

January 2019 Results

*This listing includes all events where members are known to have competed
All records are pending until ratified by the appropriate authorities*

Strive, WAAS – January 5

200m				800m			
Evan Jarvis	M30	22.17	+2.2	Chris Gould	M40	2:04.58	
Lee Stergiou	M45	24.99	+2.3	Fiona Leonard	W50	2:38.20	
John Dennehy	M55	35.17	+4.0				

Bunbury – January 5

Weight							
Brian Waldhuter	M75	8.15					
Throws pentathlon							
			Hammer	Shot	Discus	Javelin	Weight
Garry Hastie	M55		23.16	8.31	25.22	33.80	9.35
			358	519	425	518	479
		Total points	2299				
Sharon Moloney	W55		26.43	7.74	19.22	17.37	7.42
			578	513	373	342	418
		Total points	2224				

Bunbury – January 8

100m				1500m walk			
Rob Antonioli	M65	14.71		Paula Kennedy	W50	11:13.1	
Garry Hastie	M55	14.83		Luella Jenkins	W75	11:23.2	
Michael Byrne	M65	14.94		High Jump			
Brian Waldhuter	M75	16.93		Brian Waldhuter	M75	1.20	
Sharon Moloney	W55	16.98		Rob Antonioli	M65	1.05	
Paula Kennedy	W50	17.33		Ruth Johnson	W75	0.93	
Ruth Johnson	W75	19.07		Sharon Moloney	W55	0.90	
Luella Jenkins	W75	21.23		Luella Jenkins	W75	0.85	
Lyle James	M75	23.84		Javelin			
1500m				Garry Hastie	M55	34.63	
Michael Byrne	M65	6:01.7		Paula Kennedy	W50	19.73	
Rob Antonioli	M65	6:55.4		Rob Antonioli	M65	18.95	
Ruth Johnson	W75	8:41.8		Sharon Moloney	W55	14.37	
Lyle James	M75	12:51.8		Luella Jenkins	W75	13.91	
Shot				Brian Waldhuter	M75	12.76	
Garry Hastie	M55	8.82		Ruth Johnson	W75	10.29	
Paula Kennedy	W50	8.49		Lyle James	M75	9.06	
Lyle James	M75	3.18					

WAAS – January 8

100m				60m			
David Graieg	M30	12.1		Melissa Foster	W40	8.2	
Melissa Foster	W40	12.9		David Adams	M40	9.3	
David Adams	M40	14.8		Stephen Crabbe	M70	10.3	
Dave Wyatt	M65	14.5		Jenn Parker	W45	9.3	
Lisa Limonas	W50	15.0		John Dennehy	M55	10.1	
Stephen Crabbe	M70	16.6		Lynne Choate	W65	10.3	
Harry Brown	Vis	15.7		Sue Coate	W50	9.4	
John Dennehy	M55	16.6		Delia Baldock	W55	10.3	
Lynne Choate	W65	16.9		Gay Wyatt	W60	11.6	
Delia Baldock	W55	17.7					
Ivan Brown	M70	18.6					
Gay Wyatt	W60	18.8					
Georgia Brown	Vis	21.4					

800m		
David Graieg	M30	2:30.6
Ian Hannaby	M50	2:36.9
Mark Dawson	M55	2:40.1
Campbell Till	M60	2:50.0
Harry Brown	Vis	2:55.5
David Adams	M40	2:57.9
Paul Scott-Taylor	M60	3:15.0
Carmel Meyer	W55	3:42.9

5000m		
Paul Scott-Taylor	M60	21:28.5
David Graieg	M30	21:44.1
Ian Hannaby	M50	23:07.4
Mark Dawson	M55	23:12.7
Irwin Barrett-Lennard	M85	36:30.9

5000m walk		
Karyn Tolardo	W50	32:07.5

3000m		
David Adams	M40	14:06.6

Long Jump		
Jenn Parker	W45	4.47
Dave Wyatt	M65	4.41
Lisa Limonas	W50	4.40
Geoff Brayshaw	M65	4.30
Sue Coate	W50	4.05
Gay Wyatt	W60	3.30

