



The Vetruns



No. 309 July 1999

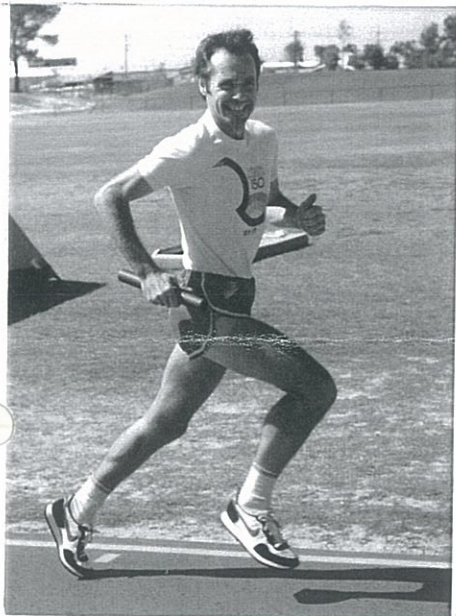
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Blast from the Past!

Do you recognise these club members??? (top and bottom right) These photos were taken during the 24 hour relay in the early 80's. A very cheerful Frank Smith, Maurice Warren and Brian Danby. (bottom left) A fit looking Val Tyson at Jorgenson Park in 1982.



Club News

Welcome New Members

Sandy Bono
Jill Paice
Jane Robley
Brian Hardy
Barry Lunn
Carol Lunn
Hyrem Mansell-Paea
Adrian Damiani
Wayne Bates

Reminder

**Tone River Weekend
24th-27th September**

We need to know numbers as soon as possible so if you are interested, make a booking with a \$15 deposit to Jan Jarvis on 9276 5616 (home) 9325 3877 (work) plus. Total cost for the three nights will be approx. \$30.

Welcome Back

Val Tyson is back in town and we hope to see her at a run soon. If you would like to contact her the number is 9384 3909. She lives at Mosman Park. The photo is of Val doing Cross Country in her super fit days. Val still holds a number of State walking records.

International Masters Games – Japan

The 20th Commemorative Japan International Masters Athletics Championships will be held at Kumamoto from 20/11/99 to 23/11/99. For more information contact tel: 81963282958 fax: 81963282959 or visit <http://www.sysKen.or.jp/km20mac>

Sydney 2000 Athletics Officials Announced

Congratulations to those WA Vets who have been chosen as officials at the 2000 Olympics, Warren Davey as a Throws Official, Diane York as a Jumps Official and Fred Napier as an assistant manager in Technical Management. A copy of the Australian Press Release can be found in the latest Courier

Race Directors and Competitors

There has been some confusion over where the actual finish line is for the Sunday runs. In order to standardise this, we are asking that the clock is placed at the finish line. Also that the chute is flagged or use the new witches hats, with the larger witches hats as the finish line.

Missing Equipment Where's the Tent?

If previous race directors could check their garages etc, as we are missing the tent! This is important this time of year to keep officials dry and warm. Please contact Keith Atkinson or Alan Chambers

Relay- 40 Miler

On Sunday 22nd August, we are staging a combined event with the Marathon Club. The event will start from McCallum Park at a time to be announced. Those wishing to be part of team or enter a team please contact Joan Pellier

Perth Marathon

(for results see Ivan Brown's contribution on page 5)

Another Perth Marathon has been run on Sunday 4th July 1999. Conditions for the first few hours were ideal although late finishes got drenched. Congratulations to all our members who ran the event. Special mention to first

timers, Jenny Barnes, Jill Paice, Eileen Brown and Paula Karra. Apologies if we missed anyone... From the club and competitors, thank you to the helpers at the drink stations: Norm and Pat Miller, Maurice and Margaret Warren, Craig Watson, Ernie Moyle, Jackie Halberg, Keith Atkinson, Lorri Carroll, Bob and Lynne Shickert, Kirt Johnson, Merv and Sue Jones, Brian Aldrich, Bob Hayres, Mike and Nora Berry and Sid Bowler. Sorry if I overlooked anyone. Also well done to the Marathon Club on another well-organised event!

