



February 2003

Number 349

VETR^{UN}



THE NEWSLETTER OF THE WA VETERANS ATHLETIC CLUB

Patron: Bill Hughes • President: Bob Sammells • Club Correspondence: The Secretary WAVAC, 11a Dandenong Rd, Attadale, WA 6156
Editor: Rod Tinniswood. Copy for Vetr^{un}: See panel page 2 • Website: www.netprojex.com.au/wavac



Above: Richard, Keith and Silvio show the true friendly spirit of the Friendship run.

Below: pics by Jim Barnes capture the mood after the Christmas Gift run.

NOTICE OF ANNUAL GENERAL MEETING

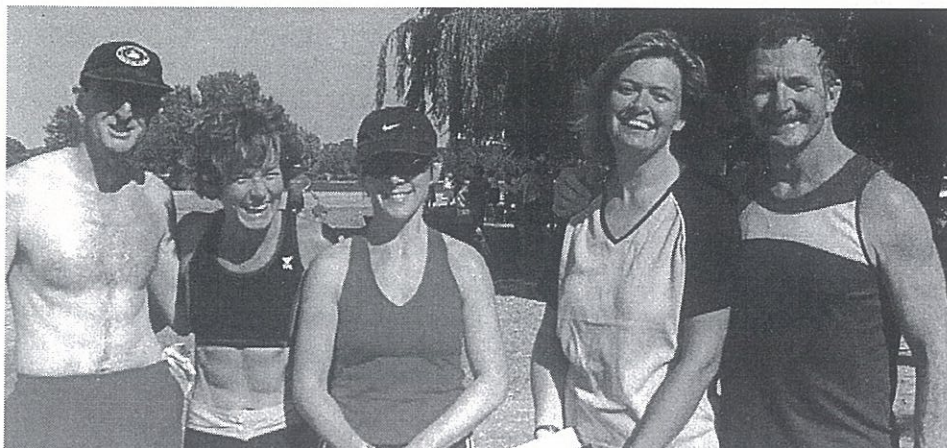
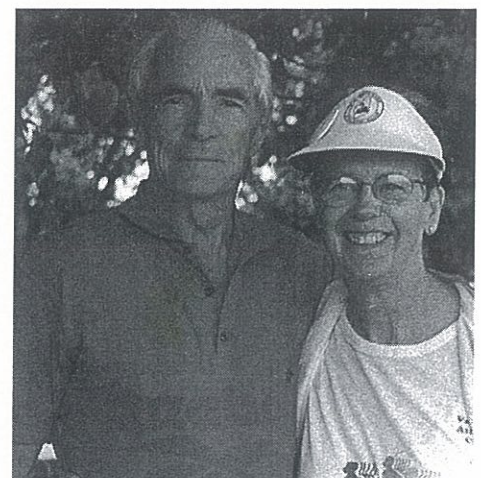
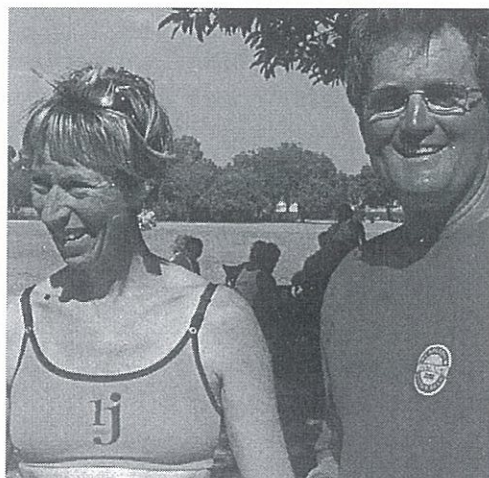
The WAVAC annual general meeting will be held on Monday 28 April 2003 at 7.00 pm at the Hockey Club rooms, Perry Lakes.

All members are invited to attend.

See Page 2

RESULTS IN THIS ISSUE:

- Coogee Beach
- Pt Walter
- Friendship Run
- Track + Field
- South Perth Fiesta
- Club Pent.



NOTICE OF ANNUAL GENERAL MEETING

The WAVAC annual general meeting will be held on Monday 28 April 2003 at 7.00 pm at the Hockey Club rooms, Perry Lakes. All members are invited to attend.

Committee Nominations

Nominations are called for the committee for 2003-2004:

President

Vice-President

Secretary

Treasurer

Committee Members (4)

Nominations are also called for positions of:

Editor (*desirably a member of the committee but not required by the Constitution*)

Handicapper

Statistician

Athletic Registrars (2)

Auditor

Nomination Forms are available from the Club Secretary.

Proposed changes to the Constitution must be lodged with the Club Secretary (11A Dandenong Road, Attadale 6156) by 29 MARCH 2003.

Life Membership

Recommendations for Life Membership should be forwarded to the Club Secretary by 1 March 2003 as the nominations need to be approved by the

Committee before the AGM. A recommendation needs to come from at least three (3) members.

Before a member can be elected as a Life Member they must have had active and continuous membership for at least ten (10) years and have substantially contributed to progress in the club. No more than two (2) Life Members can be elected in any one year.

CURRENT LIFE MEMBERS ARE:

Jacqueline Billington

Cliff Bould

David Carr

Brian Danby

Bob Fergie

Brian Foley

John Gilmour

Jackie Halberg

Robert Hayres

Bill Hughes

Merv Jones

Valerie Prescott

Robert Sammells

Robert Schickert

Robert Shand

Barrie Slinger

Graham Thornton

Dorothy Whittam

Jeffrey Whittam

Basil Worner

Bob Schickert - Secretary

Hi Rod,

I support Vic and Duncan views regarding voting to change the name of the Vets.

A few years ago an extraordinary meeting was called to lower the age for joining the club. Around twenty five members attended.

Twenty five out of four hundred is not much input, so if voting was on the registration form for members unable to go to the AGM, they would be able to vote
Yours truly, Joan Pellier

"This suggestion was discussed by the Committee at its December 2002 meeting and it was noted that the Constitution currently does not provide for postal or proxy votes and that the Constitution can only be changed by members voting at the Annual General Meeting or an Extraordinary General Meeting."

This was discussed with Joan shortly after the committee meeting.

Helpers List

2nd Feb - South Perth Fiesta Run

Director Sue Bullen 94743718

Helpers: K. Atkinson, V. Waters, I. & P. Brown, V. Millard, R. Sheehy, F. Casalla, I. Pilton.

9th Feb - Age Graded

Director David Carr 93398289

Helpers: S. Bullen, G. Innes, M. Rosen, G. & N. Medcalf, G. Young, P. Hawkes, S. Huessi, T. Lundgren

16th Feb - Dedley Medley

Director Daryl White 92942647

Helpers: M. Mavrick, F. Usher, D. Ashfield, R. Spencer, A. Turner, C. Frampton, T. Burke.

23rd Feb - Applecross Jetty

Director Maggie Flanders 93147556

Helpers: B. Tindall, B. Weatherburn, T. Collins, Morland Smith, F. & A. Deanus, A. Walker.

2nd March - Mt Lawley Circuit

Directors Alan Jennings 92711653,

Mike Rhodes 92713135

Helpers: R. Harris, Jo Stone, Jan Main, M. Malone, P. Burke.

9th March - Teddy Birds

Director George Schaefer 93861695

Helpers: R. Tinniswood, G. Morgan, K. & M. Forden, B. Audsley, K. Mahony, S. Huessi.

Back issues of Vetrin

If there is a back issue of Vetrin that you desperately need, ask Jackie Halberg on Sunday mornings, or give her a call at home on 9364 4474. She has kept some extras over the years and may be able to help you.

Picture from The West Australian



Commonwealth Sport Achievement Award for 2002 for John Gilmour.

