

**MAWA Club Bests as at 01-Jan-17**

**SECTION A: Club Bests for events which still occur regularly**

Event	Club	Name	Time	Date	Grade	Percentage	Location
<b>6 Hours Relay</b>							
6 Hours Relay	M60	<b>MAWA Team</b>	77.7km	10-Dec-11	B		Yokine
6 Hours Relay	M60	Joe Clarke-Murphy	77.7km	10-Dec-11	B		Yokine
6 Hours Relay	M60	John Oldfield	77.7km	10-Dec-11	B		Yokine
6 Hours Relay	M60	Maurice Creagh	77.7km	10-Dec-11	B		Yokine
6 Hours Relay	M60	Mike Hale	77.7km	10-Dec-11	B		Yokine
6 Hours Relay	M60	Vic Waters	77.7km	10-Dec-11	B		Yokine
<b>5km parkrun/road run</b>							
5km parkrun	M30	Stuart MacKinnon	19:17	08-Nov-14	B	67.65%	Pioneer
5km parkrun	M35	Rob Nichols	16:45	17-May-14	B	79.16%	Claisebrook
5km parkrun	M40	Todd Ingraham	16:41	23-Aug-14	B	81.81%	Canning River
5km parkrun	M45	Xander van Rijen	17:53	13-Sep-14	B	79.28%	Joondalup
5km parkrun	M50	Lachlan Marr	18:57	22-Jun-13	B	79.75%	Canning River
5km parkrun	M55	Trevor Scott	17:48	22-Nov-14	B	86.33%	Heirisson I
5km parkrun	M60	Danny Sheehan	19:05	01-Nov-14	B	84.79%	Kalgoorlie
5km parkrun	M65	Joe Clark-Murphy	21:08	23-Mar-13	B	80.11%	Claisebrook
5km parkrun	M70	Jim Langford	19:48	28-Mar-15	B	89.02%	Canning River
5km parkrun	M75	Merv Jones	27:11	10-Oct-14	B	69.71%	Canning River
5km parkrun	M80	Ray Hall	36:44	19-Apr-14	B	57.21%	Rockingham
5km parkrun	M85	Vic Beaumont	42:39	03-Jan-15	B	56.97%	Rockingham
<b>10 Kilometres Road Run</b>							
10K Road Run	M30	Stephen Dunn	36:42	25-May-97	B		
10K Road Run	M35	Phil Wall	31:46	05-Nov-78	B		
10K Road Run	M40	Jim Langford	32:27	28-Jul-85	B		
10K Road Run	M45	Frank Smith	33:20	01-Jul-89	B		
10K Road Run	M50	John Gilmour	32:50	17-May-71	B		
10K Road Run	M55	John Gilmour	34:53	30-Jul-77	B		
10K Road Run	M60	John Gilmour	34:21	05-Jul-80	B		
10K Road Run	M65	John Gilmour	35:56	28-Jul-85	B		
10K Road Run	M70	John Gilmour	37:25	10-Jun-89	B		
10K Road Run	M75	David Carr	45:52	13-Jul-08	B	87.54%	
10K Road Run	M80	Irwin Barrett-Lennard	49:02	24-May-09	B	89.21%	
10K Road Run	M85	Irwin Barrett-Lennard	58:39	04-May-14	B	86.23%	Weir RRC
<b>15 Kilometres Road Run</b>							
15K Road Run	M30	Stephen Dunn	56:48	06-Jun-99	B		
15K Road Run	M35	Wally Crowley	54:01	02-Jun-91	B		
15K Road Run	M40	John West	52:11	02-Jun-91	B		
15K Road Run	M45	Bert Carse	52:04	24-Jun-89	B		
15K Road Run	M50	Steve Barrie	52:04	29-Apr-90	B		
15K Road Run	M55	Bert Carse	54:45	06-Jun-99	B		
15K Road Run	M60	Bert Carse	56:25	22-Jun-03	B		
15K Road Run	M65	John Gilmour	55:07	28-Jun-87	B		
15K Road Run	M70	John Gilmour	56:49	14-May-89	B		
15K Road Run	M85	Irwin Barrett-Lennard	01:30:01	25-May-14	B	85.51%	
<b>25 Kilometres Road Run</b>							
25K Road Run	M30	Stephen Dunn	1:34:46	21-Jun-98	B		
25K Road Run	M35	Hank Stoffers	1:28:56	03-Aug-80	B		
25K Road Run	M40	Frank Smith	1:25:29	23-Apr-84	B		
25K Road Run	M45	Bert Carse	1:28:57	17-Jun-90	B		
25K Road Run	M50	Derek Hoye	1:35:09	17-Jun-90	B		
25K Road Run	M55	John Gilmour	1:27:35	10-Jul-76	B		
25K Road Run	M60	John Gilmour	1:31:35	11-Jul-82	B		