Helpers for Upcoming Runs

1st August

Club Cross Country - Jorgenson Park, Crescent Road Kalamunda
John West, John Adams, John and Joan Pellier, Michael Anderson, Alan Pomery and Phil Hawks

8th August

Club Half Marathon- Taylor Street McCallum Park, Vic Park
Ross O'Brien, Ken Brownlie, Carol Broderick, Peter Airey, Lyn Stoltze, Tony Whittaker, Denis Miller, Keith and Marg Forden

15th August

Hester Park-Spencer St Langford
Merv Moyle, Shirley Bell, Arnold Jenkins, D. White, J. Weatherburn, S. Parkinson and R. Harris.

5th September

Picnic Area, Progress Drive Bibra Lake
Bob Sammells, R. Bruce, Shirley Bell, Mitch Loly, G. MacCrae, J. Smith, R.Davis, J. Klinge.

INTERNET NEWS

With our team leaving soon for the World Veterans Track and Field Championships in Gateshead, England, members might like to try the official Gateshead Website to look for results and news from this event.

The address is:

<http://www.gatesheadmbc.gov.uk/wava/>

There has been some difficulties getting results from major meets in the past (Canberra was an exception) so there is no certainty that results will appear!

The British Veterans Athletic Federation also has a website at:

<http://www.veteran-athletics.freemove.co.uk/>

which may be worth checking out as well.

John Stone

AthleticA Cross Country Competition

The WA Vets winter team is coming second in the men's open competition to date, one point behind Mandurah and in front of all of the major clubs. This is due to us having more competitors than the other clubs.

OPEN MEN'S COMPETITION

CLUB	Points	Place
Canning Districts	30	4
Northern Districts	30	4
Sterling Swans	39	3
Melville	6	8
Mandurah	46	1
Veterans	45	2
UWA	14	6
Karrinyup	10	7

Results

BARDON PARK

13/6/99

This event was advertised as a 10km & 5km, However, as we had changed the route slightly, the distance was changed to a 10km and 6km. We extended the turn around for the 6km to make it more convenient, and therefore was a little more than the 6km measured. To all those who commented on the length of the run not being correct please accept our apologies, and we hope that in spite of this fact and various other facts that some people were not satisfied with, that they enjoyed the scenery and the weather. The following times, are as per the printed readout.

Thank you to all our helpers, Anne & Shorty Turner, and Fred Wendy Clements, Pat Ainsworth, Brian Smith, and Norm Miller. Also many thanks to those people who said how much they enjoyed the run.

Margaret & Brian Bennett

6K Run

Stephen Dunn	M30	24:58
David Willmer	M40	25:45
Don Caplin	M60	27:51
Alan Jennings	M55	31:29
Warren Davey	M45	33:17
Ray Hall	M65	34:44
Jeff Spencer	M55	37:05
Sue Bullen	W35	38:38
Kirt Johnson	M70	38:39
Ray Lawrence	M70	39:29
Brian Aldrich	M65	41:34
Rosa Davis	W55	42:52
Suzanne Brand	W50	44:20
Lorri Carroll	W45	45:00
Jane Rosley	Vis	45:99

Alan Chambers M60 47:47
Glenice Shanahan W75 57:16

10km

Jim Langford	M50	36:31
John West	M45	37:03
Jim Klinger	M50	37:53
Gary Fisher	M45	38:32
Frank Smith	M55	40:03
David James	M45	40:05
Vic Waters	M55	41:17
Robert Mail	M50	41:43
Wayne Pantall	M45	43:11
Mike Khan	M50	43:21
Mike Rhodes	M50	44:03
Bob Sammells	M60	45:22
Bob Schickert	M55	46:17
Brian Foley	M55	46:26
Joe Stickles	M60	46:27
Bryan Hardy	M55	48:10
Mike Hale	M50	48:22
George Schaefer	M65	48:44
Shirley Bell	W50	48:46
Stan Lockwood	M65	49:11
Simon Mort	M40	49:18
Dalton Moffat	M65	50:18
Robert Sheedy	M50	50:19
Merv Moyle	M70	52:03
Ron Sutton	M60	53: Vis
Val Millard	W50	53:49
Margaret Warren	W60	54:35
Jackie Halberg	W50	54:54
Craig Watson	M40	56:49
Karen Thomson	W30	56:51
Eileen Brown	W50	57:41
Arnold Jenkins	M55	57:42
Mary Heppell	W60	59:15
Trevor Brown	M55	63:09
Sheila Maslen	W60	66:36
Frank Usher	M75	79:48

6km Walk

Marian Bucens	W55	50:06
Maggie Flanders	W60	55:32
Jeff Whittam	M60	59:09
Marg Taylor	W45	66:28
Pat Miller	W60	66:30
Fred Watson	M80	68:23

