

## 2018-2019 Summer Track and Field Programme

### Patron's Trophy

The Patron's trophy (highlighted events) commences on Tuesday 16 October. Athletes compete in a minimum of 9 with the best 9 giving the total score. The same event from Tuesday and Thursday cannot count twice

**TUESDAY at WA ATHLETICS STADIUM, MOUNT CLAREMONT at 6.30pm**

**\$8 (\$4 for senior card holder) entry to WAAS.**

**In addition - visitor fee: \$5 (\$2 under 18, members' children no fee) – pay at sign in table by finish line**

<i>Oct-18</i>	<i>event 1</i>	<i>event 2</i>	<i>event 3</i>	<i>event 4</i>	<i>Jump</i>	<i>field 1</i>	<i>field 2</i>
<b>2nd</b>	60	1 mile	400	5k r/w	LJ/TJ	hammer	shot
<b>9th</b>	200	800	100	3k r/w	HJ	javelin	discus
<b>16th</b>	400	60	<b>1500</b>	5k r/w	LJ/TJ	discus	shot
<b>23rd</b>	100	1000	<b>400</b>	3k r/w	HJ	javelin	hammer
<b>30th</b>	200	800	60	5k r/w	<b>LJ</b>	hammer	shot
<i>Nov-18</i>							
<b>6th</b>	300	1500	200	3k r/w	LJ/TJ	javelin	<b>shot</b>
<b>13th</b>	400	1000	100	5k r/w	<b>HJ</b>	hammer	discus
<b>20th</b>	<b>100</b>	1500	200	3k r/w	<b>TJ</b>	discus	shot
<b>27th</b>	60	800	300	<b>5000</b>	LJ/TJ	javelin	hammer
<i>Dec-18</i>							
<b>4th</b>	400	1500	100	3k r/w	HJ	hammer	<b>discus</b>
<b>11th</b>	200	1 mile	400	3k r/w	LJ/TJ	<b>javelin</b>	shot
<b>18th</b>	100	60	<b>800</b>	5k r/w	HJ	hammer	discus
<i>Jan-19</i>							
<b>8th</b>	100	800	60	5k r/w	LJ/TJ	javelin	discus
<b>15th</b>	200	1500	100	3k r/w	HJ	hammer	shot
<b>22nd</b>	60	400	200	5k r/w	LJ/TJ	javelin	hammer
<b>29th</b>	100	800	60	3k r/w	HJ	discus	shot
<i>Feb-19</i>							
<b>5th</b>	200	1500	100	5k r/w	LJ/TJ	javelin	hammer
<b>12th</b>	60	800	300	3k r/w	HJ	discus	shot
<b>19th</b>	100	1000	200	5k r/w	LJ/TJ	javelin	discus
<b>26th</b>	60	1 mile	400	3k r/w	HJ	hammer	shot
<i>Mar-19</i>							
<b>5th</b>	100	1500	200	5k r/w	LJ/TJ	javelin	shot
<b>12th</b>	60	800	300	3k r/w	HJ	hammer	discus
<b>19th</b>	400	1500	100	5k r/w	LJ/TJ	javelin	hammer
<b>26th</b>	200	1000	60	3k r/w	HJ	discus	shot

**THURSDAY at ECAC STARTING at 6.00pm**  
**Thursday at ECAC Wharf Street, Cannington \$3 entry fee**  
**In addition - visitor fee: \$5 (\$2 under 18, members' children no fee)**

<i>Oct-18</i>	<i>event 1</i>	<i>event 2</i>	<i>event 3</i>	<i>event 4</i>	<i>event 5</i>	<i>Jump</i>	<i>field 1</i>	<i>field 2</i>
<b>4th</b>	200	3k r/w	100	800	2k steeple	LJ	weight	discus
<b>11th</b>	60	1 mile	400	short hurdles	5k r/w	LJ	javelin	shot
<b>18th</b>	100	1500	300	3k r/w		HJ	weight	hammer
<b>25th</b>	1000	60	400	5k r/w		TJ	discus	shot
<b>Nov-18</b>								
<b>1st</b>	200	800	100	5k r/w		HJ	weight	javelin
<b>8th</b>	100	1500	60	3k r/w		LJ	discus	hammer
<b>15th</b>	60	1 mile	400	short hurdles	5k r/w	LJ	weight	shot
<b>22nd</b>	300	800	100	3k r/w		TJ	javelin	weight
<b>29th</b>	60	1500	200	5000		LJ	discus	shot
<b>Dec-18</b>								
<b>6th</b>	400	100	800	3k r/w		TJ	javelin	weight
<b>13th</b>	60	200	800	5k r/w		LJ	hammer	weight
<b>20th</b>	1500	400	3k r/w	100	2k steeple	LJ	javelin	shot
<b>Jan-19</b>								
<b>10th</b>	long hurdles	60	1000	200	3k r/w	LJ	hammer	shot
<b>17th</b>	400	1500	100	5k r/w		LJ	discus	weight
<b>24th</b>	200	800	3k r/w	100	2k steeple	TJ	javelin	shot
<b>31st</b>	100	1500	200	short hurdles	5k r/w	LJ	hammer	weight
<b>Feb-19</b>								
<b>7th</b>	60	1 mile	400	3k r/w		LJ	discus	shot
<b>14th</b>	100	1000	200	5k r/w		TJ	hammer	weight
<b>21st</b>	800	300	3k r/w	60	2k steeple	LJ	javelin	discus
<b>28th</b>	60	1500	200	short hurdles	5k r/w	LJ	javelin	weight
<b>Mar-19</b>								
<b>7th</b>	100	1 mile	400	3k r/w		TJ	hammer	weight
<b>14th</b>	300	800	100	5k r/w		LJ	javelin	shot
<b>21st</b>	200	1500	3k r/w	400	2k steeple	LJ	weight	discus
<b>28th</b>	long hurdles	1000	60	5k r/w	200	TJ	javelin	weight