

**Records set in 2015****MEN**

60 Metres	M50	Rudi Kocis	7.58	27-Feb-15
60 Metres	M85	Irwin Barrett-Lennard	12.05	14-Mar-15
800 Metres	M35	Scott Tamblin	1:53.73	6-Feb-15
1000 Metres	M35	Scott Tamblin	2:29.0	27-Jan-15
1000 Metres	M85	Irwin Barrett-Lennard	5:46.8	22-Jan-15
1500 Metres	M35	Scott Tamblin	3:51.01	30-Jan-15
Mile	M35	Scott Tamblin	4:11.78	14-Feb-15
3000m	M35	Scott Tamblin	8:36.8	27-Feb-15
3000m	M35	Scott Tamblin	8:35.3	27-Nov-15
5000 Metres	M35	Scott Tamblin	14:50.8	20-Feb-15
5000 Metres	M85	Irwin Barrett-Lennard	28:58.90	5-Apr-15
5000 Metres	M85	Irwin Barrett-Lennard	28:28.5	23-Jun-15
10,000 Metres	M85	Irwin Barrett-Lennard	1:01:43.3	5-Mar-15
Half Marathon	M35	Scott Tamblin	1:12:43	12-Apr-15
Half Marathon	M35	Scott Tamblin	1:10:23	24-May-15
2000m Steeplechase	M85	Irwin Barrett-Lennard	12:54.6	10-Feb-15
2000m Steeplechase	M85	Irwin Barrett-Lennard	12:50.0	10-Mar-15
2000m Steeplechase	M85	Irwin Barrett-Lennard	12:30.4	12-May-15
Triple Jump	M85	Derry Foley	4.87	15-Mar-15
Pole Vault	M40	Mark Jeffery	4.20	6-Feb-15
Pole Vault	M45	Mark Jeffery	4.10	11-Dec-15
Pole Vault	M65	Geoff Brayshaw	2.30	27-Feb-15
Pole Vault	M65	Phil Smyth	2.35	6-Mar-15
Pole Vault	M65	Geoff Brayshaw	2.40	5-Apr-15
Discus Throw	M45	Todd Davey	45.30	12-Dec-15
Discus Throw	M60	Tom Gravestock	44.86	5-Apr-15
Discus Throw	M60	Tom Gravestock	48.94	7-Jul-15
Hammer Throw	M40	Matthew Staunton	46.95	20-Feb-15
Hammer Throw	M40	Matthew Staunton	47.19	14-Mar-15
Hammer Throw	M45	Todd Davey	40.66	22-Jan-15
Hammer Throw	M45	Todd Davey	42.35	30-Jan-15
Hammer Throw	M60	Tom Gravestock	41.90	03-Apr-15
Hammer Throw	M60	Tom Gravestock	42.38	05-Apr-15
Heavy Weight Throw	M35	Greg Urbanowicz	14.84	5-Apr-15
Heavy Weight Throw	M45	Todd Davey	14.37	4-Oct-15
Heavy Weight Throw	M65	Ossi Igel	13.09	12-Dec-15
Heavy Weight Throw	M80	Jim Davis	12.84	6-Jan-15
56lb Weight	M35	Greg Urbanowicz	8.19	20-Jan-15
56lb Weight	M40	Matthew Staunton	8.65	20-Jan-15
56lb Weight	M45	Todd Davey	9.57	20-Jan-15
56lb Weight	M50	Andrew Ward	4.78	20-Jan-15
56lb Weight	M60	Geoffrey Gee	6.03	20-Jan-15
56lb Weight	M65	Mike Anderson	2.16	20-Jan-15
Javelin Throw	M80	Rob Shand	22.80	14-Mar-15
Shot Put	M45	Todd Davey	14.83	22-Oct-15
Shot Put	M65	Ossi Igel	11.58	12-Dec-15
Shot Put	M80	Jim Davis	10.63	24-Feb-15
Throws Pentathlon	M40	Matt Staunton	3567	7-Mar-15
Throws Pentathlon	M45	Todd Davey	3876	12-Dec-15
Throws Pentathlon	M60	Tom Gravestock	3637	5-Apr-15
Throws Pentathlon	M65	Ossi Igel	3492	12-Dec-15
Throws Pentathlon	M80	Jim Davis	3441	7-Mar-15