10km Walk

John Mison	M50	55:05
Dick Blom	M60	61:39
Jackie Billington	W50	67:35
Michelle Mison	W50	67:35
Barie Thomsett	M55	71:18
Dorothy Whittam	W60	71:19

Lyn Schickert	W55	71:54
Lorna Laughlan	W65	72:02
Val Wheeler	W65	82:59
Rex Bruce	M55	83:01
Alan Pomery	M65	83:54

25km Road Running Championships

My thanks to all those who helped on the day: Joe Stickles who supplied the 'Bridge' sign and made sure you turned around to come home; Margaret and Maurice Warren, Michele and John Mison who looked after the water points; and Margaret Talyor, Fred Watson, Val Wheeler, Alan Jennings and Allan Tyson as Road Marshals. At the start/finish line were Bob Fergie who handled the print recorder that didn't print, Rex and Jim handing out numbers and on the recording table were Bridget Carse, Sue Bullen and Lynne Schickert. My thanks again.

Finally, my congratulations to Bert Carse as the Men's overall winner and Anne Shaw the women's overall winner. Look at their times, they were truly magnificent. And quote of the day "I've been loafing along"-Merve Moyle M70

Barrie Thomsett

25km Run

	M30	
Stephen Dunn		1.38.47
Mike Karra		1.50.44
	M40	
Keith Atkinson		1.59.07
	M45	
John West		1.35.51
Gareth Brunt		1.45.57
Tony Heppner		1.48.35
John McGowan		2.02.55
	M50	
Ivan Brown		1.46.31
Brian Danby		1.53.48
John Bell		1.53.48
Mark Rosen		1.55.09
Mike Kahn		2.07.18
	M55	
Bert Carse		1.33.29
Graham Thornton		1.48.08

Bob Schickert		1.48.34
Mitch Loly		2.03.57
John Pellier		2.18.49
	M60	
Bob Sammells		2.04.19
Richard Harris		2.05.35
Brian Smith		2.22.22

	M65	
George Schaefer		2.26.43
Ray Hall		2.29.31

	M70	
Cecil Walkley		2.05.26
Merve Moyle		2.24.44

	W30	
Jill Paice		2.13.43

	W45	
Jenny Barnes		2.08.53
Sue Vetten		2.14.32
Wendy Duncan		2.21.12
Denise Lancaster		2.57.23

	W50	
Anne Shaw		1.40.00
Margaret Langford		2.03.58
Shirley Bell		2.05.17
Kath Noordyk		2.06.32
Valerie Millard		2.30.25
Jackie Halberg		2.32.29
Eileen Brown		2.39.20

	W55	
Marg Forden		2.14.44
Joan Pellier		2.33.51
Margaret Bennett		2.57.23

	W60	
Ann Turner		2.28.59

	Visitors	
John Carpenter		1.52.13
Brendan Phillips		1.53.49
Sara Kennedy		2.21.12
Peter Ryan		2.23.12
Paula Karra		2.26.43

10km

Jim Klinge	M50	37.28
Darryl White	M40	37.42
Gary Fisher	M45	37.48
Dave Roberts	M55	38.50
Frank Smith	M55	40.21
Jim Langford	M50	41.38
Wayne Pantall	M45	42.18
Robert May	M50	42.21
Blakeney Tindall	M35	42.35
Don Caplin	M60	43.00
Vic Waters	M55	43.10
Mike Rhodes	M50	43.10
Brian Foley	M55	44.27
Steve Ditchfield	M45	45.46

Michael Anderson	M50	46.25
Johan Hagedoorn	M55	46.43
Lawrence Wynne	M45	48.05
Peggy Macliver	W55	48.39*
Mike Faunge	M60	50.29
Dalton Moffett	M65	52.29
Craig Watson	M40	55.04
Merv Jones	M55	55.15
Arnold Jenkins	M55	58.30
Ray Lawrence	M70	59.12
Brian Aldrich	M65	59.35
Jan Jarvis	W50	60.15
Kirt Johnson	M70	60.16
Marry Heppell	W60	60.40
Brian Holmes	M60	61.48
Alan Chambers	M60	62.37
Sheila Maslen	W60	62.59
Peter Airey	M60	64.06
Trevor Brown	M60	67.13
Frank Usher	M75	79.02
Glenice Shanahan	W75	84.02

