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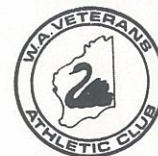
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## A Very Happy Birthday to our April Members

01-APR-37 COUGHLAN P.	turns 54 remains M50	16-APR-53 DRAYSON Phillip	turns 38 remains M35
02-APR-42 STAPPENBELT H.	turns 49 remains M45	16-APR-37 McGLASHAN H.	turns 54 remains M50
05-APR-43 BEACHAM Wanda	turns 48 remains W45	16-APR-41 SPENCER Patricia	turns 50 becomes W50
06-APR-55 CARMAN Tina	turns 36 remains W35	17-APR-53 JAMES David	turns 38 remains M35
07-APR-46 DARVELL Darcy	turns 45 becomes M45	17-APR-44 POHE Paul	turns 47 remains M45
07-APR-53 MAHER Chris	turns 38 remains M35	18-APR-32 HOUGH David	turns 59 remains M55
07-APR-46 TOLBERT Murray	turns 45 becomes M45	18-APR-43 PETTMAN Roger	turns 48 remains M45
09-APR-37 JOHNSTON M.	turns 54 remains M50	18-APR-45 SUTHERLAND G.	turns 46 remains W45
09-APR-54 ROWLAND G.	turns 37 remains M35	19-APR-24 CHAPMAN Bill	turns 67 remains M65
10-APR-38 SUTTON Ronald	turns 53 remains M50	19-APR-50 LANGFORD R.	turns 41 remains W40
10-APR-46 HALBERG Jackie	turns 45 becomes W45	19-APR-31 McLEAN James	turns 60 becomes M60
11-APR-1892 JONES Thomas	turns 99 remains M95	19-APR-39 SPARE Charles	turns 52 remains M50
11-APR-45 MCCARTHY Patti	turns 46 remains W45	19-APR-38 STICKLES Joe	turns 53 remains M50
11-APR-57 PAPALIA Shona	turns 34 remains W30	21-APR-44 YOUNG Rob	turns 47 remains M45
12-APR-53 CLIFF Peter	turns 38 remains M35	22-APR-23 BOWLER Sydney	turns 68 remains M65
12-APR-40 GRAY Stuart	turns 51 remains M50	26-APR-37 COUSINS Olive	turns 64 remains W60
12-APR-42 JOHNSTONE Bob	turns 49 remains M45	26-APR-34 SMITH Maurice	turns 57 remains M55
12-APR-26 JONES David	turns 65 becomes M65	27-APR-45 ASHTON Dave	turns 46 remains M45
13-APR-44 COLE Peter	turns 47 remains M45	28-APR-38 CRELLIN William	turns 53 remains M50
14-APR-26 DeGRUCHY R.	turns 65 becomes M65	29-APR-44 GOLD Joseph	turns 47 remains M45
14-APR-55 TASKER Isabel	turns 36 remains W35	29-APR-40 NEWBOLD Gerry	turns 51 remains M50
15-APR-43 DAGOSTINO James	turns 48 remains M45	29-APR-29 WALKLEY Cecil	turns 62 remains M60
		29-APR-41 WILTSHIRE Ivan	turns 50 becomes M50



# The Vetrunk



NO. 221 MARCH 1991

WA VETERANS AC - REGD BY  
AUSTRALIA POST PUBN No WBH 0370

## PRELIMINARY RESULTS

### Day one - 10th WAVAC Track and Field Championships

Full results of the entire championships will be published at a later date - but publication date of this issue presents the opportunity for a brief summary of the first day's events.

In most cases, only age group winners are shown here. However, the full women's pentathlon field is shown.

#### Women's Decathlon

(Long Jump, Javelin, 200m, Discus, 800m)

Cath Holland	W30	2198
Eileen Hindle	W40	3012
Jan Johnson	W45	2698
Peggy MacLiver	W45	2675
Kath Holland	W50	3199
Pat Carr	W55	1753

#### Mens Decathlon

As above event, with a 1,500m replacing 800m)

Paul Woo	M35	2452
Murray Tolbert	M40	3124
Harry Holland	M45	2948
Peter Gare	M50	3575
Gerry Foley	M60	374
Alan Tyson	M65	2206

#### Hammer

Judy Hill	W40	14.94
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## BEST DRESSED - FIRST IN?

MANY members overlooked the required dress code for our track and field championships last weekend. Please remember - black shorts and the club's black and white vest are required for inter-club meetings, and our own championships.

Even more important, at out-of-state meetings the gold and black vest should be worn. Vets heading for the national championships in Canberra probably need no reminder - but if you are short of the right kit, Bill Crellin has plenty of stock. His number's on Page 2

## HAMMERED

That's precisely what Sid Coleman did to the Australian M75 Hammer record last week. With his throw of 37.38m he totally obliterated the existing mark of 33.66 (by Victorian John Fraser). What's more, Sid has been throwing 40m plus in training, so let's hope for even better things to come from this terrific athlete!

Margaret Stone	W45	18.58
Dorothy Whittam	W50	22.46
Raema McMillan	W60	14.94
Jim Turnbull	M50	27.84
Bob Fergie	M55	32.10
Sid Coleman	M75	37.38

Continues page 3

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## HAVE YOUR SAY AT THE AGM APRIL 10, 1991

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## SELLOUT 1/3 OFF

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Only for our special customers  
which includes YOU.

Some other footwear retailers have been offering specials on mainly models being run out. We have decided to give our loyal customers the opportunity to also get a bargain or two from us. This offer is applicable to any Asics model (incl. current models) we have in stock and while existing stocks last, but you must mention this advertisement - it is for our special customers only!

