

Saturday 30 January	Heptathlon*
Sunday 31 January	Decathlon*
Friday 12 March	Pole Vault*
Sunday 14 March	5000m Outdoor Pentathlon Throws Pentathlon High Jump
Thursday 18 March	10,000m
Thursday 25 March	2000m Steeplechase 3000m Steeplechase
Saturday 27 March	Main weekend
Sunday 28 March	

*Enter via Athletics West