10km Walk

Lyn Ventris	W40	52.39#
Dick Blom	M65	63.31
Paul Martin	M55	63.33
Phillip Dean	M55	69.13
Lynne Schickert	W55	73.37
Lorna Laughlan	W65	73.40
Pat Ainsworth	W60	81.23
Maggie Flanders	W60	84.16
Ernie Moyle	M70	86.38

5km Walk

Jeff Whittam	M60	44.11
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* first woman home

W40 state record

Pagoda Run 25.4.99

107 athletes competed in this years Pagoda Run. Conditions were good, and a number of new records were set. Thanks to helpers Leo Hassam, John Bromley, Jeff Whittam, Mary Heppell, Pat Carr, Marg Taylor and Maureen Pomery and Bev Thornton. (what would we do without this two wonderful club members). Thanks also to Kirt Johnson, always there to carry equipment and help when needed.

Jackie Halberg

16 RUN

Tony Heppener	M45	60:12
John West	M45	60:22
Stephen Dunn	M30	61:29 *
Warren Gee	M45	63:55
Ralph Henderson	M50	63:55
Gareth Brunt	M45	64:23
Anne Shaw	W50	65:24 *
James McCarthy	M35	67:09
Robert Mair	M50	68:22
Brian Danby	M50	68:45
John Davies	M50	69:10
Bob Schickert	M55	69:29
Graham Thornton	M55	69:59
Ivan Brown	M50	70:47
Jan Kelly	W45	71:16 *
Bruce Haustead	VIS	71:48
Chris Kowaloki	VIS	71:49
John Bell	M50	71:58
John McGowan	M45	72:45
Mike Khan	M50	73:29
John Griffiths	VIS	74:30
Mark Rosen	M50	74:46
Wayne Bates	VIS	75:51
Keith Atkinson	M40	76:17
Mike Hale	M50	76:18
Bob Sammells	M60	76:24
Michael Anderson	M50	77:59
Kath Noordyk	W50	79:50
Sandy Bond	W35	80:04
Richard Harris	M60	80:10
Sue Vetten	W45	80:47
Jenny Barnes	W45	80:49
Shirley Bell	W50	82:37
Paul Robertson	VIS	82:43
Brian Smith	M60	83:08
Milton Mavrick	M45	84:49
Merv Moyle	M70	89:16
Gula Karra	VIS	90:04
Norm Miller	M65	92:25
Ann Turner	W60	93:48
Eileen Brown	W50	95:17
Joan Pellier	W55	97:53
Irene Ferris	W45	100:08
Sheila Maslen	W60	107:40
Phyllis Farrell	W50	107:41
Alan Chambers	M60	122:41

10KM RUN

Dave Roberts	M55	37:48 *
Gary Fisher	M45	38:10
Jim Klinge	M50	39:20
Peter Kallis	VIS	40:32
Frank Smith	M55	41:51
Paul Kelly	M45	43:44
Maurice Creagh	M50	44:14

Brian Foley	M55	46:48
Johannes Hagedoorn	M55	47:31
Bob Harrison	M55	47:53
Simon Mort	M40	51:02
George Schaefer	M65	51:21
Malcolm Read	M35	51:35
Aldo Giacomini	M60	51:54
Wendy Clements	W55	51:58 *
Dalton Moffett	M65	51:59
Ross Williams	M55	52:07
Mike Faunge	M60	52:22
Stuart Parkinson	M50	52:59
Robert Sheehy	M50	53:42
Jeff Spencer	M55	57:46
Merv Jones	M55	57:49
John Pellier	M55	58:10
Craig Watson	M40	59:24
Ray Lawrence	M70	59:45 *
Kirt Johnson	M70	63:08
Trevor Brown	M55	68:10
Ron Spencer	M55	70:22
Lorri Carroll	W45	72:05
Frank Usher	M75	79:08
Karen Thompson	VIS	85:37

5KM RUN

Justin Lynton	VIS	17:24
Nathan Doig	VIS	19:15
Don Caplin	M60	19:26 *
Tessa Brockwell	W40	19:48 *
Nicholas Gardiner	VIS	20:16
Frank Gardiner	M45	21:32 *
Lionel Hendry	M40	25:19
Jim Middleton	M30	25:20
Keith Forden	M60	27:35
David Carr	M65	27:36
Jan Jarvis	W50	28:25
Vic Beaumont	M65	28:31
Sue Bullen	W35	28:46
Margery Forden	W55	28:48
Margaret Warren	W60	30:29
Noela Medcalfe	W60	32:21
Rosemarie Loomans	W45	33:06
Shorty Turner	M60	33:07

