

SUMMARY OF STATE RECORDS FOR 2008

MEN

(* = unjudged walk – club best)

60m M30 (7.32, Brett Blanco, 2006)	Cameron Yorke	6.9
60m M45 (7.8, D. Carr, J. Stone, G. vander Sanden, 78, 98, 04)	Colin Smith Colin Smith	7.94 7.89
60m M75 (10.7, Gordon Medcalf, 2005)	David Carr	9.5
100m M75 (16.2, Syd Coleman, 1991 & Gordon Medcalf, 2005)	David Carr	15.3
200m M75 (31.8, David Carr, 2007)	David Carr David Carr	30.2 30.40
400m M30 (50.17, Cameron Yorke, 2007)	Cameron Yorke Cameron Yorke Cameron Yorke Cameron Yorke	49.96 49.72 49.17 49.13
400m M75 (67.8, David Carr, 2007)	David Carr David Carr	67.7 (AR) 66.92 (AR)
800m M30 (1:58.60, Cameron Yorke, 2007)	Cameron Yorke Cameron Yorke	1:56.50 1:55.84
800m M75 (2:34.3, David Carr, 2007)	David Carr	=2:34.3 (AR & WR)
1000m M65 (3:20.0, David Carr, 1999)	Bert Carse	3:19.7
1000m M75 (4:02.4, David Carr, 2007)	David Carr	3:34.2
1500m M75 (5:28.1, David Carr, 2007)	David Carr	=5:28.1 (AR)
10000m M75 (47:43.19, Irwin Barrett-Lennard, 2005)	David Carr	47:23.3
100mH M50 (17.7, Keith Martin, 1994)	Garry Ralston Garry Ralston	17.6 17.47
400m Hurdles M30 (55.46, Cameron Yorke, 2006)	Cameron Yorke Cameron Yorke	55.20 (AR) 54.83 (AR)
2000m SC M65 (8:08.6, Dave Simmonds, 2000)	Bert Carse	8:07.04
2000m SC M75 (11:26.6, Cec Walkley, 2006)	David Carr David Carr	9:17.60 (AR) 8:56.59 (AR & WR)
10k Road M75 (46:16, Irwin Barrett-Lennard, 2005)	David Carr	45:52

1500mW M45 (6:48.7, John Mison, 1996)	Garry Hastie	6:35.3
3000mW M45 (14:44.1, John Mison, 1994)	Garry Hastie	14:41.3
10000mW M45 (64:24, Alex Cummings, 1976)	Garry Hastie	55:43.8
*Half Marathon Walk M45	Garry Hastie	1:52:25
4x100 Relay M30 (inaugural)	MAWA	49.1
4x100 Relay M35 (49.17, MAWA, 2003)	MAWA	48.77
4x100 Relay M50 (inaugural)	MAWA	55.7
4x100 Relay M65 (inaugural)	MAWA	61.2
4x400 Relay M30 (inaugural)	MAWA	3:46.3
4x400 Relay M50 (4:06.53, MAWA, 2006)	MAWA	4:02.8
4x400 Relay M60 (inaugural)	MAWA	4:29.2
4x800 Relay M30 (inaugural)	MAWA	9:21.0 (AR)
4x800 Relay M50 (inaugural)	MAWA	9:22.9
4x800 Relay M55 (inaugural)	MAWA	12:00.4
4x800 Relay M60 (inaugural)	MAWA	10:54.1
4x800 Relay M65 (inaugural)	MAWA	11:19.6 (AR)
4x800 Relay M75 (inaugural)	MAWA	16:07.1 (AR)
4x1500 Relay M35 (inaugural)	MAWA	20:11.9 (AR&WR)
4x1500 Relay M40 (inaugural)	MAWA	22:12.4
4x1500 Relay M50 (inaugural)	MAWA	20:40.0
4x1500 Relay M55 (inaugural)	MAWA	23:38.9
4x1500 Relay M60 (23:12.0, 2007)	MAWA	21:48.4 (AR&WR)
4x1500 Relay M65 (22:25.9, 2007)	MAWA	22:15.3 (AR)
4x1500 Relay M75 (inaugural)	MAWA	34:17.0 (AR&WR)

Triple Jump M70 (7.99, Leon Sander, 2007)	Don Chambers	8.23m
Pole Vault M70 (inaugural)	Don Chambers	1.50m
Hammer M50 (37.03, Geoff Gee, 2007)	John Everard	42.94m
Heavy Weight M40 (6.51, Russell Smith, 1996)	Kevin Webster	9.37m
Heavy Weight M55 (11.54, Rocky Cloete, 2006)	Geoff Gee	13.50m
Javelin M30 (47.10, Gavin Hames, 1996)	Matt Staunton	49.07m
Javelin M65 (32.10, Jim McMillan, 1993)	Peter Gare	32.87m
Javelin M75 (24.44, Rob Shand, 2007)	Rob Shand	24.69m
Shot M55 (11.32, Rocky Cloete, 2006)	Geoff Gee	12.12m
Pentathlon M35 (2734 points, Greg Vander Sanden, 1996)	Chris Neale	2746 points
Pentathlon M65 (2993 points, David Carr, 2001)	Peter Gare	3103 points
Pentathlon M75 (2106 points, Syd Coleman, 1994)	David Carr David Carr	3151 points 3462 points (AR)
Decathlon M70 (inaugural)	Don Chambers	5295 points
Weight Pentathlon M40 (1551 points, Russell Smith, 1996)	Ian Cotton	2199 points
Weight Pentathlon M60 (2952 points, Ed Carroll, 2002)	Stan Selby	2970 points