So grab the chance and grab a second pair to put away

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## LETTERS

Dear Bob Fergie,

I would like to thank the W.A. Veterans Athletic Club (through the Vetrin for the beautiful flowers they sent to me during my recent stay in hospital. The flowers and the Card (eith many signatures) certainly cheered me up considerably, and I appreciated the Club's kind thoughts very much.

Yours sincerely  
Cliff Bould.

Dear Vic

Could you please include the following in the next Vetrin.

Thank you to all the Vets who wished me well on my recent operation. Your thoughts and wishes were much appreciated.

This was my first time under the knife and I discovered a valuable by-product of being in Vets - that of being fit. Being fit greatly increases the recovery/survival rate of those undergoing surgery. Although I had what could be considered a major operation it turned out to be no big deal.

Besides the normal satisfaction that individuals gain from being in the club, I'm grateful for the incentives provided one to get off my butt and do some exercise. Hopefully I will be running again by next season. I will posses a little less 'intestinal fortitude' but an increase in spirit.

best wishes to all who will be competing in our State Cham-

pionships; and also to those travelling to Canberra for the Nationals.

Sincerely  
Keith Martin

Dear Vic

Your March edition arrived an hour ago and the contents were avidly digested (a gastronomic impossibility, the pedantic Bernard Woolly would argue!).

Taking heed of your comment on Page 7, I can claim that I am now, after 16 years, a 'real member' if misspelling one's name is the qualifier. It all started at the end of the Christmas Gift Handicap. In the report of the results, it will be noted that in 36th place is my surname prefixed by the initial 'T'. Now, before throwing the good lady time-keeper to the wolves, it has to be hastily added that error was mostly my own doing: when proffering the usual particulars at the finish-line, I prompted that my first name had only one 'T'. That, it would appear is all I got - just the 'T'.

While on the issue of handicaps, I am obliged to confess that, in the 'Women's Run' my only handy cap was perched on the pate; this made the going easy right from the start line. - with commiserations to all those who are accustomed to seeing the back of me for only fleeting moments in such events.

Yours in a cold sweat  
Garne 'T' Morgan

### FOR SALE

Brand new kit  
3 pairs Adidas Oregon shoes  
- size 9 1/2 - \$70 per pair  
1 pair Adidas Questar  
- size 9 - \$120  
4 pairs Adidas shorts (ladies)  
- sizes 14 - \$15 each  
Contact  
Maureen Stewart  
277 4093 (evenings)


## MADDING CROWD?

If the safety of numbers is less appealing than the loneliness of the long-distance runner - there is an alternative to the Brigdes Fun Run on April 16.

While we anticipate most members will be in there swelling the Medibank crowds, some may prefer a group job in Kings Park.

Please add to  
your programme:

April 14  
Group Jog  
Saw Avenue,  
Kings Park - 8.00am



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## LAKE MONGER RUN

17 February, 1991

A huge turnout of 143 runners and walkers were greeted with cool conditions for this very popular event. 11 race records were either broken or set compared with none the previous year, when conditions were very hot indeed.

The honours of the day went to Derek Hoyer who lowered the M50's record to 37:16; and Anne Shaw, who took almost 4 minutes off the W40 to record a startling 40:39

The 10k walk produced a titanic struggle between Paul Martin, M45, and Peter Hill, M40, with Paul taking the honours by a mere second. Peter showed excellent form, returning from a sprained ankle. Congratulations to all participants, and to all record breakers and age group winners.

Thank you to all my helpers: Margery Forden for timing and the water melons; Alan Pomery and Fred Hagger on the finishing chute; Maureen Pomery for the diligent recording; John and Irene Ferris who did such an outstanding job on the water table. See you all next year  
Keith Forden

### 3.3km

1. K Penton	W45	13:57
2. J Johnson		15:46
3. S Murphy		17:38
4. L Schickert		24:04
1. E Healy	W50	17:26
1. P Carr	W55	19:51
1. V Waters	M45	12:37
2. B Hardy		14:02
3. M Ovenden		27:10
1. D Caplin	M50	15:47
1. B Worner	M55	16:08
1. K Johnson	M60	15:37

### 6.6km

1. E Rogers	W30	33:07
1. C Broderick	W35	32:23
1. J Midolo	W40	38:21
1. P McLiver	W45	31:41
2. J Slinger		35:45
3. K Crellin		36:48
4. T Frank		43:13
1. P Miller	W50	33:58
2. M Robinson		42:11
1. S Maslen	W55	41:59
1. L Lachlan	M60	38:23
2. N Berry		42:42
1. J Molloy	M35	24:45

2. P Woo		26:55
3. P Campher		34:43
1. R Mair	M40	24:40
2. B Danby		27:16
1. K Taylor	M45	28:19
2. A Jenkins		30:19
1. J Trovato	M50	25:58
2. P Airey		26:48
3. N Scott		28:02
4. R Farrell		32:22
1. G Foley	M60	38:49
1. S Bowler	M65	40:02

### 10km

1. H Crockett	W30	47:05
1. A Shaw	W40	40:39 R
2. K Noordyk		45:31
3. M Birks		46:47
4. J Halberg		52:46
1. R Davis	W45	57:30
1. M Robinson	W50	45:20 R
2. J Pellier		49:28
1. A Turner	W55	50:35 R
2. M Warren		56:49
1. W Crowley	M35	36:02
2. D James		40:00
3. M Kelly		43:58
4. A Noordyk		45:06
1. J Puglisi	M40	37:21
2. J Klinge		37:39
3. W Gee		38:44
4. JM Volet		48:35
5. J Lindsay		49:56
1. R Schickert	M45	36:57
2. D Roberts		37:25
3. H Kirkman		38:28
4. J Bell		39:56
5. P Dufty		40:30
6. J Greenfield		40:45
7. B Harwood		41:39
8. R Walsh		42:24
9. P Sanders		42:41
10. T Foster		42:57
11. B Munyard		44:51
12. J Spencer		45:06
13. K Brownlie		45:18
14. A Shacklock		45:56
1. D Hoyer	M50	37:16 R
2. J Pellier		40:38
3. M Johnson		41:07
4. K Clark		41:34
5. W Crellin		43:34
6. J Stickles		43:39
7. G Luck		43:46
8. B Slinger		44:59
9. R Harris		45:17
10. R Potter		45:37
11. M Jones		45:55
12. R Sutton		48:34
13. R Davis		51:56
14. M Warren		52:27
1. G Shaefer	M55	42:30
2. F McLinden		43:28
3. T Maslen		44:50
4. D Carr		48:29
5. R Shand		48:30

