

AUSTRALIAN MASTERS ATHLETICS

Championships

Canberra 2013



Results

VALE – Greg Gilbert

Greg Gilbert, the Chief Throws Referee at the 2013 AMA Championships in Canberra, passed away on 16 April just two weeks after the Championships. Greg was on the way to his NSW north coast home after having officiated at yet another championships - the Australian Open Athletics Championships in Sydney.

Greg was a well-known technical official who has made a huge contribution to the sport of athletics locally and nationally. He was the backbone of track and field preparation and equipment maintenance for ACT Athletics, ACT Veterans Athletics Club and most athletics competitions at the AIS Athletics track, and was a key technical official at most Australian Athletics Championships and AWD Championships. Greg's technical involvement also extended to international athletic competitions including the 1985 World Cup in Athletics in Canberra, the 1996 World Junior Championships and 2000 Olympic Games in Sydney.

Greg's passing is a sad loss for both his family and the athletic community - his knowledge, technical skills, attention to detail and commitment to all facets of the sport will be greatly missed.



Greg in his element with a visiting Korean Athlete - AIS CAnberra
(Photo: David Tarbottom)

Contents

Reflection on Canberra 2013	4	Women - Throws Pentathlon	18
AMA Championship Statistics	5	Women - Pentathlon	21
CHAMPIONSHIP AWARDS			
Athletes of the Meet	6	Color Photo Insert	24-27
Champion of Champions Sprint Winners	6	(photos also pps 7, 41, 50 and inside back cover)	
Champion of Champion Throws Winners	6		
Royce Foley Award Winner	6		
Brian Foley Award Winner	6		
2013 AMA AWARDS	6		
RECORDS set at the 2013 Championships	7		
RESULTS			
Women - Sprints			
60 Metres	8	Men - Sprints	
100 Metre	8	60 Metres	28
200 Metres	9	100 Metre	29
400 Metres	9	200 Metres	30
Women - Middle Distance	10	400 Metres	31
800 Metres	10	Men - Middle Distance	
1500 Metre	10	800 Metres	31
Women - Long Distance & Cross Country	11	1500 Metre	31
5000 Metres	11	Men - Long Distance & Cross Country	
10000 Metres	11	5000 Metres	31
8K Cross Country	11	10000 Metres	32
Women - Hurdles & Steeplechase	12	8K Cross Country	32
Short Hurdles	12	Men - Hurdles & Steeplechase	
Long Hurdles	12	Short Hurdles	34
2000 Metre Steeplechase	12	Long Hurdles	34
Women - Jumps	12	2000 Metre Steeplechase	35
High Jump	12	Men - Jumps	
Long Jump	13	High Jump	35
Triple Jump	13	Long Jump	35
Pole Vault	13	Triple Jump	36
Women - Throws	13	Pole Vault	36
Shot Put	13	Men - Throws	
Discus	14	Shot Put	37
Hammer	14	Discus	37
Javelin	15	Hammer	38
Weight Throw	15	Javelin	38
Women - Walks	16	Weight Throw	39
1500 Metre Race Walk	16	Men - Walks	
5000 Metre Race Walk	16	1500 Metre Race Walk	40
10K Road Walk	16	5000 Metre Race Walk	40
Women - Relays	17	10K Road Walk	40
4 X 100 Metre Relay	17	Men - Relays	
4 X 400 Metre Relay	17	4 X 100 Metre Relay	40
4 X 800 Metre Relay	17	4 X 400 Metre Relay	41
Women - Champion of Champions	17	Men - Champion of Champions	
Champion Of Champions Sprint	17	Champion Of Champions Sprint	41
Champion Of Champions Throws	17	Champion Of Champions Throws	41
		Men - Throws Pentathlon	42
		Men - Pentathlon	46

Reflections on Canberra 2013

The dust has settled, the javelins have been stored, the hurdles are back in the shed, and the starters guns and stopwatches are silent - the 2013 Australian Masters Athletics Championship held in Canberra in its Centenary year has been and gone.

I think it would be fair to say that these Championships were an outstanding success, and a few people have described them as the best AMA Championships ever (shades of the Olympics!).

The AIS athletics track, the walks and cross country venues were all beautifully prepared and the competition was conducted smoothly and successfully, with minimal hiccups. The weather, always a key element to the success of any Championships, was perfect as is typical in Canberra over Easter - mild sunny days with the occasional hint of a breeze.

The 640 athletes that ran, jumped, walked and threw their lives away over Easter had a most enjoyable and successful Championships - certainly the numbers, the second highest ever at an AMA Championship, meant that the competition was strong. While Championships are about athletic endeavors and performing at one's best, they are also about socializing and catching up with friends and rivals, and there was plenty of evidence of that over the four days and at the well-patronised Awards Dinner. We thank you for coming to Canberra for these Championships and trust you have also enjoyed some activities associated with its 100th year of existence.

The conduct of a successful Masters Championships has some similarities to a swimming duck - which appears serene above the water, but just below the surface there is an awful lot of paddling and hard work going on. Of course the officials and many volunteers were very visible in their blue caps and blue long-sleeved shirts, but many did their work behind the scenes. We all owe a great thanks to those dedicated officials and volunteers who gave up their Easter to conduct a most efficient and successful Championships for the athletes.

Of course no success just happens on the day - the Championships have to be planned and organised - sponsorship, merchandise (what beautiful shirts they were!), officials, catering, equipment, venues, forum speakers, VIPs, ceremonies, medals, websites, entries, publications, awards, bags etc etc. The members of the Local Organising Committee provided many many hours of their time in the many months before Easter to plan and organize the Championships, and its success is a reflection of their dedicated, hard and wonderful work. As with the officials and volunteers we also owe a great thanks to the LOC and their helpers.

There were at times planning and other challenges in the organisation of the Championships and doubters who thought that the scale of the task was beyond the ACTVAC, and that we should let some other State take over the responsibility for the 2013 Championships. However, there was a core of determined individuals whose persistence kept on driving the planning and organisation to its successful conclusion. Some individuals showed a willingness to undertake foreign tasks and learn new skills, and together with the goodwill and support of others ensured the success of the Championships. Everyone who was involved in the planning and conduct of the Championships should take a bow.

Finally, an acknowledgement and big thank you to all our sponsors, in particular our gold sponsors the Centenary of Canberra and the Tradies Group. The hosting of a large Championships like these is heavily reliant on sponsors - without them, hosting these Championships would be difficult if not impossible without placing a significant financial burden on the hosting association.

While the Result books often focus solely on the performances of individuals, it is sometimes also interesting to place these Championships in the context of past Australian Masters Athletics Championships to get an idea as to how these Championships are travelling. I have manually compiled various statistics from past Championships that I trust you will find interesting, although there was not enough time to undertake a proper and detailed analysis and interpretation of these numbers. It is sufficient to say that since the previous Championships held in Canberra in 2006, the general trend has been an increase in athlete participation numbers.

***Bob Banens
Championship Publications***

AMA Championship Statistics

Year	2006	2007	2008	2009	2010	2011	2012	2013
Place	Canberra	Hobart	Sydney	Adelaide	Perth	Brisbane	Melbourne	Canberra
Athletes	481	431	492	493	527	619	665	640
Males	325	268	335	314	331	419	441	408
Females	156	163	157	179	196	200	224	232
ACT	91	25	40	36	31	41	43	108
NSW	134	93	172	108	97	134	143	218
QLD	85	61	65	63	48	230	59	47
SA	14	26	21	129	32	25	28	36
TAS	14	96	26	24	26	18	30	25
VIC	119	100	64	76	74	97	290	122
WA	19	26	29	52	211	49	57	63
NT	1	1	0	0	0	1	1	11
OS	4	3	9	5	8	24	14	10
Percent*	Canberra	Hobart	Sydney	Adelaide	Perth	Brisbane	Melbourne	Canberra
Males	67.6%	62.2%	68.1%	63.7%	62.8%	67.7%	66.3%	63.8%
Females	32.4%	37.8%	31.9%	36.3%	37.2%	32.3%	33.7%	36.3%
ACT	19%	6%	8%	7%	6%	7%	6%	17%
NSW	28%	22%	35%	22%	18%	22%	22%	36%
QLD	18%	14%	13%	13%	9%	37%	9%	7%
SA	3%	6%	4%	26%	6%	4%	4%	6%
TAS	3%	22%	5%	5%	5%	3%	5%	4%
VIC	25%	23%	13%	15%	14%	16%	44%	19%
WA	4%	6%	6%	11%	40%	8%	9%	10%
NT/OS	1%	1%	2%	1%	2%	4%	2%	3%
M/F 30-40	8.3%	11.4%	13.6%	10.3%	8.3%	9.5%	10.2%	9.8%
M/F 40-50	25.4%	24.6%	24.6%	24.1%	22.4%	23.7%	23.3%	23.4%
M/F 50-60	22.9%	25.8%	28.0%	26.0%	27.3%	29.1%	30.0%	28.0%
M/F 60-70	23.8%	23.9%	20.5%	23.1%	25.4%	21.5%	21.7%	20.9%
M/F 70-80	13.6%	10.7%	10.6%	13.8%	12.0%	12.9%	13.4%	15.2%
M/F 80+	3.9%	3.7%	2.6%	2.6%	4.6%	3.2%	4.4%	2.7%

+ Rounding error may mean some percentages don't equal 100%

Some preliminary observations from the data for the above period (including other data not presented here)

- Over the period shown there is a clear overall increase in Championship participant numbers.
- Excluding when hosting the Championships, WA is clearly increasing in participation, whereas QLD appears to be decreasing in participation.
- TAS followed by the ACT has the least variability in participation numbers whereas NSW followed by SA has the highest variability.
- NSW averages the highest participation numbers of 132 (not counting when it hosts the Championships) compared to VIC with 93.
- NSW is unusual in that it has had virtually no older women over 70 participating at the Championships over this period.
- The ratio of males to females at the Championships ranged from 1.65 to 2.13, and averaged 1.88, but there was no apparent trend.
- The average age-breakdown of Championship participants, show that the biggest age groups are the 50-60 year olds followed by the 40-50 and 60-70 age groups which make up almost 75% of participants
- The above is reflected in the average age which for women participants is 53.9 years while for men it is 58.0 years - no trends in age-group composition is evident.
- The ACT has the highest participation rate per 100,000 people of 9.4 (based on 2012 ABS population data) more than twice that of TAS at 4.6, and 5 to 7 times higher than all the other states which ranged between 1.3 and 1.8.

CHAMPIONSHIP AWARDS

Athletes of the Meet

(The top age-graded performances in various event categories)

Sprints/Hurdles:	Osmo Millridge	M81	NSW	44.35	200M Hurdles	132.54%
Middle-Distance /Steeplechase:	Lavinia Petrie	W69	VIC	6:06.73	1500M	99.45%
Distance:	Lavinia Petrie	W69	VIC	44:30.20	10,000M	102.43%
Walks:	Heather Lee	W86	NSW	1:20:54.00	10K Road Walk	102.61%
Jumps:	Miriam Cudmore	W75	SA	7.49m	Triple Jump	95.29%
Throws:	Byrony Glass	W35	WA	17.74m	Weight Throw	95.84%

Champion of Champions Sprint Winners

(Notional 100 metres - handicapped according to age)

Women	Gianna Mogentale	W49	NSW	11.21
Men	Neville McIntyre	M70	NSW	10.46

Champion of Champions Throws (Weight Throw) Winners

(Handicapped according to winning performance in age-group)

Women:	Dorn Jenkins	W57	VIC	20.72m
Men:	Grzegorz Urbanowicz	M34	WA	21.67m

Royce Foley Award Winners

(Highest scoring athletes in the Throws Pentathlon)

Women:	Jayne Hardy	W50	ACT	4213pts
Men:	Guy Quarterman	M71	QLD	3644pts

Brian Foley Award Winner

(Best age-graded 800m/1500m performance)

Lavinia Petrie	W69	VIC	6:06.73	1500M	99.45%
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2013 AMA AWARDS

(based on performances achieved during 2012)

Sprints/Hurdles	Kathy Heagney	W60	VIC
Middle Distance/Steeplechase	David Carr	M80	WA
Distance	Sandy Brunner	W70	SA
Walks	Heather Lee	M85	NSW
Jumps	Dawn Hartigan	W55	VIC
Throws	Jayne Hardy	W45	ACT
Multi Events/Relays	Rad Leovic	M80-85	ACT
	Geoff Gibbons	M35	TAS
Most Outstanding Individual Performance	Lance Purdon	M40	ACT
Most Outstanding Male Athlete	Andrew Jamieson	M65	VIC
Most Outstanding Female Athlete	Lyn Ventris	W55	WA
Administrator/Official of the Year	Mike Walker		TAS

Records set at the 2013 Championships

World Record

Age	Event	Name	State	Performance	Age %	Date
W60	4x800 Metre Relay	Australia	Australia	11:22.59		1/04/2013

(Kathryn Heagney, Kathy Sims, Paula Moorhouse, Jeanette Flynn)



The World Record Breaking W60 Relay Team (Photo: Jim White)

Australian & Championship Records

Age	Event	Name	State	Performance	Age %	Date
W35	Hammer Throw	Byrony Glass	WA	54.67m	80.85	29/03/2013
W35	Weight Throw	Byrony Glass	WA	18.02m	95.84	1/04/2013
W75	Long Jump	Miriam Cudmore	SA	3.34m	85.64	29/03/2013
W75	Triple Jump	Miriam Cudmore	SA	7.49m	95.29	31/03/2013
M60	High Jump	Clay Tompkins	NSW	1.61m	90.45	30/03/2013
M70	Shot Put	Leo Christopher	NSW	13.44m	75.68	30/03/2013
W50	Javelin Throw	Jayne Hardy	ACT	34.64m	64.75	30/03/2013
M35	Weight Throw	Ricard Meiring	NSW	17.77m	73.22	1/04/2013
M80	400 Metres	David Carr	WA	1:12.83	93.23	31/03/2013
W65	2000M Steeplechase	Gillian Young	WA	10:02.49	88.80	30/03/2013
W70	2000M Steeplechase	Anne Lang	SA	11:03.03	87.48	30/03/2013
W85	10K Road Walk	Heather Lee	NSW	1:20:54.0	102.61	1/04/2013

Championship Records

Age	Event	Name	State	Performance	Age %	Date
M40	60 Metres Sprint	Gregory Smith	NSW	7.24	93.37	29/03/2013
M30	200 Metres Sprint	Jay Stone	NSW	22.13eq	89.06	30/03/2013
M45	400 Metres	Michael Roden	ACT	51.55	94.76	31/03/2013
W70	400 Metres	Anne Stobaus	VIC	1:17.93	94.50	31/03/2013
W75	400 Metres	Corinne Collins	ACT	1:30.94	90.88	31/03/2013
M35	800 Metres	Brett Halls	NSW	1:53.96	88.98	29/03/2013
M80	800 Metres	David Carr	WA	2:54.83	93.23	29/03/2013
W50	300M Long Hurdles	Michele Hossack	VIC	51.68	90.54	31/03/2013
W70	1500 Metre Race Walk	Gwen Steed	VIC	9:17.63	83.63	29/03/2013
W85	5000 Metre Race Walk	Heather Lee	NSW	40:36.43	86.19	30/03/2013
M45	Triple Jump	Nick Hodgson	VIC	12.98m	85.06	31/03/2013
M60	Triple Jump	Clay Tompkins	NSW	11.75m	90.04	31/03/2013
M65	High Jump	John Searle	NSW	1.45m	86.31	30/03/2013
W70	Pole Vault	Val Chesterton	ACT	1.00m	47.39	31/03/2013
M70	Pole Vault	Albert Gay	NSW	2.90m	85.80	31/03/2013
M75	Pole Vault	Donald Chambers	VIC	2.10m	67.74	31/03/2013
W70	Hammer Throw	Jan Banens	ACT	32.74m	85.57	29/03/2013

Women - Sprints

W30 - The Tradies 60 Metre Sprint

Place	Name	Age	State	Time	Wind	Age	Gr	Perf.
1	3107 Melissa Foster	W34	WA	8.34	NWI	8.35	82.97%	
2	3108 Cassie Neubauer	W34	SA	8.79	NWI	8.80	78.73%	

W35 - The Tradies 60 Metre Sprint

1	3614 Leonie Hoffman	W39	QLD	8.30	NWI	8.11	85.42%	
2	3606 Nicole Robinson	W37	NSW	8.33	NWI	8.33	83.07%	
3	3613 Vanessa Story	W38	NZ	8.59	NWI	8.49	81.49%	
4	3611 Karen Long	W38	SA	8.97	NWI	8.87	78.04%	
5	3617 Kelly Rosas	W39	NT	10.10	NWI	9.86	70.20%	

W40 - The Tradies 60 Metre Sprint

1	4115 Narelle Lehmann	W42	VIC	8.41	NWI	7.94	87.28%	
2	4113 Cathy Connell	W42	NSW	8.67	NWI	8.18	84.66%	
3	4119 Alida Weitz	W42	VIC	9.22	NWI	8.70	79.61%	
4	4101 Raelene Campbell	W40	ACT	9.45	NWI	9.12	75.98%	
5	4110 Megan Schenk	W41	SA	10.13	NWI	9.67	71.67%	
6	4126 Regina Crouch	W44	WA	10.71	NWI	9.88	70.03%	

W45 - The Tradies 60 Metre Sprint

Heat-1

1	4611 Kylie Strong	W45	NSW	8.57q	NWI	7.82	88.56%	
1	4607 Maryann Hearn	W45	QLD	8.57q	NWI	7.82	88.56%	
3	4631 Catherine McCloskey	W49	WA	9.24q	NWI	8.08	85.71%	
4	4616 Janet Naylor	W46	NSW	9.48q	NWI	8.56	80.91%	
5	4621 Gina Etienne	W47	ACT	9.98	NWI	8.92	77.66%	
6	4610 Patricia McHendrie	W45	SA	10.57	NWI	9.64	71.81%	

Heat-2

1	4632 Gianna Mogentale	W49	NSW	8.33q	NWI	7.28	95.08%	
2	4613 Jackie Bezuidenhout	W46	NSW	8.63q	NWI	7.79	88.88%	
3	4606 Megan Geddes	W45	NSW	8.81q	NWI	8.04	86.15%	
4	4608 Catherine Kermond	W45	NSW	8.92q	NWI	8.14	85.09%	
5	4623 Caroline Layt	W47	NSW	9.81	NWI	8.76	79.00%	
6	4603 Donna Collett	W45	NSW	10.06	NWI	9.18	75.45%	

Final

1	4632 Gianna Mogentale	W49	NSW	8.11	NWI	7.09	97.66%	
2	4607 Maryann Hearn	W45	QLD	8.33	NWI	7.60	91.12%	
3	4611 Kylie Strong	W45	NSW	8.37	NWI	7.64	90.68%	
4	4613 Jackie Bezuidenhout	W46	NSW	8.42	NWI	7.60	91.09%	
5	4606 Megan Geddes	W45	NSW	8.71	NWI	7.95	87.14%	
6	4608 Catherine Kermond	W45	NSW	8.87	NWI	8.09	85.57%	
7	4631 Catherine McCloskey	W49	WA	9.15	NWI	8.00	86.56%	
8	4616 Janet Naylor	W46	NSW	9.37	NWI	8.46	81.86%	

W50 - The Tradies 60 Metre Sprint

1	5110 Julie Forster	W51	NSW	8.75	NWI	7.50	92.34%	
2	5108 Lynda Douglass	W51	NSW	8.91	NWI	7.63	90.68%	
3	5122 Sue Bourke	W53	ACT	9.19	NWI	7.71	89.77%	
4	5131 Christine Shaw	W53	NSW	9.20	NWI	7.72	89.67%	
5	5141 Robyn Suttor	W54	NSW	9.26	NWI	7.69	89.96%	
6	5118 Carmel Meyer	W52	WA	9.88	NWI	8.38	82.69%	
7	5107 Kathryn Blute	W51	SA	10.18	NWI	8.72	79.37%	
8	5132 Gail Stone	W53	SA	10.28	NWI	8.63	80.25%	

W55 - The Tradies 60 Metre Sprint

1	5621 Linda Lynch	W59	QLD	9.52	NWI	7.54	91.91%	
2	5606 Leanne Monk	W56	VIC	9.53	NWI	7.76	89.19%	
3	5615 June Lowe	W58	NSW	9.56	NWI	7.64	90.59%	
4	5601 Christine Bridle	W55	VIC	9.57	NWI	7.87	87.98%	
5	5602 Ellena Cubban	W55	NSW	9.79	NWI	8.05	86.01%	
6	5604 Dianne Alderman	W56	QLD	10.06	NWI	8.20	84.49%	
7	5607 Dorn Jenkins	W57	VIC	10.17	NWI	8.21	84.37%	

W60 - The Tradies 60 Metre Sprint

1	6101 Lynne Choate	W60	WA	9.44	NWI	7.40	93.54%	
2	6121 Lyn Peake	W63	SA	9.49	NWI	7.24	95.68%	
3	6122 Wilma Perkins	W63	QLD	9.69	NWI	7.39	93.70%	
4	6108 Maureen Keshwar	W61	WA	10.22	NWI	7.94	87.18%	
5	6116 Maureen Rossiter	W62	ACT	10.24	NWI	7.88	87.89%	

6	6106 Rosemary Dean	W61	QLD	10.25	NWI	7.96	86.93%	
7	6128 Mairade Thomas	W64	ACT	14.09	NWI	10.65	65.01%	

W65 - The Tradies 60 Metre Sprint

1	6611 Marjorie Allison	W68	QLD	9.97	NWI	7.27	95.19%	
2	6603 Kerry Johnstone	W65	TAS	10.52	NWI	7.88	87.93%	
3	6613 Valmai Padget	W68	SA	10.56	NWI	7.70	89.87%	
4	6614 Brenda Painter	W68	WA	10.69	NWI	7.80	88.77%	
5	6609 Jean Hampson	W67	QLD	11.30	NWI	8.32	83.27%	
6	6615 Penny Taylor	W68	QLD	13.34	NWI	9.73	71.14%	

W70 - The Tradies Metre Sprint

1	7108 Noreen Parrish	W71	QLD	10.38	NWI	7.35	94.32%	
2	7101 Lynne Andrews	W70	TAS	11.63	NWI	8.33	83.06%	

W75 - The Tradies 60 Metre Sprint

1	7602 Miriam Cudmore	W75	SA	11.11	NWI	7.47	92.71%	
2	7607 Kathleen Cook	W76	NSW	11.52	NWI	7.65	90.54%	
3	7606 Corinne Collins	W76	ACT	11.67	NWI	7.75	89.37%	
4	7608 Constance Larmour	W77	ACT	12.77	NWI	8.37	82.77%	
5	7605 Margaret Roberts	W75	NT	16.73	NWI	11.24	61.57%	

W80 - The Tradies 60 Metre Sprint

1	8101 Gwen Gleeson	W84	ACT	14.69	NWI	8.74	79.17%	
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W30 - Centenary of Canberra 100 Metre Sprint

Place	Name	Age	State	Time	Wind	Age	Gr	Perf.
1	3107 Melissa Foster	W34	WA	13.32	1.1	13.33	78.75%	
2	3108 Cassie Neubauer	W34	SA	13.91	1.1	13.92	75.41%	

W35 - Centenary of Canberra 100 Metre Sprint

1	3614 Leonie Hoffman	W39	QLD	13.06	1.1	12.62	83.15%	
2	3613 Vanessa Story	W38	NZ	13.17	1.1	12.89	81.40%	
3	3606 Nicole Robinson	W37	NSW	13.23	1.1	13.10	80.12%	
4	3611 Karen Long	W38	SA	13.40	1.1	13.11	80.00%	
5	3617 Kelly Rosas	W39	NT	16.03	1.1	15.49	67.75%	

W40 - Centenary of Canberra 100 Metre Sprint

1	4115 Narelle Lehmann	W42	VIC	13.30	0.1	12.42	84.51%	
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4	5122	Sue Bourke	W53	ACT	14.52	0.1	12.05	87.05%	W50 - Rolfe Renault 200 Metres		
5	5131	Christine Shaw	W53	NSW	14.78	0.1	12.27	85.52%	Heat-1		
6	5141	Robyn Suttor	W54	NSW	14.99	0.1	12.31	85.19%	1 5108 Lynda Douglass		
7	5113	Susan Chapman	W52	VIC	15.69	0.1	13.15	79.80%	2 5122 Sue Bourke		
W55 - Centenary of Canberra 100 Metre Sprint											
1	5606	Leanne Monk	W56	VIC	14.82	1.3	11.94	87.92%	3 5131 Christine Shaw		
2	5621	Linda Lynch	W59	QLD	15.05	1.3	11.78	89.10%	4 5118 Carmel Meyer		
3	5615	June Lowe	W58	NSW	15.36	1.3	12.13	86.46%	5 5113 Susan Chapman		
4	5602	Ellena Cubban	W55	NSW	15.49	1.3	12.59	83.34%	6 5132 Gail Stone		
5	5601	Christine Bridle	W55	VIC	15.57	1.3	12.66	82.92%	Heat-2		
6	5604	Dianne Alderman	W56	QLD	15.67	1.3	12.62	83.15%	1 5110 Julie Forster		
7	5603	Alex Lloyd	W55	ACT	16.26	1.3	13.22	79.40%	2 5117 Michele Hossack		
W60 - Centenary of Canberra 100 Metre Sprint											
1	6114	Kathryn Heagney	W62	VIC	14.80	0.5	11.26	93.24%	3 5106 Jenny Schell		
2	6101	Lynne Choate	W60	WA	15.09	0.5	11.69	89.79%	4 5101 Donna Burgess		
3	6122	Wilma Perkins	W63	QLD	15.30	0.5	11.53	90.98%	5 5141 Robyn Suttor		
4	6121	Lyn Peake	W63	SA	15.47	0.5	11.66	89.98%	6 5107 Kathryn Blute		
5	6116	Maureen Rossiter	W62	ACT	16.43	0.5	12.50	83.99%	Final		
6	6106	Rosemary Dean	W61	QLD	16.57	0.5	12.72	82.50%	1 5110 Julie Forster		
7	6108	Maureen Keshwar	W61	WA	16.84	0.5	12.93	81.18%	2 5117 Michele Hossack		
8	6128	Mairade Thomas	W64	ACT	20.61	0.5	15.39	68.17%	3 5106 Jenny Schell		
W65 - Centenary of Canberra 100 Metre Sprint											
1	6611	Marjorie Allison	W68	QLD	15.79	+0.0	11.38	92.21%	4 5108 Lynda Douglass		
2	6604	Hazel McDonnell	W65	QLD	16.63	+0.0	12.30	85.33%	5 5122 Sue Bourke		
3	6603	Kerry Johnstone	W65	TAS	16.85	+0.0	12.47	84.21%	6 5131 Christine Shaw		
4	6613	Valmai Padget	W68	SA	17.11	+0.0	12.33	85.10%	7 5141 Robyn Suttor		
5	6614	Brenda Painter	W68	WA	17.49	+0.0	12.60	83.25%	8 5101 Donna Burgess		
6	6609	Jean Hampson	W67	QLD	18.12	+0.0	13.17	79.69%	W55 - Rolfe Renault 200 Metres		
7	6615	Penny Taylor	W68	QLD	21.70	+0.0	15.64	67.10%	1 5606 Leanne Monk		
W70 - Centenary of Canberra 100 Metre Sprint											
1	7108	Noreen Parrish	W71	QLD	16.52	0.2	11.54	90.92%	2 5604 Dianne Alderman		
2	7101	Lynne Andrews	W70	TAS	19.37	0.2	13.71	76.51%	3 5601 Christine Bridle		
W75 - Centenary of Canberra 100 Metre Sprint											
1	7602	Miriam Cudmore	W75	SA	17.45	0.2	11.54	90.95%	4 5602 Ellena Cubban		
2	7607	Kathleen Cook	W76	NSW	17.72	0.2	11.59	90.52%	W60 - Rolfe Renault 200 Metres		
3	7606	Corinne Collins	W76	ACT	18.26	0.2	11.94	87.84%	1 6114 Kathryn Heagney		
4	7608	Constance Larmour	W77	ACT	19.79	0.2	12.80	82.01%	2 6121 Lyn Peake		
5	7604	Jo Klemke	W75	ACT	21.17	0.2	14.00	74.96%	3 6101 Lynne Choate		
W80 - Centenary of Canberra 100 Metre Sprint											
1	8101	Gwen Gleeson	W84	ACT	24.26	0.2	13.47	77.86%	4 6122 Wilma Perkins		
W30 - Rolfe Renault 200 Metres											
Place	Name	Age	State	Time	Wind	Age	Gr	Perf.	W70 - Rolfe Renault 200 Metres		
1	3108	Cassie Neubauer	W34	SA	28.38	2.8	28.39	75.19%	1 7111 Anne Stobaus		
2	3105	Belinda Westcott	W32	NSW	29.24	2.8	29.25	72.98%	2 7108 Noreen Parrish		
3	3103	- Thea Zimpel	W30	ACT	33.94	2.8	33.95	62.88%	3 7101 Lynne Andrews		
W35 - Rolfe Renault 200 Metres											
1	3613	Vanessa Story	W38	NZ	27.25	2.3	26.40	80.84%	W75 - Rolfe Renault 200 Metres		
2	3614	Leonie Hoffman	W39	QLD	27.28	2.3	26.08	81.82%	1 7602 Miriam Cudmore		
3	3606	Nicole Robinson	W37	NSW	27.29	2.3	26.78	79.70%	2 7607 Kathleen Cook		
4	3611	Karen Long	W38	SA	27.32	2.3	26.47	80.64%	3 7606 Corinne Collins		
W40 - Rolfe Renault 200 Metres											
1	4121	Janelle Delaney	W43	NSW	26.57	3.6	24.18	88.26%	W80 - Rolfe Renault 200 Metres		
2	4108	Lee Anne Grosvenor	W41	QLD	26.86	3.6	25.05	85.22%	1 8101 Gwen Gleeson		
3	4105	Vicki Cobby	W41	WA	29.67	3.6	27.67	77.15%	W84 ACT		
4	4119	Alida Weitsz	W42	VIC	30.38	3.6	27.99	76.27%	54.47 1.9 28.60 74.63%		
5	4125	Emma Adams	W44	ACT	31.81	3.6	28.60	74.63%	W30 - Rolfe Renault 400 Metres		
W45 - Rolfe Renault 200 Metres											
1	4632	Gianna Mogentale	W49	NSW	26.58	3.3	22.55	94.66%	1 3105 Belinda Westcott		
2	4613	Jackie Bezuidenhout	W46	NSW	26.89	3.3	23.61	90.41%	W32 NSW 1:07.64 1:07.15 70.89%		
3	4609	Rachel Little	W45	VIC	27.04	3.3	24.01	88.91%	2 3101 Simone Fitzgerald		
4	4608	Catherine Kermond	W45	NSW	28.19	3.3	25.03	85.28%	W30 TAS 1:09.20 1:09.21 68.79%		
5	4630	Karen Lakin	W49	QLD	30.88	3.3	26.19	81.48%	W35 - Rolfe Renault 400 Metres		
6	4621	Gina Etienne	W47	ACT	33.02	3.3	28.66	74.47%	1 3613 Vanessa Story		
7	4610	Patricia McHendrie	W45	SA	36.10	3.3	32.05	66.59%	W38 NZ 1:01.21 56.75 83.88%		
W40 - Rolfe Renault 400 Metres											
1	4121	Janelle Delaney	W43	NSW	1:00.42	53.10	89.66%	2 3611 Karen Long			
2	4108	Lee Anne Grosvenor	W41	QLD	1:01.52	55.20	86.23%	W41 QLD 1:01.52 55.20 86.23%			

3	4105	Vicki Cobby	W41	WA	1:06.45	59.62	79.83%
4	4125	Emma Adams	W44	ACT	1:07.92	59.06	80.59%
5	4116	Belinda Liston	W42	NSW	1:10.81	1:02.88	75.70%
6	4112	Caroline Chapman	W42	NSW	1:23.71	1:14.34	64.03%

W45 - Rolfe Renault 400 Metres

1	4609	Rachel Little	W45	VIC	1:00.12	51.72	92.05%
2	4632	Gianna Mogentale	W49	NSW	1:01.84	51.13	93.10%
3	4615	Lisa Harrison	W46	NSW	1:02.68	53.40	89.15%
4	4630	Karen Lakin	W49	QLD	1:11.15	58.83	80.91%

W50 - Rolfe Renault 400 Metres

Heat-1

1	5110	Julie Forster	W51	NSW	1:13.75Q	59.80	79.61%
2	5118	Carmel Meyer	W52	WA	1:14.34Q	59.71	79.71%
3	5101	Donna Burgess	W50	VIC	1:15.55Q	1:01.84	76.98%
4	5141	Robyn Suttor	W54	NSW	1:16.30q	1:00.14	79.16%
5	5134	Margaret Walker	W53	NSW	1:20.38	1:03.96	74.42%

