

Summer 2010/11 (October 2010 to April 2011)

UWA – October 5

60m

| | | |
|----------------|-----|------|
| Andrew Brooker | M40 | 8.6 |
| David Wyatt | M55 | 9.1 |
| Geoff Brayshaw | M60 | 9.1 |
| Norm Richards | M70 | 9.8 |
| Sean Gartlan | M40 | 10.3 |

| | | |
|------------------|-----|------|
| Barrie Kernaghan | M70 | 9.5 |
| Keith Martin | M65 | 9.6 |
| Peggy Macliver | W65 | 10.3 |

| | | |
|-----------------|-----|------|
| Mark Elms | M40 | 8.3 |
| Jack Gartlan | Vis | 10.1 |
| Liam Gartlan | Vis | 10.5 |
| Lynne Schickert | W65 | 13.8 |

1000m

| | | |
|------------------|-----|--------|
| Andrew Brooker | M40 | 3:07.0 |
| Roscoe McDonnell | Vis | 3:16.5 |
| Keith Edmonds | M40 | 3:36.0 |
| Danny Sheehan | M55 | 3:43.2 |
| Campbell Till | M50 | 3:43.5 |
| Jack Gartlan | Vis | 4:00.0 |
| Graeme Dahl | M60 | 4:02.2 |
| Gavin Howard | M45 | 4:19.6 |
| Peggy Macliver | W65 | 4:26.8 |
| Mark Dawson | M45 | 4:56.2 |
| Liam Gartlan | Vis | 5:35.4 |
| Val Millard | W60 | 5:35.8 |
| Lynne Schickert | W65 | 7:14.5 |

300m

| | | |
|------------------|-----|------|
| Mark Elms | M40 | 43.3 |
| Andrew Brooker | M40 | 44.0 |
| Keith Edmonds | M40 | 50.2 |
| Barrie Kernaghan | M70 | 52.1 |
| Peter Gare | M70 | 53.7 |

| | | |
|----------------|-----|------|
| Jack Gartlan | Vis | 51.9 |
| Keith Martin | M65 | 52.9 |
| Graeme Dahl | M60 | 55.6 |
| Peggy Macliver | W65 | N/T |
| Liam Gartlan | Vis | 69.1 |

3000m

| | | |
|------------------|-----|---------|
| Roscoe McDonnell | Vis | 11:02.9 |
| Andrew Brooker | M40 | 12:23.8 |
| Graeme Dahl | M60 | 12:29.0 |
| Danny Sheehan | M55 | 13:00.0 |
| Keith Edmonds | M40 | 13:14.4 |
| Campbell Till | M50 | 13:58.2 |
| Gavin Howard | M45 | 15:39.1 |
| Gay Wyatt | W55 | 15:42.2 |
| Mark Dawson | M45 | 15:42.9 |
| Gill Edmonds | W45 | 16:47.2 |
| Sean Gartlan | M40 | 18:20.4 |

3000m Walk

| | | |
|-------------|-----|---------|
| Val Millard | W60 | 20:42.0 |
|-------------|-----|---------|

Long Jump

| | | |
|-----------------|-----|------|
| Dave Wyatt | M55 | 4.51 |
| Peggy Macliver | W65 | 3.50 |
| Lynne Schickert | W65 | 2.20 |
| Geoff Brayshaw | M60 | 3.79 |
| Mark Elms | M40 | 4.84 |

Weight Throw

| | | |
|-----------------|-----|-------|
| Tom Gravestock | M55 | 12.94 |
| Dorothy Whittam | W70 | 8.67 |
| Brian Miller | M50 | 11.92 |
| Rae McMillan | W80 | 8.74 |
| Tracey Gartlan | W40 | 5.54 |
| Geoffrey Gee | M55 | 14.38 |

Discus

| | | | |
|----------------|-----|-------|------------|
| Peter Gare | M70 | 32.22 | PBA |
| Geoff Brayshaw | M60 | 31.73 | |
| Tom Gravestock | M55 | 39.16 | |
| Brian Miller | M50 | 29.56 | PBA |
| Rae McMillan | W80 | 13.87 | |
| Tracey Gartlan | W40 | 24.89 | |
| Geoffrey Gee | M55 | 33.75 | |
| Keith Martin | M65 | 21.52 | |

ECAC - October 7

Note: Since this is the first Thursday meet of the season, all performances are Season's Bests

Triple Jump

| | | |
|-------------------|-----|-------|
| Melissa Foster | W30 | 10.25 |
| Zac Foster-Bardot | Vis | 6.54 |
| Keith Martin | M65 | 6.38 |
| Derry Foley | M80 | 5.89 |
| Regina Crouch | W40 | 5.82 |
| Lynne Schickert | W65 | 5.50 |

Shot

| | | |
|---------------|-----|------|
| Lajos Joni | M55 | 9.54 |
| Bev Hamilton | W60 | 8.36 |
| Regina Crouch | W40 | 6.14 |

| | | |
|-------------|-----|------|
| Derry Foley | M80 | 5.36 |
|-------------|-----|------|

Discus

| | | | |
|---------------|-----|-------|------------|
| Lajos Joni | M55 | 33.59 | |
| Chris Neale | M40 | 31.47 | PBA |
| Jamie Leonard | Vis | 23.72 | |
| Bev Hamilton | W60 | 20.89 | |
| Keith Martin | M65 | 20.55 | |
| Derry Foley | M80 | 13.41 | |
| Regina Crouch | W40 | 11.91 | |

100m

| | | |
|-------------|-----|------|
| Chris Neale | M40 | 12.5 |
|-------------|-----|------|

| | | | |
|--------------|-----|------|-------------|
| Mark Elms | M40 | 12.5 | PBA= |
| Colin Smith | M45 | 13.3 | |
| John Dennehy | M50 | 15.7 | |
| Brian Hewitt | M55 | 15.7 | |

| | | | |
|------------------|-----|------|--|
| Keith Martin | M65 | 15.0 | |
| Kerriann Bresser | W40 | 15.1 | |
| Cathy Elms | W40 | 15.3 | |
| Sue Bourn | W40 | 15.8 | |
| Peggy Macliver | W65 | 15.9 | |
| Carol Bowman | W55 | 18.9 | |

| | | | |
|--------------------|-----|------|--|
| Zac Foster-Bardot | Vis | 16.1 | |
| David Carr | M75 | 17.0 | |
| Mel Hynds | W30 | 17.5 | |
| Lorraine MacLennan | W45 | 17.8 | |
| Gillian Young | W60 | 20.8 | |

| | | | |
|----------------|-----|------|--|
| Regina Crouch | W40 | 17.6 | |
| Derry Foley | M80 | 19.3 | |
| Jackie Halberg | W60 | 19.3 | |
| Patricia Carr | W75 | 22.1 | |

3000m

| | | | |
|--------------------|-----|---------|------------|
| Roscoe McDonnell | Vis | 10:57.4 | |
| Brian Hewitt | M55 | 11:50.5 | PBA |
| Graeme Dahl | M60 | 11:51.8 | PBA |
| Sue Bourn | W40 | 13:12.1 | |
| Steve Fuller | M55 | 13:13.1 | |
| Maurice Creagh | M60 | 13:17.3 | |
| Gillian Young | W60 | 13:24.7 | |
| Bruce Mathieson | M65 | 13:28.0 | |
| Lorraine MacLennan | W45 | 13:33.1 | |
| Colin Smith | M45 | 14:10.7 | |
| Bob Schickert | M65 | 14:16.9 | |
| David Carr | M75 | 14:53.8 | |
| Mel Hynds | W30 | 14:54.0 | |
| Kerriann Bresser | W40 | 16:46.4 | |
| Toni Phillips | Vis | 19:48.9 | |

| | | | |
|-------------------|-----|---------|--|
| 3000m walk | | | |
| Tom Lenane | M50 | 19:02.4 | |

