

Andy Abbey				
	M50-64	800m	13-Apr	11:20am
	M35-54	1500m	14-Apr	8:45am
David Adams				
	M40-59	3000m Steeplechase	04-Apr	7:00pm
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
	M30-49	200m	13-Apr	10:00am
	M30-49	800m	13-Apr	11:30am
	M40+	1500m Race Walk	13-Apr	1:15pm
	M30-49	60m	13-Apr	2:55pm
	M35-54	1500m	14-Apr	8:45am
	M35-49	400m	14-Apr	10:30am
	M30-49	100m	14-Apr	12:00pm
Rochelle Airey				
	W35+	5000m	06-Apr	7:40am
Michael Anderson				
	M70	200m	13-Apr	9:35am
	M65+	Shot	13-Apr	10:00am
	M65+	Discus	14-Apr	10:30am
Gin Ang				
	M55-64	200m	13-Apr	9:45am
	M55-64	60m	13-Apr	2:45pm
	M55-64	100m	14-Apr	11:50am
Tolli Antonioli				
	M65	200m	13-Apr	9:40am
	M65	60m	13-Apr	2:40pm
	M65	400m	14-Apr	10:20am
	M65	100m	14-Apr	11:45am
Jannie Beard				
	M50-64	800m	13-Apr	11:20am
	M35-54	1500m	14-Apr	8:45am
David Baird				
	M65+	5000m	06-Apr	8:50am
	M30+	10000m	11-Apr	7:00pm
	M75+	200m	13-Apr	9:30am
	M75+	800m	13-Apr	10:55am
	M70+	1500m	14-Apr	8:15am
	M75+	400m	14-Apr	10:10am
Delia Baldock				
	W35+	Long Jump	06-Apr	3:00pm
	W50-69	High Jump	13-Apr	8:30am
	W55	200m	13-Apr	10:05am
	W50-69	300m Long Hurdles	13-Apr	12:25pm
	W55	60m	13-Apr	2:20pm
	W40-59	80m Short Hurdles	14-Apr	9:25am
	W55+	400m	14-Apr	10:00am
	W30-69	Triple Jump	14-Apr	10:20am
	W55	100m	14-Apr	12:10pm
Irwin Barrett-Lennard				
	M65+	2000m Steeplechase	04-Apr	7:45pm

	M65+	5000m	06-Apr	8:50am
	M75+	200m	13-Apr	9:30am
	M80+	60m	13-Apr	2:30pm
	M70+	1500m	14-Apr	8:15am
	M75+	400m	14-Apr	10:10am
	M80+	100m	14-Apr	11:35am
Paul Beckers				
	M30-64	5000m	06-Apr	9:40am
Barbara Blurton				
	W65+	200m	13-Apr	9:25am
	W55+	400m	14-Apr	10:00am
	W65+	100m	14-Apr	12:05pm
Carol Bowman				
	W30+	2000m Steeplechase	04-Apr	7:20pm
	W30+	Pentathlon	06-Apr	8:35am
	W35+	800m	13-Apr	10:45am
	W50-69	300m Long Hurdles	13-Apr	12:25pm
	W60-69	80m Short Hurdles	14-Apr	9:35am
	W55+	400m	14-Apr	10:00am
Geoff Brayshaw				
	M65+	Pole Vault	22-Mar	tba
	M65+	Long Jump	06-Apr	2:00pm
	M65+	High Jump	13-Apr	11:00am
	M30+	Triple Jump	14-Apr	8:00am
	M65	100m Short Hurdles	14-Apr	9:05am
Greg Brennan				
	M50	200m	13-Apr	9:55am
	M50	60m	13-Apr	2:50pm
	M50	100m	14-Apr	11:55am
David Brook				
	M30-64	5000m	06-Apr	9:40am
	M55-69	1500m	14-Apr	8:30am
Andrew Brooker				
	M50	200m	13-Apr	9:55am
	M40-64	High Jump	13-Apr	10:20am
	M50-59	400m Long Hurdles	13-Apr	12:15pm
	M30-64	Javelin	14-Apr	8:15am
	M50-59	100m Short Hurdles	14-Apr	9:15am
	M50-59	400m	14-Apr	10:25am
Ivan Brown				
	M30+	Pentathlon	06-Apr	8:00am
	M65+	5000m	06-Apr	8:50am
	M70	200m	13-Apr	9:35am
	M65-74	800m	13-Apr	11:10am
	M70+	1500m	14-Apr	8:15am
	M70	400m	14-Apr	10:15am
	M70-79	100m	14-Apr	11:55am
Sylvia Byers				
	W35+	1500m Race Walk	13-Apr	1:40pm
Matt Byles				
	M30-64	5000m	06-Apr	9:40am