16KM WALK

Paul Martin	M55	95:42 *
John Mison	M50	95:42 *
Dick Blom	M65	112:12 *
Michele Mison	W50	114:15

10KM WALK

Jackie Billington	W55	73:36
Philip Dean	VIS	74:31
Dorothy Whittam	W60	74:44 *
Lynne Schickert	W55	75:53

Lorna Lauchlan	W65	75:58
Ernie Moyle	M70	88:01

5KM WALK

Pat Ainsworth	W60	40:58
Maggie Flanders	W60	41:20
Rex Bruce	M55	48:56
Alan Pomery	M65	48:57 *

* New age group records.

Perth Marathon

4th July 1999

This event was the official State Championships as well as the WA Vets Marathon Championship event. Our members were prominent in the field of 255. Those who finished under 3 hours and 30 minutes avoided the very heavy rain, but our many helpers at drink stations were completely drenched. My sincere appreciation goes to all who helped and offered vocal support during the race; ditto to the relay runners. Keith Atkinson presented medals to age group winners at 'The Palms' in the afternoon. I was a lively and pleasant celebration of 4th July. Age group placings were as follows-sorry if I missed anyone.

Ivan Brown**M30**

Jusitin Brown	2.40.50
John Armstrong	2.55.08
Wayne Galbraith	2.57.13
Jon Wannberg	3.45.01
Mike Karra	4.24.37

M35

Mark Page	2.37.49
Pat Thomas	2.58.51
Kurt Davies	3.00.33

M40

Nick Francis	2.41.03
Mich Muroi	2.48.44
Mike Coote	2.49.45

M45

Chris Maher	2.40.01
Bjorn Dyball	3.06.54
Gareth Brunt	3.07.21
Steve Storer	3.20.53

Rob Macbeth	3.23.38
Phil Webb	3.24.27
Greg Doucas	3.28.03
Doug Gilchrist	3.28.05

M50

Laurie Naylor	3.01.19
Martin King	3.02.04
Steve Lewis	3.05.54
Ivan Brown	3.20.59
Ian Lankester	3.22.54
Chris Broun	3.27.56
Neil Anderson	3.35.57
Keith Miller	3.38.08
Paul Long	3.39.20
William Taylor	3.40.29
James Gwilliam	3.41.27
John Carpenter	3.44.15

M55

John Davies	3.08.31
Barry Spice	3.14.32
Lawrie Nevin	3.29.56
Graham Thornton	3.36.32
Jim Barnes	3.46.34
John Kelly	3.49.33
Mitch Loly	4.01.23
Ian Berndt	4.16.39
John Petterson	4.20.50

M60

Phillip Clover	3.44.05
Frank Dymond	3.59.34
Richard Harris	4.04.48

M70

Cecil Walkley	4.04.09
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W30

Jacinta Guthridge	3.11.48
Toni Padovan	3.16.02
Michelle McGrath	3.29.47

W35

Sue Webber	3.15.20
Roxanne Crees	3.46.59
Gloria Stewart	3.51.29

W40

Barbara Prince	3.22.43
Caroline Mills	3.30.24
Catherine McMaster	3.33.30

W45

Kath Jacobs	3.25.12
Paula Hansen	3.30.12
Wendy Duncan	4.14.09
Jenny Barnes	4.14.25

W50

Anne Shaw	3.00.51
Shirley Bell	3.50.34
Sara Kennedy	4.20.26
Eileen Brown	4.42.46

W55

Pauline Wiltshire	4.24.48
Kath Jones	4.38.09

Pre-Gateshead Competition Perry Lakes 3rd July 1999

A big thank you to all those who came along to provide competition for our Gateshead athletes. Thanks also to the time keepers and helpers including Vic Waters who missed his event (!), Sallyanne Brambley for taking the wind readings and Warren Davey for starting.

Congratulations to Peggy Macliver who broke the W55 State Record in the 400m with a time of 67.7 with her run Saturday 19th June.

