Bowler	M65	26.40	
Ernie Moyle	M65	30.09	
Alison Aldrich	W50	30.51 *	

4K Walk			
Barry Weatherburn	M50	26.40	
Lyn Schickert	W50	31.59	
Alan Pomeroy	M60	32.01	
Joan Gillson	W40	32.55	

Pagoda Run

continues

John Puglisi	M40	63:16
Mick Cousins	M55	63:37
Dave Scott	M45	63:54
Robert Raymen	M50	64:32
Bob Harrison	M50	64:54
Chris Gillard	M40	65:02
John Pressley	M45	65:28
John Carpenter	M45	68:12
Robin Bonner	M60	68:44
Jill Chambers	W40	72:16
Joe Stickle	M50	72:27
Frank McLinden	M60	73:31
Bill Peart	M50	73:44
Laurie Nevin	M50	73:45
Ted Costello	M55	73:45
Maurice Johnston	M55	77:17
Merv Jones	M50	81:05
Jeff Spencer	M50	81:05
Bryan Hardy	M45	82:15
Brian Hunter	M45	82:55
Ron Potter	M50	83:20
John Russell	M60	89:35
Jacqui Halberg	W45	93:18
Alan Chambers	M55	93:22

Mosman Park Run

February 21, 1993

102 runners and walkers took part in the inaugural Mosman Park Run. Conditions were warm, the course was demanding, particularly for the 8KM runners and everyone enjoyed the scenic course.

Many thanks for all the helpers who made it a successful morning and a special appreciation to the Mosman Park Tennis Club for allowing us to use their club facilities.

Paul and Sue Hughes

4K Run		
First Male Vic Waters	15.12	
First Female Kath Penton	18.03	
8K Run		
First Male David Reid	29.01	
First Female Jill Chambers	33.14	
4K Walk		
First Male Barry Weatherburn	26.15	
First Female Lyn Schickert	31.59	
8K Walk		
First Female Dorothy Whittam	59.16	
First Males Jeff Whittam and Bob Fergie	62.18	

Dick Horsley	M80	32.27
Harry Vance	M60	33.24
Judy Hill	W40	34.27
Jean Argyle	W45	35.46
Irene Vance	W50	35.46
Amy Loly	W30	36.50
Anne Catarinich	W45	44.16 *

8K Run		
David Reid	M40	29.01
Bob Argyle	M45	29.15
John Puglisi	M40	29.49
Bob Schickert	M50	30.18
John Ferris	M40	31.13
Don Caplin	M50	31.40
Peter Sanders	M45	31.46
Doug Hazell	M40	32.18
Robin Bonner	M60	32.35
Peter Hill	M40	32.38
John Bell	M45	32.57
Joe Stickle	M50	32.58
Bob Sammells	M55	32.58
Jill Chambers	W40	33.14
Vicente Carrero	M50	33.35
Frank McLinden	M60	33.44
John Pellier	M50	33.49
Brian Foley	M45	34.20
Peter Airey	M55	35.19
Simon Mort	M35	35.31
Alex Holm	M45	35.46
Graham Thornton	M50	36.10
Mitch Loly	M50	36.30

Brenda Mathews	W40	36.42
Janice Rogers	W35	37.00
Lewis Arndt	M40	37.00
Carol Broderick	W40	37.07
Ken Brownlie	M45	37.07
Morris Warren	M55	38.53
Brian Hunter	M40	38.59
Helen Lysaght	W40	39.00
Eddie Hill	M50	40.05
Lynn Farrelly	M45	40.13
Margaret Birks	W45	41.22
Ray Lawrence	M60	41.32
John Russell	M60	41.45
Ann Turner	W55	42.00
John Smith	M55	42.00
Kirt Johnson	M60	43.25
David Hough	M60	43.39
Alan Chambers	M55	45.00
Sandi Hodge	W45	45.02
Norm Miller	M60	46.20
Irene Ferris	W40	47.57
Margaret Warren	W55	48.40
Mary Robinson	W55	48.44
Sheila Maslen	W55	49.00

8K Walk		
Dorothy Whittam	W55	59.16
Jeff Whittam	M55	62.18
Bob Fergie	M55	62.18
Visitors		
Michael Sanders	8K	30.54
Shayne Hill	8K	31.12
Peter Davis	8k	43.34

* Indicates late start

Entry Form for CLUB 10K TRACK HANDICAP

21st April 1993
Starting 7PM

At McGillivray Sport Ground
(Under lights)

Entry Fee \$2.00 with entry

Name _____

Age Group _____

Name _____

Age Group _____

If you have not run with the Club for some time please show your best time over 10K, over the past year on this entry form.

ENTRIES TO: Jeff Whittam, 49
Holland Street, Wembley 6014
Tel: 387 6438

ENTRIES CLOSE: 18th April
1993 (Open to Club members
only) Followed by a B.Y.O. bar-
becue.

</

Coker Park

January 27, 1993

(Some results of this meeting were published last month)

3000M

David Reid	M40	10:01
Brian Danby	M45	11:16
Brian Foley	M45	10:58
Vic Waters	M45	11:15
Don Caplin	M50	10:45
Vicente Carrero	M50	11:50
Mitch Loly	M50	13:00
Merv Jones	M50	13:38
Brian Devine	M50	15:06
Bob Sammells	M55	11:24
Alan Chambers	M55	13:40
Gordon Florence	M55	15:06
Robin Bonner	M60	11:15
Frank McLinden	M60	12:12
Basil Worner	M60	12:15
Joan Merrifield	W30	14:07
Jill Chambers	W40	11:21
Maxine Santich	W40	11:22
Erica Mercer	W45	12:51
Wendy Clements	W50	14:39

Wellington Mills Camp continues

a slosh coming on (the dance variety). It was contagious, and lasted several hours. Lorna Lauchlan did her party trick, assisted by Brigitte Cheek. She plays a wonderful concert piece on 'piano'. Nice try, Shorty!

Monday: fragmented groups run, walk, due to aches, stiffness, blisters etc. Breakfast, clean up the cottages, depart at your leisure.

In general, these camps are great for the club's camaraderie. Chinwag, cheese and biscuits with a drink. Watch the 'roos at close range. Rabbits come out at dusk. Runners saw a snake, and race-horse goannas. Bird life plentiful, particularly the pretty little blue wrens. Cameras always on hand to good effect. Reading was popular, as were crosswords. Really, I never heard a cross word spoken!

Nothing is perfect, of course. March flies as big as ravens! But they're slow. A circle of us killed 50 in short time. When we moved the maggies and wrens cleaned up. The warden thinks he's another kind of warden. Not gifted with a sense of humour.

Also, young pre-vet Roy Crowther took ill with a virus and had to leave for medical treatment. Hope the problem didn't linger.

Must mention Rosa Davis, good girl who wore her name badge. Wonderful place, great company, thanks to those who made the necessary organisation. As the Hash people say, on, on, Rottnest in September and October.

Rod Stewart

3000 M

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Point Walter Run

January 24, 1993

114 runners and fourteen walkers battled the strong easterly winds producing some reasonably fast times for the conditions. First home in the 6.2K run was Bruce Wilson and first woman was Maxine Santich. In the 11K run Graeme Bergersen and Wayne Robinson had a close contest with Graeme finishing the faster over the last K. Jill Chambers was first woman and 15th overall. In a few months will some of the front runners have a woman to contend with? First to finish in the 6.2K walk was Peter Hill and first woman Peggy Macliver.

Many thanks to my helpers, Paul and William Hughes, Irene Ferris, Dale, Sacha, Kylie James and my wife Penny. **Dave Roberts**

6.2K Run		
Bruce Wilson	M45	22.56
Don Caplin	M50	23.42
Chris Gillard	M40	23.46
David James	M35	24.35
Brian Foley	M45	25.14
Vic Waters	M45	25.38
Joe Stickle	M50	25.45
Mike Rhodes	M45	25.52
Dick Blom	M55	26.06
Simon Mort	M35	26.25
Bill Crane	M50	26.56
Maxine Santich	W40	27.03
Rod Stewart	M50	27.13
Brian Hardy	M45	28.49
Mary Robinson	W50	29.14
Ray Lawrence	M60	29.19
Rebekah Healy	W30	29.21
Joe Trovato	M50	29.35
Margaret Birks	W45	30.05
Nena Greenfield	W35	30.36
Jan Johnson	W45	30.55
John Stone	M40	31.17
Joan Pellier	W50	31.20
Margaret Warren	W55	31.39
Wendy Clements	W50	31.45
Jenny Holm	W40	32.35
Neola Medcalf	W55	32.46
Jill Midolo	W45	33.18
Garnet Morgan	M65	33.19
Shorty Turner	M55	33.38
Joan Slinger	W50	33.40
Jackie Billington	W50	33.57
Brigitte Cheek	W35	34.05
Sandi Hodge	W45	34.15
June Strachan	W65	35.55
Esther Healy	W55	36.24
Phyllis Farrell	W45	36.47
Jim Whitehorn	M55	36.55
Gordon Medcalf	M60	36.57
Patricia Carr	W60	37.21
Bob Farrell	M50	37.42
Duncan Strachan	M70	37.43
Mary Heppell	W55	37.52
Margaret Ward	W50	37.56
Rob Davis	M50	40.07
Syd Bowler	M65	40.15