Triple Jump		
Lisa Limonas	W50	8.88

Javelin		
Todd Davey	M50	39.00
Andrew Ward	M55	29.98
Geoff Brayshaw	M65	27.41
Sue Coate	W50	26.82
Phil Smyth	M70	25.93
Chris Schelfhout	W50	21.28
Jenn Parker	W45	20.01
Norman Stanger	M80	16.62
Rob Shand	M85	16.61
Greg Kennedy	M70	17.58
Gay Wyatt	W60	11.85

Discus		
Todd Davey	M50	48.84
Andrew Ward	M55	33.06
Jenn Parker	W45	31.84
Geoff Brayshaw	M65	30.04
Chris Schelfhout	W50	21.06
Norman Stanger	M80	18.63
Mike Anderson	M70	17.46
Rob Shand	M85	15.38

ECAC – January 10

60m		
Colin Smith	M55	8.1
Gin Ang	M50	8.4
David Adams	M40	9.5
Maureen Keshwar	W65	9.9
Greg Kennedy	M70	11.7

Terri Carr	W55	12.1
Bob Schickert	M75	12.5
Irwin Barrett-Lennard	M85	13.5
Lynne Schickert	W75	15.5
Cecil Walkley	M85	42.4

200m		
Colin Smith	M55	27.24
David Adams	M40	33.18
Maureen Keshwar	W65	35.59
Carol Bowman	W60	39.17
Greg Kennedy	M70	44.69
Irwin Barrett-Lennard	M85	53.15
Cecil Walkley	M85	2:36.92

1000m		
Matt Godfrey	M40	3:28.5
Vanessa Carson	W40	3:34.4
Andy Abbey	M50	3:47.1
Mike Meredith	Vis	4:23.0
Gillian Young	W70	4:26.8
David Carr	M85	4:39.7
Maurice Creagh	M70	4:41.1
Lori Sexton	W55	5:00.0
Terri Carr	W55	6:07.0
Irwin Barrett-Lennard	M85	6:35.8
Cecil Walkley	M85	13:39.0

1000m walk		
Karyn Tolardo	W50	5:52.2
Janne Wells	W50	6:13.7
John McDonagh	M70	6:47.9

3000m		
Vanessa Carson	W40	12:03.23
Rod Hamilton	M55	12:31.74
Matt Godfrey	M40	12:41.31
Andy Abbey	M50	13:00.11
David Adams	M40	13:50.29
Mike Meredith	Vis	14:23.62
Gillian Young	W70	14:28.27
Lori Sexton	W55	15:51.99
Maurice Creagh	M70	16:08.98
Janne Wells	W50	16:28.79
David Carr	M85	17:16.29
Bob Schickert	M75	17:48.86
Judy Davis	W55	19:21.50
Hazel Stephen	W70	22:00.03

3000m walk		
Karyn Tolardo	W50	18:48.12
John McDonagh	M70	20:26.06
Lynne Schickert	W75	25:10.18
Alun Lickfold	M50	29:37.17

Long Jump		
Maureen Keshwar	W65	3.38
Carol Bowman	W60	2.93
Kevin Collins	M50	2.76
Lynne Schickert	W75	2.31

Hammer		
Todd Davey	M50	51.76
Janne Wells	W50	25.92
Terri Carr	W55	20.12

Shot		
Todd Davey	M50	15.33
Kyle Bartlett	Vis	7.06
Terri Carr	W55	5.63

Strive, WAAS – January 12

100m

Evan Jarvis	M30	10.86	+2.8
Lee Stergiou	M45	12.31	+0.9
Colin Smith	M55	12.75	+0.9
John Dennehy	M55	16.75	+1.6

Hammer

Byrony Glass	W40	46.00
Tim Lyons	M55	30.20

400m

Evan Jarvis	M30	51.40
Colin Smith	M55	56.82
Lee Stergiou	M45	57.24

Discus

Andrew Ward	M55	31.63
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WA State Combined Events Championships, WAAS – January 12-13

Heptathlon (Open)

	100mH	HJ	Shot	200m	LJ	Jav	800m
Virginia Stasyszyn W30	16.50	1.56	10.73	27.69 w/a	5.18 w/a	35.18	2:44.91
	654	689	577	655	609	575	518
Total Points	4277						

Bunbury – January 15

60m

Garry Hastie	M55	8.8
Michael Byrne	M65	8.9
Harold Membrey	M65	9.7
Brian Waldhuter	M75	10.1
Sharon Moloney	W55	10.4
Ruth Johnson	W75	11.6
Leon Sander	M80	14.1

