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A VERY HAPPY BIRTHDAY TO OUR "MARCH" MEMBERS

01.03.41	CARROLL Ed F	turns 50 becomes M50	19.03.46	HOSKINS Stuart H	turns 45 becomes M45
03.03.47	KNIGHT Dennis L	turns 44 remains M40	20.03.40	KERNAGHAN B	turns 51 remains M50
02.03.42	BOWEN Jeff	turns 49 remains M45	20.03.40	LOLY Mitch	turns 51 remains M50
05.03.36	SCOTT Norm	turns 55 becomes M55	20.03.45	SANDERS Peter	turns 46 remains M45
06.03.38	FAUNGE Michael J	turns 53 remains M50	20.03.32	SHAND Robert Ian	turns 59 remains M55
06.03.51	McAULEY Fiona	turns 40 becomes M40	21.03.48	LINDSAY John C	turns 43 remains M40
06.03.42	SMITH Frank	turns 49 remains M45	22.03.39	CAPLIN Donald	turns 52 remains M50
06.03.45	STONE Jo	turns 46 remains W45	22.03.38	MADDISON John	turns 53 remains M50
07.03.37	SANDER Leon T	turns 54 remains M50	22.03.38	ROBINSON M	turns 53 remains W50
11.03.44	FOLEY Brian	turns 47 remains M45	23.03.44	SPEECHLEY A	turns 47 remains M45
11.03.55	HELLIWELL Liz J	turns 36 remains M35	24.03.49	HOLMES Robyn L	turns 42 remains W40
12.03.16	BOULD Clifford	turns 75 becomes M75	26.03.22	STRACHAN D	turns 69 remains M65
12.03.36	MONKS William	turns 55 becomes M55	27.03.53	YATES Avril	turns 38 remains W35
13.03.52	SANTICH Maxine	turns 39 remains W35	28.03.48	HILL Peter	turns 43 remains M40
31.03.45	SPENCER Wendy	turns 46 remains W45	28.03.44	MURPHY Sylvia M	turns 47 remains W45
14.03.49	ELLIOTT Matt C	turns 42 remains M40	29.03.55	CROWLEY Wally	turns 36 remains M35
14.03.29	JOHNSON Kirt	turns 62 remains M60	29.03.32	FORD Ron	turns 59 remains M55
16.03.35	GUITON Patrick	turns 56 remains M55	29.03.52	HAZELL Douglas C	turns 39 remains M35
16.03.56	NOBLE Linda R	turns 35 becomes W35	29.03.50	RALPH Gabriella	turns 41 remains W40
17.03.56	ROGERS Estelle	turns 35 becomes W35	30.03.44	MacLIVER Peggy	turns 47 remains W45
18.03.53	GOBBY Karen	turns 38 remains W35	31.03.40	HOLLAND K	turns 51 remains W50
18.03.43	WILLIAMSON Jack	turns 48 remains M45	31.03.39	McGLASHAN R	turns 52 remains W50



The Vetrums



NO. 220 FEBRUARY 1991

WA VETERANS AC - REGD BY
AUSTRALIA POST PUBN No WBH 0370

Run Safe

SAFE running should be a build-in consideration for all runners and walkers - especially those competing on public roads. In the Vets we're all certainly old enough to know that: let's hope we're wise enough, and all take the basic precautions.

However, there's another aspect of safety that the club itself must be mindful of. Accidents do happen - rarely, thank Mercury! (The God of Running?) We need to be ready for the unlikely.

For that reason, two voluntary safety officers have been gratefully appointed by the Vets.

Ann Turner and Jim Greenfield have offered to cover every run, with a medical kit available. Race directors, in particular, should familiarise themselves with these two members.

Now, we're not expecting Ann and Jim to set broken bones or perform brain surgery. They will have resuscitation gear on hand though, and with the race directors will ascertain where that all important piece of equipment - the nearest working telephone is placed.

So get to know the safety team, and let's hope you never need them.

THE AGM LOOMS!

Our AGM is to be held on April 10, at 7pm in the Hockey Club Rooms, Perry Lakes (located near Oceanic Drive). For those who've never attended, it's a very comfortable location to enjoy some entertaining argument, debate, nominations and presentations. If you thought the Sunday morning meetings were vigorous - wait 'til you see the AGM!

Seriously though, police and ambulance services are rarely required.

And we do want your participation.

Please contact secretary Bob Fergie with any business for the AGM, asap. Nominations for office, motions for debate, and general queries should be addressed to Bob - at 12 McKirdy Way, Marmion, 6020.

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Friendship Run

Conditions:
Hot, dry

January 20, 1991

ON the usual hot day for this run, 119 runners and walkers turned out. Chris Maher was first man home over 12.4k in the good time of 44:06 and Kath Noordyk was first lady in 57:07.

Men's 6.2k was won by John Puglisi in 23:19, with Peggy McLiver first lady, in 27:50. A good way for John to celebrate a happy birthday? First male walker home was Mike Rhodes (40:24); first lady, Margaret Stone (46:23).

Some times shown below could be wrong. The computer timer was playing up - perhaps it's caught one of the viruses that's been going around!

Joan and I would like to thank all our helpers - the most important people at any race. **John and Joan Pellier**

12.4Km Run

Chris Maher	M35	44:06
John Pressley	M45	48:46
Bob Schickert	M45	48:56
Robert Mair	M40	49:38
Jim Barnes	M45	49:46
Mike Cousins	M55	50:47
Peter Sanders	M45	51:02
Doug Hazell	M35	51:20
John Ferris	M40	51:30
Brian Power	M40	51:33
Bob Sammells	M50	51:44
Dave Reid	M40	52:12
Brian Danby	M40	52:44
Ted Maslen	M55	55:08
Adrian Noordyk	M35	55:52
Jim Greenfield	M45	56:06
George Maddox	M45	56:26
Peter Airey	M50	56:52
John Bell	M45	57:03
Kath Noordyk	W40	57:07
Dennis Miller	M50	58:45
Peter Cliff	M35	59:04
Dalton Moffet	M60	59:06
Ron Sutton	M50	61:07
Cecil Walkley	M60	61:14
Dave Hough	M55	61:42
Merv Jones	M50	64:27
Sue Sanders	W35	66:18
Fraser Deanus	M50	67:19
Morris Warren	M50	67:19
John Russell	M55	74:08
Rosa Davis	W45	78:54

6:2 Km Run

John Puglisi	M40	23:19
Tom Savin	M45	23:21
David Jones	M35	24:47
Joe Travato	M50	24:52
Dick Blom	M55	24:56
Derek Hoyer	M50	25:12

