



The Vetruns



NO. 284 MAY, 1997 PATRON: W.J. Hughes PRESIDENT: Brian Foley EDITOR: Richard Harris 457 6102

"NOBODY MADE A GREATER MISTAKE THAN HE WHO DID NOTHING BECAUSE HE COULD ONLY DO A LITTLE"



**CONGRATULATIONS !
TO MARGARET AND BRIAN BENNETT
ON THEIR RECENT WEDDING**

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Top Left: WA National Competitors - Front Row Rosie Kemp, Florence Davies, David Carr, and Lynne Schickert
Back Row - Brian Foley, Dave Reid and Bob Schickert

Pictured Below - Rosie Kemp WA (centre), Lisa Ford and Cathy Matthews from Victoria



DURBAN PREPARATION KIWIS KEEN

The large New Zealand contingent are looking forward to the track and field meeting at Coker Park on Saturday 12 July.

First event is at 8.00am and the meeting concludes at noon.

We hope many West Australians, and the Eastern States athletes passing through Perth will join in.

EXPERT COACHING

David Wyatt is coaching the Durban contingent and anyone else who turns up. Just come along to Perry Lakes any Saturday morning. Be warmed up for a 9.00am start.

LAST VETRAN

This may be your last copy of the Vetrin. Check the address label - if there is an asterisk, our records show you have not renewed your membership. We hope this is an oversight. Please send your fees to Treasurer, Sue Jones, 100 Maltilda Street, Huntingdale, 6110 with the renewal form. If the form is lost, please put your name, address, phone and date of birth on a piece of paper. Remember, life and honorary members do not pay fees, but please return your form so our records can be maintained. If you have a query about your subscription please phone Sue on 398 1157. Ignore this reminder if you have renewed in the past week.

WA MARATHON CLUB

WOMEN'S CLASSIC

Proceeds to Breast Cancer Research

5K & 10K Run or 5K Walk

SUNDAY 11 MAY 1997

Start 8.00am

McCallum Park, Taylor St

REABOLD HILL CROSS COUNTRY 13.4.97.

40 runners turned up to take on the beautiful hills of Reabold Hill. There was a good participation on this day, taking into account that the "Round the Bridges" fun run was on.

We had some very good results in both runs. Wally Crawley managed to get away from David Carr over the last kilometre to beat him in by a minute in the 5K run.

Bob Schickert was the winner of the 10K run by a minute from Jim Klinge in second place.

Jo Pearce had a good win in the 5K and Jan Kelly run the 10K in an excellent time of 44:22 to come in 4th overall.

I would like to take this opportunity to thank all my usual helpers - Paul Hughes, Paul Martin, John Carpenter and Mary Heppell.

Hoping to see you all again next year.

Dick Blom

PS: The walkers did a separate course through Perry Lakes.

10K

Bob Schickert	M55	43:00
Jim Klinge	M50	44:13
Ted Zgainski	M45	44:22
Jan Kelly	W40	44:22
Gareth Brunt	M45	44:50
Milton Mavrick	M40	45:53
Blakeney Tindall	M35	48:39
John Bell	M50	48:57
Alan Jennings	M55	49:04
Bob Sammells	M60	49:20
Michael Anderson	M45	49:37

George Schaefer	M60	51:45
Frank McLinden	M65	54:12
Merv Moyle	M70	54:19
Vic Beaumont	M65	54:29
Dalton Moffett	M65	56:24
Peter Davies	M65	56:30
Arnold Jenkins	M50	57:42
Merv Jones	M55	59:43
Norm Miller	M65	60:41
Ken Whistler	M65	61:33
Jackie Halberg	W50	61:39
John Russell	M60	67:25
Arthur Leggett	M75	70:51

5K

Wally Crawley	M40	23:51
David Carr	M60	24:56
John Dartnall	M45	28:32
Peter Airey	M60	29:03
Jo Pearce	W45	29:30
Delia Baldock	W35	33:50
Ray Lawrence	M65	35:32
Jenny Barnes	W45	36:46
Richard Harris	M60	36:46
Rosa Davis	W50	38:17
Suzan Brand	W50	38:55
Pat Miller	W55	41:22
Denise Lancaster	W45	41:23

6K Walk

John Mison	M45	31:51
Bob Fergie	M60	40:27
Bob Chalmers	M55	41:35
Michele Mison	W45	46:24
Lyn Schickert	W55	46:24
Val Wheeler	W65	49:09
Margaret Bennett	W55	51:07
Maureen Vine	W40	51:07
Fred Watson	M75	59:08

8K Walk

Ray Hall	M60	51:48
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4K Walk

Alien Tyson	M70	32:02
Maggie Flanders	W60	34:30
Glenice Shanahan	W70	39:25

VISITORS

Judy Bonomelli	10K	51:25
Richard Sparks	10K	51:37
Ian Passmore	5K	29:04

COPY FOR THE VETRAN

Results can be posted directly to Jackie Billington U5/8 Garnsworthy Place, Bassendean WA 6054. Ph: 279 8679
Other copy items to Richard Harris at 30 Cosmelia Way, Lynwood WA 6147 Ph: 457 6102 or see at regular Sunday runs.

