

TFNL

The Track and Field
Newsletter of MAWA



Season 4 Issue 9

STATE CHAMPIONSHIPS

APRIL 2011

Masters fly high



**Photo
Wrap –
Inside**

Delia Baldock is a picture of concentration as she clears a hurdle.
Photo: GRAEME DAHL

Black Swan Event FP State Athletics Championships



Niamh Keane crosses the finish line to take gold in the 800m.

Roll of Honour

(State Championships confirmed records, all SR, all ECAC)

	March 10			Chris Tittel	M80	Hammer	27.95m
Stan Jones	M85	5000m walk	40:20.0	Paul Jeffrey	M35	Javelin	49.93m
	March 19			Sharon Moloney	W45	Javelin	24.26m
Stan Selby	M65	Throws Pent	3114pts	Keith Martin	M65	High Jump	1.30m=
Bev Hamilton	W65	Throws Pent	3533pts	Bob Fergie	M75	High Jump	1.10m
Melissa Foster	W30	Pent	2198pts		April 3		
Cathy McCloskey	W45	Pent	2370pts	Darryl Lette	M40	60m	7.61
	April 2			Peter Kennedy	M90	60m	17.16
Garry Ralston	M55	100m	12.59*	Garry Ralston	M55	60m	8.04*
Irwin Barrett-Lennard	M80	1500m	7:16.6	Peggy Macliver	W65	800m	3:04.6
Garry Ralston	M55	100m hurdles	18.01	Stan Jones	M85	1500m walk	11:30.27
Sylvia Byers	W75	3000m walk	23:41.5	Peter Kennedy	M90	Triple Jump	3.73m
Stan Jones	M85	3000m walk	23:37.3	Kate Glass	W60	Weight Throw	13.44m
Lorna Lauchlan	W80	3000m walk	25:02.3	Jim Davis	M75	Weight Throw	12.06m
				Mark Hamilton	M40	Weight Throw	12.22m
				Chris Tittel	M80	Shot Put	8.74m

* *Fastest ET*

Black Swan Event FP State Athletics Championships



Lap scorers counting down in the 5000m.



Check-in chief Anthea Chaney hunts down runners.



Starter Tom Lenane chats with timekeeper Robin King



Fiona Leonard (left) compares notes with fellow 1500m medal winners Julie Keeley, Niamh Keane and Margaret Saunders.



Carol Bowman presents Ross Keane with his medal.

Black Swan Event FP State Athletics Championships



They're off .. Niamh Keane (left) and Margaret Saunders get the jump on the field.



Andrew Brooker (left) and Greg Vander Sanden lead the field.



Nick Miletic heads Morland Smith.

Women's 1500m			Men's 1500m					
W30			M35			2 Hewitt, Brian	M57	5:15.64
1 Hynds, Melissa	W34	6:33.26	1 Thomas, Kim	M37	4:44.7h	3 Sheehan, Daniel	M57	5:26.33
W40			M40			M60		
1 Leonard, Fiona	W44	5:34.98	1 Brooker, Andrew	M42	4:32.2h	1 Dahl, Graeme	M61	5:36.08
2 Keeley, Julie	W44	7:21.03	2 Collier, John	M44	5:08.2h	2 Creagh, Maurice	M64	6:01.36
W45			M45			3 Miletic, Nick	M60	6:35.00
1 Keane, Niamh	W45	5:13.89	1 Keane, Ross	M49	4:51.7h	M65		
2 Walkley, Claire	W45	7:16.31	2 Colton, Robert	M47	5:23.5h	1 Carse, Bert	M69	5:27.34
W55			M50			2 Schickert, Bob	M69	5:52.07
1 Saunders, Marg	W57	5:37.06	1 Vander Sanden, G	M52	4:41.4h	3 Brown, Ivan	M66	5:57.00
2 Beck, Hilary	W56	6:32.81	2 Kennedy, Martin	M53	5:02.3h	M70		
W60			3 Moore, Stuart	M51	5:13.1h	1 Smith, Morland	M73	6:27.61
1 Young, Gillian	W63	6:15.08	4 Leonard, Simon	M51	5:32.7h	2 O'Reilly, Mike	M71	7:09.95
1 Prescott, Valerie	W67	9:53.98	5 Billington, Allan	M50	5:59.2h	M75		
W70			5 Rubick, Wayne	M51	5:59.2h	1 Carr, David	M78	5:47.46
1 Lopes, Lorraine	W71	7:34.96	M55			M80		
			1 Hicks, Clive	M58	5:02.67	1 Barrett-Lennard, I	M81	7:16.57
						2 Walkley, Cecil	M81	8:35.71

Black Swan Event FP State Athletics Championships



Cathy McCloskey strides out as she leads Sharon Moloney and Fran Cherry in their 100m race.

Women's

100m

W30

1 Foster, Melissa	W32	13.30
2 Milicich, Marguerita	W32	14.64
3 Hynds, Melissa	W34	16.58

W40

1 Leonard, Fiona	W44	14.95
2 Crouch, Regina	W42	16.85

W45

1 McCloskey, Cathy	W47	14.3h
2 Moloney, Sharon	W48	14.5h
3 Cherry, Frances	W47	15.5h
4 Baldock, Delia	W49	15.9h
5 Cox, Debra	W47	17.6h

W50

1 O'Callaghan, Bernie	W50	16.9h
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W55

1 Choate, Lynne	W58	14.66
2 Wilson, Barbara	W59	17.44
3 Bowman, Carol	W56	18.00
4 Beck, Hilary	W56	21.15

W60

1 Ladwig, Sarah	W61	19.29
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W65

1 Macliver, Peggy	W66	15.59
2 Painter, Brenda	W66	17.02
3 Jenkins, Luella	W68	18.96

W75

1 Carr, Patricia	W79	21.29
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Melissa Foster heads Marguerita Milicich and Fiona Leonard.



Peggy Macliver



Lynne Choate

Black Swan Event FP State Athletics Championships



Nigel Jones breaks in the M45 100m. The race was won by Martin Campbell (far right) from Rudy Kocis (far left).



Garry Ralston and Pieter de Klerk.



Chris Neale (third from right) gets a lightning start in the M35-44 event.

