

## YOU DESERVE A NEW SHIRT!

\*(Remember - club singlets must be worn at our State Championships)  
Running singlets and club tee-shirts are now available.  
Tee-shirts are gold with black trim, and the club badge on left breast.  
Style is three stud fastening, with collar. Sizes 10-24 (unisex)— Price \$16 each.  
Also available are the black and white singlets, size 10-24 at \$13 each\*.  
Car stickers cost \$2 a piece; likewise iron-on badges for windcheater, etc.  
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### HAPPY BIRTHDAY TO OUR NOVEMBER MEMBERS

COLEMAN, SYDNEY	03/11/15	79 remains M75	BILLINGTON, JACKIE	19/11/42	52 remains W50
MUNSIE, SELBY	03/11/33	61 remains M60	HOLLOWAY, PHILIP	19/11/52	42 remains M40
CALNAN, ROSS	04/11/40	54 remains M50	NOORDYK, KATHLEEN	19/11/46	48 remains W45
HOYE, DEREK	04/11/38	56 remains M55	PRIOR, MARGARET	20/11/59	35 becomes W35
PELLIER, JOAN	08/11/39	55 becomes W55	ANDERSON, KEVIN	20/11/40	54 remains M50
MAIN, JAN	08/11/49	45 becomes W45	NEVIN, LAWRIE	20/11/39	55 becomes M55
COLQUHOUN, IAN	09/11/54	40 becomes M40	MAVERICK, MILTON	23/11/53	41 remains M40
HICKS, STEWART	09/11/22	72 remains M70	FORDEN, KEITH	25/11/38	56 remains M55
BROCKWELL, TESSA	10/11/55	39 remains W35	LARINI, BRUNO	25/11/57	37 remains M35
WILLIAMS, ROSS	10/11/39	55 becomes M55	HANSFORD-MILLER, FRANK	26/11/16	78 remains M75
WARREN, MARGARET	12/11/35	59 remains W55	CRELLIN, KAREN	27/11/41	53 remains W50
McMILLAN, RAEMA	14/11/27	67 remains W65	KIRKMAN, HUGH	27/11/41	53 remains M50
MATTHEWS, RICHARD	15/11/51	43 remains M40	MILLER, NORMAN	28/11/31	63 remains M60
RHODES, MICHAEL	16/11/45	49 remains M45	BISHOP, DAVE	28/11/56	38 remains M35
MATTHEWS, RAYMOND	17/11/50	44 remains M40	MILLER, MARGARET	29/11/42	52 remains W50
STOFFERS, HANK	18/11/40	54 remains M50	MOYLE, MERV	29/11/26	68 remains M65
WOOLHOUSE, JOHN	18/11/41	53 remains M50			



NO. 256 OCTOBER 1994

# The Vetrunk



## MAKE SAFETY YOUR PRIORITY

DURING the Cliff Bould Handicap on October 2, one of our members fell and was injured. Fortunately it did not prove to be too serious, although he was probably still slightly concussed when he left McCallum Park to drive home.

The immediate effect on the run was telling.

The only marshal, Brian Foley, had to leave his post to attend the fallen. Consequently, many runners devised new routes of their own choosing!

In the long term, that matters not at all.

What is of concern is the possible outcome of a really serious accident.

Following a letter from one member, the club committee have spent some time devising another approach to the matter of safety.

### Voluntary

It was decided to call for members who hold a safety training certificate to volunteer to become first aid officers.

This was established three years ago, with Basil Worner, Ann Turner, and Jim Greenfield appointed, but we now need to increase their numbers.

The committee is also looking at

by  
**Margaret Birks**

offering a first aid course, so that other members can qualify.

As a voluntary organisation, we can't guarantee that there will always be a first-aider to hand. There are also logistical difficulties in providing on-the-spot assistance when runners are spread across an area of 10kms or more.

We do ask all members to show consideration for anyone who is injured. Stop, and offer help.

Once the club has a number of first aid officers, a list of their names will be given to each race director, who will be asked to ensure that at least one officer will be present at the run.

If you have a first aid qualification, or are interested in attending a course, please give your name to one of the committee members.

MB

## Annual Dinner-time

LAST year's annual dinner and dance was so well organised and attended that a return match has been booked.

Now, all that's needed is YOU!

Make up a party, bring the mother-in-law (if you must) but be there on November 11, in the Silver Room at the Langley Plaza.

Drinks at 7pm, dinner at 8pm, no fighting until the music starts playing. This is another chance to see your fellow Vets with their proper clothes on, and spend a few very convivial hours together.

Tickets are available from Jacqui Billington, or Richard Harris, at a very reasonable \$25 per head for an excellent dinner, and music.

If in doubt, call any of the committee members. Their phone numbers are all on your annual race programme.