CAPO'S CASE IN THE KANGAROO COURT

by Vic Waters

DEAN Capobianco is banned from athletic competition until May 27, 2000.

Effectively that writes off his career.

He will appeal, and believes reinstatement is inevitable, given the flawed case against him.

Should this appeal, allowed by the IAAF on the grounds of 'exceptional circumstances' be successful, Dean hopes to be cleared by May.

There was an early report that he might appeal through the European Court of Human Rights. He has not commented further on this, except to point out that Monaco, where IAAF is based, is not a signatory to the European Convention on Human rights. His priority is reinstatement, and that will be pursued exhaustively, before any other action is considered.

Even if he is allowed to run again, there are many questions to be asked about the IAAF's conduct.

HEARING FLAWED

Dean Capobianco has suffered a year of torment and turmoil.

On a slow comeback trail last (northern) summer in Europe in preparation for the Atlanta Olympics, Dean's performances were patchy, as might be expected.

Once the doping charge hit him, any hope of a decent Olympic showing was shattered. Reinstated by an Athletics Australia hearing in July, Dean ran in Atlanta knowing the axe would swing back again. It surely did.

The IAAF have been determined to prove their case against Dean ever since.

Their decision in Monaco this month, that Dean is guilty of using the steroid stanozolol, was a foregone conclusion.

Ironical isn't it, to travel all the way to Europe to face kangaroo court?

Make no mistake, that's what the IAAF arbitration panel is.

It is not a court. It is not independent.

IAAF officials declared long before the two-day hearing that they expected to find Capobianco guilty.

That alone would be enough to have 'Case Dismissed' stamped all over it in any legal jurisdiction.

If that piece of pre-judging wasn't enough, the hearing itself was so flawed it would be laughable, if it didn't have the power to deprive a man of his career, his livelihood.

Just consider one instance, that hasn't been revealed elsewhere in the Press.

One of the three arbitrators is a French speaker, and required an interpreter for the entire proceedings. The interpreter was absent on occasions. Not that it would have mattered too much, as this arbitrator found the whole case terribly tiring, and dozed off regularly!

"It's all too much," he said of the proceedings - 14 hours one day, twelve the next. "We should all go home."

BIAS

Alright, let's admit some bias here.

Dean is a nice young bloke, and it's hard to believe he's a crook.

Like many other Vets I encountered Dean first at our Coker Park T&F nights. Totally down to earth, he's a pleasure to be around.

Watch him at the meets, working brilliantly with youngsters, encouraging and inspiring them.

I was privileged to be invited to his press conference this week, and stayed on afterwards to speak with Dean, his family and friends.

More than ever I believe he is clean, and an injustice has been done.

But even if I wasn't sure of that, I know there is something wrong with an organisation like the IAAF that is, very effectively, both prosecutor and judge.

A truly independent arbitration panel could not possibly ignore the glaring inadequacies in the IAAF case against Dean Capobianco.

Dean is right, when he says:

"The decision against me was more to do with policy, than with justice."

Bodies like the IAAF, and the Olympic Committee, are inviolate. They are above the law, because they make the law.

But their time will come.

Athletics is dying in Australia, with the only long-term salvation likely to come through a total revamp, sponsorship, mass media coverage.

Australia has led the way before, and if it happens, as in other sports such as tennis, cricket, rugby league, the power will shift to the performers.

Player power, linked to commercial interests and television, can easily bypass anachronistic ruling bodies. Ask the AFL.

It won't happen tomorrow. But when it does, the movement will be international. You can be sure that self-serving organisations like the IAAF will find the wind of change damn cold.

The following points are drawn from a longer, at times very emotional, statement made by Dean Capobianco in Perth on March 25.

"I have been competing for the past 10 years and athletics has been my life. I started sprinting for Australia when I was 18. In all my years of training and competing I never once imagined I would be standing here before you today, stained forever by the accusation that I am a drugs cheat. I am not".

For those people in Australia looking for an apology from me for what has happened, please look elsewhere. I have nothing to apologise for, I have done nothing wrong.

I am speaking to you today because I would like to set out the circumstances of my case."

SAMPLE NEGATIVE

A sample given in Paris on May 26 last year was negative.

Next day in Hengelo, Holland another sample was taken. That was tested at the IOC lab in Cologne, and was positive.

Expert opinion was given (by Paris lab director Professor Lafarge) that it was 'highly unlikely' DC could have taken steroids between these two tests, as the reported level in the second sample (two parts per BILLION) was so low.

IOC argued that the banned substance must have been taken before both tests, and only showed up on the more sensitive equipment used in Cologne.