Rosa Davis	W45	41.46
Toni Frank	W45	43.04
Ernie Moyle	M65	43.20
Michele Johnson	W45	47.13
Koan Gillson	W40	48.30
11K Run		
Graeme Bergersen	M40	40.49
Wayne Robinson	M35	41.01
Bob Schickert	M50	41.07
David Scott	M45	41.20
Bob Harrison	M50	41.24
David Reid	M40	41.32
David Muir	M45	42.32
Frank Smith	M50	42.33
Michael Cousins	M55	42.55
Robin Bonner	M60	44.21
John Carpenter	M45	44.28
John Bell	M45	45.38
J Burns	M45	45.50
Wal Welyky	M45	46.13
Jill Chambers	W40	46.13
Rod Jurich	M40	46.25
Brian Bennett	M45	46.53
Bob Sammells	M55	46.56
Vicente Carrero	M50	47.53
John Pellier	M50	48.10
Frank McLinden	M60	48.34
Arnold Jenkins	M45	48.59
Alec Holm	M45	49.02
Bill Peart	M50	49.06
Michael Carey	M35	49.24
John Yeates	M40	49.30
Ken Brownlie	M45	49.32
Barrie Slinger	M50	49.39
Jim Greenfield	M45	49.51
Stan Lockwood	M60	49.58
Doug Hazell	M40	50.16
Ken Taylor	M45	50.20
Cecil Walkley	M60	50.22
John Dartnall	M40	51.00
Mitch Loly	M50	51.17
Aldo Giacomini	M55	51.21
Marg Forden	W50	51.31
Ron Hillis	M45	51.48
Don Blair	M40	52.17
Carol Broderick	W40	52.18
Merv Moyle	M65	52.30
Richard Harris	M55	54.03
Helen Lysaght	W40	54.13
Keith Forden	M50	54.21
Merv Jones	M50	54.31
Jeff Spencer	M50	54.43
Jacqui Halberg	W45	55.01
Stuart Parkinson	M40	56.28
Alan Chambers	M55	61.47
Phil Duffy	M45	61.55
Nicholai Knappe	W30	67.37
John Russell	M60	67.38
John Smith	M55	67.39
6.2K Walk		
Peter Hill	M40	32.37
Paul Martin	M50	34.34
Peter Johnson	M45	34.42
Barry Weatherburn	M50	37.20
Peggy Macliver	W45	41.03
Dorothy Whittam	W55	42.23
Bob Chalmers	M50	42.53
Bob Fergie	M55	46.45
Jeff Whittam	M55	46.46
Dick Horsley	M80	48.30
J Gianatta	W55	50.56
Carol Wood	W50	50.58
C Walker	W40	51.09
Judy Hill	W40	53.39

Pagoda Run

January 24, 1993

My thanks to my family for their help on the drink station and for allowing me to conscript them into picking up signs and flags.

To Maureen, George and Leo who kept the finish line from disintegrating, God bless.

Finally to Vic Waters who handed out finish numbers and informed all and sundry that I alone stuffed up the Healthways information...well done mate!

Actually I blew it...to any who may have been inconvenienced, please accept my sincere apologies.

Barrie Thomsett

5K Run			
Alan Tyson	M65	25:01	
Alison Aldrich	W50	30:05	
Toni Frank	W45	34:44	
Ernie Moyle	M65	35:48	

5K Walk			
Dick Horsley	M80	37:39 *	
Judy Hill	W40	39:54	
Alan Pomeroy	M60	39:55	
Irene Vance	W50	39:56	
Harry Vance	M60	40:00	
* Record			

8K Run			
John Stone	M40	40:01	
Stuart Parkinson	M45	40:15	
Duncan Strachan	M70	49:43	
Robert Farrell	M50	49:43	

10K Run			
Frank Smith	M50	40:02	
Ralph Henderson	M40	40:27	
Brian Foley	M45	44:35	
Cecil Walkley	M60	46:30	
Simon Mort	M35	47:00	
Kath Penton	W50	47:03	
Peter Airey	M55	47:07	
Brian Jones	M65	47:18	
Basil Worner	M60	48:16	
Joe Trovato	M50	52:53	
Lynn Farrelly	M45	54:20	
Ray Lawrence	M60	55:26	
Kirt Johnson	M60	55:48	
June Strachan	W65	60:41	
Penny Duffy	W45	62:04	
Esther Healy	W55	62:40	
Sheila Maslen	W50	65:23	
Phyllis Farrell	W45	65:44	

10K Walk			
Paul Martin	M50	60:10	
Peter Johnson	M45	61:50	
Jo Stone	W45	78:54	
Bob Fergie	M55	78:56	

16K Run			
Dave Roberts	M50	62:49	

4K Run			
Vic Waters	M45	15.12	
Rod Jurich	M40	16.41	
Mike Rhodes	M45	17.08	
Brian Bennett	M45	17.16	
Rod Stewart	M50	17.34	
Arnold Jenkins	M45	17.46	
David Carr	M60	18.01	
Kath Penton	W50	18.03	
John Stone	M40	18.38	
Rob Shand	M60	18.45	
Peggy Macliver	W45	19.30	
Stuart Parkinson	M40	19.40	
Basil Worner	M60	19.50	
Robert Sheehy	M45	19.53	
Wendy Clements	W50	20.08	
Vic Beaumont	M60	20.15	
Roma Bettles	W40	21.15	
Allen Tyson	M65	21.19	
Jan Johnson	W45	21.23	
Joan Pellier	W50	21.26	
Bill Meharry	M40	21.38	
Brigitte Cheek	W35	22.03	
Joe Brennan	M70	22.16	
Ray Barnett	M45	22.17	
Shorty Turner	M55	22.55	
Jill Midolo	W45	23.01	
Esther Healy	W55	23.47	
Rob Davis	M50	23.59	
Patricia Carr	W60	24.07	
Rosa Davis	W45	24.19	
Pat Miller	W50	24.40	
Jackie Billington	W50	24.42	
Lorna Lauchlan	W60	24.44	
Margaret Ward	W50	25.53	
Syd Bowler	M65	26.40	
Ernie Moyle	M65	30.09	
Alison Aldrich	W50	30.51 *	

4K Walk			
Barry Weatherburn	M50	26.40	
Lyn Schickert	W50	31.59	
Alan Pomeroy	M60	32.01	
Joan Gillson	W40	32.55	

Pagoda Run

continues

John Puglisi	M40	63:16
Mick Cousins	M55	63:37
Dave Scott	M45	63:54
Robert Raymen	M50	64:32
Bob Harrison	M50	64:54
Chris Gillard	M40	65:02
John Pressley	M45	65:28
John Carpenter	M45	68:12
Robin Bonner	M60	68:44
Jill Chambers	W40	72:16
Joe Stickle	M50	72:27
Frank McLinden	M60	73:31
Bill Peart	M50	73:44
Laurie Nevin	M50	73:45
Ted Costello	M55	73:45
Maurice Johnston	M55	77:17
Merv Jones	M50	81:05
Jeff Spencer	M50	81:05
Bryan Hardy	M45	82:15
Brian Hunter	M45	82:55
Ron Potter	M50	83:20
John Russell	M60	89:35
Jacqui Halberg	W45	93:18
Alan Chambers	M55	93:22

Mosman Park Run

February 21, 1993

102 runners and walkers took part in the inaugural Mosman Park Run. Conditions were warm, the course was demanding, particularly for the 8KM runners and everyone enjoyed the scenic course.

Many thanks for all the helpers who made it a successful morning and a special appreciation to the Mosman Park Tennis Club for allowing us to use their club facilities.

Paul and Sue Hughes

4K Run		
First Male Vic Waters	15.12	
First Female Kath Penton	18.03	
8K Run		
First Male David Reid	29.01	
First Female Jill Chambers	33.14	
4K Walk		
First Male Barry Weatherburn	26.15	
First Female Lyn Schickert	31.59	
8K Walk		
First Female Dorothy Whittam	59.16	
First Males Jeff Whittam and Bob Fergie	62.18	

Dick Horsley	M80	32.27
Harry Vance	M60	33.24
Judy Hill	W40	34.27
Jean Argyle	W45	35.46
Irene Vance	W50	35.46
Amy Loly	W30	36.50
Anne Catarinich	W45	44.16 *

8K Run		
David Reid	M40	29.01
Bob Argyle	M45	29.15
John Puglisi	M40	29.49
Bob Schickert	M50	30.18
John Ferris	M40	31.13
Don Caplin	M50	31.40
Peter Sanders	M45	31.46
Doug Hazell	M40	32.18
Robin Bonner	M60	32.35
Peter Hill	M40	32.38
John Bell	M45	32.57
Joe Stickle	M50	32.58
Bob Sammells	M55	32.58
Jill Chambers	W40	33.14
Vicente Carrero	M50	33.35
Frank McLinden	M60	33.44
John Pellier	M50	33.49
Brian Foley	M45	34.20
Peter Airey	M55	35.19
Simon Mort	M35	35.31
Graham Holm	M45	35.46
Graham Thornton	M50	36.10
Mitch Loly	M50	36.30

Brenda Mathews	W40	36.42
Janice Rogers	W35	37.00
Lewis Arndt	M40	37.00
Carol Broderick	W40	37.07
Ken Brownlie	M45	37.07
Morris Warren	M55	38.53
Brian Hunter	M40	38.59
Helen Lysaght	W40	39.00
Eddie Hill	M50	40.05
Lynn Farrelly	M45	40.13
Margaret Birks	W45	41.22
Ray Lawrence	M60	41.32
John Russell	M60	41.45
Ann Turner	W55	42.00
John Smith	M55	43.00
Kirt Johnson	M60	43.25
David Hough	M60	43.39
Alan Chambers	M55	45.00
Sandi Hodge	W45	45.02
Norm Miller	M60	46.20
Irene Ferris	W40	47.57
Margaret Warren	W55	48.40
Mary Robinson	W55	48.44
Sheila Maslen	W55	49.00

8K Walk		
Dorothy Whittam	W55	59.16
Jeff Whittam	M55	62.18
Bob Fergie	M55	62.18
Visitors		
Michael Sanders	W3K	30.54
Shayne Hill	W3K	31.12
Peter Davis	W3K	43.34

* Indicates late start

Entry Form for CLUB 10K TRACK HANDICAP

21st April 1993 Starting 7PM

At McGillivray Sports Ground (Under lights)

Entry Fee \$2.00 with entry

Name _____

Age Group _____

Name _____

Age Group _____

If you have not run with the Club for some time please show your best time over 10K, over the past year on this entry form.

ENTRIES TO: Jeff Whittam, 49 Holland Street, Wembley 6014 Tel: 387 6438

ENTRIES CLOSE: 18th April 1993 (Open to Club members only) Followed by a lucky draw.