## In Vetrunk this month...

City to Surf

Perth Marathon

Editorial ..... P2

Notice Board

From the Committee

Letters

T & F NIGHTS ..... P3

### \* Late News \*

November 30th T&F  
Meeting is CANCELLED

Events from that night  
move to DECEMBER 14.  
There will be no  
BARBECUE

DANBY'S RUN

MT ELIZA RUN ..... P4

TOMPKINS PARK

Fine chips off

some old blocks! ..... P5

BOLD PARK X-COUNTRY

ROAD WALKING

CHAMPIONSHIP ..... P6

WA Vets glitter

after World Masters

T&F NIGHTS

October birthdays ..... P7

November Birthdays ..... P8



<b>12.8K</b>		
Chris Maher	M40	51:36
Dave Reid	M40	52:45
Tom Savin	M45	52:53
Wayne Robinson	M35	55:15
Bert Carse	M50	56:26
Ralph Henderson	M45	56:32
Bob Schickert	M50	57:12
Evan McCrae	M45	57:22
Dave Roberts	M50	57:37
Jane Kelly	W40	57:42
Paul Kelly	M40	61:20
David Bishop	M35	61:42
Brian Foley	M50	61:52
John Pellier	M50	62:05
Bob Sammells	M55	62:25
Jill Chambers	W45	62:39
Sue Prewett	W40	63:34
George Schaefer	M60	67:12
Mitch Loly	M50	68:13
Gerry Prewett	M40	68:23
Richard Harris	M55	70:48
John Bell	M45	70:51
Ted Maslen	M55	71:27
Lyn Harrop	W40	71:32
David Hough	M60	72:48
Merv Moyle	M65	74:01
Stan Lockwood	M60	74:02
Brian Smith	M55	74:59
Merv Jones	M55	75:12
Marj Forden	W50	75:03
Ron Sutton	M55	77:41
Dalton Moffett	M60	78:15
Dan O'Donnell	M40	78:15
Alan Chambers	M55	82:53
Richard Peters	M55	82:58
<b>8.4K</b>		
Wal Quarman	M40	34:31

## Mount Eliza Run

September 11, 1994

AFTER Saturday's heavy rain, Sunday dawned bright and clear. Bob Sammells came first in the 5K, Peggy MacIver winning the ladies section. The consistent Dave Reid was first across the line in the 9.6K, and Kath Noordyk was the first lady.

In the 5K walk the men's section was won by John Mison. There was a

<b>10K</b>		
David Reid	M40	36:19
Jim Klinge	M45	36:36
Bob Schickert	M50	37:22
Bob Thompson	M45	37:41
Dave Roberts	M50	38:40
Hugh Kirkman	M50	39:08
Jeff Mullins	M50	39:27
Brian Foley	M50	39:29
Vic Waters	M50	39:49
Paul Martin	M50	39:59
Dave Scott	M45	40:23
Dick Blom	M60	42:14
Rob Shand	M60	42:27
Bill Crane	M50	43:12
Milton Mavrick	M40	43:23

## DANBY'S RUN

September 4, 1994

NINETY seven finely-tuned vets faced the starter's gun to race over one of the four available distances on a beautiful Spring morning.

Everything was perfect so, of course, I forgot to start the timer and I apologise to the walkers for the lack of times. Thanks to my helpers Ivan, Jacqui and Dick. Sue wishes to thank Pat, Wendy and Sue (2) for helping with morning tea and keeping Sue (1) calm!

The celebrations and food continued well into the afternoon for the joint birthday party of Heather and Roma. Thanks to all for a great day. **Brian and Sue Danby**

Don Caplin	M50	37:46
Peter Evans	M40	38:36
Michael Anderson	M45	40:12
Vic Waters	M50	40:14
Rob Shand	M60	40:27
David James	M40	40:57
Arnold Jenkins	M50	43:56
Cecil Walkley	M65	44:01
Aldo Giacomini	M55	44:05
Roger Walsh	M50	44:08
Stefan Frodsham	M40	45:21
Vic Beaumont	M60	46:04

dead heat for first in the lady's section between Michelle Boyle and Dorothy Whittam (but the times did separate them!)

Mike Khan and myself would like to thank everybody who helped us with the run and we are sure they would not mind if we made special mention of Dale James, who filled in at the very last moment recording names and age groups, and George Peet who came along to run and helped with the marshalling on Fraser Avenue.

We would also like to thank the committee who did a terrific job with the sausage sizzle. Hope to see you all next year when the run will be known as the King's Park Wildflower Run.