Extract from a letter from The Honourary Daryl Williams - MP Tangney

I am pleased to announce that you have been chosen as one of the recipients in my electorate of the Commonwealth Sport Achievement Award for 2002, in recognition of your achievements throughout a lifetime in athletics, and most recently for your gold medal successes in four individual events at the 2002 World Masters Games.



For your safety and theirs.

Please remember: no dogs allowed during WAVAC events

New Members

A warm welcome to the new member approved at the committee meeting in January, 2003.

Amanda Walker (9/4/1965)

Financial members to this date: 423

How to get material to your newsletter

Contributions are welcome.

15 Fitzpatrick Way, Padbury WA 6025, or email: tinniswoodr@sundaytimes.news1td.com.au

(Note: Copy the address exactly. All the letters must be in lower case. Don't forget the 'r' after tinniswood)

Electronic files can be emailed or saved to disc. Word or Text files are preferred and pictures can be presented as tiff, eps, or jpg files.

Home phone: 9403 6353

Informal Fridays.

Informal training group run/walk on Fridays. The venues are as follows:

Anyone welcome, please contact

Shorty Turner if you have any questions on, 9276 1539

The start time is 6:00am, the run/walk is usually an hour, a bit more for anyone wanting to train up for Bunbury in the next few months, or less if you prefer, there are no rules, except we don't wait for anyone who has not arrived by 6:00am.

So if you want to get in an extra run/walk/talk each week, come along.....

January 24th	Bardon Park Maylands
January 31st	Hillarys Boat Harbour
February 7th	Kings Park (Fraser Av)
February 14th	Mend St. South Perth
February 21st	Katanning St. (Ashfield)
February 28th	McCallum Park
March 7th	Raffles Hotel
March 14th	Bardon Park
March 21st	Kings Park
March 28th	Hillarys
April 4th	Mend Street
April 11th	Katanning Street
April 18th	McCallum Park

(this is Easter Friday - National Championship Competition runs over Easter)

We should mention, that this training is followed by a casual breakfast at very interesting places, if you have the time and the inclination to join us.

Margaret Bennett/Shorty Turner

If you're not allowed to fail, then by definition you cannot succeed

**Telstra Australian Masters Athletics Championships
Perth, 18-21 April 2003**

NATIONAL CHAMPIONSHIPS OFFICIALS TRAINING

For those club members who have offered to assist at the Championships next Easter a training session has been scheduled for Saturday 22 February 2003 at Perry Lakes at 9.00 am.

Instruction will be given on basic requirements for operation of the various events being held.

Please advise David Carr (9339 8289) or Lynne Schickert (9330 3803 or email: schickertl@bigpond.com) if you will be attending.



Many Happy Returns to our March Members

Ed	Carroll	01.03.1941	62	remains M60
Toni	Phillips	01.03.1972	31	remains W30
Jeff	Bowen	02.03.1942	61	remains M60
John	Brambley	02.03.1942	61	remains M60
Bob	Harrison	03.03.1942	61	remains M60
George	Innes	03.03.1935	68	remains M65
Nick	Miletic	03.03.1951	52	remains M50
Lois	Smith	05.03.1950	53	remains W50
Michael	Faunge	06.03.1938	65	becomes M65
Fiona	McAuley	06.03.1951	52	remains W50
Frank	Smith	06.03.1942	61	remains M60
Jo	Stone	06.03.1945	58	remains W55
Leon	Sander	07.03.1937	66	remains M65
Sean	Keane	08.03.1964	39	remains M35
Lorna	Lauchlan	09.03.1930	73	remains W70
Brian	Foley	11.03.1944	59	remains M55
Cliff	Bould	12.03.1916	87	remains M85
Elaine	Ellard	13.03.1942	61	remains W60
Frances	Lipscombe	13.03.1958	45	becomes W45
Kirt	Johnson	14.03.1929	74	remains M70
Michael	Lord	14.03.1947	56	remains M55
Patricia	Ainsworth	15.03.1936	67	remains W65
Estelle	Rogers	17.03.1956	47	remains W45
Barbara	Blurton	19.03.1950	53	remains W50
Rob	Greenhalgh	19.03.1950	53	remains M50
Kristin	Adrian	20.03.1971	32	remains W30
Donna	Bocian	20.03.1961	42	remains W40
Barrie	Kernaghan	20.03.1940	63	remains M60
Mitch	Loly	20.03.1940	63	remains M60
Peter	Sanders	20.03.1945	58	remains M55
Robert	Shand	20.03.1932	71	remains M70
Donald	Caplin	22.03.1939	64	remains M60
Christine	Petersen	22.03.1953	50	becomes W50
Margaret	Robinson	22.03.1938	65	becomes W65
Frances	Casella	23.03.1951	52	remains W50
Alex	Cummings	23.03.1931	72	remains M70
Anthony	Speechley	23.03.1944	59	remains M55
Nola	Bending	24.03.1945	58	remains W55
Julie	Clark	24.03.1952	51	remains W50
Laurie	Collett	26.03.1931	72	remains M70
Peter	Phillips	26.03.1942	61	remains M60
Barbara	Bailey	27.03.1930	73	remains W70
Christine	Tinniswood	27.03.1949	54	remains W50
Peter	Hill	28.03.1948	55	becomes M55
Neil	McRae	28.03.1952	51	remains M50
Paula	Karra	30.03.1971	32	remains W30
Peggy	MacIver	30.03.1944	59	remains W55
Kathleen	Holland	31.03.1940	63	remains W60
Rosemary	McGlashan	31.03.1939	64	remains W60
Robyn	Watts	31.03.1953	50	becomes W50

Championship update

Championships entries are coming in at a steady rate. Members are reminded that the closing date is 24 MARCH 2003 and no late entries will be accepted. Even if you are not entering any events, you can still book for the dinner cruise or purchase a T-shirt. Simply complete the entry form for these only and forward with payment.

Samples of the championship polo

shirts and T-shirts will be available soon and can be purchased separately for wearing now. Seeing them "on the run" around the streets will be a great way to promote the championships to non-members.

Don't forget the Officials Training Day scheduled Saturday 22 February at 9.00am at Perry Lakes. Get the "feel" of the Stadium, bring your gear and do a training session while you are there.

These results were inadvertently left out last month - sorry Ray

Googee Beach 15-Dec-02 Ray Hall

5K Run

Ian Davies	M55	14:11
Simon Leonard	M40	14:12
Graeme Neill	M40	25:16
Bruce Wilson	M55	28:33
Robert Schickert	M60	30:36
John Bell	M55	30:37
Anne Shaw	W55	31:15
Henri Cortis	M55	32:42
David Carr	M70	34:47
Brian Foley	M55	35:51
X		39:32
Mike Rhodes	M55	42:10
Liz Chandler	W30	42:54
Ann Turner	W65	42:55

6K Run

John Brambley	M60	26:02
Dick Blom	M65	28:08
John Stone	M50	30:24
Mike Hale	M55	30:40
Chris Pattinson	W45	32:11
Alan Chambers	M65	34:47
Rosa Wallis	W55	36:18
Stanley Lockwood	M70	36:40
Julie Wood	W50	37:05
Francis Usher	M75	39:28
Y		39:31
Kristin Adrian	W30	40:27
Denise Lancaster	W50	40:30
Lil Heatly	W70	53:02