Heat-2

1	5117	Michele Hossack	W52	VIC	1:09.64Q	55.94	85.09%
2	5103	Suzanne Gore	W50	NSW	1:09.70Q	57.05	83.44%
3	5138	Deborah Drennan	W54	NSW	1:11.15Q	56.08	84.89%
4	5122	Sue Bourke	W53	ACT	1:12.40q	57.61	82.62%
5	5108	Lynda Douglass	W51	NSW	1:18.38	1:03.56	74.90%

Final

1	5101	Donna Burgess	W50	VIC	1:04.74	52.99	89.84%
2	5110	Julie Forster	W51	NSW	1:06.42	53.86	88.39%
3	5117	Michele Hossack	W52	VIC	1:06.77	53.63	88.75%
4	5122	Sue Bourke	W53	ACT	1:07.37	53.61	88.79%
5	5103	Suzanne Gore	W50	NSW	1:09.33	56.74	83.89%

6	5138	Deborah Drennan	W54	NSW	1:11.14	56.07	84.90%
7	5118	Carmel Meyer	W52	WA	1:11.27	57.25	83.15%
8	5141	Robyn Suttor	W54	NSW	1:17.32	1:00.94	78.12%

W55 - Rolfe Renault 400 Metres

1	5622	Margaret Saunders	W59	WA	1:12.24	54.39	87.51%
2	5601	Christine Bridle	W55	VIC	1:16.04	59.35	80.21%
3	5619	Janet Holmes	W59	VIC	1:16.47	57.58	82.67%
4	5603	Alex Lloyd	W55	ACT	1:17.78	1:00.71	78.41%
5	5612	Carol Bowman	W58	WA	1:21.18	1:01.69	77.17%

W60 - Rolfe Renault 400 Metres

1	6114	Kathryn Heagney	W62	VIC	1:09.46	50.94	93.45%
2	6121	Lyn Peake	W63	SA	1:12.39	52.63	90.44%
3	6125	Paula Moorhouse	W64	NSW	1:17.27	55.69	85.49%
4	6116	Maureen Rossiter	W62	ACT	1:20.52	59.05	80.61%

W65 - Rolfe Renault 400 Metres

1	6611	Marjorie Allison	W68	QLD	1:13.36	50.07	95.08%
2	6617	Betty Menzies	W69	QLD	1:29.16	59.89	79.48%
3	6609	Jean Hampson	W67	QLD	1:31.21	1:03.21	75.31%

W70 - Rolf Renault 400 Metres

1	7111	Anne Stobaus	W71	VIC	1:17.93	50.38	94.50%
2	7104	Anne Lang	W70	SA	1:20.52	53.24	89.42%
3	7101	Lynne Andrews	W70	TAS	1:42.22	1:07.58	70.44%

W75 - Rolfe Renault 400 Metres

1	7606	Corinne Collins	W76	ACT	1:30.94	52.38	90.88%
2	7608	Constance Larmour	W77	ACT	1:47.94	1:00.90	78.16%
3	7604	Jo Klemke	W75	ACT	1:54.76	1:07.45	70.57%

Women – Middle Distance

W30 - Capital Hotels 800 Metres

1	3101	Simone Fitzgerald	W30	TAS	2:33.60	2:33.61	73.75%
2	3104	Kym Chisholm	W31	ACT	2:35.30	2:35.31	72.94%
3	3105	Belinda Westcott	W32	NSW	3:14.90	3:14.91	58.12%

W35 - Capital Hotels 800 Metres

1	3612	Larissa Stanley	W38	NSW	2:25.46	2:24.10	78.61%
2	3613	Vanessa Story	W38	NZ	2:27.83	2:26.45	77.35%

W40 - Capital Hotels 800 Metres

1	4125	Emma Adams	W44	ACT	2:33.89	2:24.46	78.42%
2	4105	Vicki Cobby	W41	WA	2:35.86	2:30.22	75.41%
3	4116	Belinda Liston	W42	NSW	2:41.99	2:34.77	73.20%
4	4120	Janie Carter	W43	NSW	2:47.25	2:38.41	71.52%
5	4112	Caroline Chapman	W42	NSW	3:22.10	3:13.09	58.67%

W45 - Capital Hotels 800 Metres

1	4615	Lisa Harrison	W46	NSW	2:30.07	2:18.46	81.82%
2	4609	Rachel Little	W45	VIC	2:30.75	2:20.25	80.78%
3	4633	Elizabeth Slattery	W49	SA	2:46.24	2:29.54	75.76%
4	4630	Karen Lakin	W49	QLD	2:47.32	2:30.51	75.27%

W50 - Capital Hotels 800 Metres

1	5101	Donna Burgess	W50	VIC	2:31.91	2:15.48	83.62%
2	5140	Cris Penn	W54	NSW	2:33.52	2:10.01	87.14%
3	5103	Suzanne Gore	W50	NSW	2:36.59	2:19.65	81.12%
4	5138	Deborah Drennan	W54	NSW	2:43.13	2:18.14	82.00%
5	5128	Helen Larmour	W53	ACT	2:51.89	2:27.50	76.80%
6	5118	Carmel Meyer	W52	WA	2:53.39	2:30.73	75.15%
7	5133	Pam Tindal	W53	VIC	2:55.72	2:30.79	75.13%
8	5120	Julie Steele	W52	NSW	3:00.86	2:37.23	72.05%
9	5129	Julie Peksis	W53	NSW	3:13.39	2:45.95	68.26%
10	5111	Christine Runnion	W51	WA	3:43.80	3:17.08	57.48%

W55 - Capital Hotels 800 Metres

1	5609	Anne Ryan	W57	QLD	2:43.08	2:12.44	85.53%
2	5622	Margaret Saunders	W59	WA	2:45.91	2:10.84	86.58%
3	5617	Maria O'Reilly	W58	ACT	2:51.16	2:17.00	82.69%
4	5619	Janet Holmes	W59	VIC	3:00.34	2:22.22	79.66%
5	5612	Carol Bowman	W58	WA	3:10.70	2:32.64	74.22%
6	6605	Gillian Young	W65	WA	3:10.27	2:13.73	84.71%
7	6617	Betty Menzies	W69	QLD	3:27.07	2:14.39	84.30%
8	6601	Irene Davey	W65	QLD	3:49.56	2:41.34	70.21%
9	6620	Dot Siepmann	W69	NSW	4:09.66	2:42.03	69.92%
10	7111	Anne Stobaus	W71	VIC	3:12.51	1:59.46	94.83%
11	7104	Anne Lang	W70	SA	3:12.53	2:02.36	92.58%
12	7113	Lorraine Lopes	W73	WA	3:26		

2	4633	Elizabeth Slattery	W49	SA	5:36.49	4:46.36	81.18%	3	5617	Maria O'Reilly	W58	ACT	20:46.41	16:04.85	89.62%
3	4618	Robyn Smith	W46	NSW	6:39.88	5:53.14	65.83%	4	5623	Julie Wilson	W59	WA	24:37.47	18:47.46	76.69%
W50 - South Canberra Tuggeranong Athletics Club 1500 Metres															
1	5135	Robyn Basman	W54	NSW	5:16.34	4:12.32	92.14%	1	6111	Kathy Sims	W61	ACT	21:47.27	16:08.69	89.26%
2	5101	Donna Burgess	W50	VIC	5:32.39	4:39.31	83.23%	2	6123	Susan Archer	W64	ACT	22:08.02	15:40.24	91.96%
3	5140	Cris Penn	W54	NSW	5:33.08	4:25.67	87.50%	3	6103	Christine Goodwin	W60	SA	23:17.28	17:30.90	82.28%
4	5138	Deborah Drennan	W54	NSW	5:39.89	4:31.10	85.75%	4	6113	Carey Dickason	W62	WA	27:08.24	19:48.62	72.75%
5	5116	Janine Higham	W52	VIC	5:42.13	4:40.21	82.97%								
6	5128	Helen Larmour	W53	ACT	5:44.43	4:38.41	83.50%								
7	5130	Karen Petley	W53	NSW	6:04.36	4:54.52	78.93%								
8	5120	Julie Steele	W52	NSW	6:20.30	5:11.47	74.64%								
W55 - South Canberra Tuggeranong Athletics Club 1500 Metres															
1	5609	Anne Ryan	W57	QLD	5:38.15	4:18.89	89.79%								
2	5617	Maria O'Reilly	W58	ACT	5:40.91	4:17.36	90.33%								
3	5608	Maureen Moyle	W57	SA	5:42.33	4:22.09	88.70%								
W60 - South Canberra Tuggeranong Athletics Club 1500 Metres															
1	6107	Jeanette Flynn	W61	QLD	5:35.48	4:02.52	95.86%								
2	6111	Kathy Sims	W61	ACT	6:01.99	4:21.69	88.84%								
3	6103	Christine Goodwin	W60	SA	6:40.24	4:53.58	79.18%								
4	6113	Carey Dickason	W62	WA	7:30.04	5:20.52	72.53%								
W65 - South Canberra Tuggeranong Athletics Club 1500 Metres															
1	6618	Lavinia Petrie	W69	VIC	6:06.73	3:53.76	99.45%								
2	6605	Gillian Young	W65	WA	6:27.06	4:23.24	88.31%								
3	6617	Betty Menzies	W69	QLD	6:56.13	4:25.25	87.65%								
4	6620	Dot Siepmann	W69	NSW	8:32.65	5:26.77	71.14%								
W70 - South Canberra Tuggeranong Athletics Club 1500 Metres															
1	7104	Anne Lang	W70	SA	6:50.07	4:17.00	90.46%								
2	7113	Lorraine Lopes	W73	WA	7:00.62	4:10.15	92.93%								
3	7102	Jeanne Bryan	W70	VIC	7:16.89	4:33.80	84.90%								
4	7103	Caroline Campbell	W70	ACT	7:30.22	4:42.16	82.39%								
W75 - South Canberra Tuggeranong Athletics Club 1500 Metres															
1	7604	Jo Klemke	W75	ACT	9:40.60	5:32.86	69.84%								
2	7603	Terri Jones	W75	ACT	10:07.32	5:48.18	66.77%								
3	7610	Pam Mews	W78	VIC	10:08.00	5:29.12	70.64%								

Women - Long Distance & Cross Country

W30 - Anne Young 5000 Metres														
1	3104	Kym Chisholm	W31	ACT	20:01.39	19:59.83	72.07%							
2	3103	Thea Zimpel	W30	ACT	23:52.66	23:52.24	60.37%							
W35 - Anne Young 5000 Metres														
1	3603	Lisa Davis	W36	SA	18:46.83	18:28.92	77.98%							
2	3604	Cherie Gauci	W37	SA	19:13.05	18:49.19	76.58%							
3	3605	Rosemary Giles	W37	WA	20:07.98	19:42.98	73.09%							
W40 - Anne Young 5000 Metres														
1	4111	Michelle Wells	W41	ACT	19:09.13	18:15.47	78.93%							
2	4123	Fiona Lennon	W43	TAS	19:12.24	17:59.08	80.13%							
3	4124	Cristine Suffolk	W43	NSW	20:30.76	19:12.61	75.02%							
4	4109	Bronwyn Hill	W41	TAS	22:35.86	21:32.55	66.90%							
W45 - Anne Young 5000 Metres														
1	4620	Carolyn Davis	W47	TAS	19:38.24	17:34.88	81.97%							
2	4633	Elizabeth Slattery	W49	SA	20:02.40	17:30.06	82.35%							
3	4602	Anne Buckley	W45	VIC	20:35.04	18:52.54	76.35%							
W50 - Anne Young 5000 Metres														
1	5135	Robyn Basman	W54	NSW	18:56.95	15:30.26	92.95%							
2	5102	Angela Carpini	W50	NSW	20:21.52	17:33.32	82.09%							
3	5128	Helen Larmour	W53	ACT	20:36.84	17:05.59	84.31%							
4	5123	Debbie Cowell	W53	ACT	20:37.85	17:06.43	84.24%							
5	5115	Kelley Flood	W52	ACT	21:51.04	18:21.54	78.50%							
6	5130	Karen Petley	W53	NSW	22:42.96	18:50.17	76.51%							
W55 - Anne Young 5000 Metres														
1	5609	Anne Ryan	W57	QLD	19:49.39	15:33.80	92.60%							
2	5608	Maureen Moyle	W57	SA	19:51.74	15:35.64	92.42%							
W60 - Anne Young 5000 Metres														
1	6111	Kathy Sims	W61	ACT	21:47.27	16:08.69	89.26%							
2	6123	Susan Archer	W64	ACT	22:08.02	15:40.24	91.96%							
3	6103	Christine Goodwin	W60	SA	23:17.28	17:30.90	82.28%							
4	6113	Carey Dickason	W62	WA	27:08.24	19:48.62	72.75%							
W65 - Anne Young 5000 Metres														
1	6605	Gillian Young	W65	WA	22:59.51	16:01.52	89.93%							
2	6617	Betty Menzies	W69	QLD	24:58.58	16:18.43	88.38%							
3	6607	Petrina Trowbridge	W66	VIC	25:14.48	17:18.79	83.24%							
4	6620	Dot Siepmann	W69	NSW	28:24.71	18:33.01	77.69%							
6618	Lavinia Petrie	W69	VIC	DNF										
W70 - Anne Young 5000 Metres														
DQ	7610	Pam Mews	W78	VIC										
W75 - Anne Young 5000 Metres														
W30 - Centenary of Canberra 10,000 Metres														
1	3103	Thea Zimpel	W30	ACT	52:31.98	52:31.04	57.16%							
W35 - Centenary of Canberra 10,000 Metres														
1	3603	Lisa Davis	W36	SA	39:07.17	38:35.02	77.80%							
2	3604	Cherie Gauci	W37	SA	39:53.42	39:10.58	76.62%							
3	3605	Rosemary Giles	W37	WA	41:05.34	40:21.22	74.39%							
W40 - Centenary of Canberra 10,000 Metres														
1	4123	Fiona Lennon	W43	TAS	40:17.15	38:04.94	78.82%							
2	4124	Cristine Suffolk	W43	NSW	42:14.60	39:55.96	75.17%							
W45 - Centenary of Canberra 10,000 Metres														
1	4605	Deborah Gardner	W45	TAS	39:57.33	37:05.93	80.91%							
2	4620	Carolyn Davis	W47	TAS	41:21.34	37:37.03	79.80%							
3	4633	Elizabeth Slattery	W49	SA	41:57.36	37:16.18	80.54%							
4	4622	Katie Forestier	W47	ACT										

W40 - The Tradies 8K Cross Country								3	5134 Margaret Walker	W53	NSW	61.16	67.28	77.80%	
1 4123 Fiona Lennon W43 TAS 32:39.0 30:48.91 78.15%								W55 - Dog'otel & Purrfect Cattery 300M Long Hurdles							
2 4111 Michelle Wells W41 ACT 33:40.0 32:16.58 74.60%								1	5601 Christine Bridle	W55	VIC	69.68	74.22	70.52%	
3 4124 Cristine Suffolk W43 NSW 33:52.0 31:57.81 75.34%								W70 - Dog'otel & Purrfect Cattery 200M Long Hurdles							
4 4109 Bronwyn Hill W41 TAS 38:14.0 36:39.26 65.69%								1	7107 Fran Harris	W71	ACT	55.05	+1.2	50.28	104.11%
W45 - The Tradies 8K Cross Country								W35 - Capital Hotels 2000M Steeplechase							
1 4605 Deborah Gardner W45 TAS 32:32.0 30:08.73 79.87%								1	3603 Lisa Davis	W36	SA	8:07.55	11:10.97	80.72%	
2 4620 Carolyn Davis W47 TAS 33:21.0 30:15.11 79.61%								W40 - Capital Hotels 2000M Steeplechase							
3 4622 Katie Forestier W47 ACT 33:28.0 30:21.46 79.33%								1	4126 Regina Crouch	W44	WA	13:08.00	16:57.79	53.21%	
4 4633 Elizabeth Slattery W49 SA 33:46.0 29:54.23 80.55%								W45 - Capital Hotels 2000M Steeplechase							
5 4602 Anne Buckley W45 VIC 34:27.0 31:55.29 75.42%								1	4617 Jacqui Sanders	W46	WA	10:50.93	13:47.99	65.41%	
6 4617 Jacqui Sanders W46 WA 45:46.0 41:58.36 57.39%								W50 - Capital Hotels 2000M Steeplechase							
W50 - The Tradies 8K Cross Country								1	5120 Julie Steele	W52	NSW	9:50.30	11:58.22	75.41%	
1 5135 Robyn Basman W54 NSW 32:25.0 26:56.50 89.41%								W55 - Capital Hotels 2000M Steeplechase							
2 5128 Helen Larmour W53 ACT 34:15.0 28:50.32 83.50%								1	5623 Julie Wilson	W59	WA	10:17.96	1:27.30	78.80%	
3 5102 Angela Carpini W50 NSW 35:13.0 30:48.25 78.18%								2	5612 Carol Bowman	W58	WA	10:28.15	11:50.38	76.24%	
4 5120 Julie Steele W52 NSW 40:52.0 34:51.32 69.09%								W60 - Capital Hotels 2000M Steeplechase							
W55 - The Tradies 8K Cross Country								1	6118 Heather Carr	W63	VIC	10:44.90	11:12.96	80.48%	
1 5608 Maureen Moyle W57 SA 33:10.0 26:28.82 90.95%								W65 - Capital Hotels 2000M Steeplechase							
2 5609 Anne Ryan W57 QLD 33:30.0 26:44.79 90.05%								1	6605 Gillian Young	W65	WA	10:02.49	10:09.91	88.80%	
3 5617 Maria O'Reilly W58 ACT 36:01.0 28:21.79 84.91%								2	6601 Irene Davey	W65	QLD	11:18.23	11:26.58	78.88%	
4 5605 Erika Bunker W56 NSW 38:46.0 31:22.44 76.74%								3	6609 Jean Hampson	W67	QLD	11:24.07	11:09.98	80.84%	
5 5612 Carol Bowman W58 WA 41:20.0 32:33.01 73.99%								W70 - Capital Hotels 2000M Steeplechase							
W60 - The Tradies 8K Cross Country								1	7104 Anne Lang	W70	SA	11:03.03	10:19.14	87.48%	
1 6123 Susan Archer W64 ACT 37:27.0 27:02.56 89.05%								2	7107 Fran Harris	W71	ACT	14:39.00	13:22.80	67.46%	
2 6103 Christine Goodwin W60 SA 40:38.0 31:06.78 77.40%								3	7110 Lynne Schickert	W71	WA	15:12.21	13:53.13	65.01%	
6124 Marilyn Banfield W64 ACT DNF								Women – Jumps							
W65 - The Tradies 8K Cross Country								W30 - The Tradies High Jump							
1 6605 Gillian Young W65 WA 39:44.0 28:15.51 85.23%								1	3105 Belinda Westcott	W32	NSW	1.15m	1.16m	55.83%	
2 6607 Petrina Trowbridge W66 VIC 43:02.0 30:08.18 79.90%								W35 - The Tradies High Jump							
3 6620 Dot Siepmann W69 NSW 51:22.0 34:17.55 70.21%								1	3613 Vanessa Story	W38	NZ	1.40m	1.50m	72.16%	
W70 - The Tradies 8K Cross Country								2	3617 Kelly Rosas	W39	NT	1.25m	1.36m	65.10%	
1 7603 Terri Jones W75 ACT 62:29.0 37:37.65 64.02%								3	3609 Natalie Heywood	W38	NSW	1.20m	1.29m	61.86%	
Women – Hurdles & Steeplechase															
W35 - Capital Hotels 100M Short Hurdles								W40 - The Tradies High Jump							
1 3613 Vanessa Story W38 NZ 20.55 +1.6 19.79 61.70%								1	4118 Lynette Smith	W42	NSW	1.55m	1.75m	83.78%	
2 3617 Kelly Rosas W39 NT 22.73 +1.6 21.77 56.09%								2	4113 Cathy Connell	W42	NSW	1.40m	1.58m	75.68%	
W40 - Capital Hotels 80M Short Hurdles								3	4105 Vicki Cobb	W41	WA	1.35m	1.50m	71.81%	
1 4119 Alida Weitsz W42 VIC 15.40 +1.5 16.51 73.96%								W45 - The Tradies High Jump							
W45 - Capital Hotels 80M Short Hurdles								1	4618 Robyn Smith	W46	NSW	1.15m	1.35m	64.97%	
1 4607 Maryann Hearn W45 QLD 13.51 +1.5 14.03 87.05%								4614 Kate Black	W46	ACT	NH				
W50 - Capital Hotels 80M Short Hurdles								W50 - The Tradies High Jump							
1 5117 Michele Hossack W52 VIC 14.12 +1.7 14.52 84.14%								1	5136 Kerry Boden	W54	ACT	1.34m	1.76m	84.28%	
2 5134 Margaret Walker W53 NSW 15.67 +1.7 15.92 76.71%								2	5131 Christine Shaw	W53	NSW	1.31m	1.70m	81.37%	
3 5113 Susan Chapman W52 VIC 16.93 +1.7 17.41 70.17%								3	5113 Susan Chapman	W52	VIC	1.31m	1.66m	79.88%	
4 5134 Margaret Walker W53 NSW 12.00 +1.7 12.00 74.53%								4	5134 Margaret Walker	W53	NSW	1.20m	1.55m	74.53%	
W55 - Capital Hotels 80M Short Hurdles								W55 - The Tradies High Jump							
1 5615 June Lowe W58 NSW 17.84 +1.7 17.13 71.30%								1	5601 Christine Bridle	W55	VIC	1.20m	1.59m	76.43%	
2 5601 Christine Bridle W55 VIC 18.20 +1.7 18.06 67.64%								2	5606 Leanne Monk	W56	VIC	1.20m	1.61m	77.42%	
W70 - Capital Hotels 80M Short Hurdles								3	5616 Kerrie Macey	W58	NSW	1.20m	1.67m	80.00%	
1 7107 Fran Harris W71 ACT 20.87 +3.5 15.08 81.03%								4	5615 June Lowe	W58	NSW	1.10m	1.53m	73.33%	
W70 - Capital Hotels 80M Short Hurdles								W60 - The Tradies High Jump							
1 7107 Fran Harris W71 ACT 20.87 +3.5 15.08 81.03%								1	6122 Wilma Perkins	W63	QLD	0.85m	1.26m	60.71%	
W50 - Dog'otel & Purrfect Cattery 300M Long Hurdles								W65 - The Tradies High Jump							
1 5117 Michele Hossack W52 VIC 51.68 57.81 90.54%								1	6114 Brenda Painter	W68	WA	1.05m	1.70m	81.40%	
2 5113 Susan Chapman W52 VIC 57.80 64.66 80.95%															

W70 - The Tradies High Jump															
1	7112 Val Chesterton	W72	ACT	0.93m	1.61m	77.50%	3	4101 Raelene Campbell	W40	ACT	9.03m	+2.6	10.26m	66.20%	
W30 - Cool n Soothe Long Jump							4	4126 Regina Crouch	W44	WA	6.37m	+2.4	7.60m	49.08%	
1	3107 Melissa Foster	W34	WA	5.44m	+2.1	5.60m	74.52%	5	4110 Megan Schenk	W41	SA	6.21m	NWI	7.14m	46.10%
2	3108 Cassie Neubauer	W34	SA	4.38m	0.7	4.51m	60.00%	W45 - Capital Hotels Triple Jump							
3	3102 Nicole Pinel	W30	WA	3.86m	+0.6	3.86m	51.33%	1	4609 Rachel Little	W45	VIC	9.40m	NWI	11.37m	73.38%
W35 - Cool n Soothe Long Jump							2	4631 Catherine McCloskey	W49	WA	8.80m	+3.4	11.22m	72.43%	
1	3617 Kelly Rosas	W39	NT	4.06m	+4.7	4.41m	58.76%	3	4618 Robyn Smith	W46	NSW	8.35m	+0.4	10.23m	66.01%
2	3609 Natalie Heywood	W38	NSW	3.69m	+0.5	3.96m	52.79%	4	4610 Patricia McHendrie	W45	SA	7.57m	+2.1	9.15m	59.09%
W40 - Cool n Soothe Long Jump							W50 - Capital Hotels Triple Jump								
1	4113 Cathy Connell	W42	NSW	4.94m	+3.4	5.58m	74.29%	1	5131 Christine Shaw	W53	NSW	8.53m	+1.0	11.50m	74.24%
2	4108 Lee Anne Grosvenor	W41	QLD	4.54m	+2.5	5.06m	67.36%	W55 - Capital Hotels Triple Jump							
3	4101 Raelene Campbell	W40	ACT	4.23m	+2.6	4.66m	62.02%	1	5601 Christine Bridle	W55	VIC	8.18m	NWI	11.36m	73.30%
4	4105 Vicki Cobby	W41	WA	3.99m	+4.2	4.45m	59.20%	2	5606 Leanne Monk	W56	VIC	7.62m	+1.9	10.73m	69.27%
5	4126 Regina Crouch	W44	WA	3.21m	+1.3	3.71m	49.46%	W60 - Capital Hotels Triple Jump							
W45 - Cool n Soothe Long Jump							1	6113 Carey Dickason	W62	WA	5.19m	NWI	8.03m	51.85%	
1	4611 Kylie Strong	W45	NSW	4.79m	+3.5	5.62m	74.84%	W65 - Capital Hotels Triple Jump							
2	4609 Rachel Little	W45	VIC	4.53m	+3.7	5.31m	70.78%	1	6614 Brenda Painter	W68	WA	6.74m	+1.0	11.59m	74.81%
3	4613 Jackie Bezuidenhout	W46	NSW	4.20m	+3.8	4.99m	66.46%	2	6609 Jean Hampson	W67	QLD	6.44m	+7.6	10.87m	70.15%
4	4631 Catherine McCloskey	W49	WA	4.18m	+5.0	5.17m	68.86%	3	6615 Penny Taylor	W68	QLD	5.00m	+0.3	8.60m	55.49%
5	4616 Janet Naylor	W46	NSW	4.09m	+0.7	4.86m	64.72%	W70 - Capital Hotels Triple Jump							
6	4610 Patricia McHendrie	W45	SA	3.45m	+4.1	4.05m	53.91%	1	7107 Fran Harris	W71	ACT	5.95m	+1.9	10.82m	69.84%
7	4614 Kate Black	W46	ACT	3.39m	+3.4	4.03m	53.64%	2	7110 Lynne Schickert	W71	WA	5.31m	+1.0	9.65m	62.32%
W50 - Cool n Soothe Long Jump							W75 - Capital Hotels Triple Jump								
1	5131 Christine Shaw	W53	NSW	4.45m	+0.4	5.82m	77.53%	1	7602 Miriam Cudmore	W75	SA	7.49m	+1.7	14.77m	95.29%
2	5113 Susan Chapman	W52	VIC	4.35m	+0.0	5.62m	74.74%	2	7608 Constance Larmour	W77	ACT	5.46m	+0.4	11.23m	72.51%
3	5118 Carmel Meyer	W52	WA	3.61m	+0.1	4.66m	62.03%	3	7604 Jo Klemke	W75	ACT	5.42m	+1.1	10.68m	68.96%
W55 - Cool n Soothe Long Jump							W30 - Capital Weed Control Pole Vault								
1	5606 Leanne Monk	W56	VIC	3.97m	+0.1	5.43m	72.31%	1	3109 Montse Ros	W34	NSW	2.90m		3.13m	60.92%
2	5601 Christine Bridle	W55	VIC	3.96m	+0.8	5.34m	71.10%	W40 - Capital Weed Control Pole Vault							
3	5603 Alex Lloyd	W55	ACT	3.89m	+0.3	5.25m	69.84%	1	4127 Selina Ellis	W44	NSW	1.90m		2.41m	46.80%
4	5602 Ellena Cubban	W55	NSW	3.73m	+0.2	5.03m	66.97%	2	4117 Althea Mackie	W42	QLD	1.30m		1.59m	30.95%
5	5616 Kerrie Macey	W58	NSW	3.38m	+0.1	4.77m	63.53%	W60 - Capital Weed Control Pole Vault							
6	5615 June Lowe	W58	NSW	3.37m	+1.0	4.76m	63.35%	1	6122 Wilma Perkins	W63	QLD	2.00m		3.75m	72.99%
W60 - Cool n Soothe Long Jump							W70 - Capital Weed Control Pole Vault								
1	6122 Wilma Perkins	W63	QLD	3.84m	+0.0	5.89m	78.37%	1	7107 Fran Harris	W71	ACT	1.00m		2.44m	47.39%
2	6106 Rosemary Dean	W61	QLD	3.28m	+0.1	4.86m	64.69%	W75 - The Climb Macadamia Plantation Shot Put							
3	6120 Sarah Ladwig	W63	WA	2.67m	+0.1	4.09m	54.49%	1	7112 Val Chesterton	W72	ACT	1.00m		2.44m	47.39%
4	6113 Carey Dickason	W62	WA	2.47m	+0.0	3.72m	49.50%	W80 - The Climb Macadamia Plantation Shot Put							
W65 - Cool n Soothe Long Jump							1	3102 Nicole Pinel	W30	WA	7.48m	7.48m	33.05%		
1	6609 Jean Hampson	W67	QLD	3.23m	+0.1	5.31m	70.68%	2	3108 Cassie Neubauer	W34	SA	6.50m	6.72m	29.73%	
2	6603 Kerry Johnstone	W65	TAS	3.20m	+0.1	5.08m	67.65%	W35 - The Climb Macadamia Plantation Shot Put							
3	6614 Brenda Painter	W68	WA	2.90m	+0.1	4.86m	64.73%	1	3602 Byrony Glass	W35	WA	11.00m	11.61m	51.33%	
4	6615 Penny Taylor	W68	QLD	2.35m	+0.0	3.94m	52.46%	2	3614 Leonie Hoffman	W39	QLD	9.91m	11.36m	50.23%	
W70 - Cool n Soothe Long Jump							3	3615 Aliimau Matautia	W39	WA	9.51m	10.90m	48.20%		
1	7107 Fran Harris	W71	ACT	2.87m	+0.0	5.10m	67.85%	4	3611 Karen Long	W38	SA	9.40m	10.55m	46.65%	
2	7110 Lynne Schickert	W71	WA	2.38m	+0.3	4.23m	56.26%	5	3609 Natalie Heywood	W38	NSW	7.77m	8.72m	38.56%	
W75 - Cool n Soothe Long Jump							6	3620 Kellie Watson	W39	NSW	7.30m	8.37m	37.00%		
1	7602 Miriam Cudmore	W75	SA	3.34m	NWI	6.44m	85.64%	7	3601 Pauline Armstrong	W35	ACT	7.09m	7.48m	33.08%	
2	7604 Jo Klemke	W75	ACT	2.51m	NWI	4.84m	64.36%	8	3610 Renae Knowles	W38	NSW	6.97m	7.82m	34.59%	
W30 - Capital Hotels Triple Jump							W40 - The Climb Macadamia Plantation Shot Put								
1	3107 Melissa Foster	W34	WA	11.47m	+1.7	12.15m	78.40%	1	4121 Janelle Delaney	W43	NSW	10.17m	12.76m	56.41%	
2	3109 Montse Ros	W34	NSW	9.70m	+1.4	10.27m	66.30%	2	4105 Vicki Cobby	W41	WA	8.26m	9.90m	43.75%	
3	3108 Cassie Neubauer	W34	SA	8.76m	+2.9	9.28m	59.88%	3	4120 Janie Carter	W43	NSW	8.22m	10.31m	45.59%	
4	3103 Thea Zimpel	W30	ACT	8.12m	+0.2	8.23m	53.11%	4	4117 Althea Mackie	W42	QLD	8.14m	9.97m	44.10%	
W35 - Capital Hotels Triple Jump							5	4108 Lee Anne Grosvenor	W41	QLD	7.94m	9.51m	42.06%		
1	3617 Kelly Rosas	W39	NT	8.62m	+2.7	9.68m	62.46%	6	4128 Lisa Mumberson	W44	NSW	7.13m	9.16m	40.51%	
W40 - Capital Hotels Triple Jump							7	4110 Megan Schenk	W41	SA	6.29m	7.53m	33.32%		
1	4113 Cathy Connell	W42	NSW	9.88m	+2.3	11.50m	74.23%	8	4127 Selina Ellis	W44	NSW	6.13m	7.88m	34.83%	
2	4105 Vicki Cobby	W41	WA	9.08m	+1.8	10.44m	67.41%								