Hamish McGlashin	M50	25:23
Paul Woo	M35	26:01
Paul Martin	M45	26:32
Dave Scott	M40	26:39
Don Caplin	M50	26:54
Brian Hardy	M45	27:35
Peggy McLiver	W45	27:50
Mal Ovenden	M45	28:01
Norm Scott	M50	28:05
Bill Crellin	M50	28:26
Margaret Robinson	W50	28:55
Keith Forden	M50	29:12
John Dartnell	M40	29:22
Marg Forden	W45	29:31
Margaret Birks	W40	29:49
Graham Rowland	M35	29:50
Kath Penton	W45	29:52
Arnold Jenkins	M45	29:58
Robin Bonner	M55	30:35
Jean Marie Volet	M40	30:41
Rob Farrell	M50	30:52
Vic Beaumont	M60	31:09
Kirt Johnson	M60	31:19
David Hall	M40	31:21
Liz Dartnell	W40	31:25
Jan Johnson	W45	32:08
Rob Davis	M50	32:32
Pat Miller	W50	32:33
Jackie Halberg	W40	32:38
Ray Lawrence	M60	32:55
Ann Turner	W50	33:00
Norm Miller	M55	33:02
John Lindsay	M40	33:04
Garnet Morgan	M65	33:14
Roma Bettles	W40	34:19
Mathew Elliott	M40	34:21
Arthur Leggett	M70	34:29
Ann Deanus	W50	34:42
Sandy Hodge	W40	35:02
Esther Healy	W50	37:45
Margaret Warren	W55	38:47
Rosemary Maddox	W40	39:36
Sheila Maslen	W50	40:40
Pat Carr	W55	43:17
Toni Frank	W45	43:29
Mary Robinson	W50	43:46

6Km Walk

Mike Rhodes	M45	40:24
John Smith	M55	42:45
Bob Chalmers	M50	43:15
Margaret Stone	W45	46:34
Jeff Whittam	M55	46:35
Bob Fergie	M55	46:41
Dorothy Whittam	W50	48:57
Jane Robley	W30	48:59
Jackie Beaumont	W50	49:45
Jack Collins	M75	49:46
Lorna Lauchlan	W60	51:33
Jill Midolo	W40	51:33
Jody Hill	W40	51:59
Val Tyson	W65	53:47
R. McGlashan	W50	53:49
Don Spencer	M50	53:59

Visitors 12.4 Km Run

Paul Odam		46:34
-----------	--	-------

BIRTHDAY RECORD

RECORDS have tumbled for Alan Tyson, who has now eclipsed his M65 400 metres, and pentathlon records.

The 400 fell at the club's Coker Park Time Trials on February 6 - Alan's 66th birthday - when he reduced the record from 70.2 seconds to 69.4 Alan set the 70.2 mark last year, beating Dick Horsley's time which had stood since 1980.

In the club Perry Lakes pentathlon (6.1.91) reported in our last issue, no. 219) Alan's score of 2331 points beat his own previous M65 record of 2086 points.

And just to cap a perfect month, AT was one of just eleven starters, and award winners, in the 3.5 k Beach Classic fun run from City Beach on February 9!

MISSING

Dear Vic
At Point Walter I mentioned that some 10k Park runners were missing (December 30 1990). As far as I can see, the following members are missing in action!

Dave Roberts

10k run

Chris Maher	M35	35.07
Wally Crowley	M35	36.28
Dave Roberts	M45	37.02
Bob Argyle	M45	29.25
Robert Mair	M40	37.26
John Puglisi	M35	37.27

Thanks, Dave. We're delighted to welcome our boys back home. Ed.

Paul O'Riordan		48:28
Peter Baxendine		49:42
Neil McRae		49:47
Michael Sanders		50:20
Michael Archer		51:19
Mark Rosen		55:31
Ken Turner		60:47

Visitors 6:2 Km Run

Mark Pressley		22:52
Shane Hill		24:15
Joe Curran		26:05
Mark Maslen		28:30
Peter LeBreton		28:42
Graham Lane		29:12
Keith James		31:45
Colin May		33:14
Egon Jankauskas		33:37
Phil Campher		35:02
Bill Meharry		43:01

POINT WALTER

January 27, 1991

Conditions: Warm, fresh easterly breeze

A good turnout of 83 runners and walkers, considering it was a long weekend, and there were other events on the day, such as the Fremantle fun run. For a January run the conditions were reasonable, with the breeze having a cooling effect when travelling in an easterly direction.

John Puglisi won the 11.01km event, running a well-judged race to catch Robert Mair with about two kms to go. Kath Noordyk won the women's race, after trailing Margaret Birks at 6kms.

Honours in the 6.2 km run went to Hugh Kirkman, and Kath Penton. First finish the walk were Arnold Jenkins and Lorna Lauchlan.

Many thanks to my helpers - Basil Worner, Ray Atwell, Frank Smith, Gordon Florance, Peter Hill, Susan Davies, my wife and son, and to those members who ran and gave me assistance before and after the races.

Dave Roberts

6.2km run

1 H Kirkman	M45	23:20
2 J Trovato	M50	24:35
3 D James	M35	24:45
4 P Airey	M50	25:01
5 P Woo	M35	25:15
6 M Rhodes	M45	25:19
7 V Waters	M45	26:27
8 R Bonner	M55	26:36
9 K Forden	M50	27:15
10 R Shand	M55	27:22
11 K Clark	M50	28:18
12 J Bornholdt	M55	28:28
13 K Penton	W45	28:51
14 M Forden	W45	29:05
15 C Broderick	W35	29:43
16 K Brownlie	M45	29:44
17 C Copping	M35	30:04
18 J Pellier	W50	30:19
19 R Welyky	M40	30:26
20 L Dartnell	W40	30:28
21 E Rogers	W30	30:32
22 A Leggett	M70	30:48
23 N Miller	M55	30:57
24 P Farrell	W45	31:32
25 R Farrell	M50	31:55
26 P Miller	W50	32:00
27 A Copping	W35	33:50
28 M Warren	W55	34:11
29 S Turner	M55	34:11
30 S Murphy	W45	34:40

31 K Crellin	W45	34:44
32 E Healey	W50	36:29
33 B Meharry	M40	37:15
34 S Maslen	W50	37:17
35 I Ferris	W35	41:09
36 M Robinson	W50	41:09
37 W Hughes	M60	42:40
38 P Weston	W55	42:40