DC, through Athletics Australia, therefore asked that the Paris sample be tested in Cologne. Despite this, the Paris sample was

destroyed, along with DC's chance to prove his innocence by comparing samples.

He disputes that the Hengelo sample tested was his. The documentation proving authenticity took seven months to emerge. When it did, documents had been altered, dates changed, numbers and results overwritten.

As a result Dr Schlanzer (director of the Cologne lab) had to withdraw part of his evidence, but could not say why papers had been altered.

Another witness, the doping control officer at Hengelo also changed his evidence, originally saying he had taken four samples personally, then admitting he had not taken DC's sample.

DC did not see his sample placed in the security containers used for transporting samples.

A witness called to give evidence about the security containers failed to show up.

The courier (now deceased) had the times wrong in his statement. IAAF conceded his evidence was 'in error'.

At the end of the hearing Dr Stephany, another expert IAAF witness from Holland, said he would now like to edit his evidence before the transcript was made!

Dean said "I still don't believe it was my sample tested."

There was no continuity of evidence, or chain of custody as they call it, and there were errors, which even the IAAF had to admit at the end of the day.

But even if I was wrong about that, I realised there had to be some kind of explanation. They were talking about minute trace elements, which only their high tech equipment in Germany could detect (two parts per billion).

The explanation we offered was that eating contaminated food would have produced exactly the same results (especially as Prof. Lafarge said it was highly unlikely I had taken any drugs in the 24 hours before my supposed positive result.)

In the end they weren't really interested in those explanations - even though their scientists accepted that the risk to all athletes existed, given the extent of illegal use of steroids in

cattle throughout Europe - and decided I was guilty either way.

The same arbitrators, in a decision only a few months ago, seemed to think such an explanation (steroids in cattle) was relevant; but this time it was an issue that was perhaps too hot to handle.

I believe the decision against me was more to do with policy than with justice.?"

TEDDY BIRDS PICNIC

96 winners ran and walked in ideal conditions on the celebrated figure eight circuit through the University and King's Park.

The 2K uphill grind along Forrest Drive was forgotten on the Broadwalk tail wind leg.

Runners found the downhill run and the whip around the playground lake irresistible with many ego driven finishes.

***New age group records created on the day.**

15.6K

Ross Parker	M45	57:02
Frank Smith	M55	* 61:32
Gary Fisher	M40	64:24
Jan Kelly	W40	65:10
David Wilmer	M40	65:37
Milton Mavrick	M40	66:10
Brian Danby	M45	66:11
Vicente Carrero	M50	66:47
Gareth Brunt	M45	67:10
Bob Schickert	M55	67:51
Teo Zgainski	M45	67:58
Steve Barrie	M60	68:04
Ivan Brown	M50	68:27
Jim Barnes	M50	69:32
Bob Chalmers	M55	69:43
Heiner Huning	M40	70:36
Chris Limb	M50	70:53
Mike Khan	M50	71:12
Peter Sanders	M50	71:28
Sue Vetten	W45	73:38
John Bell	M50	73:58
Keith Atkinson	M40	73:45
Kevin Corten	M50	73:51
Kath Noordyk	W50	74:16
Alec Holm	M50	74:38
Margaret Birks	W50	74:52
Marg Forden	W55	76:21
Merv Moyle	M70	* 79:24

7.8K

David Carr	M60	* 32:14
Frank Gardiner	M45	32:43
Alan Jennings	M55	34:22
Jim Klinge	M50	34:26
Bob Sammells	M60	35:14
Mike Anderson	M45	35:33
John Brambley	M55	35:36
Stuart Parkinson	M45	35:54
Ray Attwell	M60	36:02
Peggy MacIiver	W50	37:16
Jo Pearce	W45	38:29
Doug Hazell	M45	38:20
Richard Harris	M60	38:40
Brian Hunter	M50	38:50
Dalton Moffatt	M65	39:19
Arnold Jenkins	M50	40:27
Geoff Mullins	M50	41:16
Ann Turner	W60	41:33
Roma Barnett	W45	41:40
Brian Palmer	M45	41:46
Margaret Warren	SW60	* 41:49
Val Millard	W50	41:52
John Pellier	M55	45:44
Irene Ferris	W45	46:11
Theresa Howe	W45	46:28
Wendy Clements	W50	46:59
Ray Lawrence	M65	48:52
Noela Medcalf	W60	49:28
Arthur Leggett	M75	* 45:50
Joan Pellier	W55	51:21
Suzanne Brand	W50	52:42
Phyllis Farrell	W50	53:05
Rosa Davis	W50	53:07
Sheila Maslen	W65	53:09
Margaret Bennett	W55	54:35
Ron Spencer	M55	54:38
Frank Usher	M70	57:53

10K Walk

John Mison	M45	55:12
Bob Fergie	M60	60:55
Ray Hall	M60	61:25
David Brown	M45	63:22
Michele Mison	W45	69:42
John Pressley	M50	75:42
Dorothy Whittam	W60	77:12
Lorna Lauchlan	W65	77:13
Jeff Whittam	M60	81:36
Alan Pomery	M65	85:49
Fred Hagger	M70	86:42

VISITORS

Andrew Dix	16.5K	73:31
Nick Gardiner	7.8K	36:05

Congratulations to you all. Thank God for the helpers - Leo Hassam, Denise Lancaster, Pat Carr, Dick Blom and Gunga Din - Sir Mort and son (the water carrier).