8K Run

Johannes Hagedoorn	M55	30:36
John Mack	M60	30:41
Vicente Carrero	M60	30:52
Geoff Mullins	M55	31:04
Mark Sivyver	M50	31:11
Wayne Taylor	M40	31:47
Keith Atkinson	M45	31:47
Robert Sheehy	M55	31:48
Brian Bennett	M55	31:48
Adrian Damiani	M50	32:12
Julie Keeley	W35	32:16
Troy Lundgren	M50	32:19
Nick Miletic	M50	32:48
Paul Buckley	M50	33:17
John Ellard	M60	33:25
Shirley Bell	W50	33:51
Gillian Young	W55	33:52
Don Pattinson	M45	35:30
Bjorn Dybdahl	M45	36:34
Mitch Loly	M60	36:50
Gareth Brunt	M50	36:52
James Barnes	M55	36:56
Gary Fisher	M50	37:38
Robert Roll	M55	37:55
Brian Smith	M60	39:15
Z		39:48
Pamela Toohey	W55	40:25
Jackie Halberg	W55	41:26
Rhod Wright	M50	41:37
Stephen Toohey	M50	43:03
Sheila Maslen	W60	45:11
Margaret Bennett	W60	46:22
Cedric Turner	M65	46:23
Costa Tsismelis	M50	49:47
Pierre Viala	M55	54:09

5K Walk

Hamish McGlashan	M65	37:59
Dorothy Whittam	W65	43:46

8K Walk

Valerie Millard	W55	48:38
Rex Bruce	M60	49:19
Lorna Lauchlan	W70	53:20

WORLD MASTERS ATHLETICS NON STADIA CHAMPIONSHIPS

18th -24th April 2004 Auckland (Manukau) New Zealand

Athletes must be members of a masters/veterans club or association
These Championships will include the following events:

Sunday 18th April

- **10km Road Race**

Monday 19th April

- **10km Road Walks**

Tuesday 20th April

- **Cross Country Teams Relay**

Wednesday 21st April

- **20km (women), 30km (men) Road Walks**

Thursday 22nd April

- **Ekiden Road Relay (two 21.1 km laps and incorporates three legs per lap. Six runners per team)**

Friday 23rd April

- **50km Road Walk**

Saturday 24th April

- **Half Marathon**

And if the above is not enough stimulation to make the trip then you might like to know that supporting events include the Round The Bays Fun Run and the Rotorua marathon.

The website that should be up and running by the end of January 2003 to keep you up to date with the Championships is www.wma2004.org

Please note that the order of events listed above is slightly different from the event order mentioned in earlier brochures.

The events at the World Non Stadia Championships were expanded in 2001 so as to provide a week of competitive running and race walking.

This is a wonderful opportunity for all Australian runners and walkers to take part in a World Championship in our region. The teams events will provide some great competition, participation and fun.

Club Pentathlon results- 2003

Name	Total	Women				
		LJ	JT	200	DT	800
Carr, Pat		3.08m	15.29m	39.10	13.74m	4:32.00
W70	2705	(694)	(611)	(609)	(468)	(323)
Spilsbury, Katrina		4.23m	19.39m	31.10	23.45m	4:16.90
W35	1554	(438)	(337)	(436)	(341)	(2)
Phillips, Toni		4.26m	12.43m	28.40	13.85m	3:11.40
W30	1540	(369)	(155)	(581)	(169)	(266)
Sanders, Jaqui		3.33m	11.44m	34.00	15.21m	3:14.70
W35	1130	(214)	(166)	(265)	(193)	(292)
Schickert, Lynne		2.46m	10.60m	47.50	11.61m	4:25.30
W60	1074	(261)	(287)	(74)	(279)	(173)
Name	Total	Mens				
		LJ	JT	200	DT	1500
Carr, David		3.55m	24.57m	29.00	20.40m	5:57.80
M70	3258	(582)	(547)	(876)	(432)	(821)
Till, Campbell		5.20m	27.80m	25.20	18.48m	5:02.30
M45	2764	(644)	(386)	(754)	(276)	(704)
VanderSanden, Greg		4.22m	27.09m	24.90	21.22m	4:40.90
M40	2432	(335)	(328)	(705)	(295)	(769)
Bariolo, Wayne		5.23m	42.00m	26.50	23.19m	5:15.80
M35	2335	(481)	(518)	(501)	(332)	(503)
Fergie, Bob		3.27m	24.32m	40.90	24.73m	7:45.40
M65	1775	(411)	(478)	(126)	(480)	(280)
Payne, Steve		4.48m	26.25m	27.30	19.59m	6:17.00
M40	1755	(390)	(314)	(512)	(264)	(275)
Kennedy, Gerard		4.05m	28.59m	27.70	20.83m	6:01.90
M30	1418	(214)	(279)	(381)	(288)	(256)
Hanson, Damien		3.65m	25.40m	31.70	15.57m	6:30.30
M45	1402	(271)	(342)	(294)	(217)	(278)
Sanders, Ian		4.19m	21.25m	29.10	19.72m	6:54.60
M40	1360	(330)	(231)	(387)	(267)	(145)

Point Walter 11 +6.2

6.2 Run

1st M	Ian Davies
2nd M	Bernard Magan
3rd M	Steven Dunn
1st W	Dee Campbell
2nd W	Margaret Langford
3rd W	Dee Haines

11km run

1st M	Chris Maher
2nd M	Trevor Nash
3rd M	Jim Langford
1st F	Julie Keeley
2nd F	Frances Cassella
3rd F	Shirley Bell

6.2 walk

1st & 1st F	Val Millard
2nd & 2nd F	F Jacqueline Billington
3rd & 1st M	Rod Tinniswood
3rd F	Lynne Schickert

11km run

Chris Maher	M45	40:03
Trevor Nash	M40	40:25
Jim Langford	M55	41:34
Darryl White	M40	42:45
Ralph Henderson	M55	43:43
Jim Klinge	M55	44:17
Neil McRae	M50	44:57
Brian Danby	M50"	45:14
Ivan Pilton	M60	45:44
John Allen	M45	46:07
Gareth Brunt	M50	46:18
Bob Schickert	M60	47:04
John Bell	M55	47:25
Johan Hagedoorn	M55	47:44
John Doust	M55	47:54
David Muir	M55	47:59
Don Caplin	M60	48:35
Barry Jones	M45	49:10
Vince Carrero	M60	49:45
John Mack	M60	50:00
Robert Sheehy	M55	50:18
Brian Bennett	M55	50:47
John Davies	M55	51:01
Michael Hale	M55	51:14
Wayne Taylor	M40	51:52
Julie Keeley	W35	52:22
Keith Atkinson	M45	52:55
Simon Mort	M45	52:39
Nick Miletic	M50	52:51
John Pellier	M60	53:22
Frances Cassella	W50	54:13
Rob Appleton	M30	54:31
Shirley Bell	W50	54:31
John Ellard	M60	56:08
Glenda Lawrence	W45	56:21
Karen Riley	Vis	56:28
Mitch Loly	M60	56:59
Don Pattinson	M45	57:09
John Dance	M45	57:39
Richard Harris	M65	59:22

Brian Smith
Allan Day
Terry Cunningham
Anne Turner
John Smith
Denise Lancaster
Merv Jones
Irene Ferris
Joan Osborne
Elaine Dance
Rhod Wright
Margaret Bennett
Shortie Turner
Sheila Maslen

6.2 Run

Ian Davies	M55	22:50
Bernard Magan	M45	23:03
Steven Dunn	M35	24:44
R. Loly	Vis	25:24
Ivan Brown	M55	25:31
John Cresp	M50	26:27
David Carr	M70	26:39
John Brambley	M60	28:26
Dee Campbell	W45	28:29
Brian Foley	M55	28:37
Graeme Neill	M45	28:47
Hamish McGlashan	M65	28:49
Margaret Langford	W55	29:05
Dee Haines	W40	29:19
Dick Blom	M65	30:05
Michael Anderson	M50	30:21
Jeanette Tiverios	W45	30:41
Paul Buckley	M50	31:20
Barry Audsley	M60	31:23
Marg Forden	W60	31:30
Leonie Jones	W40	31:32
Roger Walsh	M55	31:51
Michael Faunge	M60	32:00
Liz Chandler	W30	32:00
Brian Smith	Vis	32:04
Sandra Crossman	W35	32:08
Bob Sammells	M65	32:17
Peggy McLiver	W55	32:40
Wendy Clement-Green	W60	33:07
Aldo Giacomini	M65	34:20
Kirt Johnson	M70	34:30
Sue Hughes	W50	34:32
Gillian Lees	W40	34:38
Arnold Jenkins	M55	34:41