W45 - The Climb Macadamia Plantation Shot Put							W45 - Albert Magassy Discus Throw						
1	4625 Gabriele Watts	W47	NSW	11.20m	15.52m	68.59%	4	4113 Cathy Connell	W42	NSW	25.26m	28.84m	37.56%
2	4623 Caroline Layt	W47	NSW	10.10m	13.99m	61.85%	5	4128 Lisa Mumberson	W44	NSW	17.37m	20.47m	26.66%
3	4624 Judy Pfanner	W47	VIC	9.91m	13.73m	60.69%	6	4110 Megan Schenk	W41	SA	17.16m	19.28m	25.12%
4	4627 Glenys Whitehead	W48	NSW	9.11m	12.96m	57.30%							
5	4621 Gina Etienne	W47	ACT	7.52m	10.42m	46.05%							
W50 - The Climb Macadamia Plantation Shot Put							W50 - Albert Magassy Discus Throw						
1	5104 Jayne Hardy	W50	ACT	11.14m	15.45m	68.30%	1	4625 Gabriele Watts	W47	NSW	35.99m	44.59m	58.07%
2	5119 Sally Stagles	W52	NSW	10.22m	14.69m	64.93%	2	4624 Judy Pfanner	W47	VIC	33.01m	40.90m	53.26%
3	5101 Donna Burgess	W50	VIC	9.47m	13.14m	58.06%	3	4623 Caroline Layt	W47	NSW	28.62m	35.46m	46.18%
4	5139 Sharon Gibbins	W54	ACT	8.91m	13.28m	58.70%	4	4627 Glenys Whitehead	W48	NSW	28.33m	35.71m	46.50%
5	5127 Wendy Hord	W53	NSW	8.48m	12.41m	54.85%	5	4614 Kate Black	W46	ACT	19.07m	23.23m	30.26%
6	5137 Lesley Dawson	W54	SA	7.87m	11.73m	51.84%	6	4610 Patricia McHendrie	W45	SA	17.13m	20.52m	26.73%
7	5124 Lorna England	W53	ACT	6.72m	9.83m	43.47%							
8	5118 Carmel Meyer	W52	WA	6.67m	9.58m	42.38%							
9	5126 Annette Gravestock	W53	WA	5.95m	8.70m	38.49%							
10	5125 Kylie Everard	W53	WA	5.69m	8.32m	36.80%							
11	5114 Tanya Colyer	W52	ACT	4.65m	6.68m	29.54%							
W55 - The Climb Macadamia Plantation Shot Put							W55 - Albert Magassy Discus Throw						
1	5611 Jill Taylor	W57	NSW	8.86m	13.99m	61.83%	1	5104 Jayne Hardy	W50	ACT	32.67m	42.66m	55.55%
2	5615 June Lowe	W58	NSW	8.82m	14.20m	62.78%	2	5139 Sharon Gibbins	W54	ACT	27.47m	38.65m	50.33%
3	5602 Ellena Cubban	W55	NSW	8.29m	12.59m	55.64%	3	5131 Christine Shaw	W53	NSW	25.87m	35.70m	46.50%
4	5601 Christine Bridle	W55	VIC	7.68m	11.66m	51.54%	4	5137 Lesley Dawson	W54	SA	19.63m	27.62m	35.97%
W60 - The Climb Macadamia Plantation Shot Put							5	5113 Susan Chapman	W52	VIC	18.65m	25.26m	32.89%
1	6117 Christine Schultz	W62	VIC	9.74m	17.05m	75.39%	6	5124 Lorna England	W53	ACT	17.54m	24.21m	31.52%
2	6119 Kathryn Glass	W63	WA	8.96m	16.04m	70.89%	7	5114 Tanya Colyer	W52	ACT	12.67m	17.16m	22.35%
3	6102 Kate Clarke	W60	NSW	7.87m	13.20m	58.38%							
4	6126 Lorraine Mussett	W64	VIC	6.05m	11.07m	48.95%							
5	6112 Adriana van Bockel	W61	NSW	5.43m	9.30m	41.14%							
6	6104 Karen Jones	W60	NSW	5.18m	8.69m	38.43%							
7	6127 Wendy O'Brien	W64	ACT	3.27m	5.98m	26.46%							
W65 - The Climb Macadamia Plantation Shot Put							W60 - Albert Magassy Discus Throw						
1	6612 Rhondda Dundas	W68	VIC	8.73m	17.59m	77.74%	1	6117 Christine Schultz	W62	VIC	26.35m	43.87m	57.12%
2	6608 Beverley Hamilton	W67	WA	8.53m	16.77m	74.11%	2	6102 Kate Clarke	W60	NSW	22.37m	35.60m	46.36%
3	6616 Mary Thomas	W68	NSW	7.70m	15.51m	68.57%	3	6119 Kathryn Glass	W63	WA	22.22m	37.85m	49.29%
4	6619 Raylea Rudov	W69	ACT	5.91m	12.22m	54.02%	4	6112 Adriana van Bockel	W61	NSW	14.64m	23.82m	31.02%
5	6615 Penny Taylor	W68	QLD	5.39m	10.86m	48.00%	5	6126 Lorraine Mussett	W64	VIC	14.21m	24.79m	32.28%
6	6610 Trish Thomas	W67	ACT	4.97m	9.77m	43.18%	6	6104 Karen Jones	W60	NSW	13.18m	20.97m	27.32%
W70 - The Climb Macadamia Plantation Shot Put							W65 - Albert Magassy Discus Throw						
1	7114 Helen Searle	W73	QLD	8.95m	20.64m	91.23%	1	6608 Beverley Hamilton	W67	WA	22.36m	42.02m	54.72%
2	7106 Jan Banens	W71	ACT	7.32m	15.95m	70.52%	2	6616 Mary Thomas	W68	NSW	21.62m	41.71m	54.32%
W75 - The Climb Macadamia Plantation Shot Put							3	6612 Rhondda Dundas	W68	VIC	20.39m	39.34m	51.23%
1	7613 Heather Doherty	W79	QLD	7.62m	21.23m	93.84%	4	6619 Raylea Rudov	W69	ACT	14.84m	29.41m	38.31%
2	7614 Joyce Schmidt	W77	NSW	7.37m	19.21m	84.91%	5	6615 Penny Taylor	W68	QLD	11.66m	22.49m	29.30%
3	7612 Val Worrell	W78	VIC	7.16m	19.28m	85.24%	6	6610 Trish Thomas	W67	ACT	11.53m	21.67m	28.22%
4	7602 Miriam Cudmore	W75	SA	6.50m	15.90m	70.27%							
5	7611 Mary Wahren	W78	ACT	6.04m	16.27m	71.90%							
6	7605 Margaret Roberts	W75	NT	5.51m	13.48m	59.57%							
W30 - Albert Magassy Discus Throw							W75 - Albert Magassy Discus Throw						
1	3102 Nicole Pinel	W30	WA	23.66m	23.66m	30.81%	1	7613 Heather Doherty	W79	QLD	21.47m	58.51m	76.19%
2	3108 Cassie Neubauer	W34	SA	19.92m	20.20m	26.31%	2	7612 Val Worrell	W78	VIC	18.80m	49.37m	64.30%
W35 - Albert Magassy Discus Throw							3	7614 Joyce Schmidt	W77	NSW	16.04m	40.66m	52.95%
1	3602 Byrony Glass	W35	WA	34.44m	35.43m	46.14%	4	7605 Margaret Roberts	W75	NT	13.59m	32.20m	41.93%
2	3614 Leonie Hoffman	W39	QLD	26.81m	29.23m	38.07%	5	7611 Mary Wahren	W78	ACT	11.49m	30.17m	39.30%
3	3615 Aliimau Matautia	W39	WA	26.54m	28.93m	37.68%							
4	3609 Natalie Heywood	W38	NSW	23.84m	25.61m	33.35%							
5	3601 Pauline Armstrong	W35	ACT	21.18m	21.78m	28.37%							
6	3620 Kellie Watson	W39	NSW	18.64m	20.32m	26.47%							
7	3613 Vanessa Story	W38	NZ	18.37m	19.73m	25.70%							
8	3618 Catherine Sangster	W39	VIC	17.39m	18.96m	24.69%							
W40 - Albert Magassy Discus Throw							W30 - Jayne Hardy Hammer Throw						
1	4118 Lynette Smith	W42	NSW	27.75m	31.68m	41.26%	1	3602 Byrony Glass	W35	WA	54.67m	62.25m	80.85%
2	4117 Althea Mackie	W42	QLD	26.67m	30.45m	39.65%	2	3601 Pauline Armstrong	W35	ACT	35.47m	40.38m	52.45%
3	4120 Janie Carter	W43	NSW	26.31m	30.52m	39.74%	3	3620 Kellie Watson	W39	NSW	26.11m	33.02m	42.89%
							4	3610 Renae Knowles	W38	NSW	22.97m	28.26m	36.71%
							5	3615 Aliimau Matautia	W39	WA	21.29m	26.92m	34.97%
W40 - Jayne Hardy Hammer Throw							W40 - Jayne Hardy Hammer Throw						
1	4117 Althea Mackie	W42	QLD	41.03m	56.58m	73.49%	1	4117 Althea Mackie	W42	QLD	41.03m	56.58m	73.49%
2	4128 Lisa Mumberson	W44	NSW	29.40m	43.15m	56.04%	2	4128 Lisa Mumberson	W44	NSW	29.40m	43.15m	56.04%
3	4127 Selina Ellis	W44	NSW	17.45m	25.61m	33.26%	3	4127 Selina Ellis	W44	NSW	17.45m	25.61m	33.26%
4	4110 Megan Schenk	W41	SA	16.72m	22.38m	29.07%	4	4110 Megan Schenk	W41	SA	16.72m	22.38m	29.07%

W45 - Jayne Hardy Hammer Throw							W47 ACT 20.32m 26.72m 36.61%						
1	4625 Gabriele Watts	W47	NSW	36.18m	58.77m	76.33%	4	4621 Gina Etienne	W47	ACT	20.32m	26.72m	36.61%
2	4627 Glenys Whitehead	W48	NSW	34.99m	58.93m	76.53%	5	4613 Jackie Bezuidenhout	W46	NSW	19.53m	24.96m	34.20%
3	4623 Caroline Layt	W47	NSW	33.08m	53.73m	69.79%							
4	4624 Judy Pfanner	W47	VIC	31.18m	50.65m	65.78%							
W50 - Jayne Hardy Hammer Throw							W50 - Bob & Jan Banens Javelin Throw						
1	5104 Jayne Hardy	W50	ACT	46.02m	57.55m	74.74%	1	5104 Jayne Hardy	W50	ACT	34.64m	47.26m	64.75%
2	5127 Wendy Hord	W53	NSW	33.20m	43.89m	57.01%	2	5131 Christine Shaw	W53	NSW	27.31m	40.07m	54.89%
3	5139 Sharon Gibbins	W54	ACT	32.71m	44.08m	57.26%	3	5113 Susan Chapman	W52	VIC	23.34m	33.40m	45.76%
4	5125 Kylie Everard	W53	WA	23.98m	31.70m	41.17%	4	5139 Sharon Gibbins	W54	ACT	17.86m	26.88m	36.82%
5	5137 Lesley Dawson	W54	SA	22.71m	30.60m	39.75%	5	5118 Carmel Meyer	W52	WA	17.48m	25.02m	34.27%
6	5126 Annette Gravestock	W53	WA	20.50m	27.10m	35.20%	6	5127 Wendy Hord	W53	NSW	16.79m	24.63m	33.75%
7	5124 Lorna England	W53	ACT	20.28m	26.81m	34.82%	7	5137 Lesley Dawson	W54	SA	14.33m	21.56m	29.55%
8	5114 Tanya Colyer	W52	ACT	17.15m									
W55 - Jayne Hardy Hammer Throw							W55 - Bob & Jan Banens Javelin Throw						
1	5607 Dorn Jenkins	W57	VIC	39.07m	55.91m	72.62%	1	5603 Alex Lloyd	W55	ACT	23.95m	37.00m	50.69%
2	5615 June Lowe	W58	NSW	35.76m	52.25m	67.87%	2	5601 Christine Bridle	W55	VIC	21.85m	33.75m	46.24%
3	5611 Jill Taylor	W57	NSW	35.52m	50.83m	66.02%	3	5615 June Lowe	W58	NSW	20.73m	34.78m	47.66%
4	5601 Christine Bridle	W55	VIC	27.83m	38.25m	49.68%	4	5602 Ellena Cubban	W55	NSW	19.90m	30.74m	42.12%
W60 - Jayne Hardy Hammer Throw							5	5611 Jill Taylor	W57	NSW	16.98m	27.69m	37.94%
1	6119 Kathryn Glass	W63	WA	33.63m	54.93m	71.34%	6	5623 Julie Wilson	W59	WA	13.55m	23.41m	32.07%
2	6117 Christine Schultz	W62	VIC	27.84m	44.42m	57.70%							
3	6102 Kate Clarke	W60	NSW	23.61m	36.01m	46.78%							
4	6126 Lorraine Mussett	W64	VIC	17.91m	29.95m	38.91%							
5	6104 Karen Jones	W60	NSW	17.84m	27.21m	35.35%							
6	6112 Adriana van Bockel	W61	NSW	17.23m	26.87m	34.91%							
7	6127 Wendy O'Brien	W64	ACT	11.89m	19.88m	25.83%							
W65 - Jayne Hardy Hammer Throw							W60 - Bob & Jan Banens Javelin Throw						
1	6612 Rhondda Dundas	W68	VIC	29.23m	54.11m	70.28%	1	6122 Wilma Perkins	W63	QLD	21.78m	40.64m	55.67%
2	6608 Beverley Hamilton	W67	WA	27.84m	50.20m	65.20%	2	6102 Kate Clarke	W60	NSW	21.60m	37.71m	51.66%
3	6619 Raylea Rudov	W69	ACT	24.20m	46.03m	59.78%	3	6117 Christine Schultz	W62	VIC	21.21m	38.68m	53.00%
4	6610 Trish Thomas	W67	ACT	13.69m	24.68m	32.06%	4	6119 Kathryn Glass	W63	WA	19.99m	37.30m	51.10%
W70 - Jayne Hardy Hammer Throw							5	6112 Adriana van Bockel	W61	NSW	11.74m	20.94m	28.70%
1	7106 Jan Banens	W71	ACT	32.74m	65.88m	85.57%	6	6104 Karen Jones	W60	NSW	9.54m	16.65m	22.82%
2	7114 Helen Searle	W73	QLD	26.64m	56.91m	73.92%	7	6126 Lorraine Mussett	W64	VIC	9.49m	18.12m	24.83%
W75 - Jayne Hardy Hammer Throw							W65 - Bob & Jan Banens Javelin Throw						
1	7612 Val Worrell	W78	VIC	27.53m	69.52m	90.29%	1	6616 Mary Thomas	W68	NSW	22.17m	46.73m	64.02%
2	7613 Heather Doherty	W79	QLD	21.72m	56.92m	73.93%	2	6608 Beverley Hamilton	W67	WA	19.56m	40.18m	55.05%
3	7614 Joyce Schmidt	W77	NSW	21.37m	52.07m	67.63%	3	6603 Kerry Johnstone	W65	TAS	16.43m	32.13m	44.02%
4	7611 Mary Wahren	W78	ACT	19.82m	50.05m	65.00%	4	6612 Rhondda Dundas	W68	VIC	15.51m	32.69m	44.79%
5	7605 Margaret Roberts	W75	NT	15.23m	34.67m	45.03%	5	6619 Raylea Rudov	W69	ACT	13.30m	28.78m	39.43%
W30 - Bob & Jan Banens Javelin Throw							6	6610 Trish Thomas	W67	ACT	8.84m	18.16m	24.88%
1	3108 Cassie Neubauer	W34	SA	21.63m	21.63m	29.63%	W70 - Bob & Jan Banens Javelin Throw						
2	3105 Belinda Westcott	W32	NSW	16.78m	16.78m	22.99%	1	7106 Jan Banens	W71	ACT	14.51m	33.16m	45.43%
W35 - Bob & Jan Banens Javelin Throw							W75 - Bob & Jan Banens Javelin Throw						
1	3614 Leonie Hoffman	W39	QLD	35.82m	38.29m	52.45%	1	7602 Miriam Cudmore	W75	SA	17.17m	44.21m	60.56%
2	3609 Natalie Heywood	W38	NSW	30.79m	32.16m	44.05%	2	7613 Heather Doherty	W79	QLD	17.00m	50.12m	68.66%
3	3615 Aliimau Matautia	W39	WA	25.54m	27.30m	37.40%	3	7611 Mary Wahren	W78	ACT	13.97m	39.74m	54.44%
4	3601 Pauline Armstrong	W35	ACT	23.62m	23.62m	32.36%	4	7612 Val Worrell	W78	VIC	13.47m	38.32m	52.49%
5	3618 Catherine Sangster	W39	VIC	19.69m	21.04m	28.83%	5	7605 Margaret Roberts	W75	NT	10.54m	27.13m	37.18%
W30 - Jean & Kerry Thew Weight Throw							W30 - Jean & Kerry Thew Weight Throw						
1	3108 Cassie Neubauer	W34	SA	21.63m	21.63m	29.63%	1	3108 Cassie Neubauer	W34	SA	8.61m	10.78m	45.70%
2	3105 Belinda Westcott	W32	NSW	16.78m	16.78m	22.99%	2	3102 Nicole Pinel	W30	WA	8.51m	9.95m	42.19%
W35 - Bob & Jan Banens Javelin Throw							W35 - Jean & Kerry Thew Weight Throw						
1	3602 Bryony Glass	W35	WA	17.74m	22.62m	95.84%	1	3602 Bryony Glass	W35	WA	17.74m	22.62m	95.84%
2	3601 Pauline Armstrong	W35	ACT	10.13m	12.91m	54.73%	2	3620 Kellie Watson	W39	NSW	9.31m	12.79m	54.22%
3	3620 Kellie Watson	W39	NSW	23.27m	19.87m	8.49m	4	3615 Aliimau Matautia	W39	WA	8.49m	11.66m	49.45%
W40 - Bob & Jan Banens Javelin Throw							W40 - Jean & Kerry Thew Weight Throw						
1	4117 Althea Mackie	W42	QLD	12.52m	18.27m	77.43%	1	4117 Althea Mackie	W42	QLD	12.52m	18.27m	77.43%
2	4128 Lisa Mumberson	W44	NSW	9.72m	14.78m	62.67%	2	4128 Lisa Mumberson	W44	NSW	9.72m	14.78m	62.67%
3	4110 Megan Schenk	W41	SA	7.01m	10.02m	42.46%	3	4110 Megan Schenk	W41	SA	7.01m	10.02m	42.46%
W45 - Bob & Jan Banens Javelin Throw							W45 - Jean & Kerry Thew Weight Throw						
1	4118 Lynette Smith	W42	NSW	32.94m	37.86m	51.87%	1	4625 Gabriele Watts	W47	NSW	12.95m	21.06m	89.25%
2	4108 Lee Anne Grosvenor	W41	QLD	28.18m	31.60m	43.29%	2	4623 Caroline Layt	W47	NSW	11.99m	19.50m	82.63%
3	4117 Althea Mackie	W42	QLD	19.94m	22.92m	31.40%	3	4627 Glenys Whitehead	W48	NSW	10.66m	17.75m	75.23%
4	4127 Selina Ellis	W44	NSW	19.23m	23.27m	31.89%	4	4624 Judy Pfanner	W47	VIC	9.51m	15.46m	65.54%
5	4110 Megan Schenk	W41	SA	17.72m	18.92m	25.92%	W50 - Jean & Kerry Thew Weight Throw						
6	4126 Regina Crouch	W44	WA	15.63m	18.92m	24.48%	1	5104 Jayne Hardy	W50	ACT	14.48m	17.97m	76.17%
7	4128 Lisa Mumberson	W44	NSW	14.76m	17.86m	39.29%	2	5139 Sharon Gibbins	W54	ACT	11.20m	14.94m	63.35%
W45 - Bob & Jan Banens Javelin Throw							3	5127 Wendy Hord	W53	NSW	10.67m	13.97m	59.21%
1	4624 Judy Pfanner	W47	VIC	28.69m	37.73m	51.68%	4	5137 Lesley Dawson	W54	SA	8.28m	11.05m	46.83%
2	4627 Glenys Whitehead	W48	NSW	23.38m	31.65m	43.37%	5	5125 Kylie Everard	W53	WA	7.66m	10.03m	42.51%

6	5126	Annette Gravestock	W53	WA	7.41m	9.70m	41.12%	W85 - Canberra Rural Stockfeeds 1500M Walk							
7	5114	Tanya Colyer	W52	ACT	5.73m	7.36m	31.23%	1	8601	Heather Lee	W86	NSW	11:43.22	6:31.00	86.19%
W55 - Jean & Kerry Thew Weight Throw															
1	5607	Dorn Jenkins	W57	VIC	11.55m	16.34m	69.24%	W30 - Blistex 5000 Metres Walk							
2	5611	Jill Taylor	W57	NSW	11.42m	16.15m	68.47%	1	3106	Jodie Sundstrom	W33	NSW	40:45.30	40:36.99	48.71%
3	5601	Christine Bridle	W55	VIC	10.08m	13.70m	58.10%	W35 - Blistex 5000 Metres Walk							
W60 - Jean & Kerry Thew Weight Throw															
1	6119	Kathryn Glass	W63	WA	11.81m	16.10m	68.23%	W40 - Blistex 5000 Metres Walk							
2	6117	Christine Schultz	W62	VIC	10.48m	13.96m	59.18%	1	4104	Kylie Brown	W41	NSW	29:06.32	27:47.74	71.17%
3	6110	Jillian Senior	W61	NSW	9.11m	11.86m	50.28%	2	4126	Regina Crouch	W44	WA	41:38.88	38:50.21	50.94%
4	6112	Adriana van Bockel	W61	NSW	8.66m	11.27m	47.79%	W45 - Blistex 5000 Metres Walk							
5	6104	Karen Jones	W60	NSW	6.97m	8.88m	37.63%	1	4634	Ann Staunton Jugovic	W49	ACT	27:14.36	24:21.94	81.19%
W65 - Jean & Kerry Thew Weight Throw															
1	6608	Beverley Hamilton	W67	WA	11.13m	16.75m	70.98%	2	4612	Nyle Sunderland	W45	QLD	28:20.27	26:12.76	75.47%
2	6612	Rhondda Dundas	W68	VIC	10.92m	16.86m	71.47%	3	4614	Kate Black	W46	ACT	31:11.22	28:36.85	69.14%
3	6619	Raylea Rudov	W69	ACT	10.23m	16.23m	68.80%	4	4619	Suzanne Brown	W47	NSW	34:14.95	31:09.80	63.48%
W70 - Jean & Kerry Thew Weight Throw															
1	7106	Jan Banens	W71	ACT	11.48m	19.26m	81.65%	W50 - Blistex 5000 Metres Walk							
W75 - Jean & Kerry Thew Weight Throw															
1	7612	Val Worrell	W78	VIC	10.30m	21.66m	91.80%	W55 - Blistex 5000 Metres Walk							
2	7613	Heather Doherty	W79	QLD	9.30m	20.28m	85.95%	1	5613	Barb Bryant	W58	VIC	29:39.78	24:17.11	81.46%
Women - Walks															
W30 - Canberra Rural Stockfeeds 1500M Walk															
1	3105	Belinda Westcott	W32	NSW	11:19.28	11:18.27	49.69%	W60 - Blistex 5000 Metres Walk							
W35 - Canberra Rural Stockfeeds 1500M Walk															
1	3608	Thalita Allen	W38	ACT	9:21.26	9:07.79	61.52%	1	6118	Heather Carr	W63	VIC	27:35.89	21:18.85	92.82%
W40 - Canberra Rural Stockfeeds 1500M Walk															
1	4104	Kylie Brown	W41	NSW	8:08.85	7:46.86	72.19%	2	6115	Sue Hoskin	W62	NZ	29:41.28	23:12.61	85.24%
2	4126	Regina Crouch	W44	WA	11:14.26	10:28.75	53.60%	3	6120	Sarah Ladwig	W63	WA	34:20.20	26:31.10	74.60%
W45 - Canberra Rural Stockfeeds 1500M Walk															
1	4634	Ann Staunton Jugovic	W49	ACT	7:32.87	6:45.32	83.15%	W40 - The Tradies 10K Road Walk							
2	4614	Kate Black	W46	ACT	8:37.19	7:54.53	71.02%	1	4104	Kylie Brown	W41	NSW	58:17.00	55:39.64	73.57%
3	4628	Helena Bialecki	W49	ACT	8:52.39	7:56.49	70.73%	2	4126	Regina Crouch	W44	WA	1:27:36.0	1:21:38.6	50.16%
4	4619	Suzanne Brown	W47	NSW	9:23.99	8:33.24	65.66%	W45 - The Tradies 10K Road Walk							
W50 - Canberra Rural Stockfeeds 1500M Walk															
1	5133	Pam Tindal	W53	VIC	7:17.27	6:18.24	89.10%	1	4634	Ann Staunton Jugovic	W49	ACT	56:00.00	49:54.77	82.04%
2	5109	Donna Marie Elms	W51	VIC	8:35.74	7:33.86	74.25%	2	4612	Nyle Sunderland	W45	QLD	59:09.00	54:39.64	74.92%
W55 - Canberra Rural Stockfeeds 1500M Walk															
1	5613	Barb Bryant	W58	VIC	8:27.08	6:59.21	80.39%	W50 - The Tradies 10K Road Walk							
2	5620	Nancy Lloyd	W59	NSW	9:42.95	7:57.27	70.61%	1	6118	Heather Carr	W63	VIC	57:13.0	43:31.49	94.08%
W60 - Canberra Rural Stockfeeds 1500M Walk															
1	6118	Heather Carr	W63	VIC	7:39.08	6:00.61	93.45%	2	6115	Sue Hoskin	W62	NZ	1:02:42.0	48:19.76	84.73%
2	6115	Sue Hoskin	W62	NZ	8:32.30	6:46.77	82.85%	W65 - The Tradies 10K Road Walk							
3	6120	Sarah Ladwig	W63	WA	9:47.09	7:41.16	73.08%	1	6602	Celia Johnson	W65	VIC	1:10:24.0	52:05.77	78.60%
W65 - Canberra Rural Stockfeeds 1500M Walk															
1	6602	Celia Johnson	W65	VIC	9:52.41	7:35.09	74.05%	W70 - The Tradies 10K Road Walk							
2	6606	Valerie Millard	W66	WA	10:21.93	7:52.24	71.36%	1	7105	Gwen Steed	W70	VIC	1:10:01.0	48:02.73	85.23%
3	6610	Trish Thomas	W67	ACT	16:09.24	12:07.23	46.34%	2	7109	Joan Purcell	W71	QLD	1:10:32.0	47:37.03	86.00%
W70 - Canberra Rural Stockfeeds 1500M Walk															
1	7105	Gwen Steed	W70	VIC	9:17.63	6:42.95	83.63%	W75 - The Tradies 10K Road Walk							
2	7110	Lynne Schickert	W71	WA	10:37.45	7:34.57	74.14%	1	7601	Margaret Beaumont	W75	VIC	1:27:34.0	55:06.87	74.30%
W75 - Canberra Rural Stockfeeds 1500M Walk															
1	7605	Margaret Roberts	W75	NT	12:09.71	8:11.76	68.53%	W85 - The Tradies 10K Road Walk							
2	7601	Margaret Beaumont	W75	VIC	12:41.85	8:33.42	65.64%	1	8601	Heather Lee	W86	NSW	1:20:54.0	39:54.48	102.61%
3	7610	Pam Mews	W78	VIC	15:50.14	10:11.23	55.14%								

Women - Relays (runners in order)

Women 4x100 Metre Relay W170+

- 1 Victoria 'A' 54.42**
(4115 Narelle Lehmann W42, 4609 Rachel Little W45, 6114 Kathryn Heagney W62, 5101 Donna Burgess W50)
- 2 South Australia 'A' 56.75**
(3108 Cassie Neubauer W34, 6121 Lyn Peake W63, 5132 Gail Stone W53, 3611 Karen Long W38)
- 3 New South Wales 'A' 58.94**
(5140 Cris Penn W54, 5103 Suzanne Gore W50, 4623 Caroline Layt W47, 3105 Belinda Westcott W32)
- 4 Australian Capital Territory 'A' 59.02**
(4621 Gina Etienne W47, 5122 Sue Bourke W53, 4101 Raelene Campbell W40, 4125 Emma Adams W44)
- 5 Queensland 'A' 1:00.77**
(5604 Dianne Alderman 56, 4630 Karen Lakin 49, 6106 Rosemary Dean 61, 5621 Linda Lynch 59)
- 6 Western Australia 'A' 1:12.20**
(4612 Carol Bowman W58, 5623 Julie Wilson W59, 6605 Gillian Young W65, 4126 Regina Crouch W44)

Women 4x100 Metre Relay W120+

- 1 New South Wales 'A' 52.53**
(4608 Catherine Kermond W45, 4632 Gianna Mogentale W49, 5108 Lynda Douglass W51, 4615 Lisa Harrison W46)
- 2 Western Australia 'A' 56.75**
(3102 Nicole Pinel W30, 4631 Catherine McCloskey W49, 4105 Vicki Cobby W41, 3107 Melissa Foster W34)
- 3 South Australia 'A' 1:05.21**
(5107 Kathryn Blute 51, 7602 Miriam Cudmore 75, 4610 Patricia McHendrie 45, 4110 Megan Schenk 41)
- DQ Queensland 'A'**
(4607 Maryann Hearn W45, 4108 Lee-Anne Grosvenor W41, 4629 Judy Jennings W49, 3614 Leonie Hoffman W39)

Women 4x100 Metre Relay W220+

- 1 Western Australia 'A' 1:02.87**
(5118 Carmel Meyer W52, 4617 Jacqui Sanders W46, 6614 Brenda Painter W68, 6101 Lynne Choate W60)
- 2 Queensland 'A' 1:02.95**
(7108 Noreen Parrish W71, 6611 Marjorie Allison W68, 6604 Hazel McDonnell W65, 6122 Wilma Perkins W63)
- 3 New South Wales 'A' 1:04.56**
(7607 Kathleen Cook W76, 5120 Julie Steele W52, 5602 Ellena Cubban W55, 5134 Margaret Walker W53)
- 4 Australian Capital Territory 'A' 1:11.62**
(7606 Corinne Collins W76, 6116 Maureen Rossiter W62, 7107 Fran Harris W71, 3601 Pauline Armstrong W35)
- DQ Victoria 'A'**
(5601 Christine Bridle W55, 7111 Anne Stobaus W71, 5113 Susan Chapman W52, 5606 Leanne Monk W56)

Women 4x400 Metre Relay W170+

- 1 Victoria 'A' 4:22.84**
(4609 Rachel Little 45, 4115 Narelle Lehmann 42, 3) 5117 Michele Hossack 52, 4) 5101 Donna Burgess 50
- 2 Queensland 'A' 4:33.56**
(4108 Lee-Anne Grosvenor W41, 5609 Anne Ryan W57, 3614 Leonie Hoffman W39, 4630 Karen Lakin W49)
- 3 South Australia 'A' 4:44.14**
(3603 Lisa Davis W36, 6121 Lyn Peake W63, 5132 Gail Stone W53, 3611 Karen Long W38)
- 4 Australian Capital Territory 'A' 4:49.66**
(4125 Emma Adams W44, 4621 Gina Etienne W47, 4101 Raelene Campbell W40, 5122 Sue Bourke W53)

5 Western Australia 'A' 5:43.45

(6120 Sarah Ladwig W63, 6605 Gillian Young W65, 5623 Julie Wilson W59, 4105 Vicki Cobby W41)

Women 4x400 Metre Relay W220+

- 1 Western Australia 'A' 5:22.83**
(5118 Carmel Meyer W52, 6101 Lynne Choate W60, 5612 Carol Bowman W58, 5622 Margaret Saunders W59)
- 2 Australian Capital Territory 'A' 5:36.81**
(6116 Maureen Rossiter W62, 7606 Corinne Collins W76, 5603 Alex Lloyd W55, 4622 Katie Forestier W47)
- 3 New South Wales 'A' 5:48.40**
(5103 Suzanne Gore W50, 6620 Dot Siepmann W69, 5602 Ellena Cubban W55, 5140 Cris Penn W54)
- 4 Queensland 'A' 5:49.70**
(7108 Noreen Parrish W71, 6609 Jean Hampson W67, 4629 Judy Jennings W49, 6601 Irene Davey W65)

Women 4x400 Metre Relay W120+

- 1 New South Wales 'A' 4:26.43**
(5108 Lynda Douglass W51, 4608 Catherine Kermond W45, 4615 Lisa Harrison W46, 4632 Gianna Mogentale W49)
- 2 South Australia 'A' 5:20.08**
(4633 Elizabeth Slattery W49, 7104 Anne Lang W70, 5107 Kathryn Blute W51, 3604 Cherie Gauci W37)