3000m

Michael Byrne	M65	13:51
Rob Antonioli	M65	15:20
Ruth Johnson	W75	18:24
Leon Sander	M80	24:44
Lyle James	M75	27:33

3000m walk

Garry Hastie	M55	18:44
Harold Membrey	M65	23:00
Luella Jenkins	W75	23:21

High Jump

Harold Membrey	M65	1.10
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Discus

Garry Hastie	M55	26.00
Rob Antonioli	M65	25.33
Harold Membrey	M65	22.38
Sharon Moloney	W55	20.74
Leon Sander	M80	18.74
Michael Byrne	M65	16.36
Luella Jenkins	W75	13.23
Ruth Johnson	W75	11.14
Lyle James	M75	8.06

WAAS – January 15

100m

Dave Wyatt	M65	14.4
Ann-Marie O'Donovan	W45	15.5
Gay Wyatt	W60	18.9

Harry Brown	Vis	15.4
Greg Kennedy	M70	16.0
John Dennehy	M55	16.4
Delia Baldock	W55	17.5

Seamus O'Donovan	Vis	15.9
Georgia Brown	Vis	21.2
Ivan Brown	M70	21.4
Irwin Barrett-Lennard	M85	21.6

1500m

David Graieg	M30	5:48.6
Ian Hannaby	M50	5:48.6
Stuart Manning	M40	5:49.9
Paul Scott-Taylor	M60	6:03.2
Mark Dawson	M55	6:05.2
Jason Kell	M40	6:09.7
Hans Venter	M55	6:11.6
Alan Gray	M55	6:32.8
David Baird	M75	6:50.8
Irwin Barrett-Lennard	M85	9:40.3

200m

David Graieg	M30	24.7
Wolfgang Goschl	Vis	25.7
Campbell Till	M60	27.0

David Adams	M40	30.4
Harry Brown	Vis	32.6
Mark Dawson	M55	36.9

Geoff Brayshaw	M65	33.6
David Baird	M75	34.6
Ivan Brown	M70	36.2
Greg Kennedy	M70	36.4

Carol Bowman	W60	37.0
Delia Baldock	W55	38.4
Irwin Barrett-Lennard	M85	48.5

3000m

David Graieg	M30	12:15.8
Paul Scott-Taylor	M60	12:33.1
Ian Hannaby	M50	12:41.4
Hans Venter	M55	13:39.8
Brendon Manning	Vis	15:04.6
Isaiah Manning	Vis	16:34.7
David Adams	M40	16:39.7

3000m walk

Jason Kell	M40	19:32.4
Johan Hagedoorn	M75	21:22.5

Shot

Alex De Silva	Vis	11.05
Jacob Schelfhout	Vis	10.57
Andrew Ward	M55	8.46
Chris Schelfhout	W50	7.40
Norman Stanger	M80	7.34
Jason Kell	M40	6.91
Mike Anderson	M70	6.26
Gay Wyatt	W60	6.14
Carol Bowman	W60	4.89

High Jump

Hans Venter	M55	1.53	SR
Geoff Brayshaw	M65	1.31	
Gay Wyatt	W60	1.03	
Brendon Manning	Vis	1.00	
Carol Bowman	W60	0.97	
Isaiah Manning	Vis	0.90	

Hammer

Jacob Schelfhout	Vis	48.04
Alex De Silva	Vis	44.93
Chris Schelfhout	W50	29.33
Eijeesha De Silva	Vis	26.69
Andrew Ward	M55	24.88
Norman Stanger	M80	21.45

ECAC – January 17**100m**

Colin Smith	M55	14.20
Tayla Hughes	Vis	14.41
Michelle Krokosz	W30	15.15
Jenn Parker	W45	15.59
Rod Hamilton	M55	15.98
Greg Kennedy	M70	17.33
Ranil Ratnzyeke	Vis	19.38
Irwin Barrett-Lennard	M85	22.48

Des Walsh	M60	16.93
Maureen Keshwar	W65	17.08
Tyla Lance	Vis	17.62
Ryan Lance	Vis	18.78
Delia Baldock	W55	18.95
Terri Carr	W55	21.05
Sue Hamilton	W55	22.51
Lynne Schickert	W75	27.97
Cecil Walkley	M85	1:13.17