May their injuries heal rapidly.
George Schaefer

A UNIQUE EXPERIENCE THE COLLIE GATE TO GATE RUN

By Jeff Spencer

The Collie "Gate to Gate" run held annually in April, is an interesting option for fun run addicts.

Some of our members ie; Graeme and Bev Thornton, Merv and Sue Jones, Jackie and Vic Beaumont and us Spencers, joined the event on Saturday 4 April, 1997. The run is managed by Griffin Coal and is in their large open cut mine east of the town. Participants are transported to the start by shuttle buses from a central town point. Several hundred runners and spectators, varying from school children through to venerable Vet's, lined up. There was an 8.5K event, 4K event and various prize categories, such as 1st Veteran runner, etc. A walking event is included.

The run is unique in terms of topographical characteristics ie; a winding course into a major open cut mine for approximately 4.4K and then run out (more like up!) for the balance of the event. The visual presentation in the mine is somewhat bizarre - a moonscape scene of black, grey and white soil deposits and misshapen, water eroded cliffs. The run surface was a pre-dampened, compacted scree comprising winding truck routes through the mine. Drink states appeared to be provided at every kilometre.

This particular run was affected by warm humid conditions, albeit alleviated by a cooler breeze towards the end. Typical of fun runs, there was a great charge at the beginning with the fitter Vet's subsequently passing numerous kids and other non-regular runners who "blew" themselves up over the first three kilometres.

Graeme Thornton excelled amongst the top tier of finishers and Vic Beaumont showed more benefit from his cross training/intervals routine - run like a young colt. Perhaps he should be called "Saintly!" or the 'white Kenyan'.

The Gate to Gate run finished off with a free dinner for all and

presentations in Collie (a band/music and giveaway t-shirts to the first 400 competitors).

A variety of characters emerged at our camp next day, including one who bounced off on an early morning run, some 'sleeper-inners' and the dawn orchid hunters (Beaumont's and Spencer's).

WILD ORCHID EXPLOITS

Our stalwart members Kirt Johnson has asked me to write something about our wild orchid exploits - so here goes.

Vic and Wendy have a hobby of photographing native orchids of which there are many scores of varieties. We had queried at CALM whether any orchids would be flowering in the bush near Collie and found that three varieties could be expected in some sections of Banksia/Sheoak woodland. The locations given were very vague.

We had spotted some good looking Banksia/Sheoak bush south/south west of Collie during the last Capel to Collie marathon and decided to investigate. We took a rough sand track into heavy bush where there were some towering Sheoaks which appeared to be trying to outdo the Jarrahs. After rattling the passengers over tree logs and threatened bogging problems, we stopped at a wild looking spot, the doors weren't quite open when one of our numbers looked through the window and exclaimed "there's an orchid!", so it was - a large Leafless Orchid of a white/purple hue and approximately 35cm high.

The camera's were unleashed but discovery dissolved into despair when during the process of removing a stick near the plan to achieve better photography, it was accidentally decapitated.

We searched for approximately 15-20 minutes unsuccessfully looking for another. All was not lost as we later found another ten specimens, although none were as good as the first.

To top it off, we found an excellent large wild boar skull, complete with a great set of teeth and four intact well grown tusks. This white bony mass was eagerly collected as subject matter for a certain young hobby carver.

So, that's what we orchid hunters get up to in the bush, precipitously seeking out and photographing unsuspecting innocent native orchids and wild flowers, generally finding trouble and enjoying the bush, sometimes having a picnic, exploring creek lines, climbing hills, frightening snakes and roos or getting caught in the weather. Not much difference to what gem stone hunters and bird watchers etc get into, but it's a lot of fun if you can accept the rude awakenings mixed with nature's exquisite surprises.

Jeff Spencer

MEMORIAL EVENING FOR TED MASLEN WINTHROP HALL UNIVERSITY OF WA 2 JUNE, 1997 - 7.20 - 9.00PM

Programme includes tributes and musical interludes. Followed by tea or coffee. The tributes are from six speakers representing: University, Physics Department, Community Service, Rhodes Scholars, Sport and the Student Body.

All club members and friends are welcome.

For further information contact:
David Carr on 339 8289 or
Syd Hall on 380 2725

BUNBURY MARATHON

ATTENTION ALL VETS GOING DOWN TO BUNBURY FOR THE MARATHON

Please note that the Vets are meeting on Saturday at the Prince of Wales Hotel at mid-day instead of the Rose & Crown.

