| 60m |  |  |
| :---: | :---: | :---: |
| W45 Lisa Limonas | $9.02(-0.8)$ | 3 rd |
| W50 Catherine McCloskey | 8.98Q (-0.2) |  |
|  | 8.94 (-1.7) | 5th |
| W60 Lynne Choate | 9.91 (+0.1) | 4th |
| W70 Peggy Macliver | 10.76 (-2.8) | 1st |
| Brenda Painter | 11.77 (-2.8) | 5th |
| Janet Jarvis | 12.37 (-2.8) | 7th |
| W75 Ruth Johnson | 11.36 (-2.0) | 2nd |
| Luella Jenkins | 11.76 (-2.0) | 3 rd |
| M45 Greg Brennan | 8.23Q (-0.2) |  |
|  | 8.16 (-1.9) | 6th |
| M50 Colin Smith | 8.02 (-1.6) | 3 rd |
| M60 Des Walsh | 8.95 (-2.3) | 6th |
| M65 Rob Antoniolli | 9.28 (-3.7) | 3rd |
| Michael Byrne | 9.42 (-3.7) | 6th |
| Harold Membrey | 9.95 (-3.7) | 9th |
| M75 Norman Richards | 10.15 (-2.0) | 5th |
| 100m |  |  |
| W45 Lisa Limonas | 15.07 (-1.6) | 3rd |
| W60 Lynne Choate | 16.47 (-0.3) | 3rd |
| W70 Peggy Macliver | 17.18 (-1.3) | 1st |
| Brenda Painter | 19.20 (-1.3) | 6th |
| W75 Ruth Johnson | 19.53 (-1.2) | 2nd |
| Luella Jenkins | 20.94 (-1.2) | 4th |
| M45 Greg Brennan | 13.06q (NWI) |  |
|  | 13.25 (-1.8) | 8th |
| M50 Colin Smith | 13.04 (-1.3) | 4th |
| M60 Des Walsh | 14.44 (+0.0) | 5th |
| M65 Rob Antoniolli | 14.98 (-1.8) | 3rd |
| Harold Membrey | 16.10 (-1.8) | 8th |


| 200m |  |  |
| :---: | :---: | :---: |
| W40 Sharon Davis | 28.94 (-1.5) | 3rd |
| W45 Lisa Limonas | 29.65 (-0.1) | 3rd |
| W50 Catherine McCloskey | 29.76 (-0.6) | 5th |
| W60 Lynne Choate | 34.27 (-0.7) | 2nd |
| W70 Peggy Macliver | 35.33 (-0.4) | 1st |
| Brenda Painter | 43.33 (-0.4) | 5th |
| W75 Ruth Johnson | 38.57 (-1.3) | 2nd |
| Luella Jenkins | 43.93 (-1.3) | 4th |
| M45 Chris Neale | 25.85Q (-1.5) |  |
|  | 25.49 (-1.2) | 5th |
| M50 Colin Smith | 26.09Q (-1.3) |  |
|  | 25.52 (-1.4) |  |
| M60 Des Walsh | 29.40 (-1.3) | 4th |
| M65 Rob Antoniolli | 31.50Q (NWI) |  |
|  | 29.60 (-1.1) | 3rd |
| Michael Byrne | 30.24Q (+0.1) |  |
|  | 29.91 (-1.1) | 4th |
| Harold Membrey | 32.85 (NWI) |  |
| 400m |  |  |
| W40 Sharon Davis | 62.23 | 3rd |
| W60 Margaret Saunders | 74.74 | 1st |
| Carol Bowman | 1:23.98 | 4th |
| W65 Barbara Blurton | 75.10 | 2nd |
| W70 Peggy Macliver | 1:23.09 | 1st |
| W75 Ruth Johnson | 1:32.21 | 1st |
| M45 Chris Neale | 56.41 | 3rd |
| Andrew Brooker | 60.96 | 5th |
| M50 Colin Smith | 56.29 | 2nd |
| M60 Des Walsh | 72.98q |  |