Coker Park

January 27, 1993
(Some results of this meeting were published last month)

Table with 3 columns: Name, M, Time. Rows include David Reid, Brian Danby, Brian Foley, Vic Waters, Don Caplin, Vicente Carrero, Mitch Loly, Merv Jones, Brian Devine, Bob Sammells, Alan Chambers, Gordon Florence, Robin Bonner, Frank McLinden, Basil Worner, Joan Merrifield, Jill Chambers, Maxine Santich, Erica Mercer, Wendy Clements.

Wellington Mills Camp continues

a slosh coming on (the dance variety). It was contagious, and lasted several hours. Lorna Lauchlan did her party trick, assisted by Brigitte Cheek. She plays a wonderful concert piece on 'piano'. Nice try, Shorty!
Monday: fragmented groups run, walk, due to aches, stiffness, blisters etc. Breakfast, clean up the cottages, depart at your leisure.
In general, these camps are great for the club's camaraderie. Chinwag, cheese and biscuits with a drink. Watch the 'roos at close range. Rabbits come out at dusk. Runners saw a snake, and race-horse goannas. Bird life plentiful, particularly the pretty little blue wrens. Cameras always on hand to good effect. Reading was popular, as were crosswords. Really, I never heard a cross word spoken!
Nothing is perfect, of course. March flies as big as ravens! But they're slow. A circle of us killed 50 in short time. When we moved the maggies and wrens cleaned up. The warden thinks he's another kind of warden. Not gifted with a sense of humour.
Also, young pre-vet Roy Crowther took ill with a virus and had to leave for medical treatment. Hope the problem didn't linger.
Must mention Rosa Davis, good girl who wore her name badge. Wonderful place, great company, thanks to those who made the necessary organisation. As the Hash people say, on, on, Rottneest in September and October.
Rod Stewart

TRACK & FIELD RESULTS

3000 Metre Walk
Bob Fergie M55 20:37
Jeff Whittam M55 21:03
Leslie Romeo W45 17:45
Dorothy Whittam W55 19:44
Lorna Lauchlan W60 20:40
* Records pending
This was a well attended meeting, with some spirited competition. David Clive was outstanding. Syd is recovering from injuries but could still out-throw the youngsters. David Jones scored his share of the points with the hammer.

McGillivray February 3, 1993

3000 Metres
The 3,000M showed us the difference between racing and running. David Reid was a little better than the field, but Bruce, Don, Vic, John and Brian had a great battle for second. Bruce got there because he established a big break which the others thought they could not bridge. Actually, he was slowing badly, having just completed the walk event.
Don had given himself every chance, with some aggressive running early in the race. Vic, John and Brian exchanged positions several times and finished with less than a second covering them.
There are a lot of ways of making up half a second: run 7cm closer to the white line, avoid the pack at the start, shelter from the wind for 40 metres, start the final sprint 20 metres earlier. By far the most important one is confidence. Vic had it.

Table with 3 columns: Name, M, Time. Rows include David Reid, John Puglisi, Rod Jurich, Bruce Wilson, Vic Waters, Brian Foley, Keith Martin, Don Caplin, David Roberts, Mitch Loly, Merv Jones, Brian Devine, Alan Chambers, Gordon Florence, David Carr, Robin Bonner, Frank McLinden.

Table with 2 columns: Name, M. Rows include Gordon Medcalf, Alan Tyson, Joan Merrifield, Maxine Santich, Jill Chambers, Carol Broderick, Jackie Halberg, Wendy Clements, Jackie Billington, Noela Medcalf, Lorna Lauchlan, Javelin, Keith Martin, Brian Foley, Peter Gare, Brian Devine, Merv Jones, Bob Fergie, Norm Richards, Gordon Florence, Rob Shand, Gordon Medcalf, Alan Tysen, Syd Coleman, Joan Merrifield, Dorothy Whittam, Noela Medcalf, Lorna Lauchlan, Patricia Carr, Rae McMillan, Triple Jump, Keith Martin, Merv Jones, Norm Richards, David Carr, Gordon Medcalf, Christine Stanton, Joan Merrifield, Carol Broderick, Patricia Carr, Christine Stanton, display of triple jump, useful training tips. Mar, 1500M Walk, Peter Hill, Bruce Wilson, Rod Stewart, Mitch Loly, Bob Fergie, Jackie Billington, Lorna Lauchlan, 100 Metres, John Stone, Bruce Wilson, Peter Gare, Brian Devine, Merv Jones, Norm Richards, Bob Fergie, John Sutton, Gordon Florence, Gordon Medcalf, Robin Bonner, Alan Tyson, Syd Coleman, Christine Stanton, Joan Merrifield, Carol Broderick, Jackie Halberg, Noela Medcalf, Patricia Carr.

W.A. VETERANS ATHLETIC CLUB

ANNUAL GENERAL MEETING

7.00PM WEDNESDAY
MARCH 31, 1993

AT THE HOCKEY
PAVILION, PERRY LAKES

AGENDA

1. PRESENT
As per AGM attendance book
2. APOLOGIES
As per AGM attendance book
3. MINUTES OF A.G.M.
HELD AT THE HOCKEY PAVILION 8TH APRIL, 1992 as published in April 1991 edition of *VETRUM*. Limited copies available from Secretary.
4. BUSINESS ARISING FROM THE MINUTES
5. PRESIDENT'S REPORT
6. SECRETARY'S REPORT
7. TREASURER'S REPORT
8. WINNER OF PATRONS TROPHY
9. WINNER OF REG BRIGGS TROPHY
10. WINNER OF HANDICAP TROPHY
11. ELECTION OF OFFICE BEARERS
President, Vice President
Secretary, Treasurer
Four committee members
12. ANNOUNCEMENT OF OFFICIALS
Patron, Auditor, Statistician, Registrar: Summer/Winter, Equipment Officer, Handicapper, Librarian
Editor *Vetrun*
13. NOMINATIONS FOR LIFE MEMBERSHIP
14. GENERAL BUSINESS
1) Athletics Review

(To help progress of the A.G.M., would any member planning to raise items in general business please give notice to the secretary.)

AGM '92...AGM '92...AGM

PRESIDENT'S REPORT

THE AGM will see the end of my two year's as President.

During this time, although there has been a small decrease in total membership, it's been good to see an ever-increasing participation on Sunday mornings. Few runs attracted less than a hundred participants.

The increasing number of walkers is good to see, with the spouses of running members starting to compete.

I must thank all the committee members for the work they have done during the year; also thanks to the regular helpers, many of whom have been helping out for years.

One of the most encouraging things I can recall was the overwhelming response of members when a couple of race directors had to pull out because of illness. It's good to see that the spirit of the club, its greatest asset, is still so strong.

Overall standard of competition seems to be down on previous years, and this is partly due to injuries. But there were still some good individual improvements in form.

During the year participation in the social side of the club increased again, with a lot of members enjoying these events.

I have enjoyed my two years as President, and offer my very best wishes to the new committee.

Joan Pellier

TREASURER'S REPORT

THE club has maintained its financial status, and will continue on this sound basis.

The largest single expenditure was the purchase of a computer (\$1570) which no doubt has helped Vic with the production of *Vetrun*.

The printing/postage cost of the *Vetrun* was \$4,000.00, while income from nominations and subscriptions amounted to \$6,700.00.

Full details of the 1992/93 Financial Year will be available at the A.G.M.

Eighty-eight new members joined the club. Current membership is 445.

I would like to take this opportunity to thank Bill Crellin on behalf of all the members for the excellent job he has done over the past years. To inherit

such meticulously kept records is a credit to Bill. Thank you.

I hope I can maintain the same high standards.
Irene Ferris,
Treasurer.

SECRETARY'S REPORT

THE administrative side of the club management has operated smoothly this year. Regular committee meetings have been held to organise road events, track and field, social activities, finance and communication through the *Vetrun*.

On the larger athletic scene, the club has assisted the new Athletic Federation in its formation. The advent of this new controlling body will cause only minor changes to our club - and these will probably be confined to track and field competition with the Athletic Association.

The Federation aims to set up regional T & F competition with Little Athletics, seniors and veterans competing in several zones around the metropolitan area.

Lights have been installed on the track at Coker Park and we have been part of the development committee there. Our opening athletic meeting will be Friday evening - April 2nd. We do not wish to get involved in further development of the grounds as it is a regional centre, and our club covers the whole Perth area.

The Masters Games will be here in late April and our club members are the basis of the organising committee, working with the AAWA. I hope that many of you will compete and assist with the programme to make the meeting successful.

On a note of caution I would like to emphasise the responsibility which we as runners have to the general public. With the increasing attendance at our Sunday events, our race directors and runners must consider other users of the roads and paths. We tend to obstruct others from free passage during the briefing before the event, and while running. If we wish to continue using public facilities we need to be more aware of our responsibilities towards others.

Finally, I have enjoyed the secretarial duties over the past two years and the interaction with our club members.
Brian Foley,
Secretary

Announcing the 1993

Bunbury Full and Half

Marathon, presented by

Medibank Private.

Sunday May 9, 7am.

Your chance to do your
best against the best, on

this fast, interesting

Bunbury course. Entry forms

available from Medibank Private,

Centrepont Shopping

Centre, Bunbury;

Bunbury Runners Club;

metropolitan branches of

Medibank Private.

Enquiries: Brian Kennedy

Work: (097) 213 125.

A/Hrs: (097) 959 546.

Medibank Private

/ feel better now.

Medibank Private is a registered Health Benefits Organisation.