WINNER OF REG BRIGGS TROPHY FOR 1997

This perpetual trophy is awarded annually at each AGM to the athlete who, having been a Club member for a minimum of two years, has subsequently improved performances by the greatest amount. Frequent participation in Club events can also be a consideration, but job commitments are recognised.

Several qualifying members had continued to show improvement, e.g. Milton Mavrick, Terry Keesing, Stuart Parkinson and Val Millard, but the judges decided in favour of Lynne Schickert.

Most new members have a reasonable degree of fitness when they join the Club, as had Lynne. But her illness some years ago reduced her level of fitness to virtually nothing. Just getting back to walking again was a triumph.

Her steady improvement since then has seen her performing at a level similar to that attained in the late 1980s. Given this improvement, we are sure that Reg would have applauded the judges' decision.

(The judges were Dorothy Whittam, Bob Sammells and Bob Schickert. Bob Schickert did not nominate Lynne and excluded himself from the final deliberations.)

Reprint of results of Lorna's Run 23.3.97. (they were a bit mixed up!!!)

10K

Ross Parker	M45	38:38
Frank Smith	M55	38:09
Greg Vander Sanden	M35	38:53
Warren Gee	M45	38:56
David Reid	M45	39:14
David James	M40	40:58
Bob Schickert	M55	42:17
Steve Burge	M35	42:18
Graham Thornton	M55	42:34
Don Caplin	M55	42:50
Alec Holm	M50	43:45
Mike Khan	M50	43:48
John Pellier	M55	44:23
Jim Barnes	M50	44:36

Michael Anderson	M45	45:01
Bill Crane	M55	45:03
Brian Bennett	M45	45:44
Joe Stickles	M55	46:12
Stuart Parkinson	M45	46:25
John Bell	M50	46:36
Kevin Corten	M50	46:39
George Schaefer	M60	46:46
Sue Vetten	W45	46:49
Bob Sammells	M60	47:02
Marg Forden	W55	47:13
Margaret Birks	W50	47:26
Merv Moyle	M70	48:39
Vic Beaumont	M65	49:19
Brian Hunter	M50	50:26
John Adams	M45	51:25
Roma Barnett	W45	51:45
Jeff Spencer	M55	52:02
Brian Smith	M55	52:03
Merv Jones	M55	52:35
Ken Whistler	M65	52:40
Arnold Jenkins	M50	52:41
Aldo Giacomini	M60	53:05
Ann Turner	W60	53:23
Margaret Warren	W60	53:31
Kirt Johnson	M65	53:40
Val Millard	W50	54:02
Norm Miller	M65	57:31
Rae Hasell	W40	57:32
Shorty Turner	M60	58:25
Arthur Leggett	M75	61:10
Brian Aldrich	M65	61:16
Irene Ferris	W45	61:38

6.4K

John Molloy	M45	24:44
Vic Waters	M50	25:57
Brian Foley	M50	26:32
John Stone	M40	29:49
Peggy MacLiver	W50	30:22
Hugh Kirkman	M55	26:37
Terry Keesing	M35	28:56
Mike Rhodes	M50	29:21
David Carr	M60	30:28
Keith Forden	M55	32:32
Delia Baldock	W35	33:47
Teresa Howe	W45	35:55
Wendy Clements	W50	36:23
Suzan Brand	W50	39:11
Allen Tyson	M70	39:51
Ray Lawrence	M65	39:52
Phyllis Farrell	W50	40:01
Sheila Maslen	W55	40:01
Mary Heppell	W55	40:03
Margaret Bennett	W55	42:21
Denise Lancaster	W45	42:23
Ron Spencer	M55	45:02
Joe Brennan	M75	46:08
Brian Palmer	M45	49:33
Toni Frank	W50	56:20

10K Walk

Paul Martin	M55	56:33
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6.4K Walkers

Ray Hall	M60	40:37
Lesley Romeo	W50	41:05
Lynne Schickert	W55	49:13
Lois Smith	W45	49:36
Ernie Moyle	M70	49:38
Pamela Smith	W55	49:42
Rosa Davis	W50	52:13
Karen Crellin	W55	52:13
Jeff Whittam	M60	52:56
Maggie Flanders	W60	55:28
Alan Pomery	M65	55:31
Glenice Shanahan	W70	59:24
Pat Atkinson	W60	70:09

VISITORS

John Brambley	6.4KR	27:43
Maureen Vine	6.4W	52:13
John Henshaw	6.4KW	70:09

1997/98 PROGRAMME

By the time you read this you should have received, or be about to receive, the 1997/98 programme. I know you cannot please all of the people all of the time, but I hope most people like most of it!

It is of course based very much on previous years, but we have a few 1 Race Directors and a couple of new runs, plus some renamed ones. Some events have been shuffled around to suit other races, (Marathon Club and public fun runs), or to suit race directors. I have also tried to get the Road Running Championship and Road Walking Championship events as close together as possible. Start times in the summer have been changed in accordance with the motion passed at the AGM.