|  | 66.71 | 5th |
| :---: | :---: | :---: |
| M65 Rob Antoniolli | 74.93Q |  |
|  | 67.37 | 3rd |
| Michael Byrne | 69.990 |  |
|  | DNS |  |
| Harold Membrey | 1:30.09 |  |
| 800m |  |  |
| W40 Sharon Davis | 2:30.37 | 1st |
| Jody Brownley | 2:41.97 | 3rd |
| W45 Vicki Cobby | 2:50.32 | 3rd |
| W60 Margaret Saunders | 2:52.05 | 1st |
| W65 Barbara Blurton | 3:04.05 | 2nd |
| W75 Ruth Johnson | 4:03.53 | 2nd |
| M45 Xander Van Rijen | 2:12.86 | 3rd |
| Chris Neale | 2:16.37 | 5th |
| Andrew Brooker | 2:17.89 | 6th |
| M55 Keith Hill | 2:34.88 | 6th |
| Mark Dawson | 2:36.81 | 7th |
| M60 Bjorn Dybdahl | 2:38.62 | 5th |
| Des Walsh | 3:07.72 | 8th |
| M65 Rob Antoniolli | 2:41.80 | 2nd |
| Michael Byrne | 2:42.47 | 3rd |
| Graeme Dahl | 2:49.35 | 4th |
| 1500m |  |  |
| W40 Sharon Davis | 5:16.20 | 3rd |
| Jody Brownley | 5:26.44 | 5th |
| W65 Carey Dickason | 7:35.92 | 2nd |
| M45 Xander Van Rijen | 4:34.65 | 3rd |
| M55 Keith Hill | 5:22.13 | 7th |
| Mark Dawson | 5:28.77 | 8th |
| Lachlan Marr | 5:36.65 | 9th |
| M60 Bjorn Dybdahl | 5:34.68 | 5th |


| M65 Giovanni Puglisi | 5:26.38 | 1st |
| :---: | :---: | :---: |
| M70 Bruce Wilson | 6:17.68 | 3rd |
| M75 Bob Schickert | 7:26.87 | 3rd |
| 5000m |  |  |
| W60 Julie Wilson | 26:54.53 | 3rd |
| Wendy Grace | 27:34.61 | 4th |
| W65 Gillian Young | 25:16.53 | 2nd |
| Carey Dickason | 26:56.49 | 3 rd |
| M35 Pete Peeling | DNF |  |
| M55 Trevor Scott | 17:59.75 | 2nd |
| Lachlan Marr | 19:35.48 | 6th |
| Mark Dawson | 22:29.13 | 10th |
| M60 Bjorn Dybdahl | 21:06.17 | 6th |
| M65 Giovanni Puglisi | 20:19.97 | 2nd |
| Graeme Dahl | 21:39.46 | 5th |
| M70 Jim Langford | 22:16.15 | 2nd |
| Bruce Wilson | 23:40.00 | 3 rd |
| M75 Bob Schickert | 27:44.20 | 2nd |
| 10,000m |  |  |
| W65 Carey Dickason | 56:23.54 | 1st |
| M35 Pete Peeling | 40:40.86 | 1st |
| M55 Lachlan Marr | 40:28.88 | 3rd |
| M65 Ralph Henderson | 45:53.23 | 3rd |
| M70 Jim Langford | 46:13.73 | 1st |
| 100m Hurdles |  |  |
| M65 Geoff Brayshaw | 22.62 (-2.4) | 3 rd |
| 80m Hurdles |  |  |
| W40 Ann-Marie O'Donovan | 15.62 (-2.1) | 2nd |
| W45 Vicki Cobby | 15.59 (-0.5) | 2nd |