W60 4x800 Metre Relay

- 1 Australia 'A' 11:22.59 (WR)**
(6114 Kathryn Heagney W62, 6111 Kathy Sims W61, 6125 Paula Moorhouse W64, 6107 Jeanette Flynn W61)
- 2 ACT Mixed 'A' 12:05.49**
(4125 Emma Adams W44, 7608 Constance Larmour W77, 5115 Kelley Flood W52, 3104 Kym Chisholm W31)
- 3 State Mixed 'A' 12:20.92**
(4111 Michelle Wells W41, 4105 Vicki Cobby W41, 6123 Susan Archer W64, 4101 Raelene Campbell W40)

Women – Champion of Champions

Women - Champion of Champions Sprint

1	4632	Gianna Mogentale	W49	NSW	11.21
2	6121	Lyn Peake	W63	SA	11.72
3	6114	Kathryn Heagney	W62	VIC	11.74
4	6611	Marjorie Allison	W68	QLD	11.82
5	6122	Wilma Perkins	W63	QLD	11.98
6	7108	Noreen Parrish	W71	QLD	12.17
7	7602	Miriam Cudmore	W75	SA	12.31
8	7607	Kathleen Cook	W76	NSW	12.45

Women - Champion of Champions Throws - Weight

1	5607	Dorn Jenkins	W57	VIC	20.72m
2	7612	Val Worrell	W78	VIC	19.73m
3	6608	Beverley Hamilton	W67	WA	19.65m
4	7106	Jan Banens	W71	ACT	19.45m
5	5104	Jayne Hardy	W50	ACT	19.43m
6	3108	Cassie Neubauer	W34	SA	19.23m
7	3602	Byrony Glass	W35	WA	19.21m
8	4625	Gabriele Watts	W47	NSW	18.83m
9	6119	Kathryn Glass	W63	WA	18.40m
10	4117	Althea Mackie	W42	QLD	18.25m

Womens Throws Pentathlon

W30 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Nicole Pinel - W30 - WA	20.51m	7.41m	22.59m	14.68m	7.88m
	Age Graded Mark:	20.51m	7.41m	22.59m	14.68m	7.88m
	Age Graded Percent:	26.64%	32.74%	29.41%	20.11%	33.39%
	Total Points:	1532	(291)	(361)	(325)	(191)
2	Cassie Neubauer - W34 - SA	18.59m	6.58m	20.37m	21.69m	7.80m
	Age Graded Mark:	18.59m	6.58m	20.37m	21.69m	7.80m
	Age Graded Percent:	24.14%	29.08%	26.52%	29.71%	33.05%
	Total Points:	1522	(250)	(308)	(284)	(320)
W35 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Byrony Glass - W35 - WA	50.41m	11.12m	33.04m	12.21m	17.01m
	Age Graded Mark:	55.15m	11.52m	34.25m	12.96m	18.57m
	Age Graded Percent:	71.64%	50.94%	44.61%	17.77%	78.71%
	Total Points:	3403	(1047)	(629)	(543)	(159)
2	Pauline Armstrong - W35 - ACT	31.28m	6.84m	19.12m	21.16m	10.76m
	Age Graded Mark:	34.22m	7.09m	19.82m	22.47m	11.75m
	Age Graded Percent:	44.45%	31.33%	25.81%	30.79%	49.79%
	Total Points:	2136	(585)	(341)	(275)	(335)
3	Aliimau Matautia - W39 - WA	19.47m	9.04m	23.09m	21.10m	9.20m
	Age Graded Mark:	21.30m	9.37m	23.93m	22.41m	10.04m
	Age Graded Percent:	27.67%	41.41%	31.17%	30.7%	42.57%
	Total Points:	1973	(307)	(488)	(349)	(334)
4	Kellie Watson - W39 - NSW	20.52m	7.02m	19.92m	16.74m	8.85m
	Age Graded Mark:	22.45m	7.27m	20.65m	17.77m	9.66m
	Age Graded Percent:	29.16%	32.16%	26.89%	24.36%	40.95%
	Total Points:	1694	(332)	(352)	(290)	(248)
W40 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Lynette Smith - W42 - NSW	30.10m	9.13m	32.62m	31.83m	8.90m
	Age Graded Mark:	35.40m	10.13m	36.37m	36.52m	10.54m
	Age Graded Percent:	45.98%	44.78%	47.36%	50.03%	44.7%
	Total Points:	2859	(610)	(538)	(584)	(601)
2	Althea Mackie - W42 - QLD	39.41m	7.63m	25.64m	21.04m	12.03m
	Age Graded Mark:	46.35m	8.46m	28.58m	24.14m	14.25m
	Age Graded Percent:	60.2%	37.42%	37.22%	33.07%	60.42%
	Total Points:	2837	(851)	(429)	(436)	(366)
3	Lisa Mumberson - W44 - NSW	27.17m	6.60m	16.75m	15.56m	9.78m
	Age Graded Mark:	31.96m	7.32m	18.67m	17.85m	11.59m
	Age Graded Percent:	41.51%	32.37%	24.32%	24.46%	49.12%
	Total Points:	1985	(536)	(356)	(254)	(249)
4	Selina Ellis - W44 - NSW	16.43m	6.64m	19.16m	18.63m	6.10m
	Age Graded Mark:	19.32m	7.37m	21.36m	21.37m	7.22m
	Age Graded Percent:	25.1%	32.56%	27.82%	29.28%	30.64%
	Total Points:	1566	(266)	(359)	(302)	(314)
5	Megan Schenk - W41 - SA	15.17m	6.02m	17.44m	18.75m	7.03m
	Age Graded Mark:	17.84m	6.68m	19.44m	21.51m	8.33m
	Age Graded Percent:	23.17%	29.52%	25.32%	29.47%	35.31%
	Total Points:	1527	(235)	(315)	(268)	(317)
W45 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Gabriele Watts - W47 - NSW	36.00m	10.41m	35.21m	22.32m	12.67m
	Age Graded Mark:	45.78m	12.43m	42.45m	27.85m	16.41m
	Age Graded Percent:	59.46%	54.93%	55.28%	38.15%	69.54%
	Total Points:	3556	(839)	(690)	(702)	(436)

2	Judy Pfanner - W47 - VIC	23.73m	9.81m	31.55m	28.79m	10.10m
	Age Graded Mark:	30.17m	11.71m	38.04m	35.92m	13.08m
	Age Graded Percent:	39.19%	51.77%	49.54%	49.21%	55.43%
	Total Points:	3026	(497)	(642)	(616)	(589)
3	Caroline Layt - W47 - NSW	31.51m	9.44m	27.20m	20.45m	11.42m
	Age Graded Mark:	40.07m	11.27m	32.79m	25.51m	14.79m
	Age Graded Percent:	52.04%	49.82%	42.71%	34.96%	62.68%
	Total Points:	3021	(713)	(613)	(515)	(392)
4	Glenys Whitehead - W48 - NSW	33.87m	8.83m	27.55m	22.53m	9.91m
	Age Graded Mark:	43.07m	10.54m	33.21m	28.11m	12.83m
	Age Graded Percent:	55.94%	46.6%	43.26%	38.51%	54.39%
	Total Points:	2974	(779)	(565)	(523)	(441)

W50 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Jayne Hardy - W50 - ACT	44.80m	10.75m	30.54m	34.00m	14.51m
	Age Graded Mark:	57.51m	13.55m	40.09m	44.69m	17.15m
	Age Graded Percent:	74.69%	59.89%	52.21%	61.23%	72.7%
	Total Points:	4213	(1100)	(764)	(656)	(757)
2	Sharon Gibbins - W54 - ACT	36.25m	8.25m	24.82m	18.07m	11.93m
	Age Graded Mark:	46.53m	10.40m	32.58m	23.75m	14.10m
	Age Graded Percent:	60.44%	45.96%	42.43%	32.54%	59.77%
	Total Points:	3026	(855)	(556)	(511)	(359)
3	Wendy Hord - W53 - NSW	33.09m	8.32m	17.19m	17.11m	9.49m
	Age Graded Mark:	42.48m	10.48m	22.56m	22.49m	11.21m
	Age Graded Percent:	55.17%	46.35%	29.38%	30.81%	47.55%
	Total Points:	2553	(766)	(561)	(324)	(335)
4	Lesley Dawson - W54 - SA	21.47m	7.44m	18.22m	12.84m	7.90m
	Age Graded Mark:	27.56m	9.37m	23.91m	16.88m	9.33m
	Age Graded Percent:	35.8%	41.45%	31.15%	23.12%	39.58%
	Total Points:	1961	(441)	(488)	(349)	(231)
5	Lorna England - W53 - ACT	22.44m	6.88m	17.28m	12.47m	6.51m
	Age Graded Mark:	28.80m	8.67m	22.68m	16.39m	7.69m
	Age Graded Percent:	37.41%	38.33%	29.54%	22.46%	32.62%
	Total Points:	1811	(467)	(443)	(326)	(222)
6	Annette Tillman - W52 - NSW	17.62m	5.12m	13.13m	11.56m	6.43m
	Age Graded Mark:	22.62m	6.45m	17.23m	15.19m	7.60m
	Age Graded Percent:	29.38%	28.52%	22.44%	20.82%	32.21%
	Total Points:	1411	(335)	(300)	(228)	(200)
7	Tanya Colyer - W52 - ACT	18.31m	5.10m	11.23m	7.59m	5.25m
	Age Graded Mark:	23.50m	6.42m	14.74m	9.97m	6.20m
	Age Graded Percent:	30.53%	28.41%	19.2%	13.67%	26.3%
	Total Points:	1207	(354)	(298)	(185)	(106)

W55 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Dorn Jenkins - W57 - VIC	37.83m	7.40m	25.10m	19.25m	11.79m
	Age Graded Mark:	52.90m	10.14m	36.16m	27.87m	15.23m
	Age Graded Percent:	68.71%	44.82%	47.08%	38.19%	64.53%
	Total Points:	3368	(997)	(539)	(580)	(436)
2	June Lowe - W58 - NSW	34.05m	9.17m	19.65m	20.78m	11.04m
	Age Graded Mark:	47.61m	12.56m	28.30m	30.09m	14.26m
	Age Graded Percent:	61.84%	55.54%	36.86%	41.22%	60.43%
	Total Points:	3240	(879)	(698)	(430)	(478)
3	Jill Taylor - W57 - NSW	31.58m	8.84m	25.18m	14.38m	10.41m
	Age Graded Mark:	44.16m	12.11m	36.27m	20.82m	13.44m
	Age Graded Percent:	57.36%	53.54%	47.23%	28.53%	56.98%
	Total Points:	3061	(803)	(668)	(582)	(304)

W60 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Kathryn Glass - W63 - WA	32.84m	9.20m	23.39m	19.39m	12.32m
	Age Graded Mark:	50.41m	13.81m	37.33m	29.87m	14.91m
	Age Graded Percent:	65.48%	61.05%	48.61%	40.92%	63.21%
	Total Points:	3594	(941)	(781)	(602)	(474)
2	Christine Schultz - W62 - VIC	25.40m	9.18m	24.59m	19.95m	10.51m
	Age Graded Mark:	38.99m	13.78m	39.24m	30.73m	12.72m
	Age Graded Percent:	50.65%	60.92%	51.1%	42.11%	53.93%
	Total Points:	3257	(689)	(779)	(639)	(490)
3	Kate Clarke - W60 - NSW	24.95m	7.61m	22.18m	20.08m	9.47m
	Age Graded Mark:	38.30m	11.42m	35.40m	30.93m	11.46m
	Age Graded Percent:	49.75%	50.5%	46.09%	42.38%	48.59%
	Total Points:	2938	(674)	(623)	(565)	(494)
4	Adriana van Bockel - W61 - NSW	20.32m	5.09m	14.12m	12.19m	8.33m
	Age Graded Mark:	31.19m	7.64m	22.53m	18.78m	10.08m
	Age Graded Percent:	40.52%	33.78%	29.34%	25.73%	42.74%
	Total Points:	1983	(519)	(376)	(324)	(266)
5	Karen Jones - W60 - NSW	17.46m	4.98m	13.60m	8.70m	6.81m
	Age Graded Mark:	26.80m	7.47m	21.70m	13.40m	8.24m
	Age Graded Percent:	34.82%	33.05%	28.26%	18.36%	34.94%
	Total Points:	1651	(424)	(365)	(309)	(167)
6	Lorraine Mussett - W64 - VIC	16.96m	5.26m	13.31m	10.29m	6.12m
	Age Graded Mark:	26.03m	7.89m	21.24m	15.85m	7.41m
	Age Graded Percent:	33.82%	34.9%	27.66%	21.72%	31.4%
	Total Points:	1648	(408)	(392)	(300)	(212)
7	Wendy O'Brien - W64 - ACT	9.95m	3.24m	7.10m	6.18m	4.34m
	Age Graded Mark:	15.27m	4.86m	11.33m	9.52m	5.25m
	Age Graded Percent:	19.84%	21.5%	14.75%	13.04%	22.27%
	Total Points:	812	(181)	(199)	(126)	(98)

W65 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Rhondda Dundas - W68 - VIC	29.04m	8.27m	20.50m	16.91m	10.81m
	Age Graded Mark:	49.47m	13.72m	36.75m	29.21m	14.33m
	Age Graded Percent:	64.26%	60.67%	47.85%	40.01%	60.73%
	Total Points:	3508	(921)	(775)	(591)	(462)
2	Beverley Hamilton - W67 - WA	25.60m	8.04m	21.52m	19.41m	10.62m
	Age Graded Mark:	43.61m	13.34m	38.57m	33.52m	14.08m
	Age Graded Percent:	56.65%	58.99%	50.23%	45.93%	59.66%
	Total Points:	3454	(791)	(750)	(626)	(543)
3	Raylea Rudov - W69 - ACT	22.12m	5.88m	16.63m	15.23m	9.84m
	Age Graded Mark:	37.68m	9.76m	29.81m	26.30m	13.04m
	Age Graded Percent:	48.95%	43.14%	38.82%	36.04%	55.28%
	Total Points:	2719	(660)	(514)	(459)	(407)

W70 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Helen Searle - W73 - QLD	26.29m	8.62m	19.23m	16.79m	9.14m
	Age Graded Mark:	50.37m	15.99m	39.50m	32.99m	13.40m
	Age Graded Percent:	65.41%	70.71%	51.43%	45.21%	56.81%
	Total Points:	3747	(941)	(927)	(644)	(533)
2	Jan Banens - W71 - ACT	28.73m	7.30m	FOUL	14.59m	11.61m
	Age Graded Mark:	55.04m	13.54m		28.67m	17.02m
	Age Graded Percent:	71.49%	59.89%		39.28%	72.16%
	Total Points:	3187	(1045)	(763)	(0)	(451)

W75 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Val Worrell - W78 - VIC	26.51m	7.17m	15.68m	14.28m	10.29m
	Age Graded Mark:	52.97m	13.13m	33.78m	32.54m	15.58m
	Age Graded Percent:	68.8%	58.06%	44%	44.58%	66.05%
	Total Points:	3631	(999)	(736)	(534)	(525)

2 Heather Doherty - W79 - QLD	20.04m	7.10m	19.58m	16.93m	9.25m
Age Graded Mark:	40.04m	13.01m	42.18m	38.59m	14.01m
Age Graded Percent:	52.01%	57.49%	54.94%	52.86%	59.37%
Total Points:	3517	(712)	(728)	(697)	(640)
3 Joyce Schmidt - W77 - NSW	19.97m	6.76m	15.60m	13.54m	6.69m
Age Graded Mark:	39.90m	12.38m	33.61m	30.86m	10.13m
Age Graded Percent:	51.83%	54.74%	43.77%	42.27%	42.94%
Total Points:	2920	(709)	(686)	(531)	(493)
4 Mary Wahren - W78 - ACT	17.65m	5.57m	11.21m	12.50m	5.24m
Age Graded Mark:	35.27m	10.20m	24.15m	28.49m	7.93m
Age Graded Percent:	45.81%	45.1%	31.45%	39.03%	33.63%
Total Points:	2319	(608)	(543)	(353)	(448)

Women - Pentathlon

W30 Kingston Physiotherapy Pentathlon		100m	SP	LJ	JT	800m
1 Melissa Foster - W34 - WA		13.36	9.39m	5.50m	27.77m	3:03.12
w:	0.8		w: 0.2			
Age Graded Mark:	13.37	9.39m	5.50m	27.77m	3:03.13	
Age Graded Percent:	78.52%	41.49%	73.14%	38.04%	61.86%	
Total Points:	2667	(706)	(490)	(700)	(434)	(337)
2 Belinda Westcott - W32 - NSW		14.24	6.77m	3.93m	17.89m	2:55.35
w:	0.8		w: 0.2			
Age Graded Mark:	14.25	6.77m	3.93m	17.89m	2:55.36	
Age Graded Percent:	73.67%	29.92%	52.26%	24.51%	64.6%	
Total Points:	1837	(566)	(320)	(292)	(250)	(409)
3 Cassie Neubauer - W34 - SA		13.90	6.71m	4.30m	21.68m	3:22.15
w:	0.8		w: 0.2			
Age Graded Mark:	13.91	6.71m	4.30m	21.68m	3:22.16	
Age Graded Percent:	75.47%	29.65%	57.18%	29.7%	56.04%	
Total Points:	1820	(618)	(316)	(379)	(320)	(187)

W35 Kingston Physiotherapy Pentathlon		100m	SP	LJ	JT	800m
1 Leonie Hoffman - W39 - QLD		13.11	10.05m	4.38m	30.92m	2:47.73
w:	0.8		w: +0.0			
Age Graded Mark:	12.98	10.41m	4.59m	32.84m	2:46.91	
Age Graded Percent:	80.85%	46.04%	61.17%	44.99%	67.87%	
Total Points:	2807	(773)	(556)	(451)	(531)	(496)
2 Kelly Rosas - W39 - NT		16.04	5.40m	3.86m	10.78m	3:26.25
w:	0.8		w: 0.1			
Age Graded Mark:	15.88	5.59m	4.05m	11.44m	3:25.24	
Age Graded Percent:	66.08%	24.74%	53.91%	15.68%	55.2%	
Total Points:	1205	(343)	(245)	(319)	(132)	(166)

W40 Kingston Physiotherapy Pentathlon		100m	SP	LJ	JT	800m
1 Lee Anne Grosvenor - W41 - QLD		13.46	8.17m	4.79m	28.37m	2:34.24
w:	0.8		w: 0.2			
Age Graded Mark:	12.86	9.06m	5.31m	32.55m	2:27.10	
Age Graded Percent:	81.65%	40.07%	70.75%	44.59%	77.01%	
Total Points:	3162	(794)	(468)	(645)	(525)	(730)
2 Lynette Smith - W42 - NSW		14.27	9.84m	4.42m	33.11m	2:54.03
w:	0.8		w: +0.0			
Age Graded Mark:	13.63	10.92m	4.90m	37.99m	2:45.98	
Age Graded Percent:	77.01%	48.26%	65.29%	52.04%	68.25%	
Total Points:	2920	(663)	(590)	(532)	(629)	(506)
3 Vicki Cobby - W41 - WA		14.71	7.94m	4.03m	17.91m	2:52.48
w:	0.8		w: 0.2			
Age Graded Mark:	14.05	8.81m	4.47m	20.55m	2:44.50	
Age Graded Percent:	74.71%	38.94%	59.53%	28.15%	68.87%	
Total Points:	2290	(596)	(452)	(421)	(299)	(522)

4	Raelene Campbell - W40 - ACT	14.86 w: 0.8	6.50m	4.13m	16.46m	3:01.25
	Age Graded Mark:	14.19	7.21m	4.58m	18.88m	2:52.86
	Age Graded Percent:	73.96%	31.88%	61%	25.87%	65.53%
	Total Points:	2073	(575)	(348)	(448)	(268)
W45 Kingston Physiotherapy Pentathlon		100m	SP	LJ	JT	800m
1	Rachel Little - W45 - VIC	13.57 w: 1.0	7.79m	4.52m	19.51m	2:36.63
	Age Graded Mark:	12.48	9.30m	5.32m	24.34m	2:22.90
	Age Graded Percent:	84.08%	41.11%	70.74%	33.35%	79.28%
	Total Points:	3149	(862)	(484)	(648)	(370)
2	Judy Jennings - W49 - QLD	14.69 w: 1.0	7.59m	3.88m	22.06m	3:20.86
	Age Graded Mark:	13.51	9.06m	4.56m	27.52m	3:03.25
	Age Graded Percent:	77.67%	40.05%	60.72%	37.71%	61.82%
	Total Points:	2360	(683)	(468)	(443)	(430)
3	Catherine McCloskey - W49 - WA	14.14 w: 1.0	5.50m	4.13m	13.50m	2:59.98
	Age Graded Mark:	13.01	6.56m	4.86m	16.84m	2:44.20
	Age Graded Percent:	80.69%	29.02%	64.63%	23.08%	68.99%
	Total Points:	2353	(768)	(307)	(522)	(230)
4	Gina Etienne - W47 - ACT	15.71 w: 1.0	7.93m	3.51m	21.92m	3:16.44
	Age Graded Mark:	14.45	9.47m	4.13m	27.35m	2:59.22
	Age Graded Percent:	72.63%	41.85%	54.93%	37.47%	63.21%
	Total Points:	2168	(536)	(495)	(338)	(427)
5	Janet Naylor - W46 - NSW	14.80 w: 1.0	7.17m	4.10m	19.15m	4:03.01
	Age Graded Mark:	13.62	8.56m	4.82m	23.89m	3:41.70
	Age Graded Percent:	77.09%	37.84%	64.16%	32.74%	51.1%
	Total Points:	2049	(665)	(436)	(511)	(361)
6	Robyn Smith - W46 - NSW	16.66 w: 1.0	6.58m	3.39m	14.86m	3:06.16
	Age Graded Mark:	15.33	7.85m	3.99m	18.54m	2:49.84
	Age Graded Percent:	68.49%	34.72%	53.05%	25.4%	66.7%
	Total Points:	1835	(412)	(390)	(306)	(262)
7	Caroline Layt - W47 - NSW	16.61 w: 1.0	9.84m	3.09m	20.12m	4:53.20
	Age Graded Mark:	15.28	11.75m	3.63m	25.10m	4:27.49
	Age Graded Percent:	68.69%	51.93%	48.36%	34.39%	42.35%
	Total Points:	1675	(419)	(645)	(227)	(384)
8	Nicole Blair - W45 - NSW	17.47 w: 1.0	5.37m	2.96m	14.51m	4:59.92
	Age Graded Mark:	16.07	6.41m	3.48m	18.10m	4:33.62
	Age Graded Percent:	65.31%	28.34%	46.32%	24.8%	41.4%
	Total Points:	1067	(320)	(297)	(196)	(254)
W50 Kingston Physiotherapy Pentathlon		100m	SP	LJ	JT	800m
1	Donna Burgess – W50 - VIC	14.32 w: 0.7	9.58m	4.31m	24.63m	2:34.73
	Age Graded Mark:	12.67	12.07m	5.40m	32.38m	2:14.76
	Age Graded Percent:	82.82%	53.37%	71.83%	44.35%	84.06%
	Total Points	3583	(828)	(666)	(671)	(522)
2	Michele Hossack - W52 - VIC	14.44 w: 0.7	8.70m	4.07m	15.23m	2:48.98
	Age Graded Mark:	12.78	10.96m	5.10m	20.02m	2:27.17
	Age Graded Percent:	82.13%	48.47%	67.83%	27.43%	76.97%
	Total Points	3005	(808)	(592)	(587)	(289)

3	Christine Shaw – W53 - NSW	14.51 w: 0.7	9.29m	4.41m	25.77m	3:37.85
	Age Graded Mark:	12.84	11.71m	5.52m	33.87m	3:09.73
	Age Graded Percent:	81.74%	51.75%	73.5%	46.41%	59.71%
	Total Points	2975	(797)	(642)	(706)	(550)
4	Susan Chapman – W52 - VIC	15.20 w: 0.7	7.48m	4.30m	22.04m	2:57.26
	Age Graded Mark:	13.45	9.43m	5.39m	28.97m	2:34.38
	Age Graded Percent:	78.03%	41.67%	71.67%	39.69%	73.38%
	Total Points	2949	(693)	(492)	(668)	(457)
5	Carmel Meyer – W52 - WA	15.59 w: 0.7	6.13m	3.57m	16.02m	2:57.71
	Age Graded Mark:	13.79	7.72m	4.47m	21.06m	2:34.77
	Age Graded Percent:	76.07%	34.15%	59.5%	28.85%	73.19%
	Total Points	2382	(637)	(381)	(421)	(309)
W55 Kingston Physiotherapy Pentathlon		100m	SP	LJ	JT	800m
1	Alex Lloyd – W55 - ACT	15.82 w: 0.8	7.38m	3.98m	20.54m	3:10.81
	Age Graded Mark:	13.44	10.11m	5.33m	29.74m	2:38.28
	Age Graded Percent:	78.07%	44.7%	70.94%	40.75%	71.57%
	Total Points	2947	(694)	(537)	(651)	(472)
2	Christine Bridle – W55 - VIC	15.46 w: 0.8	6.57m	3.91m	19.25m	3:22.86
	Age Graded Mark:	13.13	9.00m	5.24m	27.87m	2:48.28
	Age Graded Percent:	79.88%	39.79%	69.7%	38.19%	67.32%
	Total Points	2755	(747)	(464)	(626)	(436)
3	Ilenna Cubban – W55 - NSW	15.58 w: 0.8	8.02m	3.38m	14.90m	4:06.94
	Age Graded Mark:	13.24	10.99m	4.53m	21.57m	3:24.84
	Age Graded Percent:	79.27%	48.58%	60.25%	29.56%	55.3%
	Total Points	2245	(728)	(594)	(436)	(318)
4	Julie Wilson – W59 - WA	18.73 w: 0.8	4.60m	2.76m	14.12m	3:29.35
	Age Graded Mark:	15.91	6.30m	3.69m	20.44m	2:53.66
	Age Graded Percent:	65.94%	27.86%	49.2%	28.01%	65.23%
	Total Points	1591	(339)	(290)	(239)	(297)
						(426)
W60 Kingston Physiotherapy Pentathlon		100m	SP	LJ	JT	800m
1	Jillian Senior – W61 - NSW	18.99 w: 0.8	5.41m	3.12m	14.12m	4:07.67
	Age Graded Mark:	15.46	8.12m	4.49m	21.75m	3:14.38
	Age Graded Percent:	67.88%	35.9%	59.77%	29.8%	58.28%
	Total Points	1792	(395)	(407)	(426)	(321)
						(243)
2	Carey Dickason – W62 - WA	21.12 w: 0.8	5.25m	2.41m	12.87m	3:46.50
	Age Graded Mark:	17.20	7.88m	3.47m	19.83m	2:57.76
	Age Graded Percent:	61.03%	34.84%	46.17%	27.16%	63.73%
	Total Points	1458	(200)	(392)	(194)	(286)
						(386)
3	Sarah Ladwig – W63 - WA	20.36 w: 0.8	4.26m	2.66m	8.70m	3:43.64
	Age Graded Mark:	16.58	6.39m	3.83m	13.40m	2:55.52
	Age Graded Percent:	63.31%	28.27%	50.96%	18.36%	64.54%
	Total Points	1404	(263)	(296)	(270)	(167)
						(408)
W65 Kingston Physiotherapy Pentathlon		100m	SP	LJ	JT	800m
	DNF Jean Hampson – W67 - QLD	17.91 w: 0.7	FOUL	DNS	DNS	DNS
	Age Graded Mark:	13.95				
	Age Graded Percent:	75.21%				
	Total Points	DNF	(612)	(0)	(0)	(0)

W75 Kingston Physiotherapy Pentathlon	100m	SP	LJ	JT	800m
1 Miriam Cudmore – W75 - SA	17.57	6.53m	3.24m	14.90m	4:10.34
w: 0.7		NWI			
Age Graded Mark:	12.22	11.96m	6.05m	33.96m	2:31.54
Age Graded Percent:	85.89%	52.87%	80.6%	46.52%	74.76%
Total Points	3660	(911)	(658)	(865)	(552)
					(674)



Above: The W30 and W35 young guns power away at the start of the 100m (Photo: Andrew Atkinson Howatt)

Below: Lisa Davis drives out over the water jump in the combine womens 2000m Steeplechase (Photo: John Worrell)





The combined M30 and M35 1500m - Darren Peacock M36 NT leads Andrew Neil M36 NSW and Brendan Whelen M39 QLD in the pack chasing Brett Halls NSW
(Photo: John Worrell)



Darren Hughes M50 NSW leads home Rudi Kocis M51 WA, Bruce Solomon M50 NZ and David Isackson M51 NSW in the M50 60 Metre Sprint (Photo: John Worrell)



Albert Gay M71 NSW shows good style and gets a nice bend in the pole (Photo: Jim White)



Top Left: Philip Robinson M53 3rd M50 Shot Put. Top Right: Richard Hughes M81 NSW powers away in the 100m.
Bottom Left: Lee Anne Grosvenor W41 QLD sucks in the big ones in the W40 400m. Bottom Right: Charles Chambers M53 VIC (left) & Mark Purvis M71 VIC (right) the eventual winner, string out the pack in the M55 5000m
Photos: Andrew Atkinson Howatt)



Stampede at the start
of the Women and
Men 70+ 8K Cross
Country at Stromlo
Forest Park (Photo: Jim
White)

Carolyn Davis W47 TAS
(right) with her team
mate Fiona Lennon W43
TAS leads Robyn Basman
W54 NSW and Lisa Davis
W36 SA and another
unidentified TAs runner
on the beautiful Cross
country course (Photo: Jim
White)



The colourful bibbed Women and Men Champion of Champions Sprint competitors (Photos: Jim White)

M75 - The Tradies 60 Metre Sprint

1	7503	David Janssan	M75	SA	9.31	NWI	6.96	91.84%
2	7505	Norman Richards	M75	WA	9.43	NWI	7.05	90.67%
3	7502	Donald Chambers	M75	VIC	9.69	NWI	7.25	88.24%
4	7514	Leon Sander	M76	WA	9.78	NWI	7.24	88.34%
5	7508	Allan Wood	M75	VIC	10.56	NWI	7.90	80.97%
6	7520	James Anthony	M78	NSW	15.24	NWI	11.05	57.81%

M80 - The Tradies 60 Metre Sprint

1	8003	Richard Hughes	M81	NSW	9.82	NWI	6.89	92.77%
2	8009	Hughie Thomsen	M82	QLD	11.62	NWI	8.05	79.43%
3	8007	Brian Sharpe	M82	NSW	12.55	NWI	8.69	73.55%

M85 - The Tradies 60 Metre Sprint

1	8503	Jim Sinclair	M88	VIC	11.63	NWI	7.08	90.28%
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M30 - Centenary of Canberra 100 Metre Sprint

1	3003	Piyush Kuar	M32	NSW	11.06	0.6	11.07	88.52%
2	3010	Mark Rossiter	M34	ACT	11.72	0.6	11.69	83.79%
3	3001	Adam Farlow	M30	ACT	11.91	0.6	11.92	82.20%

M35 - Centenary of Canberra 100 Metre Sprint

1	3523	Ed White	M39	NSW	11.16	0.6	10.74	91.22%
2	3518	Samuel Odede	M39	NSW	11.27	0.6	10.84	90.33%
3	3519	Andrew Pritchard	M39	NSW	12.60	0.6	12.12	80.79%

M40 - Centenary of Canberra 100 Metre Sprint

Heat-1

1	4017	Robert Colling	M42	WA	11.67Q	0.7	10.99	89.12%
2	4013	Gregory Smith	M41	NSW	11.76Q	0.7	11.15	87.84%
3	4039	Andrew Wilcox	M44	VIC	12.11Q	0.7	11.25	87.04%
4	4028	David Wilczek	M43	SA	12.33q	0.7	11.53	84.91%
5	4016	Paul Stinson	M41	NSW	12.58q	0.7	11.93	82.11%
6	4029	Scott Yates	M43	ACT	13.67	0.7	12.79	76.59%
7	4018	Ej Davie	M42	NSW	15.56	0.7	14.65	66.84%

Heat-2

1	4012	Robert Lehmann	M41	VIC	11.94Q	0.9	11.32	86.52%
2	4037	Krzysztof Wardecki	M44	NSW	12.18Q	0.9	11.31	86.54%
3	4025	David Skala	M43	NSW	12.67Q	0.9	11.85	82.64%
4	4008	Rod Rushton	M40	NSW	12.69	0.9	12.12	80.85%
5	4033	Craig Ferguson	M44	NSW	12.97	0.9	12.05	81.26%
6	4030	Greg Brennan	M44	WA	13.56	0.9	12.60	77.73%
7	4010	Andrew Cassin	M41	NSW	13.76	0.9	13.05	75.07%