6. G Peet		50:06
7. R Ford		52:05
8. J Russell		54:07
9. G Florence		57:27
10. D Hough		67:31
1. D Moffett	M60	43:59
2. M Moyle		47:05
1. G Morgan	M65	52:04
2. S Hicks		54:14
3. F Usher		54:50
1. A Leggett	M70	50:20

### WALKERS

1. M Stone	W45	20:00
2. A Stone	M55	23:25
3. V Tyson	W65	24:24
4. P Kelly	W40	No time
5. P Foster	W40	" "
6. J Robley	W30	26:36

### 6.6km

1. E Moyle	M65	48:59
2. D Horsley	M75	49:45
3. P Luck	W50	51:36

### 10km

1. P Martin	M45	56:30 R
2. P Hill	M40	56:31
3. M Rhodes	M45	60:05
4. B Anderson	M40	62:49
5. R Stewart	M50	66:37 R
6. C Holland	W30	71:11 R
7. R Fergie	M55	71:23 R
8. J Whittam	M55	71:33
9. D Whittam	W50	71:51 R
10. J Hill	W40	79:09 R
11. J Collins	M75	79:51

## SAFE RUNNING

Our announcement of the new safety officers omitted the name of Basil Worner, who has also put his medical/first aid experience at the disposal of members. Together with Jim Greenfield and Ann Turner, Basil completes the current safety team.

## LONG WEEKEND - LONG RUN!

Congratulations are due to John Pressley, who won the Bunbury 12 hours run at the beginning of march. John racked up 131kms 440m during the marathon, running at an average pace just under five and a half minutes per K.

### WE TOLD YOU IT PAYS TO ADVERTISE

Support from Medibank (see page 9) together with that of other advertisers means that this issue of Vetrin cost less to produce than the old-style, photo-copied newsletter.

Rates are very reasonable:

Small ads	\$1.00 a line (minimum \$5)
Full page	\$200.00
Half Page	\$105.00
Third of page	\$70.00
Eighth of page	\$25.00



# TEDDY BIRDS PICNIC EVENT KINGS PARK

10th February 1991

A very pleasant morning - fine weather, approx 24 degrees and light breeze.

A field of 136 runners and walkers which was an increase of three on last year. In the short run Robert Raymen was first in by 32 seconds ahead of Paul Pohe and equal first ladies were Peggy McLiver and Maxine Santich. In the long run first male in was John Puglisi followed 33 seconds later by Dave Roberts. Margaret Birks was the first lady to cross the 15.6 km finish line with Margery Forden next a few minutes later. Walkers took different routes but first place getters for full 10 k distance for male and females were Peter Hill and Dorothy Whittam.

Finally thanks to our helpers (family and others) - much appreciated and well done:  
**Karen & Bill Crellin**

## RUNNERS 15.6k

John Puglisi	M40	59:48
Dave Roberts	M45	60:21
Robert Mair	M40	61:03
Bob Schickert	M45	61:17
John Ferris	M40	61:30
David Muir	M45	62:51
Peter Sanders	M45	64:41
John Pressley	M45	64:53
David James	M35	65:05
Dick Blom	M55	65:34
John Bell	M45	66:34
Ted Maslen	M55	66:39
Terry Foster	M45	67:07
Robin Bonner	M55	67:15
Maurice Johnston	M50	67:24
Jim Greenfield	M45	67:42
Ray Attwell	M55	68:39
George Schaefer	M55	69:39
John Pellier	M50	70:24
Brian Danby	M40	70:31
Mel Ovenden	M45	70:45
Max Kelly	M40	71:09
David Bryant	M45	71:17
Keith Forden	M50	72:53
Frank McLinden	M55	73:00
David Hough	M55	73:06
Dalton Moffett	M60	73:05
John Bornholdt	M55	75:10
Margaret Birks	W40	76:54
Cecil Walkley	M60	77:07
Morris Warren	M50	77:23
Ron Potter	M50	78:27
Ron Sutton	M50	78:41
Merv Moyle	M60	79:15

Margery Forden	W45	79:44
Barrie Slinger	M50	80:15
Ted Costello	M55	80:15
Vic Beaumont	M60	81:10
John Lindsay	M40	81:57
Robert Farrell	M50	82:03
Joan Pellier	W50	82:25
Ann Turner	W55	84:12
Patrick Sheerin	M55	87:40
Sue Sanders	W35	88:04
Ann Dean	W50	90:24
Phyllis Farrell	W45	90:24
John Russell	M55	95:27
Frank Usher	M65	95:27