**Joe Stickles and Mike Khan**

George Russell	M50	43:30
John Evans	M45	44:41
Peter Airey	M565	45:32
Ted Maslen	M55	45:37
Mitch Lole'y	M50	45:51
Roger Walsh	M50	45:53
Kath Noordyk	W45	46:13
Adrian Noordyk	M40	46:14
Lyn Harrop	W40	47:07
Jeanette Howat	W35	47:38
Barrie Slinger	M50	47:49
Ron Hillis	M45	47:52
Dalton Moffett	M60	48:07
Margaret Birks	W45	48:42
Ron Potter	M50	49:23

Jeff Spencer	M50	46:06
Keith Forden	M55	47:02
George Peet	M60	48:10
Ann Turner	W55	48:29
Ron Hillis	M45	49:20
Kurt Johnson	M65	50:01
Joan Pellier	W50	50:06
Tony Speechley	M50	50:19
Val Millard	W45	55:06
Rose David	W50	55:22
Margaret Warren	W55	58:54
Mary Robinson	W55	59:06
Phyllis Farrell	W45	1:04:41
Sheila Maslen	W55	1:06:29

### 4K

Harry Holland	M50	17:18
Ros Banyard	W45	17:57
Simon Mort	M35	18:10
Cathrin Holland	W35	20:05
Les Slade	M40	20:57
Heather Sanderson	W45	21:30
Roma Bettles	W40	21:31
Arthur Leggett	M75	22:28
Bridget Carse	W50	23:26
Noela Medcalf	W55	24:29
Margaret Ward	W50	24:46
Rob Davis	M55	27:46

### VISITORS

Chris Lamb	12.8K	62:30
Keith Atkinson	12.8K	67:55
Blaley Tindall	8.4K	37:07
J Evans		43:03
D Lancaster		48:14
Jenny Debenham		49:35
Hazel Corbett		23:56

Denise Lancaster	W40	49:24
Tony Speechley	M50	49:54
Brian Smith	M55	50:07
Brian Devine	M50	50:34
Roma Bettles	W45	51:21
Alan Chambers	M55	52:11
Keith Forden	M55	53:06
Kirt Johnson	M65	53:38
Joan Slinger	W50	53:47
John Russell	M60	54:03
Dan O'Donnell	M40	61:04
Arthur Leggett	M65	61:05
Mary Heppell	W55	61:15
Mary Robinson	W55	61:38
Frank Usher	M70	61:39
Phyllis Farrell	W45	N/T
Ann Deanus	W50	N/T

### 5K

Bob Sammells	M55	20:36
Robert Raymen	M50	20:56
Simon Mort	M35	22:14
Ros Banyard	W45	22:17
Peggy MacIver	W50	22:18
Mike Rhodes	M45	22:25
Kathrin Holland	W35	22:26
Jeff Spencer	M50	26:16
John Stone	M40	26:18
Brian Bennett	M45	26:29
Joan Pellier	W50	27:34
Allen Tyson	M65	28:04
Val Millard	W45	28:05
David Bishop	M35	28:35
Jackie Billington	W50	30:42
Margaret Ward	W50	30:44
Sheila Maslen	W55	31:30

THE DAY dawned, the rain and sleet of the previous two years were missing, in fact it was a beautiful day and the competitors turned up in droves, well, 100 anyway. Included in the participants were a group of guests and members, participating in an event within an event. Their race, run concurrently with ours, was part of Police Sports Week, and the Vets welcomed them as guests.

Ourevent was won by Merv Moyle who was preceded to the line by Lindy Evans, a visitor, and by John Evans who has, as yet, no handicap. First lady home was Margery Forden closely followed by Peggy McLiver.

Paul Martin was the winner of the walkers' handicap.

The walkers' competition was a sealed handicap event won by Mel Ovenden and Dorothy Whittam, who on handicap was fourth, was first lady home.

Without the helpers the event cannot occur and we would particularly like to thank Diane Airey, Tony Speechley, Jacqui Halberg, Brett Davis and Arthur Leggett.

**Peter Airey**

<b>8.4K</b>		Clock H/cap
		Time
Merv Moyle	M65	49:03 9:00
Stan Lockwood	M60	49:44 9:00
Walter Quarman	M40	50:54 19:15
Evan McRae	M45	51:25 17:00
Margery Forden	W50	51:33 9:00
Bob Schickert	M50	51:35 18:10
Peggy McLiver	W50	51:44 10:40
Bob Sammells	M55	51:50 15:30
Cathrin Holland	W35	51:55 4:50
Mararet Birks	W45	51:59 10:40
Dave Scott	M45	52:04 16:20
Richard Harris	M55	52:06 13:35
Duncan McCauley	M40	52:07 19:00
Rob Shand	M60	52:09 13:45

## Mount Eliza Run

Concludes

Rob David	M55	31:31
Maria van Bockxmeer	W45	31:58
Alison Aldrich	W50	32:53
Peter Johnson	M45	33:23
Ron Spencer	M50	34:51
Garnet Morgan	M65	40:45

### 5K WALK

John Mison	M45	26:30
Michelle Boyle	W45	35:12
Dorothy Whittam	W55	35:13
Joan Hillis	W45	40:46
Jill Evans	W40	40:55
Jeff Whittam	M60	40:56
Barrie Thomsett	M50	41:57
Dick Horsley	M80	49:46
Ernie Moyle	M65	49:47