11.1 km run

1 J Puglisi	M40	41:22
2 R Mair	M40	41:42
3 J Klinge	M40	41:52
4 D Muir	M45	42:23
5 J Ferris	M40	42:33
6 J Barnes	M45	42:46
7 R Schickert	M45	42:51
8 C Mack	M45	44:32
9 J Bell	M45	44:41
10 R Sammells	M50	45:07
11 B Foley	M45	45:24
12 T Maslen	M55	45:34
13 M Johnston	M50	45:41
14 W Welyky	M40	45:51
15 H McGlashin	M50	45:55
16 M Ovenden	M45	46:48
17 J Greenfield	M45	46:55
18 G Schaeffer	M55	47:43
19 J Pellier	M50	48:00
20 D Bryant	M45	48:32
21 W Crellin	M50	49:33
22 A Noordyk	M35	49:46
23 J Stickles	M50	50:05
24 D Moffett	M60	50:12
25 D Miller	M50	50:26
26 K Noordyk	W40	50:40
27 R Potter	M50	51:56
28 M Birks	W40	52:17
29 S Lockwood	M60	52:20
30 B Dartnell	M40	52:28
31 R Sutton	M50	53:36
32 M Warren	M50	53:46
33 A Turner	W55	57:37
34 P Sheerin	M55	57:38
35 M Moyle	M60	57:38
36 J Halberg	W40	61:39

6.2k Walkers

1 A Jenkins	M45	45:43
2 J Smith	M55	45:44
3 L Lauchlan	W60	46:00
4 D Horsley	M75	46:22
5 E Moyle	M65	47:18

YOU'RE NOT A REAL MEMBER...

...until your name has been misspelled in the *Vetrun*. This is, of course, the ultimate confirmation of veteranship. Not everyone sees it this way of course, and under veiled threat of libel action, the latest apology appears on page four.

At least Bryan waited until his piece appeared before complaining. By contrast, Sue Jones has already threatened to dismember your editor if her deathless prose is mangled. So, please, please offer Sue your help at State Champs. You'll also be ensuring the next *Vetrun* is not published from a casualty ward.

Vic Waters

HELP !
man or
woman the
kitchen

STATE
CHAMPIONSHIPS
16 & 17 MARCH
CANTEEN HELP
NEEDED.

Please don't forget to bring your donations of cakes, scones, sandwiches and so on to the track.

Help will be needed to staff the canteen on both days of the weekend and a form will be posted on the noticeboard at Sunday runs. If you can help please fill in your name, or phone me at home after 3.30pm

Sue Jones - 398 1157

REDWING
RUN?

If you're slinging to Singapore, Alan Pomery has a great contact for all vet runners in Dr Leong, of the Local Redwing Running Club.

The good doc was most welcoming to Alan on a recent trip, and runs the L2S Sports store in the Pearls Centre, 100 Eu Tong Sen Street.

See Alan for more info, especially if you want to run with the Redwing while holidaying in Singapore.

W.A. STATE VETERANS ATHLETIC CHAMPIONSHIPS

PROVISIONAL PROGRAMME 1991

Day 1 Sunday March 10 Coker Park

7.30am	5k Walk	M All Ages W All Ages
8.00am	Pentathlon	M All Ages W All Ages
8.15am	10k	M70 & over M50 - M65
9.15am	10k	W All Ages
	Pentathlon	M All Ages W All Ages
10.00am	Hammer	M35 - M45
10.15am	10k	

N.B. Country members can compete in the Hammer by arrangement

Day 2 Wednesday March 13 McGillivray Oval

6.00pm	2000 metres Steeplechase	M60 & Over W All Ages
6.15pm	3000 metres Steeplechase	M35 - M55

Day 3 Saturday March 16 Coker Park

1.00pm	Shot Put	M50 & Over
	100 metres	M All Ages
	100 metres	W All Ages
1.30pm	Longjump	W All Ages
	110 metres Hurdles	M35 - M55
2.00pm	Shot Put	M35 - M45
	100 metres Hurdles	M60 - M65
	100 metres Hurdles	W30 - W35
	80 metres Hurdles	W40 & Over
	80 metres Hurdles	M70 & Over
2.30pm	Longjump	M50 & Over
	400 metres	W All Ages
	400 metres	M All Ages
3.00pm	Shot Put	W All Ages
	Javelin	M50 & Over
	2000 metres walk	M All Ages
	2000 metres walk	W All Ages

Day 3 continued...

3.45pm	Javelin	M35 - M45
	1500 metres	W30 All Ages
	1500 metres	M35 - M45
4.25	Javelin	W All Ages
	Longjump	M35 - M45
	1500 metres	M50 & Over

Track Events will be run in conjunction with AAWA relay events. The order will be as above. Times are approximate.

Times will be from 1.00pm to 5.00pm

Day 4 Sunday March 17 Coker Park

1.00pm	Discus	M50 & Over
	Triple Jump	M35 - M45
	200 metres	W All Ages
1.20pm	200 metres	M All Ages
1.45pm	300 metres Hurdles	W All Ages
2.00pm	300/400 metres Hurdles	M All Ages
2.10pm	800 metres	W All Ages
2.25pm	800 metres	M35 - M40
2.30pm	High Jump	M All Ages
	Triple Jump	W All Ages
2.35pm	800 metres	M45 & Over
3.30pm	3000 metres Walk	W All Ages
	Discus	M35 - M45
	High Jump	W All Ages
	Triple Jump	M50 & Over
4.15pm	5000 metres	M35 - M40
4.45pm	5000 metres	M45
	Discus	W All Ages
5.15pm	5000 metres	W All Ages
5.45pm	5000 metres	M50 & Over

Depending on entry numbers, times may vary slightly. Those wishing to compete in the Pole Vault can vault at the Association Meeting on March 23

National Course X-Country

Conditions: Warm; easterly breeze

Reabold Hill, January 6 1991

One hundred and eight competitors accepted the challenge of a cross-country run, or walk, around Reabold Hill at Perry Lakes. Fortunately the easterly breeze and a reasonable amount of shade made conditions pleasant, and 64 runners completed the 10kms National Course.

Wally Crowley ran a good race with Bob Schickert over these three laps, pulling away over the last section to win in 35:39. Kath Noordyk was first woman home in 48:01.

Walkers tackled the flatter route around Perry Lakes where Paul Martin completed the 6kms in 33:56; with Val Tyson and Jacqui Beaumont leading the women and walking in together after 46:51.

There are always difficulties in marking a cross-country, ensuring there are sufficient flags and marshalls. Last year one runner followed an early morning jogger and ended up near the coast. This year a couple of competitors crossed Perry Lakes Drive on their third lap, only realising their mistake when rounding the Lakes. Fortunately there was little difference in the distance covered!