400m

| | | | |
|---------------|-----|------|------------|
| Chris Neale | M40 | 55.7 | |
| Steven Tingay | M40 | 57.6 | |
| Mark Elms | M40 | 58.6 | |
| Simon Leonard | Vis | 72.2 | |
| Brian Hewitt | M55 | 72.9 | PBA |

| | | | |
|---------------|-----|------|--|
| Keith Martin | M65 | 72.7 | |
| Jamie Leonard | Vis | 73.0 | |
| John Dennehy | M50 | 73.3 | |
| David Carr | M75 | 73.8 | |
| Mike O'Reilly | M70 | 74.4 | |

| | | | |
|----------------|-----|--------|--|
| Peggy Macliver | W65 | 79.3 | |
| Cathy Elms | W40 | 79.7 | |
| Gillian Young | W60 | 86.1 | |
| Carol Bowman | W55 | 87.7 | |
| Mel Hynds | W30 | 1:32.7 | |
| Jackie Halberg | W60 | 1:35.2 | |
| Regina Crouch | W40 | 1:37.2 | |

1500m

| | | | |
|--------------------|-----|--------|------------|
| Roscoe McDonnell | Vis | 5:13.7 | |
| Steven Tingay | M40 | 3:37.0 | |
| Brian Hewitt | M55 | 5:41.7 | |
| Steve Fuller | M55 | 5:44.6 | |
| Graeme Dahl | M60 | 5:45.9 | PBA |
| Jamie Leonard | Vis | 6:14.4 | |
| Bruce Mathieson | M65 | 6:17.8 | |
| Sue Bourn | W40 | 6:20.8 | |
| Maurice Creagh | M60 | 6:24.0 | |
| Gillian Young | W60 | 6:27.9 | |
| Bob Schickert | M65 | 6:53.9 | |
| Chris Neale | M40 | 7:07.7 | |
| David Carr | M75 | 7:10.7 | |
| Lorraine MacLennan | W45 | 7:13.2 | |
| Mel Hynds | W30 | 7:16.9 | |
| Peggy Macliver | W65 | 7:21.8 | |
| Mike O'Reilly | M70 | 7:55.7 | |
| John Dennehy | M50 | 9:08.2 | |

1500m walk

| | | | |
|---------------|-----|---------|--|
| Tom Lenane | M50 | 9:30.4 | |
| Regina Crouch | W40 | 11:34.0 | |

October 12 – UWA

100m

| | | | |
|-----------------------|-----|------|--|
| Garry Ralston | M55 | 13.5 | |
| Colin Smith | M45 | 13.7 | |
| Craig Van Waardenburg | Vis | 13.8 | |
| Barrie Kernaghan | M70 | 15.1 | |
| Norm Richards | M70 | 15.4 | |
| Peter Gare | M70 | 16.2 | |
| Bob Schickert | M65 | 17.1 | |
| Lynne Schickert | W65 | 23.9 | |

3000m

| | | | |
|-----------------|-----|---------|------------|
| Keith Edmonds | M40 | 11:48.2 | SB |
| Campbell Till | M50 | 12:10.4 | |
| Graeme Dahl | M60 | 12:22.0 | SB |
| John Collier | M40 | 12:42.4 | |
| Mark Dawson | M45 | 14:19.5 | SB |
| Ivan Brown | M65 | 14:21.3 | |
| Gill Edmonds | W45 | 16:04.2 | PBA |
| Val Millard | W60 | 20:09.9 | |
| Lynne Schickert | W65 | 22:30.1 | |

400m

| | | |
|---------------|-----|------|
| Colin Smith | M45 | 61.7 |
| Campbell Till | M50 | 67.1 |
| Garry Ralston | M55 | 68.6 |
| Keith Edmonds | M40 | 71.6 |

| | | |
|------------------|-----|------|
| Andrew Ward | M45 | 73.8 |
| Barrie Kernaghan | M70 | 77.3 |
| Peter Gare | M70 | 77.8 |
| Bob Schickert | M65 | 80.4 |
| Norm Richards | M70 | 90.5 |

1500m

| | | |
|-----------------|-----|---------|
| Bjorn Dybdahl | M55 | 5:32.6 |
| Keith Edmonds | M40 | 5:50.4 |
| John Collier | M40 | 5:59.5 |
| Graeme Dahl | M60 | 6:03.0 |
| Campbell Till | M50 | 6:48.6 |
| Bob Schickert | M65 | 7:04.1 |
| Lynne Schickert | W65 | 10:36.0 |
| Val Prescott | W65 | 11:02.5 |

October 14 - ECAC**100m**

| | | | |
|---------------|-----|------|------------|
| Steven Tingay | M40 | 12.1 | |
| Chris Neale | M40 | 12.1 | SB |
| Matt Staunton | M35 | 13.0 | |
| Dave Wyatt | M55 | 13.5 | PBA |
| David Solomon | M45 | 13.6 | PBA |
| David Clive | M70 | 13.9 | |

| | | | |
|-----------------|-----|------|-----------|
| Michael Crouch | Vis | n/t | |
| Michelle Crouch | Vis | 14.2 | |
| Kevin Hynds | M40 | 14.8 | |
| Nick Miletic | M55 | 15.3 | |
| Sue Bourn | W40 | 15.4 | SB |
| Cathy Elms | W40 | n/t | |
| Mike O'Reilly | M70 | 15.9 | |

| | | | |
|----------------|-----|------|--|
| Colin Smith | M45 | 14.7 | |
| Milton Mavrick | M55 | 15.2 | |
| Peggy Macliver | W65 | 15.9 | |
| Rhonda Ransom | Vis | 17.3 | |
| Brian Hewitt | M55 | 18.2 | |
| Carol Bowman | W55 | 19.0 | |

| | | | |
|---------------------|-----|------|--|
| Marguerita Milicich | Vis | 15.0 | |
| Zac Foster-Bardot | Vis | 16.6 | |
| Martin MacLennan | Vis | 18.5 | |
| Jai Thomas | Vis | 19.5 | |
| Kim Thomas | M35 | 19.7 | |

| | | | |
|--------------------|-----|------|-----------|
| Mel Hynds | W30 | 17.3 | SB |
| Regina Crouch | W40 | 17.4 | SB |
| Lorraine MacLennan | W45 | 18.1 | |
| Derry Foley | M80 | 18.7 | SB |
| Gillian Young | W60 | 19.3 | SB |
| Lynne Schickert | W65 | 22.6 | SB |

1500m Walk

| | | |
|--------------|-----|---------|
| Peter Hopper | M65 | 10:11.6 |
|--------------|-----|---------|

Discus

| | | | |
|-----------------------|-----|-------|------------|
| Peter Gare | M70 | 32.49 | SB |
| Geoff Brayshaw | M60 | 29.13 | |
| Tracey Gartlan | W40 | 23.62 | |
| Peter Hopper | M65 | 23.58 | |
| Craig Van Waardenburg | Vis | 31.01 | |
| Julie Plackett | W40 | 24.12 | PBA |
| Rae McMillan | W80 | 16.12 | SB |
| Andrew Ward | M45 | 21.45 | |
| Valerie Prescott | W65 | 12.46 | |

Shot

| | | |
|-----------------------|-----|-------|
| Peter Hopper | M65 | 7.64 |
| Craig Van Waardenburg | Vis | 10.68 |
| Tracey Gartlan | W40 | 7.90 |
| Julie Plackett | W40 | 6.66 |
| Rae McMillan | W80 | 6.50 |

