

100m	heat	semi	final	medal	record
W35					
Melissa Foster	13.43 (q)	13.34			
W50					
Mandy Mason	14.38 (q)	13.86			
M50					
Gregory Brennan	13.42				
M55					
Colin Smith	13.07 (q)	12.75			
M75					
Barrie Kernaghan	15.21 (q)	15.59			
200m					
W50					
Mandy Mason	29.09 (q)	28.58			
M50					
Gregory Brennan	26.54				
M55					
Colin Smith	25.69 (Q)	26.03			
M75					
Barrie Kernaghan	32.49 (q)	31.57 (q)	30.96		
400m					
W45					
Sharon Davis	61.78(Q)	61.06(Q)	60.30	Bronze	SR
M55					
Colin Smith	58.30(Q)	57.89			
M60					
Neil Morfitt	63.56				
Campbell Till	60.54(Q)	60.39			
Desmond Walsh	68.89				
W60					
Carol Bowman		85.76			
Margaret Saunders		76.27			
M75					
David Baird		79.77			
Barrie Kernaghan		76.64(q)	79.98		
M85					
David Carr		1:35.72(Q)	86.69	Silver	
800m					
W45					
Sharon Davis		2:24.89(Q)	2:21.41	Silver	
M60					
Neil Morfitt	2:27.15 (q)	2:24.58			
W60					
Carol Bowman		3:12.31			
Margaret Saunders		2:52.26(q)	2:50.23		
M70					
Roy Hart		3:26.59			
M75					
David Baird		3:13.01			
M85					
David Carr			3:33.03	Gold	
1500m					
W45					
Sharon Davis	5:03.77(Q)		4:49.56	Silver	SR
M65					
Giovanni Puglisi	5:35.60				

M70

Roy Hart 6:41.88

W70

Gillian Young 6:43.43

M75

David Baird 6:25.21(q)

Bob Schickert 8:23.94

M80

Morland Smith 7:34.05

M85David Carr 7:19.89 **Gold****5000m****M65**

Giovanni Puglisi 19:52.26

M70

Roy Hart 27:02.94

W70

Gillian Young 25:00.38

M75

Bob Schickert 32:45.21

M80

Morland Smith 29:23.93

2000m steeplechase**W55**

Sue Zlnay 8:57.07

W60

Carol Bowman 10:59.03

Margaret Saunders 9:10.19 **Silver SR****W70**Gillian Young 10:25.65 **Gold****W75**Lynne Schickert 16:00.36 **Silver SR****M65**

Giovanni Puglisi 8:29.44

M80Morland Smith 12:13.02 **Silver****M85**David Carr 11:24.55 **Gold****5000m walk****W50**

Cheryl-Lee Dean DQ

W60Lynette Ventris 26:15.58 **Gold****W75**

Lynne Schickert 39:49.87

6km cross country**W70-**

Jackie Halberg 47:26

Gillian Young 33:06

M75

Bob Schickert 40:42

M80

Morland Smith 42:16

8km cross country**M50**

Greg Hogan 33:20

W50

Kate Ingram 33:11

W55

Sue Zlnay 36:37

W60

Carol Bowman 45:38

M65

Giovanni Puglisi 33:19

10km road race**M65**

Clive Choate 57:10

Terry Humphrey 1:09:46

W65

Barbara Humphrey 1:24:34

W70

Gillian Young 53:12

Half Marathon**M65**

Terry Humphrey 2:31:38

M75

David Baird 2:06:33

10km walk**M50**

Andrew Duncan 50:13

W50

Cheryl-Lee Dean 1:11:19

W60

Lynette Ventris 53:26 **Gold** **SR** pending AR & WR

W75

Lynne Schickert 1:24:12

20km walk**M50**

Andrew Duncan 1:45:57

W60

Lynette Ventris 1:58:27 **Gold** **SR**

W75

Lynne Schickert 2:57.20

Pole Vault**M65**

Geoff Brayshaw 2.50m

Long Jump**W35**

Melissa Foster 5.46m (-0.5) **Gold**

Triple Jump**W35**

Melissa Foster 11.52m (-3.0) **Bronze** **W40 SR**

M65

Geoff Brayshaw 7.92m

Shot**M40**

Matthew Staunton 11.98m

M90Chris Tittel 5.13m **SR within Throws Pent****Weight****M40**

Matthew Staunton 12.95m

W40Byrony Glass 15.42m **Gold****W65**

Kathryn Glass 9.14m

M90Chris Tittel 7.04m **Silver SR****Discus****M40**

Matthew Staunton 35.60m

M55

Kon Kozak 24.65m

M90Chris Tittel 13.40m **SR within Throws Pent****Hammer****M40**

Matthew Staunton 43.53m

W40Byrony Glass 46.76m **Gold****W65**

Kathryn Glass 21.11m

M90Chris Tittel 13.31m **Bronze SR****Throws Pentathlon****M40**

Matthew Staunton 3157

W40Byrony Glass 3690 **Gold****W65**

Kathryn Glass 2542

M90Chris Tittel 2175 **Bronze SR****Relays****W50 4 x 100m**Mandy Mason **Gold** pending AR**M55 4 x 100m**Colin Smith **Bronze****M75 4 x 400m**Barrie Kernaghan **Silver****M60 4 x 400m**Campbell Till **Gold** pending AR**M55 4 x 400m**Colin Smith **Bronze****W50 4 x 400m**Mandy Mason **Silver** pending AR**W60 4 x 400m**Margaret Saunders **Bronze**
Carol Bowman**Teams**

6km Cross Country

W70

Gillian Young

Gold

M65

Giovanni Puglisi

Gold

M75

Bob Schickert

Bronze