400m

Anthony Mugavin	M35	58.66
Colin Smith	M55	75.80
Rod Hamilton	M55	76.25
Keith Redpath	M65	79.05
Lynne Schickert (walk)	W75	3:11.67
Cecil Walkley	M85	5:03.35

Carol Bowman	W60	82.72
Des Walsh	M60	87.04
David Carr	M85	87.44
Greg Kennedy	M70	1:32.17
Ryan Lance	Vis	1:32.21
Maureen Keshwar	W65	1:32.39
Delia Baldock	W55	1:32.69
Hazel Stephen	W70	2:35.19

1500m

Jaycob Kell	Vis	4:55.36
Rod Hamilton	M55	5:50.63
Paul Scott-Taylor	M60	5:51.00
Alan Gray	M55	6:17.72
Mickey Muroi	M60	6:38.44
Anthony Mugavin	M35	6:45.29
Claire Walkley	W50	7:23.55
Ryan Lance	Vis	7:24.34
Sue Hamilton	W55	7:30.09
Jason Kell	M40	7:39.35
Des Walsh	M60	8:23.82
Terri Carr	W55	9:19.80
Cecil Walkley	M85	20:09.40

1500m walk

Karyn Tolardo	W50	8:57.79
John McDonagh	M70	10:10.04

5000m

Jaycob Kell	Vis	18:58.58
Paul Scott-Taylor	M60	21:40.47
Bert Carse	M75	24:13.85
Mickey Muroi	M60	24:22.50
Jason Kell	M40	26:07.33
Claire Walkley	W50	26:27.27

5000m walk

Karyn Tolardo	W50	33:10.84
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3000m

Rod Hamilton	M55	12:58.89
Anthony Mugavin	M35	13:41.19
Alan Gray	M55	14:07.71
Sue Hamilton	W55	15:51.80
David Carr	M85	16:44.83
Des Walsh	M60	16:54.92
Irwin Barrett-Lennard	M85	20:39.28
Hazel Stephen	W70	21:59.70

3000m walk

John McDonagh	M70	20:09.41
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Long Jump

Michelle Krokosz	W30	4.41
Ryan Lance	Vis	4.41
Kevin Goodman	M60	3.90
Tyla Lance	Vis	2.61
Lynne Schickert	W75	2.31

Discus

Ossi Igel	M65	39.92
Geoffrey Gee	M65	32.42
Jenn Parker	W45	31.97
Michelle Krokosz	W30	31.60
Andrew Ward	M55	31.57
Des Walsh	M60	25.10
Kevin Goodman	M60	23.93
Garry Parker	M55	21.51
Chris Schelfhout	W50	20.61
Ranil Ratnzyeke	Vis	19.59
Terri Carr	W55	15.48
Hazel Stephen	W70	7.17

Weight

Geoffrey Gee	M65	15.84
Ossi Igel	M65	15.34
Andrew Ward	M55	10.55
Jenn Parker	W45	10.16
Chris Schelfhout	W50	9.35
Kevin Goodman	M60	9.10
Terri Carr	W55	6.24
Michelle Krokosz	W30	5.82

Strive, WAAS – January 18

100m

Melissa Foster	W40	13.05	+1.2
Lee Stergiou	M45	12.12	+2.1
Gregory Brennan	M50	12.86	+1.5

Long Jump

Melissa Foster	W40	5.13	+1.2
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200m

Lee Stergiou	M45	24.87	+1.2
John Dennehy	M55	34.16	+2.6

800m

Chris Gould	M40	2:03.56
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WAAS – January 22

60m

Reinhard Michelchen	Vis	8.3
David Adams	M40	8.8
Dave Wyatt	M65	8.8

Geoff Brayshaw	M65	9.3
Ivo Davies	M70	10.1
Johan Hagedoorn	M75	11.6
Irwin Barrett-Lennard	M85	13.3

Tory Gaglia	Vis	11.5
Bridget Gibbons	Vis	12.4
Mike Anderson	M70	12.4

200m

Alan Gray	M55	34.2
David Baird	M75	34.6
Mike Anderson	M70	46.1
Bridget Gibbons	Vis	48.4

Reinhard Michelchen	Vis	29.1
Des Walsh	M60	30.2
David Adams	M40	34.4
Ivo Davies	M70	36.0