## TOMPKINS PARK

September 18, 1994

Ros Banyard	W45	52:10 9:50
Brian Foley	M50	52:11 16:20
Graham Thornton	M50	52:14 12:20
Mike Khan	M45	52:20 15:30
Anne Shaw	W45	52:32 16:35
Jeanette Howat	W35	52:37 10:40
Brian Smith	M55	52:39 9:50
Dick Blom	M60	52:40 15:30
Mike Rhodes	M45	52:48 12:45
Milton Mavrick	M40	52:49 15:10
Bill Crane	M50	52:54 14:45
Joe Stickles	M55	53:02 15:30
Peter Howat	M45	53:04 14:35
John Pellier	M50	53:07 15:30
George Schaefer	M60	53:11 14:45
Stuart Hicks	M70	53:25 4:50
Vic Waters	M50	53:33 16:35
Jeff Spencer	M50	53:35 11:55
Ted Maslen	M55	53:39 15:20
Ann Turner	W55	53:54 9:00
Keith Forden	M55	53:55 6:30
Rob Davis	M55	54:00 3:10
Valerie Millard	W45	54:01 3:10
Brian Danby	M45	54:01 17:15
Ray Lawrence	M65	54:07 7:35
John Puglisi	M40	54:09 18:50
Merv Jones	M55	54:12 10:15
Keith Atkinson	M35	54:15 15:30
Ivan Brown	M45	54:16 16:20
Vic Beaumont	M60	54:22 11:55
Ron Hillis	M45	54:29 11:30
Jill Chambers	W45	54:33 17:15
Arnold Jenkins	M50	54:37 13:25
Kirt Johnson	M65	54:38 8:10
Frank Usher	M70	54:40 1:05

John Russell	M60	54:42 6:55
Denise Atkinson	W40	54:48 15:30
Rosa Davis	W50	54:53 1:30
Bert Carse	M50	55:21 18:40
Roger Walsh	M50	55:29 8:10
Dalton Moffett	M60	55:31 12:30
Garnet Morgan	M65	55:37 5:40
M Van Bockxmeer	W45	55:42 3:00
Tony Speechley	M50	55:44 10:40
John Pellier	W50	55:45 4:50
Mitch Loly	M50	55:51 14:45
Frank McLinden	M60	55:58 15:30
Alan Chambers	M55	56:08 11:30
Ian Passmore	M50	56:10 13:25
Fraser Deanus	M50	56:31 15:00
Brian Devine	M50	56:40 12:20
Phyllis Farrall	W45	57:02 2:20
Mary Heppell	W55	57:06 0:40
Sheila Maslen	W45	57:17 0:40
Maurice Smith	M60	57:34 16:20
Jill Midolo	W45	58:28 1:05
Moray Ross	M50	58:43 11:30
Hugh Kirkman	M50	58:54 17:50
Heather Sanderson	W45	58:58 9:50
Stuart Parkinson	M45	59:34 10:15
Bridget Carse	W50	59:56 4:00
Jacki Billington	W50	60:00 1:05
Janet Johnson	W45	60:00 6:30
Ron Spencer	M50	60:40 0:20
Velma Tomasich	W40	61:25 5:00
Clive Walker	M40	74:40 5:00
Sheila Walker	W40	74:42 5:00

### 8.4K WALK

		ClockH/Cap
Paul Martin	M50	50:48 23:30
B Weatherburn	M50	57:07 19:00
Mel Ovenden	M50	62:39 7:00
Dorothy Wittam	W55	63:25 14:00
Bob Chalmers	M55	64:49 16:15
Jeff Wittam	M60	69:07 11:30
Barrie Thomsett	M50	69:08 16:15
Bill Hughes	M60	73:21 14:00

## Fine chips come off old blocks!

VETS who compete at AAWA and other track events may be aware of the following, but others may find it interesting to learn the family connections of a number of the State's leading junior athletes.

Mark Maslen (born 23.4.76) and son of Ted and Sheila, is current U18 2000 metres steeplechase champion and competes with Canning Districts Club. He was 78th in the City to Surf.

Marcus Brown (also born 23.4.76) and son of Penny and myself, is current U20 8Kms cross-country champion and competes with Stirling Swans. He was 13th in the City to Surf.

Mark Pressley (24.8.76) and son

by  
Ivan Brown

of John, is current U18 champion for various events between 1,500m (4:03) and 8Kms. He's now with Stirling Swans after some years with Canning Districts.

Ollie Dartnell, son of John, currently holds the State record in middle distance relay events with Melville Club. After being one of the most exciting U20 middle distance prospects Ollie is suffering from recurrent back problems.

Are there any others known to members?

IB



Conditions: warm, sunny, lots of Spring flowers to distract runners from the fact that they were tackling one-in-one slopes.

MY ADVICE to would-be race directors (yes, we do need more volunteers) is to offer your services on a run where you have the assistance of someone like Kirt Johnson.

Why? Because he does the lion's share of the work, and you get all the credit.

Kirt has set this run about eight times, and has the whole thing worked out - maps of the area, the route, how much lime is needed to mark the course and where to put it, how many flags, positioning of the chute, and so on.