I hope you like the range of events offer. Any comments, critical or otherwise, suggestions for new events etc to me on race days or phone 332 6103(h). Also, don't forget that Race Directors can always use extra help. If you are not competing please offer your assistance, either to me or the individual Race Directors.

John Pressley
Events' Co-ordinator

WA VETERANS ATHLETIC CLUB

TREASURES REPORT 96/97

Statement of payments & receipts

1.04.96 to 27.03.97

PAYMENTS	95/96	96/97	RECEIPTS	95/96	96/97
Capitation		1313.00	Subscriptions	14253.00	10596.00
Clothing	2951.70	2234.95	Clothing	3687.10	2812.20
Morning tea		193.80	Morning tea/visitors	997.30	1061.60
Trophies , medals, engraving	1806.20	3181.40	Track and field	1237.50	1380.75
Wellington Mill-deposit		100.00	Social	1575.80	see below
Nanga		2532.00	Nanga		2700.00
Donations		120.00	Donations	76.50	55.00
Canteen - Nationals		1318.44	Canteen - Nationals		2396.70
Canteen - State		291.75	Canteen - State		445.90
Equipment purchase/repair		6384.07	Equipment hire(from Nationals)		1000.00
Vetrun - printing	5029.30	3777.25	Advertising	100.00	1495.00
Vetrun - postage	1192.95	1106.28	Profit from Nationals		6018.48
Jorgensen		1154.30	Jorgensen Park		773.00
AAWA		921.00	AAWA	226	815.00
PA for State championships		163.50	State championship entries	1296.55	1957.00
Annual programme		290.00	Record books		62.00
Championship programmes		395.00	Sale of Library		50.00
Stamps/postage/phone	628.10	101.43	Sale of trailer		25.00
AGM hall hire		75.00	From AAVAC - copy costs		50.00
Quiz night		227.95	Quiz night		494.40
Annual dinner	2954.00	2314.00	Annual dinner		2395.00
Annual dinner - spot prizes		40.00	Rosie's		1510.00
Rosie s		1495.00	Interest		76.77
Wildflower run		38.00			
Leewana - deposit		100.00			
Bank fees	81.48	71.00			
Name badges	368.89	579.33			
Photos		48.00			
First aid kit		25.65			
Air fare subsidy		319.00			
Lights - Coker Park		50.00			
Track hire		168.00			
Petty cash advances		747.95			
Term deposit		6970.00	Term deposit		3000.00
Death notices, flowers		119.00			
Gas bottle		20.00			
Insurance	277.75	398.15			
Sundries		121.42			
TOTAL		39505.62	TOTAL		41169.80

BANK RECONCILIATION STATEMENT

Period 1/04/96 to 27/03/97

Opening balance bank statement 1/04/96	8,022.02	TOTAL
Plus receipts	41,169.80	49,191.82
Less payments	39,505.62	9,686.20
Less outstanding cheques 1/04/96	2,307.73	7,378.47
Plus outstanding cheques 27/3/97	607.65	7,986.12
Bank statement as at 27/03/97		7,986.12
Fixed Term Deposit		7,398.68
TOTAL		15,384.80

WAVAC ANNUAL GENERAL MEETING
TUESDAY APRIL 15 1997
Held at the YMCA Hockey Clubrooms, Perry Lakes.

1. OPEN AND WELCOME

Brian Foley opened the meeting at 7.05pm and welcomed all members.

2. MEMBERS PRESENT

43 members were present as per attendance book

3. APOLOGIES

14 apologies as per attendance book

4. MINUTES OF THE PREVIOUS MEETING

Minutes of the previous meeting had been circulated. Moved R Harris, seconded B Schickert that they be accepted. PASSED.

5. MATTERS ARISING FROM THE MINUTES

Question on the progress of the development plan. Richard Harris reported that as a result of a climate survey, members were happy with the Club as it is. Brian Foley added that as part of the development plan 1500 information brochures were handed out at the Bridges Fun Run, and a new members day is planned for the Wildflower Run in September.

6. REPORTS

President - Brian Foley highlighted some of his Report as printed in the Vetrin, together with some information about the WAVAC and its connection to Athletics West and the AAWA. Athletics West gave us some help in preparing our submission to Healthways for funding for the National Championships last year. Athletics West will be conducting a summer programme for 97/98. The AAWA will be left to sort out its own problems. The winter competition for 97 will be organised by a number of individuals. WAVAC will help where possible. The question of whether Athletics West intended to initiate a license for affiliated clubs was raised. Brian had not heard of this, but the Club needs to be very careful of this situation. Ivan Brown also urged caution in our dealings with Athletics West. Ivan also noted that any affiliated club could resign in writing at any time. Barry Kernaghan gave the meeting some more background information on the relationship of the AAWA and Athletics West. Brian also sought the members' views on the Courier newsletter published by AAVAC. A positive response from many members.