I'd like to thank those who assisted in organising: Paul with the run, Arnold and Ester with drinks, Basil at the finish, and Dick and Frank as marshalls. Brian Foley

10k

1	W Crowley	M35	35:59
2	B Schickert	M45	36:56
3	J Puglisi	M35	38:02
4	D Leach	M30	38:08
5	D Roberts	M45	38:44
6	K Post	M35	38:35
7	D Hazel	M35	38:57
8	I Colquhoun	M35	39:01
9	D Caplin	M50	39:36
10	J Barnes	M45	39:42
11	P Sanders	M45	39:48
12	J Bell	M45	40:40
13	J Ferris	M40	40:48
14	B Sammells	M50	41:07
15	R Bonner	M55	41:28
16	M Rosen	M40	41:51
17	B Danby	M40	41:58
18	H McGlashan	M50	42:14
19	G Schaeffer	M50	42:24
20	J Greenfield	M45	43:12

21	R Walsh	M45	43:23
22	T Maslen	M55	43:56
23	R Dufty	M45	43:59
24	M Cousin	M55	43:59
25	A Noordyk	M35	44:02
26	N Scott	M50	44:07
27	B Slinger	M50	45:26
28	J Pellier	M50	45:28
29	G Luck	M50	45:28
30	D Moffet	M60	45:41
31	B Crellin	M50	45:48
32	K Brownlie	M65	45:52
33	J Bornholdt	M55	45:52
34	F Deanus	M50	46:01
35	K Clark	M50	46:45
36	M Faunge	M50	46:53
37	M Johnston	M50	47:10
38	J Spencer	M45	47:50
39	R Sutton	M50	47:52
40	M Jones	M50	47:53
41	K Noordyk	W40	48:01
42	M Birks	W40	48:10
43	M Robinson	W50	48:17
44	C Walkley	M60	49:05
45	J Maddison	M50	49:31
46	M Warren	M50	49:32
47	K Penton	W45	49:36
48	S Lockwood	M60	49:55
49	R Davis	M50	51:23
50	P Sheerin	M55	52:54
51	A Turner	W50	53:09
52	R Farrell	M50	53:11
53	S Hicks	M65	54:11
54	N Purves	M60	54:27
55	R Lawrence	M60	56:20
56	A Deanus	W45	58:30
57	F Usher	M65	59:16
58	R Davis	W45	59:43
59	P Farrell	W45	63:47

6.7k

1	B Harwood	M45	27:51
2	P Woo	M35	28:05
3	P Airey	M50	28:05
4	V Waters	M45	28:47
5	R Stewart	M50	30:35
6	A Pumery	M55	31:04
7	C Broderick	W30	32:03
8	M Moyle	M60	32:09
9	J Pellier	W50	35:15
10	E Rogers	W30	36:30
11	P Miller	W50	36:36
12	J Halberg	W40	36:41
13	J Slinger	W45	37:59
14	R Bettles	W40	38:30
15	G Florance	M55	38:30
16	C Copping	M35	38:54
17	M Warren	W55	39:07
18	A Copping	W35	40:10
19	J Trovato(Late)	M50	40:33
20	L Lauchlan	W60	41:10
21	J Brennan	M65	41:25
22	J Midolo	M40	41:55
23	S Bowler	M65	44:17
24	S Maslen	W50	45:36
25	F Hagger	M65	47:28
26	M Robinson	W50	47:28

3.4km

1	K Johnson	M60	17:26
2	N Miller	M55	18:50
3	T Frank	W45	22:40

6k Walk

1	P Martin	M45	33:56
2	P Hill	M40	34:02
2	M Rhodes	M45	34:02
4	D Horsley	M75	45:33
4	J Whittam	M55	45:33
6	V Tyson	W65	46:51
6	J Beaumont	W50	46:51
8	P Luck	W50	48:36
9	J Collins	M75	48:50
10	W Spencer	W35	54:33
10	R McGlashan	W50	54:33
12	S Danby	W40	58:27
12	S Smith	W40	58:27

FRED BELTS UP

Rumours that Fred Hagger's last hospital trip was for removal of his moneybelt were scotched at the Teddy Bird run last Sunday. It's still there, and appears to be surgically implanted. Fred, already well-known as a social butterfly, and friend to the aristocracy, was on great form - offering a non stop conversation with finishers while never missing a beat of his trusty stopwatch. (Poetic licence applies here, to protect the innocent.) Such was his performance that the committee will attempt everything short of bribery to have Fred close this year's AGM with a short, four-hour discourse on 'How to Talk you Way Round the World in a Submarine.'

EATON IS GO!

Yes-the annual running camp is on, at Eaton, over the March 1-4 long weekend. Price is extremely low. New members may not know that there's plenty of good running organised, in a fun atmosphere that draws vets back year after year. Call Joan Pellier (459-7782) for all details, or just show up.

Brian Kennedy of the Bunbury club reminds us that the camp coincides with their six and 12 hour events, on a 1 km grass track, with four category prizes on offer. This year there's also an 'Aqua Spectacular' through Saturday and Sunday, with many waterlogged events, a triathlon, and a 'Busseton to Bunbury Beach Marathon'.

ENTRY FORM: W.A. STATE VETERANS ATHLETIC CHAMPIONSHIPS

MARCH 10th to MARCH 17th 1991

Return to: Bob FERGIE, 12 McKirdy Way, MARMION, 6020
Phone: 447 6898 Entry Fee: \$1.00 per event

Please enter me for ☐ events:

Total entry fee.....

1.	4.	7.
2.	5.	8.
3.	6.	9.

Name:

Address:

Date of Birth: Male / Female Age Group

Signature

Closing Date 4.00pm Sunday 3 March 1991.

Christmas Gift Run McCallum Park

23 December 1990

Conditions: Fine

The big chance came for older runners to get to the line first, even though the age-based handicaps gives everyone the opportunity. With J.G. in the eastern states and a certain W50 absent, it was hard to select the favourite, although David Carr and Peggy MacLiver are always high class performers. However, one of our top athletes over the past ten years, M55 Maurice Smith, was a clear winner and the standard in our club of this age group appears to be highest.

The walkers, an ever increasing band, were on a sealed handicap and were lead home in good time by M40 Peter Hill.

Some times are incorrect due to a mechanical fault in the timer and also because of people standing in front of the clock.

Thanks to all the helpers especially Liz Khan who I hope has recovered from writer's cramp.

If anyone received a gift of woollen gloves, scarves or fur-lined slippers from under our Christmas Tree, London visitors Ted and Lucy Sammells would probably swap.