Men's 100m			
M35			
1 Staunton, Matt	M37	13.04	
M40			
1 Neale, Chris	M41	12.00	
2 Lette, Darryl	M43	12.03	
3 Elms, Mark	M44	12.55	
4 Williams, Richard	M40	13.00	
5 Taylor, Andrew	M44	13.22	
M45			
1 Campbell, Martin	M46	12.12	
2 Kocis, Rudy	M49	12.17	
3 Smith, Colin	M48	12.84	
-- Jones, Nigel	M48	DQ	
M50			
1 de Klerk, Pieter	M51	13.57	
2 Billington, Allan	M50	15.20	
3 Dennehy, John	M51	15.36	
M55			
1 Ralston, Garry	M55	12.59	
2 Membrey, Harold	M59	14.92	
3 Hanson, Damien	M57	15.16	
M60			
1 Greenhalgh, Rob	M60	14.09	
2 Miletic, Nick	M60	15.07	
M65			
1 Fearnall, Roy	M67	13.94	
M70			
1 Kernaghan, B	M70	14.12	
2 Neale, David	M71	18.49	
M75			
1 Crossen, Tom	M76	19.69	
M80			
1 Medcalf, Gordon	M81	18.45	
2 Foley, Derry	M81	18.76	
M90			
1 Kennedy, Peter	M90	30.36	



Rudy Kocis powers down the straight.

Black Swan Event FP State Athletics Championships



Chris Neale pips Mark Elms for golden glory in the M40.



Campbell Till returns to form.



PEGGY MACLIVER



PIETER DE KLERK



Fiona Leonard ignores the pain to set a PB of 68.62secs. Cathy McCloskey running second across the line secured gold in W45 from Delia Baldock (far left).

Women's 400m			Men's 400m			M55		
W30			M35			1 Sheehan, Daniel	M57	1:11.93
1 Hynds, Melissa	W34	1:23.31	1 Thomas, Kim	M37	1:05.54	2 Membrey, Harold	M59	1:13.26
W40			M40			M60		
1 Leonard, Fiona	W44	1:08.62	1 Neale, Chris	M41	56.94	1 Miletic, Nick	M60	1:15.65
2 Crouch, Regina	W42	1:32.55	2 Elms, Mark	M44	57.36	M65		
W45			3 Williams, Richard	M40	1:00.16	1 Fearnall, Roy	M67	1:06.48
1 McCloskey, Cathy	W47	1:10.56	M45			2 Brown, Ivan	M66	1:17.01
2 Baldock, Delia	W49	1:16.13	1 Smith, Colin	M48	57.50	3 Brambley, John	M69	1:28.89
W50			2 Cotton, Ian	M46	57.78	M70		
1 O'Callaghan, Bernie	W50	1:20.99	3 Campbell, Martin	M46	58.98	1 Kernaghan, Barrie	M70	1:07.64
W55			4 Foley, Paul	M45	71.49	2 O'Reilly, Mike	M71	1:24.31
1 Saunders, Margaret	W57	1:14.77	M50			M75		
2 Bowman, Carol	W56	1:21.26	1 Vander Sanden, G	M52	58.25	1 Carr, David	M78	1:16.71
3 Beck, Hilary	W56	1:34.61	2 Till, Campbell	M53	59.31	M80		
W60			3 de Klerk, Pieter	M51	1:01.15	1 Barrett-Lennard, I	M81	1:30.43
1 Young, Gillian	W63	1:26.09	4 Billington, Allan	M50	1:11.07	2 Walkley, Cecil	M81	1:59.11
W65			5 Dennehy, John	M51	1:11.75			
1 Macliver, Peggy	W66	1:14.77						
2 Prescott, Valerie	W67	2:09.36						

Black Swan Event FP State Athletics Championships



SARAH LADWIG



DAVID SMYTH



LYNNE SCHICKERT



LYN VENTRIS



GARRY HASTIE

WOMEN

1500m walk

W40			
1 Crouch, Regina	W42	11:32.08	
W50			
1 Ventriss, Lynette	W54	7:06.85	
W55			
1 Wilson, Julie	W57	10:54.34	
W60			
1 Ladwig, Sarah	W61	9:57.17	
2 Mison, Michele	W63	10:16.24	
W65			
1 Schickert, Lynne	W69	10:40.58	
2 Hopkins, Patricia	W68	12:18.69	
W80			
1 Lauchlan, Lorna	W81	12:07.27	
W40			
1 Crouch, Regina	W42	28:00.9h	
W50			
1 Ventriss, Lynette	W54	15:08.3h	
W55			
1 Wilson, Julie	W57	22:44.8h	

W60

1 Ladwig, Sarah	W61	20:38.6h
2 Mison, Michele	W63	22:17.1h

W65

1 Schickert, Lynne	W69	22:12.6h
2 Hopkins, Patricia	W68	24:55.6h

W75

1 Byers, Sylvia	W76	23:41.5h
2 Medcalf, Noela	W76	25:21.8h

W80

1 Lauchlan, Lorna	W81	25:02.30
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MEN

1500m walk

M40		
1 Smyth, David	M41	7:54.96
M45		
1 Hastie, Garry	M49	6:53.65
M55		
1 Membrey, Harold	M59	10:40.13
M65		
1 Hopper, Peter	M66	9:53.40