800m

| | | |
|----------------|-----|--------|
| Mark Matcham | M40 | 2:25.9 |
| Colin Smith | M45 | 2:34.7 |
| Kim Thomas | M35 | 2:38.1 |
| Steve Fuller | M55 | 2:38.8 |
| Brian Hewitt | M55 | 2:48.7 |
| Bob Schickert | M65 | 2:56.4 |
| Maurice Creagh | M60 | 3:09.2 |
| Mike O'Reilly | M70 | 3:12.4 |

| | | | |
|--------------------|-----|--------|------------|
| Graeme Dahl | M60 | 3:06.8 | PBA |
| Lorraine MacLennan | W45 | 3:08.8 | |
| Gillian Young | W60 | 3:11.5 | |
| Milton Mavrick | M55 | 3:20.9 | PBA |
| Mel Hynds | W30 | 3:30.5 | PBA |
| Rhonda Ransom | Vis | 3:47.3 | |
| Maria Trolio | W35 | 3:49.1 | |

3000m

| | | | |
|------------------|-----|---------|-----------|
| Brian Hewitt | M55 | 11:58.9 | |
| Kim Thomas | M35 | 12:33.4 | |
| Kerriann Bresser | W40 | 14:16.9 | SB |
| Peggy Macliver | W65 | 14:43.2 | |
| Bob Schickert | M65 | 14:49.4 | |
| Delia Baldock | W45 | 15:04.0 | |

3000m walk

| | | | |
|-----------------|-----|---------|-----------|
| Tom Lenane | M50 | 18:50.0 | SB |
| Lynne Schickert | W65 | 22:49.8 | |

60m

| | | | |
|----------------|-----|-----|------------|
| Chris Neale | M40 | 7.8 | |
| Steven Tingay | M40 | 7.8 | |
| Michael Crouch | Vis | 8.1 | |
| Colin Smith | M45 | 8.1 | |
| Dave Wyatt | M55 | 8.2 | PBA |

| | | | |
|-----------------|-----|-----|--|
| David Clive | M70 | 8.8 | |
| Michelle Crouch | Vis | 9.0 | |
| Chris Rowlands | Vis | 9.0 | |
| Kevin Hynds | M40 | 9.2 | |
| Sue Bourn | W40 | 9.6 | |
| Nick Miletic | M55 | 9.7 | |

| | | | |
|---------------------|-----|------|------------|
| Marguerita Milicich | Vis | 9.0 | |
| Milton Mavrick | M55 | 9.3 | |
| Cathy Elms | W40 | 9.8 | |
| Peggy Macliver | W65 | 10.1 | SB |
| Bruce Mathieson | M65 | 10.5 | |
| Carol Bowman | W55 | 10.8 | PBA |

| | | | |
|-------------------|-----|------|--|
| Colin Smith | M45 | 8.2 | |
| Matt Staunton | M35 | 8.3 | |
| Ian MacLennan | Vis | n/t | |
| Zac Foster-Bardot | Vis | 10.6 | |
| Martin MacLennan | Vis | 11.2 | |
| Jai Thomas | Vis | 12.0 | |
| Kim Thomas | M35 | 12.7 | |

| | | | |
|-----------------|-----|------|--|
| Melissa Foster | W30 | 8.5 | |
| Mark Matcham | M40 | 8.6 | |
| Rhonda Ransom | Vis | 10.2 | |
| Mel Hynds | W30 | 10.3 | |
| Regina Crouch | W40 | 10.6 | |
| Derry Foley | M80 | 11.9 | |
| Lynne Schickert | W65 | 14.2 | |

5000m

| | | | |
|--------------------|-----|---------|--------------------|
| David Solomon | M45 | 19:30.0 | SB |
| Bert Carse | M65 | 19:54.9 | |
| Graeme Dahl | M60 | 20:56.0 | PBA |
| Tessa Brockwell | W50 | 21:57.9 | PBA |
| Sue Bourn | W40 | 22:25.1 | |
| David Carr | M75 | 22:27.9 | PBA by 25s! |
| Steve Fuller | M55 | 22:59.6 | PBA |
| Maurice Creagh | M60 | 23:06.3 | SB |
| Gillian Young | W60 | 23:27.4 | |
| Bruce Mathieson | M65 | 23:45.7 | |
| Lorraine MacLennan | W45 | 23:59.3 | |
| Milton Mavrick | M55 | 25:12.4 | PBA |
| Mel Hynds | W30 | 26:03.7 | |
| John Dennehy | M50 | 26:36.6 | |

Hammer

| | | | |
|---------------|-----|-------|-----------|
| Lajos Joni | M55 | 41.21 | SR |
| Jim Davis | M75 | 33.58 | |
| Matt Staunton | M35 | 30.98 | |
| Bev Hamilton | W60 | 27.59 | |
| Regina Crouch | W40 | 9.48 | |

Long Jump

| | | | |
|---------------------|-----|------|-------------|
| Chris Neale | M40 | 5.57 | |
| Matt Staunton | M35 | 5.45 | PBA# |
| Michael Crouch | Vis | 5.21 | |
| Ian MacLennan | Vis | 5.14 | |
| Melissa Foster | W30 | 5.08 | |
| Dave Wyatt | M55 | 4.90 | PBA |
| Colin Smith | M45 | 4.35 | |
| Michelle Crouch | Vis | 4.15 | |
| David Clive | M70 | 4.01 | |
| Kevin Hynds | M40 | 3.78 | |
| Marguerita Milicich | Vis | 3.66 | |
| Rhonda Ransom | Vis | 3.16 | |
| Zac Foster-Bardot | Vis | 3.12 | |
| Peggy Macliver | W65 | 3.11 | |
| Regina Crouch | W40 | 2.99 | |
| Mel Hynds | W30 | 2.87 | |
| Gillian Young | W60 | 2.73 | PBA |
| Derry Foley | M80 | 2.52 | |
| Mun Hong Ow | M70 | 2.47 | |
| Lynne Schickert | W65 | 2.36 | SB |

Discus

| | | | |
|-----------------|-----|-------|-----------|
| Matt Staunton | M35 | 36.04 | |
| Lajos Joni | M55 | 27.95 | |
| Jim Davis | M75 | 26.13 | |
| Chris Neale | M40 | 26.05 | |
| Michael Crouch | Vis | 22.99 | |
| Michelle Crouch | Vis | 22.34 | |
| Bev Hamilton | W60 | 21.80 | SB |
| Nick Miletic | M55 | 20.78 | |
| Chris Rowlands | Vis | 16.26 | |
| Regina Crouch | W40 | 13.92 | SB |
| Derry Foley | M80 | 12.54 | |
| Maria Trolio | W35 | 12.37 | |

October 19 - UWA**100m**

| | | | |
|---------------|-----|------|-----------|
| Garry Ralston | M55 | 12.7 | SB |
| Mark Elms | M40 | 12.8 | |
| Norm Richards | M70 | 15.3 | SB |
| John Dennehy | M50 | 16.5 | |

| | | | |
|------------------|-----|------|-----------|
| Barrie Kernaghan | M70 | 14.6 | SB |
| Rob Greenhalgh | M60 | 14.9 | |
| Peggy Macliver | W65 | 16.4 | |
| Peter Kennedy | M90 | 32.0 | |

800m

| | | | |
|------------------|-----|--------|--|
| John Collier | M40 | 2:35.2 | |
| Keith Edmonds | M40 | 2:37.8 | |
| Paul Burke | M35 | 2:41.0 | |
| Ivan Brown | M65 | 3:07.6 | |
| Richard Williams | Vis | 3:10.6 | |
| Mark Dawson | M45 | 3:12.8 | |
| John Dennehy | M50 | 3:14.8 | |
| Gavin Howard | M45 | 3:17.2 | |
| Peggy Macliver | W65 | 3:24.3 | |
| Graeme Dahl | M60 | 3:30.0 | |
| Barry Newell | M50 | 3:30.6 | |