Delia Baldock	W55	37.4
Julie Gaglia	W40	42.5
Tory Gaglia	Vis	46.7

400m

David Adams	M40	77.4
David Baird	M75	80.5
Alan Gray	M55	83.4
Paul Scott-Taylor	M60	1:30.2

Carmel Meyer	W55	1:30.2
Delia Baldock	W55	1:34.5
Lori Sexton	W55	1:49.2

3000m walk

Johan Hagedoorn	M75	20:58.7
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3000m

Isaiah Manning	Vis	17:03.7
Des Walsh	M60	18:50.1

5000m

Paul Scott-Taylor	M60	21:39.9
Stuart Manning	M40	23:01.6
David Baird	M75	25:51.1
David Adams	M40	26:03.7
Lori Sexton	W55	27:08.9
Irwin Barrett-Lennard	M85	34:29.4

Long Jump

Dave Wyatt	M65	4.57
Carol Bowman	W60	2.99

Triple Jump

Geoff Brayshaw	M65	8.69
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Javelin

Jacob Schelfhout	Vis	36.52
Andrew Ward	M55	31.29
Julie Gaglia	W40	27.89
Alex De Silva	Vis	21.42
Des Walsh	M60	20.58
Chris Schelfhout	W50	18.55
Mark Warrener	M55	18.53
Rob Shand	M85	16.42
Norman Stanger	M80	16.25
Isaiah Manning	Vis	11.64
Tory Gaglia	Vis	9.47

Hammer

Jacob Schelfhout	Vis	49.27
Alex De Silva	Vis	45.52
Eijeasha De Silva	Vis	30.71
Chris Schelfhout	W50	29.81
Andrew Ward	M55	26.90
Norman Stanger	M80	20.55

Bunbury – January 22

400m

Garry Hastie	M55	70.6
Harold Membrey	M65	85.3
Brian Waldhuter	M75	86.7
Ruth Johnson	W75	1:42.0
Leon Sander	M80	1:45.3
Sharon Moloney	W55	1:49.8
Luella Jenkins	W75	2:13.6
Lyle James	M75	2:44.8

2000m

Ruth Johnson	W75	11:52
Sharon Moloney	W55	13:20
Luella Jenkins	W75	16:32
Lyle James	M75	17:33
Leon Sander	M80	17:52

Long Jump

Brian Waldhuter	M75	3.30
Harold Membrey	M65	2.80
Ruth Johnson	W75	2.55
Luella Jenkins	W75	2.16
Leon Sander	M80	2.08
Lyle James	M75	1.28
Sharon Moloney	W55	0.86

Hammer

Sharon Moloney	W55	26.15
Garry Hastie	M55	24.43
Harold Membrey	M65	20.86
Ruth Johnson	W75	20.50
Luella Jenkins	W75	19.41
Brian Waldhuter	M75	15.92
Lyle James	M75	4.22

Strive, WAAS – January 23

100m

Gregory Brennan	M50	12.94	+2.2
Melissa Foster	W40	13.10	+3.5

1500m

Chris Gould	M40	4:20.58
Sharon Davis	W45	5:01.30

10000m walk (Open State Championships)

Andrew Duncan	M50	50:18.43
Melissa Lewis	W30	59:14.15

Hammer

Byrony Glass	W40	45.61
Tim Lyons	M55	29.65

ECAC – January 24

100m

Colin Smith	M55	14.19
Mandy Mason	W50	14.28
Maureen Keshwar	W65	16.98
Greg Kennedy	M70	17.19
Nick Fairweather	M65	17.57

David Adams	M40	15.60
Rod Hamilton	M55	16.18
Harold Membrey	M65	16.33
Bob Schickert	M75	21.68
Irwin Barrett-Lennard	M85	23.89
Lynne Schickert	W75	26.98
Cecil Walkley	M85	69.02

200m

Mandy Mason	W50	28.3
Jonathan Lester	M45	29.1
David Adams	M40	31.2
Rod Hamilton	M55	32.8
Harold Membrey	M65	33.4
Greg Kennedy	M70	37.6
Lori Sexton	W55	46.9
Cecil Walkley	M85	2:16.3

800m

Matt Godfrey	M40	2:33.8
Calum Membrey	Vis	2:51.2
Rod Hamilton	M55	2:59.4
Alan Gray	M55	3:03.0
Randy Hobbs	M55	3:05.0
Paul Scott-Taylor	M60	3:07.6
Maurice Creagh	M70	3:44.5
Cecil Walkley	M85	10:00.0