	M35-54	1500m	14-Apr	8:45am
Wayne Byram				
	M40+	5000m Race Walk	13-Apr	8:00am
	M40+	1500m Race Walk	13-Apr	1:15pm
	M30-64	Javelin	14-Apr	8:15am
	M40+	3000m Race Walk	14-Apr	10:50am
Michael Byrne				
	M65+	5000m	06-Apr	8:50am
	M65	200m	13-Apr	9:40am
	M65-74	800m	13-Apr	11:10am
	M65	60m	13-Apr	2:40pm
	M55-69	1500m	14-Apr	8:30am
	M65	400m	14-Apr	10:20am
	M65	100m	14-Apr	11:45am
David Carr				
	M65+	2000m Steeplechase	04-Apr	7:45pm
	M30+	Pentathlon	06-Apr	8:00am
	M75+	200m	13-Apr	9:30am
	M75+	800m	13-Apr	10:55am
	M70+	1500m	14-Apr	8:15am
	M75+	400m	14-Apr	10:10am
	M80+	100m	14-Apr	11:35am
Debbie Carroll				
	W35-54	400m	14-Apr	10:05am
Bert Carse				
	M65+	2000m Steeplechase	04-Apr	7:45pm
	M65+	5000m	06-Apr	8:50am
	M75+	800m	13-Apr	10:55am
	M70+	1500m	14-Apr	8:15am
Bridget Carse				
	W35+	1500m	14-Apr	8:00am
Vanessa Carson				
	W30+	2000m Steeplechase	04-Apr	7:20pm
	W35+	5000m	06-Apr	7:40am
Yolanda Carstens				
	W40+	Throws Pentathlon	06-Apr	11:30am
	W30-59	Javelin	13-Apr	11:15am
	W40-59	Hammer	13-Apr	1:00pm
	W30-59	Shot	14-Apr	8:15am
	W30-59	Weight	14-Apr	9:45am
	W30-59	Discus	14-Apr	11:30am
Lui Cecotti				
	M65+	5000m	06-Apr	8:50am
	M40+	5000m Race Walk	13-Apr	8:00am
	M65+	Shot	13-Apr	10:00am
	M40+	3000m Race Walk	14-Apr	10:50am
Lynne Choate				
	W65+	200m	13-Apr	9:25am
	W60+	Javelin	13-Apr	9:45am
	W65+	60m	13-Apr	2:15pm
	W60+	Discus	14-Apr	8:15am

	W60+	Shot	14-Apr	9:40am
	W65+	100m	14-Apr	12:05pm
Mercurio Cicchini				
	M65+	5000m	06-Apr	8:50am
	M30+	10000m	11-Apr	7:00pm
	M65	200m	13-Apr	9:40am
	M65-74	800m	13-Apr	11:10am
	M65	60m	13-Apr	2:40pm
	M55-69	1500m	14-Apr	8:30am
	M65	400m	14-Apr	10:20am
	M65	100m	14-Apr	11:45am
Malcolm Clarke				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M45-64	Hammer	13-Apr	10:30am
	M45-64	Shot	13-Apr	1:30pm
	M30-49	60m	13-Apr	2:55pm
	M30-64	Javelin	14-Apr	8:15am
	M30-64	Discus	14-Apr	9:30am
	M45-64	Weight	14-Apr	11:00am
Sue Coate				
	W40+	Throws Pentathlon	06-Apr	11:30am
	W50-69	High Jump	13-Apr	8:30am
	W30-59	Javelin	13-Apr	11:15am
	W30-59	Shot	14-Apr	8:15am
	W30-59	Discus	14-Apr	11:30am
John Cochrane				
	M65+	Shot	13-Apr	10:00am
	M65+	Hammer	13-Apr	12:00pm
	M65+	Javelin	13-Apr	1:30pm
	M65+	Discus	14-Apr	10:30am
John Collier				
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
	M35-54	1500m	14-Apr	8:45am
Bob Colligan				
	M30+	10000m	11-Apr	7:00pm
Kevin Collins				
	M35-59	Long Jump	06-Apr	1:00pm
	M40-64	High Jump	13-Apr	10:20am
	M50	60m	13-Apr	2:50pm
	M30+	Triple Jump	14-Apr	8:00am
Debra Cox				
	W40+	Throws Pentathlon	06-Apr	11:30am
	W30-59	Javelin	13-Apr	11:15am
	W40-59	Hammer	13-Apr	1:00pm
	W55	60m	13-Apr	2:20pm
	W30-59	Shot	14-Apr	8:15am
	W30-59	Discus	14-Apr	11:30am
Stephen Crabbe				
	M70	200m	13-Apr	9:35am
	M70-79	60m	13-Apr	2:35pm

	M70-79	100m	14-Apr	11:55am
Maurice Creagh				
	M65+	2000m Steeplechase	04-Apr	7:45pm
	M30+	10000m	11-Apr	7:00pm
	M65-74	800m	13-Apr	11:10am
	M70	400m	14-Apr	10:15am
Elaine Dance				
	W50+	5000m Race Walk	13-Apr	8:00am
	W35+	1500m Race Walk	13-Apr	1:40pm
	W50+	3000m Race Walk	14-Apr	10:50am
Ivo Davies				
	M70	200m	13-Apr	9:35am
	M70-79	60m	13-Apr	2:35pm
	M70	400m	14-Apr	10:15am
	M70-79	100m	14-Apr	11:55am
James Davis				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M65+	Shot	13-Apr	10:00am
	M65+	Hammer	13-Apr	12:00pm
	M65+	Javelin	13-Apr	1:30pm
	M65+	Weight	14-Apr	8:15am
	M65+	Discus	14-Apr	10:30am
Andrew Davison				
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
Mark Dawson				
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
	M55-64	200m	13-Apr	9:45am
	M50-64	800m	13-Apr	11:20am
	M55-69	1500m	14-Apr	8:30am
	M50-59	400m	14-Apr	10:25am
	M55-64	100m	14-Apr	11:50am
John Dennehy				
	M55-64	200m	13-Apr	9:45am
	M40+	1500m Race Walk	13-Apr	1:15pm
	M55-64	60m	13-Apr	2:45pm
	M40+	3000m Race Walk	14-Apr	10:50am
	M55-64	100m	14-Apr	11:50am
Tony Downey				
	M30+	Pentathlon	06-Apr	8:00am
Andrew Duncan				
	M40+	5000m Race Walk	13-Apr	8:00am
	M40+	1500m Race Walk	13-Apr	1:15pm
Adrian Fabiankovits				
	M30+	10000m	11-Apr	7:00pm
	M30-49	800m	13-Apr	11:30am
Nick Fairweather				
	M65+	Long Jump	06-Apr	2:00pm
	M65	200m	13-Apr	9:40am
	M65	60m	13-Apr	2:40pm