25K Road Run	M65	Bert Carse	1:48:41	06-Jun-10	B	98.43%	
25K Road Run	M70	John Gilmour	1:39:59	17-Jun-90	B	87.20%	
25K Road Run	M75	Irwin Barrett-Lennard	2:00:19	18-Jun-06	B	96.76%	
25K Road Run	M80	Irwin Barrett-Lennard	2:34:58	03-Jun-12	B	89.00%	
25K Road Run	M85	Irwin Barrett-Lennard	02:36:33	01-Jun-14	B	77.45%	
25K Road Run	M85	Irwin Barrett-Lennard	02:36:33	01-Jun-14	B	83.95%	
<b>SECTION B: Ultra events: includes intermediate ultra distances that can be accurately measured</b>							
<b>Note: As per IAU policy, road, track, trail events are combined</b>							
<b>50 Kilometres</b>							
50 Kilometres	M30	Grahak Cunningham	3:50:36	13-May-12	B		Bunbury
50 Kilometres	M35	Todd Ingraham	03:19:07	13-Apr-14	B		Canberra
50 Kilometres	M40	Dave Scott	5:11:59	16-Oct-87	B		
50 Kilometres	M45	Bjorn Dybdahl	3:39:34	19-May-02	B		
50 Kilometres	M50	Peter March	4:06:35	13-Apr-13	B		Bunbury
50 Kilometres	M55	John Davies	3:51:53	19-May-02	B		
50 Kilometres	M60	Allen Tyson	5:32:22	12-Oct-85	B		
50 Kilometres	M65	David Baird	5:04:39	16-May-10	B	65.41%	Bunbury
<b>40 Miles</b>							
40 Miles	M35	Todd Ingraham	04:35:10	01-Apr-13	B		Mt Helena
40 Miles	M40	Todd Ingraham	04:39:29	20-Apr-14	B		Mt Helena
40 Miles Road Run	M45	Maurice Smith	4:39:15	11-Oct-81	B		
40 Miles Road Run	M50	George Audley	4:42:28	01-Jun-86	B		
40 Miles	M55	Mickey Muroi	05:29:48	01-Apr-13	B		Mt Helena
<b>50 Miles</b>							
50 Miles	M40	Dave Scott	8:25:49	16-Oct-87	B		
50 Miles	M45	Stan Latchford	10:43:47	16-Oct-87	B		
50 Miles	M50	George Audley	7:18:11	18-Nov-86	B		
50 Miles	M55	Brian Kennedy	9:11:18	27-May-89	B		
50 Miles	M60	Allen Tyson	12:29:47	12-Oct-85	B		
<b>100 Kilometres</b>							
100 Kilometres	M40	Alan Croxford	11:06:09	28-May-88	B		
100 Kilometres	M45	Stan Latchford	14:46:00	16-Oct-87	B		
100 Kilometres	M50	George Audley	8:47:18	27-Jul-86	B		
100 Kilometres	M55	Brian Kennedy	12:17:20	27-May-89	B		
100 Kilometres	M60	Allen Tyson	15:36:05	12-Oct-85	B		
<b>150 Kilometres</b>							
150 Kilometres	M40	Alan Croxford	21:44:39	16-Oct-87	B		
150 Kilometres	M50	George Audley	15:29:35	18-Nov-86	B		
150 Kilometres	M55	Brian Kennedy	20:23:08	27-May-89	B		
<b>100 Miles</b>							

100 Miles	M40	Alan Croxford	23:11:37	16-Oct-87	B			
100 Miles	M50	George Audley	16:45:02	18-Nov-86	B	A		
100 Miles	M55	Brian Kennedy	22:07:31	27-May-89	B			
<b>200 Kilometres</b>					B			
200 Kilometres	M40	Alan Croxford	29:59:16	16-Oct-87	B			
200 Kilometres	M50	George Audley	21:43:37	11-Nov-11	B	A		
<b>250 Kilometres</b>					B			
250 Kilometres	M40	Dave Scott	44:08:47	16-Oct-87	B			
250 Kilometres	M50	George Audley	32:46:40	16-Oct-87	B	A		
<b>6 Hours</b>					B			
<b>12 Hours</b>					B			
12 Hours	M50	George Audley	119,000	18-Nov-86	B	A		
12 Hours	M55	Brian Kennedy	97,000	27-May-89	B			
<b>24 Hours</b>					B			
24 Hours	M35	Colin Leman	130,000	12-Oct-85	B			
24 Hours	M40	Alan Croxford	163,000	16-Oct-87	B			
24 Hours	M45	Charlie Spare	161,000	12-Oct-85	B			
24 Hours	M45	Morris Warren	161,000	12-Oct-85	B			