Allen Tyson

5km

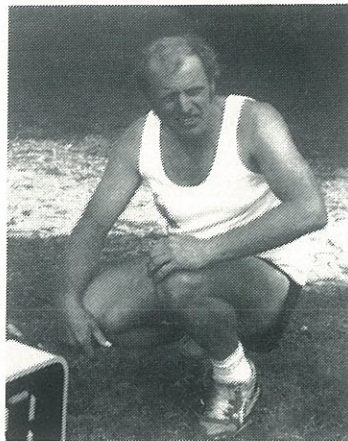
M Smith	M55	28:10
D Carr	M55	28:45
T Maslen	M55	28:50
D Blom	M55	28:54
P MacLiver	W45	28:58
R Bonner	M55	29:02
G Schaefer	M55	29:15
B Paxman	M60	29:27
P Guiton	M55	29:57
J Travato	M50	30:03
D Roberts	M45	30:07
M Johnston	M50	30:13
F Deanus	M50	30:18
A Leggett	M70	30:19
B Schickert	M45	30:26
H McGlashan	M50	30:30
J Pellier	M50	30:31
J Bornholdt	M55	30:37
J Barnes	M45	30:34

W Crowley	M35	30:46
A Turner	W45	30:51
B Foley	M45	31:09
T Foster	M45	31:10
P Airey	M50	31:14
J Pellier	W50	31:15
B Danby	M40	31:25
D Hough	M55	31:27
A Pomery	M55	31:33
M Forden	W45	31:35
P Martin	M45	31:36
J Puglisi	M35	31:42
R Lawrence	M60	31:45
J Ferris	M40	31:49
M Moyle	M60	31:52
K Penton	W45	31:53
T Morgan	M65	31:54
F Smith	M45	31:55
M Khan	M45	31:57
P Loveless	M40	32:04
G Maddox	M45	32:07
D Caplin	M50	32:12
J Johnson	W45	32:22
L Lauchlan	W60	32:30
B Hardy	M45	32:35
M Rhodes	M45	32:39
B Slinger	M50	32:40
B Crellin	M50	32:41
V Waters	M45	32:42
K Johnson	M60	32:46
M Birks	W40	32:48
M Berry	M55	32:55
P Miller	W50	32:57
M Warren	W55	32:58
D James	M40	33:04
M Kelly	M40	33:14
M Jones	M50	33:25
? Lane	M45	33:26
G Luck	M50	33:39
M Santich	W35	33:42
K Forden	M50	33:44
K Brownlie	M45	33:51
J Spencer	M45	33:59
J Stickles	M50	34:02
A Jenkins	M45	34:03
C Broderick	W45	34:05
P Carr	W55	34:15
P Woo	M35	34:40
E Healy	W50	34:47
R Sutton	M50	35:02
J Halberg	W40	35:03
B Worner	M55	35:06
D Moffet	M55	35:08
P Sherrin	M55	35:09
J Russell	M55	35:17
R Davis	M50	35:22
Rosa Davis	W45	35:22
R Maddox	W40	36:14
M Warren	M50	36:28
J Mison	M40	36:50
J Slinger	W45	37:22
S Hodge	W40	37:23

MEET BRY

It's Bryan with a Why,
Not Brian with an Eye,
So do shout Hy,
If you run Bi.

(With apologies to Bry,
a nice guy,
[and Liza Minnelli.]
Neat Try?)



G Florance	M55	37:25
I Sutherland	M50	37:26
R Farrell	M55	37:30
G Rowlands	M35	37:51
K Crellin	W45	37:55
P Farrell	W45	37:56
J Lindsay	M40	38:04
M Robinson	W50	38:05
S Maslen	W50	38:24
J Yates	M45	38:36
D Hall	M40	38:47
J Greenfield	M45	39:33
J Midolo	M40	39:37
N Berry	W60	39:40
P Western	W55	39:40
P Nicholl	M45	40:17
J Williamson	M45	40:40
E Moyle	M65	40:43
T Frank	W45	40:50

Visitors

M Maslen	29:54
P Cowan	32:52
K Foster	33:40
F Wilson	33:45
J Smith	36:14

5km Walk

P Hill	M40	30:11
M Stone	W45	35:36
B Chalmers	M50	36:08
B Thomsett	M50	36:27
M Boyle	W40	36:28
R Fergie	M55	36:40
D Whittam	W50	38:38
A Stone	M55	41:24
J Hill	W40	41:25
J Whittam	W50	41:31
P Kelly	W40	42:22
G Sutherland	W45	42:26
D Horsley	M75	42:27
P Foster	W40	42:49
P Luck	W50	42:54
J Collins	M75	42:58
L Hassam	M60	42:59
S Penny	M65	43:00

Perry Lakes - Saturday Meetings

January 12, 1991

Our relay team of Murray Tolbert, Val Prescott, Brian Foley and David Carr scored a great win in the D Grade 4x100m Relay: Other results were:

Discus

Alan Stone	M55	32.16m
Margaret Stone	W45	19.72m

Long Jump

Murray Tolbert	M40	6.29m
----------------	-----	-------

Triple Jump

Lynne Choate	W35	9.37m
--------------	-----	-------

3k Walk

Margaret Stone	W45	18:50
----------------	-----	-------

1500m Walk

A Shaw	W40	9:09
--------	-----	------

3K

Karen Gobby	W35	10:12
Anne Shaw	W40	11:32

1500m

Anne Shaw	W40	5:00.04
Brian Foley	M45	4:32.9
Duncan McAulay	M40	4:37.00
David Carr	M55	4:49.0

400m Hurdles

Keith martin	M45	69:0
--------------	-----	------

200m

Keith Martin	M45	25.2
Duncan McAulay	M40	25.1
Norm Richards	M50	27.6
David Carr	M55	27.3
Lynne Choate	W35	26.3
Eileen Hindle	W40	27.7
Anne Shaw	W40	28.04
Val Prescott	W45	32.0
Kath Holland	W50	29.3

400m

Eileen Hindle	W40	67.5
Anne Shaw	W40	65.0
Kath Holland	W50	69.5
Brian Foley	M45	61.5
David Carr	M55	60.8

January 19, 1991

100m

Kath Holland	W50	14:1
Eileen Hindle	W40	14:2
Anne Shaw	W40	14:1
Norm Richards	M50	12:8
Jim McGrath	M55	13:5

110m Hurdles

K Martin	M45	19:5
----------	-----	------

100m Hurdles

Eileen Hindle	W40	16.8
---------------	-----	------

400m

Kath Holland	W40	67.3
Val Prescott	W45	73.9
Eileen Hindle	W40	64.7
Anne Shaw	W40	63.4
David Carr	M55	60.1
Keith Martin	M45	56.8
Norm Richards	M50	66.7

5k Walk

Margaret Stone	W45	32:22
----------------	-----	-------

1500m Walk

Leslie Romeo	W45	9:00
--------------	-----	------

2000m Steeple Chase

Margaret Robinson	W50	9:41:6
-------------------	-----	--------

Pole Vault

Jim McGrath	M55	2.90m
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Discus

Eileen Hindle	W40	19.06m
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Shot Put (5:50)

Jim McGrath	M55	9.23m
-------------	-----	-------

February 2, 1991

Highlight of the day was the women's sprinting. Eileen Hindle's 26.9 helped her towards a good score in the first day of the heptathlon. Jan Johnson's first appearance at Perry Lakes this season produced a fine sprint double. Kath Holland continues her recent improvement and Peggy McLiver did her season's best in the 200m.