	M65	100m	14-Apr	11:45am
Wendy Farrow				
	W50+	5000m Race Walk	13-Apr	8:00am
	W35+	1500m Race Walk	13-Apr	1:40pm
	W50+	3000m Race Walk	14-Apr	10:50am
Bob Fergie				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M65+	Shot	13-Apr	10:00am
	M65+	Hammer	13-Apr	12:00pm
	M65+	Javelin	13-Apr	1:30pm
	M65+	Weight	14-Apr	8:15am
	M65+	Discus	14-Apr	10:30am
John Fettus				
	M45+	Throws Pentathlon	06-Apr	12:15pm
John Fisher				
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
Maggie Flanders				
	W60+	Javelin	13-Apr	9:45am
	W60+	Discus	14-Apr	8:15am
Paul Foley				
	M30-64	Javelin	14-Apr	8:15am
Melissa Foster				
	W30+	Pentathlon	06-Apr	8:35am
	W35+	Long Jump	06-Apr	3:00pm
	W30-54	200m	13-Apr	10:10am
	W35-54	60m	13-Apr	2:25pm
	W40-59	80m Short Hurdles	14-Apr	9:25am
	W30-69	Triple Jump	14-Apr	10:20am
	W35-54	100m	14-Apr	12:15pm
Kristy Franklin				
	W30-59	Javelin	13-Apr	11:15am
Steve Fuller				
	M30+	Pentathlon	06-Apr	8:00am
	M65+	Javelin	13-Apr	1:30pm
	M65	400m	14-Apr	10:20am
Tracy Gallagher				
	W30+	2000m Steeplechase	04-Apr	7:20pm
	W30+	Pentathlon	06-Apr	8:35am
	W30-54	200m	13-Apr	10:10am
	W35+	1500m	14-Apr	8:00am
	W35-54	100m	14-Apr	12:15pm
Haydn Gawne				
	M40+	5000m Race Walk	13-Apr	8:00am
	M40+	1500m Race Walk	13-Apr	1:15pm
	M40+	3000m Race Walk	14-Apr	10:50am
Geoffrey Gee				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M65+	Shot	13-Apr	10:00am
	M65+	Weight	14-Apr	8:15am
Dante Giacomini				

	M30-64	5000m	06-Apr	9:40am
	M50-64	800m	13-Apr	11:20am
	M35-54	1500m	14-Apr	8:45am
Byrony Glass				
	W40+	Throws Pentathlon	06-Apr	11:30am
	W40-59	Hammer	13-Apr	1:00pm
	W30-59	Shot	14-Apr	8:15am
	W30-59	Weight	14-Apr	9:45am
	W30-59	Discus	14-Apr	11:30am
Kate Glass				
	W40+	Throws Pentathlon	06-Apr	11:30am
	W60+	Javelin	13-Apr	9:45am
	W65+	Hammer	13-Apr	2:35pm
	W60+	Discus	14-Apr	8:15am
	W60+	Shot	14-Apr	9:40am
	W60+	Weight	14-Apr	11:30am
Elizabeth Gomez				
	W35+	5000m	06-Apr	7:40am
	W35+	10000m	11-Apr	7:00pm
	W35+	800m	13-Apr	10:45am
	W35+	1500m Race Walk	13-Apr	1:40pm
	W35+	1500m	14-Apr	8:00am
	W35-54	400m	14-Apr	10:05am
Chris Gould				
	M30-64	5000m	06-Apr	9:40am
	M30-49	800m	13-Apr	11:30am
	M35-54	1500m	14-Apr	8:45am
Alan Gower				
	M30-64	5000m	06-Apr	9:40am
	M55-69	1500m	14-Apr	8:30am
Karyn Gower				
	W35+	5000m	06-Apr	7:40am
	W35+	800m	13-Apr	10:45am
	W35+	1500m	14-Apr	8:00am
David Graieg				
	M30+	Pentathlon	06-Apr	8:00am
	M30-49	60m	13-Apr	2:55pm
	M35-54	1500m	14-Apr	8:45am
Stephen Grannells				
	M30-64	5000m	06-Apr	9:40am
Tom Gravestock				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M45-64	Hammer	13-Apr	10:30am
	M45-64	Shot	13-Apr	1:30pm
	M30-64	Javelin	14-Apr	8:15am
	M30-64	Discus	14-Apr	9:30am
	M45-64	Weight	14-Apr	11:00am
Alan Gray				
	M40-59	3000m Steeplechase	04-Apr	7:00pm
	M50-64	800m	13-Apr	11:20am
Akos Gyarmathy				

	M50-64	800m	13-Apr	11:20am
	M55-69	1500m	14-Apr	8:30am
Johan Hagedoorn				
	M40+	5000m Race Walk	13-Apr	8:00am
	M40+	1500m Race Walk	13-Apr	1:15pm
	M40+	3000m Race Walk	14-Apr	10:50am
Jackie Halberg				
	W35+	800m	13-Apr	10:45am
	W35+	1500m	14-Apr	8:00am
Beverley Hamilton				
	W40+	Throws Pentathlon	06-Apr	11:30am
	W60+	Javelin	13-Apr	9:45am
	W65+	Hammer	13-Apr	2:35pm
	W60+	Discus	14-Apr	8:15am
	W60+	Shot	14-Apr	9:40am
	W60+	Weight	14-Apr	11:30am
Mark Hamilton				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M45-64	Hammer	13-Apr	10:30am
	M45-64	Shot	13-Apr	1:30pm
	M30-64	Discus	14-Apr	9:30am
	M45-64	Weight	14-Apr	11:00am
Ian Hannaby				
	M40-59	3000m Steeplechase	04-Apr	7:00pm
	M30-64	5000m	06-Apr	9:40am
	M35-59	Long Jump	06-Apr	1:00pm
	M50	200m	13-Apr	9:55am
	M50-64	800m	13-Apr	11:20am
	M50	60m	13-Apr	2:50pm
	M30+	Triple Jump	14-Apr	8:00am
	M35-54	1500m	14-Apr	8:45am
	M50-59	400m	14-Apr	10:25am
	M50	100m	14-Apr	11:55am
Kathleen Hannig				
	W35+	1500m Race Walk	13-Apr	1:40pm
	W60+	Discus	14-Apr	8:15am
	W60+	Shot	14-Apr	9:40am
	W50+	3000m Race Walk	14-Apr	10:50am
William Hart				
	M65-74	800m	13-Apr	11:10am
	M70	400m	14-Apr	10:15am
Barbara Hasenoehrl				
	W35+	5000m	06-Apr	7:40am
	W35+	10000m	11-Apr	7:00pm
Garry Hastie				
	M40+	5000m Race Walk	13-Apr	8:00am
	M40-64	High Jump	13-Apr	10:20am
	M50-59	400m Long Hurdles	13-Apr	12:15pm
	M40+	1500m Race Walk	13-Apr	1:15pm
	M30-64	Javelin	14-Apr	8:15am
	M40+	3000m Race Walk	14-Apr	10:50am