24 Hours	M45	Charlie Spare	163,000	13-Oct-86	B			
24 Hours	M50	George Audley	219,361	18-Nov-86	B	A		
24 Hours	M55	Brian Kennedy	173,000	27-May-89	B			
24 Hours	M60	Allen Tyson	132,545	12-Oct-85	B			
<b>SECTION C: Non-championship walks that occur regularly; only judged walks</b>					B			
<b>15 Kilometres Road Walk</b>					B			
15K Road Walk	M35	David Smith	1:28:58	15-Jun-08	B			
15K Road Walk	M40	John Mison	1:18:10	02-Jun-91	B			
15K Road Walk	M45	John Mison	1:22:52	31-May-92	B			
15K Road Walk	M50	Paul Martin	1:25:41	28-May-95	B			
15K Road Walk	M55	John Mison	1:32:43	22-Jun-03	B			
15K Road Walk	M60	Dick Horsley	1:23:05	01-Sep-73	B	X	X	
15K Road Walk	M65	Dick Horsley	1:31:52	05-Jul-81	B	X	X	
15K Road Walk	M70	John Frost	1:56:34	14-Jun-09	B			
15K Road Walk	M75	Ray Hall	1:50:58	14-Jun-09	B			
<b>Half Marathon Road Walk</b>					B			
Half Marathon Road W	M35	D James	2:38:20	01-Jan-92	B			
Half Marathon Road W	M40	Peter Hill	1:54:28	01-Jan-92	B			
Half Marathon Road W	M45	Gary Hastie	1:52:09	17-May-09	B			Bunbury
Half Marathon Road W	M50	Gary Hastie	1:57:38	13-May-12	B			Bunbury
Half Marathon Road W	M55	Paul Martin	2:00:34	01-Jan-96	B			
Half Marathon Road W	M60	Paul Martin	2:14:43	01-Jan-01	B			
Half Marathon Road W	M65	Alan Pomery	2:32:27	01-Jan-97	B			
Half Marathon Road W	M70	John Carrington	2:30:35	31-Jul-05	B			
Half Marathon Road W	M75	Jack Collins	2:37:56	01-Jan-87	B			
Half Marathon Road W	M80	Jack Collins	3:04:57	01-Jan-92	B			
<b>SECTION D: Events which occur only occasionally or are now obsolete</b>					B			
<b>24 Hours Relay</b>					B			
24 Hours Relay	M35	<b>WAVAC B Team</b>	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Tony O'Hare	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Hugh Kirkman	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Derek Crowther	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Terry Manford	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Gerry Noordyk	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Bernie Oliver	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Robert Johnstone	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Winston Hough	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Derek Walker	374.951km	28-Sep-79	B			
24 Hours Relay	M35	Frank Usher	374.951km	28-Sep-79	B			
24 Hours Relay	M40	<b>WAVAC A Team</b>	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	Don Caplin	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	Ken Gilbert	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	George Innes	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	Bob Harrison	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	Maurice Smith	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	Jim Barnes	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	Frank Smith	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	Hank Stoffers	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	Frank Steere	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M40	Derek Hoye	430.334km	10-Dec-83	B	A	W	