## RUNNERS 7.8k

Robert Raymen	M45	29:26
Paul Pohe	M45	29:58
Derek Hoyer	M50	30:11
Hugh Kirkman	M45	30:25
Joe Trovato	M50	31:27
Dave Scott	M40	31:49
Vic Waters	M45	32:04
Barry Harwood	M45	32:14
Peter Airey	M50	32:20
Brian Hardy	M45	32:54
Paul Woo	M35	32:59
Alan Croxford	M45	33:38
Pat Guiton	M55	33:55
Graham Luck	M50	34:08
Joe Stickle	M50	34:08
Ken Brownlie	M45	34:33
Rob Shand	M55	34:58
Arthur Shacklock	M45	35:34
Alan Pomery	M55	35:44
Roland Matzke	M50	35:56
Peggy McLiver	W45	36:03
Maxine Santich	W35	36:03
Carol Broderick	W35	37:42
Rob Davis	M55	39:15
Isobel Tasker	W35	39:30
Kirt Johnson	M60	39:48
Mary Pritchard	W45	40:20
Garnet Morgan	M65	40:43
Pat Miller	W50	41:30
Norm Miller	M55	41:32
Jackie Halberg	W40	42:07
Carlie Copping	M35	42:52
Sandi Hodge	W40	43:24
Joan Slinger	W45	43:26
Joe Yates	M45	43:28
Roma Bettles	W40	44:21
Margaret Warren	W55	44:50
Alina Copping	W35	44:59
Gordon Florance	M55	45:22
Bill Meharry	M40	46:40
Rosa Davis	W45	47:05
Jill Midolo	W40	48:33
Lorna Lachlan	W60	48:35
Jan Johnson	W45	49:28
Sheila Maslen	W50	49:43
Syd Bowler	M65	50:51
Toni Frank	W45	51:52
Irene Ferris	W35	53:16

Mary Robinson	W50	53:16
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### WALKERS 7.8k

Paul Martin	M45	41:50
Graham Thornton	M50	49:25
Michelle Boyle	W40	55:25
Dick Horsley	M75	59:46
Pat Luck	W50	61:59

## WALKERS 10.0k

Peter Hill	M40	57:18
Bob Anderson	M40	57:45
Mike Rhodes	M45	63:06
Rod Stewart	M50	63:11
Bob Fergie	M55	69:47
Barrie Thomsett	M50	69:47
Dorothy Whittam	W50	70:09
Ernie Moyle	M65	73:33
Val Tyson	W65	75:49
Jane Robley	W30	76:16
Judy Hill	W40	76:24
Jack Collins	M75	76:41
Jacque Beaumont	W50	76:41

## VISITORS

## RUNNERS 15.6k

Thomas Jackson	59:29
Neil McRae	60:38
Andrew Docherty	60:38
Lewis Arndt	69:24

## RUNNERS 7.8k

Shayne Hill	29:25
Joe Curran	32:33
Jeff Wilkinson	33:19
Richard Matthews	33:36
Andreas Kindler	34:22
Peter Le Breton	34:49
Kim Kirkman	35:32
Brenda Matthews	37:22
Joan Merrifield	37:51
Mark Maslen	39:42
Clive Sargent	40:14
Ken Whistler	40:38
Colin May	42:25
Jennifer Binns	45:04

## WALKERS 10k

Richard McPherson	47:15
Egon Jankauskas	63:33

Congratulations to the following runners who set records for their age groups

## 15.6k

M60 Dalton Moffatt	73:15
M65 Frank Usher	95:27
W50 Joan Pellier	82:25
W55 Ann Turner	84:12

## 7.8k

W50 Pat Miller	41:30
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# Perry Lakes - Saturday Meetings

February 23, 1991

(In record breaking temperature)

## 100m

Shona Papalia	W30	15.7
Lynne Choate	W35	12.6
Eileen Hindle	W40	13.1
Anne Shaw	W40	14.4
Jan Johnson	W45	13.7
Peggy McLiver	W45	14.2
Barry Kernaghan	M50	12.0
Norm Richards	M50	12.7

## 200m

Shona Papalia	W30	34.8
Anne Shaw	W40	30.7
Peggy McLiver	W45	30.8
Steve Kilburn	M30	27.1
Barry Kernaghan	M50	25.3

## 800m

Anne Shaw	W40	2:21.8
Margaret Robinson	W50	2:21.2
Steve Kilburn	M30	2:21.2
Duncan McAuley	M40	2:07.4
David Carr	M55	2:15.5

## 1500m

Anne Shaw	W40	4:59.0
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## 400m Hurdles

John Molloy	M40	58.6
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## Javelin

Eileen Hindle	W40	16.40m
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February 9, 1991

## 3k Walk

Lesley Romeo	W45	18:37.0
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## 1500m Walk

Lesley Romeo	W45	8:44.0
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February 16, 1991

## 100m

Shona Papalia	W30	16.4
Eileen Hindle	W40	15.1
Jan Johnson	W45	14.6
Kath Holland	W50	14.9
Barry Kernaghan	M50	13.3

## 400m

Shona Papalia	W30	1:20.7
Eileen Hindle	W40	1:04.7
Peggy McLiver	W45	1:06.3
Val Prescott	W45	1:14.1
Kath Holland	W50	1:05.1
Duncan McAuley	M40	53.7
Barry Kernaghan	M50	56.7
David Carr	M55	59.0

## 100m Hurdles

Eileen Hindle	W40	15.9
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# TIME TRIALS

30.1.91	AGE	100	1500	1.5K Walk	Triple Jump	T Frank	11:07	5.61
K. Post	35		4:54			P Farrell	14:57	
G Pryor			5:00			K Holland	50 64.9	
D Reid	40		4:48			D Whittam	9:28	7.92
B Foley	45		4:42		9.00	J Pellier	13:39	
V Waters			5:09			P Carr	55 84.5	3.41
M Rhodes				7:57		V Tyson	65 10:30	5.32
B Sammells	50		5:14			K Post	35 10:36	
P Gare		13.6	5:52			G Pryor	9:57	
N Richards		13.1			8.47	D Reid	10:17	
D Carr	55		5:09		7.99	P Hill	7:53	
J Whittam				10:18		J Langford	45 9:26	
A Tyson	65	15.5			6.78	J West	9:32	
C Holland	30	16.1		10:08	7.43	P Martin	45 7:43	
P MacLiver	45	15.1	5:44			B Foley	45 59.3	
J Johnson		13.9			9.52	V Waters	11:19	
D Whittam	50			9:46		J Pellier	50 70.5	
P Carr	55	16.9			6.97	M Jones	13:07	
V Tyson	65			10:59		R Farrell	13:37	
6.2.91	AGE	400	1500 Walk	3K	Long Jump	Shot		
J Hill	40		11:05		4.66			
J Halberg				14:01				
P MacLiver	45	65.7			3.79	6.08		
L Romeo			8:49					

Where are they now?