Eric Hayward				
M50	60m		13-Apr	2:50pm
M50-59	100m Short Hurdles		14-Apr	9:15am
M50	100m		14-Apr	11:55am
Jasmine Heslop				
W35-54	60m		13-Apr	2:25pm
W30-69	Triple Jump		14-Apr	10:20am
W35-54	100m		14-Apr	12:15pm
Randy Hobbs				
M50-64	800m		13-Apr	11:20am
M55-69	1500m		14-Apr	8:30am
Mark Howard				
M35-59	Long Jump		06-Apr	1:00pm
M50	200m		13-Apr	9:55am
M50	100m		14-Apr	11:55am
Bob Hull				
M65+	5000m		06-Apr	8:50am
M65-74	800m		13-Apr	11:10am
M70-79	60m		13-Apr	2:35pm
M70+	1500m		14-Apr	8:15am
Oswald Igel				
M45+	Throws Pentathlon		06-Apr	12:15pm
M65+	Shot		13-Apr	10:00am
M65+	High Jump		13-Apr	11:00am
M65+	Hammer		13-Apr	12:00pm
M65+	Javelin		13-Apr	1:30pm
M65+	Weight		14-Apr	8:15am
M65+	Discus		14-Apr	10:30am
Lyle James				
M75+	800m		13-Apr	10:55am
M70-79	60m		13-Apr	2:35pm
M70+	1500m		14-Apr	8:15am
M70-79	100m		14-Apr	11:55am
Paul Jeffery				
M30+	Pentathlon		06-Apr	8:00am
Luella Jenkins				
W40+	Throws Pentathlon		06-Apr	11:30am
W35+	Long Jump		06-Apr	3:00pm
W50+	5000m Race Walk		13-Apr	8:00am
W65+	200m		13-Apr	9:25am
W60+	Javelin		13-Apr	9:45am
W70+	High Jump		13-Apr	12:15pm
W65+	60m		13-Apr	2:15pm
W65+	Hammer		13-Apr	2:35pm
W60+	Discus		14-Apr	8:15am
W70+	Triple Jump		14-Apr	9:15am
W60+	Shot		14-Apr	9:40am
W50+	3000m Race Walk		14-Apr	10:50am
W60+	Weight		14-Apr	11:30am
W65+	100m		14-Apr	12:05pm
Ruth Johnson				

	W30+	Pentathlon	06-Apr	8:35am
	W40+	Throws Pentathlon	06-Apr	11:30am
	W35+	Long Jump	06-Apr	3:00pm
	W65+	200m	13-Apr	9:25am
	W35+	800m	13-Apr	10:45am
	W70+	High Jump	13-Apr	12:15pm
	W35+	1500m Race Walk	13-Apr	1:40pm
	W65+	60m	13-Apr	2:15pm
	W65+	Hammer	13-Apr	2:35pm
	W70+	Triple Jump	14-Apr	9:15am
	W55+	400m	14-Apr	10:00am
	W60+	Weight	14-Apr	11:30am
	W65+	100m	14-Apr	12:05pm
Tim Karajas				
	M30+	10000m	11-Apr	7:00pm
	M35-54	1500m	14-Apr	8:45am
Jason Kell				
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
	M40+	5000m Race Walk	13-Apr	8:00am
	M30-49	800m	13-Apr	11:30am
	M40+	1500m Race Walk	13-Apr	1:15pm
	M35-54	1500m	14-Apr	8:45am
	M35-49	400m	14-Apr	10:30am
	M40+	3000m Race Walk	14-Apr	10:50am
Juliana Kelly				
	W30-54	200m	13-Apr	10:10am
	W35-54	60m	13-Apr	2:25pm
	W35-54	400m	14-Apr	10:05am
	W35-54	100m	14-Apr	12:15pm
Greg Kennedy				
	M30+	Pentathlon	06-Apr	8:00am
	M65+	Long Jump	06-Apr	2:00pm
	M70	200m	13-Apr	9:35am
	M65+	Shot	13-Apr	10:00am
	M65+	High Jump	13-Apr	11:00am
	M65-74	300m Long Hurdles	13-Apr	12:35pm
	M65+	Javelin	13-Apr	1:30pm
	M70-79	60m	13-Apr	2:35pm
	M70	80m Short Hurdles	14-Apr	9:35am
	M70	400m	14-Apr	10:15am
	M65+	Discus	14-Apr	10:30am
	M70-79	100m	14-Apr	11:55am
Martin Kennedy				
	M30-64	5000m	06-Apr	9:40am
	M50-64	800m	13-Apr	11:20am
	M55-69	1500m	14-Apr	8:30am
Paula Kennedy				
	W40+	Throws Pentathlon	06-Apr	11:30am
	W30-59	Javelin	13-Apr	11:15am
	W40-59	Hammer	13-Apr	1:00pm