M70

1 Doye, Peter	M70	10:00.37
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M75

1 Whittam, Jeffrey	M76	11:56.06
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M85

1 Jones, Stanley	M85	11:30.27
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3000m walk

M40

1 Smyth, David	M41	17:10.4h
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M45

1 Hastie, Garry	M49	17:01.2h
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M55

1 Membrey, Harold	M59	21:26.7h
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M65

1 Hopper, Peter	M66	21:00.6h
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M70

1 Doye, Peter	M70	20:45.8h
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M75

1 Smith, John	M76	21:23.0h
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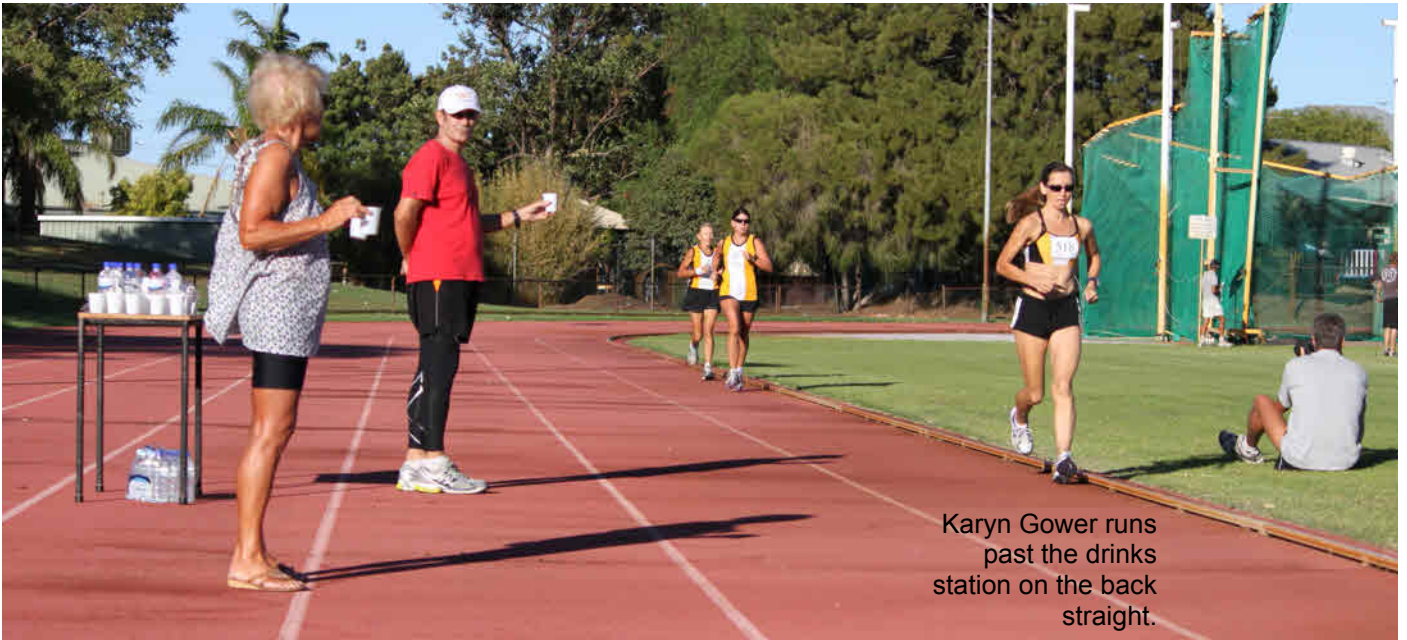
2 Hall, Ray	M77	22:03.7h
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-- Whittam, Jeffrey	M76	DQ
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M85

1 Jones, Stanley	M85	23:37.3h
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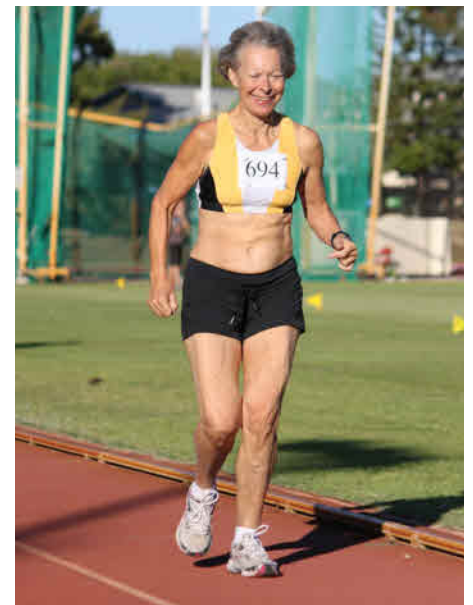
Black Swan Event FP State Athletics Championships



Karyn Gower runs past the drinks station on the back straight.



Bernadette Benson powers to the finish line. INSET: Bernadette sets a cracking pace to dominate the race.



LORETTA SHILLINGLAW



JULIE WILSON



MELISSA HYNDS

Women's 5000m	
W30	
1 Hynds, Melissa	W34 24:47.5h
W35	
1 Farr, Trisha	W39 22:39.7h
W40	
1 Benson, Bernadette	W41 20:32.2h
2 Keeley, Julie	W44 27:34.9h
W45	
1 Walkley, Claire	W45 25:55.4h
W50	
1 Gower, Karyn-Sue	W51 22:55.6h
W55	
1 Wilson, Julie	W57 26:27.4h
W60	
1 Young, Gillian	W63 22:57.5h
W65	
1 Shillinglaw, Loretta	W69 32:57.0h

Black Swan Event FP State Athletics Championships



Paul Mitchell (right) and Andrew Brooker lead the field.



Brian Bennett battles the heat.



George Fish leads Bert Carse and Graeme Dahl.