Secretary - as per Vetrin. Moved J. Halberg, seconded B. Sammells that the report be accepted. PASSED.

Treasurer - report was circulated. Moved S. Jones, seconded D. Whittam that the report be accepted. PASSED.

7. PRESENTATION OF TROPHIES.

Patrons Trophy:	Dorothy Whittam	David Carr
Handicap Trophy:		Stuart Parkinson
Reg Briggs Trophy:		Lynne Schickert
John Gilmour Trophy:		David Clive

8. ELECTION OF OFFICE BEARERS.

The following were nominated and elected unopposed:

President:	Brian Foley	Moved	D Carr,
		seconded	J Whittam
Vice President:	Richard Harris	Moved	D Whittam,
		seconded	L Schickert

Secretary:	Jackie Halberg	Moved	L Schickert,
		seconded	J Whittam
Treasurer:	Sue Jones	Moved	M Jones,
		seconded	V Prescott

Committee: There were 5 nominations for 4 positions. After an election those appointed were:

Merv Jones, John Pressley, John Stone, Graham Thornton

9. APPOINTMENT OF OFFICIALS.

Patron: Bill Hughes

Editor: Richard Harris (assisted by Jackie Billington)

Handicapper: Bob Schickert

Auditor:

Statistician: Bob Sammells

Registrars: Val Prescott. David Carr

10. GENERAL BUSINESS.

It was moved by J Bell that runs in December, January and February begin at 7.00am, and runs in November and March begin at 7.30am. AGREED.

John also asked that the State Championship organisers consider running the long distance events in the cooler part of the day.

Suggestion for a new run from Point Walter towards Tompkins Park - 16km/8km

Barrie Kernaghan suggested that a minutes silence be observed at each Annual General Meeting as a mark of respect for members who have died during the year. This year we remembered Dick Horsley and Ted Maslen.

Bob Sammells urged the new committee to continue to work towards writing the Development Plan. He also asked that the committee consider the present practice of including members in the State Record list. The latter in response to comments by Greg Vander Sanden.

Bob Sammells moved a vote of thanks to the out-going committee. Seconded by J Whittam. PASSED with acclamation.

It was noted that we programmed a run on the same day as the Bridges Fun Run. The meeting voted narrowly that we continue this practice, but that we have group jogs on the City to Surf and Perth Marathon days.

David Carr informed the meeting that Dave Wyatt is holding training at Perry Lakes Stadium on Saturday mornings for interested athletes. There will be a track meeting on July at Coker Park for the New Zealand athletes going to Durban, and local interested athletes. WA has 12-14 athletes going to Durban for the World Championships. The meeting wished them good luck.

Dorothy Whittam noted there were no life membership nominations this year.

Keith Martin questioned the change in the method calculating the points for awarding the Patrons Trophy. Why change something which was working? Merv Jones replied that he believed there were errors in the old tables and that the new method using the Age-Graded tables and the athletes exact age would be fairer.

Mark Rosen suggested we send a form to all members asking them to nominate the runs at which they will help. I Brown will form a sub-committee to consider his suggestion that we hold a public fun run

11. The meeting closed at 9.10pm.

GOLD TO JOHN MOLLOY

**FLORENCE DAVIES,
DAVID REID AND
ROSIE KEMP
IN MELBOURNE**

In the highly competitive atmosphere of the Australian Championships, our small team did well.

Florence Davies W80 competed in the championships last year and was motivated to train for Melbourne. She cut 4 minutes from her 5000m walk time. Like the Nike models, she just did it.

David Reid worked hard and was smooth over the hurdles to win the m45 steeple.

The W30 400m was a thrilling race with two runners locked in combat for the full distance. Rose-Anne showed real grit to take the title. Rose-Anne got the better of Victorian champion Jennifer Baldwin to win by less than half a second.

Returning to their home turf, the Schickerts battled the odds. Bob was just off the medals and Lyn incurred a disqualification in her track walk.

We picked up plenty of places and a few personal bests.

The meeting was well organized and well attended. Some queried the lack of an official dinner or similar function. The host found that the carnival itself took all their resources and had to be their main priority. The outstanding athlete was probably M60 Reg Austin who ran 25.43 for 200m and 12.54 for 100m. Reg has been ill and looked a few kilos overweight.

We have not received official results but these are some of the times we noted.

David Carr

Brian Foley	M50	400m	62.41	6th
		800m	2:18	5th
		1500m	4:53.11	5th
David Carr	M60	400m	62.44	2nd
		800m	2:24	2nd
		1500m	5:03.11	2nd
Bob Schickert	M55	10000m	37:48	4th
		5000m	17.59	4th
		c/c		4th
Lynne Schickert	W55	5000mW	dsq	
		10000mW	75:08.00	6th
Rose-Anne Kemp	W30	100m	12.90	2nd
		200m	27.01	2nd
		400m	58.98	1st
David Reid	M45	3000 s/c		1st
		1500m	4:33.36	
Val Prescott	W50	400m	88.00	
Florence Davies	W80	5000W	44:58	1st
John Molloy	M45	400	4.14	2nd

JOHN GILMOUR TROPHY, 1997

This trophy is awarded to the member who is considered to have achieved the best single performance during the Club year ending 31 March.