Final

1	4013	Gregory Smith	M41	NSW	11.22	0.6	10.64	92.07%
2	4017	Robert Colling	M42	WA	11.40	0.6	10.74	91.23%
3	4012	Robert Lehmann	M41	VIC	11.57	0.6	10.97	89.28%
4	4039	Andrew Wilcox	M44	VIC	11.99	0.6	11.14	87.91%
5	4037	Krzysztof Wardecki	M44	NSW	12.02	0.6	11.17	87.69%
6	4028	David Wilczek	M43	SA	12.46	0.6	11.66	84.03%
7	4025	David Skala	M43	NSW	12.56	0.6	11.75	83.36%
8	4016	Paul Stinson	M41	NSW	12.71	0.6	12.05	81.27%

M45 - Centenary of Canberra 100 Metre Sprint

Heat-1

1	4517	John McCarthy	M46	NSW	12.25Q	+0.0	11.22	87.27%
2	4543	Mark Macfarlane	M49	NZ	12.72Q	+0.0	11.43	85.69%
3	4522	Con Kotis	M47	NSW	12.76Q	+0.0	11.62	84.33%
4	4503	James Christmass	M45	VIC	14.65	+0.0	13.51	72.49%

Heat-2

1	4510	Ken Telfer	M45	ACT	12.29Q	0.5	11.34	86.41%
2	4539	John Campbell	M49	NZ	12.50Q	0.5	11.23	87.20%
3	4546	Brett Reid	M49	NSW	12.53Q	0.5	11.25	86.99%
4	4519	Christopher Brack	M47	NSW	12.55q	0.5	11.42	85.74%
5	4513	John White	M45	VIC	12.98q	0.5	11.97	81.82%
6	4527	Paul O'Neill	M47	VIC	13.12	0.5	11.94	82.01%
7	4511	Julius Weitsz	M45	VIC	13.54	0.5	12.49	78.43%

Final

1	4539	John Campbell	M49	NZ	11.82	0.3	10.62	92.22%
2	4519	Christopher Brack	M47	NSW	12.03	0.3	10.95	89.44%
3	4517	John McCarthy	M46	NSW	12.30	0.3	11.27	86.91%

4 4546 Brett Reid

M49 NSW 12.35 0.3 11.09 88.26%

5 4510 Ken Telfer

M45 ACT 12.41 0.3 11.45 85.58%

6 4543 Mark Macfarlane

M49 NZ 12.79 0.3 11.49 85.22%

7 4522 Con Kotis

M47 NSW 12.87 0.3 11.72 83.61%

8 4513 John White

M45 VIC 13.12 0.3 12.10 80.95%

M50 - Centenary of Canberra 100 Metre Sprint

Heat-1

1	5013	Bruce Solomon	M50	NZ	12.57Q	2.6	11.21	87.35%
2	5033	Ian Frater	M52	NSW	12.72Q	2.6	11.20	87.42%
3	5005	Darren Hughes	M50	NSW	12.81Q	2.6	11.43	85.71%
4	5018	Mick Daly	M51	NSW	13.28q	2.6	11.77	83.21%
5	5012	Colin Smith	M50	WA	13.43	2.6	11.98	81.76%

Heat-2

1	5024	David Isackson	M51	NSW	12.69Q	0.6	11.25	87.08%
2	5026	Rudy Kocis	M51	WA	12.79Q	0.6	11.34	86.40%
3	5049	Peter Shepherd	M53	NSW	12.95Q	0.6	11.33	86.41%
4	5009	Warren Peters	M50	QLD	13.04q	0.6	11.63	84.20%
5	5051	Rod Walke	M50	QLD	14.21	0.6	12.43	78.75%

Final

1	5005	Darren Hughes	M50	NSW	12.09	1.1	10.79	90.82%
2	5026	Rudy Kocis	M51	WA	12.16	1.1	10.78	90.87%
3	5024	David Isackson	M51	NSW	12.29	1.1	10.89	89.91%
4	5013	Bruce Solomon	M50	NZ	12.32	1.1	10.99	89.12%
5	5033	Ian Frater	M52	NSW	12.55	1.1	11.05	88.61%
6	5049	Peter Shepherd	M53	NSW	12.76	1.1	11.17	87.70%
7	5018	Mick Daly	M51	NSW	13.37	1.1	11.85	82.65%

M55 - Centenary of Canberra 100 Metre Sprint

Heat-1

1	5511	Alex Jefferies	M56	SA	13.64Q	1.6	11.71	83.65%
2	5536	Drew Percival	M58	NSW	13.76Q	1.6	11.66	83.94%
3	5539	Joe Begley	M59	QLD	14.18Q	1.6	11.94	82.02%
DNF	5501	Leo Kennedy	M55	ACT	DNF	1.6		

Heat-2

1	5524	Wayne Bingham	M58	VIC	13.28Q	0.2	11.26	86.97%

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6	6038	Graham Ford	M63	VIC	14.34	0.4	11.79	83.05%
7	6034	Bill Carr	M63	VIC	14.54	0.4	11.95	81.91%
8	6043	Bob Martyn	M63	NSW	15.02	0.4	12.35	79.29%

M65 - Centenary of Canberra 100 Metre Sprint

1	6535	Rob McDonald	M69	QLD	13.44	0.1	10.66	91.89%
2	6523	Keith Howden	M67	VIC	13.73	0.1	11.02	88.86%
3	6501	Dennis Aspinall	M65	VIC	13.87	0.1	11.26	86.95%
4	6513	Garry Maher	M66	ACT	14.51	0.1	11.71	83.60%
5	6536	Stanley Miller	M69	SA	15.26	0.1	12.10	80.93%

M70 - Centenary of Canberra 100 Metre Sprint

1	7007	Neville McIntyre	M70	NSW	13.62	0.4	10.74	91.19%
2	7028	Michael Stevenson	M72	TAS	14.63	0.4	11.26	86.94%
3	7004	Bruce Green	M70	NSW	14.70	0.4	11.59	84.49%
4	7013	Albert Gay	M71	NSW	15.23	0.4	11.87	82.53%
5	7034	Russell Oakley	M73	VIC	16.20	0.4	12.32	79.51%
6	7030	Tony Bradford	M73	VIC	16.80	0.4	12.78	76.67%
7	7032	Kevin de Smet	M73	ACT	18.11	0.4	13.77	71.12%
8	7029	Peter Woods	M72	NSW	18.18	0.4	13.99	69.97%

M75 - Centenary of Canberra 100 Metre Sprint

1	7503	David Janssan	M75	SA	14.99	0.7	11.12	88.06%
2	7505	Norman Richards	M75	WA	15.02	0.7	11.15	87.88%
3	7502	Donald Chambers	M75	VIC	15.17	0.7	11.26	87.01%
4	7514	Leon Sander	M76	WA	16.40	0.7	12.00	81.65%
5	7508	Allan Wood	M75	VIC	17.44	0.7	12.94	75.69%

M80 - Centenary of Canberra 100 Metre Sprint

1	8003	Richard Hughes	M81	NSW	16.04	1.5	10.88	90.02%
2	8009	Hughie Thomsen	M82	QLD	19.33	1.5	12.88	76.00%
3	8007	Brian Sharpe	M82	NSW	20.89	1.5	13.92	70.32%

M85 - Centenary of Canberra 100 Metre Sprint

1	8503	Jim Sinclair	M88	VIC	18.87	1.5	11.29	86.75%
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M30 - Rolfe Renault 200 Metres

1	3007	Jay Stone	M33	NSW	22.13	0.2	21.69	89.06%
2	3001	Adam Farlow	M30	ACT	23.18	0.2	23.19	83.35%
3	3010	Mark Rossiter	M34	ACT	23.42	0.2	22.77	84.88%
4	3008	Steve Clark	M34	NSW	24.74	0.2	24.05	80.36%
5	3004	Mark Lyden	M32	TAS	27.30	0.2	26.97	71.65%

M35 - Rolfe Renault 200 Metres

1	3523	Ed White	M39	NSW	22.33	4.1	20.88	92.57%
2	3512	Brett Maurer	M37	VIC	23.22	4.1	22.05	87.64%
3	3506	Geoff Gibbons	M36	TAS	23.73	4.1	22.71	85.08%

M40 - Rolfe Renault 200 Metres

1	4013	Gregory Smith	M41	NSW	22.63	2.1	20.84	92.75%
2	4012	Robert Lehmann	M41	VIC	22.95	2.1	21.13	91.46%
3	4039	Andrew Wilcox	M44	VIC	23.85	2.1	21.48	89.98%
4	4037	Krzysztof Wardecki	M44	NSW	23.96	2.1	21.58	89.57%
5	4025	David Skala	M43	NSW	25.76	2.1	23.37	82.69%
6	4033	Craig Ferguson	M44	NSW	26.04	2.1	23.45	82.41%
7	4029	Scott Yates	M43	ACT	26.50	2.1	24.04	80.38%
8	4030	Greg Brennan	M44	WA	26.83	2.1	24.16	79.99%

M45 - Rolfe Renault 200 Metres

1	4539	John Campbell	M49	NZ	23.78	2.4	20.65	93.57%
2	4519	Christopher Brack	M47	NSW	24.26	2.4	21.38	90.40%
3	4517	John McCarthy	M46	NSW	24.53	2.4	21.77	88.79%
4	4546	Brett Reid	M49	NSW	25.24	2.4	21.92	88.15%
5	4543	Mark Macfarlane	M49	NZ	25.58	2.4	22.21	86.98%
6	4513	John White	M45	VIC	26.47	2.4	23.66	81.68%
7	4525	Greg Mather	M47	NSW	29.23	2.4	25.75	75.03%

M50 - Rolfe Renault 200 Metres

Heat-1	1	5005	Darren Hughes	M50	NSW	24.50Q	0.6	21.12	91.51%
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2	5013	Bruce Solomon	M50	NZ	24.91Q	0.6	21.47	90.00%
3	5031	Todd Devery	M52	NSW	25.36Q	0.6	21.56	89.63%
4	5033	Ian Frater	M52	NSW	25.45q	0.6	21.64	89.31%
5	5009	Warren Peters	M50	QLD	26.16q	0.6	22.55	85.70%

Heat-2

1	5026	Rudy Kocis	M51	WA	24.80Q	1.9	21.23	91.01%
2	5024	David Isackson	M51	NSW	25.06Q	1.9	21.46	90.06%
3	5012	Colin Smith	M50	WA	26.33Q	1.9	22.70	85.15%
4	5053	Paul Carr	M54	NSW	27.07	1.9	22.70	85.11%
5	5051	Rod Walke	M53	QLD	29.13	1.9	24.60	78.54%
6	5062	David Perrett	M54	NSW	30.37	1.9	25.47	75.86%

Final

1	5026	Rudy Kocis	M51	WA	23.86	2.2	20.43	94.59%
2	5005	Darren Hughes	M50	NSW	23.90	2.2	20.60	93.81%
3	5024	David Isackson	M51	NSW	23.91	2.2	20.47	94.40%
4	5013	Bruce Solomon	M50	NZ	24.42	2.2	21.05	91.81%
5	5009	Warren Peters	M50	QLD	25.95	2.2	22.37	86.40%
6	5012	Colin Smith	M50	WA	26.31	2.2	22.68	85.21%
7	5031	Todd Devery	M52	NSW	26.58	2.2	22.60	85.52%

M55 - Rolfe Renault 200 Metres

Heat-1	2	5513	Rob Mayston	M56	VIC	26.92Q	1.0	22.27	86.78%
3	5549	Paul Turner	M59	VIC	27.22Q	1.0	22.07	87.58%	
5	5539	Joe Begley	M59	QLD	27.32q	1.0	22.15	87.26%	
6	5536	Drew Percival	M58	NSW	27.66q	1.0	22.58	85.61%	
7	5524	Wayne Bingham	M58	VIC	27.85q	1.0	22.73	85.03%	
11	5553	Bruce McGeorge	M58	NT	34.25	1.0	27.95	69.14%	

Heat-2

1	5523	Andrew Watts	M57	VIC	26.33Q	1.6	21.64	89.33%
2	5513	Rob Mayston	M56	VIC	25.86	4.0	21.39	90.33%
3	5547	Ken Porter	M59	NSW	26.20	4.0	21.24	90.99%
4	5539	Joe Begley	M59	QLD	26.47	4.0	21.46	90.06%
5	5511	Alex Jefferies	M56	SA	27.04	4.0	22.37	86.39%
6	5549	Paul Turner	M59	VIC	27.21	4.0	22.06	87.61%
7	5536	Drew Percival	M58	NSW	27.29	4.0	22.27	86.77%
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2	7505	Norman Richards	M75	WA	31.65	NWI 21.92	88.15%
3	7514	Leon Sander	M76	WA	31.87	NWI 21.71	89.02%
4	7502	Donald Chambers	M75	VIC	32.10	NWI 22.23	86.92%
5	7508	Allan Wood	M75	VIC	36.70	NWI 25.42	76.02%
6	7520	James Anthony	M78	NSW	51.56	NWI 33.95	56.92%

M80 - Rolfe Renault 200 Metres

1	8003	Richard Hughes	M81	NSW	32.35	0.9	20.13	96.01%
2	8001	David Carr	M80	WA	32.94	0.9	20.94	92.29%
3	8010	Irwin Barrett Lennard	M83	WA	38.94	0.9	23.18	83.38%
4	8009	Hughie Thomsen	M82	QLD	42.71	0.9	26.00	74.32%
5	8007	Brian Sharpe	M82	NSW	43.86	0.9	26.70	72.37%

M85 - Rolfe Renault 200 Metres

1	8503	Jim Sinclair	M88	VIC	40.51	0.9	20.67	93.51%
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M30 - Rolfe Renault 400 Metres

1	3007	Jay Stone	M33	NSW	49.61	48.89	88.33%
2	3008	Steve Clark	M34	NSW	58.43	57.14	75.58%
3	3004	Mark Lyden	M32	TAS	1:04.10	1:03.65	67.85%

M35 Rolfe Renault 400 Metres

1	3512	Brett Maurer	M37	VIC	51.45	49.20	87.77%
2	3511	Roland Groeschell	M37	NSW	1:00.29	57.65	74.90%

M40 - Rolfe Renault 400 Metres

1	4039	Andrew Wilcox	M44	VIC	52.65	47.85	90.24%
2	4037	Krzysztof Wardecki	M44	NSW	54.60	49.63	87.01%
3	4001	Wayne Adams	M40	QLD	54.69	51.14	84.44%
4	4020	Michael Pickering	M42	NSW	55.72	51.37	84.06%
5	4029	Scott Yates	M43	ACT	1:00.45	55.34	78.03%
6	4040	William Yee	M44	TAS	1:01.51	55.91	77.24%
7	4018	Ej Davie	M42	NSW	1:12.19	1:06.56	64.88%

M45 - Rolfe Renault 400 Metres

Heat-1

1	4536	Michael Roden	M48	ACT	52.17q	46.12	93.64%
2	4520	Darrin James	M47	NSW	55.86q	49.73	86.84%
3	4505	Shawn Hennig	M45	VIC	55.97q	50.51	85.51%
4	4519	Christopher Brack	M47	NSW	56.05q	49.90	86.55%
5	4527	Paul O'Neill	M47	VIC	58.77q	52.32	82.54%

Heat-2

1	4508	Michael Lynch	M45	NSW	56.46q	50.95	84.77%
2	4509	Gary Parkinson	M45	QLD	57.83q	52.19	82.76%
3	4543	Mark Macfarlane	M49	NZ	58.39q	51.27	84.24%
4	4513	John White	M45	VIC	59.87	54.03	79.94%
5	4511	Julius Weitz	M45	VIC	59.92	54.07	79.87%

Finals

1	4536	Michael Roden	M48	ACT	51.55	45.58	94.76%
2	4509	Gary Parkinson	M45	QLD	52.90	47.74	90.47%
3	4508	Michael Lynch	M45	NSW	53.60	48.37	89.29%
4	4520	Darrin James	M47	NSW	55.19	49.13	87.90%
5	4505	Shawn Hennig	M45	VIC	55.91	50.45	85.60%
6	4543	Mark Macfarlane	M49	NZ	59.05	51.84	83.30%
7	4527	Paul O'Neill	M47	VIC	59.42	52.89	81.64%
8	4519	Christopher Brack	M47	NSW	2:00.00	1:46.82	40.43%

M50 - Rolfe Renault 400 Metres

1	5001	Allan Cook	M50	VIC	54.50	47.52	90.88%
2	5013	Bruce Solomon	M50	NZ	55.35	48.26	89.49%
3	5031	Todd Devery	M52	NSW	55.73	47.96	90.06%
4	5012	Colin Smith	M50	WA	58.20	50.74	85.10%
5	5015	James Baker	M51	NSW	59.20	51.28	84.22%
6	5051	Rod Walke	M53	QLD	1:05.15	55.69	77.54%
7	5060	Hayden Harrell	M54	SA	1:05.70	55.78	77.41%

M55 Rolfe Renault 400 Metres

1	5523	Andrew Watts	M57	VIC	57.75	48.09	89.80%
2	5513	Rob Mayston	M56	VIC	58.00	48.61	88.84%
3	5507	Campbell Till	M55	WA	58.25	49.13	87.90%
4	5537	Philip White	M58	ACT	59.07	48.87	88.35%

M60 - Rolfe Renault 400 Metres

5	5547	Ken Porter	M59	NSW	1:00.32	49.58	87.10%
6	5539	Joe Begley	M59	QLD	1:02.24	51.16	84.42%
7	5511	Alex Jefferies	M56	SA	1:03.46	53.18	81.20%

M65 - Rolfe Renault 400 Metres

1	6501	Dennis Aspinall	M65	VIC	1:04.52	51.08	84.55%
2	6523	Keith Howden	M67	VIC	1:06.73	51.23	84.29%
3	6513	Garry Maher	M66	ACT	1:07.11	52.33	82.52%
4	6519	Martin Auster	M67	NSW	1:08.75	52.78	81.82%

M70 - Rolfe Renault 400 Metres

1	7007	Neville McIntyre	M70	NSW	1:08.75	50.32	85.82%
2	7028	Michael Stevenson	M72	TAS	1:09.71	49.14	87.88%
3	7034	Russell Oakley	M73	VIC	1:16.23	52.70	81.94%
4	7030	Tony Bradford	M73	VIC	1:22.63	57.13	75.59%
5	7029	Peter Woods	M72	NSW	1:26.56	1:01.02	70.77%

M75 - Rolfe Renault 400 Metres

1	7514	Leon Sander	M76	WA	1:17.30	50.49	85.54%
2	7510	Max Brook	M76	VIC	1:20.11	52.32	82.54%
3	7508	Allan Wood	M75	VIC	1:36.54	1:04.14	67.33%

M80 - Rolfe Renault 400 Metres

1	8001	David Carr	M80	WA	1:12.83	44.30	97.49%
2	8003	Richard Hughes	M81	NSW	1:17.30	45.76	94.37%
3	8004	Osmo Millridge	M81	NSW	1:31.06	53.90	80.11%
4	8007	Brian Sharpe	M82	NSW	1:40.69	57.96	74.51%

M30 - Capital Hotels 800 Metres

1	3004	Mark Lyden	M32	TAS	2:24.26	2:24.27	70.09%
2	3501	Stephen Archer	M35	NSW	2:04.25	2:03.89	81.61%

M35 - Capital Hotels 800 Metres

1	3504	Brett Halls	M35	NSW	1:53.96	1:53.63	88.98%
2	3501	Stephen Archer	M35	NSW	2:04.25	2:03.89	81.61%
3	3510	Darren Peacock	M36	NT	2:05.61	2:04.08	81.49%
4	3507	Andrew Heil	M36	NSW	2:06.40	2:04.86	80.98%
5	3517	Rohan Lowry	M39	ACT	2:12.30	2:06.	

M50 - Capital Hotels 800 Metres

1	5001 Allan Cook	M50	VIC	2:05.35	1:48.97	92.79%
2	5019 Andrew Egginton	M51	VIC	2:12.42	1:54.18	88.56%
3	5015 James Baker	M51	NSW	2:15.14	1:56.52	86.78%
4	5037 Brad Sharpe	M52	NSW	2:18.35	1:58.29	85.48%
6	5052 Bob Wright	M53	ACT	2:28.40	2:05.83	80.36%
5	5041 Michael Horan	M53	ACT	2:24.88	2:02.85	82.31%
7	5004 David Houghton	M50	NSW	2:33.08	2:13.08	75.98%
8	5060 Hayden Harrell	M54	SA	2:38.39	2:13.16	75.93%
9	5029 John Thompson	M51	NSW	2:41.70	2:19.42	72.52%
10	5062 David Perrett	M54	NSW	3:01.84	2:32.88	66.14%
11	5064 Norman White	M54	SA	3:04.08	2:34.76	65.34%
12	5063 Roger Pilkington	M54	ACT	3:33.43	2:59.44	56.35%

M55 - Capital Hotels 800 Metres

1	5537 Philip White	M58	ACT	2:17.94	1:52.27	90.06%
2	5540 Ian Cameron	M59	NT	2:23.76	1:56.08	87.11%
3	5515 Stuart Paterson	M56	NSW	2:30.46	2:04.44	81.26%
4	5545 Colin Page	M59	VIC	2:32.90	2:03.46	81.90%
5	5509 Greg Beirne	M56	NSW	2:41.97	2:13.95	75.48%
6	5535 Bruce McGeorge	M58	NT	3:05.83	2:31.25	66.85%
	5506 Nicolas Terranova	M55	NSW	DNF		

M60 - Capital Hotels 800 Metres

1	6001 Michael Barrand	M60	VIC	2:21.40	1:53.24	89.29%
2	6040 Stuart Hayward	M63	NSW	2:24.37	1:52.99	89.49%
3	6014 Dennis Wylie	M60	NSW	2:24.89	1:56.03	87.14%
4	6053 Geoff Sims	M64	ACT	2:34.14	1:59.71	84.47%
5	6026 John Graham	M62	VIC	2:43.28	2:08.78	78.52%
6	6028 Nick Miletic	M62	WA	3:20.46	2:38.11	63.95%
	6052 Sean Ryan	M64	QLD	DNF		

M65 - Capital Hotels 800 Metres

1	6530 Donald Mathewson	M68	NSW	2:27.85	1:50.33	91.65%
2	6519 Martin Auster	M67	NSW	2:41.95	2:02.16	82.77%
3	6517 Jim Woodriff	M66	QLD	2:45.19	2:05.95	80.28%
4	6509 Maurice Creagh	M66	WA	2:50.61	2:10.08	77.73%
5	6537 Michael Orelli	M69	VIC	3:52.49	2:51.61	58.92%

M70 - Capital Hotels 800 Metres

1	7019 Peter Sandery	M71	SA	2:40.09	1:55.13	87.83%
2	7017 George Rennie	M71	VIC	2:42.03	1:56.52	86.78%
3	7012 Bert Carse	M71	WA	2:43.66	1:57.69	85.92%
4	7034 Russell Oakley	M73	VIC	3:00.39	2:05.77	80.39%
5	7010 Robert Warmoll	M70	NSW	3:03.73	2:14.13	75.39%
6	7038 Ron Wills	M73	NSW	3:03.87	2:08.20	78.87%
7	7036 John Spinney	M73	NSW	3:24.99	2:22.92	70.74%
8	7029 Peter Woods	M72	NSW	3:36.27	2:33.17	66.01%

M75 - Capital Hotels 800 Metres

1	7510 Max Brook	M76	VIC	3:11.81	2:07.44	79.34%
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M80 - Capital Hotels 800 Metres

1	8001 David Carr	M80	WA	2:54.83	1:48.45	93.23%
2	8005 David Padget	M81	SA	4:12.23	2:32.30	66.39%
3	8002 Colin Silcock Delaney	M80	VIC	4:45.99	2:57.40	57.00%

M30 - South Canberra-Tuggeranong Athletics Club 1500 Metres

1	3004 Mark Lyden	M32	TAS	4:55.00	4:55.01	69.83%
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M35 - South Canberra-Tuggeranong Athletics Club 1500 Metres

1	3504 Brett Halls	M35	NSW	3:59.88	3:56.81	86.99%
2	3510 Darren Peacock	M36	NT	4:22.06	4:16.17	80.42%
3	3522 Brendan Whelan	M39	QLD	4:29.31	4:15.42	80.65%
4	3517 Rohan Lowry	M39	ACT	4:33.03	4:18.95	79.56%
5	3507 Andrew Heil	M36	NSW	4:39.93	4:33.64	75.28%
6	3516 Justin Keane	M39	NSW	4:45.61	4:30.88	76.05%
7	3508 Damien Meyer	M36	NSW	5:20.59	5:13.38	65.74%

M40 - South Canberra-Tuggeranong Athletics Club 1500 Metres

1	4003 Michael Doggett	M40	NSW	4:15.69	4:00.02	85.83%
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2	4020 Michael Pickering	M42	NSW	4:19.19	3:58.74	86.29%
3	4027 John Watson	M43	NSW	4:36.35	4:12.12	81.71%
4	4040 William Yee	M44	TAS	4:43.84	4:16.45	80.33%
	4018 Ej Davie	M42	NSW	DNF		

M45 - South Canberra-Tuggeranong Athletics Club 1500 Metres

1	4529 Robert Schwerkolt	M47	VIC	4:18.05	3:46.75	90.85%
2	4540 Jeff Grey	M49	ACT	5:03.39	4:21.74	78.71%
3	4512 Andy West	M45	NSW	5:09.28	4:36.72	74.44%
4	4515 John Collier	M46	WA	5:35.38	4:57.39	69.27%
5	4504 Fabrizio Romeo	M45	VIC	6:10.34	5:31.35	62.17%

M50 - South Canberra-Tuggeranong Athletics Club 1500 Metres

1	5001 Allan Cook	M50	VIC	4:28.09	3:49.14	89.90%
2	5034 John Jago	M52	TAS	4:32.74	3:49.13	89.91%
3	5046 Steven Quirk	M53	VIC	4:34.32	3:48.43	90.18%
4	5019 Andrew Egginton	M51	VIC	4:36.46	3:54.28	87.93%
5	5037 Brad Sharpe	M52	NSW	4:50.88	4:04.37	84.30%
6	5015 James Baker	M51	NSW	4:53.02	4:08.31	82.96%
7	5040 Peter Byrne	M53	NSW	5:03.95	4:13.10	81.39%
8	5059 Steven Giles	M54	WA	5:14.85	4:19.88	79.27%
9	5004 David Houghton	M50	NSW	5:24.36	4:37.24	74.31%
10	5029 John Thompson	M51	NSW	5:32.36	4:41.65	73.14%
11	5060 Hayden Harrell	M54	SA	5:56.83	4:54.53	69.94%

M55 - South Canberra-Tuggeranong Athletics Club 1500 Metres

1	5505 Mark Purvis	M55	VIC	4:50.34	3:57.53	86.73%
2	5540 Ian Cameron	M59	NT	4:51.26	3:50.45	89.39%
3	5541 Charles Chambers	M59	VIC	4:56.44	3:54.55	87.83%
4	5515 Stuart Paterson	M56	NSW	5:18.18	4:18.18	79.79%
5	5509 Greg Beirne	M56	NSW	5:20.14	4:19.77	79.30%
6	5545 Colin Page	M59	VIC	5:25.69	4:17.69	79.94%
7	5522 David Wagner	M57	TAS	5:41.94	4:35.16	74.87%

M60 - South Canberra-Tuggeranong Athletics Club 1500 Metres

1	6012 Ewen Wilson	M60	VIC	4:53.56	3:50.30	89.45%
2	6014 Dennis Wylie	M60	NSW	4:55.48	3:51.81	88.87%
3	6026 John Graham	M62	VIC	5:17.47	4:05.12	84.04%
4	6033 Peter Bence	M63	VIC	5:22.57	4:07.09	83.37%

M65 - South Canberra-Tuggeranong Athletics Club 1500 Metres

1	6530 Donald Mathewson	M68	NSW	4:58.27	3:39.29	93.94%
2	6508 Robbie Costmeyer	M66	ACT	5:41.73	4:15.45	80.65%
3	6519 Martin Auster	M67	NSW	5:44.90	4:15.71	80.56%
4	6516 Michael Walker	M66	TAS	5:52.25	4:23.31	78.24%
5	6509 Maurice Creagh	M66	WA	5:53.29	4:24.09	78.01%
6	6505 Mick Saunders	M65	ACT	6:00.10	4:31.38	75.91%
7	6518 Noel Wright	M66	NSW	6:15.57	4:40.74	73.38%
8	6514 Stephen Napper	M66	NSW	6:20.31	4:44.29	72.46%

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M35 - Anne Young 5000 Metres

1	3510	Darren Peacock	M36	NT	16:05.23	15:39.08	80.61%
2	3522	Brendan Whelan	M39	QLD	16:40.22	15:52.31	79.49%
3	3505	Ross Langford	M35	WA	16:48.01	16:26.65	76.73%
4	3513	Simon White	M37	NSW	17:12.40	16:37.51	75.89%
	3508	Damien Meyer	M36	NSW	DNF		

M40 - Anne Young 5000 Metres

1	4007	Lance Purdon	M40	ACT	17:13.20	16:16.48	77.52%
2	4023	Jason McIntosh	M43	NSW	17:13.60	15:55.05	79.26%
3	4040	William Yee	M44	TAS	17:51.74	16:22.68	77.03%
4	4036	Steve Rohan Jones	M44	ACT	17:58.57	16:28.95	76.55%
5	4018	Ej Davie	M42	NSW	21:19.32	19:51.05	63.56%

M45 - Anne Young 5000 Metres

1	4529	Robert Schwerkolt	M47	VIC	16:27.30	14:44.43	85.59%
2	4540	Jeff Grey	M49	ACT	18:46.93	16:33.62	76.19%
3	4526	Geoffrey Monro	M47	ACT	19:58.23	17:53.38	70.52%

M50 - Anne Young 5000 Metres

1	5021	Bruce Graham	M51	ACT	16:18.31	14:08.79	89.19%
2	5046	Steven Quirk	M53	VIC	16:46.35	14:19.03	88.12%
3	5034	John Jago	M52	TAS	17:29.41	15:03.13	83.82%
4	5042	Alvin Johns	M53	TAS	17:45.59	15:09.59	83.22%
5	5016	Terry Burgess	M51	VIC	17:50.87	15:29.09	81.48%
6	5035	Peter James	M52	ACT	17:53.83	15:24.14	81.91%
7	5040	Peter Byrne	M53	NSW	18:41.22	15:57.08	79.10%
8	5011	Paul Sheringham	M50	NSW	19:00.36	16:37.48	75.89%
9	5059	Steven Giles	M54	WA	19:01.36	16:06.17	78.35%
10	5061	Roscoe McDonnell	M54	TAS	19:09.70	16:13.23	77.78%
11	5054	David Clarke	M54	ACT	19:38.43	16:37.55	75.89%
12	5038	Peter Thomson	M52	ACT	20:10.22	17:21.52	72.68%
13	5029	John Thompson	M51	NSW	20:26.18	17:43.84	71.16%
14	5044	Brian Mackie	M53	NSW	20:56.01	17:52.14	70.61%
15	5064	Norman White	M54	SA	23:43.38	20:04.90	62.83%

M55 - Anne Young 5000 Metres

1	5505	Mark Purvis	M55	VIC	17:42.53	14:52.00	84.87%
2	5540	Ian Cameron	M59	NT	17:44.61	14:23.72	87.64%
3	5541	Charles Chambers	M59	VIC	17:55.47	14:32.53	86.76%
4	5502	Keith Law	M55	ACT	18:04.97	15:10.84	83.11%
5	5528	Chris Gates	M58	TAS	19:16.51	15:46.49	79.98%
6	5509	Greg Beirne	M56	NSW	19:50.92	16:31.33	76.36%
7	5521	Robert Osborne	M57	NSW	21:07.62	17:26.30	72.35%
8	5522	David Wagner	M57	TAS	22:46.32	18:47.77	67.12%

M60 - Anne Young 5000 Metres

1	6012	Ewen Wilson	M60	VIC	17:52.83	14:22.88	87.73%
2	6014	Dennis Wylie	M60	NSW	18:10.11	14:36.78	86.34%
3	6033	Peter Bence	M63	VIC	19:09.44	15:00.25	84.09%
4	6023	Ron Schwobel	M61	NSW	19:09.62	15:16.48	82.60%
5	6026	John Graham	M62	VIC	19:32.21	15:26.29	81.73%

M65 - Anne Young 5000 Metres

1	6530	Donald Mathewson	M68	NSW	18:10.84	13:35.84	92.79%
2	6515	Frank Scorzelli	M66	NSW	20:17.93	15:28.07	81.57%
3	6517	Jim Woodriff	M66	QLD	20:53.06	15:54.84	79.28%
4	6508	Robbie Costmeyer	M66	ACT	21:02.49	16:02.02	78.69%
5	6516	Michael Walker	M66	TAS	21:31.38	16:24.04	76.93%
6	6509	Maurice Creagh	M66	WA	22:02.12	16:47.46	75.14%
7	6514	Stephen Napper	M66	NSW	23:46.32	18:06.86	69.65%