Photo: TOM LENANE

Men's 5000m

M35

1 Thomas, Kim M37 19:19.1h

M40

1 Mitchell, Paul M40 17:10.1h

2 Brooker, Andrew M42 17:55.0h

3 Collier, John M44 20:23.9h

4 Giacomini, Dante M42 21:22.0h

M45

1 Keane, Ross M49 19:32.6h

M50

1 Scott, Trevor M51 17:39.2h

2 Kennedy, Martin M53 18:27.1h

3 Leonard, Simon M51 21:41.8h

4 Rubick, Wayne M51 25:52.0h

M55

1 Hicks, Clive M58 18:55.8h

2 Hewitt, Brian M57 19:55.80

3 Maher, Chris M57 20:09.8h

4 Sheehan, Daniel M57 20:47.9h

M60

1 Dahl, Graeme M61 21:01.2h

2 Bennett, Brian M63 21:41.3h

3 Creagh, Maurice M64 22:27.3h

M65

1 Carse, Bert M69 20:29.8h

2 Schickert, Bob M69 23:10.3h

M70

1 Smith, Morland M73 24:27.0h

M75

1 Simmonds, David M76 26:54.0h

M80

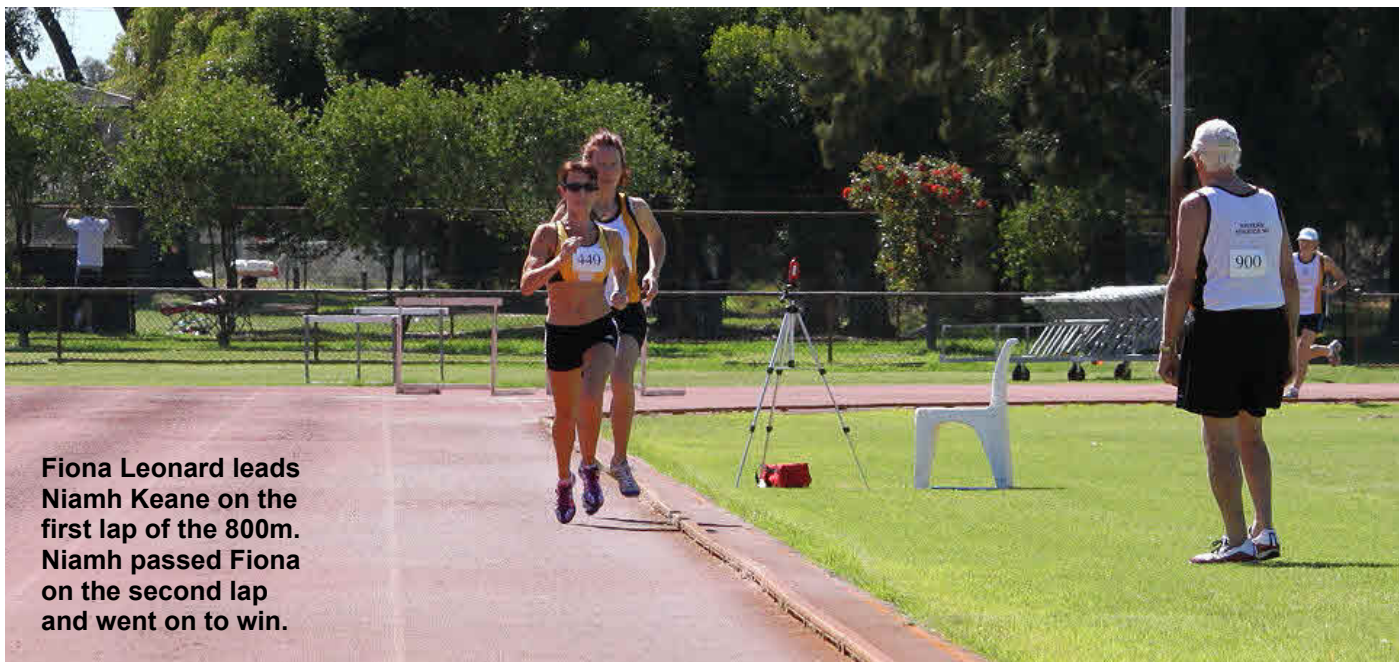
1 Barrett-Lennard, IM81 25:57.5h

2 Walkley, Cecil M81 36:39.4h

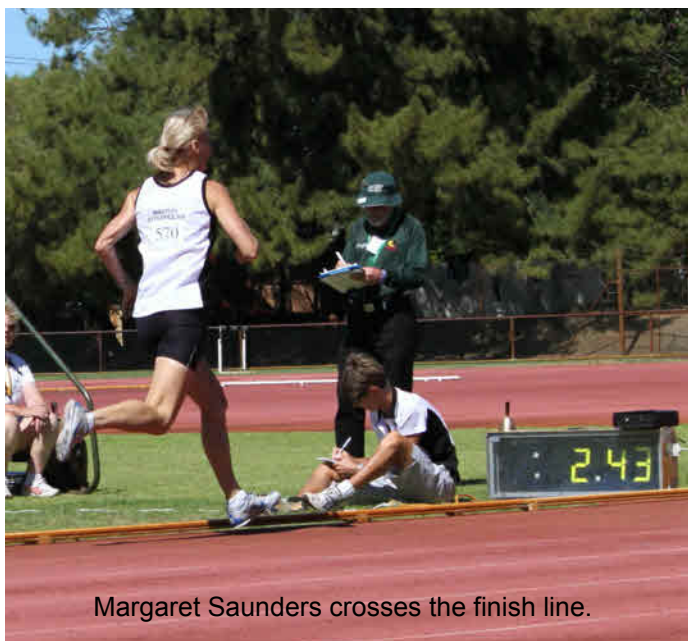


Brian Hewitt cools down.

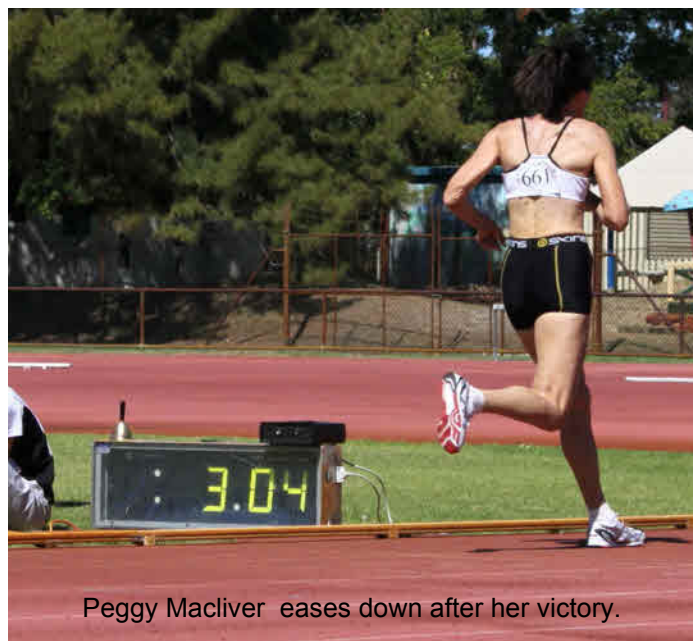
Black Swan Event FP State Athletics Championships



Fiona Leonard leads Niamh Keane on the first lap of the 800m. Niamh passed Fiona on the second lap and went on to win.



Margaret Saunders crosses the finish line.



Peggy Macliver eases down after her victory.

Women's 800m		Men's 800m		M60	
W30		M35		1 Dahl, Graeme	M61 2:43.44
1 Hynds, Melissa	W34 3:08.94	1 Thomas, Kim	M37 2:24.41	2 Creagh, Maurice	M64 3:00.29
W40		M40		3 Miletic, Nick	M60 3:10.27
1 Leonard, Fiona	W44 2:41.61	1 Van Rijen, Xander	M43 2:05.21	M65	
2 Keeley, Julie	W44 3:50.65	2 Collier, John	M44 2:31.98	1 Carse, Bert	M69 2:43.09
3 Crouch, Regina	W42 4:34.44	M45		2 Schickert, Bob	M69 2:52.32
W45		1 Colton, Robert	M47 2:28.37	3 Brown, Ivan	M66 2:59.07
1 Keane, Niamh	W45 2:36.06	M50		4 Brambley, John	M69 3:33.71
W55		1 Vander Sanden, G	M52 2:25.27	M70	
1 Saunders, Margaret	W57 2:43.77	2 Moore, Stuart	M51 2:26.90	1 Smith, Morland	M73 3:03.74
2 Bowman, Carol	W56 3:11.77	3 Leonard, Simon	M51 2:45.42	2 O'Reilly, Mike	M71 3:09.88
3 Wilson, Julie	W57 3:42.82	4 Billington, Allan	M50 2:51.61	3 Gare, Peter	M70 3:13.28
W60		5 Dennehy, John	M51 2:59.32	M75	
1 Young, Gillian	W63 3:06.64	M55		1 Carr, David	M78 2:46.08
W65		1 Sheehan, Daniel	M57 2:47.30	M80	
1 Macliver, Peggy	W66 3:04.65	2 Membrey, Harold	M59 3:12.42	1 Walkley, Cecil	M81 4:41.36
2 Prescott, Valerie	W67 4:48.19				

Black Swan Event FP State Athletics Championships



MAIN PHOTO: Colin Smith and Rudy Kocis power off their blocks.