WAVA's Age-Graded Tables were used with each member's age on the performance date to assess performances.

There was plenty of opportunity to shine this year, there being two National and our own State titles within the period. Just how well people did can be seen from the following which lists all the World class performances.

Our congratulations go to David Clive for his "Performance of the Year".

Bob Sammells

David Clive	(60)	100m	12.5s	94.48%
Roy Fearnall	(52)	200m	24.2s	93.47%
Barrie Kernaghan	(56)	100m	12.3s	93.41%
Barrie Kernaghan	(56)	200m	25.2s	92.38%
David Clive	(59)	200m	25.8s	92.25%
David Carr	(64)	800m	2:24.0s	91.90%
Jim Langford	(51)	5000	16:02.7s	91.27%
Anne Shaw	(48)	800m	2:23.1s	90.96%
Lynne Choate	(44)	100m	12.9s	0.85%
Roy Fearnall	(52)	400m	55.3s	90.83%
John Molloy	(45)	400m	58.8s	90.48%
Barrie Kernaghan	(56)	400m	57.4s	90.31%
David Clive	(60)	200m	26.6s	90.11%
David Carr	(64)	400m	61.8s	90.06%
Lynne Choate	(43)	200m	26.2s	90.04%

10K TRACK HANDICAP - 24.4.97.

Once again, after a rather warm date, we had a perfect evening for the ninth running of this event. It was cool and there was no wind.

There were 18 starters out of 24 entries who tried their best to beat the handicapper. It was good to see so many women enter.

The winner Ken Whistler who had a very good run improving on his best recent times to beat Keith Forden and Bob Sammells into 2nd and 3rd places. Frank Smith running very consistent 90 second laps set the fastest time for the night.

We would like to thank those who came along to help with the lap scoring and recording. A good crowd stayed on for the barbecue.

Dorothy and Jeff Whittam

Ken Whistler	M65	52:08.5	3:00	49:08.5
Keith Forden	M55	58:24.4	8:15	49:59.4
Bob Sammells	M60	59:45.5	16:30	43:15.5
Brian Danby	M45	60:00.7	20:15	39:45.7
Tessa Brockwell	W40	60:04.0	18:45	41:19.0
David Carr	M60	60:20.2	18:15	42:05.2
Steve Barrie	M60	60:28.4	19:00	41:28.4
Frank Smith	M55	60:34.1	23:00	37:34.1
Milton Mavrick	M40	60:36.9	20:30	40:06.9
Max Thorley	M45	60:46.8	20:15	40:31.8
Robin King	W35	61:13.1	20:00	41:13.1
Marge Forden	W55	61:19.4	14:00	47:19.4
Theresa Howe	W45	61:34.8	6:00	55:34.8
John Brambley	M55	61:48.8	15:00	46:48.8
Frank McLinden	M65	62:01.1	14:30	47:31.1
John Pellier	M55	62:45.4	16:30	46:15.4
Susan Vetten	W45	63:43.6	17:30	46:13.6
John Bell	M50	65:30.3	21:00	44:30.3

YOU DESERVE A NEW SHIRT!

State - Singlet - Gold with black trim with club badge on left side @ \$15.00.

(To be worn at National Championships)

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(To be worn at State Championships)

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HAPPY BIRTHDAY TO OUR JUNE MEMBERS

Strickland, Eddie	03/06/18	79	remains	M75
Keesing, Terry	06/06/57	40	becomes	M40
Tompkins, Ron	06/06/22	75	becomes	M75
Holm, Jenny	07/06/49	48	remains	W45
Kemp, Rosanne	07/06/64	33	remains	W30
Lysaght, Helen	07/06/52	45	becomes	W45
Kelly, Christopher	10/06/52	45	becomes	M45
Carr, David	15/06/32	65	becomes	M65
Frank, Toni	15/06/45	52	remains	W50
Delcanho, Maureen	15/06/49	48	remains	W45
Junner, Colin	16/06/22	75	becomes	M75
Howe, Theresa	16/06/50	47	remains	W45
Thomsett, Barrie	17/06/40	57	remains	M55
Bonner, Robin	18/06/31	66	remains	M65
Strachan, June	20/06/25	72	remains	W70
Davies, Rod	22/06/41	56	remains	M55
Whistler, Ken	23/06/31	66	remains	M65
Sanders, Ian	24/06/58	39	remains	M35
Salter, Gregory	25/06/54	43	remains	M40
Reid, David	26/06/50	47	remains	M45
Clements, Wendy	26/06/42	55	becomes	W55
Hagger, Frederick	29/06/25	72	remains	M70



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