3k Walk

Lesley Romeo	W45	18:30
--------------	-----	-------

800m

Peggy McLiver	W45	2:36.2
Anne Shaw	W40	2:23.0
Duncan McAulay	M40	2:11.2
Brian Foley	M45	2:13.5
David Reid	M40	2:16.1
David Carr	M55	2:16.7
Barrie Kernaghan	M50	2:23.0
Kath Holland	W50	2:45.4
Margaret Robinson	W50	3:02.3

100m

Jan Johnson	W45	13.2
Kath Holland	M50	13.5
Val Prescott	W45	15.3
Anne Shaw	W45	14.1
Shona Papalia	W30	16.0

200m

Jan Johnson	W45	27.9
Kath Holland	W50	28.1
Val Prescott	W45	32.0
Peggy McLiver	W45	30.1
Shona Papalia	W30	34.0
Anne Shaw	W40	29.0
Eileen Hindle	W40	26.9

ENTRY FORM FOR CLUB 10km HANDICAP 25th APRIL 1991 - STARTING AT 7pm

At McGillivray Sports Ground (Under Lights) Entry Fee \$2.00 (with entry)

Name: Age Group:

Name: Age Group:

(If you haven't run with the Vets for some time - please show your best 10kms time over the past year, on this entry form)

Entries to:- Mike Rhodes 26, Woodroyd Street, Mt Lawley, 6050 (Tel 271 3135)

ENTRIES CLOSE: 14th April 1991. (Open to club members only)
Followed by a BYO Barbecue

Perry Lakes / results conclude

200m

Duncan McAulay	M45	25.2
Barie Kernaghan	M50	25.7
David Carr	M55	27.5

1500m

Anne Shaw	W45	5:10
Duncan McAulay	M40	4:44
David Reid	M40	4:46
Brian Foley	M45	4:48

100m Hurdles

Eileen Hindle	W40	15.3
---------------	-----	------

High Jump

Eileen Hindle	W40	1.40m
---------------	-----	-------

Shot

Eileen Hindle	W40	6.82m
---------------	-----	-------

Long Jump

Jan Johnson	W45	4.29m
-------------	-----	-------

New Members

Welcome to:

Bob D Anderson
Joe Brennan
Ken A Brownlie
Carol Broderick
Wally P Crowley
John W Smith
Isabel Tasker
Telmo Viais

Pentathlon Fix Up

Amendment to the Pentathlon results (6.1.91) has Pat Carr and Dorothy Whittam swapping positions. Dorothy's long jump was 3.75m (491 points). Her 800m time was 3:48.3 (390 points), while Pat ran 3:32.0 (584 points). Dorothy's total amounted to 1931 points, giving her fourth place overall; while Pat totalled 1619 points, in fifth place.

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4 pairs Adidas shorts (ladies) - sizes 14 - \$15 each
Contact
Maureen Stewart
227 4093 (evenings)

LETTERS

West has the Best?

We hope members will be pleased at the following comment re *Vetrun* (which echoes those received from other states, and the editor of Veteran Athlete recently.)

Westpac

AUSTRALIAN VETERANS
ATHLETIC CHAMPIONSHIPS

All correspondence to: The Secretary, P.O. Box 157, Kippax ACT 2615



By the way, I have recently seen a copy of your Newsletter in its new format. Congratulations! It is terrific, and you now have the most professionally produced Newsletter of all the States - so much so, that I hope the ACT follows your lead. And soon.

Mike Alder,
Publicity, ACT VAC

Dear Vic,

As promised, my comments on 'THAT'S THE WAY TO DO IT' *Vetrun* (N/L #218). My view is that race results should be presented as follows:

1) Handicap events. As members are competing against all other competitors then results should be in finishing order. Handicap and actual times should be shown. For example:

	H/Cap	Actual	Finish
Kath Penton	W45	6:00	52:19 58:19
Graham Thornton	M45	18:10	41:38 60:08

The Actual times will provide useful data for the Handicapper.

2) *Guess the Distance, Nominated Time, West Coast Challenge, Recovery, pack and novelty runs.* Again, all members are competing against each other and the results should be in finishing order or (in the first two types of events from closest to furthest, if the Race Director on the day could be bothered.) But finishing order would suffice.

Note. In general, for 1) and 2) above separate results would be given for runners, walkers and visitors. The inclusion or not of visitor with walkers' and runners' results would depend on the event and can be left to Race Directors.

3) All other runs, including Club and State Championships (the majority of events). As members are competing against only those in their age groups then the presentation should be finishing order within age groups. Overall finishing positions would be at the discretion of the Race Director. For example:

M40	1. Mike Rhodes	17th	38:16
	2. Brian Danby	31st	39:58
	3. David Bryant	23rd	40:06
M45	1. Jim Greenfield	20th	39:51

Separate results would be given for runners, walkers and visitors. I tend to be a purist as far as this subject is concerned and I recognise that more work will accrue to the committee responsible for events and for individual Race Directors I also recognise that the 'Canning Caper' (2 or 3 above?) format is probably acceptable to the vast majority of our members. But with all of the effort that goes into the planning and conduct of events, week after week, why not report results in their best, most informative formats as well?

Having got that of my chest, may I close, Vic, by congratulating and thanking you for the new-look newsletter. Past Editors have done a great job with the club's life line and it is a delight to me to see it continue to be in such good hands.

Kind regards, yours sincerely,
Bob Sammells.

