## MASTERS MINI CHAMPIONSHIPS

## Saturday $24^{\text {th }}$ September 2016

Ern Clark Athletics Centre
Wharf St Cannington

| 8:30 AM | MENS | 800M | 30 YEARS |  |
| :---: | :---: | :---: | :---: | :---: |
| 8:35 | " | " | 40 |  |
| 8:40 | " | " | 50 |  |
| 8:50 | " | " | 60+ |  |
| 9:00 | WOMENS | 800M | 30+ |  |
| 9:05 | " | " | 50+ |  |
| 9:10 | MENS | 100M | 30 |  |
| 9:13 | " | " | 40 |  |
| 9:16 | " | " | 50 |  |
| 9:20 | " | " | 60+ |  |
| 9:25 | WOMENS | 100M | 30 | MENS/WOMENS 1500M (Under 5 MIN ) |
| 9:28 | " | " | 40 |  |
| 9:32 | " | " | 50 |  |
| 9:36 | " | " | 60+ | MENS/WOMENS 1500M (Under 7 MIN ) |
| 9:55 |  |  |  | MENS/WOMENS 1500M (Over 7 MIN ) |
| 10:00 | MENS | 200M | 30 |  |
| 10:03 | " | " | 40 |  |
| 10:06 | " | " | 50 |  |
| 10:09 | " | " | 60+ |  |
| 10:25 | WOMENS | 200M | 30 |  |
| 10:30 | " | " | 40 |  |
| 10:35 | " | " | 50 |  |
| 10:40 | " | " | 60+ |  |


| $10: 50$ AM | MENS | 400 M | 30 YEARS |
| :--- | :--- | :--- | :--- |
| $10: 55$ | $"$ | $"$ | 40 |
| $11: 00$ | $"$ | $"$ | 50 |
| $11: 05$ | $"$ | $"$ | $60+$ |
| $11: 10$ | WOMENS | 400 M | 30 |
| $11: 15$ | $"$ | $"$ | 40 |
| $11: 20$ | $"$ | " | $50+$ |
| $11: 30$ | OPEN 5K | ALL ATHLETES |  |