3000m

Paul Scott-Taylor	M60	12:35.3
Rod Hamilton	M55	12:51.7
Calum Membrey	Vis	13:05.8
Bert Carse	M75	13:32.0
Matt Godfrey	M40	13:57.0
Mike Meredith	Vis	14:00.2
David Adams	M40	14:20.8
Randy Hobbs	M55	15:42.2
Lori Sexton	W55	15:54.2
Carol Bowman	W60	16:15.6
Silke Peglow	W50	17:06.6
Maurice Creagh	M70	17:12.6
Bob Schickert	M75	17:57.7
Hazel Stephen	W70	21:16.7

3000m walk

Karyn Tolardo	W50	17:54.1
John McDonagh	M70	21:20.6

2000m steeplechase

Jonathan Lester	M45	8:51.08
Alan Gray	M55	9:57.37
Tracy Gallagher	W45	10:07.95
Janne Wells	W50	10:41.76
David Adams	M40	10:59.98
Julie Wilson	W65	11:26.53
John McDonagh	M70	11:28.82
Kristine Wells	Vis	11:29.50
David Carr	M85	11:53.34
Silke Peglow	W50	12:26.95
Irwin Barrett-Lennard	M85	14:54.20

Triple Jump

Jonathan Lester	M45	10.20
Michelle Krokosz	W30	9.50
Jenn Parker	W45	8.82
Maureen Keshwar	W65	6.74
Franz Schlechter	M65	6.45
Lynne Schickert	W75	4.71

Javelin

Michelle Krokosz	W30	28.26
Franz Schlechter	M65	23.67
Jenn Parker	W45	22.54
Greg Kennedy	M70	19.86
Maureen Keshwar	W65	13.12
Andrea Penny	W40	10.88
Hazel Stephen	W70	5.90

Shot

Michelle Krokosz	W30	8.75
Jenn Parker	W45	8.32
Franz Schlechter	M65	7.07
Maureen Keshwar	W65	7.64
Harold Membrey	M65	7.59
Hazel Stephen	W70	3.22

WAAS – January 29

60m			3000m		
Melissa Foster	W40	8.0	Tim Karajas	Vis	11:36.9
Gin Ang	M50	8.1	Paul Scott-Taylor	M60	12:17.1
David Adams	M40	8.8	Ian Hannaby	M50	12:34.2
Stephen Crabbe	M70	n/t	David Graieg	M30	13:09.2
			Alan Gray	M55	13:24.7
Lynne Choate	W65	10.0	Andrew Roddy	M35	13:28.9
Delia Baldock	W55	10.6	David Adams	M40	14:03.6
Irwin Barrett-Lennard	M85	12.7	David Baird	M75	14:34.3
Bridget Gibbons	Vis	13.0	Irwin Barrett-Lennard	M85	20:35.9
			Des Walsh	M60	20:44.2
100m			3000m walk		
David Graieg	M30	11.9	Karyn Tolardo	W50	17:53.0
Melissa Foster	W40	12.7	Johan Hagedoorn	M75	20:45.4
Gin Ang	M50	12.8			
Tim Karajas	Vis	14.7			
			Discus		
David Adams	M40	14.1	Tom Gravestock	M60	43.76
Des Walsh	M60	14.5	Bailey Dawson	Vis	43.43
Geoff Brayshaw	M65	14.9	Mal Clarke	M45	40.57
Julie Gaglia	W40	15.4	Alex De Silva	Vis	32.91
			Des Walsh	M60	26.11
Stephen Crabbe	M70	16.0	Julie Gaglia	W40	21.53
Lynne Choate	W65	16.4	Norman Stanger	M80	18.98
Ivan Brown	M70	17.3	Solomon Clarke	Vis	18.21
Bridget Gibbons	Vis	20.7	Mike Anderson	M70	16.91
Johan Hagedoorn	M75	18.9	Shot		
Mike Anderson	M70	21.2	Mal Clarke	M45	12.55
Irwin Barrett-Lennard	M85	21.6	Alex De Silva	Vis	11.07
			Tom Gravestock	M60	10.65
800m			Bailey Dawson	Vis	10.28
David Graieg	M30	2:22.6	Julie Gaglia	W40	7.72
Neil Morfitt	M60	2:28.2	Norman Stanger	M80	7.52
Ian Hannaby	M50	2:32.6	Mike Anderson	M70	6.23
Tim Karajas	Vis	2:47.8			
Paul Scott-Taylor	M60	3:06.1			
David Baird	M75	3:14.1			
Des Walsh	M60	3:30.9			
Ivan Brown	M70	3:31.2			
John Dennehy	M55	4:32.8			
Irwin Barrett-Lennard	M85	4:58.0			