60m

| | | | |
|------------------|-----|-----|-----------|
| Garry Ralston | M55 | 7.6 | |
| Mark Elms | M40 | 8.0 | SB |
| Richard Williams | Vis | 8.4 | |
| Barrie Kernaghan | M70 | 9.2 | SB |

| | | | |
|----------------|-----|-----|-----------|
| Rob Greenhalgh | M60 | 9.0 | |
| Keith Edmonds | M40 | 9.1 | |
| Norm Richards | M70 | 9.5 | SB |

| | | | |
|----------------|-----|------|-----------|
| John Dennehy | M50 | 9.9 | |
| Peggy Macliver | W65 | 10.0 | SB |
| Peter Kennedy | M90 | 17.6 | |

3000m

| | | | |
|----------------|-----|---------|-------------------|
| Ivan Brown | M65 | 13:50.0 | SB |
| Peggy Macliver | W65 | 15:14.2 | |
| Gill Edmonds | W45 | 15:40.4 | PBA again! |
| John Dennehy | M50 | 16:08.5 | |

October 21 - ECAC**200m**

| | | | |
|-----------------|-----|------|--|
| Colin Smith | M45 | 26.9 | |
| Michael Crouch | Vis | 27.2 | |
| Matt Staunton | M35 | 27.9 | |
| David Clive | M70 | 30.3 | |
| Michelle Crouch | Vis | 30.6 | |

| | | | |
|----------------|-----|------|--|
| Mike O'Reilly | M70 | 32.9 | |
| Cathy Elms | W40 | 33.1 | |
| John Dennehy | M50 | 33.5 | |
| Peggy Macliver | W65 | 34.0 | |

| | | | |
|-----------------|-----|------|--|
| Rhonda Ransom | Vis | 36.0 | |
| Catherine Keane | Vis | 36.2 | |

5000m

| | | | |
|---------------|-----|-------|--|
| Keith Edmonds | M40 | 21:04 | |
| Paul Burke | M35 | 21:56 | |
| Campbell Till | M50 | 21:58 | |
| John Collier | M40 | 23:29 | |
| Gavin Howard | M45 | 24:15 | |
| Mark Dawson | M45 | 24:50 | |

3000m Walk

| | | | |
|--------------|-----|-------|--|
| Peter Hopper | M65 | 22:10 | |
|--------------|-----|-------|--|

Long Jump

| | | | |
|----------------|-----|------|------------|
| Peggy Macliver | W65 | 3.38 | |
| Peter Kennedy | M90 | 1.52 | PBA |
| Geoff Brayshaw | M60 | 4.07 | SB |
| Mark Elms | M40 | 4.78 | |

Weight Throw

| | | | |
|----------------|-----|-------|------------|
| Julie Plackett | W40 | 8.33 | PBA |
| Rocky Cloete | M60 | 11.99 | PBA |
| Brian Miller | M50 | 12.13 | SB |
| Rob Shand | M75 | 7.41 | |

Discus

| | | | |
|----------------|-----|-------|------------|
| Peter Kennedy | M90 | 11.02 | |
| Geoff Brayshaw | M60 | 30.76 | |
| Rob Shand | M75 | 21.23 | |
| Ivan Brown | M65 | 17.48 | |
| Julie Plackett | W40 | 23.41 | |
| Andrew Ward | M45 | 22.04 | |
| Rae McMillan | W80 | 15.54 | |
| Rocky Cloete | M60 | 36.60 | PBA |
| Brian Miller | M50 | 29.73 | PBA |
| Peter Hopper | M65 | N/R | |

Triple Jump (from October 12)

| | | | |
|-----------------|-----|------|-----------|
| Geoff Brayshaw | M60 | 8.57 | |
| Lynne Schickert | W65 | 5.92 | SB |

| | | | |
|---------------|-----|------|------------|
| Regina Crouch | W40 | 38.7 | PBA |
| Derry Foley | M80 | 42.3 | |
| Pat Carr | W75 | 51.2 | |

400m

| | | | |
|-----------------|-----|--------|------------|
| Michael Crouch | Vis | 66.3 | |
| John Dennehy | M50 | 73.3 | SB= |
| Mike O'Reilly | M70 | 74.2 | PBA |
| Delia Baldock | W45 | 77.9 | |
| Peggy Macliver | W65 | 78.8 | SB |
| Bruce Mathieson | M65 | 86.6 | |
| Catherine Keane | Vis | 1:33.3 | |
| Regina Crouch | W40 | 1:38.4 | |

Mile

| | | | |
|-------------------|-----|--------|------------|
| Paul Haylett | M45 | 6:08.6 | |
| Margaret Saunders | W55 | 6:18.2 | PBA |
| Nick Miletic | M55 | 7:32.3 | |
| Carol Bowman | W55 | 7:40.7 | |

10000m

| | | | |
|--------------------|-----|---------|------------------|
| | | | points |
| Kim Thomas | M36 | 42:34.0 | 63.59 |
| Brian Hewitt | M56 | 42:56.0 | PBA 73.69 |
| Sue Bourn | W43 | 45:51.4 | 69.25 |
| David Carr | M78 | 46:57.8 | SR 87.27 |
| Lorraine MacLennan | W45 | 47:38.7 | PBA 67.86 |
| Steve Fuller | M58 | 47:45.5 | PBA 67.37 |
| Gillian Young | W63 | 48:13.9 | 85.55 |
| Bruce Mathieson | M66 | 48:21.6 | 71.46 |
| Corey Thomas | M34 | 49:16.2 | 54.32 |
| Maurice Creagh | M64 | 49:48.3 | 68.13 |
| Mel Hynds | W33 | 53:34.3 | 56.29 |
| Sarah Ladwig | W61 | 56:13.7 | PBA 71.13 |

Shot

| | | | |
|-----------------|-----|-------|--|
| Matt Staunton | M35 | 10.58 | |
| Michael Crouch | Vis | 9.60 | |
| Bev Hamilton | W60 | 7.88 | |
| Mark Matcham | M40 | 7.70 | |
| Michelle Crouch | Vis | 7.68 | |
| Peggy Macliver | W65 | 5.98 | |
| Regina Crouch | W40 | 5.88 | |
| Derry Foley | M80 | 5.38 | |

October 22 –Strive meet, WAAS**200m**

| | | | |
|-------------|-----|-----------|-----------|
| Colin Smith | M45 | 25.9 +2.1 | SB |
|-------------|-----|-----------|-----------|

800m

| | | | |
|----------------|-----|--------|--|
| Andrew Brooker | M40 | 2:10.3 | |
|----------------|-----|--------|--|

3000m

| | | | |
|---------------|-----|---------|------------|
| Paul Mitchell | M40 | 9:21.5 | |
| Jon Kappler | | 9:22.4 | |
| Bruce Wilson | M65 | 10:32.6 | PBA |

High Jump

| | | | |
|------------|-----|------|--|
| Dave Wyatt | M55 | 1.40 | |
|------------|-----|------|--|

Triple Jump

| | | | |
|-------------------|-----|-------|------------|
| Michael Crouch | Vis | 10.91 | |
| Matt Staunton | M35 | 10.51 | |
| Melissa Foster | W30 | 10.10 | |
| Mark Matcham | M40 | 9.60 | |
| Colin Smith | M45 | 9.39 | |
| Michelle Crouch | Vis | 9.01 | |
| David Clive | M70 | 8.56 | |
| Zac Foster-Bardot | Vis | 6.87 | |
| Peggy Macliver | W65 | 6.37 | |
| Derry Foley | M80 | 6.36 | PBA |
| Rhonda Ransom | Vis | 6.22 | |
| Regina Crouch | W40 | 6.00 | SB |