Coker Park

February 10, 1993

1500 Metres

David Reid	M40	4:40
John Puglisi	M40	4:49.4
Adrian Wells	M40	5:07
John Stone	M40	6:12
Brian Foley	M45	4:45.1
Keith Martin	M45	5:14
John Pressley	M45	5:15.6
Vicente Carrero	M50	5:35
John Pellier	M50	5:40
Merv Jones	M50	5:58
Mitch Loly	M50	6:04
Brian Devine	M50	7:01
Bob Sammells	M55	5:23
Alan Chambers	M55	6:21
Gordon Florance	M55	7:01
David Carr	M60	5:14
Robin Bonner	M60	5:27
Frank McLinden	M60	5:34
Alan Tyson	M65	6:34
Jill Chambers	W40	5:27.3
Erica Mercer	W45	5:45
Jackie Halberg	W45	6:05
Wendy Clements	W50	6:44
Noela Medcalf	W55	6:47
Patricia Carr	W60	7:55

2000 Metre Walk

Peter Hill	M40	9:45.7
Brian Foley	M45	12:05.4
Mitch Loly	M50	14:21.5
Bob Fergie	M55	13:15.4
Leslie Romeo	W45	11:27.6
Margaret Gianatti	W55	15:43.8
Lorna Lauchlan	W60	13:40.6

5000 Metres

David Reid	M40	17:34.8
John Puglisi	M40	18:42.4
Rod Jurich	M40	19:50.8
Peter Hill	M40	20:50.0
Frank Smith	M50	18:43.4
Bob Harrison	M50	18:46.7
John Pellier	M50	19:52.9
Vicente Carrero	M50	20:29.2
Merv Jones	M50	23:27.7
Brian Devine	M50	24:46.0
Alan Chambers	M50	25:04.5
Gordon Florance	M55	25:24.1
Robin Bonner	M60	19:44.4
Frank McLinden	M60	20:26.2
Alan Tyson	M65	24:18.1
Jill Chambers	W40	20:13.0

Triple Jump

Mike Edwards	M35	12.00
Keith Martin	M45	10.24
David Carr	M60	8.10
Erica Mercer	W45	7.27
Noela Medcalf	W55	5.85
Patricia Carr	W60	7.17

Hammer Throw

Bob Fergie	M55	30.30
Alan Tyson	M65	20.34
Syd Coleman	M75	31.44
Erica Mercer	M45	17.38
Noela Medcalf	W55	12.88

TRACK & FIELD RESULTS

Following are the scores for athletes who have competed in at least four events (to 10.2.93.) in the Patron's Trophy.

Brian Foley	2694	points
Keith Martin	2588	
Mitch Loly	1223	
Merv Jones	441	
Gordon Florance	194	
David Carr	3992	
Gordon Medcalf	514	
Joan Merrifield	1610	
Carol Broderick	1379	
Noela Medcalf	2317	
Dorothy Whittam	1990	
Patricia Carr	2583	
Lorna Lauchlan	1534	

McGillivray

February 17, 1993

Long Jump

Keith Martin	M45	5.52 metres
Brian Foley	M45	3.76
Norm Richards	M55	4.46
David Carr	M60	4.02
Dorothy Whittam	W55	W55
3.62		
Noela Medcalf	W55	2.80
Patricia Carr	W60	3.22

Shot

R Moore	M40	8.35 Metres
Francis Leong	M45	9.04
Peter Gare	M50	9.60
Bob Fergie	M55	9.55
Norm Richards	M55	7.72
Jeff Whittam	M55	6.78
Rob Shand	M60	8.00
Allen Tyson	M65	7.91
Syd Coleman	M75	8.55
Joan Merrifield	W30	6.89
Lorna Lauchlan	W60	6.63

200 Metres

John Stone	M40	27.4 seconds
R Moore	M40	28.2
Adrian Wills	M40	28.6
Keith Martin	M45	26.0
Vic Waters	M45	29.8
Brian Foley	M45	30.3
Brian Danby	M45	33.7
John Pressley	M45	34.8
Peter Gare	M50	27.0
Ross Calnan	M50	29.5
Jeff Spencer	M50	31.2
Merv Jones	M50	37.1
Brian Devine	M50	33.5
Norm Richards	M55	27.8
Alan Chambers	M55	38.5
Gordon Florance	M55	39.3

David Carr	M60	28.5
Robin Bonner	M60	35.0
Allen Tyson	M65	33.7
Syd Coleman	M75	37.7
Carol Broderick	W40	34.4
Wendy Clements	W50	37.9
Dorothy Whittam	W55	37.9
Noela Medcalf	W55	35.1
Patricia Carr	W60	34.4

SHOT

Richard Moore	M40	8.35 metres
Francis Leong	M45	9.04
Peter Gare	M50	9.60
Bob Fergie	M55	9.55
Norm Richards	M55	7.72
Jeff Whittam	M55	6.78
Rob Shand	M60	9.00
Allen Tyson	M65	7.91
Syd Coleman	M75	8.55
Joan Merrifield	W30	6.89
Lorna Lauchlan	W60	6.63

2000 Metre Walk

Rod Stewart	M50	11:34
Mitch Loly	M50	15:19
Bob Fergie	M55	13:30
Jeff Whittam	M55	13:41
Joan Merrifield	W30	13:08
Anne Catarinich	W40	14:10
Jackie Billington	W50	13:07

800 Metres

Duncan McAuley	M40	2:12.1
Adrian Wills	M40	2:22.3
John Puglisi	M40	2:23.2
John Stone	M40	2:49.3
Richard Moore	M40	3:09.2
Brian Foley	M45	2:15.9
Vic Waters	M45	2:19.6
Brian Danby	M45	2:43.9
John Pressley	M45	2:46.1
Peter Gare	M50	2:29.4
Rod Stewart	M50	2:53.1
Jeff Spencer	M50	3:06.9
Merv Jones	M50	3:08.9
Brian Devine	M50	3:52.4
Bob Sammells	M55	2:43.6
Norm Richards	M55	2:52.7
Gordon Florance	M55	3:52.6
David Carr	M60	2:19.3
Frank McLinden	M60	2:41.9
Robin Bonner	M60	2:42.2
Maxine Santich	W40	2:38.1
Carol Broderick	W40	3:13.2
Wendy Clements	W50	3:22.2

3000 Metres

Duncan McAuley	M40	10:37
John Puglisi	M40	10:52
Brian Danby	M45	11:18
Don Caplin	M50	11:08
Rod Jurich	M50	11:32
Rod Stewart	M50	12:56
Merv Jones	M50	13:16
Brian Devine	M50	13:22
Bob Sammells	M55	11:19
Alan Chambers	M55	13:13
Gordon Florance	M55	14:58
Robin Bonner	M60	11:36
Frank McLinden	M60	12:15
Allen Tyson	M65	13:26
Jill Chambers	W40	11:23
Lorna Lauchlan	W60	17:08

Wellington Mills Camp

Friday February 26 -
Monday March 1, 1993

ATTENDED by 44 fortunate members who appreciate the outdoors. I say fortunate because we spent three wonderful days in an area blessed by nature. You couldn't but leave there healthier, fitter and mentally relaxed.

Time is your own at these running camps, but there is a basic daily format for those who want to take part.

Friday: most arrived late afternoon, early evening. A trio of ladies arrived very late, citing a lengthy stopover at a restaurant as the cause. A very low fuel gauge suggested otherwise.

A group was formed to eat pre-birthday cake, in honour of Irene Ferris' arrival on the planet on the 27th.

Saturday: each day you have a choice of run/walk distances. Pace is 1/2 to 3/4 (race) so for a while you can run with people whose speed usually distances them from you. This day, after reaching a TV tower the groups split, one lot running 12K, the other 20K. Some of the hills were so steep, some of us had to beware skinning the nose!

That afternoon Jeff Whittam led us on a pleasant walk through the forest to ease any aches from the run.

Evening saw us under the stars for a barbecue, another cake, and happy birthday sung to Irene. At the same time Jacqui and Vic Beaumont celebrated a wedding anniversary.

Sunday: early start, and four distance choices up to half-marathon. Many thanks to the Pelliers for placing water containers along the route. Later, most moved by car to a swimming area below the dam for lunch. President Joan offered \$1,000 for the first nudie into the water. Rob Davis had his camera out faster than Wyatt Earp. No takers, obviously all too well-heeled.

To complete a pleasant arvo volunteers drove the cars back, allowing the rest a pleasant walk return.

Other highlight - Sue Danby modelled her 'skort' (you work it out!)

The evening was quiet, after a day of exercise, until...

Now, Shorty Turner is clever. He provided music with his ghetto-blaster and CDs. And when he wanted to turn in played a yodelling disc. For two nights it worked; everyone said 'Oh dear' and went to bed. Anything to escape.

But there's one in every crowd. When Shorty got the wink from Ann, on went the yodel. Jacqui Billington felt

continues page 8

Notice Board

Welcome back..

and congratulations to Kar Wong, who's returned from South Africa with a sub-3 hour marathon behind him. Kar says that it's great to be running in Perth again, and he was going very well at Mike Rhodes' Hamer Park Run. He's enjoying running on the flat again; Jo'burg, he says, seems to be all hills.

His marathon time in SA was 2hrs 57mins.

ANOTHER BON VOYAGE...

...this time to Margaret Birks, who's posted to Kuala Lumpur for a year, and expects all Vets to visit her there! (She'll be sorry.)

So another co-director bites the dust.

Anyone interested in helping me with the Birkwater Run (assisting, in this sense, meaning doing most of it) please put up your hand. My number's on this page.

Vic Waters

Letters

Letter to:

Christine Stanton
4th Australian Masters Games
from Vic Younger,
22 Paradise St,
Gold Coast, Qld. 4217
Dear Christine,

For last 7-8 years I have taken part in every Vet. Athletics Competition nationally. In the 75-79 age group I was holding seven Australian records.

Perhaps you can help me find a place overnight in Perth for 6 days, 24 April-1 May 1993 (billeting). In return, the kind person can stay at my place in Queensland. Or perhaps you know of some cheaper accommodation for about \$15 a night?

I am an 80 year old pensioner and find it difficult to manage the expenses of travelling, food, accommodation.

Yours in health,
Vic Younger

Chris has passed this request on to us for members' consideration. Ed

The Vetrunk

Vetrunk is the club magazine of the WA Veterans Athletic Club.