5km run

Bob Schickert	18.33.9
Frank Smith	20.02.1
John Brambley	22.10.9
Merve Jones	26.26.3
Mary Heppell	28.48.3

5km Walk

Barbara Atkinson	30.21.9
Terry Humphries	30.34.5
Dorothy Whittam	34.17.3
Lynne Schickert	34.50.0
Lorna Lauchlan	34.51.1
Maggie Flanders	40.08.4

100m

Norm Richards	12.5
Lynne Choate	12.7
John Stone	12.9
Peggy Macliver	13.9
David Carr	13.9
Joy Sanger	15.5
Pat Carr	16.2

200m

Norm Richards	26.6
Lynne Choate	26.9
Peggy Macliver	29.9
David Carr	30.0
Joy Sanger	33.2
Pat Carr	36.4

600m

David Carr	1.44.9
Brian Foley	1.43.8
Peggy Macliver	1.52.6

Copy for the Vetrin

If you have anything to contribute to the Vetrin send it to 2/14 Leonora St Como, WA 6152 or email it to katrinas@cyllene.uwa.edu.au

Andy Wright Handicap 30 May 1999

Once again we had a beautiful morning for this run — sunny, and practically no wind. A total of 85 runners and walkers took part, and the guys outdid themselves in the provision of morning tea. It was the best morning tea response for the last few years.

My thanks to my generous band of helpers:- Maureen Pomery & Bev Thornton, Pat Carr, Jackie Halberg, Jim Shaw, Dalton Moffett, Frank Smith, Ernie Moyle and Barry Thomsett. Thanks to Sur Danby for her supervision of the preparations for Morning Tea, and special thanks to both Sue and Brian for the clean up of the floor.

See you all again on a nice sunny day in 2000

Leo Hassam.

Results:

10 K Handicap:

First Man — Kurt Johnson

Second — Robert Sheehy

Third — Mike Rhodes

First Woman — Sheila Maslen (her second win!)

Second — Mary Heppell

Third — Val Millard

5K Run:

Man

First Cecil Walkley
Second Brian Aldrich
Third Warren Davey

Woman

Peggy McLiver
Jan Jarvis
Sue Bullen

10K Handicap Walk:

Man

First Dick Blom
Second Philip Dean
Third John Mison

Woman

Jackie Billington
Dorothy Whittam
Lorna Lauchlan

5K Walk:

First Fred Watson Pat Miller

Times: (in order of finishing)

10 K Handicap: [NL means no handicap time listed]

		Clock	H'cap	Actual
1 Karen Thompson	W30	56:20	00:00	56:20
2 Kurt Johnson	M70	58:24	04:20	54:04
3 Robertg Sheehy	M50	58:33	08:20	50:13
4 Mike Rhodes	M50	58:35	16:00	48:35
5 Neil McRae	Vis	58:38	NL	
6 Graham Thornton	M55	59:36	18:00	41:36
7 Sheila Maslen	W60	59:47	00:00	59:47
8 Mary Heppell	W60	60:06	00:00	60:06
9 Val Millard	W50	60:18	07:10	53:08
10 Mike Faunge	M60	60:32	10:15	49:17
11 David Carr	M65	60:37	18:00	42:37
12 Mike Khan	M50	60:44	17:30	43:14
13 Mike Hale	M50	60:46	18:00	42:46