Delia Baldock, Sharon Moloney, Cathy McCloskey and Fiona Leonard accelerate into the bend.



Roy Fearnall (centre) leads Irwin Barrett-Lennard and Tom Crossen from the start.

Women's 200m		W75		2 Billington, Allan	M50	31.03	
W30		1 Carr, Patricia	W79	49.48	M51	31.68	
1 Milicich, Marguerita	W32	Men's 200m		M55			
W40		1 Lette, Darryl	M43	24.69	1 Ralston, Garry	M55	26.43
1 Leonard, Fiona	W44	2 Elms, Mark	M44	25.44	2 Membrey, Harold	M59	31.03
2 Crouch, Regina	W42	3 Williams, Richard	M40	26.76	3 Hanson, Damien	M57	31.55
W45		4 Taylor, Andrew	M44	27.44	M60		
1 McCloskey, Cathy	W47	5 Schutze, Mark	M44	29.35	1 Miletic, Nick	M60	31.67
2 Moloney, Sharon	W48	6 Collins, Kevin	M43	35.01	M65		
3 Baldock, Delia	W49	M45			1 Fearnall, Roy	M67	29.02
W50		1 Campbell, Martin	M46	25.20	2 Brown, Ivan	M66	34.87
1 O'Callaghan, Bernie	W50	2 Kocis, Rudy	M49	25.33	M70		
W55		3 Smith, Colin	M48	26.20	1 Kernaghan, Barrie	M70	28.17
1 Bowman, Carol	W56	4 Foley, Paul	M45	27.06	M75		
W60		M50			1 Crossen, Tom	M76	45.75
1 Ladwig, Sarah	W61	1 Vander Sanden, G	M52	27.38	M80		
W65					1 Barrett-Lennard, I	M81	37.89
1 Macliver, Peggy	W66						

Black Swan Event FP State Athletics Championships



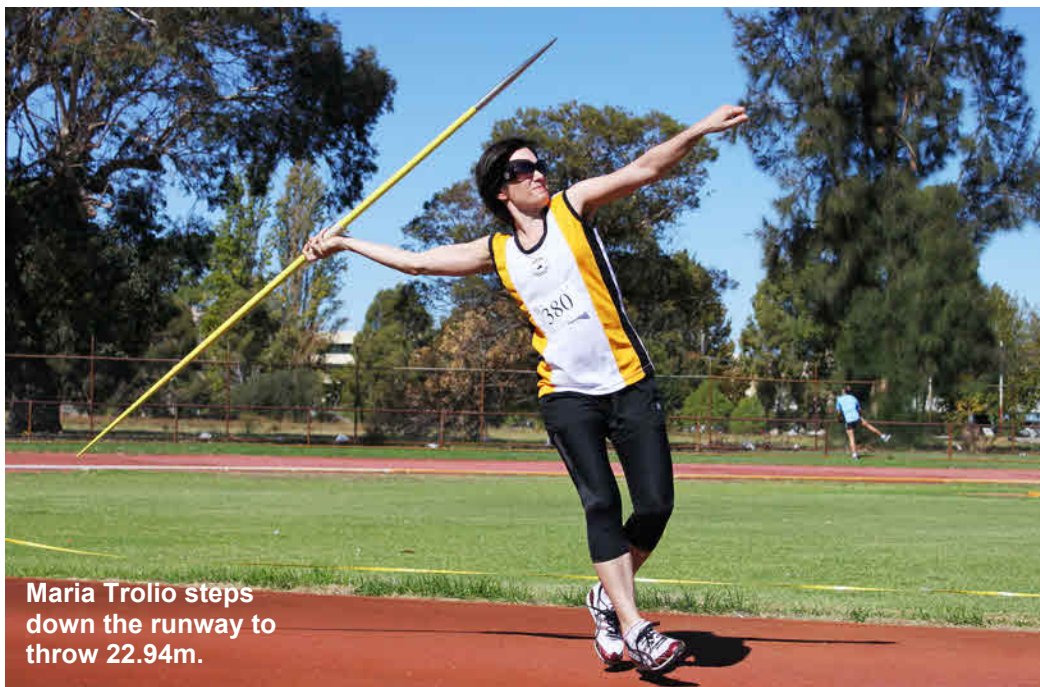
ABOVE: Darryl Lette heads Mark Elms, Matt Staunton (inside lane), Richard Williams and Andrew Taylor in the M35-44 race.



LEFT: Fran Cherry (left), Cathy McCloskey, Sharon Moloney and Delia Baldock battle for the lead in the W45 contest.

Women's 60m			W65			M50		
W30			1 Macliver, Peggy	W66	9.91	1 Billington, Allan	M50	9.60
1 Foster, Melissa	W32	8.39	2 Painter, Brenda	W66	10.52	2 Dennehy, John	M51	9.68
2 Milicich, Marguerita	W32	9.21	3 Jenkins, Luella	W68	11.42	M55		
3 Hynds, Melissa	W34	10.53	4 Schickert, Lynne	W69	13.09	1 Ralston, Garry	M55	8.04
W40			W75			2 Wyatt, Dave	M59	8.82
1 Leonard, Fiona	W44	9.50	1 Carr, Patricia	W79	12.45	3 Membrey, Harold	M59	9.63
2 Crouch, Regina	W42	10.73	Men's 60m			M60		
W45			M35			1 Brayshaw, Geoff	M61	9.12
1 McCloskey, Cathy	W47	8.85	1 Staunton, Matt	M37	8.10	2 Miletic, Nick	M60	9.76
2 Moloney, Sharon	W48	9.09	M40			M65		
3 Cherry, Frances	W47	9.27	1 Lette, Darryl	M43	7.61	1 Fearnall, Roy	M67	8.83
4 Baldock, Delia	W49	10.08	2 Elms, Mark	M44	8.06	2 Miller, Ted	M66	9.29
W55			3 Williams, Richard	M40	8.24	M70		
1 Choate, Lynne	W58	9.07	4 Taylor, Andrew	M44	8.29	1 Kernaghan, Barrie	M70	8.89
2 Wilson, Barbara	W59	10.87	M45			M75		
3 Bowman, Carol	W56	10.99	1 Kocis, Rudy	M49	7.83	1 Crossen, Tom	M76	12.31
W60			2 Campbell, Martin	M46	7.90	M80		
1 Ladwig, Sarah	W61	12.03	3 Smith, Colin	M48	8.20	1 Foley, Derry	M81	12.40
						M90		
						1 Kennedy, Peter	M90	17.16