Patron: W.J. (Bill) Hughes

President: Joan Pellier
459 7782
Secretary: Brian Foley
339 2716

COPY for the magazine should be submitted to editor Vic Waters at 47 Sulman Road, Wembley Downs, 6019.

Phone: 341 3464 (H)
Fax: 328 3891

DEADLINE:
for next issue - April 19

CAMPING REVISITED

Overwhelming success of the Wellington Mills camp (see Rod Stewart's investigative journalism, elsewhere in the Vetrunk) has led to a re-booking. Date is March 4-7 1994.

Sooner, Rottnest camp is booked for the long, Queen's Birthday long weekend, in September this year.

Masters Entry

It's good to note that entries for the Masters' Games are coming in strongly now - not exactly a flood, but a steady stream. Should be enough for good competition, at the very least.

Your latest entries for track and field, and the half-marathon, must be in by April 10.

Burswood Casino fun run, last entries taken on April 30.

NEW MEMBERS

Welcome to

Carl Gianatti M60
Margaret Gianatti W55
John Carpenter M45
John Edwards M50
Robert Dees M40
Joan Gillson W40
Jenny Milson W40
Anne Catarinich W45
Adrian Wills M40
Hilary Wills W45
Jon Dartnall M45
Elizabeth Dartnall W40
Ruth Johnson W50
Sharon Moloney W30
Barry Audsley M50
Brian Hunter M45
Ronald V. Potter M60

2000m Steeplechase

M60			
Frank	McLINDEN	1st	8:52.4
Cecil	WALKLEY	2nd	9:51.2
W45			
Antoinette	SHAW	8:15.2	
Erica	MERCER	2nd	9:02.0

3000m Steeplechase

M40			
David	REID	1st	10:58.4
John	PUGLISI	2nd	11:34.6
Brian	DANBY	3rd	12:24.6
M45			
Bruce	WILSON	1st	11:43.6
Arnold	JENKINS	2nd	13:55.9
M50			
Rod	STEWART	1st	12:15.4
Brian	DEVINE	2nd	15:23.7
M55			
Michael	COUSINS	1st	12:37.8
Gordon	FLORANCE	2nd	12:23.7

5000m Walk

M50			
Paul	MARTIN	1st	29:30.8
Rod	STEWART	2nd	29:48.9
Barry	WEATHERBURN	3rd	30:09.9
John	BACK	4th	31:20.0
M55			
Colin	WOODS	1st	31:21.7
Bob	FERGIE	2nd	34:34.6
Jeffrey	WHITTAM	3rd	36:01.9
M60			
Derek	WALKER	1st	33:23.0
Alan	POMERY	2nd	34:22.9
M75			
Frank	HANSFORD-MILLER	1st	41:09.1
M80			
Dick	HORSLEY	1st	39:50.7
W35			
Rose-Marie	HOLLAWAY	1st	31:27.7
W45			
Leslie	ROMEO	1st	29:56.7
Jo	STONE	2nd	33:45.4
Anne	CATARINICH	3rd	35:04.1
W50			
Jacqueline	BILLINGTON	1st	34:10.7
Lynne	SCHICKERT	2nd	37:00.7
W60			
Lorna	LAUCLAN	1st	35:42.1
W70			
Valerie	TYSON	1st	38:51.9

Pentathlon

M35			
Richard	PARKER	1st	2388
Russell	SMITH	2nd	2174
M40			
Bruce	CORNISH	1st	2600
Duncan	McAULEY	2nd	2171
Richard	MOORE	3rd	2000
Allen	SMITH	4th	1760
M45			
Keith	MARTIN	1st	2900
Arnold	JENKINS	2nd	1553
M50			
Peter	GARE	1st	3316
M55			
Norm	RICHARDS	1st	2900
Bob	FERGIE	2nd	1242
M60			
David	CARR	1st	3023
M75			
Sydney	COLEMAN	1st	2203
W35			
Cathryn	HOLLAND	1st	1940
W40			
Eileen	HINDLE	1st	2884
Lynne	CHOATE	2nd	2594



WAVAC STATE CHAMPIONSHIP RESULTS

W55			
Dorothy	WHITTAM	1st	2512
W60			
Patricia	CARR	1st	2940

10000M

M40			
Ray	BROWN	1st	33:35
John	PUGLISI	2nd	37:22
	HICKMAN	3rd	37:22
John	FERRIS	4th	37:43
Ralph	HENDERSON	5th	39:11
Kar	WONG	6th	41:12
Mick	MALONE	7th	47:39
M45			
David	SCOTT	1st	37:30
Peter	SANDERS	2nd	38:36
John	PRESSLEY	3rd	40:21
Brian	FOLEY	4th	41:09
Vic	WATERS	5th	41:51
Geoffrey	MULLINS	6th	42:34
M50			
Bob	SCHICKERT	1st	37:32
David	ROBERTS	2nd	38:00
Robert	RAYMEN	3rd	38:17
Bob	HARRISON	4th	39:36
Charles	SPARE	5th	41:19
Vincente	CARRERO	6th	41:45
Lyle	JAMES	7th	42:12
Graham	THORNTON	8th	44:50
Brian	DEVINE	9th	53:00
M55			
Michael	COUSINS	1st	37:28
Bob	SAMMELLS	2nd	41:10
Brian	KENNEDY	3rd	41:42
Ted	MASLEN	4th	42:33
Allan	CHAMBERS	5th	48:25
Gordon	FLORANCE	6th	59:47
M60			
Robin	BONNER	1st	42:39
Frank	McLINDEN	2nd	43:22
Cecil	WALKLEY	3rd	46:30
M65			
Merv	MOYLE	1st	46:57
M70			
John	GILMOUR	1st	42:03
M75			
Frank	HANSFORD-MILLER	1st	66:19
W35			
Susan	SANDERS	1st	48:21
W40			
Jill	CHAMBERS	1st	41:05
Maureen	DELCANHO	2nd	50:28
W45			
Erica	MERCER	1st	49:39
W50			
Maureen	STEWART	1st	45:47

Shot Put

M35			
Russell	SMITH	1st	7.62

M40			
Allen	SMITH	1st	8.83
Bruce	CORNISH	2nd	8.28
Richard	MOORE	3rd	7.91
M45			
Francis	LEONG	1st	9.55
Rob	YOUNG	2nd	9.33
Arnold	JENKINS	3rd	6.78
M50			
Ed	CARROLL	1st	10.43
Peter	GARE	2nd	9.81
Robert	CHALMERS	3rd	7.81
M55			
Bob	FERGIE	1st	9.62
John	SUTTON	2nd	7.27
Jeffrey	WHITTAM	3rd	6.97
M60			
Derek	WALKER	1st	9.17
Rob	SHAND	2nd	8.24
Mervyn	LOCKYER	3rd	7.02
M65			
Fred	NAPIER	1st	8.58
James	McMILLAN	2nd	8.32
M75			
Sydney	COLEMAN	1st	9.22
Carlo	BAUMANN	2nd	7.61

100 Metres Men

M35			
Michael	EDWARDS	1st	11.8
Richard	PARKER	2nd	12.2
Russell	SMITH	3rd	13.9
M40			
Duncan	McAULEY	1st	12.4
Graham	MILLER	2nd	12.6
John	STONE	3rd	12.6
Bruce	CORNISH	4th	12.9
Abramo	PETROPAOLO	5th	13.2
Richard	MOORE	6th	13.7
Alan	DEANS	7th	14.0
Christopher	COCHRANE	8th	14.02
John	BOCIAN	9th	14.7
M45			
Roy	FEARNALL	1st	12.3
Keith	MARTIN	2nd	12.4
David	MALKIN	3rd	13.0
M50			
Barrie	KERNAGHAN	1st	12.2
Peter	GARE	2nd	12.8
Jim	RIDDELL	3rd	14.7
M55			
Norm	RICHARDS	1st	13.2
John	SUTTON	2nd	15.5
Bob	FERGIE	3rd	16.1
M60			
David	CARR	1st	13.8
Derek	WALKER	2nd	14.2
Brian	PAXMAN	3rd	15.5
M65			
Reginald	DeGRUCHY	1st	15.1
Merv	MOYLE	2nd	16.0
James	McMILLAN	3rd	16.6
M75			
Sydney	COLEMAN	1st	17.3

100 Metres - Women

W30			
Sharon	MOLONEY	1st	13.8
Jane	COCHRANE	2nd	15.4
W35			
Sanora	SMITH	1st	15.2
Cathryn	HOLLAND	2nd	15.8
W40			
Lynne	CHOATE	1st	12.6
Eileen	HINDLE	2nd	13.4
Jan	MAIN	3rd	14.5
W50			
Ruth	JOHNSON	1st	15.8
Luella	JENKINS	2nd	16.2

Wendy	CLEMENTS	3rd	17.3
W55			
Dorothy	WHITTAM	1st	14.8
W60			
Patricia	CARR	1st	15.5
W65			
Raema	McMILLAN	1st	20.4
W70			
Phyllis	HEAD	1st	28.0

Long Jump - Women

W30			
Jackie	LISHMAN	1st	4.61
Jane	COCHRANE	2nd	3.70
W35			
Sanora	SMITH	1st	3.72
Cathryn	HOLLAND	2nd	3.66
W40			
Eileen	HINDLE	1st	5.18
Lynne	CHOATE	2nd	4.54
Jan	MAIN	3rd	3.73
Dorothy	JARVIS	4th	3.47
W45			
Erica	MERCER	1st	3.63
Anne	CATARINICH	2nd	3.29
W50			
Ruth	JOHNSON	1st	3.45
Kathleen	HOLLAND	2nd	3.43
Luella	JENKINS	3rd	3.38
W55			
Dorothy	WHITTAM	1st	4.01
W60			
Patricia	CARR	1st	3.83
W70			
Phyllis	HEAD	1st	1.19

Long Jump - Men

M35			
Michael	EDWARDS	1st	6.06
Richard	PARKER	2nd	5.63
M40			
Richard	MOORE	1st	4.90
Allen	SMITH	2nd	4.40
John	BOCIAN	1st	4.39
M45			
Keith	MARTIN	1st	5.30
Arnold	JENKINS	2nd	3.65

