



Australian Team Newsletter # 1

AMA competition uniforms are compulsory for Championship events.
If you require a uniform please go to the AMA website

Uniforms hazelmcdonnell@australianmastersathletics OR phone 0408 172 283

If you have completed your online entry and wish to order clothing, dinner tickets or a cross country bus ticket you can use the following link: <https://athleticsotago.shopdesq.com/masterschamps>

Athletes competing at the OMA Championships should be aware that Drug Testing will take place in Dunedin. If a Therapeutic Use Exemption (TUE) is required please contact Dr Roger Parrish, the designated OMA Medical Officer with whom medical matters and TUE issues may be discussed.

Dr Roger Parrish

17 Brentwood Avenue, Figtree Heights, NSW 2525

Telephone: 02 4228 6260 (h) Email: roger@parag.com.au

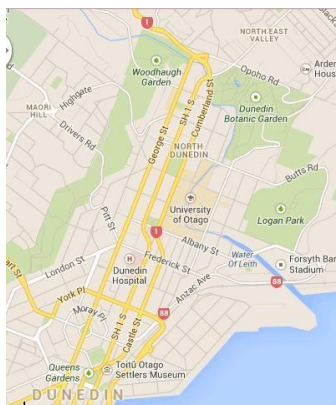
All information and relevant forms can be found on the WMA website - <http://www.world-masters-athletics/org/antidoping.htm>

LOOK AT THE WEBSITE FOR ACCOMMODATION

There are many motels and guest houses situated on George Street and Cumberland Street which are a 20-25 minute walk to the Caledonian track. The track is located at the top corner of Logan Park adjacent to Butts Road.

The main shopping area and many restaurants are within a short walking distance and George Street is on the main bus route.

www.accommodation.nz.com/dunedin



Alternative Accommodation:

St Margaret's Hostel (University Accommodation)

Situated 333 Leith Street, Dunedin

Bed and Breakfast - \$82.50 per night

www.stmargarets.college