WOMEN

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60 metres W55 (10.0, Pat Carr & Dorothy Anderson, 1990)	Lynne Choate Lynne Choate	9.2 9.0
Mile W60 (6:54.9, Jackie Halberg, 2007)	Gillian Young	6:39.8
5000m W60 (22:02.9, Gillian Young, 2007)	Gillian Young	21:41.0
10000m W60 (47:44.4, Gillian Young, 2007)	Gillian Young	46:03.1
15k Road W60 (76:51, Marg Forden, 2003)	Gillian Young	70:57
16k Road W55 (1:17:15, Gillian Young, 2007)	Liz Neville	1:14:28

Half Marathon W60 (1:46:22, Gillian Young, 2007)	Gillian Young	1:45:41
Marathon W55 (3:45:20, Marg Forden, 2001)	Liz Neville	3:28:54
Marathon W60 (3:56:37, Marg Forden, 2003)	Gillian Young	3:50:22
50k Road W40 (inaugural)	Geraldine Carlton	5:12:34
50k Road W50 (4:42:10, Christine Pattison, 2006)	Christine Pattison	4:28:17
1500mW W60 (9:21.9, Luella Jenkins, 2002)	Val Millard	8:59.2
1500mW W75 (12:38.8, Glenice Shanahan, 1999)	Lorna Lauchlan	12:09.0
Mile W W60 (10:16.2, Lynne Schickert, 2001)	Val Millard	9:31.2
3000mW W60 (18:59.7, Lynne Schickert, 2003)	Val Millard	18:49.3
5000mW W60 (33:31.3, Val Millard, 2007)	Val Millard	31:55.19
20kW W50 (1:54:52, Lyn Ventris, 2007)	Lyn Ventris	1:45:13 (AB&WB)
*Half Mara Walk W50	Lyn Ventris	1:49:31
4x100 Relay W60 (inaugural)	MAWA	72.9
4x400 Relay W50 (inaugural)	MAWA	5:54.2
4x400 Relay W60 (inaugural)	MAWA	6:09.8
4x800 Relay W40 (inaugural)	MAWA	12:48.6
4x800 Relay W45 (inaugural)	MAWA	11:53.3
4x800 Relay W60 (inaugural)	MAWA	13:04.9
4x1500 Relay W35 (inaugural)	MAWA	25:01.1 (AR)
4x1500 Relay W45 (inaugural)	MAWA	24:32.0 (AR&WR)
4x1500 Relay W60 (inaugural)	MAWA	26:47.3 (AR&WR)
High Jump W35 (1.55, Carolyn Wills, 2005)	Carolyn Wills	1.56m
Discus W30 (37.79, Bryony Glass, 2007)	Byrony Glass	39.36m
Discus W80 (inaugural)	Rae McMillan	17.29m (AR)

Hammer W30	Byrony Glass	54.12m (AR)
	Byrony Glass	54.22m (AR)
	Byrony Glass	55.17m (AR)
	Byrony Glass	55.76m (AR)
	Byrony Glass	56.23m
<i>(53.93, Byrony Glass, 2007)</i>		
Hammer W70	Dorothy Whittam	20.53m
<i>(18.07, Rae McMillan, 2000)</i>		
Heavy Weight W30	Byrony Glass	16.44m (AR)
<i>(16.41, Bryony Glass, 2007)</i>		
Heavy Weight W70	Dorothy Whittam	8.89m
<i>(8.75, Rae McMillan, 2000)</i>		
Heavy Weight (4kg) W80	Rae McMillan	9.33m (AR)
<i>(inaugural)</i>		
Javelin W80	Rae McMillan	14.93m (AR?)
<i>(13.87, Rae McMillan, 2007)</i>		
Shot W30	Byrony Glass	12.07m
	Byrony Glass	12.12m (twice)
<i>(12.03, Byrony Glass, 2007)</i>		
Shot W55	Kate Glass	10.40m
<i>(10.37, Kate Glass, 2005)</i>		
Shot (2kg Trial) W80	Rae McMillan	7.12m (AR)
<i>(6.76, Rae McMillan, 2007)</i>		
Weight Pent. W30	Byrony Glass	3580 points (AR)
	Byrony Glass	3604 points
<i>(3573 pts, Byrony Glass, 2007)</i>		
Weight Pent. W45	Sharon Moloney	2546 points
<i>(2254 pts, Eileen Hindle, 1998)</i>		
Weight Pent. W55	Kate Glass	3902 points
<i>(3888 pts, Kate Glass, 2005)</i>		
Weight Pent. W60	Bev Hamilton	3157 points
<i>(3023 pts, Dorothy Whittam, 1997)</i>		