**WOMEN**

60 Metres	W35	Wendy Seegers	7.63	27-Feb-15	
60 Metres	W35	Wendy Seegers	7.61	27-Nov-15	AR
60 Metres	W70	Peggy Macliver	10.56	14-Mar-15	
60 Metres	W70	Peggy Macliver	10.16	3-Apr-15	
100 Metres	W35	Wendy Seegers	12.17	14-Feb-15	
100 Metres	W35	Wendy Seegers	12.04	13-Mar-15	AR
100 Metres	W70	Peggy Macliver	16.64	14-Mar-15	
200 Metres	W35	Wendy Seegers	24.79	6-Feb-15	
200 Metres	W35	Wendy Seegers	24.42	13-Nov-15	AR
200 Metres	W70	Peggy Macliver	35.40	14-Mar-15	
200 Metres	W70	Peggy Macliver	34.55	4-Apr-15	
400 Metres	W35	Wendy Seegers	55.72	17-Dec-15	AR
400 Metres	W70	Peggy Macliver	85.7	24-Feb-15	
400 Metres	W70	Peggy Macliver	83.22	15-Mar-15	
400 Metres	W70	Peggy Macliver	80.38	5-Apr-15	
400 Metres	W75	Lorraine Lopes	1:31.08	15-Mar-15	
800 Metres	W75	Lorraine Lopes	3:26.25	14-Mar-15	AR
1000 Metres	W35	Rosemary Giles	3:18.4	3-Mar-15	
1000 Metres	W60	Margaret Saunders	3:32.3	27-Jan-15	
1500 Metres	W75	Lorraine Lopes	7:09.6	16-Jun-15	AR
Mile	W75	Lorraine Lopes	7:46.5	21-Apr-15	AR
3000 Metres	W75	Lorraine Lopes	14:40.2	24-Feb-15	AR
5000 Metres	W75	Lorraine Lopes	27:03.79	7-Aug-15	AR
10,000 Metres	W75	Lorraine Lopes	51:31.8	5-Mar-15	AR
Marathon	W60	Liz Neville	3:46:02	19-Apr-15	
2000m Steeplechase	W30	Kristy Devereux	9:43.9	10-Mar-15	
2000m Steeplechase	W60	Margaret Saunders	9:11.0	10-Mar-15	
1500 Metres Walk	W80	Sylvia Byers	11:33.38	5-Oct-15	
1500 Metres Walk	W85	Lorna Lauchlan	12:47.43	14-Mar-15	
3000 Metres Walk	W80	Sylvia Byers	23:48.52	4-Oct-15	
3000 Metres Walk	W85	Lorna Lauchlan	25:52.63	15-Mar-15	
5000 Metres Walk	W85	Lorna Lauchlan	44:02.32	14-Mar-15	
5000 Metres Walk	W85	Lorna Lauchlan	41:53.65	7-Aug-15	
10K Road Walk	W80	Lorna Lauchlan	1:25:50	10-Aug-15	
20K Road Walk	W70	Lynne Schickert	2:49:50	14-Aug-15	
High Jump	W45	Lisa Limonas	1.42	27-Jan-15	
Long Jump	W35	Melissa Foster	5.78	14-Mar-15	
TripleJump	W35	Melissa Foster	11.59	30-Jan-15	
TripleJump	W35	Melissa Foster	11.95	5-Apr-15	
TripleJump	W35	Melissa Foster	12.16	15-Aug-15	AR
Pole Vault	W40	Vicki Cobby	2.10	5-Apr-15	
Hammer Throw	W45	Christine Schelfhout	27.13	31-Jan-15	
Hammer Throw	W45	Christine Schelfhout	27.92	7-Mar-15	
Hammer Throw	W65	Kate Glass	29.55	14-Mar-15	
Hammer Throw	W70	Bev Hamilton	25.22	11-Dec-15	
56lb Weight	W35	Bryony Glass	5.40	20-Jan-15	AR
Javelin Throw	W65	Bev Hamilton	16.92	7-Mar-15	
Javelin Throw	W65	Bev Hamilton	17.55	5-Oct-15	
Javelin Throw	W70	Brenda Painter	13.35	14-Mar-15	
Pentathlon	W35	Melissa Foster	2769	7-Mar-15	
Throws Pentathlon	W35	Byrony Glass	3642	7-Mar-15	
Throws Pentathlon	W65	Bev Hamilton	3453	7-Mar-15	
4 x 100 Metres Relay	W35	Sharon Davis	54.90	4-Apr-15	
4 x 100 Metres Relay	W35	Vicki Cobby	54.90	4-Apr-15	
4 x 100 Metres Relay	W35	Lisa Limonas	54.90	4-Apr-15	
4 x 100 Metres Relay	W35	Melissa Foster	54.90	4-Apr-15	
4 x 100 Metres Relay	W50	Lynne Choate	65.2	4-Apr-15	
4 x 100 Metres Relay	W50	Carmel Meyer	65.2	4-Apr-15	
4 x 100 Metres Relay	W50	Brenda Painter	65.2	4-Apr-15	
4 x 100 Metres Relay	W50	Peggy Macliver	65.2	4-Apr-15	