M70 - Anne Young 5000 Metres

1	7019	Peter Sandery	M71	SA	20:00.42	14:27.91	87.22%
2	7017	George Rennie	M71	VIC	20:59.45	15:10.59	83.13%
3	7012	Bert Carse	M71	WA	21:45.19	15:43.66	80.22%
4	7002	David Close	M70	SA	22:27.17	16:26.00	76.78%
5	7033	Michael Juckles	M73	QLD	23:04.82	16:13.67	77.75%
6	7020	Bob Schickert	M71	WA	24:10.02	17:28.37	72.21%
7	7036	John Spinney	M73	NSW	24:19.41	17:06.12	73.77%
8	7021	Bryan Thomas	M71	ACT	26:19.49	19:01.98	66.29%

9 7029 Peter Woods

M72 NSW 27:03.25 19:18.03 65.37%

M75 - Anne Young 5000 Metres

1	7518	Colin McLeod	M77	QLD	21:47.12	14:17.35	88.30%
2	7504	Lachlan Lewis	M75	ACT	33:13.95	22:37.49	55.77%

M80 - Anne Young 5000 Metres

1	8010	Irwin Barrett Lennard	M83	WA	28:23.60	16:04.24	78.51%
2	8005	David Padget	M81	SA	30:22.88	18:11.00	69.39%

M35 - Centenary of Canberra 10000 Metres

1	3522	Brendan Whelan	M39	QLD	35:24.35	33:42.60	78.12%
2	3505	Ross Langford	M35	WA	39:16.36	38:26.41	68.50%
3	3508	Damien Meyer	M36	NSW	40:52.37	39:45.92	66.22%

M40 - Centenary of Canberra 10000 Metres

1	4007	Lance Purdon	M40	ACT	36:35.73	34:35.19	76.14%
2	4009	Michel Bermudes	M41	TAS	36:38.67	34:22.36	76.61%
3	4018	Ej Davie	M42	NSW	44:26.44	41:22.46	63.65%

M45 - Centenary of Canberra 10000 Metres

1	4540	Jeff Grey	M49	ACT	37:42.19	33:14.58	79.21%
2	4537	David Solomon	M48	WA	39:19.48	34:57.11	75.34%

M50 - Centenary of Canberra 10000 Metres

1	5021	Bruce Graham	M51	ACT	33:48.72	29:20.12	89.77%
2	5042	Alvin Johns	M53	TAS	38:01.94	32:27.87	81.11%
3	5016	Terry Burgess	M51	VIC	38:06.17	33:03.49	79.66%
4	5040	Peter Byrne	M53	NSW	39:22.96	33:37.03	78.33%
5	5059	Steven Giles	M54	WA	39:35.08	33:30.51	78.59%
6	5011	Paul Sheringham	M50	NSW	39:40.21	34:41.98	75.89%
7	5054	David Clarke	M54	ACT	41:05.96	34:47.44	75.69%
8	5038	Peter Thomson	M52	ACT	41:43.29	35:54.34	73.34%
9	5002	Nigel England	M50	ACT	43:42.74	38:14.12	68.87%

M55 - Centenary of Canberra 10000 Metres

1	5528	Chris Gates	M58	TAS	40:41.78	33:18.36	79.07%
2	5532	Peter Lyden	M58	TAS	42:56.36	35:08.50	74.94%

M60 - Centenary of Canberra 10000 Metres

1	6026	John Graham	M62	VIC	40:24.79	31:56.07	82.46%
2	6023	Ron Schwobel	M61	NSW	42:33.82	33:55.91	77.61%
3	6041</td						

M35 - The Tradies 8K Cross Country

1	3510	Darren Peacock	M36	NT	26:53.0	26:09.29	81.03%
2	3522	Brendan Whelan	M39	QLD	28:20.0	26:58.58	78.59%
3	3505	Ross Langford	M35	WA	28:33.0	27:56.69	75.89%
4	3517	Rohan Lowry	M39	ACT	29:17.0	27:52.85	76.04%
5	3508	Damien Meyer	M36	NSW	33:22.0	32:27.75	65.28%

M40 - The Tradies 8K Cross Country

1	4007	Lance Purdon	M40	ACT	29:30.0	27:52.83	76.05%
2	4040	William Yee	M44	TAS	29:47.0	27:18.51	77.62%
3	4009	Michel Bermudes	M41	TAS	30:00.0	28:08.41	75.33%
4	4036	Steve Rohan Jones	M44	ACT	31:00.0	28:25.44	74.57%

M45 - The Tradies 8K Cross Country

1	4540	Jeff Grey	M49	ACT	31:42.0	27:57.00	75.87%
2	4526	Geoffrey Monro	M47	ACT	33:30.0	30:00.56	70.65%
3	4535	Brendan Killalea	M48	NT	43:10.0	38:22.00	55.25%

M50 - The Tradies 8K Cross Country

1	5021	Bruce Graham	M51	ACT	27:12.0	23:35.93	89.83%
2	5034	John Jago	M52	TAS	29:54.0	25:43.92	82.39%
3	5016	Terry Burgess	M51	VIC	29:56.0	25:58.22	81.63%
4	5042	Alvin Johns	M53	TAS	30:03.0	25:39.05	82.64%
5	5035	Peter James	M52	ACT	30:12.0	25:59.41	81.57%
6	5061	Roscoe McDonnell	M54	TAS	31:59.0	27:04.44	78.32%
7	5011	Paul Sheringham	M50	NSW	32:42.0	28:36.17	74.11%
8	5059	Steven Giles	M54	WA	32:47.0	27:45.07	76.41%
9	5002	Nigel England	M50	ACT	34:21.0	30:02.76	70.55%
10	5029	John Thompson	M51	NSW	34:55.0	30:17.63	69.98%
11	5044	Brian Mackie	M53	NSW	36:01.0	30:44.64	68.95%
12	5017	Ronald Coijnsen	M51	NSW	38:38.0	33:31.10	63.24%
13	5064	Norman White	M54	SA	41:48.0	35:23.03	59.93%
14	5060	Hayden Harrell	M54	SA	43:19.0	36:40.06	57.83%

M55 - The Tradies 8K Cross Country

1	5540	Ian Cameron	M59	NT	29:58.0	24:18.72	87.21%
2	5541	Charles Chambers	M59	VIC	30:27.0	24:42.25	85.82%
3	5532	Peter Lyden	M58	TAS	31:46.0	25:59.88	81.53%
4	5528	Chris Gates	M58	TAS	33:07.0	27:06.17	78.21%
5	5550	Ken White	M59	ACT	43:39.0	35:24.80	59.87%
6	5525	Nick Blackaby	M58	ACT	56:44.0	46:25.84	45.65%

M60 - The Tradies 8K Cross Country

1	6023	Ron Schwebel	M61	NSW	30:48.0	24:33.23	86.36%
2	6014	Dennis Wylie	M60	NSW	30:57.0	24:53.59	85.19%
3	6026	John Graham	M62	VIC	33:23.0	26:22.78	80.38%
4	6033	Peter Bence	M63	VIC	34:45.0	27:12.98	77.89%
5	6041	Witold Krajewski	M63	NSW	35:26.0	27:45.09	76.39%
6	6051	Geoff Moore	M64	ACT	37:43.0	29:16.32	72.43%

M65 - The Tradies 8K Cross Country

1	6530	Donald Mathewson	M68	NSW	32:32.0	24:19.91	87.14%
2	6529	Jim Langford	M68	WA	33:50.0	25:18.24	83.79%
3	6508	Robbie Costmeyer	M66	ACT	35:16.0	26:52.40	78.88%
4	6516	Michael Walker	M66	TAS	37:07.0	28:16.98	74.94%
5	6514	Stephen Napper	M66	NSW	38:00.0	28:57.37	73.20%
6	6509	Maurice Creagh	M66	WA	38:12.0	29:06.51	72.82%
7	6505	Mick Saunders	M65	ACT	38:41.0	29:45.09	71.26%

M70 - The Tradies 8K Cross Country

1	7019	Peter Sandery	M71	SA	33:51.0	24:28.42	86.61%
2	7017	George Rennie	M71	VIC	36:25.0	26:19.76	80.50%
3	7002	David Close	M70	SA	38:02.0	27:50.20	76.16%
4	7033	Michael Juckles	M73	QLD	38:58.0	27:23.85	77.37%
5	7018	Bob Robertson	M71	TAS	39:15.0	28:22.67	74.69%
6	7020	Bob Schickert	M71	WA	40:29.0	29:16.17	72.42%
7	7036	John Spinney	M73	NSW	42:00.0	29:31.82	71.79%
8	7011	Alan Wilson	M70	ACT	44:17.0	32:24.66	65.41%
9	7021	Bryan Thomas	M71	ACT	47:54.0	34:37.91	61.20%

M75 - The Tradies 8K Cross Country

1	7518	Colin McLeod	M77	QLD	37:02.0	24:17.42	87.26%
2	7520	James Anthony	M78	NSW	58:56.0	37:51.89	56.00%
3	7504	Lachlan Lewis	M75	ACT	61:18.0	41:43.99	50.79%

M80 - The Tradies 8K Cross Country

1	8001	David Carr	M80	WA	41:18.0	25:21.00	83.62%
2	8005	David Padget	M81	SA	49:04.0	29:21.99	72.18%

Men - Hurdles & Steeplechase**M30 - Capital Hotels 110M Short Hurdles**

1	3002	Gregory Eyears	M31	NSW	14.59	+2.3	14.77	87.46%
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M35 - Capital Hotels 110M Short Hurdles

1	3506	Geoff Gibbons	M36	TAS	16.07	+2.3	15.93	81.02%
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M40 - Capital Hotels 110M Short Hurdles

1	4035	David Murphy	M44	NSW	18.58	+2.3	17.19	75.13%
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M45 - Capital Hotels 110M Short Hurdles

1	4521	Andrew Kohlrusch	M47	NSW	18.43	+2.3	16.64	77.65%
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M50 - Capital Hotels 100M Short Hurdles

1	5027	Maurice Schievenin	M51	SA	17.31	+1.8	16.65	77.59%
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M55 - Capital Hotels 100M Short Hurdles

1	5533	Wayne Marriott	M58	NSW	19.52	+1.8	17.06	75.67%
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M60 - Capital Hotels 100M Short Hurdles

1	6042	John Lamb	M63	NSW	17.26	+2.1	14.85	86.96%
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M70 - Capital Hotels 80M Short Hurdles

1	7028	Michael Stevenson	M72	TAS	14.56	+2.2	14.18	91.07%
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M75 - Capital Hotels 80M Short Hurdles

1	7502	Donald Chambers	M75	VIC	15.73	+2.2	14.85	86.97%
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M80 - Dog'otel & Purrfect Cattery 400M Long Hurdles

1	4035	David Murphy	M44	NSW	1:07.00		59.01	79.28%
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2	4037	Krzysztof Wardecki	M44	NSW	1:09.05		1:00.81	76.93%
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3	4025	David
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M60 - Dog'otel & Purrfect Cattery 300M Long Hurdles

1	6042	John Lamb	M63	NSW	48.48	52.48	89.15%
2	6038	Graham Ford	M63	VIC	49.24	53.30	87.77%
3	6007	David McConnell	M60	VIC	54.86	60.66	77.12%

M65 - Dog'otel & Purrfect Cattery 300M Long Hurdles

1	6534	Harry Giles	M69	QLD	54.99	53.55	87.36%
2	6513	Garry Maher	M66	ACT	56.75	58.19	80.41%

M70 - Dog'otel & Purrfect Cattery 300M Long Hurdles

1	7013	Albert Gay	M71	NSW	1:07.56	1:05.70	71.21%
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M75 - Dog'otel & Purrfect Cattery 300M Long Hurdles

1	7502	Donald Chambers	M75	VIC	1:01.22	54.68	85.56%
2	7510	Max Brook	M76	VIC	1:11.48	1:02.56	74.78%

M80 - Dog'otel & Purrfect Cattery 200M Long Hurdles

1	8004	Osmo Millridge	M81	NSW	44.35	+1.4	35.30 132.54%
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M35 - Capital Hotels 3000M Steeplechase

1	3513	Simon White	M37	NSW	11:09.00	10:30.14	75.16%
2	3508	Damien Meyer	M36	NSW	12:43.38	12:06.06	65.23%
3	3511	Roland Groeschell	M37	NSW	13:37.49	12:50.00	61.51%

M40 - Capital Hotels 3000M Steeplechase

1	4020	Michael Pickering	M42	NSW	11:56.66	10:44.00	73.55%
2	4018	Ej Davie	M42	NSW	14:10.32	12:44.10	61.99%

M45 - Capital Hotels 3000M Steeplechase

1	4548	Garry Womsley	M49	NSW	12:37.48	10:39.47	74.07%
2	4540	Jeff Grey	M49	ACT	12:58.69	10:57.38	72.05%
3	4512	Andy West	M45	NSW	13:38.15	11:55.40	66.21%

M50 - Capital Hotels 3000M Steeplechase

1	5061	Roscoe McDonnell	M54	TAS	12:06.50	9:47.89	80.57%
2	5014	Mark Worthing	M50	SA	12:23.75	10:22.45	76.09%
3	5038	Peter Thomson	M52	ACT	13:34.34	11:10.04	70.69%
4	5002	Nigel England	M50	ACT	13:39.37	11:25.74	69.07%
5	5064	Norman White	M54	SA	16:46.20	13:34.22	58.17%

M55 - Capital Hotels 3000M Steeplechase

1	5506	Nicolas Terranova	M55	NSW	12:53.96	10:21.11	76.26%
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M60 - Capital Hotels 2000M Steeplechase

1	6014	Dennis Wylie	M60	NSW	7:52.96	9:34.13	82.50%
2	6023	Ron Schwebel	M61	NSW	8:03.46	9:33.49	82.59%
3	6028	Nick Miletic	M62	WA	11:04.63	12:50.91	61.44%

M65 - Capital Hotels 2000M Steeplechase

1	6509	Maurice Creagh	M66	WA	9:41.64	10:19.63	76.44%
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M70 - Capital Hotels 2000M Steeplechase

1	7019	Peter Sandery	M71	SA	8:39.31	8:22.07	94.33%
2	7012	Bert Carse	M71	WA	9:00.54	8:42.60	90.63%
3	7018	Bob Robertson	M71	TAS	9:30.10	9:11.18	85.93%
4	7020	Bob Schickert	M71	WA	10:09.57	9:49.34	80.37%
5	7021	Bryan Thomas	M71	ACT	12:16.19	11:51.75	66.54%

M75 - Capital Hotels 2000M Steeplechase

1	7510	Max Brook	M76	VIC	11:04.46	9:48.05	80.54%
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M80 - Capital Hotels 2000M Steeplechase

1	8002	Colin Silcock Delaney	M80	VIC	15:11.07	12:35.10	62.72%
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Men - Jumps**M30 - The Tradies High Jump**

1	3006	Darrin Norwood	M33	QLD	1.60m	1.65m	67.51%
2	3011	Grzegorz Urbanowicz	M34	WA		NH	

M35 - The Tradies High Jump

1	3520	Carl (Jon) Schatz	M39	NT	1.80m	1.97m	80.36%
2	3515	Cain Sarah	M38	NSW	1.78m	1.93m	78.76%
3	3502	William Connors	M35	QLD	1.25m	1.31m	53.88%

M40 - The Tradies High Jump

1	4035	David Murphy	M44	NSW	1.57m	1.80m	73.71%
2	4011	Malcolm Clarke	M41	WA	1.57m	1.75m	71.69%
3	4014	Aaron Schenk	M41	SA	1.35m	1.50m	61.64%

M45 - The Tradies High Jump

1	4505	Shawn Hennig	M45	VIC	1.60m	1.85m	75.83%
2eq	4501	Michael Blair	M45	NSW	1.51m	1.75m	71.56%
2eq	4523	Matthew Lovell	M47	SA	1.51m	1.79m	73.30%
4	4543	Mark Macfarlane	M49	NZ	1.45m	1.75m	71.78%

M50 - The Tradies High Jump

1	5007	Bruce Joycey	M50	VIC	1.60m	1.96m	80.00%
2	5027	Maurice Schievenin	M51	SA	1.46m	1.80m	73.74%
3	5056	Glen Dunne	M54	QLD	1.40m	1.79m	73.30%
5	5028	Volodymyr Shelever	M51	NSW	NH		

M55 - The Tradies High Jump

1	5510	Robert Hanbury Brown	M56	NSW	1.46m	1.91m	78.07%
2	5517	Charles Bastecky	M57	ACT	1.43m	1.89m	77.30%

M60 - The Tradies High Jump

1	6011	Clay Tompkins	M60	NSW	1.61m	2.21m	90.45%
2	6038	Graham Ford	M63	VIC	1.35m	1.92m	78.49%
3	6020	Steve McGugan	M61	NT	1.35m	1.87m	76.70%

M65 - The Tradies High Jump

1	6506	John Searle	M65	NSW	1.45m	2.11m	86.31%
2	6507	Greg Wilson	M65	WA	1.35m	1.97m	80.36%
3eq	6535	Rob McDonald	M69	QLD	1.20m	1.84m	75.47%
3eq	6503	Ian Cole	M65	TAS	1.20m	1.75m	71.43%
5	6536	Stanley Miller	M69	SA	1.10m	1.69m	69.18%

M70 - The Tradies High Jump

1	7026	Greg Mamalis	M72	NSW	1.21m	1.94m	79.08%
2	7009	Graham Philpott	M70	VIC	1.18m	1.84m	75.16%
3	7013	Albert Gay	M71	NSW	1.15m	1.82m	74.19%
4	7027	Roy Skuse	M72	NZ	1.09m	1.74m	71.24%
5	7030	Tony Bradford	M73	VIC	1.03m	1.67m	

M40 - Cool n Soothe Long Jump

1	4012 Robert Lehmann	M41	VIC	6.38m	+0.4	7.17m	80.15%
2	4010 Andrew Cassin	M41	NSW	5.84m	+1.2	6.56m	73.37%
3	4028 David Wilczek	M43	SA	5.42m	+0.9	6.23m	69.67%
4	4021 Paul Campbell	M43	ACT	4.17m	+0.8	4.79m	53.60%
5	4018 Ej Davie	M42	NSW	3.10m	+4.3	3.52m	39.39%

M45 - Cool n Soothe Long Jump

1	4502 Greg Brush	M45	WA	5.82m	+0.9	6.86m	76.68%
2	4542 Nick Hodgson	M49	VIC	5.79m	+0.3	7.17m	80.19%
3	4509 Gary Parkinson	M45	QLD	5.78m	+1.2	6.81m	76.15%
4	4523 Matthew Lovell	M47	SA	5.58m	+0.0	6.74m	75.30%
5	4543 Mark Macfarlane	M49	NZ	5.16m	+0.0	6.39m	71.47%
6	4545 Alan Provenzano	M49	NSW	5.12m	+0.3	6.34m	70.91%

M50 - Cool n Soothe Long Jump

1	5027 Maurice Schievenin	M51	SA	5.50m	+0.6	6.99m	78.13%
2	5033 Ian Frater	M52	NSW	5.16m	+3.0	6.64m	74.24%
3	5008 Tim McGrath	M50	NSW	5.06m	+0.4	6.34m	70.97%
4	5009 Warren Peters	M50	QLD	4.92m	+2.6	6.17m	69.00%
5	5056 Glen Dunne	M54	QLD	4.52m	+0.6	5.98m	66.86%
6	5060 Hayden Harrell	M54	SA	3.39m	+1.1	4.48m	50.15%

M55 - Cool n Soothe Long Jump

1	5546 Antoni Podolak	M59	ACT	4.50m	+4.0	6.39m	71.43%
2	5539 Joe Begley	M59	QLD	4.46m	+3.3	6.33m	70.79%
3	5533 Wayne Marriott	M58	NSW	4.42m	+1.9	6.18m	69.17%
4	5524 Wayne Bingham	M58	VIC	4.27m	+1.9	5.97m	66.82%
5	5525 Nick Blackaby	M58	ACT	2.65m	+1.2	3.70m	41.47%

M60 - Cool n Soothe Long Jump

1	6011 Clay Tompkins	M60	NSW	5.06m	+0.4	7.29m	81.48%
2	6043 Bob Martyn	M63	NSW	4.37m	+1.7	6.59m	73.69%
3	6038 Graham Ford	M63	VIC	4.29m	+1.1	6.47m	72.34%
4	6015 Rob (Tolli) Antonioli	M61	WA	3.94m	+1.2	5.76m	64.38%
5	6004 Stephen Fuller	M60	WA	3.91m	+0.5	5.63m	62.96%
6	6002 Mike Clapper	M60	ACT	ND			

M65 - Cool n Soothe Long Jump

1	6506 John Searle	M65	NSW	4.92m	+1.2	7.66m	85.57%
2	6503 Ian Cole	M65	TAS	4.02m	+1.1	6.25m	69.91%
3	6502 Tom Barber	M65	NSW	3.71m	+0.3	5.77m	64.52%

M70 - Cool n Soothe Long Jump

1	7040 Nick Bastas	M74	NSW	4.20m	+0.0	7.64m	85.37%
2	7013 Albert Gay	M71	NSW	4.10m	+0.0	7.06m	79.00%
3	7026 Greg Mamalis	M72	NSW	3.54m	+0.2	6.20m	69.41%
4	7009 Graham Philpott	M70	VIC	3.43m	+0.1	5.80m	64.84%

M75 - Cool n Soothe Long Jump

1	7502 Donald Chambers	M75	VIC	3.68m	+0.1	6.82m	76.19%
2	7505 Norman Richards	M75	WA	3.68m	+0.1	6.82m	76.19%
3	7510 Max Brook	M76	VIC	3.34m	NWI	6.31m	70.61%
4	7508 Allan Wood	M75	VIC	3.06m	+0.0	5.67m	63.35%

M85 - Cool n Soothe Long Jump

1	8504 Max McKay	M89	NSW	1.42m	+1.1	4.08m	45.66%
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M30 - Capital Hotels Triple Jump

1	3006 Darrin Norwood	M33	QLD	11.31m	NWI	11.39m	62.31%
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M35 - Capital Hotels Triple Jump

1	3515 Cain Sarah	M38	NSW	12.67m	NWI	13.27m	72.57%
2	3502 William Connors	M35	QLD	10.09m	NWI	10.21m	55.87%

M40 - Capital Hotels Triple Jump

1	4012 Robert Lehmann	M41	VIC	12.48m	NWI	13.53m	74.02%
2	4035 David Murphy	M44	NSW	10.17m	NWI	11.44m	62.55%
3	4021 Paul Campbell	M43	ACT	8.63m	+1.4	9.58m	52.43%
4	4014 Aaron Schenk	M41	SA	8.43m	+2.3	9.14m	50.00%

5 4018 Ej Davie

M42	NSW	6.22m	+1.3	6.82m	37.33%
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M45 - Capital Hotels Triple Jump

1	4542 Nick Hodgson	M49	VIC	12.98m	NWI	15.55m	85.06%
2	4523 Matthew Lovell	M47	SA	10.60m	NWI	12.38m	67.69%

M50 - Capital Hotels Triple Jump

1	5027 Maurice Schievenin	M51	SA	10.92m	NWI	13.44m	73.49%
2	5009 Warren Peters	M50	QLD	9.94m	NWI	12.07m	66.00%
3	5008 Tim McGrath	M50	NSW	9.27m	NWI	11.25m	61.55%
4	5056 Glen Dunne	M54	QLD	9.19m	NWI	11.78m	64.45%

M55 - Capital Hotels Triple Jump

1	5524 Wayne Bingham	M58	VIC	9.18m	NWI	12.47m	68.25%
2	5533 Wayne Marriott	M58	NSW	8.92m	NWI	12.12m	66.32%
3	5525 Nick Blackaby	M58	ACT	6.02m	NWI	8.18m	44.76%

M60 - Capital Hotels Triple Jump

1	6011 Clay Tompkins	M60	NSW	11.75m	+0.9	16.46m	90.04%
2	6043 Bob Martyn	M63	NSW	9.19m	+0.0	13.50m	73.82%
3	6002 Mike Clapper	M60	ACT	8.65m	+0.0	12.12m	66.28%
4	6019 David Lobb	M61	COK	8.28m	+0.0	11.78m	64.44%

M65 - Capital Hotels Triple Jump

1	6503 Ian Cole	M65	TAS	7.65m	+0.0	11.61m	63.49%
2	6536 Stanley Miller	M69	SA	7.59m	+0.6	12.33m	67.47%

M70 - Capital Hotels Triple Jump

1	7040 Nick Bastas	M74	NSW	8.81m	NWI	15.72m	85.95%
2	7026 Greg Mamalis	M72	NSW	8.68m	NWI	14.90m	81.50%

M75 - Capital Hotels Triple Jump

1	7502 Donald Chambers	M75	VIC	7.30m	NWI	13.28m	72.64%
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M85 - Capital Hotels Triple Jump

1	8504 Max McKay	M89	NSW	3.25m	NWI	8.62m	47.17%
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M30 - Capital Weed Control Pole Vault

1	3006 Darrin Norwood	M33	QLD	3.10m		3.17m	51.67%
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M40 - Capital Weed Control Pole Vault

1	4038 Andrew Watson	M44	NSW	2.80m		3.25m	53.03%

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M75 - Capital Weed Control Pole Vault

1	7502 Donald Chambers	M75	VIC	2.10m	4.15m	67.74%
2	7506 Colin Robbie	M75	ACT	1.70m	3.36m	54.84%

Men - Throws**M30 - The Climb Macadamia Plantation Shot Put**

1	3011 Grzegorz Urbanowicz	M34	WA	12.83m	12.83m	55.49%
2	3006 Darrin Norwood	M33	QLD	11.88m	11.88m	51.38%
3	3005 Warren Jones	M33	NSW	10.01m	10.01m	43.30%
4	3009 Anatoly Kirievsky	M34	NSW	9.86m	9.86m	42.65%
5	3004 Mark Lyden	M32	TAS	6.56m	6.56m	28.37%

M35 - The Climb Macadamia Plantation Shot Put

1	3521 Rodney Watson	M39	NSW	10.58m	10.80m	46.75%
2	3502 William Connors	M35	QLD	9.53m	9.53m	41.22%

M40 - The Climb Macadamia Plantation Shot Put

1	4011 Malcolm Clarke	M41	WA	13.00m	13.56m	58.66%
2	4038 Andrew Watson	M44	NSW	12.50m	13.68m	59.19%
3	4019 Richard Harris	M42	QLD	11.30m	11.97m	51.81%
4	4014 Aaron Schenk	M41	SA	9.83m	10.25m	44.36%
5	4035 David Murphy	M44	NSW	8.40m	9.19m	39.77%
6	4018 Ej Davie	M42	NSW	5.45m	5.77m	24.99%

M45 - The Climb Macadamia Plantation Shot Put

1	4541 Stuart Gynell	M49	NSW	15.05m	18.21m	78.80%
2	4516 Todd Davey	M46	WA	12.18m	13.83m	59.85%
3	4521 Andrew Kohlrusch	M47	NSW	10.61m	12.30m	53.24%
4	4505 Shawn Hennig	M45	VIC	8.49m	9.45m	40.88%
5	4504 Fabrizio Romeo	M45	VIC	8.28m	9.21m	39.87%
6	4518 Matt Stenning	M46	NSW	8.27m	9.39m	40.64%
7	4503 James Christmass	M45	VIC	6.59m	7.33m	31.73%

M50 - The Climb Macadamia Plantation Shot Put

1	5008 Tim McGrath	M50	NSW	11.32m	12.98m	56.15%
2	5047 Peter Reed	M53	ACT	11.15m	13.60m	58.84%
3	5048 Philip Robinson	M53	VIC	10.72m	13.07m	56.57%
4	5025 Michael Kirkby	M51	QLD	9.25m	10.82m	46.81%
5	5039 Peter Wrzuszcak	M52	VIC	9.18m	10.96m	47.42%
6	5045 Bill Pomplun	M53	NSW	8.55m	10.42m	45.12%
7	5064 Norman White	M54	SA	6.72m	8.37m	36.23%

M55 - The Climb Macadamia Plantation Shot Put

1	5516 Stan Peska	M56	VIC	12.53m	16.32m	70.59%
2	5544 Gavin Murray	M59	NSW	11.41m	15.93m	68.94%
3	5510 Robert Hanbury-Brown	M56	NSW	10.97m	14.28m	61.80%
4	5529 Thomas Gravestock	M58	WA	10.43m	14.22m	61.53%
5	5508 Andrew Atkinson-Howatt	M56	NSW	9.89m	12.88m	55.72%
6	5520 Lajos Joni	M57	NSW	9.74m	12.97m	56.14%
7	5538 Anthony Baker	M59	NSW	9.63m	13.45m	58.19%
8	5504 John Parker	M55	ACT	8.67m	11.04m	47.77%

M60 - The Climb Macadamia Plantation Shot Put

1	6024 Peter Teys	M61	QLD	11.13m	14.53m	62.88%
2	6005 Craig Hicks	M60	TAS	11.13m	14.13m	61.15%
3	6039 Roger Glass	M63	VIC	10.63m	14.71m	63.65%
4	6047 Bob Banens	M64	ACT	10.41m	14.85m	64.22%
5	6036 Rick Davison	M63	NZ	10.02m	13.86m	60.00%
6	6020 Steve McGugan	M61	NT	9.44m	12.32m	53.33%
7	6018 Ian Heazlewood	M61	NT	8.72m	11.38m	49.27%
8	6006 Duncan Macnicol	M60	ACT	8.62m	10.94m	47.36%
9	6030 Dave Ross	M62	NSW	8.46m	11.36m	49.19%
10	6032 John West	M62	NSW	7.52m	10.10m	43.72%
11	6029 Michael Roberts	M62	NT	7.03m	9.44m	40.87%

M65 - The Climb Macadamia Plantation Shot Put

1	6527 Ray Green	M68	ACT	10.51m	17.10m	73.96%
2	6507 Greg Wilson	M65	WA	8.91m	13.11m	56.72%
3	6531 John Reynolds	M68	ACT	8.66m	14.09m	60.94%

4	6538 Didimo Tonelli	M69	VIC	8.57m	14.45m	62.51%
5	6522 Timothy Gulliver	M67	ACT	7.60m	11.94m	51.67%
6	6510 Richard Dunstan	M66	QLD	5.65m	8.58m	37.15%

M70 - The Climb Macadamia Plantation Shot Put

1	7001 Leo Christopher	M70	NSW	13.44m	17.49m	75.68%
2	7016 Guy Quartermann	M71	QLD	10.79m	14.43m	62.44%
3	7026 Greg Mamalis	M72	NSW	10.28m	14.14m	61.19%
4	7014 Keith James	M71	NSW	10.08m	13.48m	58.33%
5	7035 Brett Sowerby	M73	NSW	9.49m	13.43m	58.11%
6	7027 Roy Skuse	M72	NZ	8.27m	11.37m	49.23%
7	7024 Bruce Wiggins	M71	NSW	7.58m	10.13m	43.87%
8	7030 Tony Bradford	M73	VIC	7.23m	10.23m	44.27%
9	7021 Bryan Thomas	M71	ACT	7.04m	9.41m	40.74%
10	7023 Robin Whyte	M71	ACT	7.03m	9.40m	40.68%

M75 - The Climb Macadamia Plantation Shot Put

1	7513 Thomas Hancock	M76	VIC	10.11m	15.69m	67.90%
2	7506 Colin Robbie	M75	ACT	9.20m	13.83m	59.86%
3	7502 Donald Chambers	M75	VIC	8.61m	12.95m	56.02%

M80 - The Climb Macadamia Plantation Shot Put

1	8011 Russell Clark	M84	VIC	6.09m	11.14m	48.18%
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M85 - The Climb Macadamia Plantation Shot Put

1	8502 Francis Torok	M85	NSW	7.88m	14.97m	64.75%
2	8501 Rad Leovic	M85	ACT	6.79m	12.89m	55.79%
3	8504 Max McKay	M89	NSW	5.56m	13.02m	56.33%

M30 - Albert Magassy Discus Throw

1	3011 Grzegorz Urbanowicz	M34	WA	40.97m	40.97m	55.31%
2	3005 Warren Jones	M33	NSW	28.45m	28.45m	38.40%
3	3009 Anatoly Kirievsky	M34	NSW	26.30m	26.30m	35.50%
4	3004 Mark Lyden	M32	TAS	20.66m	20.66m	27.89%

M35 - Albert Magassy Discus Throw

1	3521 Rodney Watson	M39	NSW	29.62m	29.62m	39.98%
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M40 - Albert Magassy Discus Throw

1	4011 Malcolm Clarke	M41	WA	38.81m	39.18m	52.89%
2	4019 Richard Harris	M42	QLD	36.38m	37.08m	50.06%
3	4038 Andrew Watson	M44	NSW	35.14m	36.53m	49.31%
4	4028 David Wilczek	M43	SA	31.49m	32.41m	43.75%
5	4031 Andrew Brooker	M44	WA	30.02m	31.20m	42.13%
6	4014 Aaron Schenk	M41	SA	29.78m	30.06m	40.58%
7	4035 David Murphy	M44	NSW	26.97m	28.03m	37.85%
8	4018 Ej Davie	M42	NSW	12.00m	12.23m	16.51%

