

VETRUN EXTRA – 2009/10 SPECIAL PERFORMANCES

This “Extra” has been compiled from reports by Campbell Till, the club’s hard-working statistician.

Campbell has extracted the 90%-plus aged graded performances by MAWA athletes throughout the 2009/10 club year and listed them on the following page.

Also added is the complete list of records set at the recent National Masters Championships, **Perth 2010**.

90+ Percent Age Graded Performances **1/4/09 to 31/3/10**

David Carr M77	400m 67.67	99.41%
David Carr M76	2kSC 9:01.98	98.75%
David Carr M76	800m 2:38.53	95.99%
Bert Carse M67	2kSC 8:05.83	95.24%

Lyn Ventris W52	5k Walk 24:19.33	93.46%
Peggy Macliver W65	200m 32.15	92.45%
Bert Carse M67	1500m 5:03.88	92.21%
Lyn Ventris W52	10k Walk 51:35.0	91.74%
Neil Morfitt M54	800m 2:11.48	91.47%
Peggy Macliver W65	100m 15.51	91.46%
Barrie Kernaghan M69	200m 28.03	91.30%
David Clive M72	100m 13.95	91.18%
Peggy Macliver W65	400m 73.24	90.99%
David Clive M72	200m 29.27	90.88%
Alan Gower M54	1500m 4:35.3	90.66%
Lynne Choate W56	100m 14.41	90.43%
Scott Tamblin M30	800m 1:51.81	90.43%
Byrony Glass W32	Weight 17.59m	90.16%

(11 athletes)

In this period: *134 State Records*

21 Australian Records (Cam Yorke 2, Scott Tamblin 4, Irwin Barrett-Lennard 2, Byrony Glass, Rae McMillan 2, Lorraine Lopes, Peggy Macliver, 8 relays)

1 World Record (M80 4x800 relay)

W.A. RECORDS @ AMA CHAMPIONSHIPS PERTH 2010

EVENT	AGE	NAME	PERF	DATE	WA	AUS	ET or HT	%
60 Metres	M70	Barrie Kernaghan	8.59	2-Apr-10	S		ET (+1.9)	
60 Metres	M90	Peter Kennedy	15.91	2-Apr-10	U		ET (+3.3)	
100 Metres	M35	Brett Blanco	11.44	2-Apr-10	S		ET (+1.3)	87.76%
1500m Walk	M90	Peter Kennedy	16:11.60	2-Apr-10	S	A	ET	60.50%
Long Jump	M90	Peter Kennedy	1.60	2-Apr-10	S		0.0	54.42%
Hammer Throw	M40	Sakkie Mathewson	37.98	2-Apr-10	S			49.93%
Hammer Throw	M85	Wilf Chapman	17.30	2-Apr-10				48.34%
Hammer Throw	M90	Peter Kennedy	7.96	2-Apr-10	S			29.39%
Shot Put	M55	Geoffrey Gee	12.86	2-Apr-10	S			72.45%
Shot Put	M85	Wilf Chapman	7.42	2-Apr-10				60.97%
Shot Put	M90	Peter Kennedy	4.62	2-Apr-10	S			49.04%
60 Metres	W65	Peggy Macliver	9.43	2-Apr-10	S	A	HT (+2.0)	
100 Metres	W55	Lynne Choate	13.99	2-Apr-10	S		ET (+2.0)	94.07%
100 Metres	W65	Peggy Macliver	15.42	2-Apr-10	S		ET (+0.8)	92.80%
800 Metres	W70	Lorraine Lopes	3:32.97	2-Apr-10	S		ET	83.70%
10,000 Metres	W70	Lorraine Lopes	50:48.70	2-Apr-10	S		ET	91.31%
1500 Metres Walk	W75	Sylvia Byers	10:57.92	2-Apr-10	S		ET	76.01%
1500 Metres Walk	W80	Lorna Lauchlan	11:55.36	2-Apr-10	S		ET	75.71%
Hammer Throw	W30	Byrony Glass	58.72	2-Apr-10				82.72%
Hammer Throw	W60	Kate Glass	34.20	2-Apr-10				67.76%
200 Metres	M90	Peter Kennedy	66.78	3-Apr-10	U		ET (+2.6)	61.40%
1500 Metres	M80	Irwin Barrett-Lennard	7:18.54	3-Apr-10	S		ET	75.33%
2000m Steeplechase	M65	Bert Carse	8:03.71	3-Apr-10	S		ET	95.66%
Discus Throw	M85	Wilf Chapman	18.82	3-Apr-10	S			58.25%
Discus Throw	M90	Peter Kennedy	11.11	3-Apr-10				43.74%
Javelin Throw	M40	Paul Foley	43.57	3-Apr-10	S			53.39%
Javelin Throw	M75	Rob Shand	25.56	3-Apr-10	S			57.36%
Javelin Throw	M85	Wilf Chapman	15.03	3-Apr-10	S			39.93%
Javelin Throw	M90	Peter Kennedy	10.12	3-Apr-10	S			36.80%
5000 Metres Walk	W75	Sylvia Byers	38:07.90	3-Apr-10	S		ET	80.04%
5000 Metres Walk	W80	Lorna Lauchlan	40:13.87	3-Apr-10	S		ET	83.18%
Javelin Throw	W30	Kate Adams	34.52	3-Apr-10	S			47.29%
Javelin Throw	W60	Kate Glass	23.92	3-Apr-10	S			57.21%
Javelin Throw	W80	Raema McMillan	15.34	3-Apr-10	S	A		69.51%