	W35+	1500m Race Walk	13-Apr	1:40pm
	W30-59	Shot	14-Apr	8:15am
	W30-59	Weight	14-Apr	9:45am
	W30-59	Discus	14-Apr	11:30am
	W35-54	100m	14-Apr	12:15pm
Barrie Kernaghan				
	M75+	200m	13-Apr	9:30am
	M70-79	60m	13-Apr	2:35pm
	M75+	400m	14-Apr	10:10am
	M70-79	100m	14-Apr	11:55am
Maureen Keshwar				
	W30+	Pentathlon	06-Apr	8:35am
	W50-69	300m Long Hurdles	13-Apr	12:25pm
	W65+	60m	13-Apr	2:15pm
	W60+	Discus	14-Apr	8:15am
	W60-69	80m Short Hurdles	14-Apr	9:35am
	W60+	Shot	14-Apr	9:40am
	W30-69	Triple Jump	14-Apr	10:20am
	W65+	100m	14-Apr	12:05pm
Dirk Klicker				
	M30-49	800m	13-Apr	11:30am
	M35-54	1500m	14-Apr	8:45am
Jim Klinge				
	M65+	5000m	06-Apr	8:50am
	M65-74	800m	13-Apr	11:10am
Michelle Krokosz				
	W30+	Pentathlon	06-Apr	8:35am
	W30-59	Javelin	13-Apr	11:15am
	W30-59	Shot	14-Apr	8:15am
	W30-69	Triple Jump	14-Apr	10:20am
	W30-59	Discus	14-Apr	11:30am
Jim Langford				
	M65+	5000m	06-Apr	8:50am
	M30+	10000m	11-Apr	7:00pm
	M70+	1500m	14-Apr	8:15am
Margaret Langford				
	W35+	5000m	06-Apr	7:40am
Ross Langford				
	M30+	10000m	11-Apr	7:00pm
Chris Lark				
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
	M35-54	1500m	14-Apr	8:45am
Michael Lee				
	M65+	5000m	06-Apr	8:50am
	M30+	10000m	11-Apr	7:00pm
Jonathan Lester				
	M35-59	Long Jump	06-Apr	1:00pm
	M40-64	High Jump	13-Apr	10:20am
	M30-49	60m	13-Apr	2:55pm
	M30+	Triple Jump	14-Apr	8:00am

Lisa Limonas	M30-49	100m	14-Apr	12:00pm
	W35+	Long Jump	06-Apr	3:00pm
	W50-69	High Jump	13-Apr	8:30am
	W30-54	200m	13-Apr	10:10am
	W35-54	60m	13-Apr	2:25pm
	W30-69	Triple Jump	14-Apr	10:20am
	W35-54	100m	14-Apr	12:15pm
Michelle Link				
	W30-59	Javelin	13-Apr	11:15am
	W40-59	Hammer	13-Apr	1:00pm
	W30-59	Shot	14-Apr	8:15am
	W30-59	Weight	14-Apr	9:45am
	W30-59	Discus	14-Apr	11:30am
Stan Lockwood				
	M80+	60m	13-Apr	2:30pm
	M80+	100m	14-Apr	11:35am
Jaime Lovell				
	W30+	2000m Steeplechase	04-Apr	7:20pm
	W30-54	200m	13-Apr	10:10am
	W30	400m Long Hurdles	13-Apr	12:15pm
Daniel Lowe				
	M30-49	200m	13-Apr	10:00am
	M30-49	60m	13-Apr	2:55pm
	M30-49	100m	14-Apr	12:00pm
Peggy Macliver				
	W50+	5000m Race Walk	13-Apr	8:00am
	W35+	1500m Race Walk	13-Apr	1:40pm
	W50+	3000m Race Walk	14-Apr	10:50am
Stuart Manning				
	M30-49	200m	13-Apr	10:00am
	M40-64	High Jump	13-Apr	10:20am
	M30-49	800m	13-Apr	11:30am
	M35-54	1500m	14-Apr	8:45am
	M35-49	400m	14-Apr	10:30am
Mandy Mason				
	W30-54	200m	13-Apr	10:10am
	W35-54	60m	13-Apr	2:25pm
	W35-54	400m	14-Apr	10:05am
	W35-54	100m	14-Apr	12:15pm
Milt Mavrick				
	M65+	2000m Steeplechase	04-Apr	7:45pm
	M65+	5000m	06-Apr	8:50am
	M30+	10000m	11-Apr	7:00pm
	M55-69	1500m	14-Apr	8:30am
	M65	400m	14-Apr	10:20am
Catherine McCloskey				
	W55	200m	13-Apr	10:05am
	W55	60m	13-Apr	2:20pm
	W55+	400m	14-Apr	10:00am
	W55	100m	14-Apr	12:10pm

John McDonagh

M40+	5000m Race Walk	13-Apr	8:00am
M65-74	300m Long Hurdles	13-Apr	12:35pm
M40+	1500m Race Walk	13-Apr	1:15pm
M70	80m Short Hurdles	14-Apr	9:35am
M40+	3000m Race Walk	14-Apr	10:50am

Bruce McGeorge

M30-64	5000m	06-Apr	9:40am
M30+	10000m	11-Apr	7:00pm
M45-64	Hammer	13-Apr	10:30am
M55-69	1500m	14-Apr	8:30am
M30-64	Discus	14-Apr	9:30am

Myree McGoldrick

W55	200m	13-Apr	10:05am
W55	60m	13-Apr	2:20pm
W55	100m	14-Apr	12:10pm

Adrian McKenzie

M30-49	60m	13-Apr	2:55pm
M30-49	100m	14-Apr	12:00pm

Jacqui McQueen

W30+	2000m Steeplechase	04-Apr	7:20pm
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John McShane