Roma Barnett	W50	34:48
Mary Young	W50	35:01
Bob Fergie	M65	35:31
Jackie Halberg	W55	37:21
John Butler	W60	37:35
Keith Forden	W60	37:44
Shaun Elliot	Vis	38:14
Kim Nash	Vis	38:27
Mary Chang	W45	38:58
Janet Jarvis	W55	39:05
George Schaffer	M70	39:18
Laurie Collett	M70	39:28
Rachel Nash	Vis	39:34
Julie Wood	W50	39:37
Ann Tochev	W55	39:39
Pierre Viala	M55	39:41
Phylis Farrell	W55	40:05
Rosa Wallis	W55	42:12
Marg Taylor	W50	47:06
Lil Heatley	W70	49:52
Frank Usher	M75	52:09
Tina Carrero	W55	57:01

6.2 walk

Val Millard	W55	42:01
Jacqueline Billington	W60	42:30
Rod Tinniswood	M50	42:40
Lynne Schickert	W60	43:33
Ray Hall	M65	45:58
Jennifer Dowling	W30	46:58
Chris Pattinson	W45	47:08
Jenny Shillington	W45	47:09
Lorna Lauchlen	W70	48:07
Mary Heppell	W65	48:10
Dorothy Whittam	W65	48:45
Elaine Ellard	W60	49:09
Alan Pomery	M70	49:57
Christine Wheeler	W45	51:45
Gareth Gorman	M55	51:47
Angela Goldie	Vis	51:54
Margie Flanders	W65	54:04
Patricia Hopkins	W60	55:56
Rex Bruce	M60	57:02
Pat Ainsworth	W65	57:41
Christine Tinniswood	W50	57:50
Geoff Whittam	M65	58:24
Ernie Moyle	M75	59:27
Norm Miller	M70	61:47
Pat Miller	W60	62:02

Dear Rod

I am hoping that the following can be printed in the Vetrun:

On the 2 January, after many years battling a progressive neurological disease, my husband, Rob MacIver, passed away. I would like to sincerely thank all the members of the Vetrin Club who attended his funeral, sent me messages of sympathy and were generally very supportive. I was overwhelmed by the depth of feeling expressed both for Rob and for myself and I feel very privileged to belong to a club where people care so much for each other. Thank you one and all.

Peggy MacIver.

South Perth Fiesta Run

2 February 2003

It was with some trepidation I agreed to stand in as Race Director for the South Perth Fiesta Fun Run while John and Michelle Mison were away. It is easy to be a participant but to actually organise the thing - ah. Well I should not have worried. With committee members like Keith Atkinson, Bob Samuels, and Bob Schickert to help out being a Race Director is actually quite a lot of fun!

The day did not start well with a very nasty thunderstorm capturing me in my car when I was trying to put out flags but fortunately the weather cleared and the conditions for me improved. Not so for the 119 competitors who struggled in the very high humidity.

It wouldn't be a real race if we didn't go the wrong way somewhere and I learned a valuable Race Director Rule - show the map to the Marshals. It did not matter that the second loop was run in reverse but for those that noticed the flags were all backwards - this was the reason.

Many thanks must go to my helpers on the day - Keith Atkinson, Ivan Pilton, Bob Samuels and Paul Martin recording. Ivan and Penny Brown, Allan Chambers and Kirt Johnson directing a lot of traffic. Frances Cassella and Brian Smith directing runners. Many of these people were not rostered to help and the extra assistance they gave me was really appreciated. Thanks also to Graeme Neil and Robyn King who helped with the drinks after their run. And finally thanks to my long suffering family who are only just beginning to realise there is something worse than living with a runner and that is living with a runner who can't run!

Morning tea courtesy of the City of South Perth and our own Vic and Jacqui Beaumont was enjoyed by the many members and visitors who remained after the race.

Well I had fun and I hope you all did too.

Sue Bullen

Keep-it-simple Vetrin deadlines

Ideally, I like to deliver the newsletter on the first Sunday of the month. To do that, I need to get to print on the Thursday prior. Realistically, therefore, the last Sunday of the month should be the material deadline for the following month. **Easy!**

I often have small holes to fill (about this size), so please contact me if you have a last minute notice that should go in. - Rod

SOUTH PERTH FIESTA FUN RUN

2 February 2003

4K Run

1 Steve Dunn	M35	16.05
2 Lachlan Marr	M40	16.12
3 Gary Fisher	M50	17.46
4 Robyn King (1)	W40	17.48
5 Graham Lucas	M45	23.31
6 Bryan Smith	Vis	20.32
7 Leonie Jones (2)	W40	20.33
8 Barry Audsley	M60	20.5
9 Mike Rhodes	M55	21.00
10 David Carr	M70	21.04
11 George Innes	M65	21.15
12 Colin Smith	M40	21.44
13 Roma Barnett (3)	W50	22.46
14 Arnold Jenkins	M55	22.48
15 Rhod Wright	M50	22.53
16 Ray Hall	M65	23.42
17 Merv Jones	M60	23.58
18 Fiona McAuley	W50	24.34
19 Mary Chan	W45	25.39
20 Vic Beaumont	M70	25.46
21 Ray Lawrence	M70	26.26
22 Rosa Wallis	W55	27.24
23 Pierre Viala	M55	27.28
24 Jan Jarvis	W55	27.31
25 Jacqueline Billington	W60	27.31

8K Run

1 Anthony Neal	Vis	29.52
2 Peter Bauchop	Vis	30.23
3 Trevor Nash	M40	30.47
4 David Wilmer	Vis	32.17
5 Ralph Henderson	M50	33.00
6 Jim Klinge	M55	33.38
7 Mike Leary	Vis	33.41
8 Duncan McAuley	M50	33.55
9 Robert Amm	Vis	34.11
10 Neil McRae	M50	34.34
11 Chris Shenton	M35	34.39
12 David Roberts	M60	34.42
13 Dale Edgar	Vis	34.46
14 Amanda Walker (1)	W35	34.49
15 Paul Burke	M30	34.49
16 Mike Karra	M35	35.23
17 Mal Vernon	M45	35.48
18 Chris Langdon	Vis	36.09
19 Bob Schickert	M60	36.11
20 Johan Hagedoorn	M55	36.21
21 Barry Jones	M45	36.31
22 John Rossi	Vis	36.50
23 John Doust	M55	36.54
24 Simon Jawichre	M35	37.26
25 Vince Carrero	M60	37.28
26 John Mack	M60	37.29
27 Wayne Taylor	M40	38.10
28 Ka Tegah	Vis	38.14
29 Wayne Bates	M55	38.15
30 Peter Buckingham	Vis	38.31
31 Brian Bennett	M55	38.35
32 Tristan Fraser	Vis	39.18
33 John Ellard	M60	39.27
34 Cathie Burns (2)	Vis	39.33
35 Hamish McGlashan	M65	39.34