14 Bob Sammells	M60	60:47	15:40	45:07
15 Jim Klinge	M50	60:48	23:00	37:48
16 Bob Schickert	M55	60:54	21:50	39:04
17 Gary Fisher	M45	60:56	22:30	38:26
18 Frances Lipscombe	W40	60:59	12:00	48:59
19 Brian Smith	M60	61:00	12:00	49:00
20 Darry Dahlstrom	M45	61:01	22:15	38:46
21 Merv Jones	M55	61:03	06:00	55:03
22 Vic Waters	M55	61:09	19:30	41:39
23 Aldo Giacomini	M60	61:23	11:30	49:53
24 David Reid	M45	61:28	22:00	39:28
25 Margaret Bennett	W55	61:34	02:40	58:44
26 Bert Carse	M55	61:42	24:00	37:42
27 Ann Shaw	W50	61:53	22:10	39:43
28 Joan Pellier	W55	62:15	06:00	56:15
29 Merv Moyle	M70	62:24	08:30	53:54
30 Keith Atkinson	M40	62:27	18:00	44:27
31 Margaret Warren	W60	62:34	09:00	53:34
32 Jim Barnes	M55	62:53	19:15	43:38
33 John Brambley	M55	63:02	16:00	47:02
34 Brian Danby	M50	63:09	19:50	43:19
35 Maurice Creagh	M50	63:47	18:00	45:47
36 John Adams	M45	64:07	15:00	49:07
37 Milton Mavrick	M45	64:28	17:00	47:28
38 Ray Hall	M65	64:29	13:00	51:29
39 Brian Hunter	M50	64:34	11:30	53:04
40 George Schaefer	M65	64:36	14:00	50:36
41 Jane Hunter	Vis	64:53	NL	
42 Brian Foley	M55	64:54	18:00	46:54
43 Sandy Bond	W35	65:07	14:00	51:07
44 Ray Lawrence	M70	65:40	07:10	58:30
45 John Pellier	M55	65:42	13:30	52:12
46 Suzan Brand	W50	65:51	00:00	65:51
47 Irene Brown	W50	66:21	00:00	66:21
48 Trevor Brown	M55	66:46	06:30	60:16
49 Arnold Jenkins	M55	66:51	10:00	56:51
50 Rose Davis	W55	67:27	01:00	66:27
51 Jeremy Short	M45	67:44	15:30	52:14
52 Craig Whatson	M40	67:56	10:00	57:56
53 Michelle Mison	W50	68:15	00:00	68:15
54 Bridget Carse	W55	70:34	10:30	60:04
55 Frank Usher	M75	77:10	00:00	77:10
56 Alan Chambers	M60	79:38	00:00	79:38
57 Glenys Shanahan	W75	89:10	00:00	89:10

10K Handicap (sealed)

1 John Mison	M50	57:02	45:50	102:52
2 Paul Martin	M55	57:03	45:50	102:53
3 Dick Blom	M65	61:51	35:50	97:41
4 Philip Dean	M50	67:48	31:30	99:18
5 Jackie Billington	W55	67:50	30:00	97:50
6 Dorothy Whittam	W60	70:19	28:40	98:59
7 Lynne Schickert	W55	70:34	30:50	101:57
8 Lorna Lauchlan	W65	72:59	28:20	101:19
9 Marion Bucens	W55	73:00	32:30	105:30
10 Alan Pomery	M65	81:05	22:30	103:35
11 Pat Ainsworth	W60	81:35	20:50	102:25
12 Val Wheeler	W65	82:46	17:30	100:16
13 Maggie Flanders	W60	83:17	17:30	100:46
14 Jeff Whittam	M60	85:54	16:30	102:24

5K Walk

1 Fred Watson	M80	52:13
2 Patricia Miller	W60	52:14

Happy Birthday to our August members

Fisher, Jean	03/08/46	53 remains	W50
West, John	03/08/49	50 becomes	M50
Midolo, Jill	05/08/47	52 remains	W50
Whittam, Jeffrey	05/08/34	65 becomes	M65
Lloyd, Su	06/08/52	47 remains	W45
Mort, Simon	06/08/56	43 remains	M40
Dunn, Stephen	06/08/66	33 remains	M30
McCarthy, James	07/08/59	40 becomes	M40
Henderson, Ralph	07/08/48	51 remains	M50
Danby, Brian	08/08/48	51 remains	M50
Carse, Albert	08/08/41	58 remains	M55
Langford, Jim	12/08/44	55 becomes	M55
Miller, Nick	13/08/62	37 remains	M35
Hughes, William	15/08/27	72 remains	M70
Kelly, Max	15/08/46	53 remains	M50
Davey, Warren	16/08/50	49 remains	M45

Waldhuter, Glenys	17/08/43	56 remains	W55
Lunn, Barry	18/08/35	64 remains	M60
Simmons, Peter	18/08/46	53 remains	M50
Wannberg, Jon	19/08/66	33 remains	M30
Medcalf, Gordon	19/08/29	70 becomes	M70
Turner, Cedric	19/08/35	64 remains	M60
Martin, Keith	21/08/43	56 remains	M55
Flanders, Margaret	21/08/36	63 remains	W60
Mison, Michele	24/08/47	52 remains	W50
Adams, John	26/08/49	50 becomes	M50
Davies, Peter	26/08/29	70 becomes	M70
Kelly, Paul	28/08/53	46 remains	M45
Bennett, Brian	28/08/47	52 remains	M50
Richards, Norman	29/08/37	62 remains	M60
Loomans, Rosemarie	29/08/49	50 becomes	W50
Baumann, Betty	30/08/12	87 remains	W85
Sutton, John	30/08/35	64 remains	M60

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