Javelin

| | | | |
|-------------------|-----|-------|------------|
| Matt Staunton | M35 | 43.57 | |
| Kim Thomas | M35 | 33.50 | |
| Michelle Crouch | Vis | 32.78 | |
| Michael Crouch | Vis | 32.42 | |
| Nick Militic | M55 | 18.46 | |
| Bev Hamilton | W60 | 17.75 | |
| Peggy Macliver | W65 | 16.73 | |
| Zac Foster-Bardot | Vis | 15.05 | |
| Gillian Young | W60 | 13.23 | PBA |
| Regina Crouch | W40 | 12.24 | |
| Derry Foley | M80 | 11.93 | PBA |
| Mel Hynds | W30 | 8.72 | |
| Pat Carr | W75 | 6.89 | |

Long Jump

| | | | |
|---------------|-----|-----------|-----------|
| Matt Staunton | M35 | 4.77 +3.2 | SB |
|---------------|-----|-----------|-----------|

Shot

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 10.71 | |
|---------------|-----|-------|--|

Discus

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 36.03 | |
|---------------|-----|-------|--|

Javelin

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 42.69 | |
|---------------|-----|-------|--|

October 26 – UWA**200m**

| | | | |
|-----------------------|-----|------|------------|
| Garry Ralston | M55 | 27.5 | |
| Craig Van Waardenburg | M50 | 27.8 | PBA |
| Campbell Till | M50 | 28.6 | |
| Allan Billington | Vis | 33.7 | |

| | | | |
|------------------|-----|------|--|
| Richard Williams | Vis | 30.1 | |
| Barry Newell | M50 | 31.7 | |
| Norm Richards | M70 | 32.7 | |

| | | | |
|----------------|-----|------|--|
| Rob Greenhalgh | M60 | 30.7 | |
| Peggy Macliver | W65 | 35.5 | |
| Scott Haylett | Vis | 37.4 | |
| Peter Kennedy | M90 | 83.8 | |

Mile

| | | | |
|------------------|-----|--------|------------|
| Bjorn Dybdahl | M55 | 5:37.6 | |
| Rosco McDonnell | Vis | 5:42.1 | |
| Paul Haylett | M45 | 6:14.2 | |
| Keith Edmonds | M40 | 6:16.0 | |
| Prabuddha Nicol | M50 | 6:25.4 | |
| Allan Billington | Vis | 7:05.0 | |
| Mark Dawson | M45 | 7:06.7 | |
| Garry Ralston | M55 | 8:14.8 | |
| Gill Edmonds | W45 | 8:16.0 | PBA |
| Barry Newell | M50 | 8:21.0 | |

1 mile Walk

| | | | |
|-----------------|-----|---------|--|
| Lynne Schickert | W65 | 12:12.4 | |
|-----------------|-----|---------|--|

400m

| | | | |
|------------------|-----|------|-----------|
| Campbell Till | M50 | 62.4 | SB |
| Richard Williams | Vis | 69.1 | |
| Keith Edmonds | M40 | 72.8 | |
| Rob Greenhalgh | M60 | 72.9 | |

| | | | |
|------------------|-----|--------|--|
| Allan Billington | Vis | 77.1 | |
| Barry Newell | M50 | 83.9 | |
| Scott Haylett | Vis | 1:39.9 | |

October 28 – ECAC**Long Jump**

| | | | |
|----------------|-----|------|------------|
| Matt Staunton | M35 | 5.41 | |
| Mark Matcham | M40 | 4.63 | |
| Colin Smith | M45 | 4.21 | |
| Peggy Macliver | W65 | 3.34 | |
| Cathy Elms | W40 | 3.32 | |
| Regina Crouch | W40 | 3.18 | SB |
| Derry Foley | M80 | 2.91 | PBA |

High Jump

| | | | |
|------------|-----|------|--|
| Dave Wyatt | M55 | 1.40 | |
|------------|-----|------|--|

Discus (non scoring)

| | | | |
|---------------|-----|-------|------------|
| Matt Staunton | M35 | 34.09 | |
| Lajos Joni | M55 | 34.65 | PBA |
| Bev Hamilton | W60 | 21.70 | |

Triple Jump

| | | | |
|-----------------|-----|-------|--|
| Andrew Brooker | M40 | 10.15 | |
| Peggy Macliver | W65 | 6.37 | |
| Lynne Schickert | W65 | 5.73 | |
| Peter Kennedy | M90 | 3.44 | |

10,000m (Patron's Trophy)

| | | | |
|-----------------|-----|---------|----------|
| | | | % |
| Bjorn Dybdahl | M57 | 39:59.7 | 79.77 |
| Keith Edmonds | M44 | 46:03.0 | 62.37 |
| Sean Keane | M46 | 46:26.5 | 62.81 |
| Carl Ciccarella | M49 | 47:17.4 | 63.16 |
| Paul Haylett | M49 | 48:56.5 | 61.02 |
| Vic Waters | M66 | 49:37.0 | 69.65 |
| Milton Mavrick | M56 | 52:43.5 | 60.00 |

Javelin

| | | | |
|-----------------|-----|-------|------------|
| Peggy Macliver | W65 | 17.03 | SB |
| Rob Shand | M75 | 22.27 | |
| Peter Hopper | M65 | 22.78 | |
| Peter Kennedy | M90 | 9.53 | |
| Andrew Ward | M45 | 31.12 | PBA |
| Maria Trolio | W35 | 22.25 | PBA |
| Dorothy Whittam | W70 | 12.95 | |

Shot

| | | | |
|-----------------------|-----|-------|-----------|
| Peggy Macliver | W65 | 6.09 | SB |
| Rob Shand | M75 | 6.41 | |
| Peter Hopper | M65 | 7.79 | SB |
| Peter Kennedy | M90 | 5.04 | SR |
| Andrew Ward | M45 | 6.47 | |
| Dorothy Whittam | W70 | 5.94 | |
| Craig Van Waardenburg | M50 | 10.56 | |

300m

| | | | |
|-----------------|-----|------|--|
| Paul Burke | M40 | 47.8 | |
| Kim Thomas | M35 | 53.1 | |
| David Carr | M75 | 54.6 | |
| Cathy Elms | W40 | 56.2 | |
| Catherine Keane | Vis | 66.5 | |

Weight Throw

| | | | |
|---------------|-----|-------|--|
| Bev Hamilton | W60 | 11.90 | |
| Matt Staunton | M35 | 11.55 | |
| Lajos Joni | M55 | 14.83 | |
| Jo | Vis | 10.88 | |
| Mark Matcham | M40 | 4.07 | |

100m

| | | |
|---------------------|-----|------|
| Colin Smith | M45 | 14.7 |
| Cathy Elms | W40 | 16.2 |
| Marguerita Milicich | Vis | 16.8 |
| John Dennehy | M50 | 17.0 |
| Peggy Macliver | W65 | 17.4 |

| | | | |
|---------------|-----|------|------------|
| Matt Staunton | M35 | 13.9 | |
| Bob Schickert | M65 | 17.1 | SB= |
| David Carr | M75 | 17.8 | |
| Melissa Hynds | W30 | 18.4 | |
| Derry Foley | M80 | 20.1 | |

| | | |
|-----------------|-----|------|
| Jacqui Sanders | W40 | 17.9 |
| Catherine Keane | Vis | 19.7 |
| Regina Crouch | W40 | 21.6 |
| Pat Carr | W75 | 25.3 |
| Lynne Schickert | W65 | 27.2 |

