

RECORDS SET IN 2014

MEN

100m (17.7, Don Frearson, 2005)	M80	David Carr	17.20	08/03/14	
400m (2:29.7, Johann Sanders, 1990)	M85	Irwin Barrett-Lennard	1:46.2	26/06/14	
	M85	Irwin Barrett-Lennard	1:36.7	17/07/14	
800m (5:41.9, Johann Sanders, 1990)	M85	Irwin Barrett-Lennard	4:02.7	04/09/14	
1500m	M35	Scott Tamblin	3:54.60	05/12/14	
1500m (4:03.33, Greg Vander Sanden, 1994)	M35	Scott Tamblin	3:53.40	18/12/14	
1500m (12:06.2, Johann Sanders, 1990)	M85	Irwin Barrett-Lennard	8:11.5	26/06/14	
Mile (4:18.98, Scott Tamblin, 2013)	M30	Scott Tamblin	4:11.92	22/02/14	AR
Mile (14:35.9, Peter Kennedy, 2006)	M85	Irwin Barrett-Lennard	8:50.4	05/06/14	AR
3000m (8:52.0, Phil Wall, 1978)	M35	Scott Tamblin	8:38.1	24/10/14	
3000m (28:17.5, Peter Kennedy, 2006)	M85	Irwin Barrett-Lennard	17:03.2	05/06/14	AR
5000m	M85	Irwin Barrett-Lennard	29:39.3	19/06/14	
5000m (48:17.5, Peter Kennedy, 2007)	M85	Irwin Barrett-Lennard	29:06.7	03/07/14	AR
10,000m (35:46.9, Ross Langford, 2012)	M30	Scott Tamblin	32:00.9	21/03/14	
10,000m (31:16.5, Paul Mitchell, 2006)	M35	Scott Tamblin	31:12.8	31/10/14	
1/2 marathon (inaugural)	M85	Irwin Barrett-Lennard	2:07:56	13/07/14	
3000m Walk (15:03.0, Don Stone, 1982)	M50	Garry Hastie	14:30.66	30/03/14	
5000m Walk (25:26.6, Garry Hastie, 2012)	M50	Garry Hastie	24:59.28	09/03/14	
10000m Walk (inaugural)	M35	Daniel Lowe	66:16.10	27/02/14	
High Jump (1.85, Chris Anderson, 2013)	M45	Chris Anderson	1.90	16/02/14	AR
High Jjump (1.43, Greg Wilson, 2013)	M65	Greg Wilson	1.46	04/01/14	
Pole Vault	M50	Brian Feutrill	2.80	08/02/14	
Pole Vault (2.60, Peter Gare, 1993)	M50	Brian Feutrill	2.90	08/11/14	
Pole Vault (2.00, Greg Wilson, 2013)	M65	Greg Wilson	2.00	06/01/14	

Discus (43.25, Todd Davey, 2013)	M45	Todd Davey	44.95	13/12/14	
Hammer (45.11, Matthew Staunton, 2013)	M40	Matt Staunton	46.89	01/02/14	
Hammer (39.09, John Everard, 2007)	M45	Todd Davey	39.26	03/11/14	
Hammer (28.28, Chris Tittel, 2011)	M80	Jim Davis	34.07	25/10/14	
Weight Throw (12.22, Mark Hamilton, 2011)	M40	Matt Staunton	12.89	09/01/14	
	M40	Matt Staunton	14.28	18/01/14	
Weight Throw (12.50, Todd Davey, 2013)	M45	Todd Davey	14.10	04/10/14	
Weight Throw (11.63, Chris Tittel, 2011)	M80	Jim Davis	12.13	25/10/14	
56lb Weight (inaugural)	M45	Todd Davey	8.98	06/10/14	
100lb Weight (inaugural)	M45	Todd Davey	3.46	06/10/14	
Javelin (52.54, Mark Jeffery, 2013)	M40	Paul Jeffery	53.02	16/02/14	
Javelin (43.83, Roger Ditewig, 2012)	M45	Andrew Brooker	44.48	19/12/14	
Shot (13.03, Todd Davey, 2013)	M45	Todd Davey	13.45	30/01/14	
	M45	Todd Davey	13.63	01/11/14	
	M45	Todd Davey	14.54	25/11/14	
Shot (8.88, Chris Tittel, 2011)	M80	Jim Davis	10.35	25/10/14	
Pentathlon (3345, Mark Jeffery, 2013)	M40	Paul Jeffery	3639	15/03/14	AR
Pentathlon (3082, Murray Tolbert, 1992)	M45	Andrew Brooker	3127	15/03/14	
Throws Pent (3022, Mal Clarke, 2013)	M40	Matt Staunton	3477	18/01/14	
Throws Pent (3451, Todd Davey, 2013)	M45	Todd Davey	3582	05/10/14	
	M45	Todd Davey	3779	13/12/14	
Decathlon (inaugural)	M65	Greg Wilson	4347	05/01/14	
<u>INDOORS</u>					
60m Hurdles (11.49, Don Chambers, 2013)	M75	Don Chambers	11.33	25/03/14	AR
Long Jump (3.50, Don Chambers, 2013)	M75	Don Chambers	3.63	25/03/14	AR