M45 - Albert Magassy Discus Throw

1	4541 Stuart Gynell	M49	NSW	41.56m	47.19m	63.70%
2	4516 Todd Davey	M46	WA	39.42m	42.18m	56.94%
3	4521 Andrew Kohlrusch	M47	NSW	32.02m	34.93m	47.16%

M50 - Albert Magassy Discus Throw

1	5025 Michael Kirkby	M51	QLD	33.72m	34.33m	46.35%

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9	5504	John Parker	M55	ACT	27.72m	30.44m	41.10%
	105538	Anthony Baker	M59	NSW	24.37m	29.67m	40.06%

M60 - Albert Magassy Discus Throw

1	6036	Rick Davison	M63	NZ	40.14m	48.03m	64.85%
2	6024	Peter Teys	M61	QLD	39.40m	45.17m	60.99%
3	6047	Bob Banens	M64	ACT	36.52m	44.68m	60.31%
4	6039	Roger Glass	M63	VIC	36.31m	43.45m	58.66%
5	6030	Dave Ross	M62	NSW	35.77m	41.89m	56.55%
6	6005	Craig Hicks	M60	TAS	34.19m	38.40m	51.84%
7	6006	Duncan Macnicol	M60	ACT	33.03m	37.09m	50.08%
8	6004	Stephen Fuller	M60	WA	31.77m	35.68m	48.17%
9	6018	Ian Heazlewood	M61	NT	29.92m	34.30m	46.32%
10	6038	Graham Ford	M63	VIC	28.89m	34.57m	46.67%
11	6032	John West	M62	NSW	24.45m	28.63m	38.66%
12	6029	Michael Roberts	M62	NT	23.96m	28.06m	37.88%

M65 - Albert Magassy Discus Throw

1	6527	Ray Green	M68	ACT	39.74m	53.37m	72.06%
2	6531	John Reynolds	M68	ACT	31.68m	42.55m	57.44%
3	6507	Greg Wilson	M65	WA	30.19m	37.77m	51.00%
4	6538	Didimo Tonelli	M69	VIC	27.32m	37.61m	50.78%

M70 - Albert Magassy Discus Throw

1	7001	Leo Christopher	M70	NSW	35.41m	50.02m	67.52%
2	7014	Keith James	M71	NSW	32.98m	47.82m	64.55%
3	7035	Brett Sowerby	M73	NSW	32.61m	49.92m	67.39%
4	7016	Guy Quarterman	M71	QLD	29.48m	42.74m	57.70%
5	7027	Roy Skuse	M72	NZ	23.87m	35.54m	47.99%
6	7030	Tony Bradford	M73	VIC	21.99m	33.66m	45.44%
7	7023	Robin Whyte	M71	ACT	21.60m	31.32m	42.28%

M75 - Albert Magassy Discus Throw

1	7513	Thomas Hancock	M76	VIC	35.00m	58.48m	78.95%
2	7506	Colin Robbie	M75	ACT	24.81m	40.23m	54.31%
3	7514	Leon Sander	M76	WA	22.72m	37.96m	51.25%
4	7508	Allan Wood	M75	VIC	17.03m	27.61m	37.28%

M80 - Albert Magassy Discus Throw

1	8011	Russell Clark	M84	VIC	13.62m	30.10m	40.64%
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M85 - Albert Magassy Discus Throw

1	8502	Francis Torok	M85	NSW	18.79m	43.28m	58.43%
2	8504	Max McKay	M89	NSW	11.21m	31.03m	41.91%

M30 - Jayne Hardy Hammer Throw

1	3011	Grzegorz Urbanowicz	M34	WA	39.69m	39.69m	45.76%
2	3005	Warren Jones	M33	NSW	36.55m	36.55m	42.14%
3	3009	Anatoly Kirievsky	M34	NSW	29.91m	29.91m	34.48%
4	3006	Darrin Norwood	M33	QLD	29.65m	29.65m	34.18%

M35 - Jayne Hardy Hammer Throw

1	3514	Ricard Meiring	M38	NSW	58.53m	61.24m	70.61%
2	3521	Rodney Watson	M39	NSW	30.61m	32.53m	37.51%
3	3502	William Connors	M35	QLD	29.07m	29.07m	33.51%

M40 - Jayne Hardy Hammer Throw

1	4011	Malcolm Clarke	M41	WA	33.22m	36.51m	42.10%
2	4004	Brett Kingston	M40	ACT	30.49m	32.92m	37.96%
3	4002	Clayton Campodonico	M40	QLD	30.03m	32.42m	37.38%
4	4019	Richard Harris	M42	QLD	28.28m	31.65m	36.50%
5	4014	Aaron Schenk	M41	SA	27.81m	30.56m	35.24%

M45 - Jayne Hardy Hammer Throw

1	4541	Stuart Gyngell	M49	NSW	38.98m	50.06m	57.71%
2	4518	Matt Stenning	M46	NSW	35.24m	42.56m	49.08%
3	4523	Matthew Lovell	M47	SA	32.39m	39.91m	46.02%
4	4516	Todd Davey	M46	WA	30.62m	36.98m	42.65%
5	4504	Fabrizio Romeo	M45	VIC	18.36m	21.74m	25.08%
6	4503	James Christmass	M45	VIC	16.33m	19.34m	22.30%

M50 - Jayne Hardy Hammer Throw

1	5057	John Everard	M54	WA	37.57m	47.71m	55.02%
2	5047	Peter Reed	M53	ACT	37.28m	46.30m	53.39%
3	5048	Philip Robinson	M53	VIC	32.60m	40.49m	46.68%
4	5039	Peter Wrzuszczak	M52	VIC	30.77m	37.40m	43.12%
5	5025	Michael Kirkby	M51	QLD	27.72m	32.98m	38.03%
6	5008	Tim McGrath	M50	NSW	24.42m	28.46m	32.81%

M55 - Jayne Hardy Hammer Throw

1	5520	Lajos Joni	M57	NSW	40.15m	54.66m	63.03%
2	5544	Gavin Murray	M59	NSW	37.41m	53.51m	61.69%
3	5529	Thomas Gravestock	M58	WA	35.91m	50.10m	57.76%
4	5508	Andrew Atkinson-Howatt	M56	NSW	34.98m	46.51m	53.63%
5	5510	Robert Hanbury-Brown	M56	NSW	33.20m	44.14m	50.90%
6	5504	John Parker	M55	ACT	25.29m	32.85m	37.88%
7	5538	Anthony Baker	M59	NSW	23.80m	34.04m	39.25%

M60 - Jayne Hardy Hammer Throw

1	6036	Rick Davison	M63	NZ	41.39m	62.42m	71.97%
2	6039	Roger Glass	M63	VIC	39.82m	60.06m	69.24%
3	6016	David Bates	M61	SA	32.05m	46.10m	53.15%
4	6005	Craig Hicks	M60	TAS	30.18m	42.42m	48.91%
5	6047	Bob Banens	M64	ACT	29.22m	45.16m	52.08%
6	6030	Dave Ross	M62	NSW	28.67m	42.21m	48.67%
7	6018	Ian Heazlewood	M61	NT	21.40m	30.78m	35.49%
8	6032	John West	M62	NSW	15.87m	23.36m	26.94%
9	6027	Bob Jones	M62	NSW	14.67m	21.60m	24.90%
10	6029	Michael Roberts	M62	NT	12.25m	18.03m	20.79%

M65 - Jayne Hardy Hammer Throw

1	6533	Kevin Bradley	M69	NZ	37.59m	66.36m	76.51%
2	6531	John Reynolds	M68	ACT	32.33m	55.50m	63.99%
3	6527	Ray Green	M68	ACT	32.19m	55.26m	63.72%
4	6507	Greg Wilson	M65	WA	23.24m	36.84m	42.47%
5	6502	Tom Barber	M65	NSW	20.19m	32.00m	36.90%

M70 - Jayne Hardy Hammer Throw

1	7042	Ken Priestley	M74	VIC	35.72m	64.84m	74.76%
2	7016	Guy Quarterman	M71	QLD	33.03m	54.75m	63.13%
3	7035	Brett Sowerby	M73	NSW	24.91m	43.83m	50.54%
4	7027	Roy Skuse	M72	NZ	24.41m	41.67m	48.04%
5	7023	Robin Whyte	M71	ACT	23.93m	39.67m	45.74%
6	7024	Bruce Wiggins	M71	NSW	20.52m	34.01m	39.22%
7	7037	Ron Stobaus	M73	VIC	20.19m	35.52m	40.96%

M75 - Jayne Hardy Hammer Throw

1	7513	Thomas Hancock	M76	VIC	30.76m	59.62m	68.74%

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M40 - Bob & Jan Banens Javelin Throw

1	4011	Malcolm Clarke	M41	WA	44.55m	51.09m	51.89%
2	4022	Mark Geddes	M43	NSW	40.55m	48.10m	48.84%
3	4031	Andrew Brooker	M44	WA	40.37m	48.72m	49.47%
4	4014	Aaron Schenk	M41	SA	39.86m	45.71m	46.42%
5	4035	David Murphy	M44	NSW	39.20m	47.31m	48.04%
6	4028	David Wilczek	M43	SA	37.14m	44.05m	44.74%
7	4038	Andrew Watson	M44	NSW	36.48m	44.02m	44.71%
8	4002	Clayton Campodonico	M40	QLD	28.69m	32.37m	32.87%

M45 - Bob & Jan Banens Javelin Throw

1	4528	Andrew Ravenscroft	M47	NSW	40.31m	51.33m	52.13%
2	4545	Alan Provenzano	M49	NSW	40.15m	53.07m	53.90%
3	4544	Martin Pittman	M49	NSW	40.00m	52.88m	53.70%
4	4505	Shawn Hennig	M45	VIC	38.90m	47.78m	48.52%
5	4514	Geoff Carter	M46	NSW	37.39m	46.75m	47.48%
6	4523	Matthew Lovell	M47	SA	34.64m	44.11m	44.80%
7	4506	Jeff Hunt	M45	ACT	33.06m	40.60m	41.23%
8	4503	James Christmass	M45	VIC	23.39m	28.72m	29.17%

M50 - Bob & Jan Banens Javelin Throw

1	5058	Kevin Fisher	M54	NSW	39.38m	54.28m	55.12%
2	5025	Michael Kirkby	M51	QLD	38.62m	50.30m	51.08%
3	5008	Tim McGrath	M50	NSW	36.43m	46.59m	47.31%
4	5013	Bruce Solomon	M50	NZ	32.87m	42.04m	42.69%
5	5006	George Jankowski	M50	NSW	26.64m	34.07m	34.60%
6	5039	Peter Wrzuszcak	M52	VIC	25.68m	34.07m	34.60%
7	5064	Norman White	M54	SA	22.68m	31.26m	31.75%

M55 - Bob & Jan Banens Javelin Throw

1	5508	Andrew Atkinson-Howatt	M56	NSW	46.33m	66.45m	67.48%
2	5512	Voitek Klimiuk	M56	NSW	44.00m	63.11m	64.08%
3	5510	Robert Hanbury-Brown	M56	NSW	40.40m	57.94m	58.84%
4	5517	Charles Bastecky	M57	ACT	37.09m	54.29m	55.14%
5	5538	Anthony Baker	M59	NSW	25.59m	39.07m	39.68%

M60 - Bob & Jan Banens Javelin Throw

1	6047	Bob Banens	M64	ACT	38.88m	62.70m	63.68%
2	6005	Craig Hicks	M60	TAS	33.67m	49.84m	50.62%
3	6006	Duncan Macnicol	M60	ACT	31.36m	46.42m	47.14%
4	6004	Stephen Fuller	M60	WA	31.06m	45.98m	46.69%
5	6036	Rick Davison	M63	NZ	29.96m	47.26m	47.99%
6	6039	Roger Glass	M63	VIC	27.08m	42.71m	43.38%
7	6032	John West	M62	NSW	27.04m	41.74m	42.39%
8	6018	Ian Heazlewood	M61	NT	24.75m	37.40m	37.98%
9	6038	Graham Ford	M63	VIC	23.20m	36.59m	37.16%
10	6029	Michael Roberts	M62	NT	18.25m	28.17m	28.61%

M65 - Bob & Jan Banens Javelin Throw

1	6538	Didimo Tonelli	M69	VIC	28.27m	51.32m	52.12%
2	6527	Ray Green	M68	ACT	27.97m	49.53m	50.30%
3	6507	Greg Wilson	M65	WA	27.33m	45.08m	45.78%
4	6502	Tom Barber	M65	NSW	23.35m	38.51m	39.11%

M70 - Bob & Jan Banens Javelin Throw

1	7016	Guy Quarterman	M71	QLD	33.53m	60.12m	61.05%
2	7031	Ron Bragg	M73	NSW	30.86m	58.48m	59.39%
3	7014	Keith James	M71	NSW	28.49m	51.08m	51.88%
4	7023	Robin Whyte	M71	ACT	28.46m	51.03m	51.82%
5	7021	Bryan Thomas	M71	ACT	22.98m	41.20m	41.84%
6	7030	Tony Bradford	M73	VIC	20.97m	39.74m	40.36%

M75 - Bob & Jan Banens Javelin Throw

1	7513	Thomas Hancock	M76	VIC	28.64m	59.35m	60.27%
2	7506	Colin Robbie	M75	ACT	23.45m	47.12m	47.86%
3	7514	Leon Sander	M76	WA	21.16m	43.85m	44.53%
4	7508	Allan Wood	M75	VIC	21.15m	42.50m	43.16%

M80 - Bob & Jan Banens Javelin Throw

1	8011	Russell Clark	M84	VIC	11.89m	29.51m	29.97%
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M85 - Bob & Jan Banens Javelin Throw

1	8504	Max McKay	M89	NSW	10.63m	35.45m	36.00%
2	3005	Warren Jones	M33	NSW	10.80m	10.96m	42.39%
3	3009	Anatoly Kirievsky	M34	NSW	10.75m	10.96m	42.41%
4	3006	Darrin Norwood	M33	QLD	10.57m	10.72m	41.48%

M30 - Jean & Kerry Thew Weight Throw

1	3514	Ricard Meiring	M38	NSW	17.77m	18.93m	73.22%
2	3509	Jamie Muscat	M36	NSW	12.02m	12.48m	48.25%
3	3521	Rodney Watson	M39	NSW	10.23m	11.04m	42.71%

M40 - Jean & Kerry Thew Weight Throw

1	4011	Malcolm Clarke	M41	WA	11.44m	12.69m	49.08%
2	4014	Aaron Schenk	M41	SA	10.78m	11.95m	46.25%
3	4002	Clayton Campodonico	M40	QLD	10.75m	11.76m	45.49%
4	4019	Richard Harris	M42	QLD	10.24m	11.51m	44.54%
5	4004	Brett Kingston	M40	ACT	9.73m	10.64m	41.18%

M45 - Jean & Kerry Thew Weight Throw

1	4541	Stuart Gyngell	M49	NSW	12.64m	15.73m	60.86%
2	4516	Todd Davey	M46	WA	11.54m	13.73m	53.13%
3	4504	Fabrizio Romeo	M45	VIC	7.48m	8.77m	33.94%

M50 - Jean & Kerry Thew Weight Throw

1	5047	Peter Reed	M53	ACT	14.71m	17.19m	66.50%
2	5057	John Everard	M54	WA	12.84m	15.27m	59.06%
3	5048	Philip Robinson	M53	VIC	12.07m	14.11m	54.57%
4	5039	Peter Wrzuszcak	M52	VIC	11.65m	13.39m	51.80%
5	5025	Michael Kirkby	M51	QLD	10.97m	12.40m	47.97%

M55 - Jean & Kerry Thew Weight Throw

1	5520	Lajos Joni	M57	NSW	14.86m	18.64m	72.10%
2	5544	Gavin Murray	M59	NSW	13.76m	17.92m	69.32%
3	5510	Robert Hanbury-Brown	M56	NSW	13.71m	16.89m	65.35%
4	5529	Thomas Gravestock	M58	WA	13.32m	17.02m	65.84%
5	5504	John Parker	M55	ACT	10.92m	13.21m	51.12%
6	5538	Anthony Baker	M59	NSW	8.59m	11.19m	43.27%

M60 - Jean & Kerry Thew Weight Throw

1	6039	Roger Glass	M63	VIC	16.26m	19.66m	76.05%
2	6036	Rick Davison	M63	NZ	15.29m	18.49m	71.52%
3	6047	Bob Banens	M64	ACT	13.46m	16.62m	64.28%
4	6005	Craig Hicks	M60	TAS	12.04m	13.71m	53.04%
5	6016	David Bates	M61				

M85 - Jean & Kerry Thew Weight Throw						
1	8504 Max McKay	M89	NSW	6.41m	14.03m	54.28%

Men - Walks

M40 - Canberra Rural Stockfeeds 1500M Walk						
1	4006 Adam Patterson	M40	VIC	8:38.65	8:10.54	62.99%

M45 - Canberra Rural Stockfeeds 1500M Walk						
1	4503 James Christmass	M45	VIC	6:40.93	6:04.33	84.82%
2	4531 Peter Baker	M48	ACT	7:46.72	6:53.75	74.68%

M50 - Canberra Rural Stockfeeds 1500M Walk						
1	5032 Simon Evans	M52	VIC	6:47.55	5:49.19	88.49%
2	5022 Garry Hastie	M51	WA	7:13.17	6:14.35	82.54%
3	5045 Bill Pomplun	M53	NSW	10:22.69	8:48.92	58.42%
4	5064 Norman White	M54	SA	11:05.13	9:20.04	55.17%

M55 - Canberra Rural Stockfeeds 1500M Walk						
1	5548 Clyde Riddoch	M59	VIC	8:00.99	6:26.67	79.91%
2	5521 Robert Osborne	M57	NSW	8:40.95	7:06.82	72.40%

M60 - Canberra Rural Stockfeeds 1500M Walk						
1	6010 John Russell	M60	SA	8:47.54	6:59.93	73.58%
2	6021 Harold Membrey	M61	WA	10:57.34	8:38.05	59.65%
3	6032 John West	M62	NSW	10:57.52	8:32.94	60.24%
	6029 Michael Roberts	M62	NT	DQ		

M65 - Canberra Rural Stockfeeds 1500M Walk						
1	6525 George White	M67	SA	8:02.30	5:56.42	86.70%
2	6504 Robert Connors	M65	NSW	9:54.29	7:29.11	68.80%
3	6532 Graham Allomes	M69	NSW	9:55.51	7:09.96	71.87%

M70 - Canberra Rural Stockfeeds 1500M Walk						
1	7041 Murray Dickinson	M74	VIC	8:54.59	6:02.62	85.21%
2	7025 Tony Johnson	M72	VIC	8:55.54	6:12.74	82.90%
3	7023 Robin Whyte	M71	ACT	9:06.40	6:25.11	80.24%
7021	Bryan Thomas	M71	ACT	DQ		

M75 - Canberra Rural Stockfeeds 1500M Walk						
1	7507 Jim Seymon	M75	NSW	9:07.72	6:06.59	84.29%
2	7501 Rodger Barber	M75	SA	10:43.72	7:10.85	71.72%
3	7515 Ian Beaumont	M77	VIC	11:59.41	7:48.48	65.96%
	7520 James Anthony	M78	NSW	DQ		

M80 - Canberra Rural Stockfeeds 1500M Walk						
1	8004 Osmo Millridge	M81	NSW	10:19.56	6:20.35	81.24%
2	8002 Colin Silcock Delaney	M80	VIC	10:56.93	6:49.54	75.45%
3	8010 Irwin Barrett Lennard	M83	WA	10:59.48	6:32.33	78.76%

M40 - Blistex 5000 Metres Walk						
1	4006 Adam Patterson	M40	VIC	26:48.73	25:27.82	70.53%
2	4026 David Smyth	M43	WA	26:56.43	24:59.24	71.88%

M45 - Blistex 5000 Metres Walk						
1	4503 James Christmass	M45	VIC	26:23.17	24:05.12	74.57%
2	4531 Peter Baker	M48	ACT	27:59.25	24:55.71	72.05%

M50 - Blistex 5000 Metres Walk						
1	5032 Simon Evans	M52	VIC	25:16.77	21:46.10	82.50%
2	5022 Garry Hastie	M51	WA	25:33.69	22:12.02	80.90%

M55 - Blistex 5000 Metres Walk						
1	5548 Clyde Riddoch	M59	VIC	28:54.07	23:22.00	76.86%
2	5521 Robert Osborne	M57	NSW	29:30.92	24:19.07	73.85%

M60 - Blistex 5000 Metres Walk						
1	6010 John Russell	M60	SA	29:39.63	23:44.78	75.63%

2	6032 John West	M62	NSW	36:02.22	28:16.48	63.52%
	6029 Michael Roberts	M62	NT	DQ		

M65 - Blistex 5000 Metres Walk

1	6525 George White	M67	SA	27:05.87	20:08.19	89.19%
2	6532 Graham Allomes	M69	NSW	34:59.77	25:24.02	70.71%
3	6504 Robert Connors	M65	NSW	36:11.98	27:30.71	65.28%

M40 - The Tradies 10K Road Walk

1	4026 David Smyth	M43	WA	58:19.0	54:25.27	68.33%
2	4006 Adam Patterson	M40	VIC	1:06:21.0	1:03:22.7	58.67%
3	4004 Brett Kingston	M40	ACT	1:19:59.0	1:16:24.0	48.67%

M50 - The Tradies 10K Road Walk

1	5032 Simon Evans	M52	VIC	51:20.0	44:31.29	83.52%
2	5022 Garry Hastie	M51	WA	52:07.0	45:34.88	81.58%

M55 - The Tradies 10K Road Walk

1	5521 Robert Osborne	M57	NSW	59:49.0	49:40.31	74.86%
2	5548 Clyde Riddoch	M59	VIC	1:04:02.0	52:11.62	71.24%

M60 - The Tradies 10K Road Walk

1	6021 Harold Membrey	M61	WA	1:25:32.0	1:08:22.0	54.39%
2	6029 Michael Roberts	M62	NT	1:42:35.0	1:21:09.8	45.81%

M65 - The Tradies 10K Road Walk

1	6525 George White	M67	SA	55:46.0	41:46.49	89.01%
2	6532 Graham Allomes	M69	NSW	1:14:38.0	54:35.66	68.11%

M70 - The Tradies 10K Road Walk

1	7023 Robin Whyte	M71	ACT	1:02:58.0	44:55.23	82.78%
2	7041 Murray Dickinson	M74	VIC	1:05:49.0	45:06.65	82.43%
3	7025 Tony Johnson	M72	VIC	1:07:50.0	47:46.10	77.84%

M75 - The Tradies 10K Road Walk

1	7516 Robert Gardiner	M77	VIC	1:00:50.0	39:55.87	93.12%
2	7507 Jim Seymon	M75	NSW	1:09:46.0	47:08.90	78.86%
3	7501 Rodger Barber	M75	SA	1:15:18.0	50:53.27	73.07%

M80 - The Tradies 10K Road Walk

1	8002 Colin Silcock Delaney	M80	VIC	1:20:39.0	50:31.16	73.60%
2	8004 Osmo Millridge	M81	NSW	1:21:09.0	51:00.88	73.60%

Men Relays

Men 4x100 Metre Relay M180+

1	Que

2	New South Wales 'A'	47.40
	(4037 Krzysztof Wardecki M44, 4519 Christopher Brack M47, 4520 Darrin James M47, 4025 David Skala M43)	
3	South Australia 'A'	56.92
	(4014 Aaron Schenk M41, 6536 Stanley Miller M69, 5060 Hayden Harrell M54, 5511 Alex Jefferies M56)	
DQ	Victoria 'A'	
	(4039 Andrew Wilcox M44, 5513 Rob Mayston M56, 3512 Brett Maurer M37, 4012 Robert Lehmann M41)	

Men 4x100 Metre Relay M240+

1	New South Wales 'A'	57.02
	(7007 Neville McIntyre M70, 7040 Nick Bastas M74, 6043 Bob Martyn M63, 7004 Bruce Green M70)	
2	Victoria 'A'	57.79
	(7502 Donald Chambers M75, 7030 Tony Bradford M73, 4513 John White M45, 6034 Bill Carr M63)	
3	Western Australia 'A'	59.17
	(7505 Norman Richards M75, 6028 Nick Miletic M62, 7514 Leon Sander M76, 6004 Stephen Fuller M60)	
4	Northern Territory 'A'	1:02.40
	(5535 Bruce McGeorge M58, 6020 Steve McGugan M61, 6018 Ian Heazlewood M61, 5540 Ian Cameron M59)	

Men 4x400 Metre Relay M120+

1	New South Wales 'A'	3:32.75
	(3007 Jay Stone M33, 4519 Christopher Brack M47, 4520 Darrin James M47, 4508 Michael Lynch M45)	
2	Australian Capital Territory 'A'	4:01.19
	(4540 Jeff Grey M49, 4029 Scott Yates M43, 5041 Michael Horan M53, 3010 Mark Rossiter M34)	
3	Queensland 'A'	4:02.68
	(3522 Brendan Whelan M39, 5009 Warren Peters M50, 3006 Darrin Norwood M33, 5051 Rod Walke M53)	
4	South Australia 'A'	4:48.72
	(4014 Aaron Schenk M41, 6536 Stanley Miller M69, 5060 Hayden Harrell M54, 5511 Alex Jefferies M56)	

Men 4x400 Metre Relay M240+

1	New South Wales 'A'	4:20.53
	(7007 Neville McIntyre M70, 6530 Donald Mathewson M68, 5017 Ronald Cozijnsen M51, 6042 John Lamb M63)	
2	Tasmania 'A'	4:48.06
	(6048 Alan Coleman M64, 7018 Bob Robertson M71, 5528 Chris Gates M58, 7028 Michael Stevenson M72)	

Men 4x400 Metre Relay M180+

1	Victoria 'A'	3:45.96
	(5001 Allan Cook M50, 5513 Rob Mayston M56, 4505 Shawn Hennig M45, 4529 Robert Schwerkolt M47)	
2	Western Australia 'A'	4:05.44
	(4537 David Solomon M48, 6004 Stephen Fuller M60, 4031 Andrew Brooker M44, 5012 Colin Smith M50)	
3	Tasmania 'A'	4:16.39
	(5034 John Jago M52, 5042 Alvin Johns M53, 5061 Roscoe McDonnell M54, 4040 William Yee M44)	
4	New South Wales 'A'	4:35.01
	(4003 Michael Doggett M40, 4548 Garry Womsley M49, 6514 Stephen Napper M66, 4018 Ej Davie M42)	
5	Australian Capital Territory 'A'	4:37.78
	(5550 Ken White M59, 4531 Peter Baker M48, 6513 Garry Maher M66, 6053 Geoff Sims M64)	

Men – Champion of Champions

Men Champion of Champions Sprint

1	7007	Neville McIntyre	M70	NSW	10.46
2	6535	Rob McDonald	M69	QLD	10.46
3	4013	Gregory Smith	M41	NSW	10.55
4	5026	Rudy Kocis	M51	WA	10.60
5	8003	Richard Hughes	M81	NSW	10.84
6	6042	John Lamb	M63	NSW	10.84

Men Champion of Champions Throws - Weight

1	3011	Grzegorz Urbanowicz	M34	WA	21.67m
2	5047	Peter Reed	M53	ACT	19.96m
3	7016	Guy Quarterman	M71	QLD	19.77m
4	6039	Roger Glass	M63	VIC	19.35m
5	5520	Lajos Joni	M57	NSW	19.18m
6	6531	John Reynolds	M68	ACT	19.07m



Mr Perpetual Motion - Rad Leovic M85 ACT - 2013

AMA Multi-Events Award Winner (Photo: John Worrell)

Mens Throws Pentathlon

M30 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Grzegorz Urbanowicz - M34 - WA	39.19m	12.61m	35.92m	34.58m	14.40m
	Age Graded Mark:	39.19m	12.61m	35.92m	34.58m	14.40m
	Age Graded Percent:	45.18%	54.54%	48.49%	35.11%	55.68%
	Total Points:	2789	(499)	(643)	(582)	(364)
2	Darrin Norwood - M33 - QLD	29.36m	12.11m	37.83m	48.77m	10.48m
	Age Graded Mark:	29.36m	12.11m	37.83m	48.77m	10.48m
	Age Graded Percent:	33.85%	52.38%	51.07%	49.52%	40.53%
	Total Points:	2623	(340)	(613)	(621)	(570)
3	Warren Jones - M33 - NSW	36.59m	9.74m	29.52m	26.74m	9.78m
	Age Graded Mark:	36.59m	9.74m	29.52m	26.74m	9.78m
	Age Graded Percent:	42.18%	42.13%	39.85%	27.15%	37.82%
	Total Points:	2076	(457)	(470)	(455)	(254)
4	Anatoly Kirievsky - M34 - NSW	29.63m	9.33m	27.56m	30.91m	10.26m
	Age Graded Mark:	29.63m	9.33m	27.56m	30.91m	10.26m
	Age Graded Percent:	34.16%	40.35%	37.2%	31.39%	39.68%
	Total Points:	1986	(345)	(445)	(417)	(312)
M35 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Ricard Meiring - M38 - NSW	57.93m	10.93m	27.21m	35.66m	16.81m
	Age Graded Mark:	59.66m	11.33m	27.59m	36.10m	17.15m
	Age Graded Percent:	68.79%	49.04%	37.25%	36.67%	66.31%
	Total Points:	3064	(837)	(566)	(417)	(386)
2	Jamie Muscat - M36 - NSW	40.19m	12.42m	40.20m	33.40m	13.08m
	Age Graded Mark:	41.39m	12.88m	40.77m	33.82m	13.34m
	Age Graded Percent:	47.73%	55.72%	55.04%	34.34%	51.6%
	Total Points:	2868	(535)	(660)	(680)	(353)
3	Rodney Watson - M39 - NSW	30.66m	10.27m	27.41m	35.37m	10.11m
	Age Graded Mark:	31.57m	10.65m	27.80m	35.81m	10.31m
	Age Graded Percent:	36.41%	46.07%	37.53%	36.37%	39.88%
	Total Points:	2173	(376)	(525)	(421)	(382)
4	William Connors - M35 - QLD	28.56m	8.93m	28.70m	36.40m	8.20m
	Age Graded Mark:	29.41m	9.26m	29.11m	36.85m	8.36m
	Age Graded Percent:	33.92%	40.06%	39.29%	37.43%	32.35%
	Total Points:	1987	(341)	(441)	(447)	(397)
M40 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Malcolm Clarke - M41 - WA	33.14m	12.43m	37.82m	43.24m	11.47m
	Age Graded Mark:	37.28m	13.84m	41.65m	46.96m	12.50m
	Age Graded Percent:	42.99%	59.87%	56.23%	47.69%	48.34%
	Total Points:	3022	(468)	(719)	(698)	(544)
2	Richard Harris - M42 - QLD	29.04m	10.81m	37.87m	35.36m	8.86m
	Age Graded Mark:	32.67m	12.03m	41.71m	38.40m	9.65m
	Age Graded Percent:	37.67%	52.07%	56.3%	39%	37.34%
	Total Points:	2551	(393)	(608)	(699)	(419)
3	Aaron Schenk - M41 - SA	23.91m	9.40m	32.16m	37.04m	9.87m
	Age Graded Mark:	26.90m	10.46m	35.42m	40.23m	10.75m
	Age Graded Percent:	31.02%	45.28%	47.81%	40.86%	41.59%
	Total Points:	2325	(301)	(513)	(572)	(445)
4	Brett Kingston - M40 - ACT	31.84m	8.11m	29.89m	28.54m	8.45m
	Age Graded Mark:	35.82m	9.03m	32.92m	31.00m	9.20m
	Age Graded Percent:	41.3%	39.07%	44.44%	31.48%	35.61%
	Total Points:	2114	(444)	(428)	(522)	(313)
DNF Clayton Campodonico - M40 - QLD		23.80m	9.71m	DNS	28.18m	9.11m
	Age Graded Mark:	26.77m	10.81m		30.60m	9.92m
	Age Graded Percent:	30.87%	46.77%		31.08%	38.39%
	Total Points:	DNF	(299)	(534)	(0)	(308)