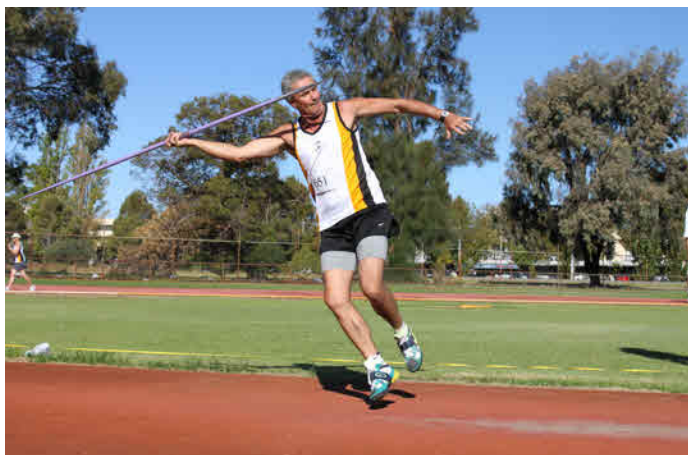
Black Swan Event FP State Athletics Championships



Maria Trolio steps down the runway to throw 22.94m.



GREG WILSON



Stan Selby shows his gold medal winning style.



JULIE WILSON



JULIE PLACKETT

Women's javelin

W35

1 Trolio, Maria W38 22.94m

W40

1 Plackett, Julie W41 17.51m

2 Crouch, Regina W42 13.86m

W45

1 Moloney, Sharon W48 24.26m

W55

1 Wilson, Barbara W59 18.75m

2 Szczepanska, E W59 18.69m

3 Wilson, Julie W57 9.56m

W60

1 Glass, Kathryn W61 23.44m

2 Turner, Stella W64 12.21m

3 Streeter, June W61 11.21m

W65

1 Hamilton, Bev W65 18.90m

2 Jenkins, Luella W68 17.88m

3 Painter, Brenda W66 15.51m

4 Prescott, Valerie W67 13.86m

W70

1 Campbell, Barbara W73 13.36m

2 Whittam, Dorothy W74 13.24m

3 Flanders, Maggie W74 11.29m

W75

1 Medcalf, Noela W76 10.91m

W80

1 McMillan, Raema W83 14.01m

Men's javelin

M35

1 Frew, Mark M35 46.65m

2 Staunton, Matt M37 43.03m

3 Thomas, Kim M37 34.25m

M40

1 Lette, Darryl M43 38.59m

2 Elms, Mark M44 36.35m

3 Hamilton, Mark M40 33.74m

M45

1 Foley, Paul M45 41.59m

2 Cotton, Ian M46 37.22m

3 Ward, Andrew M49 35.16m

4 Hastie, Garry M49 30.28m

M50

1 Rubick, Wayne M51 22.66m

2 Dennehy, John M51 13.53m

M55

1 Gee, Geoffrey M57 36.42m

2 Gravestock, Tom M55 32.20m

3 Hanson, Damien M57 30.17m

4 Joni, Lajos M55 25.20m

M60

1 Brayshaw, Geoff M61 32.59m

2 Wilson, Greg M63 28.93m

M65

1 Selby, Stan M65 36.20m

M70

1 O'Reilly, Mike M71 20.10m

M75

1 Fergie, Bob M75 21.00m

2 Davis, James M77 17.00m

M80

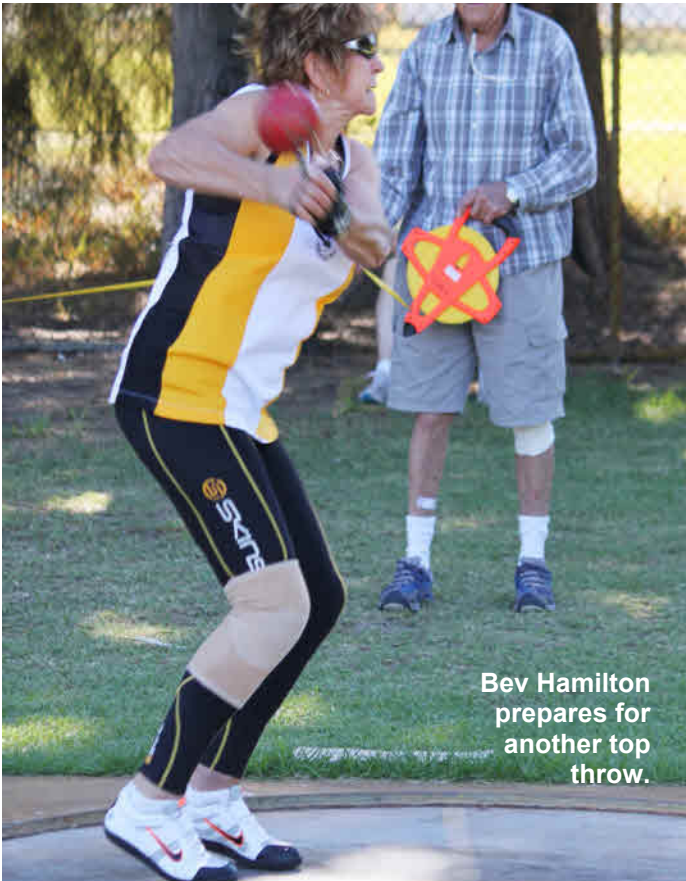
1 Medcalf, Gordon M81 17.28m

2 Tittel, Christian M82 15.15m

M90

1 Kennedy, Peter M90 9.37m

Black Swan Event FP State Athletics Championships



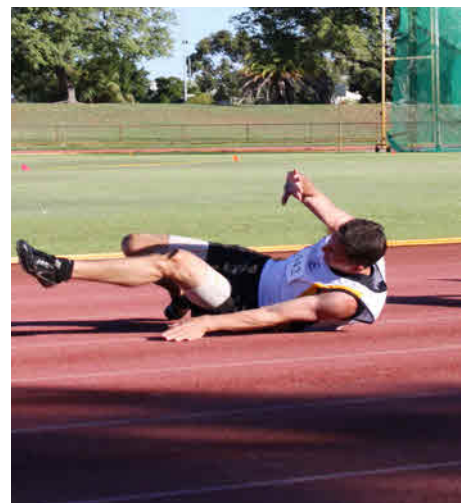
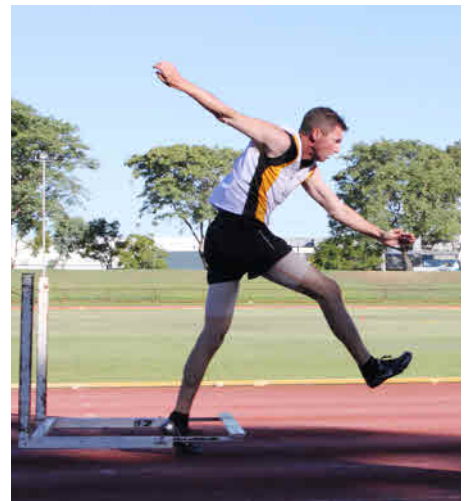
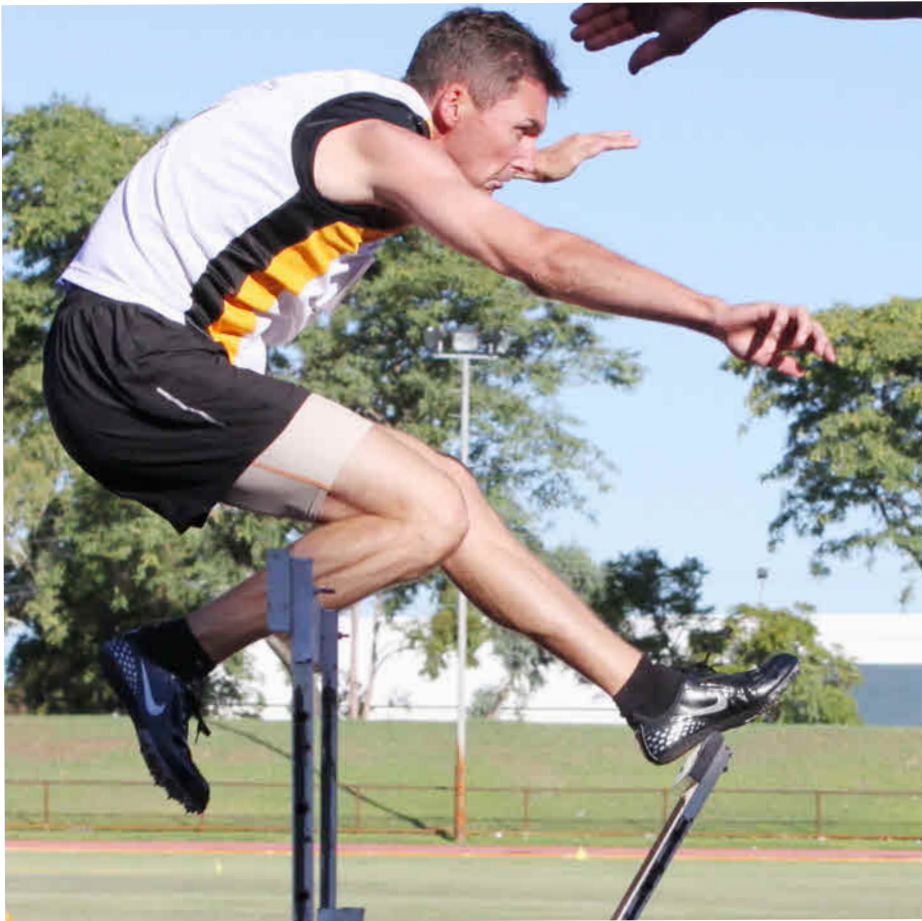
Bev Hamilton prepares for another top throw.



Luella Jenkins concentrates on her style.

WOMEN			W40			W61		
Discus			1 Plackett, Julie	W41	25.44m	3 Streeter, June	W61	6.99m
