

**WA State Records - Weight Throw**

	<b>M30</b>	<b>M35</b>	<b>M40</b>	<b>M45</b>	<b>M50</b>	<b>M55</b>
Jan-80						
Jan-85						
Jan-90						
Jan-95						Jeff Whittam 7.41
Jan-00	Gavin Hames 12.00		Russell Smith 6.51	Bruce Cornish 7.03	Murray Tolbert 10.81	Arnold Jenkins 7.54
Jan-05	Mark Hamilton 13.07	Stephen Noteboom 11.36	Russell Smith 6.51	Geoffrey Gee 10.69	Geoffrey Gee 14.76	Murray Tolbert 10.82
Jan-10	Mark Hamilton 13.07	Mark Hamilton 13.46	Sakkie Mathewson 11.56	Geoffrey Gee 10.69	Lajos Joni 15.30	Geoffrey Gee 14.96
	<b>M60</b>	<b>M65</b>	<b>M70</b>	<b>M75</b>	<b>M80</b>	<b>M85</b>
Jan-80						
Jan-85						
Jan-90						
Jan-95						
Jan-00	Bob Fergie 13.20	Alex Cummings 12.76	Bill Chapman 12.05	Bill Chapman 11.52	Sydney Coleman 10.99	
Jan-05	Bob Fergie 13.20	Alex Cummings 12.76	Alex Cummings 13.98	Bill Chapman 11.52	Sydney Coleman 10.99	
Jan-10	Bob Fergie 13.20	Alex Cummings 12.76	Alex Cummings 13.98	Bill Chapman 11.52	Bill Chapman 11.02	Peter Kennedy 5.27
	<b>W30</b>	<b>W35</b>	<b>W40</b>	<b>W45</b>	<b>W50</b>	<b>W55</b>
Jan-80						
Jan-85						
Jan-90						
Jan-95						Dorothy Whittam 8.24
Jan-00	Katrina Spilsbury 6.59	Sandra Smith 8.15	Sandra Smith 8.25	Eileen Hindle 8.81	Eileen Hindle 9.55	Dorothy Whittam 8.24
Jan-05	Tracey Brown 12.18	Sandra Smith 8.15	Sandra Smith 8.25	Eileen Hindle 8.81	Kate Glass 12.79	Eileen Hindle 9.30
Jan-10	Byrony Glass 17.59	Sandra Smith 8.15	Sandra Smith 8.25	Eileen Hindle 8.81	Kate Glass 12.79	Kate Glass 12.79
	<b>W60</b>	<b>W65</b>	<b>W70</b>	<b>W75</b>	<b>W80</b>	
Jan-80						
Jan-85						
Jan-90						
Jan-95						
Jan-00	Dorothy Whittam 10.33	Lorna Lauchlan 7.86	Raema McMillan 7.32	Phyllis Head 3.70		
Jan-05	Dorothy Whittam 10.33	Dorothy Whittam 10.50	Raema McMillan 8.75	Raema McMillan 7.75	Phyllis Head 3.24	
Jan-10	Bev Hamilton 12.35	Dorothy Whittam 10.50	Dorothy Whittam 9.40	Raema McMillan 9.86	Raema McMillan 9.33	* <<< new weight