Concludes

172 J Barnes	3:34:00	1:36:00	227 M Warren	3:46:00	1:42:00	299 J Midolo	4:11:00	2:03:00
198 R Johnstone	3:40:00	1:44:00	238 J Spencer	3:49:00		315 W Hughes	4:20:00	1:41:30
199 S Bowler	3:40:00	1:34:00	247 M Moyle	3:51:00	1:41:00	316 D Strachan	4:20:00	1:44:30
200 F Usher	3:40:12	1:41:30	288 M Robinson	4:04:00	1:55:00	350 J Stone	4:40:00	1:55:50
210 M Johnson	3:34:00	1:29:00	293 G Moordyk	4:07:00	1:56:00	377 V Lishman	5:15:00	2:10:00



W.A. VETERANS ATHLETIC CLUB  
**ANNUAL GENERAL MEETING**

7.00 P.M. WEDNESDAY  
10TH APRIL 1991

AT THE HOCKEY PAVILLION,  
PERRY LAKES

**AGENDA**

1. PRESENT  
As per AGM attendance book
2. APOLOGIES  
As per AGM attendance book
3. MINUTES OF A.G.M. HELD AT THE HOCKEY PAVILLION  
4TH APRIL 1990 as published in May 1990 edition of  
VETRUM Limited copies available from Secretary
4. BUSINESS ARISING FROM THE MINUTES
5. PRESIDENT'S REPORT
6. SECRETARY'S REPORT
7. TREASURER'S REPORT
8. WINNERS OF PATRON'S TROPHY
9. WINNER OF REG BRIGGS TROPHY
10. WINNER OF HANDICAP TROPHY
11. ELECTION OF OFFICE BEARERS  
President Four Committee members  
Vice President Editor Vetrum  
Secretary Treasurer
12. ELECTION OF OFFICIALS  
Auditor Registrar: Summer and Winter  
Statistician Equipment Officer  
Handicapper Librarian  
Patron
13. NOMINATIONS FOR LIFE MEMBERSHIP
14. GENERAL BUSINESS  
1) VETRUM  
2) FEES

I .....  
NOMINATE .....  
FOR THE POSITION OF .....  
PROPOSED BY .....  
SECONDED BY .....  
I AM WILLING TO STAND FOR THE ABOVE POSITION.  
SIGNED .....  
DATE .....

**WHERE  
ARE THEY  
NOW?**

No problem - most of these marathoners can still be found - pounding it out on Sunday mornings, as some of the club's most active members.

THEY are the following - club members who lined up for the first ever Perth People's Marathon in 1979. (And no - it's not a case of the Vetrum being last with the news again; more, a reprise of the best from the past.)

We're indebted to Jim Barnes for the original suggestion for a 'Looking Back' column - and in particular to Joan Pellier for assembling this month's selection.

Well, here are the figures; and though one or two of these great performers may look back a little wistfully on the 'used-to-be' - most are still turning in great performances.

*We hope to delve a little further into the past in future issues.*

*One distinguished founder figure of the Vets is currently being pressured by your editor to assemble a history of WAVAC - anecdotes, warts and all.*

*Should he succumb, reader's own reminiscences (and possibly archival material) will be sought, to enable us to build as full and round a picture as possible.*

2.	J Langford	2:23:13	1:13:35
12	R Harrison	2:40:07	
14	H Stoffers	2:40:58	1:19:48
20	M Smith	2:44:29	1:19:08
22	D Caplin	2:45:47	1:23:30
24	F Smith	2:46:15	1:23:55
25	E Maslen	2:47:37	1:21:30
33	R Shand	2:52:07	1:27:00
40	C Leman	2:55:26	1:22:22
48	D Hough	2:59:45	1:22:15
50	A Tyson	3:00:54	1:29:00
52	B Oliver	3:02:00	1:27:00
70	R Sammells	3:07:59	1:34:00
85	D Carr	3:14:30	1:29:30
87	J Whittam	3:15:19	1:29:00
89	P Hughes	3:15:45	1:33:30
92	R Hayres	3:16:20	1:40:00
109	B Slinger	3:20:00	1:39:00
116	M Berry	3:21:39	1:35:00
121	P Sanders	3:22:30	
140	D Crowther	3:27:00	1:26:00
146	J Maddison	3:28:00	1:41:30
151	P Airey	3:29:00	1:36:00

Continues Page 5

Announcing the 1991

10th Anniversary Bunbury

Marathon and Half Marathon,

presented by Medibank Private.

Sunday, May 5.

Your chance to do your

best against the best, on

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Centre, Bunbury; Bunbury

Runners Club; metropolitan

branches of Medibank Private.

Enquiries and Entries:

Kevin Martin (097) 95 8762.

 **Medibank Private**



# MT LAWLEY CIRCUIT

February 24, 1991

As far as weather goes the Gods must be crazy, 46°C the day before the run and 20°C and raining the day after.

However the run was held in pleasant overcast conditions.

The run consisted of three laps of a fast 2.5km course, and the winner of the handicap was Ken Clark in a total time of 42:02.

First lady and second overall was Joan Slinger in a time of 43:00.

Tom Savin was the fastest member with a run time of 27:07, slightly slower than visitor Paul Odam who recorded 26:41.