W60 Carol Bowman

400m Hurdles
W40 Sharon Davis Ann-Marie O'Donovan

W45 Vicki Cobby

M45 Chris Neale

300m Hurdles
W60 Carol Bowman

M65 Harold Membrey

M70 Bruce Wilson

3000m Steeplechase
M35 Pete Peeling

M55 Trevor Scott

2000m Steeplechase
W50 Jacqui Mcqueen

W60 Margaret Saunders
Julie Wilson

W65 Gillian Young

W75 Lynne Schickert

M60 Bjorn Dybdahl

M65 Giovanni Puglisi
Harold Membrey

M70 Bruce Wilson

M75 Bob Schickert

1500m Walk
W40 Kellie Sadler

W50 Karyn Tolardo

W60 Julie Wilson
$22.50(-1.8) \quad 2 n d$
73.91 1st
79.39 2nd

1:28.67 3rd
68.28

1st

DQ
72.90

2nd
67.93 1st

12:32.02 1st

12:54.58 1st

11:10.17 1st

9:42.82 1st
11:09.32 2nd

10:25.38 1st

17:39.31 1st

8:27.42 3rd

8:34.91 1st
11:06.37 3rd

9:43.56 1st

11:33.72 1st

9:30.50 2nd

8:03.10 1st

10:04.50 1st

| W65 Michele Mison | 12:56.40 | 3rd |
| :---: | :---: | :---: |
| W75 Ruth Johnson | 10:53.30 | 1st |
| Luella Jenkins | 10:57.40 | 2nd |
| Lynne Schickert | 11:30.00 | 4th |
| M45 Wayne Byram | 9:09.40 | 2nd |
| M55 Garry Hastie | 8:04.50 | 2nd |
| M65 Harold Membrey | 11:02.70 | 6th |
| M70 Bruce Wilson | 9:38.20 | 4th |
| 5000m Walk |  |  |
| W40 Kellie Sadler | 32:51.23 | 2nd |
| W50 Karyn Tolardo | 29:06.14 | 1st |
| W65 Michele Mison | 45:05.05 | 2nd |
| W75 Luella Jenkins | 38:29.19 | 2nd |
| Lynne Schickert | 39:27.12 | 3 rd |
| M45 Wayne Byram | 34:10.09 | 2nd |
| M55 Garry Hastie | 26:46.93 | 1st |
| 10Km Road Walk |  |  |
| W40 Kellie Sadler | 01:08:04 | 2nd |
| W50 Karyn Tolardo | 01:00:42 | 1st |
| W65 Michele Mison | 01:30:40 | 2nd |
| W75 Lynne Schickert | 01:20:31 | 2nd |
| M55 Garry Hastie | 56:35 | 1st |
| Pole Vault |  |  |
| W45 Vicki Cobby | 1.80m | 3rd |
| M70 Greg Wilson | 1.80m | 1st |
| High Jump |  |  |
| W45 Vicki Cobby | 1.40 m | 2nd |
| W60 Gay Wyatt | 1.05 m | 4th |


| W70 Brenda Painter | 0.98m | 1st |
| :---: | :---: | :---: |
| W75 Ruth Johnson | 0.95m | 1st |
| Luella Jenkins | 0.95m | 3rd |
| Lynne Schickert | 0.86m | 4th |
| M45 Andrew Brooker | 1.50m | 2nd |
| M55 Campbell Till | 1.35m | 3rd |
| M65 Dave Wyatt | 1.29m | 2nd |
| M70 Greg Wilson | 1.23m | 2nd |
| Long Jump |  |  |
| W40 Ann-Marie O'Donovan | 4.10m (NWI) | 5th |
| W45 Lisa Limonas | 4.36 m (NWI) | 1st |
| Jennifer Parker | 4.07 m (NWI) | 3rd |
| W60 Gay Wyatt | 3.21 m (NWI) | 2nd |
| W65 Carey Dickason | 2.67 m (NWI) | 4th |
| W70 Brenda Painter | 2.48 m (NWI) | 3rd |
| W75 Ruth Johnson | 2.85m (NWI) | 2nd |
| Luella Jenkins | 2.46 m (NWI) | 4th |
| M45 Chris Neale | 5.16m (NWI) | 4th |
| M55 Peter Watene | 3.11m (NWI) | 6th |
| M65 Dave Wyatt | 4.42m (NWI) | 2nd |
| Rob Antoniolli | 3.63 m (NWI) | 5th |
| M70 Rob Young | 1.53m (NWI) | 4th |
| M75 Norman Richards | 3.25 m (NWI) | 4th |
| Triple Jump |  |  |
| W45 Lisa Limonas | 9.09m (NWI) | 2nd |
| W60 Gay Wyatt | 6.89m (NWI) | 3 rd |
| W65 Carey Dickason | 5.95m (NWI) | 2nd |