M45 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Stuart Gyngell - M49 - NSW	42.96m	14.88m	42.69m	35.00m	13.20m
	Age Graded Mark:	53.25m	17.89m	51.43m	41.00m	15.44m
	Age Graded Percent:	61.4%	77.38%	69.44%	41.64%	59.7%
	Total Points:	3815	(730)	(968)	(900)	(457)
2	Todd Davey - M46 - WA	34.36m	12.87m	39.39m	37.97m	11.36m
	Age Graded Mark:	42.59m	15.47m	47.46m	44.48m	13.28m
	Age Graded Percent:	49.11%	66.93%	64.07%	45.17%	51.38%
	Total Points:	3336	(555)	(819)	(818)	(507)
3	Matthew Lovell - M47 - SA	31.74m	8.23m	25.88m	32.81m	8.25m
	Age Graded Mark:	39.34m	9.89m	31.18m	38.44m	9.65m
	Age Graded Percent:	45.36%	42.8%	42.09%	39.03%	37.31%
	Total Points:	2320	(501)	(479)	(488)	(420)
4	Fabrizio Romeo - M45 - VIC	16.53m	8.37m	19.75m	21.69m	7.03m
	Age Graded Mark:	20.49m	10.06m	23.79m	25.41m	8.22m
	Age Graded Percent:	23.62%	43.53%	32.12%	25.8%	31.8%
	Total Points:	1621	(200)	(489)	(344)	(235)
M50 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Peter Reed - M53 - ACT	37.19m	10.73m	37.62m	26.17m	14.05m
	Age Graded Mark:	44.12m	12.57m	38.44m	32.13m	14.73m
	Age Graded Percent:	50.87%	54.38%	51.89%	32.63%	56.97%
	Total Points:	2903	(580)	(641)	(633)	(329)
2	Philip Robinson - M53 - VIC	32.84m	10.02m	28.01m	31.29m	13.01m
	Age Graded Mark:	38.96m	11.74m	28.62m	38.41m	13.64m
	Age Graded Percent:	44.92%	50.79%	38.63%	39.01%	52.76%
	Total Points:	2599	(495)	(591)	(437)	(419)
3	Michael Kirkby - M51 - QLD	26.65m	8.66m	30.17m	36.86m	10.82m
	Age Graded Mark:	31.61m	10.15m	30.82m	45.25m	11.34m
	Age Graded Percent:	36.45%	43.89%	41.61%	45.95%	43.88%
	Total Points:	2398	(376)	(495)	(481)	(519)
4	Peter Wrzuszcak - M52 - VIC	26.70m	9.32m	30.52m	23.77m	12.01m
	Age Graded Mark:	31.67m	10.92m	31.18m	29.18m	12.59m
	Age Graded Percent:	36.52%	47.24%	42.1%	29.63%	48.7%
	Total Points:	2292	(377)	(541)	(488)	(288)
M55 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Thomas Gravestock - M58 - WA	36.36m	11.32m	42.73m	31.93m	12.73m
	Age Graded Mark:	47.79m	14.38m	47.44m	42.72m	14.28m
	Age Graded Percent:	55.1%	62.2%	64.04%	43.38%	55.25%
	Total Points:	3385	(640)	(752)	(817)	(482)
2	Robert Hanbury Brown - M56 - NSW	35.18m	10.84m	35.92m	39.67m	13.53m
	Age Graded Mark:	46.24m	13.77m	39.88m	53.07m	15.18m
	Age Graded Percent:	53.31%	59.56%	53.84%	53.9%	58.72%
	Total Points:	3369	(614)	(714)	(662)	(634)
3	Gavin Murray - M59 - NSW	35.96m	11.54m	37.67m	30.72m	12.40m
	Age Graded Mark:	47.26m	14.66m	41.82m	41.10m	13.91m
	Age Graded Percent:	54.49%	63.41%	56.46%	41.74%	53.82%
	Total Points:	3233	(631)	(769)	(702)	(458)
4	Andrew Atkinson Howatt - M56 - NSW	32.54m	10.08m	36.18m	42.98m	11.60m
	Age Graded Mark:	42.77m	12.80m	40.17m	57.50m	13.02m
	Age Graded Percent:	49.31%	55.38%	54.23%	58.4%	50.35%
	Total Points:	3203	(558)	(655)	(668)	(700)
5	Lajos Joni - M57 - NSW	39.03m	9.74m	28.49m	22.41m	14.15m
	Age Graded Mark:	51.30m	12.37m	31.63m	29.98m	15.88m
	Age Graded Percent:	59.15%	53.52%	42.7%	30.45%	61.41%
	Total Points:	2908	(698)	(629)	(497)	(299)

6	John Parker - M55 - ACT	24.47m	8.37m	24.86m	25.53m	10.27m
	Age Graded Mark:	32.16m	10.63m	27.60m	34.15m	11.52m
	Age Graded Percent:	37.08%	45.99%	37.26%	34.69%	44.57%
	Total Points:	2221	(385)	(524)	(417)	(358)
7	Anthony Baker - M59 - NSW	23.62m	9.06m	25.17m	23.07m	8.77m
	Age Graded Mark:	31.04m	11.51m	27.94m	30.86m	9.84m
	Age Graded Percent:	35.79%	49.78%	37.72%	31.35%	38.06%
	Total Points:	2122	(367)	(577)	(424)	(311)
8	Bruce McGeorge - M58 - NT	16.12m	3.31m	18.92m	10.71m	5.38m
	Age Graded Mark:	21.18m	4.20m	21.00m	14.32m	6.03m
	Age Graded Percent:	24.43%	18.19%	28.36%	14.55%	23.35%
	Total Points:	967	(211)	(145)	(291)	(87)
	(233)					
M60 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Rick Davison - M63 - NZ	43.00m	9.78m	37.07m	29.14m	15.57m
	Age Graded Mark:	56.25m	12.20m	39.39m	41.20m	16.23m
	Age Graded Percent:	64.86%	52.81%	53.19%	41.84%	62.76%
	Total Points:	3317	(780)	(619)	(652)	(460)
	(806)					
2	Roger Glass - M63 - VIC	42.88m	10.23m	29.83m	27.56m	15.62m
	Age Graded Mark:	56.09m	12.76m	31.70m	38.96m	16.28m
	Age Graded Percent:	64.68%	55.24%	42.8%	39.57%	62.96%
	Total Points:	3164	(778)	(653)	(498)	(427)
	(808)					
3	Bob Banens - M64 - ACT	26.36m	10.73m	36.70m	39.67m	11.91m
	Age Graded Mark:	34.48m	13.39m	39.00m	56.09m	12.41m
	Age Graded Percent:	39.76%	57.94%	52.65%	56.96%	48%
	Total Points:	3025	(423)	(691)	(644)	(679)
	(588)					
4	Craig Hicks - M60 - TAS	31.20m	10.37m	32.43m	30.46m	12.18m
	Age Graded Mark:	40.81m	12.94m	34.46m	43.07m	12.69m
	Age Graded Percent:	47.06%	55.99%	46.53%	43.73%	49.09%
	Total Points:	2832	(525)	(664)	(553)	(487)
	(603)					
5	Dave Ross - M62 - NSW	30.38m	8.39m	33.90m	16.59m	10.81m
	NSW					
	Age Graded Mark:	39.74m	10.47m	36.02m	23.45m	11.26m
	Age Graded Percent:	45.82%	45.3%	48.64%	23.82%	43.57%
	Total Points:	2337	(508)	(514)	(584)	(208)
	(523)					
6	Ian Heazlewood - M61 - NT	23.22m	8.29m	28.23m	22.32m	8.47m
	Age Graded Mark:	30.37m	10.34m	30.00m	31.56m	8.82m
	Age Graded Percent:	35.02%	44.76%	40.5%	32.05%	34.14%
	Total Points:	2033	(356)	(506)	(464)	(321)
	(386)					
7	David Bates - M61 - SA	30.57m	6.44m	23.17m	17.91m	10.04m
	Age Graded Mark:	39.99m	8.03m	24.62m	25.32m	10.46m
	Age Graded Percent:	46.11%	34.77%	33.24%	25.71%	40.47%
	Total Points:	1952	(512)	(368)	(360)	(234)
	(478)					
8	John West - M62 - NSW	15.53m	7.31m	26.11m	27.18m	6.85m
	Age Graded Mark:	20.31m	9.12m	27.74m	38.43m	7.14m
	Age Graded Percent:	23.42%	39.47%	37.46%	39.02%	27.61%
	Total Points:	1763	(197)	(433)	(420)	(419)
	(294)					
9	Michael Roberts - M62 - NT	10.41m	7.00m	24.37m	18.23m	7.23m
	Age Graded Mark:	13.61m	8.73m	25.90m	25.77m	7.53m
	Age Graded Percent:	15.7%	37.8%	34.96%	26.17%	29.14%
	Total Points:	1443	(94)	(410)	(384)	(240)
	(315)					
10	Bob Jones - M62 - NSW	15.60m	5.25m	14.49m	11.01m	5.72m
	Age Graded Mark:	20.40m	6.55m	15.39m	15.56m	5.96m
	Age Graded Percent:	23.53%	28.35%	20.79%	15.81%	23.06%
	Total Points:	999	(199)	(281)	(187)	(103)
	(229)					

M65 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Ray Green - M68 - ACT	32.82m	10.02m	38.70m	24.74m	12.08m
	Age Graded Mark:	48.10m	13.63m	45.03m	38.64m	13.47m
	Age Graded Percent:	55.46%	58.98%	60.79%	39.24%	52.09%
	Total Points:	3188	(645)	(706)	(767)	(422)
2	Kevin Bradley - M69 - NZ	40.28m	7.24m	27.72m	20.02m	14.43m
	Age Graded Mark:	59.03m	9.85m	32.25m	31.27m	16.09m
	Age Graded Percent:	68.06%	42.61%	43.54%	31.75%	62.23%
	Total Points:	2927	(827)	(477)	(509)	(317)
3	John Reynolds - M68 - ACT	32.60m	8.35m	30.22m	19.06m	12.67m
	Age Graded Mark:	47.77m	11.36m	35.16m	29.77m	14.13m
	Age Graded Percent:	55.09%	49.15%	47.47%	30.23%	54.64%
	Total Points:	2756	(640)	(568)	(567)	(296)
4	Didimo Tonelli - M69 - VIC	22.14m	7.96m	24.89m	28.38m	8.19m
	Age Graded Mark:	32.44m	10.83m	28.96m	44.32m	9.13m
	Age Graded Percent:	37.41%	46.85%	39.1%	45.01%	35.32%
	Total Points:	2279	(390)	(536)	(444)	(505)
M70 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Guy Quarterman - M71 - QLD	34.35m	10.55m	30.00m	35.95m	14.44m
	Age Graded Mark:	51.95m	14.21m	38.34m	60.39m	16.47m
	Age Graded Percent:	59.9%	61.48%	51.76%	61.33%	63.7%
	Total Points:	3644	(709)	(741)	(631)	(744)
2	Brett Sowerby - M73 - NSW	27.90m	9.16m	33.45m	19.35m	9.26m
	Age Graded Mark:	42.19m	12.33m	42.75m	32.50m	10.56m
	Age Graded Percent:	48.65%	53.38%	57.71%	33.01%	40.85%
	Total Points:	2713	(548)	(626)	(721)	(335)
3	Roy Skuse - M72 - NZ	25.96m	8.22m	23.08m	20.09m	10.21m
	Age Graded Mark:	39.26m	11.07m	29.49m	33.75m	11.64m
	Age Graded Percent:	45.27%	47.9%	39.82%	34.27%	45.04%
	Total Points:	2400	(500)	(550)	(454)	(352)
4	Robin Whyte - M71 - ACT	23.48m	7.00m	20.18m	26.48m	10.15m
	Age Graded Mark:	35.51m	9.42m	25.79m	44.48m	11.57m
	Age Graded Percent:	40.94%	40.79%	34.82%	45.17%	44.77%
	Total Points:	2319	(439)	(451)	(382)	(507)
5	Bruce Wiggins - M71 - NSW	21.83m	7.40m	18.41m	17.03m	9.46m
	Age Graded Mark:	33.01m	9.96m	23.52m	28.61m	10.79m
	Age Graded Percent:	38.06%	43.12%	31.76%	29.05%	41.73%
	Total Points:	1997	(399)	(483)	(339)	(280)
M75 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Thomas Hancock - M76 - VIC	29.40m	10.56m	35.22m	25.86m	14.37m
	Age Graded Mark:	50.76m	15.61m	50.47m	48.95m	17.65m
	Age Graded Percent:	58.53%	67.56%	68.14%	49.71%	68.27%
	Total Points:	3856	(689)	(827)	(880)	(573)
2	Donald Chambers - M75 - VIC	19.13m	8.39m	18.26m	17.68m	10.77m
	Age Graded Mark:	33.03m	12.40m	26.17m	33.47m	13.23m
	Age Graded Percent:	38.08%	53.68%	35.33%	33.99%	51.16%
	Total Points:	2402	(399)	(631)	(390)	(348)
M80 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Russell Clark - M84 - VIC	13.45m	5.79m	12.59m	10.39m	7.36m
	Age Graded Mark:	25.63m	9.25m	20.69m	21.76m	9.59m
	Age Graded Percent:	29.55%	40.01%	27.94%	22.11%	37.12%
	Total Points:	1621	(281)	(441)	(285)	(185)
M85 Ruth Frith Throws Pentathlon		HT	SP	DT	JT	WT
1	Max McKay - M89 - NSW	18.49m	5.65m	11.63m	10.80m	5.71m
	Age Graded Mark:	42.12m	10.19m	22.68m	26.32m	8.25m
	Age Graded Percent:	48.57%	44.07%	30.63%	26.73%	31.92%
	Total Points:	1970	(547)	(497)	(323)	(248)

Men - Pentathlon

M30 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Darrin Norwood - M33 - QLD	5.39m w: +0.0	46.03m w: +0.4	25.44 w: +0.4	38.92m w: +0.4	5:18.87 w: +0.4
	Age Graded Mark:	5.39m w: +0.0	46.03m w: +0.4	25.45 w: +0.4	38.92m w: +0.4	5:18.88 w: +0.4
	Age Graded Percent:	60.22%	46.74%	75.94%	52.54%	64.6%
	Total Points	2657	(459)	(530)	(569)	(643)
2	Steve Clark - M34 - NSW	5.39m w: +0.0	32.41m w: +0.4	25.14 w: +0.4	26.12m w: +0.4	5:43.12 w: +0.4
	Age Graded Mark:	5.39m w: +0.0	32.41m w: +0.4	25.15 w: +0.4	26.12m w: +0.4	5:43.13 w: +0.4
	Age Graded Percent:	60.22%	32.91%	76.85%	35.26%	60.04%
	Total Points	2111	(459)	(333)	(593)	(389)
3	Anatoly Kirievsky - M34 - NSW	3.07m w: +0.0	29.10m w: +0.4	31.02 w: +0.4	28.53m w: +0.4	6:29.90 w: +0.4
	Age Graded Mark:	3.07m w: +0.0	29.10m w: +0.4	31.03 w: +0.4	28.53m w: +0.4	6:29.91 w: +0.4
	Age Graded Percent:	34.3%	29.55%	62.28%	38.51%	52.83%
	Total Points	1148	(74)	(287)	(196)	(436)
M35 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Geoff Gibbons - M36 - TAS	5.69m w: +0.0	19.87m w: +0.4	24.38 w: +0.4	19.30m w: +0.4	4:57.10 w: +0.4
	Age Graded Mark:	5.87m w: +0.0	20.12m w: +0.4	23.99 w: +0.4	19.57m w: +0.4	4:54.52 w: +0.4
	Age Graded Percent:	65.55%	20.43%	80.56%	26.42%	69.95%
	Total Points	2272	(559)	(163)	(694)	(264)
M40 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	David Wilczek - M43 - SA	5.61m w: +0.0	36.17m w: +2.5	25.18 w: +2.5	29.08m w: +2.5	5:17.12 w: +2.5
	Age Graded Mark:	6.11m w: +0.0	39.28m w: +2.5	24.02 w: +2.5	32.02m w: +2.5	5:01.87 w: +2.5
	Age Graded Percent:	68.33%	39.9%	80.46%	43.24%	68.24%
	Total Points	2786	(610)	(432)	(691)	(504)
2	Andrew Brooker - M44 - WA	5.07m w: +0.0	39.03m w: +2.5	27.13 w: +2.5	25.91m w: +2.5	4:51.55 w: +2.5
	Age Graded Mark:	5.52m w: +0.0	42.39m w: +2.5	25.88 w: +2.5	28.53m w: +2.5	4:37.53 w: +2.5
	Age Graded Percent:	61.75%	43.05%	74.68%	38.52%	74.23%
	Total Points	2628	(485)	(477)	(534)	(436)
3	David Skala - M43 - NSW	4.78m w: +0.0	20.35m w: 2.5	25.87 w: 2.5	19.02m w: 2.5	5:41.84 w: 2.5
	Age Graded Mark:	5.20m w: +0.0	22.10m w: 2.5	24.67 w: 2.5	20.94m w: 2.5	5:25.40 w: 2.5
	Age Graded Percent:	58.22%	22.45%	78.31%	28.28%	63.31%
	Total Points	1957	(421)	(190)	(634)	(290)
4	Ej Davie - M42 - NSW	2.91m w: +0.0	11.13m w: +2.5	30.70 w: +2.5	12.71m w: +2.5	5:37.64 w: +2.5
	Age Graded Mark:	3.17m w: +0.0	12.08m w: +2.5	29.28 w: +2.5	13.99m w: +2.5	5:21.40 w: +2.5
	Age Graded Percent:	35.44%	12.28%	65.99%	18.9%	64.09%
	Total Points	1043	(86)	(58)	(294)	(162)
M45 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Matthew Lovell - M47 - SA	5.74m w: +0.8	36.50m w: +2.3	26.91 w: +2.3	24.36m w: +2.3	5:30.50 w: +2.3
	Age Graded Mark:	6.63m w: +0.8	42.76m w: +2.3	24.86 w: +2.3	29.35m w: +2.3	5:01.59 w: +2.3
	Age Graded Percent:	74.06%	43.42%	77.74%	39.62%	68.31%
	Total Points	2830	(727)	(482)	(618)	(452)
2	Shawn Hennig - M45 - VIC	4.66m w: +0.0	38.26m w: +2.3	26.22 w: +2.3	26.01m w: +2.3	5:11.75 w: +2.3
	Age Graded Mark:	5.38m w: +0.0	44.82m w: +2.3	24.22 w: +2.3	31.33m w: +2.3	4:44.48 w: +2.3
	Age Graded Percent:	60.13%	45.52%	79.79%	42.31%	72.41%
	Total Points	2785	(457)	(512)	(673)	(491)

3	Alan Provenzano - M49 - NSW	5.32m w: +1.8	40.56m	27.77 w: +2.3	26.14m	5:50.15
	Age Graded Mark:	6.14m	47.52m	25.65	31.49m	5:19.52
	Age Graded Percent:	68.65%	48.25%	75.33%	42.52%	64.47%
	Total Points	2668	(617)	(552)	(552)	(494)
4	Peter Baker - M48 - ACT	3.78m w: +0.0	26.05m	28.37 w: +2.3	26.27m	5:25.50
	Age Graded Mark:	4.36m	30.52m	26.20	31.65m	4:57.02
	Age Graded Percent:	48.77%	30.99%	73.74%	42.73%	69.35%
	Total Points	2155	(266)	(307)	(508)	(497)
5	Jeff Hunt - M45 - ACT	3.01m w: +0.2	32.02m	30.06 w: +2.3	21.31m	5:45.14
	Age Graded Mark:	3.47m	37.51m	27.77	25.67m	5:14.95
	Age Graded Percent:	38.84%	38.09%	69.59%	34.66%	65.41%
	Total Points:	1782	(126)	(406)	(393)	(380)
6	Fabrizio Romeo - M45 - VIC	4.02m w: +0.0	18.71m	29.08 w: +2.3	21.59m	6:06.90
	Age Graded Mark:	4.64m	21.92m	26.86	26.01m	5:34.80
	Age Graded Percent:	51.87%	22.26%	71.94%	35.12%	61.53%
	Total Points:	1723	(315)	(187)	(458)	(387)
M50 Kingston Physiotherapy Pentathlon						
1	Bruce Solomon - M50 - NZ	LJ w: +0.0	JT	200m w: +1.8	DT	1500m
		4.36m	33.35m	24.24	31.94m	5:33.35
	Age Graded Mark:	5.35m	40.94m	21.66	32.63m	4:51.05
	Age Graded Percent:	59.89%	41.58%	89.23%	44.06%	70.78%
	Total Points:	2952	(451)	(456)	(917)	(516)
2	Andrew Egginton - M51 - VIC	4.20m w: +0.0	33.95m	27.12 w: +1.8	26.86m	4:46.21
	Age Graded Mark:	5.16m	41.68m	24.23	27.44m	4:09.89
	Age Graded Percent:	57.69%	42.33%	79.76%	37.05%	82.44%
	Total Points:	2849	(413)	(467)	(673)	(414)
3	Tim McGrath - M50 - NSW	4.87m w: +0.0	38.16m	26.71 w: 1.8	33.66m	6:34.33
	Age Graded Mark:	5.98m	46.85m	23.87	34.39m	5:44.29
	Age Graded Percent:	66.9%	47.58%	80.98%	46.43%	59.83%
	Total Points:	2712	(582)	(542)	(705)	(551)
4	William Barker - M52 - ACT	4.60m w: +0.0	32.96m	27.55 w: +1.8	28.09m	5:59.93
	Age Graded Mark:	5.65m	40.46m	24.62	28.70m	5:14.26
	Age Graded Percent:	63.19%	41.09%	78.51%	38.74%	65.55%
	Total Points:	2518	(512)	(449)	(638)	(439)
5	Kevin Fisher - M54 - NSW	3.87m w: +0.0	41.35m	29.34 w: +1.8	23.42m	5:45.13
	Age Graded Mark:	4.75m	50.76m	26.22	23.93m	5:01.34
	Age Graded Percent:	53.16%	51.55%	73.72%	32.3%	68.36%
	Total Points:	2341	(335)	(600)	(507)	(347)
6	Zoran Novicic - M52 - NSW	4.45m w: +0.1	25.00m	29.61 w: +1.8	28.01m	5:39.25
	Age Graded Mark:	5.46m	30.69m	26.46	28.62m	4:56.20
	Age Graded Percent:	61.13%	31.17%	73.05%	38.63%	69.55%
	Total Points	2289	(473)	(309)	(488)	(437)
7	Michael Kirkby - M51 - QLD	3.83m w: +0.0	37.10m	27.40 w: +1.8	29.27m	6:41.19
	Age Graded Mark:	4.70m	45.55m	24.48	29.90m	5:50.28
	Age Graded Percent:	52.61%	46.25%	78.94%	40.37%	58.81%
	Total Points	2267	(326)	(523)	(651)	(462)

M55 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Andrew Watts - M57 - VIC	4.74m w: +0.0	35.23m w: +0.9	26.18 w: +0.9	28.82m w: +0.9	5:46.43 w: +0.9
Age Graded Mark:		6.21m	47.13m	22.61	31.99m	4:48.82
Age Graded Percent:		69.5%	47.87%	85.49%	43.2%	71.32%
Total Points:	3131	(632)	(546)	(823)	(504)	(626)
2	Andrew Atkinson Howatt - M56 - NSW	3.49m w: +0.0	44.58m w: +0.9	31.86 w: +0.9	34.70m w: +0.9	7:43.88 w: +0.9
Age Graded Mark:		4.57m	59.64m	27.51	38.52m	6:26.74
Age Graded Percent:		51.17%	60.57%	70.24%	52.01%	53.27%
Total Points:	2246	(303)	(732)	(411)	(635)	(165)
3	David Wagner - M57 - TAS	2.21m w: +0.0	14.30m w: +0.9	34.00 w: +0.9	18.18m w: +0.9	5:52.85 w: +0.9
Age Graded Mark:		2.89m	19.13m	29.36	20.18m	4:54.18
Age Graded Percent:		32.4%	19.43%	65.82%	27.25%	70.03%
Total Points	1361	(53)	(150)	(289)	(275)	(594)
DNF	Robert Hanbury Brown - M56 - NSW	3.78m w: +0.0	33.84m w: +0.9	39.14 w: +0.9	34.94m w: +0.9	DNS w: +0.9
Age Graded Mark:		4.95m	45.27m	33.79	38.79m w: +0.9	
Age Graded Percent:		55.43%	45.98%	57.18%	52.37%	
Total Points	DNF	(373)	(519)	(78)	(640)	(0)
DNF	John Parker - M55 - ACT	3.49m w: +0.0	23.40m w: +0.0	DNF w: +0.0	DNS w: +0.0	DNS w: +0.0
Age Graded Mark:		4.57m	31.30m			
Age Graded Percent:		51.17%	31.79%			
Total Points	DNF	(303)	(318)	(0)	(0)	(0)
M60 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Stephen Fuller - M60 - WA	3.82m w: +0.0	29.78m w: +0.7	28.52 w: +0.7	31.27m w: +0.7	5:46.46 w: +0.7
Age Graded Mark:		5.37m	42.10m	23.77	33.23m	4:35.06
Age Graded Percent:		60.06%	42.76%	81.31%	44.86%	74.89%
Total Points	2882	(455)	(473)	(714)	(528)	(712)
2	David McConnell - M60 - VIC	3.82m w: +0.0	17.90m w: +0.7	27.68 w: +0.7	23.14m w: +0.7	5:54.74 w: +0.7
Age Graded Mark:		5.37m	25.31m	23.07	24.59m	4:41.63
Age Graded Percent:		60.06%	25.7%	83.78%	33.2%	73.15%
Total Points	2497	(455)	(234)	(779)	(359)	(670)
3	Graham Ford - M63 - VIC	4.03m w: +0.0	22.57m w: +0.7	29.33 w: +0.7	27.88m w: +0.7	6:41.24 w: +0.7
Age Graded Mark:		5.67m	31.91m	24.44	29.63m	5:18.55
Age Graded Percent:		63.36%	32.4%	79.07%	40%	64.67%
Total Points	2411	(516)	(326)	(654)	(457)	(458)
4	David Lobb - M61 - COK	3.76m w: +0.0	20.97m w: +0.7	32.33 w: +0.7	20.72m w: +0.7	7:14.31 w: +0.7
Age Graded Mark:		5.29m	29.65m	26.94	22.02m	5:44.80
Age Graded Percent:		59.12%	30.11%	71.73%	29.73%	59.75%
Total Points	1824	(439)	(294)	(452)	(310)	(329)
5	Nick Miletic - M62 - WA	3.03m w: +0.0	18.38m w: +0.7	34.18 w: +0.7	24.61m w: +0.7	7:25.37 w: +0.7
Age Graded Mark:		4.26m	25.98m	28.48	26.15m	5:53.58
Age Graded Percent:		47.64%	26.39%	67.85%	35.31%	58.26%
Total Points	1517	(249)	(243)	(345)	(389)	(291)
6	Bill Swiney - M63 - NSW	2.84m w: +0.0	19.53m w: +0.7	38.51 w: +0.7	18.23m w: +0.7	DNF w: +0.7
Age Graded Mark:		3.99m	27.61m	32.09	19.37m w: +0.7	
Age Graded Percent:		44.65%	28.04%	60.22%	26.15%	
Total Points	875	(204)	(266)	(145)	(260)	(0)

M65 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Peter Kennedy - M66 - QLD	4.10m w: +0.0	34.99m w: +0.1	31.18	33.39m	8:04.33
	Age Graded Mark:	6.22m	54.65m	24.97	38.85m	6:04.66
	Age Graded Percent:	69.61%	55.5%	77.39%	52.45%	56.49%
	Total Points	2788	(635)	(658)	(609)	(641) (245)
2	Garry Maher - M66 - ACT	3.57m w: +0.0	23.96m w: +0.1	29.31	24.96m	6:26.63
	Age Graded Mark:	5.42m	37.42m	23.47	29.04m	4:51.10
	Age Graded Percent:	60.61%	38%	82.33%	39.21%	70.77%
	Total Points	2669	(465)	(405)	(741)	(446) (612)
3	Greg Wilson - M65 - WA	3.47m w: +0.0	27.17m w: +0.1	36.83	32.57m	7:03.48
	Age Graded Mark:	5.26m	42.43m	29.49	37.90m	5:18.84
	Age Graded Percent:	58.91%	43.09%	65.52%	51.16%	64.61%
	Total Points:	2269	(433)	(477)	(281)	(622) (456)
4	Stanley Miller - M69 - SA	3.36m w: +0.0	18.84m w: +0.1	32.21	19.81m	7:24.66
	Age Graded Mark:	5.10m	29.42m	25.80	23.05m	5:34.79
	Age Graded Percent:	57.05%	29.88%	74.91%	31.12%	61.53%
	Total Points:	1939	(402)	(291)	(540)	(330) (376)

M70 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Albert Gay - M71 - NSW	3.72m w: +0.0	30.84m w: +0.9	31.60	23.41m	7:15.01
	Age Graded Mark:	6.13m	51.81m	24.15	29.92m	5:07.95
	Age Graded Percent:	68.51%	52.61%	80%	40.39%	66.9%
	Total Points:	2888	(615)	(615)	(680)	(463) (515)
2	Tony Bradford - M73 - VIC	2.48m w: +0.0	20.90m w: +0.9	34.66	19.05m	8:20.23
	Age Graded Mark:	4.08m	35.11m	26.49	24.34m	5:54.12
	Age Graded Percent:	45.67%	35.65%	72.94%	32.87%	58.17%
	Total Points:	1720	(219)	(372)	(486)	(354) (289)
3	Graham Philpott - M70 - VIC	3.14m w: +0.0	22.10m w: +0.9	36.92	18.55m	DNF
	Age Graded Mark:	5.17m	37.13m	28.22	23.70m	
	Age Graded Percent:	57.83%	37.7%	68.47%	32%	
	Total Points	1520	(415)	(401)	(362)	(342) (0)
4	Christopher Yardley - M74 - ACT	2.18m w: +0.0	17.15m w: +0.9	44.94	18.00m	10:06.42
	Age Graded Mark:	3.59m	28.81m	34.35	23.00m	7:09.29
	Age Graded Percent:	40.15%	29.26%	56.25%	31.06%	47.99%
	Total Points	867	(143)	(282)	(60)	(329) (53)

M75 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Norman Richards - M75 - WA	3.48m w: +0.0	17.81m w: +0.4	32.76	17.57m	9:17.96
	Age Graded Mark:	6.27m	33.71m	23.64	25.18m	6:05.80
	Age Graded Percent:	70.02%	34.24%	81.75%	33.99%	56.32%
	Total Points	2336	(646)	(352)	(726)	(371) (241)
2	Donald Chambers - M75 - VIC	3.38m w: +0.0	18.84m w: +0.4	33.93	18.24m	DNF
	Age Graded Mark:	6.09m	35.66m	24.49	26.14m	
	Age Graded Percent:	68.01%	36.22%	78.93%	35.29%	
	Total Points	2025	(606)	(380)	(650)	(389) (0)
3	Allan Wood - M75 - VIC	2.89m NWI	20.39m w: +0.4	37.42	18.20m	9:19.02
	Age Graded Mark:	5.20m	38.60m	27.00	26.08m	6:06.50
	Age Graded Percent:	58.15%	39.2%	71.57%	35.21%	56.21%
	Total Points	1917	(421)	(422)	(448)	(388) (238)

M80 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Brian Sharpe - M82 - NSW	2.28m w: +0.0	14.64m w: +0.4	43.60	16.22m	10:29.80
	Age Graded Mark:	4.53m	30.67m	29.20	26.66m	6:12.85
	Age Graded Percent:	50.67%	31.15%	66.17%	36%	55.25%
	Total Points	1516	(295)	(309)	(299)	(214)

M85 Kingston Physiotherapy Pentathlon		LJ	JT	200m	DT	1500m
1	Rad Leovic - M85 - ACT	2.57m w: +0.0	14.38m w: +0.4	43.48	13.98m	9:07.96
	Age Graded Mark:	5.69m	35.05m	26.31	27.27m	4:40.62
	Age Graded Percent:	63.61%	35.59%	73.44%	36.82%	73.41%
	Total Points	2479	(521)	(371)	(500)	(411)
2	Max McKay - M89 - NSW	1.40m w: +0.0	8.29m w: +0.4	2:35.96	9.87m	DNF
	Age Graded Mark:	3.10m	20.20m	1:34.38	19.25m	
	Age Graded Percent:	34.65%	20.52%	20.47%	25.99%	
	Total Points	500	(78)	(164)	(0)	(258)
						(0)



Andrew Watts M57 VIC going all out for points in the Pentathlon Long Jump
(Photo: Andrew Atkinson-Howatt)

Judy Pfanner W47 VIC hiccup-sLining up for the javelin (Photo: Andrew Atkinson-Howatt)





Norm Richards M75 WA -
checking for blisters
(Photo: John Worrell)



The womens 4x 100m
120 year+ age group place
getter celebrating on the
dias (Photo: Jim White)



The M80s battle it out in the
1500m walk - Colin Silcox-
Delaney M80 VIC vs eventual
winner Osmo Millridge M81
NSW (Photo: Jim White)

Back page: Champion athlete,
official and general workhorse
Jayne Hardy W50 ACT packing
up (Photo: John Worrell)