24 Hours Relay	M50	<b>WAVAS Team</b>	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Frank McLinden	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Bruce Hollier	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Don Stone	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Dave Hough	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Ray Lawrence	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Merv Moyle	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Brian Kennedy	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Dennis Wilmott	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Alan Pomery	356.056km	10-Dec-83	B	A		
24 Hours Relay	M50	Jerry Noordyk	356.056km	10-Dec-83	B	A		
<b>5 Mile road run</b>					B			
5 mile road run	M70	John Oldfield	37:32	20-May-15	B			Nottingham, UK
<b>15,000m</b>					B			
15,000m	M70	John Gilmour	58:12.9	21-Jun-89	B	A	W	
<b>16 Kilometres Road Run</b>					B			
16K Road Run	M30	Stephen Dunn	61:29	25-Apr-99	B			
16K Road Run	M35	Phil Wall	53:21	20-May-78	B			
16K Road Run	M40	Frank Smith	53:38	07-Aug-82	B			
16K Road Run	M45	Maurice Smith	55:42	10-May-80	B			
16K Road Run	M50	Bert Carse	59:15	23-Apr-95	B			
16K Road Run	M55	John Gilmour	54:30	20-May-78	B			
16K Road Run	M60	John Gilmour	54:36	11-May-80	B			
16K Road Run	M65	John Gilmour	59:57	12-Jul-86	B			
16K Road Run	M70	David Carr	75:22	16-Jul-06	B			
16K Road Run	M75	Irwin Barrett-Lennard	74:08	29-May-05	B			
<b>10 Miles Road Run</b>					B			

10 Miles Road Run	M35	Phil Wall	52:23	01-Jan-78	B		
10 Miles Road Run	M40	Derek Hoye	55:26	13-Jul-80	B		
10 Miles Road Run	M45	Frank Smith	56:16	23-Oct-88	B		
10 Miles Road Run	M50	John Gilmour	56:16	28-Jul-73	B		
10 Miles Road Run	M55	John Gilmour	54:44	11-Jun-78	B	A	W
10 Miles Road Run	M60	John Gilmour	55:57	13-Jul-80	B		
10 Miles Road Run	M65	John Gilmour	57:38	20-Jul-86	B		
10 Miles Road Run	M70	John Gilmour	64:29	24-Jun-90	B	A	W
	<b>20 Kilometres Road Run</b>						
20K Road Run	M35	Geoff Wall	1:10:48	10-Dec-78	B		
20K Road Run	M40	Frank Smith	1:11:23	23-May-82	B		
20K Road Run	M45	Jim Langford	1:07:19	30-Jun-91	B		
20K Road Run	M50	Hank Stoffers	1:08:16	30-Jun-91	B		
20K Road Run	M55	John Gilmour	1:10:59	10-Dec-78	B		
20K Road Run	M60	John Gilmour	1:15:54	20-Apr-80	B		
20K Road Run	M65	Cliff Bould	1:36:45	24-May-81	B		
	<b>15 Miles Road Run</b>						
15 Miles Road Run	M40	John Butts	1:33:59	10-Jul-76	B		
15 Miles Road Run	M50	John Gilmour	1:24:12	25-Aug-73	B		
15 Miles Road Run	M55	John Gilmour	1:24:15	31-Aug-74	B		
	<b>20 Miles Road Run</b>						
20 Miles Road Run	M35	Jeff Joyce	1:56:10	06-Mar-77	B		
20 Miles Road Run	M40	Frank Smith	1:53:11	30-Jun-85	B		
20 Miles Road Run	M45	Maurice Smith	2:00:28	12-Apr-81	B		
20 Miles Road Run	M50	Steve Barrie	2:02:29	18-Jun-89	B		
20 Miles Road Run	M55	Allen Tyson	2:32:01	12-Apr-81	B		
20 Miles Road Run	M60	John Gilmour	1:59:57	18-Apr-82	B	A	W
20 Miles Road Run	M70	John Oldfield	3:08:18	24-Apr-16	B		