110 Metres Hurdles

M35			
Michael	EDWARDS	1st	15.9
M40			
John	BOCIAN	1st	22.4
M45			
Keith	MARTIN	1st	19.8

100 Metres Hurdles

W35			
Sanora	SMITH	1st	22.5
Cathryn	HOLLAND	2nd	30.2
M50			
Rod	STEWART	1st	20.2
M55			
Norm	RICHARDS	1st	19.9
M60			
Derek	WALKER	1st	20.5

80 Metres Hurdles

W40			
Eileen	HINDLE	1st	12.5
Jan	MAIN	2nd	18.2

Pole Vault

(Results are based on recent performances there being no pole vault facility at the Championship venue)

M35			
Paul	WOO	1st	4.05
M45			
Keith	MARTIN	1st	2.30

M55			
Norm	RICHARDS	1st	2.30
M60			
Merv	LOCKYER	1st	1.75
High Jump - Women			
W35			
Sandra	SMITH	1st	1.32
Cathryn	HOLLAND	2nd	1.32
W40			
Eileen	HINDLE	1st	1.40
Dorothy	JARVIS	2nd	1.32
W45			
Erica	MERCER	1st	1.15
W50			
Sheila	HOWARD	1st	1.15

400 Metres - Women

W30			
Jackie	LISHMAN	1st	1:04.3
W35			
Sanora	SMITH	1st	1:20.2
W40			
Lynne	CHOATE	1st	1:03.4
W45			
Antoinette	SHAW	1st	1:04.9
Peggy	MacLIVER	2nd	1:09.0
W50			
Ruth	JOHNSON	1st	1:15.9
Sheila	HOWARD	2nd	1:19.7
Wendy	CLEMENTS	3rd	1:20.7
W60			
Patricia	CARR	1st	1:27.0
W70			
Phyllis	HEAD	1st	2:29.6

400 Metres - Men

M35			
Michael	EDWARDS	1st	53.2
Richard	PARKER	2nd	54.1
M40			
Duncan	McAULEY	1st	55.4
Graham	MILLER	2nd	58.3
John	STONE	3rd	60.0
Christopher	COCHRANE	4th	61.0
John	BOCIAN	5th	63.1
Alan	DEANS	6th	63.9
Abramo	PETROPAOLO	7th	65.3
Richard	McMINN	8th	70.8
M45			
Roy	FEARNALL	1st	56.4
Keith	MARTIN	2nd	56.6
Brian	FOLEY	3rd	62.0
David	MALKIN	4th	64.2
Arnold	JENKINS	5th	66.4
M50			
Barrie	KERNAGHAN	1st	55.4
M55			
Norm	RICHARDS	1st	67.3
M60			
David	CARR	1st	59.3
Brian	PAXMAN	2nd	69.1
M65			
Merv	MOYLE	1st	71.1
Reginald	DeGRUCHY	2nd	75.4

Shot - Women

W30			
Sharon	MOLONEY	1st	8.39
W35			
Cathryn	HOLLAND	1st	8.36
Sanora	SMITH	2nd	7.80
W40			
Lynne	MEAKINS	1st	9.57
Dorothy	JARVIS	2nd	6.99
Jan	MAIN	3rd	6.79
Eileen	HINDLE	4th	6.78
W45			
Erica	MERCER	1st	5.70
W50			
Luella	JENKINS	1st	7.30
Sheila	HOWARD	2nd	6.66

W55			
Dorothy W60	WHITTAM	1st	8.43
Lorna W65	LAUCLAN	1st	6.76
Raema W70	McMILLAN	1st	6.34
Valerie W80	TYSON	1st	5.62
Phyllis W80	HEAD	2nd	4.04
Betty	BAUMANN	1st	4.64

Long Jump - M50+

M50				
Peter	GARE	1st	5.38	
Ed	CARROLL	2nd	4.72	
M55				
Norm	RICHARDS	1st	4.85	
John	SUTTON	2nd	3.27	
Colin	WOODS	3rd	3.21	
M60				
Derek	WALKER	1st	4.72	
David	CARR	2nd	4.38	
M65				
Reginald	DeGRUCHY	1st	3.18	
M75				
Sydney	COLEMAN	1st	3.12	

Javelin - M35 - M45

M35				
Michael	EDWARDS	1st	36.98	
Russell	SMITH	2nd	34.96	
M40				
Richard	MOORE	1st	35.68	
Bruce	CORNISH	2nd	33.08	
Allen	SMITH	3rd	25.94	
M45				
Francis	LEONG	1st	38.54	
Keith	MARTIN	2nd	32.02	
Arnold	JENKINS	3rd	25.74	

1500 Metres - Women

W30				
Jackie	LISHMAN	1st	5:30.9	
W40				
Jill	CHAMBERS	1st	5:08.9	
W45				
Antoinette	SHAW	1st	5:11.1	
Erica	MERCER	2nd	5:50.4	
Jackie	HALBERG	3rd	6:19.0	
W50				
Wendy	CLEMENTS	1st	6:40.9	
W55				
Esther	HEALY	1st	7:38.0	
W70				
Phyllis	HEAD	1st	No time	

1500 Metres - M35/M45

M35				
Neill	MORFITT	1st	4:29.5	
M40				
David	REID	1st	4:37.9	
Duncan	McAULEY	2nd	4:45.5	
W	VOGE	3rd	4:50.9	
Alan	DEANS	4th	4:58.5	
John	BOCIAN	5th	5:03.4	
Christopher	COCHRANE	6th	5:08.1	
Brian	DANBY	7th	5:18.6	
M45				
Brian	FOLEY	1st	4:41.7	
Vic	WATERS	2nd	4:46.9	
Arnold	JENKINS	3rd	5:20.4	
John	PRESSLEY	4th	5:24.3	

Javelin - Women

W30				
Sharon	MOLONEY	1st	30.62	
W35				
Cathryn	HOLLAND	1st	23.14	
Sanora	SMITH	2nd	16.42	
W40				
Lynne	MEAKINS	1st	24.84	
Eileen	HINDLE	2nd	18.94	
Lynne	CHOATE	3rd	16.28	
Jan	MAIN	4th	12.84	
W45				
Peggy	MacLIVER	1st	17.66	
Erica	MERCER	2nd	16.44	
Anne	CATARINICH	3rd	15.14	
W50				
Kathleen	HOLLAND	1st	18.00	
Luella	JENKINS	2nd	15.36	

W55				
Dorothy	WHITTAM	1st	20.68	
W60				
Patricia	CARR	1st	20.48	
Lorna	LAUCLAN	2nd	17.28	
W65				
Raema	McMILLAN	1st	17.02	
W70				
Valerie	TYSON	1st	8.76	
Phyllis	HEAD	2nd	8.16	
W80				
Betty	BAUMANN	1st	9.62	

1500 Metres - Men 50+

M50				
Lyle	JAMES	1st	5:57.0	
M55				
Michael	COUSINS	1st	4:55.3	
Ted	MASLEN	2nd	5:08.9	
Robert	SAMMELLS	3rd	5:09.9	
Brian	KENNEDY	4th	5:17.6	
Colin	WOODS	5th	5:42.0	
Allan	CHAMBERS	6th	6:12.2	
Gordon	FLORANCE	7th	6:36.3	
M60				
Robin	BONNER	1st	5:20.1	
Cecil	WALKLEY	2nd	5:25.6	
Frank	McLINDEN	3rd	5:28.7	
Rob	SHAND	4th	6:09.0	
M65				
Merv	MOYLE	1st	5:59.5	
M75				
Frank	HANSFORD-MILLER	1st	9:00.1	

Hammer - Men

M35				
Russell	SMITH	1st	20.50	
M40				
Bruce	CORNISH	1st	19.78	
Richard	MOORE	2nd	16.62	
Allen	SMITH	3rd	14.60	
M45				
Rob	YOUNG	1st	20.10	
Arnold	JENKINS	2nd	16.20	
M50				
Ed	CARROLL	1st	19.82	
M55				
Bob	FERGIE	1st	28.56	
Jeffrey	WHITTAM	2nd	17.72	
M60				
David	CARR	1st	20.46	
Derek	WALKER	2nd	19.98	
Mervyn	LOCKYER	3rd	16.80	
M65				
Fred	NAPIER	1st	21.72	
Bill	CHAPMAN	2nd	30.66	
M75				
Sydney	COLEMAN	1st	34.52	
M80				
Dick	HORSLEY	1st	17.24	

Hammer - Women

W35				
Sanora	SMITH	1st	19.22	
W40				
Judy	HILL	2nd	16.74	
Lynne	MEAKINS	1st	23.44	
W45				
Toni	FRANK	1st	18.12	
Erica	MERCER	2nd	12.98	
W50				
Sheila	HOWARD	1st	19.24	
W55				
Dorothy	WHITTAM	1st	23.14	
W60				
Lorna	LAUCLAN	1st	13.34	
W65				
Raema	McMILLAN	1st	13.76	

400M Hurdles

M45

Keith	MARTIN	1st	1:7.3	
W45				
Erica	MERCER	1st	1:31.6	

300M Hurdles

M50				
Barrie	KERNAGHAN	1st	48.3	
M55				
Norm	RICHARDS	1st	54.1	

Discus - Men 50+

M50				
Ed	CARROLL	1st	23.74	
Peter	GARE	2nd	31.72	
Robert	CHALMERS	3rd	20.76	
M55				
Bob	FERGIE	1st	25.58	
John	SUTTON	2nd	18.92	
Jeffrey	WHITTAM	3rd	18.86	
M60				
Rob	SHAND	1st	30.44	
David	CARR	2nd	24.30	
Mervyn	LOCKYER	3rd	19.46	
M65				
James	McMILLAN	1st	31.68	
Bill	CHAPMAN	2nd	29.08	
Fred	NAPIER	3rd	27.00	
M75				
Sydney	COLEMAN	1st	31.34	
Carlo	BEAUMAN	2nd	18.70	
M80				
Dick	HORSLEY	1st	17.84	