W30			W45			W65		
1 Glass, Byrony	W33	33.69m	1 Moloney, Sharon	W48	22.53m	1 Hamilton, Beverley	W65	11.04m
W40			W50			2 Jenkins, Luella	W68	8.88m
1 Plackett, Julie	W41	24.10m	1 Everard, Kylie	W51	26.26m	W70		
W45			W55			1 Whittam, Dorothy	W74	8.53m
1 Moloney, Sharon	W48	19.02m	1 Szczepanska, E	W59	29.62m	W80		
2 Cox, Debra	W47	17.43m	W60			1 McMillan, Raema	W83	7.93m
W55			1 Glass, Kathryn	W61	34.32m	Shot Put		
1 Szczepanska, E	W59	23.02m	2 Streeter, June	W61	15.76m	W30		
2 Wilson, Barbara	W59	15.78m	3 Turner, Stella	W64	15.58m	1 Glass, Byrony	W33	11.13m
3 Wilson, Julie	W57	10.42m	W65			W40		
W60			1 Hamilton, Beverley	W65	28.44m	1 Plackett, Julie	W41	6.61m
1 Glass, Kathryn	W61	23.67m	2 Jenkins, Luella	W68	14.87m	2 Crouch, Regina	W42	5.64m
2 Streeter, June	W61	14.47m	W70			W45		
3 Turner, Stella	W64	12.78m	1 Whittam, Dorothy	W74	18.49m	1 Moloney, Sharon	W48	7.36m
W65			W75			2 Cox, Debra	W47	6.00m
1 Hamilton, Beverley	W65	21.69m	1 Medcalf, Noela	W76	15.48m	W55		
2 Jenkins, Luella	W68	15.57m	W80			1 Szczepanska, E	W59	8.97m
3 Prescott, Valerie	W67	14.24m	1 McMillan, Raema	W83	20.03m	2 Wilson, Barbara	W59	7.03m
W70			Weight Throw			W60		
1 Campbell, Barbara	W73	19.71m	W30			1 Glass, Kathryn	W61	9.79m
2 Whittam, Dorothy	W74	12.48m	1 Glass, Byrony	W33	16.06m	2 Turner, Stella	W64	6.35m
3 Flanders, Maggie	W74	9.60m	W40			3 Streeter, June	W61	6.06m
W75			1 Plackett, Julie	W41	8.28m	W65		
1 Carr, Patricia	W79	14.16m	W45			1 Hamilton, Beverley	W65	8.61m
W80			1 Moloney, Sharon	W48	7.45m	2 Jenkins, Luella	W68	6.87m
1 McMillan, Raema	W83	14.81m	W55			W70		
2 Lauchlan, Lorna	W81	11.24m	1 Szczepanska, E	W59	11.30m	1 Campbell, Barbara	W73	6.59m
Hammer			W60			2 Whittam, Dorothy	W74	6.37m
W30			1 Glass, Kathryn	W61	13.44m	W80		
1 Glass, Byrony	W33	52.64m	2 Turner, Stella	W64	7.57m	1 McMillan, Raema	W83	6.83m
						2 Lauchlan, Lorna	W81	6.37m

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GOING, going, gone. Mark Elms clips a hurdle and then catches his foot in the displaced hurdle and falls to the ground.