| W70 Brenda Painter | 5.94m (NWI) | 1st |
| :---: | :---: | :---: |
| W75 Ruth Johnson | 6.36m (NWI) | 2nd |
| Lynne Schickert | 4.90 m (NWI) | 4th |
| M45 Jeff Bilman | 10.19m (NWI) | 3rd |
| M65 Dave Wyatt | 8.62m (NWI) | 2nd |
| M70 Rob Young | 4.34m (NWI) | 2nd |
| Discus |  |  |
| W35 Sally Sims | 23.57 m | 4th |
| W45 Jennifer Parker | 31.27 m | 2nd |
| W60 Lynne Choate | 13.23m | 5th |
| W75 Luella Jenkins | 17.08m | 2nd |
| M40 Matt Staunton | 39.09 m | 2nd |
| M55 Andrew Ward | 30.96 m | 2nd |
| M65 Oswald Igel | 40.04 m | 1st |
| Clive Choate | 25.25 m | 8th |
| Rob Antoniolli | 23.57 m | 11th |
| M70 Greg Wilson | 32.10 m | 4th |
| M80 James Davis | 22.95 m | 3 rd |
| Hammer |  |  |
| W35 Sally Sims | 29.04m | 1st |
| Shanell Staunton | 24.95 m | 4th |
| W45 Jennifer Parker | 30.91 m | 3rd |
| W65 Carey Dickason | 19.17m | 4th |
| W75 Ruth Johnson | 21.60 m | 3rd |
| Luella Jenkins | 18.95m | 5th |
| M40 Matt Staunton | 44.48m | 1st |
| M55 Andrew Ward | 27.22m | 3 rd |
| M65 Oswald Igel | 33.99m | 3rd |


| M70 Greg Wilson | 26.21 m | 6th |
| :---: | :---: | :---: |
| M80 James Davis | 30.65 m | 2nd |
| Heavy Weight |  |  |
| W35 Sally Sims | 10.63 m | 1st |
| Shanell Staunton | 9.49 m | 3 rd |
| W45 Jennifer Parker | 8.48 m | 3 rd |
| W75 Luella Jenkins | 9.81 m | 2nd |
| M40 Matt Staunton | 12.60 m | 1st |
| M55 Andrew Ward | 10.71m | 3rd |
| M65 Oswald Igel | 14.85m | 1st |
| M80 James Davis | 10.77m | 2nd |
| Javelin |  |  |
| W40 Ann-Marie O'Donovan | 18.15 m | 4th |
| M45 Wayne Byram | 25.92 m | 8th |
| M55 Garry Hastie | 33.97 m | 2nd |
| Andrew Ward | 32.42 m | 3rd |
| Peter Watene | 18.81 m | 13th |
| M65 Clive Choate | 27.62 m | 4th |
| M70 Greg Wilson | 26.33m | 3rd |
| M80 James Davis | 17.50m | 3rd |
| Shot |  |  |
| W35 Sally Sims | 7.97m | 3 rd |
| W45 Jennifer Parker | 8.60m | 5th |
| W75 Luella Jenkins | 6.90 m | 4th |
| M40 Matt Staunton | 12.09m | 1st |
| M45 Wayne Byram | 6.24 m | 7th |
| M55 Andrew Ward | 9.17m | 5th |