M30-64	5000m	06-Apr	9:40am
M50-64	800m	13-Apr	11:20am
M35-54	1500m	14-Apr	8:45am

Harold Membrey

M65+	2000m Steeplechase	04-Apr	7:45pm
M30+	Pentathlon	06-Apr	8:00am
M65	200m	13-Apr	9:40am
M65-74	300m Long Hurdles	13-Apr	12:35pm
M40+	1500m Race Walk	13-Apr	1:15pm
M65	60m	13-Apr	2:40pm
M65+	Weight	14-Apr	8:15am
M65	400m	14-Apr	10:20am
M65	100m	14-Apr	11:45am

Carmel Meyer

W55	200m	13-Apr	10:05am
W55+	400m	14-Apr	10:00am
W55	100m	14-Apr	12:10pm

Dawson Miller

M50	200m	13-Apr	9:55am
M50	60m	13-Apr	2:50pm
M30+	Triple Jump	14-Apr	8:00am
M50	100m	14-Apr	11:55am

Sharon Moloney

W40+	Throws Pentathlon	06-Apr	11:30am
W55	200m	13-Apr	10:05am
W30-59	Javelin	13-Apr	11:15am
W40-59	Hammer	13-Apr	1:00pm
W55	60m	13-Apr	2:20pm
W30-59	Shot	14-Apr	8:15am

	W30-59	Weight	14-Apr	9:45am
	W30-59	Discus	14-Apr	11:30am
	W55	100m	14-Apr	12:10pm
Stuart Moore				
	M55-69	1500m	14-Apr	8:30am
JP Moutia				
	M35-59	Long Jump	06-Apr	1:00pm
	M50-59	400m Long Hurdles	13-Apr	12:15pm
	M30+	Triple Jump	14-Apr	8:00am
	M50-59	100m Short Hurdles	14-Apr	9:15am
Anthony Mugavin				
	M30-49	800m	13-Apr	11:30am
	M35-49	400m	14-Apr	10:30am
Peter Muller				
	M65+	Long Jump	06-Apr	2:00pm
	M65+	Shot	13-Apr	10:00am
	M65+	High Jump	13-Apr	11:00am
	M65+	Javelin	13-Apr	1:30pm
	M80+	60m	13-Apr	2:30pm
	M65+	Discus	14-Apr	10:30am
	M80+	100m	14-Apr	11:35am
Victor Munoz Martinez				
	M40+	5000m Race Walk	13-Apr	8:00am
	M40+	1500m Race Walk	13-Apr	1:15pm
	M40+	3000m Race Walk	14-Apr	10:50am
Michihito Muroi				
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
Chris Neale				
	M30+	Pentathlon	06-Apr	8:00am
	M35-59	Long Jump	06-Apr	1:00pm
	M50	200m	13-Apr	9:55am
	M50-64	800m	13-Apr	11:20am
	M50-59	400m Long Hurdles	13-Apr	12:15pm
	M50-59	400m	14-Apr	10:25am
	M50	100m	14-Apr	11:55am
Ann-Marie O'Donovan				
	W30+	Pentathlon	06-Apr	8:35am
Mike O'Reilly				
	M75+	200m	13-Apr	9:30am
	M65+	Shot	13-Apr	10:00am
	M75+	400m	14-Apr	10:10am
	M65+	Discus	14-Apr	10:30am
	M70-79	100m	14-Apr	11:55am
Brenda Painter				
	W30+	Pentathlon	06-Apr	8:35am
	W35+	Long Jump	06-Apr	3:00pm
	W65+	200m	13-Apr	9:25am
	W60+	Javelin	13-Apr	9:45am
	W70+	High Jump	13-Apr	12:15pm
	W65+	60m	13-Apr	2:15pm

	W70+	Triple Jump	14-Apr	9:15am
	W65+	100m	14-Apr	12:05pm
Garry Parker				
	M45-64	Hammer	13-Apr	10:30am
	M45-64	Shot	13-Apr	1:30pm
	M30-64	Discus	14-Apr	9:30am
Jennifer Parker				
	W30+	Pentathlon	06-Apr	8:35am
	W40+	Throws Pentathlon	06-Apr	11:30am
	W35+	Long Jump	06-Apr	3:00pm
	W50-69	300m Long Hurdles	13-Apr	12:25pm
	W40-59	Hammer	13-Apr	1:00pm
	W30-59	Shot	14-Apr	8:15am
	W40-59	80m Short Hurdles	14-Apr	9:25am
	W30-59	Weight	14-Apr	9:45am
	W30-69	Triple Jump	14-Apr	10:20am
	W30-59	Discus	14-Apr	11:30am
Silke Peglow				
	W30+	2000m Steeplechase	04-Apr	7:20pm
	W35+	5000m	06-Apr	7:40am
	W35+	10000m	11-Apr	7:00pm
Jo Peters				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M65+	Shot	13-Apr	10:00am
	M65+	Hammer	13-Apr	12:00pm
	M65+	Javelin	13-Apr	1:30pm
	M65+	Weight	14-Apr	8:15am
	M65+	Discus	14-Apr	10:30am
Frank Price				
	M65+	5000m	06-Apr	8:50am
	M30+	10000m	11-Apr	7:00pm
	M65-74	800m	13-Apr	11:10am
	M55-69	1500m	14-Apr	8:30am
Giovanni Puglisi				
	M65+	2000m Steeplechase	04-Apr	7:45pm
	M65+	5000m	06-Apr	8:50am
	M30+	10000m	11-Apr	7:00pm
	M65-74	800m	13-Apr	11:10am
	M65-74	300m Long Hurdles	13-Apr	12:35pm
	M55-69	1500m	14-Apr	8:30am
Keith Redpath				
	M65	200m	13-Apr	9:40am
	M65	400m	14-Apr	10:20am
Norman Richards				
	M65+	Long Jump	06-Apr	2:00pm
	M75+	200m	13-Apr	9:30am
	M65+	High Jump	13-Apr	11:00am
	M80+	60m	13-Apr	2:30pm
	M30+	Triple Jump	14-Apr	8:00am
	M80+	100m	14-Apr	11:35am
Craig Robson				