36 Shirley Bell (3)	W50	39.37
37 Dave Wooton	M40	39.42
38 Troy Windgren	M50	39.53
39 Susan Edgar	Vis	40.15
40 Nick Miletic	M50	40.29
41 Adrian Damian	M50	40.44
42 Mike Duff	Vis	41.08
43 Fenella Gill	W40	41.17
44 Paul Buckley	M50	41.33
45 Graham Thornton	M60	41.45
46 Simone Greenwood	W30	41.54
47 Dee Haines	W40	51.57
48 Gillian Lees	W40	42.42
49 Damian Hanson	M45	42.45
50 Emma Vidler	Vis	43.25
51 Mark Spradbury	Vis	44.10
52 Margaret Robinson	W60	44.11
53 Laurence Wynne	Vis	44.17
54 Karen Wynne	Vis	44.18
55 Phil Simmonite	Vis	44.28
56 Gillian Young	W55	44.34
57 Liz Chandler	W30	44.37
58 David Parton	Vis	44.47
59 Brian Hunter	M55	45.1
60 John Smith	M65	46.02
61 Paula Karra	W35	46.03
62 Anne Turner	W65	47.23
63 Sue Lake	W40	47.29
64 Irene Ferris	W50	47.33
65 Denise Lancaster	W50	49.19
66 Jackie Halberg	W55	49.49
67 Julie Wood	W50	49.5
68 Mary Young	W50	50.32
69 Tanya Burke	W30	52.29
70 Merv Moyle	M75	55.43
71 Ken Whistler	Vis	55.44
72 Sheila Maslin	W65	55.51
73 Margaret Bennett	W60	56.11
74 Shorty Turner	M65	56.12
75 Costa Tsesmelis	M50	1.01.40

4K Walk

1 David Brown	M55	28.15
2 Rod Tinniswood	M50	28.20
3 Pat Ainsworth (1)	W65	34.56
4 Pat Hopkins (2)	W60	35.08
5 Elaine Robe (3)	Vis	39.23
6 Christine Tinniswood	W50	39.24
7 Jeff Whittam	M50	39.26
8 Erne Moyle	M75	39.28
9 George Schaffer	M70	39.45
10 Jeff Spencer	M60	39.48
11 Glenice Shanahan	W75	56.12

8K Walk

1 Lynne Schickert (1)	W60	1.01.32
2 Rex Bruce	M60	1.04.05
3 Elaine Ellard (2)	W60	1.04.17
4 Jenny Shillington (3)	W45	1.04.21
5 Lorna Lachlan	W70	1.04.42
6 Beryle Doust	W50	1.06.32
7 Dorothy Whittam	W65	1.09.39
8 Allan Pomery	M70	1.23.07

Track+ Field

UWA SPORTS 2.1.2003

200M

Greg van der Sanden	M40	26.4
Peter Gare	M60	28.3
Ian Sanders	M40	29.8
Blakeney Tindall	M40	30.0
Warren Davey	M50	32.7

Division 2

Craig Owens	M45	27.1
Andrew Talbot	Vis	30.2
Katrina Spilsbury	W35	31.3
Ross Calnan	M60	32.7
Jacqui Sanders	W35	34.6

Division 3

Mark Speechley	Vis	30.9
Bob Appleton	M30	31.8
Frank Gardiner	M50	36.2
Melissa Gardiner	Vis	37.0
Pat Carr	W70	39.9

Division 4

Anne Shaw	W55	34.8
Ray Hall	M65	36.4
Gillian Young	W55	36.8

400M

Greg van der Sanden	M40	56.0
Campbell Till	M45	56.6
Tony Hinkley	Vis	58.9
Michael Watson	Vis	60.0
Mark Speechley	Vis	59.8

Division 2

David Carr	M70	66.1
Blakeney Tindall	M40	66.8
Andrew Talbot	Vis	68.4
Ian Sanders	M40	74.7
Melissa Gardiner	Vis	84.8
Frank Gardiner	M50	87.2

Division 3

Anne Shaw	W55	75.7
Lyn Foreman	Vis	76.1
John Ellard	M60	82.6
Rob Appleton	M30	83.4
Ray Hall	M65	89.3
Gillian Young	W55	90.5

SHOT

Bob Fergie	M65	8.71m
Warren Davey	M50	8.64
Katrina Spilsbury	W35	8.41
Rob Shand	M70	8.29
Ross Calnan	M60	8.26
Lorna Lauchlan	W70	6.38

DISCUS

Geoff Gee	M45	35.55m
? State Record		
Bob Fergie	M65	26.95
Katrina Spilsbury	W35	26.22
Rob Shand	M70	25.73

Warren Davey	M50	24.83
Ross Calnan	M60	22.55
Campbell Till	M45	19.12
Pat Carr	W70	15.41

LES BECKHAM TRIPLE JUMP

Tony Hinkley	Vis	10.98m
Toni Phillips	Vis	8.66
Pat Carr	W70	6.42
Lynne Schickert	W60	5.68

Long Jump		
Campbell Till	M45	4.59m

1500M RUN

David Kennedy	Vis	4.20.8
Rob Cotterill	Vis	4.56.1
Mark Speechley	Vis	5.23.0
Blakeney Tindall	M40	5.26.3
Ivan Brown	M55	5.29.5
David Carr	M70	5.30.6
Anne Shaw	W55	5.52.4
Toni Phillips	Vis	6.16.1
Frank Gardiner	M50	6.19.8
John Ellard	M60	6.24.6
Damien Hanson	M45	6.38.3
Melissa Gardiner	Vis	6.48.8
Gillian Young	W55	7.01.6
Rob Appleton	M30	7.03.8
1500W Walk		
Bruce Wilson	M55	8.15.3
Lynne Schickert	W60	10.17.3
Dorothy Whittam	W65	10.48.2
Elaine Ellard	W60	11.16.7
Lorna Lauchlan	W70	11.20.9

5000M RUN

Alan Gower	Vis	18.30.1
David Willmer	Vis	18.58.6
Mike Ayris	Vis	18.59.8
Bob Schickert	M60	19.38.3
Andrew Talbot	Vis	19.51.8
Michael Watson	Vis	19.58.8
Gareth Brunt	M50	20.04.9
Mark Speechley	Vis	20.07.3
Frank Gardiner	M50	20.49.3
Ivan Brown	M55	21.08.5
Blakeney Tindall	M40	24.23.9
Karen Gower	Vis	24.53.5
Rob Appleton	M30	25.06.5
John Ellard	M60	25.06.6
Gillian Young	W55	25.33.9
Kate Gillies	Vis	28.19.0
Jackie Halberg	W55	28.33.6
3000M Walk		
Elaine Ellard	W60	24.14.7

COKER PARK - 9.1.2003

800M

Blakeney Tindall	M40	2.22.6
Milton Mavrick	M45	2.48.8
Stephen McCarthy	Vis	2.49.5
Brian Paxman	M70	3.06.7
Barry Jones	Vis	3.08.6
John Ellard	M60	3.12.0
Gillian Young	W55	3.23.2
Leonie Jones	Vis	3.39.3
Lil Heatly	W70	6.13.0

3000M

Nick Gardiner	Vis	10.40.8
Michael Glacie	Vis	10.58.0
Bob Schickert	M60	11.18.8
Gareth Brunt	M50	11.33.3
Simon Jawichre	M35	11.55.6
Anne Shaw	W55	12.01.5
Aust Record ?		
Barry Jones	Vis	12.37.4
Stephen McCarthy	Vis	12.49.1
Milton Mavrick	M45	12.54.1
John Ellard	M60	13.53.1
Brian Paxman	M70	13.57.8
Gillian Young	W55	14.22.3
Jackie Halberg	W55	15.31.1
Leonie Jones	Vis	16.24.3
Walk		
Tom Lenane	M45	16.49.8
Robin King	W40	17.17.8
John Davies	M55	19.43.0
Elaine Ellard	W60	23.17.5
Alan Tyson	M75	26.49.0

400M

Ian Davies	M55	59.7
Colin Smith	M35	60.2
Craig Owens	M45	69.4
Clare Munro	W40	71.6
Blakeney Tindall	M40	86.9
Division 2		
Delia Baldock	Vis	79.4
Leonie Jones	Vis	91.3
Barry Jones	Vis	91.3
Ray Hall	M65	1.41.0
Lil Heatly	W70	2.54.5