I just plodded along to keep him company, and was congratulated many times on the day for setting an excellent, though hilly run.

(ED. note - the way she operates, this woman could organise 52 runs a year, no sweat. See Birkwater, 1992, 3, and 4.)

Special mention only for Ros Banyard, who celebrated her 48th birthday by winning the women's section of the 5K, in 28:12.

Personally, I was disappointed that nobody collected the special prize for capturing the naked man seen in the park the previous day while we were marking the course.

The mystery was never explained, despite Arthur Leggett's interesting theories, and John Bell's fanciful story about a poor person greatly confused at seeing people spread white spots all through the park.

Thanks to my co-director Kirt, and Ernie Moyle, Jacqui Halberg, and Garnet Morgan for helping on the day.

Margaret Birks

## Bold Park Cross-Country

September 25, 1994

### 10K

Wal Quarman	M40	38:36
Dave Reid	M40	40:13
Evan McRae	M45	40:32
Bob Thomson	M45	42:22
Paul Hughes	M40	44:10
Dave Scott	M45	44:27
Brian Danby	M45	44:45
Anne Sahw	W45	45:22
Ivan Brown	M45	45:40
John Bell	M45	47:03
Dick Blom	M60	47:29
Milton Mavrick	M40	48:57
George Schaefer	M60	49:26
Richard Harris	M55	49:49
Vicente Carrero	M50	50:14
Graham Thornton	M50	50:24
Stan Lockwood	M60	51:01
Velma Tomasich	W5051:06 L/S	
John Evans	M45	51:49
Mitch Loly	M50	52:01
Ted Maslen	M55	52:41
Roger Walsh	M50	52:56
Peggy Macliver	W50	53:18
Arnold Jenkins	M50	53:23
Vic Beaumont	M60	53:40
Jeff Spencer	M50	53:48
Dalton Moffett	M60	54:09
Merv Jones	M55	55:08
Merv Moyle	M65	56:03
Brian Smith	M55	56:04
Alan Chambers	M55	56:05
Ron Hillis	M45	56:12
Mike Rhodes	M45	56:48
Ann Turner	W55	57:45

John Russell	M60	58:28
Dan O'Donnell (L/S)	M40	58:30
Ray Lawrence	M65	63:15
George Peet	M60	69:59
Frank Usher	M70	70:33

### 5K

Brian Foley	M50	24:32
Michael Anderson	M45	25:11
Ros Banyard	W45	28:12
Tony Speechley	M50	30:38
Allen Tyson	M65	33:06
Peter Davies	M65	33:43
Val Millard	W45	34:13
Arthur Leggett	M75	34:15
Cathrin Holland	W35	34:54
Norm Miller	M60	35:30
Margaret Wardd	W50	36:59
Jackie Billington	W50	37:22
Jill Midolo	W45	38:30
Pat Miller	W55	38:55
Sheila Maslen	W55	42:45

### Walkers - Men

Paul Martin	10K	58:16
Bob Chalmers	8K	55:58
Mel Ovenden	8K	63:50
Alan Pomery	8K	76:21
Peter Johnson	6K	39:39
Bob Fergie	6K	49:09
Bill Hughes	6K	49:09
Shorty Turner	6K	62:42

### Walkers - Women

Jill Evans	8K	72:20
? Watson	8K	72:20
Karen Crellin	8K	76:21
Barbara ?	8K	76:21
Gillian Peet	6K	55:22
Tina Carrero	6K	55:22

(Mary Heppell was timed at 24:01 around the lakes then continued walking/running for distance unknown.)

### Visitors

Garth Burg	10K	50:42
Michelle Macliver	10K	55:07
Andy Evans	10K	57:31

## from the Committee

### JOAN STANDS DOWN

Joan Pellier has regretfully stood down from the club committee.

Her position as Vice-President has been filled by Bob Sammells; and Jacqui Halberg has joined the committee. Jacqui has wide experience of track and field organisation, and will now head the T&F sub-committee.

### QUIZ NIGHT POSTPONED

THERE's just too much happening right now, so the committee has re-scheduled the planned Quiz Night. It will happen some time next February. (It better, Leo Hassam has spent too much time concocting impossibly difficult questions to let it go now!)

## T & F Night

October 5, 1994

### 1600M

Ian Sanders	M35	6:35.5
Evan McRae	M45	5:25.0
John Pressley	M45	5:55.5

Brian Foley	M50	5:25.5
Alan Chambers	M55	6:51.6
Merv Jones	M55	6:55.0
Allen Tyson	M65	7:27.4

## T & F Night

October 12, 1994

### Discus

Cathrin Holland	W35	33.46
Jan Fletcher	W45	18.25
Rita Bonjour	W50	17.47
Dorothy Whittam	W55	16.40
Patricia Carr	W60	17.13
Lorna Lauchlan	W60	15:21

Ian Sanders	M35	17.57
Ed Carroll	M50	37.47
Peter Gare	M50	33.06

## Notice Board

### The Vetrunk

Vetrunk is the club magazine of the WA Veterans Athletic Club.