| Peter Watene | 7.66m | 8th |
| :---: | :---: | :---: |
| M65 Oswald Igel | 11.72m | 1st |
| M70 Greg Wilson | 9.43 m | 4th |
| M80 James Davis | 9.18m | 2nd |
| Pentathlon |  |  |
| W40 Ann-Marie O'Donovan | 2013 | 1st |
| W45 Jennifer Parker | 2404 | 2nd |
| Vicki Cobby | 2331 | 3 rd |
| W60 Lynne Choate | 2065 | 1st |
| Gay Wyatt | 1861 | 3rd |
| Julie Wilson | 1429 | 6th |
| W65 Carey Dickason | 1646 | 3rd |
| W70 Peggy Macliver | 3025 | 1st |
| Brenda Painter | 1906 | 4th |
| W75 Ruth Johnson | 2949 | 1st |
| Luella Jenkins | 2534 | 2nd |
| M45 Chris Neale | 2595 | 1st |
| M60 Des Walsh | 1942 | 3 rd |
| M65 Rob Antoniolli | 2663 | 1st |
| Harold Membrey | 1757 | 7th |
| M70 Rob Young | 509 | 3 rd |
| Throws Pentathlon |  |  |
| W35 Sally Sims | 1967 | 2nd |
| Shanell Staunton | 1705 | 4th |
| W75 Luella Jenkins | 3175 | 2nd |
| M40 Matt Staunton | 3169 | 1st |
| M55 Andrew Ward | 2586 | 4th |
| M65 Oswald Igel | 3469 | 1st |
| M70 Greg Wilson | 2724 | 2nd |

## $4 \times 100 \mathrm{~m}$ Relays

## W170-219

Wa
57.12
3rd
W40 SR

```
1) Limonas, Lisa 48
2) Davis, Sharon 43
3) O'Donovan, Ann-Marie 43
4) Mccloskey, Catherine 53
W220+
Wa 64.74 5th
1) Choate, Lynne 64
2) Cobby, Vicki 45
3) Wyatt, Gay 63
4) Macliver, Peggy 73
WA 'B' 77.68
1) Johnson, Ruth 76
2) Jenkins, Luella 75
3) Painter, Brenda 72
4) Wilson, Julie 64
M180-239
Wa 48.94 2nd M45 SR
1) Brennan, Greg 48
2) Brooker, Andrew 48
3) Neale, Chris 48
4) Smith, Colin 54
M240+
Wa 57.37 2nd M60 SR
1) Walsh, Des 62
2) Wyatt, Dave 66
3) Membrey, Harold 65
4) Antoniolli, Rob 65
\(4 \times 400 \mathrm{~m}\) Relays
W170-
Wa 4:32.79 1st W40 SR
1) Limonas, Lisa 48
2) Brownley, Jody 43
3) Mccloskey, Catherine 53
4) Davis, Sharon 43
W220+
Wa
5:23.76
2nd
1) Bowman, Carol 62
```

2) Cobby, Vicki 45
3) Choate, Lynne 64
4) Saunders, Margaret 63

M180-239

Wa

1) Brooker, Andrew 48
2) Neale, Chris 48
3) Hastie, Garry 55
4) Smith, Colin 54

M240+
Wa
4:57.95
3rd

1) Membrey, Harold 65
2) Hill, Keith 57
3) Walsh, Des 62
4) Antoniolli, Rob 65

W65
Australia
4:52.76
1st pending WR

1) Davis, Carol 66
2) Blurton, Barbara 67
3) Flynn, Jeanette 65
4) Peake, Lyn 67

8km Cross Country
W40
Jody Brownley
32:48
4th

W50
Jacqui Mcqueen
45:16

W60
Wendy Grace
46:10
2nd

W65
Gillian Young
41:49
2nd

M35
Pete Peeling
31:05
2nd

M55
Trevor Scott
30:12
3rd
Lachlan Marr
31:07
4th
Keith Hill
33:36
Mark Dawson
36:54
8th
19th

M60

M65

| Giovanni Puglisi | $33: 37$ | 2nd |
| :--- | :--- | :--- |
| Ralph Henderson | $35: 03$ | 4th |

M70
Jim Langford 2nd

M75
Bob Schickert $48: 28 \quad$ 2nd