400 Metres	M90	Peter Kennedy	3:06.12	4-Apr-10	S	ET	53.19%
Triple Jump	M90	Peter Kennedy	3.47	4-Apr-10	S		52.58%
Pole Vault	M70	Don Chambers	2.03	4-Apr-10	S		61.33%
Hammer Throw	M85	Wilf Chapman	19.42	4-Apr-10	S		54.26%
Heavy Weight Throw	M85	Wilf Chapman	8.24	4-Apr-10			59.41%
Shot Put	M85	Wilf Chapman	7.61	4-Apr-10	S		62.53%
Throws Pentathlon	M40	Sakkie Mathewson	2473	4-Apr-10	S		
Throws Pentathlon	M85	Wilf Chapman	3209	4-Apr-10	S		
4 x 100 Metres Relay	M45	MAWA Team	49.86	4-Apr-10	S	ET	
4 x 100 Metres Relay	M45	Marty Campbell	49.86	4-Apr-10	S		
4 x 100 Metres Relay	M45	Campbell Till	49.86	4-Apr-10	S		
4 x 100 Metres Relay	M45	Greg Vander Sanden	49.86	4-Apr-10	S		
4 x 100 Metres Relay	M45	Colin Smith	49.86	4-Apr-10	S		
300 Metres Hurdles	W65	Ruth Johnson	71.46	4-Apr-10	S	ET	77.22%
Hammer Throw	W60	Kate Glass	35.31	4-Apr-10	S		69.96%
Hammer Throw	W80	Raema McMillan	22.36	4-Apr-10	S		
Heavy Weight Throw	W40	Louise Oswald	9.21	4-Apr-10	S		56.69%
Heavy Weight Throw	W60	Kate Glass	12.90	4-Apr-10	S		69.95%
Javelin Throw	W55	Lisa Kirsch	24.58	4-Apr-10	S		52.02%
Throws Pentathlon	W40	Louise Oswald	2588	4-Apr-10	S		
Throws Pentathlon	W80	Raema McMillan	##4817	4-Apr-10	S		
1500 Metres	M90	Peter Kennedy	14:29.78	5-Apr-10	S	ET	53.63%
Discus Throw	M90	Peter Kennedy	11.23	5-Apr-10	S		44.21%
Heavy Weight Throw	M85	Wilf Chapman	8.81	5-Apr-10	S		63.52%
Javelin Throw	M35	Mark Jeffery	49.61	5-Apr-10	S		52.56%
Pentathlon	M35	Mark Jeffery	2872	5-Apr-10	S	ET	
Pentathlon	M40	Chris Neale	2936	5-Apr-10	S	ET	
Pentathlon	M90	Peter Kennedy	1359	5-Apr-10	S	ET	
10K Road Walk	W80	Lorna Lauchlan	82:18.4	5-Apr-10	S		87.38%
Heavy Weight Throw	W30	Byrony Glass	17.75	5-Apr-10	S		92.59%
Pentathlon	W30	Melissa Foster	2017	5-Apr-10	S	ET	
Pentathlon	W40	Simone Solomon	1870	5-Apr-10	S	ET	
Pentathlon	W45	Sharon Moloney	2298	5-Apr-10	S	ET	
Pentathlon	W55	Lynne Choate	2753	5-Apr-10	S	ET	
Pentathlon	W65	Peggy Macliver	3858	5-Apr-10	S	ET	

3 Australian Records

61 State Records

+ 2 Pentathlons (M35 & M40)

+ 3 windy M90's