Patron: W.J. (Bill) Hughes  
President: Brian Foley  
339 2716  
Secretary: Bob Fergie  
447 6898

COPY for the magazine should be submitted to editor Vic Waters at 47 Sulman Road, Wembley Downs, 6019.

Phone: 341 3464 (H)  
Fax: 245 3169

Next Issue: December 4

## YOUR ADDRESS CHANGES

Much as I love to hear from you, changes of address should go to Bob Fergie, whose phone number appears above.  
VW

Jill Chambers	W45	5:46.0
Anne Shaw	W45	5:52.8
Heather Sanderson	W45	7:21.0
Janet Jarvis	W45	8:00.2
Maureen Stewart	W50	6:54.7
Ann Turner	W55	8:16.4
Dorothy Whittam	W55	10:25.4(W)

### 100M

Ian Sanders	M35	14.2
Dave Wyatt	?	13.1
Evan McRae	M45	16.9
Merv Jones	M55	17.0
Allen Tyson	M65	16.6

Anne Shaw	W45	15.1
Ann Turner	W55	22.8

Harry Holland	M50	32.74
Mike O'Reilly	M55	26.46
Rob Shand	M60	28.49
Allen Tyson	M65	21.08

### Shot Put

Cathrin Holland	W35	8.81
Ed Carroll	M50	11.75
Harry Holland	M50	10.37
Peter Gare	M50	9.77
Mike O'Reilly	M55	8.04
Rob Shand	M60	7.90
Allen Tyson	M65	7.31

### Long Jump

Karen Gower	W30	3.10
Anne Shaw	W45	3.33
Rita Bonjour	W50	2.91
Patricia Carr	W60	3.56

continues page 7

## Notice Board

(This piece was published by the Southern Gazette in September, and is by Vet Wayne Pantall)

## Tolerance cracks!

AFTER being embarrassed as an Australian over recent years by the unrestrained bias of some of our sporting commentators, my tolerance has just cracked.

Notwithstanding the inability of Norman May to notice other competitors alongside Aussies, Neville Oliver has further tainted our 'fair go' sport image.

The three gold medals to tiny Nauru's Marcus Stephen - our Nev would have us claim them, for the time the weightlifter spends here training.

Pride in achievement and parochialism are wonderful for all, but I would remind our commentators that we are very much a multicultural society, as our anthem says.

This style of reporting does nothing for 'Advance Australia Fairly'.

Wayne explained to Vetrunk:

In a moment of annoyance, halfway through the Commonwealth Games, while at work I had to throw down my trowel in disgust, put crayon to card-board, and send this to the local rag.

However, by the time the Games finished, I couldn't resist pointing out the final medal tally to some of our friends from the 'land of the cold pork pie'.

Attention, John Pellier and Co. - what about our Kasumi Takahashi for Aussie of the Year, 1994?

Dear Vic,

Our annual Vets State Championships timetable always seems to have the youngest competitors' heats first, and the oldest last, despite the fact that the older you get, the greater the recovery time.

For instance, Day 3 comes up with 12.50pm - 80m hurdles; 1.20pm - 100m; and 2pm long jump (M50 plus).

A few years ago I ran in the last 100m, finished exhausted, and trotted over to the long jump, to find that the others had already had three of their six jumps. The officials did their best to help me, but, boy was I tired.

Couldn't the age order of events be reversed, so oldest competitors heats are run first?

George Boakes

The whole programme is being re-examined this year. Ed.

# ROAD WALKING CHAMPIONSHIPS

THANKS to Jeff Whittam for compiling this results table.

The 15K event was University and Back; the 10K, Mill Point Road Championship; 7.2K was at Deepwater Point; and 21.1K was, of course, the Club Half Marathon.

		15K	10K	7.2K	21.1K
John Mison	M45	82:30	51:22	39:02	2:1:27
Barrie Thomsett	M50	1:45:30	64:19	48:02	2:29:43
Mitch Loly	M50	1:46:12	66:02	53:04	-
Dorothy Whittam	W55	1:52:03	78:36	53:31	2:38:52
Paul Martin	M50	-	56:08	-	-
Barry Weatherburn	M50	-	62:59	47:34	-
Michelle Boyle	W45	-	70:01	53:04	2:39:00
Jo Stone	W45	-	78:35	-	2:40:38
Alan Pomery	M60	-	81:06	-	-
Ron Spencer	M50	-	-	56:30	-
Jacqui Beaumont	W55	-	-	59:59	-
Jeff Whittam	M60	-	-	59:59	-
Lyn Schickert	W50	-	-	62:48	-
Dick Horsley	M80	-	-	68:24	-

## Three walkers go the distance

Only three walkers completed all four events, which total 53.3K

Dorothy Whittam	
W55	Av per K
7:33	
John Mison	
M45	Av per K
5:31	
Barrie Thomsett	
M50	Av per K
6:53	



by Ivan Brown

Conditions: fine, mild

MY TARGET was 49:59, or any improvement on my 1991 PB of 51:45!