800m

| | | | |
|---------------|-----|--------|-----------|
| Kim Thomas | M35 | 2:29.1 | SB |
| David Solomon | M45 | 2:32.3 | |
| Brian Hewitt | M55 | 2:46.5 | SB |
| Steve Fuller | M55 | 2:54.7 | |
| David Carr | M75 | 3:17.2 | |

| | | |
|-----------------|-----|--------|
| Toni Phillips | Vis | 2:58.1 |
| Robin King | W50 | 2:59.1 |
| Catherine Keane | Vis | 3:17.7 |
| Gillian Young | W60 | 3:22.7 |
| Melissa Hynds | W30 | 3:38.2 |

3000m**points %**

| | | | | |
|--------------------|-----|---------|------------|-------|
| Roscoe McDonnell | Vis | 10:53.6 | | |
| David Solomon | M46 | 11:23.3 | PBA | 71.33 |
| Brian Hewitt | M56 | 11:35.8 | | 75.97 |
| Kim Thomas | M36 | 11:57.3 | SB | 63.05 |
| Paul Burke | M40 | 12:15.0 | | 63.34 |
| Tessa Brockwell | W54 | 12:23.3 | | 83.36 |
| Robin King | W52 | 12:45.7 | | 78.80 |
| Steve Fuller | M58 | 12:46.4 | SB | 70.15 |
| Sue Bourn | W43 | 13:10.1 | SB | 68.36 |
| Lorraine MacLennan | W45 | 13:17.4 | PBA | 69.32 |
| Maurice Creagh | M64 | 13:21.0 | | 70.78 |
| Gillian Young | W63 | 13:26.9 | | 87.35 |
| Bob Schickert | M69 | 13:35.0 | SB | 72.19 |
| Peggy Macliver | W66 | 14:12.9 | SR | 86.62 |
| David Carr | M78 | 14:13.3 | SB | 80.26 |
| John Dennehy | M51 | 14:22.1 | PBA | 58.83 |
| Nick Miletic | M59 | 14:45.3 | | 61.26 |
| Melissa Hynds | W33 | 14:46.1 | SB | 56.96 |
| Delia Baldock | W48 | 14:53.4 | SB | 64.18 |
| Sarah Ladwig | W61 | 15:43.5 | | 72.49 |
| Jacqui Sanders | W44 | 16:27.5 | | 55.31 |
| Regina Crouch | W41 | 19:43.3 | | 44.36 |
| Toni Phillips | Vis | 19:50.4 | | |
| Lynne Schickert | W69 | 21:08.0 | SB | 61.20 |

Discus**points %**

| | | | | |
|--------------------|-----|-------|------------|-------|
| Peggy Macliver | W66 | 15.53 | | 37.06 |
| Lynne Schicker t | W69 | 10.94 | | 28.24 |
| Nick Miletic | M59 | 20.76 | | 34.12 |
| Carol Bowman | W55 | 12.01 | | 22.44 |
| Gillian Young | W63 | 13.38 | | 29.68 |
| Regina Crouch | W41 | 11.50 | | 16.58 |
| John Dennehy | M51 | 13.81 | | 18.98 |
| Derry Foley | M81 | 13.19 | | 33.89 |
| Lorraine MacLennan | W45 | 12.06 | PBA | 18.82 |
| Kim Thomas | M36 | 20.40 | | 27.54 |
| Kerriann Bresser | W42 | 13.22 | PBA | 19.80 |
| Steve Fuller | M58 | 21.89 | | 35.03 |
| David Carr | M78 | 13.47 | | 32.36 |
| Brian Hewitt | M56 | 12.87 | | 19.56 |
| Sarah Ladwig | W61 | 9.79 | | 20.75 |
| Maurice Creagh | M64 | 15.24 | PBA | 25.17 |

UWA – November 2

3000m (Points)

| | | | % | |
|-----------------|-----|---------|-------|------------|
| Bjorn Dybdahl | M57 | 11:05.3 | 80.12 | |
| Campbell Till | M53 | 12:18.8 | 69.77 | |
| Keith Edmonds | M44 | 12:23.0 | 64.59 | |
| Carl Ciccarelli | M49 | 12:35.4 | 66.06 | |
| Frank Gardiner | M60 | 12:57.7 | 70.34 | |
| Duncan McAuley | M61 | 13:05.0 | 70.31 | |
| John Oldfield | M67 | 13:21.3 | 72.72 | SB |
| John Collier | M44 | 13:42.0 | 58.38 | SB |
| Vic Waters | M66 | 13:47.1 | 69.81 | |
| Gavin Howard | M49 | 13:54.3 | 59.82 | SB |
| Ivan Brown | M65 | 14:16.0 | 66.83 | |
| Milton Mavrick | M56 | 14:36.4 | 60.31 | PBA |
| Nick Miletic | M59 | 14:59.3 | 60.31 | |
| Carol Bowman | W56 | 15:00.3 | 69.76 | |
| John Dennehy | M51 | 15:10.9 | 55.68 | |
| Gill Edmonds | W45 | 15:34.6 | 59.15 | PBA |
| Gay Wyatt | W56 | 15:43.4 | 67.49 | |
| Barry Newell | M54 | 16:46.6 | 51.64 | |
| Peter Hopper | M65 | 18:11.9 | 52.39 | |

Discus (Points)

| | | | % | |
|-----------------|-----|-------|-------|------------|
| Bob Schickert | M69 | 15.40 | 27.92 | |
| Lynne Schickert | W69 | 10.51 | 27.13 | |
| Peggy Macliver | W66 | 16.01 | 38.20 | SB |
| John Dennehy | M51 | 18.77 | 25.80 | PBA |
| Peter Hopper | M65 | 23.85 | 40.29 | SB |
| Peter Kennedy | M90 | 11.39 | 44.84 | SR |
| Campbell Till | M53 | 19.62 | 27.99 | |

Discus (Non Points)

| | | | | |
|-----------------------|-----|-------|------------|--|
| Barbara Campbell | W70 | 20.17 | | |
| Peter Gare | M70 | 31.87 | | |
| Andrew Ward | M45 | 23.99 | PBA | |
| Gay Wyatt | W55 | 12.49 | | |
| Craig Van Waardenburg | M50 | 32.19 | PBA | |

Weight Throw

| | | | | |
|-----------------------|-----|-----------|------------|--|
| Craig Van Waardenburg | M50 | 13.64 | PBA | |
| Barbara Campbell | W70 | No Result | | |

Long Jump

| | | | | |
|----------------|-----|------|-----------|--|
| Dave Wyatt | M55 | 4.44 | | |
| Peggy Macliver | W65 | 3.41 | | |
| Peter Kennedy | M90 | 1.67 | SR | |

ECAC – November 4

200m

| | | | | |
|---------------|-----|------|--|--|
| Chris Neale | M40 | 26.2 | | |
| David Solomon | M45 | 29.1 | | |
| Kim Thomas | M35 | 32.4 | | |
| Nick Miletic | M55 | 33.4 | | |
| Carol Bowman | W55 | 40.9 | | |
| Sue Bourn | W40 | 33.0 | | |
| Cathy Elms | W40 | 33.5 | | |
| David Carr | M75 | 33.6 | | |
| Delia Baldock | W45 | 34.7 | | |

100m

| | | | | |
|-----------------------|-----|------|-------------|--|
| Craig Van Waardenburg | M50 | 13.6 | PBA | |
| Richard Williams | M40 | 13.8 | | |
| Dave Wyatt | M55 | 14.0 | | |
| Barry Newell | M50 | 14.5 | | |
| Peter Gare | M70 | 15.0 | PBA= | |
| Nick Miletic | M55 | 15.0 | SB | |
| Norm Richards | M70 | 15.0 | SB | |
| Keith Martin | M65 | 15.3 | | |
| John Dennehy | M50 | 16.1 | | |
| Bob Schickert | M65 | 16.5 | SB | |
| Barbara Campbell | W70 | 19.7 | | |
| Lynne Schickert | W65 | 25.0 | | |