	M30+	Pentathlon	06-Apr	8:00am
	M30-49	200m	13-Apr	10:00am
	M30-49	60m	13-Apr	2:55pm
	M30-64	Javelin	14-Apr	8:15am
	M30-64	Discus	14-Apr	9:30am
	M30-49	100m	14-Apr	12:00pm
Dee Roe				
	W35+	10000m	11-Apr	7:00pm
Donovan Roets				
	M50	200m	13-Apr	9:55am
	M50	60m	13-Apr	2:50pm
	M50-59	400m	14-Apr	10:25am
	M50	100m	14-Apr	11:55am
Margaret Saunders				
	W30+	2000m Steeplechase	04-Apr	7:20pm
	W35+	800m	13-Apr	10:45am
	W35+	1500m	14-Apr	8:00am
	W55+	400m	14-Apr	10:00am
Chris Schelfhout				
	W30-59	Javelin	13-Apr	11:15am
	W40-59	Hammer	13-Apr	1:00pm
	W30-59	Weight	14-Apr	9:45am
Bob Schickert				
	M65+	2000m Steeplechase	04-Apr	7:45pm
	M65+	5000m	06-Apr	8:50am
	M30+	10000m	11-Apr	7:00pm
	M75+	200m	13-Apr	9:30am
	M70+	1500m	14-Apr	8:15am
Lynne Schickert				
	W30+	2000m Steeplechase	04-Apr	7:20pm
	W30+	Pentathlon	06-Apr	8:35am
	W35+	Long Jump	06-Apr	3:00pm
	W50+	5000m Race Walk	13-Apr	8:00am
	W70+	High Jump	13-Apr	12:15pm
	W35+	1500m Race Walk	13-Apr	1:40pm
	W70+	Triple Jump	14-Apr	9:15am
	W50+	3000m Race Walk	14-Apr	10:50am
Franz Schlechter				
	M30+	Pentathlon	06-Apr	8:00am
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M65+	High Jump	13-Apr	11:00am
	M65+	Javelin	13-Apr	1:30pm
	M30+	Triple Jump	14-Apr	8:00am
	M65+	Discus	14-Apr	10:30am
Paul Scott-Taylor				
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
	M55-69	1500m	14-Apr	8:30am
Stan Selby				
	M65+	Javelin	13-Apr	1:30pm
Vincent Sew Hee				

	M30-49	60m	13-Apr	2:55pm
	M30	110m Short Hurdles	14-Apr	9:05am
	M30-49	100m	14-Apr	12:00pm
Lori Sexton				
	W35+	5000m	06-Apr	7:40am
	W35+	10000m	11-Apr	7:00pm
	W35+	1500m	14-Apr	8:00am
Loretta Shillinglaw				
	W35+	5000m	06-Apr	7:40am
	W35+	10000m	11-Apr	7:00pm
Colin Smith				
	M35-59	Long Jump	06-Apr	1:00pm
	M55-64	200m	13-Apr	9:45am
	M55-64	60m	13-Apr	2:45pm
	M30+	Triple Jump	14-Apr	8:00am
	M50-59	400m	14-Apr	10:25am
	M55-64	100m	14-Apr	11:50am
Morland Smith				
	M65+	2000m Steeplechase	04-Apr	7:45pm
	M65+	5000m	06-Apr	8:50am
	M75+	800m	13-Apr	10:55am
	M70+	1500m	14-Apr	8:15am
Sally-Anne Smith				
	W35+	1500m Race Walk	13-Apr	1:40pm
Phil Smyth				
	M65-74	Pole Vault	22-Mar	tba
	M65+	High Jump	13-Apr	11:00am
	M65+	Javelin	13-Apr	1:30pm
Norman Stanger				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M65+	Shot	13-Apr	10:00am
	M65+	Hammer	13-Apr	12:00pm
	M65+	Javelin	13-Apr	1:30pm
	M65+	Weight	14-Apr	8:15am
	M65+	Discus	14-Apr	10:30am
Matthew Staunton				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M45-64	Hammer	13-Apr	10:30am
	M45-64	Shot	13-Apr	1:30pm
	M30-64	Discus	14-Apr	9:30am
	M45-64	Weight	14-Apr	11:00am
Hazel Stephen				
	W35+	5000m	06-Apr	7:40am
	W60+	Javelin	13-Apr	9:45am
	W60+	Shot	14-Apr	9:40am
Lee Stergiou				
	M30-49	200m	13-Apr	10:00am
	M30-49	60m	13-Apr	2:55pm
	M35-49	400m	14-Apr	10:30am
	M30-49	100m	14-Apr	12:00pm
Elizabeth Szczepanska				