100M

Colin Smith	M35	13.3
Ian Davies	M55	13.9
Blakeney Tindall	M40	14.5
Stephen McCarthy	Vis	15.5
Delia Baldock	Vis	16.7
Division 2		
Clare Munro	W40	14.6
Leonie Jones	Vis	16.8
Barry Jones	Vis	16.8
Ray Hall	M65	17.0
Gillian Young	W55	17.8
Lil Heatly	W70	24.9

UWA SPORTS - 16.1.2003

100M

Wayne Bariolo	M35	12.7
Campbell Till	M45	12.8
Craig Owens	M45	12.8
Brendan Kennedy	M30	13.0
Rob Greenhalgh	M50	13.4
Gerard Kennedy	M30	13.6
Division 2		
Barry Kernaghan	M60	13.4
Peter Gare	M60	13.9
Lynne Choate	W50	14.1
Ian Sanders	M40	14.3
Division 3		
Dave Jansen	Vis	14.4
Mark Speechley	Vis	15.0
Ross Calnan	M60	15.0

Warren Davey	M50	15.8
Jacqui Sanders	W35	16.2
Division 4		
Ray Hall	M65	17.3
Gaby Jansen	Vis	17.4
Gillian Young	W55	17.4
Georgina Betts	Vis	17.7
Pat Carr	W70	18.0

400M

Andrew Brooker	Vis	57.0
Campbell Till	M45	57.0
Barry Kernaghan	M60	62.9
Peter gare	M60	63.3
Blakeney Tindall	M40	68.8

Division 2

Wayne Bariolo	M35	62.3
Tony Heppener	M50	64.0
David Carr	M70	67.5
Mark Speechley	Vis	68.9

Division 3

Toni Phillips	Vis	70.6
Anne Shaw	W55	75.4
Barry Jones	M45	76.9
Milton Mavrick	M45	81.7
John Ellard	M60	85.0

Division 4

Nick Bailey	M55	79.2
Leonie Jones	W40	82.7
Gaby Jansen	Vis	84.5
Mary Young	W50	1.48.7

LES BECKHAM LONG JUMP

Wayne Bariolo	M35	5.32m
Dave Jansen	Vis	4.47
Gerard Kennedy	M30	4.21
Rob Colton	M35	4.15
Ian Sanders	M40	4.02
Brendan Kennedy	M30	3.87
Gill Edmonds	W35	3.78
Georgina Betts	Vis	3.38
Pat Carr	W70	3.19
Gaby Jansen	Vis	2.96

SHOT

Wayne Bariolo	M35	10.29m
Peter Gare	M60	8.95
Warren Davey	M50	8.20
Katrina Spilsbury	W35	7.60
Gerard Kennedy	M30	7.43
John Sutton	M65	7.29
Ian Sanders	M40	7.10
Brendan Kennedy	M30	6.99

DISCUS

Peter Gare	M60	37.02m
Geoff Gee	M45	32.97
John Sutton	M65	26.23
Warren Davey	M50	26.28
Dave Jansen	Vis	23.56
Ross Calnan	M60	23.53
Georgina Betts	Vis	22.68
Katrina Spilsbury	W35	20.64
Gerard Kennedy	M30	17.05
Val Prescott	W55	15.90
Brendan Kennedy	M30	14.76
Damien Hanson	M45	13.95

UWA Continued

1500M

Tony Heppener	M50	4.34.0
Greg van der Sanden	M40	4.39.0
Andrew Brooker	Vis	4.40.4
Rob Cattrall	Vis	4.56.9

Mark Speechley	Vis	5.11.6
Blakeney Tindall	M40	5.12.4

Dave Reid	M50	5.14.1
Simon Jawichre	M35	5.18.8
David Carr	M70	5.20.2
Gareth Brunt	M50	5.29.6
Rob Colton	M35	5.35.7

Division 2

Don Caplin	M60	5.33.3
Ivan Brown	M55	5.38.4
Anne Shaw	W55	5.46.6
Stephen McCarthy	Vis	5.50.4
Milton Mavrick	M45	5.53.3
Barry Jones	M45	5.55.3
Frank Gardiner	M50	5.59.9
Nick Bailey	M55	6.07.8
Melissa Gardiner	Vis	6.15.6
Nick Gardiner	Vis	6.16.5

David Jansen	Vis	6.27.1
Brian Paxman	M70	6.27.6
John Davies	M55	6.32.6
Karen Gower	Vis	6.33.4
Gaby Jansen	Vis	6.41.9
Ian Sanders	M40	6.49.2
Gillian Young	W55	7.15.4
Leonie Jones	W40	7.55.1

Walk

Ray Hall	M65	10.02.8
Val Millard	W55	10.03.2
Jacqui Sanders	W35	10.36.1
Dorothy Whittam	W65	10.51.1
Elaine Ellard	W60	10.53.4
Lorna Lauchlan	W70	11.08.2

3000M

Nick Gardiner	Vis	10.12.8
Alan Gower	Vis	10.32.4
Rob Cattrall	Vis	10.50.6
Bernard Mangan	M45	11.00.4
Bob Schickert	M60	11.14.4
David Reid	M50	11.23.6
Mark Speechley	Vis	11.26.8
David Charlton	M50	11.34.5
Gareth Brunt	M50	11.40.1
Rob Greenhalgh	M50	11.42.4
Simon Jawichre	M35	12.04.4
Frank Gardiner	M50	12.12.6
Anne Shaw	W55	12.27.5
Barry Jones	M45	12.33.4
Blakeney Tindall	M40	12.53.5
Stephen McCarthy	Vis	13.05.9
Melissa Gardiner	Vis	13.07.6
Brian Paxman	M70	13.39.4
?		13.57.3
Karen Gower	Vis	14.02.6
Milton Mavrick	M45	14.04.1
Gillian Young	W55	14.23.7
John Ellard	M60	14.33.8
Jacqui Sanders	W35	14.58.6
Leonie Jones	W40	19.56.0
Walk		

John Davies	M55	19.22.0
Val Millard	W55	20.25.8
Lynne Schickert	W60	21.32.7
Elaine Ellard	W60	22.24.4
Lorna Lauchlan	W70	23.15.8
Alan Tyson	M75	26.07.5

COKER PARK 24.1.2003

5000M RUN

Bert Carse	M60	18.55.2
Neil McRae	M45	19.26.2
Anne Shaw	W55	19.45.6
Gareth Brunt	M50	19.52.3
Russell Clarke	Vis	20.04.3
Blakeney Tindall	M40	20.13.7
Michelle McGrath	Vis	20.26.3
Frank Gardiner	M50	20.26.9
Barry Jones	M45	21.09.9
Steve McCarthy	Vis	23.06.6
Milton Mavrick	M45	23.32.2
Brian Paxman	M70	23.59.0
John Ellard	M60	24.11.2

2000M WALK

Lynne Schickert	W60	13.43.4
Elaine Ellard	W60	14.47.7
Lorna Lauchlan	W70	15.01.2
Alan Tyson	M75	17.01.0
Lil Heatly	W70	17.01.0

100M

Neil Morfitt	M45	12.4
Brendan Kennedy	M30	12.4
Colin Smith	M35	12.9
David Clive	M65	12.9
Gerard Kennedy	M30	13.0

Division 2		
Ian Davies	M55	13.3
Lynne Choate	W50	13.5
Ian Sanders	M40	13.9
Dave Jansen	M40	14.0
Division 3		
Katrina Spilsbury	W35	14.4
Clare Munro	W40	14.5
Eileen Hindle	W50	15.8
Jacqui Sanders	W35	15.8
Dee Campbell	W45	16.6
Division 4		
Leonie Jones	W40	16.3
Pat Carr	W70	16.4
Georgina Betts	W40	16.6
Gaby Jansen	W40	16.8
Lynne Schickert	W60	21.7
Lil Heatly	W70	29.5