Photos: GRAEME DAHL

WOMEN

80m hurdles

W45

1 Baldock, Delia W49 16.0h

W65

1 Jenkins, Luella W68 20.9h

100m Hurdles

W30

1 Milicich, Marguerita W32 20.79

400m hurdles

W45

1 Baldock, Delia W49 87.58

MEN

80m hurdles

M70

1 Neale, David M71 20.2h

100m hurdles

M55

1 Ralston, Garry M55 18.01

110m hurdles

M40

-- Elms, Mark M44 DQ

M45

1 Campbell, Martin M46 21.1h

400m hurdles

M45

1 Hastie, Garry M49:18.72

2 Campbell, Martin M46:20.20



Martin Campbell sails over the hurdle in the 110m event.

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Delia Baldock jumps over the bar on her way to winning gold with a jump of 1.2m.



LEFT: Mark Schutze on his way to securing a gold medal.



Julie Wilson attempts to clear the bar.

HIGH HUMP

Women

W45

1 Baldock, Delia	W49	1.20m
2 Cherry, Frances	W47	1.05m

W55

1 Wilson, Julie	W57	1.00m
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W65

1 Painter, Brenda	W66	1.00m
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Men

M40

1 Schutze, Mark	M44	1.50m
2 Collins, Kevin	M43	1.20m

M45

1 Foley, Paul	M45	1.45m
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M55

1 Wyatt, Dave	M59	1.45m
2 Ralston, Garry	M55	1.35m
3 Membrey, Harold	M59	1.15m

M60

1 Wilson, Greg	M63	1.30m
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M65

1 Martin, Keith	M67	1.30m
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M75

1 Fergie, Bob	M75	1.10m
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Melissa Foster sails through the air in the W30 long jump.



REGINA CROUCH



GARRY RALSTON

WOMEN				W45				M65				
Long Jump								M70				
W30				1 Baldock, Delia	W49	8.44m		1 Martin, Keith	M67	4.10m		
1 Foster, Melissa	W32	5.12m		2 McCloskey, Cathy	W47	8.09m		M75				
W40				3 Moloney, Sharon	W48	7.37m		1 Neale, David	M71	2.79m		
1 Crouch, Regina	W42	3.33m		4 Cox, Debra	W47	6.72m		M80				
W45				W55				1 Crossen, Tom	M76	2.40m		
1 McCloskey, Cathy	W47	4.03m		1 Wilson, Barbara	W59	6.88m		M81				
2 Baldock, Delia	W49	3.93m		W65				1 Foley, Derry	M81	2.89m		
3 Cox, Debra	W47	3.27m		1 Painter, Brenda	W66	7.07m		M90				
4 Moloney, Sharon	W48	3.19m		2 Schickert, Lynne	W69	5.62m		1 Kennedy, Peter	M90	1.53m		
W55				MEN				Triple Jump				
1 Wilson, Barbara	W59	3.46m		Long Jump				M40				
2 Wilson, Julie	W57	2.66m		M40			1 Neale, Chris	M41	6.00m			
W60				1 Schutze, Mark	M44	5.28m		2 Schutze, Mark	M44	7.25m		
1 Ladwig, Sarah	W61	2.91m		3 Elms, Mark	M44	5.14m		M45				
W65				4 Collins, Kevin	M43	3.77m		1 Smith, Colin	M48	8.65m		
1 Painter, Brenda	W66	3.23m		M45				M55				
2 Jenkins, Luella	W68	2.78m		1 Kocis, Rudy	M49	4.95m		1 Ralston, Garry	M55	10.86m		
3 Schickert, Lynne	W69	2.52m		2 Ward, Andrew	M49	4.56m		2 Wyatt, Dave	M59	9.36m		
W75				3 Smith, Colin	M48	4.25m		M60				
1 Carr, Patricia	W79	2.69m		M50				1 Brayshaw, Geoff	M61	8.61m		
Triple Jump				1 Dennehy, John	M51	3.83m		M65				
W30				M55				1 Martin, Keith	M67	9.17m		
1 Foster, Melissa	W32	10.37m		1 Ralston, Garry	M55	5.57m		M80				
W40				2 Wyatt, Dave	M59	4.90m		1 Foley, Derry	M81	6.22m		
1 Crouch, Regina	W42	6.57m		M60				M90				
				1 Brayshaw, Geoff	M61	4.00m		1 Kennedy, Peter	M90	3.73m		

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Man mountain Matt Staunton heaves the hammer.



Greg Urbanowicz steadies as he releases the hammer



Paul Foley dances across the circle.

Discus				M65				M45			
M30				1 Selby, Stan	M65	34.59m		1 Foley, Paul	M45	27.25m	
1 Urbanowicz, Greg	M32	35.23m		2 Young, Rob	M66	32.47m		2 Ward, Andrew	M49	14.14m	
M35				M70				M50			
1 Staunton, Matt	M37	39.68m		1 Gare, Peter	M70	34.63m		1 Miller, Brian	M53	33.07m	
M40				2 Carroll, Edmund	M70	31.51m		M55			
1 Hamilton, Mark	M40	33.43m		3 O'Reilly, Mike	M71	21.43m		1 Joni, Lajos	M55	43.30m	
2 Lette, Darryl	M43	27.92m		M75				2 Gee, Geoffrey	M57	33.04m	
M45				1 Davis, James	M77	28.68m		3 Gravestock, Tom	M55	30.63m	
1 Cotton, Ian	M46	34.84m		2 Fergie, Bob	M75	23.54m		M60			
2 Foley, Paul	M45	28.47m		3 Whittam, Jeffrey	M76	16.35m		1 Wilson, Greg	M63	22.26m	
3 Ward, Andrew	M49	23.76m		M80				M65			
M50				1 Tittel, Christian	M82	21.97m		1 Selby, Stan	M65	25.99m	
1 Miller, Brian	M53	24.59m		M90				2 Young, Rob	M66	18.43m	
2 Dennehy, John	M51	17.51m		1 Kennedy, Peter	M90	9.63m		M70			
M55								M75			
1 Gravestock, Tom	M55	38.60m						1 Davis, James	M77	31.50m	
2 Joni, Lajos	M55	28.79m						2 Fergie, Bob	M75	28.04m	
3 Membrey, Harold	M59	18.18m						3 Whittam, Jeffrey	M76	20.73m	
M60								M80			
1 Wilson, Greg	M63	30.29m						1 Tittel, Christian	M82	26.72m	
2 Brayshaw, Geoff	M61	27.79m						M90			
								1 Kennedy, Peter	M90	7.49m	