Triple Jump - M40/M45

M40				
Richard	MOORE	1st	9.67	
Allen	SMITH	2nd	9.44	
M45				
Keith	MARTIN	1st	10.90	
Brian	FOLEY	2nd	9.07	

200 Metres - Women

W30				
Sharon	MOLONEY	1st	28.3	
Jackie	LISHMAN	2nd	28.8	
Jane	COCHRANE	3rd	32.1	
W35				
Sandra	SMITH	1st	31.6	
Rosanne	ROPER	2nd	31.8	
W40				
Lynne	CHOATE	1st	26.2	
Eileen	HINDLE	2nd	26.6	
Jan	MAIN	3rd	30.6	
W45				
Antoinette	SHAW	1st	29.3	
Peggy	MacLIVER	2nd	30.6	
W50				
Ruth	JOHNSON	1st	33.3	
Luella	JENKINS	2nd	35.6	
W55				
Dorothy	WHITTAM	1st	31.0	
W60				
Patricia	CARR	1st	32.3	
W70				
Phyllis	HEAD	1st	1:02.3	

200 Metres - Men

M35				
Richard	PARKER	1st	24.0	
Joe	CATALANO	2nd	24.6	
Neil	MORFITT	3rd	25.6	
M40				
Duncan	McAULEY	1st	25.6	
John	STONE	2nd	26.4	
Christopher	COCHRANE	3rd	26.6	
Richard	MOORE	4th	27.0	
Allen	SMITH	5th	27.4	
M45				
Roy	FEARNALL	1st	24.4	
Keith	MARTIN	2nd	24.8	
David	MALKIN	3rd	26.3	

performance.
Handicap Events Trophy
Won by Ian Colquhoun.

7. Election of Office Bearers
President - Brian Foley elected, Moved David Carr / Vic Waters.
Vice President - Sandi Hodge elected, Moved Brigitte Cheek/ Jeff Whittam.
Secretary - Bob Fergie elected, Moved David Carr/ Brian Danby.
Treasurer - Irene Ferris elected, Moved Rob Farrell/ Dorothy Whittam.
Committee - Vic Waters elected, Moved Brian Danby/ David Carr.
Barrie Thomsett elected, Moved Dorothy Whittam/ Jacqui Halberg.
Brigitte Cheek elected, Moved Sandi Hodge/ Dalton Moffett.

CHAMPIONSHIP STUFF...

BRIAN Paxman is a Masters entrant, and received the full info kit, which among other things includes notes on preparation, avoiding injury etc. Brian is entered for one discipline - chess.

Let's hope that toughens him up for his next venture, a bike ride across Australia, beginning right after the Masters.

DEREK Walker sends his thanks to all, including stretcher-bearers, who helped him at the Champs.

Dave Carr was Athlete of the Meet; Phyllis Bould did well too, for two straight days in the kitchen as part of Sue Jones' top team.

What a finish from Mick Cousins in the 5,000m. He later said: "I can't run at all unless Bob (Schickert) is there, I don't know the pace."

Mick's finish in the 400m was even more spectacular. Without Bob's company, Mick won his race, ran through the line, and flopped face-down for a lengthy recovery.

A moment before, that shrewd judge of horse-flesh, Rod Stewart, had commented: Mick looks completely in control."

YOU'D only hear it at a Vets meeting. Bunbury supporter watching exciting womens' 400: "Come on, Ruth - she's really got the bit between her teeth today!"

Another Bunbury supporter: "She hasn't got any teeth."

David Carr elected, Moved Brian Danby/ Brian Foley.

8. Appointment of Officials
Patron - Bill Hughes
Editor - Vic Waters
Auditor - Ray Lawrence
Statistician - Bob Sammells
AAWA Registrars - Summer, Val Prescott
Winter, David Carr
Equipment - Brian Danby
Librarians - Dorothy & Jeff Whittam
Handicapper - Bob Schickert

9. Life Members
Joan Pellier was recommended to the committee by Dick Horsley, Dorothy Whittam and Barry Thomsett. The

members at the AGM endorsed Joan as a Life Member and thanked her for her hard work over the years.
10. General Business
The subject of race safety was discussed at length. Club members should be aware of their responsibilities to the public when assembling for a race and on dual-use paths. Basil Worner will work with committee on race safety. Moved Vic Waters/ Brian Danby that the club seek legal advice on Club's situation in the event of injury to the public. Carried.
Retiring committee was thanked by Joan.
Meeting closed at 8.35 pm.

Brian Foley, Secretary

Notice Board

BUNBURY

IF you're May 9 marathon bound, The Rose is the traditional Vets' meeting place, noon on Saturday May 8.

HANDICAP TROPHY

IAN Colquhoun won this year, with 108 points. He competed in six events, missing only the 10K Track Handicap, which fortunately for him was the smallest race, (drawing only 19 entrants in '92.) The secret of doing well is to enter all handicap races. Second was Vince Carrero (166), third Vic Waters (170) and fourth Bob Sammells (181).

Bob Schickert

COKER LIGHTS

THE lights-on meeting was a great success, well-supported by athletes and supporters of all ages. The lights are good, and augur well for our own use of the track next season.

TYPIST NEEDED

Championship certificates need typing, and we could do with someone to help Jacqui Billington with the key-ing-in of *Vetrun*. Call Vic Waters please - 341 3464.

The Vetrunk

Vetrun is the club magazine of the WA Veterans Athletic Club.

Patron: W.J. (Bill) Hughes

President: Brian Foley
339 2716
Secretary: Bob Fergie
447 6898

COPY for the magazine should be submitted to editor Vic Waters at 47 Sulman Road, Wembley Downs, 6019.

Phone: 341 3464 (H)
Fax: 328 3891

DEADLINE:
for next issue - May 12

ANNUAL DINNER - OR NOT?

SHOULD we try something different this year?

Suggestions to the committee, please.

NEW MEMBERS

Welcome to

Jill Bowes W50
Heather Sanderson W40
Joan Foley W40

WAVAC AGM March 21, 1993 MINUTES

YMCA Hockey Club
Perry Lakes
Meeting opened at 7.30 pm.

One minutes silence was observed for the passing of Roland Matzke.

1. Present : 50 members, as per the attendance book.
2. Apologies : five, as per the book.

3. Minutes of 1992 AGM accepted.
Moved Brian Foley, Seconded Barry Thomsett.

4. Matters Arising
Capitation fees
The AAVAC will notify clubs of any proposal to increase fees.

Athletics Federation.

Its formation will not affect the normal activities of the club. There will be regional zones for track and field competition, for all age groups.
20 km walk has been reinstated at Australian Championships for men 60+.

5. Reports, as published in Vetrin,

March 1993
President's Report accepted, moved Joan Pellier / Jeff Whittam.
Secretary's Report accepted, moved Brian Foley / Dorothy Whittam.
Treasurer's Report, prepared by Irene Ferris and audited by Ray Lawrence, was accepted. Moved Sandi Hodge/ Brian Danby. The details to be published in the next Vetrin. (See this page.Ed.)

6. Trophies
Patrons Trophy for track and field season
Women, won by Pat Carr.
Men, won by David Carr.

Reg Briggs Trophy for most improved
Won by Paul Woo for pole-vault

WAVAC TREASURERS REPORT - March 21, 1992 - March 31, 1993

STATEMENT OF RECEIPTS (21/3/92 TO 31/3/93)

	1992/93	1991/92
NOMINATIONS & SUBSCRIPTIONS	7,144.00	7,552.00
SINGLES	270.00	
SHIRTS	144.00	541.00
STICKERS/BADGES	61.00	
TIME TRIALS	627.65	683.83
DONATIONS	29.10	6.50
VISITORS FEES	916.75	1225.01
POSTAGE GOODS SENT	26.80	
STATE CHAMPS ENTRIES	1,039.29	1,868.00
STATE CHAMPS CANTEEN	307.65	
10K TRACK EVENT (GEO. SKEELS)	62.80	
BANK INTEREST	807.91	1,622.68
VETRIN ADVERTISING	460.00	573.75
DONATION PARA OLYMPICS	50.00	
TRACK DOWN CANCER EVENT	330.00	
JORGENSEN PARK MEALS	560.00	386.80
XMAS IN AUGUST	1260.00	
ROTTNEST TRIP	2,541.00	3,995.50
MORNING TEAS	64.75	340.40
ANNUAL DINNER DANCE	2,482.00	2,590.00
SUBSIDY RE AGM OF AAVAC	82.00	
WELLINGTON MILLS	660.00	
QUIZ NIGHT	897.45	
TRIPS 91/92	2,066.14	
SUNDY - DETAILS RELEVANT TO PREVIOUS YEAR	-	1,309.58
Totals	\$19,926.70	\$25,658.64

RECONCILIATION

Funds held at R&I Bank of Western Australia Ltd as at 20/03/92 15,561.01
plus receipts for year 19,926.70
sub total 35,487.71

less payments for year 23,719.93

Balance as at 31/03/93 11,767.78

Held in accounts:
Cheque 1,643.48
Savings 227.36
Term Deposit 9,896.94

STATEMENT OF PAYMENTS (21/3/92 TO 31/3/93)

	1992/93	1991/92
FLOWERS,CARDS,GIFTS ETC	286.45	119.00
VETRIN - PRINTING/STATIONERY	3,811.90	4,099.27
VETRIN-POSTAGE	1,216.52	1,038.19