Bunbury – January 29

200m			Triple Jump		
Garry Hastie	M55	30.50	Brian Waldhuter	M75	7.56
Harold Membrey	M65	32.87	Ruth Johnson	W75	5.61
Rob Antonioli	M65	35.15	Leon Sander	M80	4.90
Brian Waldhuter	M75	35.65	Luella Jenkins	W75	4.68
Paula Kennedy	W50	38.15			
Ruth Johnson	W75	39.79	Shot		
Leon Sander	M80	43.26	Paula Kennedy	W50	9.16
Luella Jenkins	W75	48.31	Garry Hastie	M55	8.33
Lyle James	M75	60.46	Harold Membrey	M65	7.76
			Luella Jenkins	W75	7.20
800m			Brian Waldhuter	M75	6.11
Garry Hastie	M55	3:07.2	Ruth Johnson	W75	5.46
Rob Antonioli	M65	3:13.6	Lyle James	M75	3.12
Harold Membrey	M65	3:45.5			
Ruth Johnson	W75	4:21.0			
Luella Jenkins	W75	4:56.3			
Leon Sander	M80	5:01.0			
Lyle James	M75	6:20.3			

100m

David Adams	M40	14.9
Bridget Gallagher	Vis	15.9
Des Walsh	M60	19.1
David Carr	M85	19.2

Colin Smith	M55	14.1
Michelle Krokosz	W30	14.7
Maureen Keshwar	W65	16.2
Irwin Barrett-Lennard	M85	22.9

Delia Baldock	W55	18.2
Bob Schickert	M75	20.3
Jackie Halberg	W70	22.0
Lynne Schickert	W75	25.8

200m

Colin Smith	M55	27.6
Des Walsh	M60	31.2
Alan Gray	M55	35.8
David Carr	M85	38.5

David Adams	M40	31.2
Bridget Gallagher	Vis	33.9
Irwin Barrett-Lennard	M85	51.1
Lynne Schickert	W75	60.1

1500m

Vanessa Carson	W40	5:33.1
Matt Godfrey	M40	5:39.4
Rod Hamilton	M55	5:42.8
Paul Scott-Taylor	M60	6:07.8
Bert Carse	M75	6:09.3
Bridget Gallagher	Vis	6:53.3
Lori Sexton	W55	7:43.5
Silke Peglow	W50	8:23.6

3000m

Rod Hamilton	M55	12:25.6
Vanessa Carson	W40	13:36.8
Matt Godfrey	M40	13:37.2
David Adams	M40	16:02.6
Bob Schickert	M75	17:54.3
Irwin Barrett-Lennard	M85	20:23.1

5000m

Paul Scott-Taylor	M60	21:49.4
Lori Sexton	W55	26:36.6
Tracy Gallagher	W45	26:58.7
Silke Peglow	W50	29:47.4

1500m walk

Karyn Tolardo	W50	8:41.7
David Adams	M40	13:03.3
Des Walsh	M60	14:32.6

3000m walk

David Carr	M85	22:44.0
Lynne Schickert	W75	25:52.6

5000m walk

Karyn Tolardo	W50	31:17.5
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80m hurdles

Michelle Krokosz	W30	14.9
Janne Wells	W50	19.3

Maureen Keshwar	W65	18.9
David Adams	M40	22.1
Des Walsh	M60	45.2

Long Jump

Michelle Krokosz	W30	4.08
Matt Godfrey	M40	3.97
Des Walsh	M60	3.57
David Adams	M40	3.38
Maureen Keshwar	W65	3.15

Hammer

Alex De Silva	Vis	49.05
Ossi Igel	M65	31.57
Janne Wells	W50	31.07
Jim Davis	M80	30.65
Andrew Ward	M55	28.11

Weight

Alex De Silva	Vis	13.70
Ossi Igel	M65	13.11
Andrew Ward	M55	10.48
Janne Wells	W50	10.46