Fastest lady was Ann Shaw in the very good time of 29:04.

A regular visiting walker Richard McPherson was the first across the line in 36:02, whilst Peter Hill and Paul Martin arrived in a pack of eight, and both timed at 43:34.

Dorothy Whittam (53:23) was the first lady walker home.

Thanks to all the helpers on the run and to Linda for preparing morning tea.

Just for the record, a 7.5km run burns up approximately 700 calories. Two slices of bread liberally covered in jam and topped with cream, replaces them.

## WALKERS

Peter Hill	M40	43:34
Paul Martin	M45	43:34
Barrie Thomsett	M50	47:40
Rod Stewart	M50	49:24
Bob Chalmers	M50	50:42
Graham Luck	M50	52:50
Dorothy Whittam	W50	53:23
Jeff Whittam	M55	54:09
Bob Fergie	M55	54:09
Ernie Moyle	M65	54:56
Val Tyson	W65	55:30
Pat Luck	W50	56:02
Dick Horsley	M75	56:34
Jack Collins	M75	60:04

## VISITING WALKERS

Richard McPherson	36:02
Egon Jankauskas	50:42

POS	NAME	AGE GROUP	RUN TIME	HANDICAP	CLOCK TIME
1	Ken Clark	M50	30:32	11:30	42:02
2	Joan Slinger	W45	40:15	2:45	43:00
3	David Carr	M55	29:11	14:15	43:26
4	David James	M35	28:49	14:45	43:34
5	Alan Tyson	M65	37:04	6:30	43:34
6	Keith Forden	M50	32:04	11:30	43:34
7	Pat Miller	W50	37:49	5:45	43:34
8	Ann Shaw	W40	29:04	14:30	43:34
9	Joe Stickles	M50	32:13	11:30	43:34
10	Fraser Deanus	M50	29:18	14:30	43:48
11	Ted Maslen	M50	29:05	14:45	43:50
12	Margery Forden	W45	34:21	9:30	43:51
13	Merv Jones	M50	33:53	10:00	43:53
14	Kath Penton	W45	34:15	9:45	44:00
15	Ken Taylor	M45	31:48	12:15	44:03
16	Hugh Kirkman	M45	27:54	16:15	44:09
17	Cecil Walkley	M60	35:05	9:15	44:20
18	Ken Brownlie	M45	32:55	11:30	44:25
19	George Peet	M55	36:28	8:00	44:28
20	Joan Pellier	W50	36:48	7:45	44:33
21	John Bell	M45	29:21	15:15	44:36
22	Barrie Slinger	M50	31:23	13:15	44:48
23	Bryan Hardy	M45	31:05	13:45	44:50
24	Alina Copping	W35	41:23	3:30	44:53
25	Margaret Warren	W55	41:43	3:15	44:56
26	Robert Raymen	M45	27:42	17:15	44:57
27	Robin Bonner	M55	30:15	14:45	45:00
28	Paul Woo	M35	31:16	13:45	45:01
29	Paula Szpak	W35	32:17	12:45	45:02
30	Carol Broderick	W35	36:23	9:00	45:23
31	Dick Blom	M55	29:47	15:45	45:32
32	Peter Airey	M50	31:20	14:15	45:35
33	Jim Greenfield	M45	31:17	14:30	45:47
34	Stan Lockwood	M60	34:54	11:00	45:54
35	Dalton Moffett	M60	32:17	13:45	46:02
36	Brian Danby	M40	30:39	15:30	46:09
37	John Bornholdt	M55	34:24	11:45	46:09
38	Dave Roberts	M45	27:39	18:30	46:09
39	Frank Usher	M65	44:24	1:45	46:09
40	Derek Hoyer	M50	27:29	18:45	46:14
41	Shorty Turner	M55	42:19	4:00	46:19
42	Patrick Sheerin	M55	38:42	7:45	46:27
43	Ron Sutton	M50	34:13	12:15	46:28
44	Maxine Santich	W35	33:47	12:45	46:32
45	John Pellier	M50	31:59	14:45	46:44
46	Rob Shand	M55	33:14	13:45	46:59
47	Charles Copping	M35	39:01	8:00	47:01
48	Alan Pomery	M55	33:48	13:15	47:03
49	Ron Potter	M50	33:36	13:30	47:06
50	Peggy McLiver	W45	34:34	12:45	47:19
51	Tom Savin	M45	27:02	20:15	47:22
52	Roma Bettles	W40	39:07	8:45	47:52
53	Kirt Johnson	M60	39:09	8:45	47:54
54	Frank McLinden	M55	32:53	15:30	48:23
55	Norm Miller	M55	39:15	9:15	48:30
56	Nora Berry	W60	48:32	0:00	48:32
57	Sheila Maslen	W50	48:32	0:00	48:32
58	Maurice Warren	M50	36:47	11:45	48:32
59	Jean-Marie Volet	M40	37:11	11:30	48:41
60	Ann Turner	W55	38:43	10:15	48:58
61	Toni Frank	W45	48:59	0:00	48:59
62	Bob Schickert	M45	31:15	17:45	49:30
63	Stewart Hicks	M65	38:32	11:30	50:02
64	Arnold Jenkins	M45	34:52	15:15	50:07
65	Mary Robinson	W50	50:11	3:30	53:41
66	David Hough	M55	42:25	12:30	54:55
67	Jo Stone	W45	55:12	0:00	55:12

Concludes page 11

## SECRETARY'S REPORT 1990/91

### A Report on the activities of the Club for 1990/91

#### COMPETITIONS

Regular Sunday morning meetings were held throughout the year. The numbers competing continue to rise, requiring more and more organisation to keep the meeting at a high level and to maintain the necessary level of safety. Congratulations to all the race directors and their assistants for the quality of the runs throughout the year.

The summer time trials were held on Wednesday evenings.