800M

Barbara Blurton	W50	2.27.8
David Carr	M70	2.28.4
Bob Schickert	M60	2.30.9
Russell Clarke	Vis	2.32.3
Brian Foley	M55	2.36.7
Lachlan Marr	M45	2.40.0
Division 2		
Steve McCarthy	Vis	2.45.9
Gareth Brunt	M50	2.46.3
Toni Phillips	W30	2.52.2
Barry Jones	M45	2.53.1

Milton Mavrick	M45	3.04.0
Ian Sanders	M40	3.07.1
Dee Campbell	W45	3.13.0
Jacqui Sanders	W35	3.16.8
Leonie Jones	W40	3.19.7
Frank Gardiner	M50	3.20.6
Gill Edmonds	W35	3.21.5
Gaby Jansen	W40	3.24.7
Katrina Spilsbury	W35	3.29.6
Jackie Halberg	W55	3.31.7
Delia Baldock	Vis	3.37.9
Lil Heatly	W70	6.20.3

200M

Mike Edwards	M45	26.0
Neil Morfitt	M45	27.0
Barry Kernaghan	M60	27.3
Brendan Kennedy	M30	27.4
David Clive	M65	27.9
Colin Smith	M35	28.4

Division 2

Toni Phillips	W30	28.6
Lynne Choate	W50	29.8
Ian Sanders	M40	29.8
Dave Jansen	M40	30.5
Clare Munro	W40	32.4
Delia Baldock	Vis	34.4

Division 3

Milton Mavrick	M45	32.0
Barry Jones	M45	33.0
Jacqui Sanders	W35	34.3
Dee Campbell	W45	36.4

Division 4

Leonie Jones	W40	34.8
Gaby Jansen	W40	35.8
Georgina Betts	W40	38.7
Lil Heatly	W70	72.5

LES BECKHAM TRIPLE JUMP

Murray Talbot	M55	10.51m
Dave Jansen	M40	9.22
Gill Edmonds	W35	8.56
Pat Carr	W70	7.10
Lynne Schickert	W60	6.00

JAVELIN

Dave Jansen	M40	32.78m
Murray Talbot	M55	31.94
Gerard Kennedy	M30	30.25
Bob Fergie	M65	23.34
Brendan Kennedy	M30	22.67
John Sutton	M65	20.73
Georgina Betts	W40	17.94

HAMMER

Geoff Gee	M45	29.45m
Bob Fergie	M65	29.10
Eileen Hindle	W50	25.99
Murray Talbot	M55	21.00
Gerard Kennedy	M30	17.11
John Sutton	M65	15.79

UWA SPORTS 30/1/2003

SHOT PUT

Mark Hamilton	M30	11.16m
Geoffrey Gee	M45	10.77
Wayne Bariolo	M35	10.29
Gerard Kennedy	M30	7.50
Ian Sanders	M40	7.33
Dorothy Whittam	W65	7.16
Lorna Lauchlan	W70	6.03

LES BECKHAM LONG JUMP

Dave Wyatt	M50	4.80m
Dave Jansen	M40	4.58
Gerard Kennedy	M30	4.37
Mark Hamilton	M30	4.23
Ian Sanders	M40	4.10
Gill Edmonds	W35	3.92
Georgina Betts	W40	3.50
Jacqui Sanders	W35	3.33
Pat Carr	W70	3.20
Lynne Schickert	W60	2.73
Gaby Jansen	W40	2.35

DISCUS

Geoffrey Gee	M45	32.51m
Mark Hamilton	M30	31.98
Andrew Brooker	Vis	28.00
Wayne Bariolo	M35	23.21
Gerard Kennedy	M30	21.27
David Jansen	M40	19.62
Damien Hanson	M45	16.76

3000M

Andrew Brooker	Vis	10.05.0
Alan Gower	Vis	10.16.0
Clive Hicks	M45	10.19.2
Rob Cattrell	Vis	10.33.0
Bob Schickert	M60	11.13.0
Mark Speechley	Vis	11.13.6
Michael Watson	M35	11.32.2
Blakeney Tindall	M40	11.35.9
Anne Shaw	W55	11.41.5
Rob Greenhalgh	M50	11.47.4
Frank Gardiner	M50	11.52.4
Barry Jones	M45	11.55.1
Don Caplin	M60	12.05.1
Ivan Brown	M55	12.16.9
Milton Mavrick	M55	12.52.8
Melissa Gardiner	Vis	13.02.1
John Ellard	M60	13.10.1
Steve McCarthy	Vis	13.17.1
Doug Ashfield	M45	13.30.7
Karen Gower	Vis	13.40.7
Nick Bailey	M55	14.03.6
David Carr	M70	14.04.3
Dee Campbell	W45	14.13.4
Gillian Young	W55	14.19.0
Jacqui Sanders	W35	14.59.9
Gill Edmonds	W35	15.04.2
Katrina Spilsbury	W35	16.36.3

A thank you to Joan & John

John, and Joan Pellier have been Race Director's of the Freindship (Kings Park Run) for as long as I can remember. This year's run was their last. After many years they have decided to pass on the race to someone else. I am sure as events coordinator that I speak for the members, and committee, in thanking them for their contribution. Great work. - Keith Atkinson

2000M WALK

Robin King	W40	10.50.2
John Davies	M55	12.15.1
Lynne Schickert	W60	13.48.1
Elaine Ellard	W60	14.35.6

400M

Neil Morfitt	M45	58.7
Wayne Bariolo	M35	59.7
Barrie Kernaghan	M60	62.8
Roy Fearnall	M55	63.1
Graham Carroll	M45	65.4

Division 2

Peter Gare	M60	64.3
Toni Phillips	W30	67.8
Ian Sanders	M40	71.5
Don Caplin	M60	71.9
Lynne Choate	W50	72.8

Division 3

Dave Jansen	M40	76.1
Dee Campbell	W45	77.2
Nick Bailey	M55	79.2
Jacqui Sanders	W35	80.7

Division 4

Gaby Jansen	W40	82.7
Leonie Jones	W40	83.8
Gillian Young	W55	88.0
Georgina Betts	W40	94.6
Colleen Rees	Vis	n/t

200M

Campbell Till	M45	25.6
Wayne Bariolo	M35	26.0
Graham Carroll	M45	26.4
Roy Fearnall	M55	27.0
Peter Gare	M60	27.8

Division 2

Barrie Kernaghan	M60	27.3
Rob Grenhalgh	M50	26.5
Dave Wyatt	M50	28.8
Lynne choate	W50	29.3
Gerard Kennedy	M30	29.8

Division 3

Toni Phillips	W30	28.5
Ian Sanders	M40	29.4
Dave Jansen	M40	29.9
Mark Speechley	Vis	30.6
Steve McCarthy	Vis	32.3

Division 4

Milton Mavrick	M45	30.8
Ross Calnan	M60	32.3
Don Caplin	M60	33.3
Barry Jones	M45	33.7
Jacqui Sanders	W35	34.3

Division 5

Nick Bailey	M55	33.2
Anne Shaw	W55	34.5
Georgina Betts	W40	35.2
Gaby Jansen	W40	36.1
Ray Hall	M65	36.6

Division 6

Denise McMorrow	W35	34.3
Leonie Jones	W40	34.6
Dee Campbell	W45	34.7
Pat Carr	W70	39.3

1500M

Rob Catrall	Vis	4.48.0
Michael Watson	M35	4.49.3
Blakeney Tindall	M40	5.02.9
Dave Reid	M50	5.06.3
Mark Speechley	Vis	5.13.7
David Carr	M70	5.15.0
Brian Foley	M55	5.27.7