TIME TRIALS

2.1.1991	100	800	5k Walk	5k	Discus
S Kilburn	M35	13.7	2:28.2	19:07	14.69
K Post			2:23.2	18:50	
P Hill	M40		27:33		
D Knight		13.1			
M Tolbert		11.7			27.25
K Martin	M45	12.1			19.05
B Wilson		2:29.8		18:55	
J Pressley		15.9	2:38.0	18:42	
B Foley		14.6	2:19.0	19:40	18.02
H Holland		12.8			31.65
V Waters				20:23	
R Stewart	M50		2:30.8	20:06	19.78
P Gare		13.1	2:37.5		33.95
R Calnan		13.7			23.90
M Jones				22:58	
R Bonner	M55	16.0	2:47.9	20:50	
J Whittam			35:42		20.80
B Worner					14.52
A Tyson	M65	15.9	2:56.1		19.60
F Napier					25.88
D Horsley	M75				17.10
C Baumann					20.14
C Holland	W30	15.8	3:20.6	33:53	31.72
T Frank	W45				17.16
P MacLiver		14.9	2:40.9		15.50
J Johnson		13.7			
V Prescott			3:30.0		
D Whittam	W50			34:16	16.21
V Tyson	W65			36:58	11.67
B Baumann	W75				9.55

9.1.91	200	2k Walk	5000m	Hammer
K Martin	M45	25.1		
A Jenkins			21:25	16.38
J Pressley		33.7	19:04	
B Foley			18:29	13.74
J Barnes			18:47	
B Schickert			17:49	
D Caplin	M50		19:51	
D Clive		24.7		
J Pellier			20:25	
D Carr	M55	27.5		13.08
A Stone			13:52	18.80
J Whittam			13:35	17.70
R Bonner		33.7	20:35	
B Aldrich	M60		22:15	
B Paxman			20:19	
A Tyson	M65	32.3	23:59	19.30
F Napier				19.66
E Hindle	W40	27.4		
S Jones			17:27	
J Halberg			24:53	
J Johnson	W45	28.0		
T Frank			17:27	17.10
M Stone			11:49	16.78
L Romeo			12:10	
K Holland	W50	29.0		
D Whittam				21.50
P Carr	W55	36.0		11.34
V Tyson			14:23	

TYPE TAMER

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EMERGENCY SECRETRIAL

9am - 10pm 7 days a week

PH: 249 2972 FX: 249 4817

16.1.91	200	1500	2K Walk	Javelin
C Holland	W30	34.5		12:46 21.08
M Santich	W35		5:35	15:50
J Johnson	W45	29.0		
T Frank				10.38
M Stone				13:02 13.00
V Prescott		33.8		12.38
D Whittam	W50			13:53 17.56
P Carr	W55	40.2		13.48
V Tyson	W65		15:49	7.32
M Tolbert	M40	25.8		32.52
M Rhodes	M45		11:03	
B Foley			5:01 12:13	16.66
A Jenkins				24.30
H Holland				32.76
B Sammells	M50		5:22	
N Richards		28.4		27.06
R Stewart			5:20 12:16	20.62
M Jones			6:15	
R Calnan				27.06
R Bonner	M55	34.5	5:51	
J Whittam				14:20 14.88
D Carr				20.66
A Tyson	M65	33.2		18.76

23.1.91	400	3k	3k Walk	Shot
M Prior	W30			9.75
P MacLiver	W45	12.25	5:79	
L Romeo			18:28	
K Holland	W50	68.1		
J Pellier			13:59	
D Whittam				20:10 7.70
P Carr	W55	89.3		
V Tyson			22:43	4.98
S Kilburn	M35	61.0	10:55	
J Davies	M40		11:08	
J Langford	M45		9:35	
J Pressley		73.9	10:44	
B Foley			10:22	5.95
D Roberts			10:31	
A Jenkins				7.29
J Barnes	M50		10:43	
J Pellier		71.6	11:56	
S Barrie	M55		10:03	
D Carr			10:54	6.46
R Bonner		77.7	11:51	
J Whittam				20:52 6.26
A Tyson	M65	75.3		7.13
C Baumann	M75			7.91



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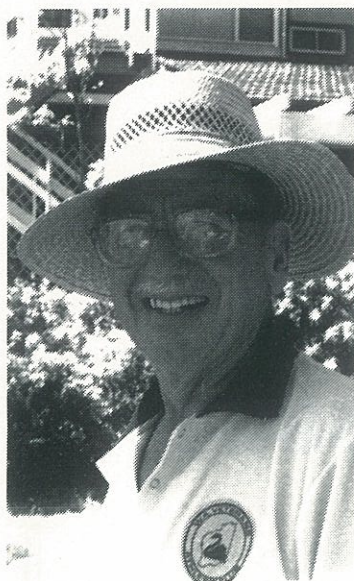
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MEET THE VETERAN: ARTHUR LEGGETT



I have a distinct recollection of Arthur at the Bunbury half marathon last year when I was sharing a chalet with him and three others. At 6 am on the morning of the race I was roused from slumber by a voice reciting The Rubaiyat of Omar Khayyam. It isn't easy to love one's fellow man when he bursts forth into poetry at 53 decibels less than two metres away when your trying to snatch the last few precious moments of sleep. When asked why he did these sadistic things he said it was to inspire us to give that extra bit of effort to the run.

Less than an hour later, as we were shivering in the cold morning air at the race start, the attempt to inspire continued with The charge of the Light Brigade. Finally when it was all over and we'd limped back to the chalet for showers and post-mortems, he distracted us from our aching limbs with an account of his years as a POW in Germany. Whether or not credit goes to Arthur I don't know but I eclipsed my former p.b. by six minutes.

Owing to circumstances beyond his control, Arthur is 72. He had always kept fit but only started running twelve years ago when John Maddison joined the firm where he was working and organised a team for the City to Surf. "Life," says Arthur "has never been the same since." John also introduced him to the Vets, and his earliest memory is of a 5 x 1 km

The Vetrunk

Vetrunk is the club magazine of the
WA Veterans Athletic Club

Patron: W.J (Bill) Hughes

President: Bob Schickert
332 4114

Secretary: Bob Fergie
447-6898

Treasurer: Bill Crellin
448-2924

COPY for the magazine
should be submitted to
editor Vic Waters at 47
Sulman Road, Wembley
Downs, 6019.
Phone: (W) 389 8422
(H) 341 3464
FAX: 389 8458

DEADLINE for next issue - March 4 1991

run around McCallum Park. After the fourth kilometre he was tempted to give up, but Dave Carr ran an extra lap with him to keep him going. This emphasis on support and companionship rather than fierce competition prompted him to become a member

He has ran two marathons and several half marathons. In 1982 he completed the People's in 3:49:44 and qualified for a Master's Certificate with the Marathon Club with 16 seconds to spare! When asked how he felt after completing the marathon, he replied: "For weeks I walked around as a different person." Other highlights include the Wanneroo 20 Miler in 1982 (2:49:54); a half marathon in 1985 in 1:45:13 and winning the Veterans Cross Country Championships for M60 and M65. His next goal is to run a half marathon in less than 1 hr 45 min.