	<b>300 Kilometres</b>						
300 Kilometres	M50	George Audley	42:17:11	16-Oct-87	B	A	
	<b>200 Miles</b>						
200 Miles	M50	George Audley	45:36:36	16-Oct-87	B	A	
	<b>500 Kilometres</b>						
	<b>500 Miles</b>						
500 Miles	M50	George Audley	144:00:00	01-Nov-87	B	A	
	<b>48 Hours</b>						
48 Hours	M40	Alan Croxford	271,735	16-Oct-87	B		
48 Hours	M50	George Audley	335,000	16-Oct-87	B	A	
48 Hours	M65	George Audley	255,300	20-Nov-01	B	A	W
	<b>6 Days</b>						
6 Days	M50	George Audley	805,200	01-Nov-87	B		
6 Days	M65	George Audley	704,400	24-Nov-01	B	A	W
	<b>8 Kilometres Road Walk</b>						
8K Road Walk	M35	Martin Davey	43:02	25-May-76	B		
8K Road Walk	M40	Jim Smith	42:17	29-May-73	B		
8K Road Walk	M40	Jim Smith	42:17	25-May-76	B		
8K Road Walk	M45	Alex Cummings	47:00	25-May-76	B		
8K Road Walk	M50	Don Stone	45:46	09-Sep-81	B		
8K Road Walk	M55	Paul Martin	48:48	05-Apr-98	B		
8K Road Walk	M60	Dick Horsley	43:47	23-Jun-73	B	X	X
8K Road Walk	M65	Dick Horsley	46:49	09-Aug-80	B		
8K Road Walk	M70	Dick Horsley	46:55	04-Jun-83	B		
	<b>16 Kilometres Road Walk</b>						
16K Road Walk	M35	Duncan Faux	1:24:07	16-May-82	B		
16K Road Walk	M40	Alan Whitely	1:18:57	01-Jul-90	B		
16K Road Walk	M50	John Mison	1:35:42	25-Apr-99	B		
16K Road Walk	M55	Paul Martin	1:35:42	25-Apr-99	B		
16K Road Walk	M60	Dick Horsley	1:29:08	01-Sep-73	B	X	X
16K Road Walk	M65	Dick Horsley	1:38:02	05-Jul-81	B		
16K Road Walk	M70	John Carrington	1:57:17	17-Apr-05	B		
16K Road Walk	M75	Ray Hall	2:02:11	05-Apr-09	B		
	<b>10 Miles Road Walk</b>						
10 Miles Road Walk	M40	Jim Smith	1:32:57	05-Mar-78	B		
	<b>25 Kilometres Road Walk</b>						
25K Road Walk	M40	Jim Smith	2:18:45	04-Jun-75	B		
25K Road Walk	M50	Don Stone	2:45:48	29-May-82	B		
25K Road Walk	M60	Dick Horsley	2:29:34	01-Aug-75	B		
	<b>30 Kilometres Road Walk</b>						
30K Road Walk	M40	Jim Smith	2:54:00	19-Jun-76	B		
30K Road Walk	M45	Jim Smith	2:47:00	06-Aug-78	B		
30K Road Walk	M50	George Audley	3:09:59	07-Aug-89	B		
	<b>20 Miles Road Walk</b>						
20 Miles Road Walk	M40	Jim Smith	3:21:34	17-Jul-77	B		
20 Miles Road Walk	M45	C. Baker	3:44:51	07-Aug-71	B		
	<b>35 Kilometres Road Walk</b>						
35K Road Walk	M45	C. Baker	4:04:06	04-Sep-71	B		
	<b>50 Kilometres Road Walk</b>						
50K Road Walk	M45	Jim Smith	5:11:46	12-Aug-79	B		
	<b>50 Miles Walk</b>						
50 Miles Walk	M50	George Audley	11:08:45	28-May-88	B		
	<b>100 Kilometres Walk</b>						
100 Kilometres Walk	M50	George Audley	14:11:20	28-May-88	B		
	<b>150 Kilometres Walk</b>						
150 Kilometres Walk	M50	George Audley	21:45:14	28-May-88	B		
	<b>100 Miles Walk</b>						
100 Miles Walk	M50	George Audley	23:28:40	28-May-88	B	A	
	<b>One Hour Walk</b>						
One Hour Walk	M40	Jim Smith	10,714	03-Sep-77	B		
One Hour Walk	M60	Dick Horsley	10,690	19-Aug-73	B		
One Hour Walk	M65	Dick Horsley	10,375	03-Sep-78	B		
	<b>Two Hours Walk</b>						
Two Hours Walk	M40	Jim Smith	20,064	16-Jun-74	B		
	<b>24 Hours Walk</b>						
24 Hours Walk	M50	George Audley	164,051	28-May-88	B	A	

Stratford, UK