I walked the '92 and '93 events due to a severe back injury, and should have been grateful to be running at all this year. But my time of 50:28 was a little disappointing. I should have tagged the editor, who cruised in at 49:46, and a PB. Well done, Vic.

Our team of Brian Danby (48:38) and Milton Mavrick (52:58) did not threaten the teams' prize, but I note that if the first three Vets to finish had entered the 'other teams' category they would have won second prize.

Thanks for the report, Ivan. Perhaps next year more Vets will make this a team event. Their recent performances in the Port to Court showed that Vets are usually near the front in team races.

Other Vets who have reported their City to Surf times are listed here.

## 20th RUN BY BOB JOHNSON

Also received a newspaper cutting from Bob Johnson, who completed his 20th City to Surf, while his wife, Alison, made it number 16 this year. Bob says his biggest problem is organising himself well enough to be in Perth at the right time each year.

## Editorial by Vic Waters

## WHATEVER HAPPENED TO THAT SURVEY?

REPLIES to our readership survey have now dried up, only three late ones being received since the last Vetrin. All three opted for a six-issues a year option.

Members are entitled to know just what's happening with their magazine. Well, at this end, things are carrying on much as before.

I'll do my best to bring Vetrin out as often as possible.

## City to Surf 1994

August 28, 1994

### 12K

David James	45:28
Bob Schickert	45:34
Dave Roberts	46:30
Jan Kelly	46:46
Paul Kelly	48:34
(Jan was 1st W40; 4th woman; and the duo were 1st couple.)	
Bob Thomson	48:24
Geoff Mullins	49:10
Brian Foley	51:04
Paul Martin	51:15
Doug Hazell	52:?
(Doug says a 'PW': but then his PB is 42:00!)	
Bill Crane	53:56
Lynn Harrop	54:50
Mitch Loly (+ pram!)	58:36
John Evans	56:00
Roger Walsh	58:58
Peter Airey	59:06
Ron Potter	59:48
Ron Hillis	60:26
John Russell	68:00
Garnett Morgan	68:56
Rosa Davis	71:00
Val Millard	72:10
Frank Usher	75:22
Mary Heppell	78:21
Lyn Schickert	87:?

### 4K

There was also a 4K event, beginning at Perry Lakes.

Alan Tyson	24:00
Ernie Moyle	30:48

Timing will often be decided by your committee's need to communicate some urgent matter.

In each issue, I'll try to let you know when the next one will publish.

Check page three. In the Vetrin information box, you should find the date of the next magazine.

It will generally be a Sunday. To reduce costs, we'll hand out as many as possible, and post the rest.

So, with fingers crossed, I predict the next Vetrin will be out on December 4!

### More writers

You may notice some extra by-lines in this Vetrin.

Ivan Brown, Wayne Pantall, David Carr, and Margaret Birks have all made welcome contributions to the magazine. And of course, every issue contains reports from race directors.

Please keep on writing - poems, observations, letters, reports of other

## Late call for the Kellys Perth Marathon

Jan Kelly points out that we missed her old man out of the results in the last issue. Well Jan, that shows that if you're in a non-Vets event, and you want to make the Vetrin, you have to tell us about it!

Anyway, to put the record straight, Paul (M40) ran an excellent 3:12:53.

Jan also points out that her time of 3:07:16 is a State record for W40. Yet, also in the last issue, we showed Alicia Ansell's time of 3:17:33 as the record.

Again, to set the record straight - a State record is only a State record when Bob Sammells tells me so!

If you think you've set a record (and you obviously have Jan, by a massive margin!) then Bob needs to be informed.

If the Vetrin started declaring record holders, anarchy would reign.

### Late Claim

For instance, I might well claim a record for late handing in of race numbers.

On Sunday October 16 at Bibra lake, I finally surrendered tag no. 77, which I collected with a magnificent performance at the Cliff Bould Handicap two weeks earlier!

Fortunately, this did not affect the race report, as our President has still not finished it.

And he has an extra problem, as all the times disappeared too!

events - all are welcome! You can all contribute, and help broaden the scope of Vetrin.

### Non-Vet runs

On this page are two reports based on two non-Vets events.

As I've pointed out before, although we'll do our best, Vetrin can't guarantee full and accurate reports of non-WAVAC events.

We don't have access to resultsheets, clock print-outs, and other information that allows us to cross-check results.

For instance, last month we reported that our Dave Roberts ran the Perth Marathon in 3hrs 17mins.

We were wrong, it was another man. But it was an understandable error.

The point is, only you know what you did.

Please help us by contacting Vetrin, with your own time, if you want it included in our reports.