	W60+	Javelin	13-Apr	9:45am
	W65+	Hammer	13-Apr	2:35pm
	W60+	Discus	14-Apr	8:15am
	W60+	Shot	14-Apr	9:40am
	W60+	Weight	14-Apr	11:30am
Kim Taylor				
	M50	60m	13-Apr	2:50pm
	M50	100m	14-Apr	11:55am
Leonie Taylor				
	W30-59	Shot	14-Apr	8:15am
	W30-59	Discus	14-Apr	11:30am
Campbell Till				
	M55-64	200m	13-Apr	9:45am
	M60	400m	14-Apr	10:15am
Alex Tinniswood				
	M35-59	Long Jump	06-Apr	1:00pm
	M30-49	200m	13-Apr	10:00am
	M30-49	800m	13-Apr	11:30am
	M30+	Triple Jump	14-Apr	8:00am
	M35-49	400m	14-Apr	10:30am
	M30-49	100m	14-Apr	12:00pm
Karyn Tolardo				
	W50+	5000m Race Walk	13-Apr	8:00am
	W35+	1500m Race Walk	13-Apr	1:40pm
	W50+	3000m Race Walk	14-Apr	10:50am
Xander Van Rijen				
	M50-64	800m	13-Apr	11:20am
Hans Venter				
	M35-59	Long Jump	06-Apr	1:00pm
	M40-64	High Jump	13-Apr	10:20am
	M45-64	Shot	13-Apr	1:30pm
	M30+	Triple Jump	14-Apr	8:00am
	M50-59	400m	14-Apr	10:25am
Lyn Ventris				
	W50+	5000m Race Walk	13-Apr	8:00am
	W35+	1500m Race Walk	13-Apr	1:40pm
	W50+	3000m Race Walk	14-Apr	10:50am
Stuart Walker				
	M55-64	200m	13-Apr	9:45am
	M40-64	High Jump	13-Apr	10:20am
	M55-64	60m	13-Apr	2:45pm
	M30+	Triple Jump	14-Apr	8:00am
	M50-59	400m	14-Apr	10:25am
	M55-64	100m	14-Apr	11:50am
Cecil Walkley				
	M75+	200m	13-Apr	9:30am
	M75+	800m	13-Apr	10:55am
	M40+	1500m Race Walk	13-Apr	1:15pm
	M80+	60m	13-Apr	2:30pm
Des Walsh				
	M30+	Pentathlon	06-Apr	8:00am

	M45+	Throws Pentathlon	06-Apr	12:15pm
	M55-64	200m	13-Apr	9:45am
	M50-64	800m	13-Apr	11:20am
	M40+	1500m Race Walk	13-Apr	1:15pm
	M55-64	60m	13-Apr	2:45pm
	M30-64	Javelin	14-Apr	8:15am
	M30-64	Discus	14-Apr	9:30am
	M60	400m	14-Apr	10:15am
	M40+	3000m Race Walk	14-Apr	10:50am
	M55-64	100m	14-Apr	11:50am
Zane Walsh				
	M30-64	5000m	06-Apr	9:40am
	M30+	10000m	11-Apr	7:00pm
Andrew Ward				
	M45+	Throws Pentathlon	06-Apr	12:15pm
	M45-64	Hammer	13-Apr	10:30am
	M45-64	Shot	13-Apr	1:30pm
	M30-64	Javelin	14-Apr	8:15am
	M30-64	Discus	14-Apr	9:30am
	M45-64	Weight	14-Apr	11:00am
Clare Wardle				
	W35+	5000m	06-Apr	7:40am
	W35+	10000m	11-Apr	7:00pm
	W35+	1500m	14-Apr	8:00am
Anna Watters				
	W35+	Long Jump	06-Apr	3:00pm
	W35-54	60m	13-Apr	2:25pm
	W35-54	100m	14-Apr	12:15pm
Janne Wells				
	W30+	2000m Steeplechase	04-Apr	7:20pm
	W40+	Throws Pentathlon	06-Apr	11:30am
	W30-59	Javelin	13-Apr	11:15am
	W50-69	300m Long Hurdles	13-Apr	12:25pm
	W40-59	Hammer	13-Apr	1:00pm
	W35-54	60m	13-Apr	2:25pm
	W35+	1500m	14-Apr	8:00am
	W30-59	Shot	14-Apr	8:15am
	W30-59	Weight	14-Apr	9:45am
Barb Wilson				
	W60+	Javelin	13-Apr	9:45am
	W65+	60m	13-Apr	2:15pm
	W60+	Discus	14-Apr	8:15am
	W60+	Shot	14-Apr	9:40am
	W30-69	Triple Jump	14-Apr	10:20am
Bruce Wilson				
	M65+	2000m Steeplechase	04-Apr	7:45pm
	M65+	5000m	06-Apr	8:50am
	M65-74	800m	13-Apr	11:10am
	M65-74	300m Long Hurdles	13-Apr	12:35pm
	M40+	1500m Race Walk	13-Apr	1:15pm
	M70+	1500m	14-Apr	8:15am

Gregory Wilson

M45+	Throws Pentathlon	06-Apr	12:15pm
M65+	Shot	13-Apr	10:00am
M65+	High Jump	13-Apr	11:00am
M65+	Hammer	13-Apr	12:00pm
M65+	Javelin	13-Apr	1:30pm
M65+	Weight	14-Apr	8:15am
M65+	Discus	14-Apr	10:30am

Julie Wilson

W30+	2000m Steeplechase	04-Apr	7:20pm
W35+	5000m	06-Apr	7:40am
W35+	800m	13-Apr	10:45am
W65+	60m	13-Apr	2:15pm
W35+	1500m	14-Apr	8:00am

Dave Wyatt

M65+	Long Jump	06-Apr	2:00pm
M65+	High Jump	13-Apr	11:00am
M65	60m	13-Apr	2:40pm
M30+	Triple Jump	14-Apr	8:00am
M65	100m	14-Apr	11:45am

Gay Wyatt

W30+	Pentathlon	06-Apr	8:35am
W35+	Long Jump	06-Apr	3:00pm
W50-69	High Jump	13-Apr	8:30am
W30-69	Triple Jump	14-Apr	10:20am

Gillian Young

W30+	2000m Steeplechase	04-Apr	7:20pm
W35+	5000m	06-Apr	7:40am
W35+	10000m	11-Apr	7:00pm
W35+	1500m	14-Apr	8:00am

Sue Zlnay

W30+	2000m Steeplechase	04-Apr	7:20pm
W35+	5000m	06-Apr	7:40am
W35+	10000m	11-Apr	7:00pm
W35+	800m	13-Apr	10:45am
W35+	1500m	14-Apr	8:00am