Ivan Brown	M55	5.32.4
Denise McMorrow	W35	6.11.4
Division 2		
Frank Gardiner	M50	5.39.4
Steve McCarthy	Vis	5.50.1
Milton Mavrick	M45	5.57.1
Barry Jones	M45	5.58.4
Robin King	W40	6.02.1
John Ellard	M60	6.14.4
Melissa Gardiner	Vis	6.16.1
Dee Campbell	W45	6.20.4
John Davies	M55	6.32.1
Damien Hanson	M45	6.34.2
Gillian Young	W55	6.40.1
Leonie Jones	W40	6.55.8
Dave Jansen	W40	7.07.8

1500M WALK

Lynne Schickert	W60	9.57.7
Ray Hall	M65	10.35.7
Dorothy Whittam	W65	10.48.5
Lorna Lauchlan	W70	11.06.3
Elaine Ellard	W60	11.32.6
Alan Tyson	M75	12.46.6

Friendship with WAMC

Joan + John Pellier - 19 January 2003

The 25th Friendship Run coincided with Christine and Silvio Wirth's 25th anniversary of coming to Australia. The morning was overcast and cooler after the hot weather. Thanks as always to the many helpers: Julie and Michelle McGrath, John Smith, Margaret Taylor, Wendy Clements-Green, Glenda Lawrence, Merv Moyle, Don Caplin, Vince & Tina Carrerero, Sue Danby, John & Beryl Doust, Jim Barnes and a special thanks to Vic Waters (injured) and Les Ormsby (non-runner) who acted as security in the car park after last year's incident.

6.1 km Run

Dirk Klicker	Vis	22:56
Bert Carse	M60	23:36
Chris Coates	M45	23:48
Mike Leary	Vis	25:31
Anne Shaw	W55	25:54
Amanda Walker	W35	26:00
Chris Shenton	M35	26:01
Barry Jones	M45	27:19
Paul Burke	Vis	27:19
Ivan Brown	M55	27:29
Bob Schickert	M60	27:47
David Carr	M70	28:22
Brian Bennett	M55	28:29
Dee Campbell	W45	29:15
Simon Mort	M45	29:45
Margaret Langford	W55	29:54
Irwin Barret-Leonard	M70	29:55
Ciel Coates	Vis	30:36
Dee Haynes	W40	31:18
Anthony Cale	Vis	31:29
Michael Anderson	M50	31:39
Margery Forden	W60	31:52
Eric Klicker	M55	31:57
Ray Atwell	M65	32:11
Gillian Lees	W40	32:14
Peggy MacLiver	W55	32:23
Bob Hayres	M70	32:35
Mike Faunge	M60	33:07
Brian Hunter	M55	33:09
Roger Walsh	M55	33:12
Sandra Crossman	Vis	33:16
Leone Jones	W40	33:31
Simone Greenwood	W30	33:33

Bob Sammells	M65	33:34
George Schaefer	M70	35:11
Irene Ferris	W50	35:18
Paula Karra	W30	35:41
Kirt Johnson	M70	35:42
Aldo Giacomini	M65	35:48
Roma Barnett	W50	36:13
Sue Lake	W40	36:23
Arnold Jenkins	M55	36:39
Bob Fergie	M65	36:55
Merv Jones	M60	37:35
Jeff Spencer	M60	37:36
Jackie Halberg	W55	37:50
Mary Young	W50	38:01
Steve Thoohey	M50	39:26
Ray Hall	M65	39:32
Keith Forden	M60	39:39
Tanya Burke	Vis	40:32
Julie Wood	W50	40:59
Mary Chan	W45	41:30
Ray Lawrence	M70	41:43
Alison Aldrich	W55	41:54
Phyllis Farrell	W55	42:31
Sheila Maslen	W65	42:40
Tony Wilmott	Vis	42:49
Shirley Milligan	W65	51:30
Glenys Shanahan	W75	80:22

12.21 km Run

Bjorn Dybdahl	M45	47:10
Ralph Henderson	M50	48:44
Jim Klinge	M55	50:58
Russell Clarke	M45	51:25
Neil McRae	M50	53:00
Wayne Robinson	M45	53:48
Mike Karra	M35	54:20
Brian Danby	M50	54:43
Ian Gooddall	Vis	55:39
Johan Hagerdoorn	M55	56:16
Frank Smith	M60	56:36
John Mack	M60	56:53
David Muir	M55	57:03
Gary Fisher	M50	57:25
Mark Sivyer	M50	57:28
Mal Vernon	M45	58:09
Simon Jawichre	M35	58:16
Robin King	W40	58:34
Sean Keane	M35	59:35
Wayne Bates	M55	59:54
Mike Kahn	M55	60:13

Robert Sheehy	M55	60:16
Wayne Taylor	M40	60:24
Keith Atkinson	M45	60:36
Nick Miletic	M50	62:22
Shirley Bell	W50	64:17
Gillian Young	W50	64:30
Don Pattinson	M45	64:33
Paul Buckley	M50	65:02
Stan Lockwood	M70	65:34
John Ellard	M60	65:55
Hamish McGlashan	M65	66:06
John Dance	M50	66:17
Michael Andrews	M35	66:17
John Davies	M55	68:32
Lyn Harrot	W45	68:33
Fraser Deanus	M60	69:11
Liz Chandler	W30	69:26
Ann Turner	W65	70:25
Kris Arian	W30	72:18
Rhod Wright	M50	82:00
Elaine Dance	W50	82:30
Margaret Bennet	W60	83:00
Shorty Turner	M65	87:35

12.2 km Walk

Chris Pattinson	W45	94:25
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6.1 km Walk

David Brown	M55	41:56
Rod Tinniswood	M50	42:55
Lynne Schickert	W60	46:20
Val Millard	W55	46:20
Rex Bruce	M60	46:40
Jenny Shillington	W40	47:18
Dorothy Whittam	W65	51:37
Elaine Ellard	W60	52:23
Fennella Gill	W40	53:52
Kylie Mahoney	W35	53:57
Rosa Wallis	W55	55:03
Pat Ainsworth	W65	55:22
Pat Hopkins	W60	55:22
Maggie Flanders	W65	55:42
Christine Tinniswood	W50	60:01
Ernest Moyle	M75	61:57
Jeff Whittam	M65	61:57
Inere Oliver	W45	62:51
Pat Miller	W60	64:36
Pierre Vialla	M55	64:37
Norm Miller	M70	68:26
Pam Toohey	W55	68:27



The objective of the club is to encourage and promote veterans' athletics, general fitness and to provide training and competition within the jurisdiction of the Athletic Association of WA. Membership is available to men and women 30 years and older.

We have a comprehensive annual programme that provides the opportunity for members to participate in weekly runs and walks, as well as track and field competition. There are also training groups that meet during the week. The social

aspect is also important and many members enjoy a picnic breakfast after the Sunday races.

The format of the events allows contestants to be as competitive or social as they choose. Competition is in gender and age groups which go in five yearly increments, starting at W30 and M30.

The club is run by a small committee and is dependent on many volunteers such as race directors, marshals, time recorders and helpers of all kinds.

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Club Clothing

Contact Maggie Flanders:
9314 7556

Club Singlets:

New Style Yellow/Black - \$25
(All sizes, Men's and Women's)

T-Shirts:

Short Sleeve \$18. Grey in all sizes, White in limited sizes.
Long Sleeve \$20. Grey in all sizes.

Fleecy Wind Cheaters. \$25 in all sizes.

Caps - White only. **Legionnaires Caps** - White only.
Sun Visors - White only. All \$10. One size fits all.

Australian Masters Uniforms

New supplies readily available from
Hazel McDonald in Queensland.
Lynne Schickert has order forms and
they will be available on notice board.