## WA Vets glitter after World Masters

by  
David Carr

Competition at the top was extremely fierce at these games, and we can be justifiably proud of our mem-

THE GAMES were a great experience, attracting plenty of newspaper space, and an hour on TV for the welcome ceremony. Of the 2,800 athletes, many were Russian, and they did well in the field events.

Most of the Europeans had represented their countries years ago. Russia, Japan, Italy, New Zealand, Lithuania, Germany and Yugoslavia were some of the gold-winning countries.

Weather was warm, with swirling winds and abundant smoke from bush fires.

Hundreds of officials helped a well-planned programme go smoothly, and electric timing and photo-finish equipment sorted out some very close finishes. For instance, Pat and I won four races by margins of just a few centimetres.

DC

## RESULTS SUMMARY

Gold medals were won by Erica Mercer, Noela Medcalf, Roy Fearnall, Mike Edwards, Syd Coleman, Patricia and David Carr.

They also won other medals, and silvers and bronze were earned by Cecil Walkley, Jacqui Lishman, Rosemary Holloway, Frank Hansford-Miller, and Lyn Choate.

(These are by no means complete results.)

## T & F October 12

### Concludes

Dave Wyatt	M40	4.95
Milton Mavrick	M40	3.71
Keith Martin	M50	4.50

### 1K Walk

Cathrin Holland	W35	5:41.8
Dorothy Whittam	W55	6:22.0
Lorna Lauchlan	W60	7:06.2

Barrie Thomsett	M50	5:41.2
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### 1K Run

Ian Sanders	M35	3:44.3
Milton Mavrick	M40	3:25.1
Ian Davies	M45	3:06.1
Evan McRae	M45	3:14.7
John Pressley	M45	3:21.4
Ivan Brown	M45	3:27.5
Brian Danby	M45	3:30.4
Jim Langford	M50	2:57.5
Peter Gare	M50	3:42.0
Jeff Spencer	M50	3:46.2

bers' achievements here.

Full results will be published next month, with some on-the-spot accounts.

Would all Masters competitors please POST their results to Vetrin (address on page 3) to help us compile a complete picture?

Fraser Deanus	M50	3:51.8
Don Caplin	M55	3:17.6
Mike O'Reilly	M55	3:56.7
Garnet Morgan	M70	4:33.7

Karen Gower	W30	3:36.6
Cathrin Holland	W35	4:11.5
Anne Shaw	W45	3:23.1
Ros Banyard	W45	3:39.2
Heather Sanderson	W45	4:13.0
Jackie ? Halberg	W45	4:14.0

### 100M

Cathrin Holland	W35	14.94
Anne Shaw	W45	14.65
Patricia Carr	W60	15.73

Peter Muiden	M35	12.94
Ian Sanders	M35	13.51
Dave Wyatt	M40	12.95
John Stone	M40	13.12
John Pressley	M45	15.68
Evan McRae	M45	16.07
Keith Martin	M50	13.00
Harry Holland	M50	13.07
Allen Tyson	M65	16.61

## HAPPY BIRTHDAY TO OUR OCTOBER MEMBERS

AIREY, PETER	01/10/36	58 remains M55	GREENFIELD, NENA	15/10/54	40 becomes W40
SLADE, JANE	03/10/48	46 remains W45	BARNETT, RAY	17/10/43	51 remains M50
NICHOLAIDIS, DOROTHY	04/10/38	56 remains W55	ROMEO, LESLEY	17/10/44	50 becomes W50
COUSINS, MICHAEL	05/10/33	61 remains M60	SCHICKERT, LYNNE	18/10/41	53 remains W50
MORGAN, GARNET	06/10/24	70 becomes M70	WEST, ROBERT	19/10/51	43 remains M40
WALDOCK, REECE	06/10/52	42 remains M40	PEET, GEORGE	19/10/33	61 remains M60
THORNTON, GRAHAM	08/10/40	54 remains M50	SLATER, VICKIE	21/10/55	39 remains W35
MALONE, MICK	09/10/50	44 remains M40	PEART, BILL	22/10/42	52 remains M50
KLINGE, JIM	10/10/46	48 remains M45	PELLIER, JOHN	22/10/39	55 becomes M55
TOMASICH, VELMA	13/10/53	41 remains W40	POMERY, MAUREEN	24/10/39	55 becomes W55
FARRELL, PHYLLIS	13/10/44	50 becomes W50	SCHICKERT, ROBERT	26/10/41	53 remains M50
SAVIN, TOM	13/10/45	49 remains M45	ROBERTS, DAVID	27/10/42	52 remains M50
BAUMANN, CARLO	15/10/14	80 becomes M80	HUNTER, BRIAN	28/10/44	50 becomes M50
BURCH, GRAEME	15/10/43	51 remains M50	MULLINS, GEOFF	29/10/43	51 remains M50
STEWART, MAUREEN	15/10/39	55 becomes W55	PRIOR, GARY	31/10/57	37 remains M35
TOUSSAINT, SERGE	15/10/44	50 becomes M50			