800m

| | | | | |
|------------------|-----|--------|-----------|--|
| Bjorn Dybdahl | M55 | 2:30.3 | | |
| Keith Edmonds | M40 | 2:46.0 | | |
| Richard Williams | M40 | 2:48.5 | | |
| John Collier | M40 | 2:49.7 | | |
| Mark Dawson | M45 | 2:53.4 | SB | |
| John Collier | M40 | 2:57.9 | | |
| Frank Gardiner | M60 | 2:59.3 | | |
| Gavin Howard | M45 | 3:13.9 | SB | |
| Peggy Macliver | W65 | 3:14.9 | SB | |
| Milton Mavrick | M55 | 3:22.1 | | |
| Carl Ciccarelli | M45 | 3:23.1 | | |

300m

| | | | | |
|-----------------------|-----|---------|--|--|
| Craig Van Waardenburg | M50 | 45.6 | | |
| Richard Williams | M40 | 46.9 | | |
| Duncan McAuley | M60 | 47.2 | | |
| Keith Martin | M65 | 51.6 | | |
| Keith Edmonds | M40 | 49.5 | | |
| Peter Gare | M70 | 51.0 | | |
| Bob Schickert | M65 | 53.5 | | |
| Norm Richards | M70 | 53.6 | | |
| Barry Newell | M50 | 52.9 | | |
| Peggy Macliver | W65 | 56.7 | | |
| Peter Kennedy | M90 | No Time | | |

| | | | | |
|---------------|-----|------|--|--|
| Melissa Hynds | W30 | 38.5 | | |
| Gillian Young | W60 | 40.6 | | |

| | | | | |
|---------------------|-----|------|--|--|
| Jacqui Sanders | W40 | 35.7 | | |
| Marguerita Milicich | Vis | 37.1 | | |
| Regina Crouch | W40 | 40.1 | | |
| Jackie Halberg | W60 | 42.2 | | |
| Catherine Keane | Vis | 42.6 | | |
| Sarah Ladwig | W60 | 43.6 | | |

| | | | | | | | |
|---------------------------|-----|---------|------------|--------------------|-----|--------|------------------|
| 60m | | | | Hammer | | | |
| Chris Neale | M40 | 8.2 | | Lajos Joni | M55 | 39.30 | SB |
| Kim Thomas | M35 | 9.3 | SB | Matt Staunton | M35 | 38.95 | SB |
| Nick Miletic | M55 | 9.6 | SB | Bev Hamilton | W60 | 27.84 | SB |
| Matt Staunton | M35 | 8.6 | | 400m | | | |
| Cathy Elms | W40 | 10.1 | | % | | | |
| John Dennehy | M50 | 10.4 | | Chris Neale | M41 | 57.2 | 81.31 |
| Peggy Macliver | W65 | 10.4 | | Greg Vander Sanden | M52 | 59.8 | 83.93 |
| Marguerita Milicich | Vis | 9.6 | | David Solomon | M46 | 63.8 | 75.52 |
| Delia Baldock | W45 | 10.2 | | Kim Thomas | M36 | 71.4 | 62.79 |
| Jacqui Sanders | W40 | 10.7 | | Nick Miletic | M59 | 81.2 | 64.70 |
| Melissa Hynds | W30 | 10.8 | | Kevin Collins | M43 | 1:40.4 | 46.98 |
| Regina Crouch | W40 | 10.7 | | Paul Burke | M40 | 66.6 | 69.34 |
| Sarah Ladwig | W60 | 12.5 | | David Carr | M78 | 72.8 | SB 94.05 |
| Catherine Keane | Vis | 13.0 | | John Dennehy | M51 | 73.2 | SB 68.11 |
| Stella Turner | Vis | 13.4 | | Bob Schickert | M69 | 75.0 | SB 77.40 |
| Lynne Schickert | W65 | 16.3 | | Delia Baldock | W48 | 77.5 | SB 73.55 |
| | | | | Peggy Macliver | W66 | 78.4 | SB 86.28 |
| | | | | Cathy Elms | W40 | 82.7 | 63.49 |
| 3000m | | | | Sue Bourn | W43 | 82.3 | 65.82 |
| John Oldfield | M65 | 13:29.8 | | Gillian Young | W63 | 83.6 | SB 78.31 |
| | | | | Carol Bowman | W56 | 84.8 | SB 71.92 |
| 5000m | | | | Maurice Creagh | M64 | 1:40.6 | 53.89 |
| Rod Hamilton | M45 | 19:45.1 | | Sarah Ladwig | W61 | 1:42.3 | 62.90 |
| Kim Thomas | M35 | 20:34.0 | | Lorraine MacLennan | W45 | 1:24.9 | 65.18 |
| Paul Burke | M40 | 21:27.0 | SB | Melissa Hynds | W33 | 1:29.5 | SB 54.21 |
| Sue Bourn | W40 | 21:52.9 | | Jacqui Sanders | W44 | 1:32.0 | 59.50 |
| Tessa Brockwell | W50 | 21:54.9 | SB | Regina Crouch | W41 | 1:38.7 | 53.20 |
| Maurice Creagh | M60 | 23:34.1 | | Lynne Schickert | W69 | 2:07.0 | 55.80 |
| Lorraine MacLennan | W45 | 23:46.9 | | | | | |
| Gillian Young | W60 | 23:58.0 | | Shot | | | |
| Melissa Hynds | W30 | 25:52.2 | | % | | | |
| Jacqui Sanders | W40 | 29:39.8 | | Lynne Schickert | W69 | 4.44 | 40.59 |
| | | | | Peggy Macliver | W66 | 6.51 | SB 55.22 |
| Triple Jump | | | | Nick Miletic | M59 | 7.14 | PBA 43.14 |
| Mark Matcham | M40 | 10.09 | SB | John Dennehy | M51 | 6.77 | 34.26 |
| Kevin Collins | M40 | 7.19 | | Chris Neale | M41 | 8.58 | 38.72 |
| Peggy Macliver | W65 | 6.70 | SB | Regina Crouch | W41 | 5.98 | 30.97 |
| Regina Crouch | W40 | 6.62 | SB | Kim Thomas | M36 | 8.30 | PBA 36.09 |
| Lynne Schickert | W65 | 5.48 | | Carol Bowman | W56 | 4.68 | PBA 31.41 |
| Sarah Ladwig | W60 | 5.43 | PBA | Lorraine MacLennan | W45 | 4.95 | PBA 28.81 |
| Stella Turner | Vis | 5.02 | | David Carr | M78 | 5.80 | 41.61 |
| | | | | Sue Bourn | W43 | 5.69 | 31.56 |
| Shot (non scoring) | | | | Maurice Creagh | M64 | 6.23 | 38.43 |
| Matt Staunton | M35 | 11.43 | SB | Paul Burke | M40 | 8.22 | 36.52 |
| Lajos Joni | M55 | 10.02 | | | | | |
| Bev Hamilton | W60 | 8.67 | SB | | | | |

WAAS – November 5**100m**

| | | | | |
|-----------------------|-----|-------|------|------------|
| Craig van Waardenburg | M50 | 13.30 | +0.8 | PBA |
| Dave Wyatt | M55 | 13.87 | +1.3 | |
| Norm Richards | M70 | 14.94 | +0.3 | SB |

3000m Race Walk

| | | | | |
|-------------|-----|---------|--|-----------|
| David Smyth | M40 | 16:59.4 | | SB |
|-------------|-----|---------|--|-----------|

High Jump

| | | | | |
|------------|-----|------|--|--|
| Paul Foley | M45 | 1.40 | | |
|------------|-----|------|--|--|

