

# 2019 AMA Winter Throws Championships

Sat 5<sup>th</sup> - Mon 7<sup>th</sup> October

*Daily events start at 9am*

Kerryn McCann Athletics Track

Beaton Park Leisure Complex, Foley Street, Gwynneville

Entries will open July 1<sup>st</sup>, watch our facebook group  
for details: "AMA Winter Throws  
Championships 2019"

**Event Co-ordinator: Jill Taylor**

Email: [secretary@nswmastersathletics.org.au](mailto:secretary@nswmastersathletics.org.au)

Phone: 0409607384

Committee:

*Adriana van Bockel, Gabi Watts, Anatoly Kirievsky*



Join our event Facebook page:

"AMA Winter Throws Championships 2019"





**Kerryn McCann  
Athletics Track**  
is located within the  
grounds of Beaton Park  
Leisure Centre.

### Day 1 Saturday:

- Throws Pentathlon
- 56lb and 100lb Throws
- Group Dinner, please join us!

### Day 2 Sunday:

- Individual events  
(Hammer, Shot, Discus, Javelin, Weight)

- Weight for Distance event

### Day 3 Monday:

- Heavy Weight Pentathlon

## Welcome to the 'Gong

The Kerryn McCann complex is an eight lane IAAF certified synthetic athletics track. The track includes facilities for all jumping and throwing events. (including hammer and discus cages) as well as a 500 seating capacity grandstand. Athletic clubs that utilise the facilities include: [Athletics Wollongong](http://www.visitwollongong.com.au/), Little Athletics Wollongong, Illawarra Blue Stars and Kembla Joggers

## About Wollongong

<http://www.visitnsw.com/destinations/south-coast>

<http://www.visitnsw.com/destinations/south-coast/wollongong-and-surrounds>

<http://visitwollongong.com.au/>

## Accommodation Links:

<http://visitwollongong.com.au/places-to-stay/accommodation>

<https://www.wotif.com/Wollongong-Hotels.d10427.Travel-Guide-Hotels>



2018 Male Athlete of the Meet  
**Todd Davey**



2018 Female Athlete of the Meet  
**Gabi Watts**