Apart from running, Arthur is Assistant Secretary of the ex-POW Association, a member of the WA Poets' Association the Ascot Kayak Club and the Over 50's Canoe Club. He would not be drawn on the subject of the Avon Descent other than to say it is the canoeist's

equivalent of a marathon, and tempting.....

Arthur loves dogs and horses (the latter passion dating back to his days with the Cameroon Highlanders) and he celebrated the Queensland Bicentenary by riding a horse 250 kilometres over ten days from Maytown to Cooktown. He is also fond of music, particularly Gilbert and Sullivan and when his wife is away turns up the volume and sings in unison!

Responding to pressure from grandchildren, Arthur is writing his memoirs, and will give a recital of some of his poetry at the Toodyay Folk Festival.

All of this adds up to a well rounded endlessly enthusiastic person who is getting the most out of life and plans to out live his mother (who died at the age of 99.) Arthur Leggett doesn't mind being labelled mildly eccentric, having always been a non-conformist. He has many thoughts about life, one of which concerns the importance of good health and is expressed thus: "Life, which has been bestowed on us, is encased in the body we possess. The quality of life is therefore dependent on the body and it is in our interests to keep it in good shape." Margaret Birks

The Wellness Column

What can your health professionals do for you with a running injury? We can offer a diagnosis, often without fancy tests. We need to remember that nasty lergies such as tuberculosis and cancer happen, and occasionally present themselves in subtle ways with injuries or loss of form and require excluding. Then, rather than tablets, injections and operations the management is usually directed toward a lifestyle and training programme. It is a direction, a road less travelled. Rather than an educator I like to think of the health professional as a facilitator. A programme which I have found useful is this one, the EEVeTeC Method. It can be applied to a tennis elbow, to a swimmer's shoulder problem, to any area. For running injuries, under Equipment: the big issue is the shoe. Under Environment: it is keeping off the beaches, staying on the flat ground, trying a firm turf surface. Under velocity: it is slow down. Under Technique: it is change the stride to shorter, try to keep the centre of gravity in a straighter line, don't thump when you heelstrike. Under Conditioning: it is body fat down to minimum, cross train with cycling and swimming, gentle slow static stretches. Be physically fit for the game you want to play. Hooroo

DEADLY MEDLEY Relay

February 3, 1991

Conditions:
Warm; calm; ideal.

Course Record: Run: 43:07 in
1990. Walk: 32:32 in 1990 In-
augural

A record number of participants - runners, walkers and helpers jointed in this year. It was a fine indication of our club spirit that so many who neither walked or ran turned up just to lend a hand. Our thanks go to Phyllis and Rob Farrell; Karen and Bill Crellin; Joe Stickles; Jackie Billington; Fred Hagger; Paul Jones; Leo Hassam; Jimmy Barnes; Bob Sammells and many others.

Thanks also to the flag collectors - there were many, but we know that Peggy MacLiver was one because the weight of flags and a crumbling path brought her to her knees. Sorry, Peg!

Congratulations to all runners and walkers especially the Crumbling Calves: Dave Carr, David Jones, Ken Brownlie and Roma Bettles (44:23) and the Walk-in Wardrobes: Val Tyson and Leslie Romeo (37:30)

The race was exciting, with the lead changing several times, and the Humble Hamstrings threw out many challenges. A highlight was the final 200m tussle between Jan Johnson and Ken Kirkman which gave the Straggly Striders third place by a whisker, and led one supporter to exclaim: "This is quite stirring!"

And it was another indicator of club spirit that people finishing their respective legs drew spontaneous applause from other competitors and onlookers.

Again the combination with the walking teams helped to make this a genuine club teams event - and our thanks to Jeff Whittam for co-ordinating the walkers. Dick Horsley and Dorothy Whittam didn't take the trophy but claim they won the award for highest aggregate of years!

We achieved many close contests this year, thanks to Don Caplin, Dave Carr, and Mike Rhodes who helped select the teams.

(Note: the stewards have called for an enquiry into Dave Carr's team!!)
Thanks to you all

Kath Penton / Basil Worner

Walkers 6kms

1. Walk-in Wardrobes
Leslie Romeo
Val Tyson 37:30

2. Walking Wounded
Harry Holland
Mary Robinson 38:10

3. Walk-a-Holics
Rod Stewart
Jacqui Beaumont 38:32

4. Walkie Talkies
Bob Chambers
Judy Hill 39:20

5. Walk a Crooked Milers
Dorothy Whittam
Dick Horsley 39:42

6. Walk-a-thoners
Jeff Whittam
Lorna Lauchlan 39:44

7. Rain Walkers
Cathryn Holland
Jack Collins 40:30

8. Moon Walkers
Bob Fergie
Jane Robley 41:34

Unofficial Walkers

Walkabouts
Mike Rhodes
Rob Farrell 35:54

Romping Reserves
Peter Hill
Barrie Thomsett 36:44

Runners 12k

1. Crumbling Calves
Ken Brownlie
David James
Dave Carr
Roma Bettles 44:23

2. Humble Hamstrings
Rob Mair
Marge Forden
John Pellier
Vic Beaumont 44:41

3. Straggly Striders
Bob Schickert
Ted Maslen
Jan Johnson
Jill Midolo 45:05

4. Plucky Panthers
Maxine Santich
John Bell
G Sargent
Ken Kirkman 45:06

5. Vanishing Veterans
John Puglisi
Paul Woo
Ann Turner
Egon Jankauskus 45:19

6. Old Olympians
Doug Hazell
Norm Scott
Ray Barrett
Margaret Robinson 45:41

7. Faltering Flyers
Duncan McAuley
Ron Potter
Peter Airey
Patricia Weston 45:54

8. Awesome Ankles
Vic Waters
Dave Roberts
Sheila Maslen
George Maddox 45:59

9. Hobbling Hawks
Brian Foley
Keith Forden
Mike Faunge
Joan Pellier 46:04

10. Niggly Knees
Wally Crowley
John Bornholdt
Maurice Johnston
Toni Frank 46:12

11. Ageing Antelopes
Jim Barnes
Dalton Moffet
Margaret Birks
Jackie Halberg 46:18

12. Visiting Vampires
Keith James
Joe Corran
David McAuley
Plus? Dracula? Bela Lugosi? 46:21

13. Rusty Rebels
John Ferris
Mel Ovenden
Carol Broderick
Frank Usher 46:48

14. Jumbled Joints
Jeff Spencer
L Williamson
Hugh Kirkman
B. Meharry (time ?)

15. Wonky Warriors
Joe Trovato
Brian Hardy
Peggy MacLiver
Rosemary Maddox 49:11

16. Trembling Tigers
Mark Maslen
Hamish McGlashan
Arthur Leggett
Pat Carr 51:43