These were again very successful though numbers were a little down on last year.

A number of our members competed with the AAWA in both summer and winter seasons. The winter competitors were particularly successful with a fourth place in the men's 'A' grade, second in men's 'C' grade and fourth in the women's 'A' grade. Well done everyone.

Successful Track and Field Championships were held at Coker Park, a most enjoyable meeting. The timing of the long distance events will be changed this year to try to avoid the heat. Road running, Cross Country and Road Walk Championships were well attended and testify to the popularity of these events. Thanks are due to all who organised and helped at these meetings.

#### SOCIAL

A number of popular social events were held throughout the year thanks to a very active

Social Sub-Committee. These events included the social after the Jorgensen Park Championships, a car rally on July 8th, the sausage sizzler after the Kings Park Run, a carbohydrate pack at Al Piccios, and the long weekends at Rottnest and Eaton: a most comprehensive and enjoyable programme. The WACA provided a most pleasant venue for the club dinner, the highlight of the social scene. Congratulations to the organising committee.

#### ADMINISTRATION

The club continues to maintain a membership over 400. The numbers now involved require thought to be given to the running of the club, as it is no longer possible to carry out all the necessary functions as someone's spare time hobby.

Extra help has been willingly given to the running of the events, however other areas do need some careful consideration.

#### VETRUR

The Club newsletter has been trialed in a new format for several months now, but at an additional cost. The changes will be discussed at the AGM so that the members can decide what it expects and requires of its newsletter and at what cost.

#### COMPUTER

The volume of data processed is considerable. We are still relying on the home computers of a number of members. The problem has been considered by the committee over the last year but it has not been possible to resolve the problem of how to cover the diversity of

tasks and the diversity of people doing them. This matter will no doubt need further thought next year.

#### CLUB EVENTS

The increasing number participating have required a higher level of organisation for meetings and highlighted the need for a greater awareness for safety, resulting in the need for more assistance at the weekly runs and the appointment of safety officers. The concept of user pays is now being applied more and more by councils for the use of ovals and toilet facilities, so that the cost for events is now rising dramatically.

#### AUSTRALIAN ASSOCIATION OF VETERAN ATHLETICS CLUBS

The AAVAC is continuing to develop and became incorporated recently. We are affiliated with the AAVAC and through them to the Oceania Region and the World Association of Veteran Athletes. The Oceania games in Auckland were attended by a number of our members with considerable success, club members again performed very well at the Nationals. Our best wishes go to those competing in the Nationals and the World Games this year.

#### COMMITTEE

The Committee met monthly throughout the year and was very active. This most successful year for the club is a fair indication of the result of their efforts. I commend them for their continued and effective labours.

Bob Fergie  
Hon Secretary

Steve Barrie	M55	35:20
Liz Helliwell	W35	39:47
John Gilmour	M70	40:29
Mary Robinson	W50	44:28
Marge Forden	W45	47:10

#### 5,000M Walk

Peter Hill	M40	26:18
Paul Martin	M45	29:31
Jim Turnbull	M50	29:36
Margaret Stone	W45	30:08
Dorothy Whittam	W50	33:58
Val Tyson	W65	35:51
Judy Hill	W40	37:38
Leo Hassam	M60	38:61

## TREASURER'S REPORT

In brief, the club's financial position is sound. Full details on income and expenditure bank account details etc. will be available at the annual meeting and will be published in a subsequent *Vetrun*. Fee increases will be necessary to cover increasing costs to ensure our sound position is maintained. Membership of the club now stands at 441 and during the 1990/91 year there

were 75 new members who joined us. Thanks for everyone's support during the year. Bill Crellin

#### Preliminary Results concludes 10,000m - M35/M45

Jim Langford	M45	33:12
John West	M40	33:21
Chris Maher	M35	34:28

#### 10,000m - all other groups

Hank Stoffers	M50	34:16
---------------	-----	-------



## PRESIDENT'S REPORT

Another year is over. I hope each of you has achieved what you wanted from the club, whether it be in competitive area, in general fitness and feeling of well-being, or through the social atmosphere. Probably it was a combination of all three.

Many thanks are due to the committee for their work and to the race directors and all their helpers who have made the events successful. I am very confident that we can continue to provide something positive for all who want to become involved.

Every member of the club should make a commitment to help for at least one event per year. A list has been drawn up indicating all Sunday events and we ask that you nominate one date. This sheet is available at each Sunday run. We cannot function without officials! For any further details, please see Joan Pellier.

One issue which has been a point of discussion during the year has been the altered style and quality of the Vetrin. We apologise for the delays which occurred after the change when we were struggling to put out the magazine. I know members look forward to the results, and the magazine is now being issued regularly each month.

Annual membership fees is an issue which will need to be decided at the AGM. Fees were last increased in 1987. Currently a single metropolitan renewal membership is \$17.00, and a joint membership is \$22.00.

Fees are closely linked with the cost of producing the Vetrin. At present the costs to the club per

## Early Dinner

How's this for early notice? The annual Dinner (and Dance is set for December 7, at the WACA once more. This is cunningly contrived for the very Saturday preceding the Recovery Run, so this year it will not be necessary to maintain a seven-day hang-over.

Social committee members would be pleased to take early bookings - but the main point of this notice is fill a slot in your busy pre-Christmas diary!

## The Vetrin

Vetrin is the club magazine of the WA Veterans Athletic Club

Patron: W.J (Bill) Hughes

President: Bob Schickert  
332 4114

Secretary: Bob Fergie  
447-6898

Treasurer: Bill Crellin  
448-2924

COPY for the magazine should be submitted to editor Vic Waters at 47 Sulman Road, Wembley Downs, 6019.  
Phone: (W) 389 8422  
(H) 341 3464  
FAX: 389 8458

DEADLINE for next issue - April 10

single membership are approximately \$25.00, comprising Vetrin postage, capitation fees to AAVAC, track venue and hall hire, public liability insurance, annual programmes, Vetrin production, etc. The cost per single membership for the Vetrin preparation is about \$15.00 per year, or \$1.25 per issue. Under the old basis of production it was about half this amount.