Triple Jump	M75	Don Chambers	7.75	29/03/14	AR
(7.26, Don Chambers, 2013)					
High Jump	M75	Don Chambers	1.15	25/03/14	AR
(1.06, Don Chambers, 2013)					
Shot	M35	Greg Urbanowicz	12.19	28/03/14	AR
(inaugural)					
Shot	M75	Don Chambers	8.98	25/03/14	AR
(8.45, Don Chambers, 2013)					
Weight Throw	M35	Greg Urbanowicz	13.84	29/03/14	AR
(inaugural)					
Weight Throw	M75	Don Chambers	11.36	27/03/14	AR
(inaugural)					
Pentathlon	M75	Don Chambers	2968	25/03/14	AR
(2831, Don Chambers, 2013)					
WOMEN					
60m	W35	Wendy Seegers	7.75	28/11/14	AR
(not SR. 7.88, Wendy Seegers, 2013)					
800m	W60	Margaret Saunders	2:50.11	07/01/14	
800m	W60	Margaret Saunders	2:48.43	29/03/14	
800m	W60	Margaret Saunders	2:42.4	07/10/14	
(2:53.0, Peggy Macliver, 2007)					
Mile	W60	Margaret Saunders	6:07.8	28/10/14	
(6:37.3, Barbara Blurton, 2010)					
Half marathon	W55	Jo Clarkson	1:34:30	01/06/14	
(1:40:19, Helen Lysaght, 2007)					
2000m Steeple	W60	Margaret Saunders	9:28.99	11/01/14	
2000m Steeple	W60	Margaret Saunders	9:14.8	25/03/14	
(10:07.0, Julie Wilson, 2013)					
High Jump	W45	Lisa Limonas	1.37	11/02/14	
High Jump	W45	Lisa Limonas	1.40	04/03/14	
High Jump	W45	Lisa Limonas	1.41	30/03/14	
(1.36, Eileen Hindle, 1994)					
High Jump	W60	Gay Wyatt	1.10	01/02/14	
High Jump	W60	Gay Wyatt	1.12	06/02/14	
(1.09, Ruth Johnson, 2003)					
High Jump	W70	Ruth Johnson	1.02	08/02/14	
(1.00, Ruth Johnson, 2012)					
Pole Vault	W40	Vicki Cobby	1.80	10/03/14	
Pole Vault	W40	Vicki Cobby	2.10	21/03/14	
(inaugural)					
Discus	W45	Paula Kennedy	29.15	1/02/14	
(28.64, Paula Kennedy, 2013)					
Hammer	W45	Christine Schelfhout	26.37	18/12/14	
(26.12, Eileen Hindle, 1999)					
Weight Throw	W45	Paula Kennedy	9.26	04/03/14	
(9.02, Paula Kennedy, 2013)					
Javelin	W45	Paula Kennedy	27.32	04/03/14	

(26.95, Sue Coate, 2012)

Javelin (500g) (inaugural)	W60	Kate Glass	18.34	29/03/14	
Javelin (500g) (inaugural)	W65	Bev Hamilton	16.29	15/03/14	
Javelin (500g) (inaugural)	W70	Ruth Johnson	12.50	18/01/14	
Pentathlon (2290, Vicki Cobby, 2013)	W40	Vicki Cobby	2540	09/01/14	
Pentathlon (2382, Carmel Meyer, 2013)	W50	Cathy McCloskey	2687	09/01/14	
Pentathlon (inaugural) (500g jav)	W60	Julie Wilson	1714	07/03/14	
Pentathlon (inaugural) (500g jav)	W70	Lynne Schickert	1396	15/03/14	
Throws Pent (2595, Paula Kennedy, 2013)	W45	Paula Kennedy	2677	18/01/14	
Throws Pent (inaugural) (500g jav)	W60	Kate Glass	3061	15/03/14	
Throws Pent (inaugural) (500g jav)	W65	Bev Hamilton	3300	15/03/14	
Throws Pent (inaugural) (500g jav)	W70	Ruth Johnson	2275	18/01/14	
4 x 100m Relay (59.72, 2000)	W35	Sharon Davis Vicki Cobby Carol Bowman Wendy Seegers	57.91	09/03/14	
4 x 400m Relay (4:48.3, 2009)	W35	Carol Bowman Vicki Cobby Sharon Davis Wendy Seegers	4:36.06	10/03/14	
<u>INDOORS</u>					
60m (inaugural)	W35	Melissa Foster	8.30	25/03/14	
60m (inaugural)	W60	Lynne Choate	9.27	25/03/14	
200m (inaugural)	W60	Lynne Choate	32.07	27/03/14	
Long Jump (inaugural)	W35	Melissa Foster	5.71	28/03/14	AR
Triple Jump (inaugural)	W35	Melissa Foster	11.82	29/03/14	AR