TROPHIES & ENGRAVING	68.70	49.20
PRINTING & STATIONERY	649.70	572.91
TRACK & VENUE HIRE	1,002.00	330.00
CLUB EQUIPMENT	1258.34	262.51
PHONE	126.50	194.55
SOCIAL EXPENSES	776.89	555.50
COMPUTER	1,573.00	
SOFTWARE ETC	83.16	
DRINKS STATE CHAMPS	67.20	
BANK FEES	37.89	52.23
POSTAGE	151.33	
TRAILER LICENSE	26.85	
WELLINGTON MILLS	600.00	
DONATION FOR LIGHTS		
COKER PARK	500.00	
DONATION PARA OLYMPICS	550.00	
AIR FARE/ACCOM AAVAC AGM	573.00	
TRACK DOWN CANCER		
RESEARCH	330.00	
CATERING-JORGENSEN PARK	1,050.00	
NAME BADGES	403.40	
XMAS IN AUGUST	1,300.00	
ROTTNEST TRIP	2,586.00	4,055.50
AAWA AFFILIATION FEE	300.00	
INSURANCE	280.10	311.20
ANNUAL DINNER	3,031.00	2,981.00
CAPITATION FEES	1,080.00	1,152.00
SUNDY - DETAILS RELEVANT TO PREVIOUS YEAR	-	9,711.52
Totals	\$23,719.93	\$25,484.58
I Ferris	R L Lawrence	
Hon. Treasurer	Hon. Auditor	

1993 Patron's Trophy ATHLETES SCORING IN FIVE OR MORE EVENTS

M40 JOHN PUGLISI	3072	W40 JOAN MERRIFIELD	1610
M40 JOHN STONE	2054	W45 JILL CHAMBERS	4353
M40 RICHARD MOORE	2117	W50 WENDY CLEMENTS	2081
M45 BRIAN FOLEY	5120	W55 DOROTHY WHITTAM	4678
M45 KEITH MARTIN	5556	W55 NOELA MEDCALF	5044
M45 VIC WATERS	2248	W60 PATRICIA CARR	6489
M50 MERV JONES	1535		
M50 MITCH LOLY	1423		
M55 ALAN CHAMBERS	733		
M55 BOB FERGIE	2522		
M55 GORDON FLORENCE	194		
M55 NORM RICHARDS	3383		
M60 DAVID CARR	7004		
M60 FRANK McLINDEN	3523		
M60 GORDON MEDCALF	840		
M60 ROBIN BONNER	3838		

SIXTEEN events were conducted over eight weeks. The scoring system is based on 1000 points for about Australian record standard. The competitor's best ten performances count.

Vic	WATERS	4th	28.6
M50			
Barrie	KERNAGHAN	1st	24.2
Peter	GARE	2nd	24.8
Jim	RIDDELL	3rd	31.0
M55			
Norm	RICHARDS	1st	26.2
M60			
David	CARR	1st	26.8
Brian	PAXMAN	2nd	30.6
Stan	LOCKWOOD	3rd	43.3
M65			
Merv	MOYLE	1st	31.7
M75			
Sydney	COLEMAN	1st	38.8

Discus - M35/M45

M35			
Russell	SMITH	1st	26.08
M40			
Bruce	CORNISH	1st	30.8
Allen	SMITH	2nd	26.04
Richard	MOORE	3rd	25.00
M45			
Rob	YOUNG	1st	29.88
Brian	FOLEY	2nd	19.18
Arnold	JENKINS	3rd	17.40

High Jump - Men

M35			
Richard	PARKER	1st	1.40
Russell	SMITH	2nd	1.40
M40			
Richard	MOORE	1st	1.35
John	BOCIAN	2nd	1.30
M50			
Rod	STEWART	1st	1.40
Colin	WOODS	2nd	1.15
M55			
Norm	RICHARDS	1st	1.40
Bob	FERGIE	2nd	1.30
M60			
Mervyn	LOCKYER	1st	1.00

800 Metres - Women

W30			
Jackie	LISHMAN	1st	2:36.6
W40			
Jan	MAIN	1st	3:04.3
W45			
Antoinette	SHAW	1st	2:25.9
Peggy	MacLIVER	2nd	2:42.0
Erica	MERCER	3rd	2:47.6
W50			
Wendy	CLEMENTS	1st	3:10.6
Ruth	JOHNSON	2nd	3:12.0
W55			
Esther	HEALEY	1st	3:38.0

Triple Jump - M50+

M55			
Norm	RICHARDS	1st	9.16
Colin	WOODS	2nd	7.82
John	SUTTON	3rd	6.96
M75			
Sydney	COLEMAN	1st	6.78

Discus - Women

W30			
Sharon	MOLONEY	1st	26.28
W35			
Cathryn	HOLLAND	1st	32.0
Sanora	SMITH	2nd	22.02
W40			
Lynne	CHOATE	1st	21.34
Dorothy	JARVIS	2nd	19.54
Eileen	HINDLE	3rd	17.34
Jan	MAIN	4th	16.54
W45			
Peggy	MacLIVER	1st	20.18
Toni	FRANK	2nd	16.58

Val	PRESCOTT	3rd	16.38
Erica	MERCER	4th	15.16
W50			
Kathleen	HOLLAND	1st	22.10
Luella	JENKINS	2nd	14.12
Ruth	JOHNSON	3rd	13.94
W55			
Dorothy	WHITTAM	1st	16.82
W60			
Patricia	CARR	1st	16.52
W65			
Raema	McMILLAN	1st	17.80
W70			
Valerie	TYSON	1st	12.80
Phyllis	HEAD	2nd	9.64
W80			
Betty	BAUMANN	1st	9.42

800 Metres - Men

M35			
Neil	MORFITT	1st	2:07.0
Richard	PARKER	2nd	2:29.5
Russell	SMITH	3rd	2:32.9
M40			
Duncan	McAULEY	1st	2:11.0
W	VOGE	2nd	2:19.3
Christopher	COCHRANE	3rd	2:25.5
John	STONE	4th	2:36.5
Kar	WONG	5th	2:37.2

M45			
Brian	FOLEY	1st	2:14.9
Vic	WATERS	2nd	2:16.2
Keith	MARTIN	3rd	2:21.0
Roy	FEARNALL	4th	2:26.0
Arnold	JENKINS	5th	2:31.9
David	MALKIN	6th	2:42.0
M50			
Bob	SCHICKERT	1st	2:23.8
Lyle	JAMES	2nd	2:37.7
M55			
Ted	MASLEN	1st	2:30.0
Brian	KENNEDY	2nd	2:32.9
Robert	SAMMELLS	3rd	2:33.1
M60			
David	CARR	1st	2:22.4
Frank	McLINDEN	2nd	2:37.1
Stan	LOCKWOOD	3rd	2:38.8
M65			
Merv	MOYLE	1st	3:05.6

3000 Metres Walk - Men

M40			
John	BOCIAN	1st	17:57.6
M45			
Peter	JOHNSON	1st	16:10.2
Peter	HILL	Disqualified	
M50			
Paul	MARTIN	1st	17:06.5
Rod	STEWART	2nd	17:09.4
John	BACK	3rd	17:59.3
Barry	THOMSETT	4th	18:55.3
M55			
Colin	WOODS	1st	18:15.7
Jeffrey	WHITTAM	2nd	21:00.6
Bob	FERGIE	Disqualified	
M75			
Frank	HANSFORD-MILLER	1st	24:07.2

3000 Metres Walk - Women

W35			
Rose-Marie	HOLLAWAY	1st	18:33.9
W45			
Leslie	ROMEO	1st	17:19.0
W50			
Luella	JENKINS	1st	19:17.3
Jacqueline	BILLINGTON	2nd	19:53.4
Lynne	SCHICKERT	3rd	21:58.7
W55			
Margaret	GIANATTI	1st	23:42.2

W60			
Lorna	LAUHLAN	1st	20:11.3
W70			
Valerie	TYSON	1st	22:57.7

Triple Jump - Women

W30			
Jane	COCHRANE	1st	7.18
Sanora	SMITH	2nd	8.06
W40			
Eileen	HINDLE	1st	10.74
Lynne	CHOATE	2nd	9.08
Jan	MAIN	3rd	8.61
Dorothy	JARVIS	4th	7.38
W45			
Erica	MERCER	1st	7.85
W50			
Kathleen	HOLLAND	1st	7.97
Ruth	JOHNSON	2nd	6.77
W55			
Dorothy	WHITTAM	1st	8.60
W60			
Patricia	CARR	1st	7.78

5000 Metres - Men

M35			
Russell	SMITH	1st	22:13.9
M40			
Ray	BROWN	1st	15:54.7
Clive	HICKS	2nd	16:09.3
John	PUGLISI	3rd	17:27.5
John	FERRIS	4th	18:25.1
Brian	DANBY	5th	19:34.6
Kar	WONG	6th	21:14.7
John	BOCIAN	7th	23:03.9
M45			
David	SCOTT	1st	17:39.3
John	PRESSLEY	2nd	19:09.8
Brian	FOLEY	3rd	20:20.1

5000 Metres - M50+

M50			
Bob	SCHICKERT	1st	17:44.0
Robert	RAYMEN	2nd	18:00.1
David	ROBERTS	3rd	18:05.6
Robert	HARRISON	4th	19:15.0
Vincente	CARRERO	5th	19:29.0
Lyle	JAMES	6th	19:34.0
Charles	SPARE	7th	19:42.5
John	PELLIER	8th	19:50.4
Graham	THORNTON	9th	20:08.9
Paul	MARTIN	10th	20:15.1
Joe	STICKLES	11th	20:47.9
M55			
Michael	COUSINS	1st	17:31.5
Brian	KENNEDY	2nd	19:35.5
Robert	SAMMELLS	3rd	19:37.0
Ted	MASLEN	4th	20:31.5
Allan	CHAMBERS	5th	23:08.0
Gordon	FLORANCE	6th	25:35.3

M60			
Robin	BONNER	1st	19:41.6
Frank	McLINDEN	2nd	20:23.5
Cecil	WALKLEY	3rd	20:32.0
Basil	WORNER	4th	22:21.9
M65			
Merv	MOYLE	1st	22:02.6
M75			
Frank	HANSFORD-MILLER	1st	32:25.8

5000 Metres - Women

W30			
Jackie	LISHMAN	1st	22:56.6
W40			
Jill	CHAMBERS	1st	19:09.4
Anne	STINGEMORE	2nd	22:09.5
W50			
Maureen	STEWART	1st	21:57.0