If we are to continue with the magazine in its current form, the cost of membership will need to increase, unless we are prepared to eat into our capital. The proposal from the committee to cover cost is:

Full year	Renewal	New
Single metro	\$25.00	\$30.00
Joint metro	\$30.00	\$40.00
Single country	\$18.00	\$18.00
Joint country	\$23.00	\$23.00

### Half year

Single metro	\$17.00
Joint metro	\$25.00

The club is deeply indebted to members, and in particular to Jeff and Dorothy Whittam, who put an enormous amount of work into producing the original Vetrin. The change of style of

the Vetrin came about because the committee believed it was unreasonable to expect the editor to put in the amount of work required to produce our magazine, as was done on the old basis. In our view too, a side benefit of having the printing done commercially is a better quality presentation.

There has been mention made of a group being set up to produce the newsletter on the old basis. The committee has no objection to this, although as commented on above, this will probably result in a less professional presentation.

Alternatively, we could leave the annual fees the same, and charge an entry fee of, say, 50 cents each Sunday.

The committee would like a large turn-up of members at the AGM so that this possibly contentious issue can be discussed and a vote taken to finalise the matter. We can all get on with enjoying the athletic and social events.

Overall I have enjoyed my two years as President and I look forward to helping on the committee again in a year or two.

Bob Schickert

## New Members

### Welcome to

Philip Campher

Jane Robley

John Sheldrick

David James

John Tyrrell

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# South West Championships

26th & 27th January 1991

A large group of Veteran athletes descended on Capel Oval for the 29th South West Championships, bringing with them a great deal of enthusiasm and a whole variety of camping and al fresco dining arrangements! To sum up the weekend - a good time was had by all.

The results listed below are not complete. Many other Veteran athletes competed whose results are not listed. Records are for the South West Championship meeting.

Some athletes competed in two age groups for the same event - and thus show two results.

Weights of throwing implements are not listed due to their complexity and to maintain the sanity of this compiler!

### Val Prescott

### WOMEN

#### Pat Carr W55

100m	16.52
200m	36.56
400m	90.32
800m	3:48.10
Long Jump	3.29m
Triple Jump	7.19m
Discus	15.70m

#### Lynne Choate W35

100m	13.25
200m	27.5

#### Toni Frank W45

3kms	18:40
Shot	6.10m
Hammer	19.80m Record
Javelin	9.06m
Discus	16.38m

#### Phyllis Head W70

400m	2:15.42
800m	4:54
1500m Walk	11:59.98

Shot	3.29m
Javelin	8.18m
Discus	9.18m

#### Judy Hill W40

3km Walk	24:02
Hammer	15.14m
1500m Walk	11:16

#### Jan Johnson W45

100m	13.5 Record
200m	28.63 Record
400m	66.91 Record
Long Jump	4.38m Record
Triple Jump	9.46 Record

#### Peggy MacLiver W45

200m	30.6
400m	71.37
800m	2:46.0
1500m	5:42.40
Discus	16.92m

#### Valerie Prescott W45

200m	31.96
400m	78.61
Discus	16.90m

#### Dorothy Whittam W50

3km Walk	20:57.00
Discus	17.82m
Hammer	18.96m
Shot	7.26 Record
Javelin	19.06 Record

### Relays 4 X 100

#### Team 1

V Prescott	
J Johnson	
P Carr	
P MacLiver	
Time	1:01.73

#### Team 2

L Choate	
D Whittam	
J Hill	
T Frank	
Time	1:08.92

### MEN

#### David Carr M55

200m	27.5
800m	2:23.0
400m	62.5

#### Ed Carroll M45

100m	14.10
Long Jump	4.53m
High Jump	1.30m
Shot	11.46m
Javelin	31.14m
Discus	33.84m
Hammer	22.22m

#### Bob Fergie M55

Discus	29.78m
Hammer	33.56m; 33.58m
Shot	10.19m; 10.38m
Javelin	30.94m; 29.16m

#### Keith Martin M45

100m	12.52
200m	25.44
400m	59.5
800m	2:22.8
100m.h	18.9 Record
High Jump	1.33m

#### Duncan McAuley M40

400m	53.7
800m	2:08

#### Norman Richards M50

200m	26.96
Javelin	26.94m
Long Jump	4.56m
High Jump	1.30m
Triple Jump	8.74m

#### Rod Stewart M50

3k Walk	18:55
Discus	25.48m
High Jump	1.25m

#### Allen Tyson M65

200m	32.00
400m	1:14.0
800m	2:02.0
Discus	18.00m
Javelin	19.06m

#### Jeff Whittam M55

3km Walk	21.09
Discus	20.54m
5 km Walk	35:30
Hammer	18.90m
Shot	7.30m
Javelin	17.74

### Relays 4 X 100 52:2 Record

D Carr	
D McAuley	
K Martin	
N Richards	

Mt Lawley Circuit concludes

### VISITORS AND MEMBERS WITHOUT HANDICAPS

Clive Sargent	N/A	N/A	44:16
Shayne Hill	28:08	17:00	45:08
Colin May	N/A	N/A	45:17
Keith James	N/A	N/A	45:36
Neil McRae	N/A	N/A	45:50
Mark Collister	N/A	N/A	46:26
Philip Camper	N/A	N/A	46:38
Paul Odam	26:41	20:15	46:56
Brian Copping	N/A	N/A	49:10
Bill McHarry	N/A	N/A	52:27
Mark Maslen	N/A	N/A	53:36