Shot

| | | | | |
|--------------|-----|------|--|--|
| Paul Foley | M45 | 9.34 | | |
| Bev Hamilton | W60 | 8.10 | | |

Javelin

| | | | | |
|------------|-----|-------|--|--|
| Paul Foley | M45 | 42.51 | | |
|------------|-----|-------|--|--|

Hammer

| | | | | |
|--------------|-----|-------|--|--|
| Byrony Glass | W30 | 52.78 | | |
| Bev Hamilton | W60 | 26.34 | | |
| Paul Foley | M45 | 24.76 | | |

UWA – November 9**200m**

| | | | | |
|-----------------------|-----|------|-----------|--|
| Mark Elms | M40 | 27.6 | | |
| Garry Ralston | M55 | 28.2 | | |
| Craig Van Waardenburg | M50 | 28.5 | | |
| Richard Williams | M40 | 29.2 | SB | |
| Grahak Cunningham | M30 | 30.0 | | |

| | | | | |
|----------------|-----|------|--|--|
| Duncan McAuley | M60 | 31.5 | | |
| Barry Newell | M50 | 32.3 | | |
| Norm Richards | M70 | 33.7 | | |
| Keith Martin | M65 | 35.6 | | |
| Bob Schickert | M65 | 37.0 | | |

| | | | | |
|--------------------|-----|------|--|--|
| Scott Howlett | Vis | 36.3 | | |
| Peggy Macliver | W65 | 36.6 | | |
| Paul Howlett | M45 | 36.6 | | |
| John Dennehy | M50 | N/T | | |
| Ivan Brown | M65 | N/T | | |
| Christine Oldfield | W65 | N/T | | |

60m

| | | | | |
|-----------------------|-----|-----|-----------|--|
| Garry Ralston | M55 | 7.7 | | |
| Richard Williams | M40 | 8.1 | SB | |
| Campbell Till | M50 | 8.2 | | |
| Craig Van Waardenburg | M50 | 8.7 | | |
| Grahak Cunningham | M30 | 8.9 | | |

| | | | | |
|----------------|-----|------|-----------|--|
| Keith Edmonds | M40 | 9.1 | | |
| Norm Richards | M70 | 9.2 | SB | |
| Milton Mavrick | M55 | 9.6 | | |
| Peggy Macliver | W65 | 10.1 | | |
| John Dennehy | M50 | 10.1 | | |

| | | | | |
|----------------|-----|-----|--|--|
| Barry Newell | M50 | 9.0 | | |
| Clare Thatcher | Vis | 9.2 | | |
| Scott Howlett | Vis | 9.3 | | |
| Paul Howlett | M45 | 9.7 | | |

| | | | | |
|-----------------|-----|------|-----------|--|
| Bob Schickert | M65 | 10.8 | | |
| Derry Foley | M80 | 11.6 | SB | |
| Lynne Schickert | W65 | 13.7 | SB | |

3000m

| | | | | |
|--------------------|-----|---------|------------|--|
| Gill Edmonds | W45 | 15:28.4 | PBA | |
| Christine Oldfield | W65 | 17:24.7 | | |

5000m

| | | | | |
|-------------------|-----|---------|------------|--|
| Grahak Cunningham | M30 | 19:01.3 | PBA | |
| Clive Hicks | M55 | 19:20.4 | | |
| Keith Edmonds | M40 | 20:43.5 | PBA | |
| John Collier | M40 | 21:49.8 | SB | |
| Tessa Brockwell | W50 | 22:07.6 | | |
| Vic Waters | M65 | 23:31.1 | | |
| Milton Mavrick | M55 | 24:29.8 | PBA | |

400m (Points)

| | | | | | |
|----------------|-----|------|-------|-----------|--|
| | | | | % | |
| Mark Elms | M43 | 59.8 | 78.88 | | |
| Campbell Till | M53 | 60.7 | 83.23 | SB | |
| Duncan McAuley | M61 | 67.3 | 79.05 | | |
| G Cunningham | M33 | 70.6 | 62.07 | | |
| Keith Martin | M67 | 70.9 | 79.34 | SB | |
| Keith Edmonds | M44 | 73.9 | 64.29 | | |

| | | | | | |
|--------------------|-----|--------|-------|--|--|
| Garry Ralston | M55 | 71.8 | 71.31 | | |
| John Dennehy | M51 | 81.5 | 61.18 | | |
| Peggy Macliver | W66 | 82.0 | 82.49 | | |
| Ivan Brown | M65 | 83.9 | 65.02 | | |
| Peter Hopper | M65 | 90.7 | 60.14 | | |
| Christine Oldfield | W65 | 1:55.1 | 57.90 | | |
| Derry Foley | M81 | 2:03.3 | 59.16 | | |
| Lynne Schickert | W69 | 2:07.5 | 55.58 | | |

Shot (Points)

| | | | | | |
|-----------------|-----|-------|-------|------------|--|
| | | | | % | |
| Lynne Schickert | W69 | 4.57 | 41.77 | SB | |
| Bob Schickert | M69 | 5.97 | 43.54 | | |
| Julie Plackett | W41 | 6.88 | 36.44 | SB | |
| Rocky Cloete | M60 | 11.60 | 63.74 | SR | |
| Peter Hopper | M65 | 7.41 | 47.17 | | |
| Derry Foley | M81 | 5.42 | 37.96 | PBA | |
| Claire Thatcher | Vis | 6.44 | | | |

Triple Jump

| | | | | |
|-----------------|-----|------|-----------|--|
| Peggy Macliver | W65 | 6.50 | | |
| Lynne Schickert | W65 | 5.52 | | |
| Derry Foley | M80 | 6.07 | SB | |

Javelin

| | | | | |
|----------------|-----|-------|------------|--|
| Julie Plackett | W40 | 18.46 | PBA | |
| Maria Trollo | W35 | 22.58 | PBA | |
| Rocky Cloete | M60 | 31.37 | PBA | |
| Mark Elms | M40 | 34.71 | PBA | |
| Rae McMillan | W80 | 12.66 | | |

November 5 – ECAC - John Gilmour 10000m

| | | |
|----------------|-----|-------|
| Paul Mitchell | M40 | 36:25 |
| David Solomon | M45 | 41:02 |
| Bert Carse | M65 | 42:16 |
| Eldon George | M40 | 45:48 |
| John Collier | M40 | 47:54 |
| Simone Solomon | W45 | 49:17 |
| John Oldfield | M65 | DNF |

November 11 - ECAC

1500m

| | | | |
|--------------------|-----|--------|------------|
| Michael Crouch | Vis | 5:12.7 | |
| Paul Odam | M50 | 5:34.1 | |
| Margaret Saunders | W55 | 5:46.2 | |
| David Carr | M75 | 6:11.1 | SB |
| Frank Gardiner | M60 | 6:17.1 | |
| Lorraine MacLennan | W45 | 6:17.7 | PBA |
| Gillian Young | W60 | 6:25.0 | SB |
| Maurice Creagh | M60 | 6:29.7 | |
| Nick Miletic | M55 | 6:47.8 | |
| Peggy Macliver | W65 | 6:49.6 | SB |
| John Dennehy | M50 | 6:55.9 | SB |
| Carol Bowman | W55 | 7:04.3 | |
| Steve Fuller | M55 | 7:05.2 | |
| Melissa Hynds | W30 | 7:05.8 | SB |
| Jacqui Sanders | W40 | 7:24.8 | |

1500m walk

| | | | |
|-----------------|-----|---------|------------|
| Tom Lenane | M50 | 8:55.4 | SB |
| Lynne Schickert | W65 | 10:26.0 | |
| Michelle Crouch | Vis | 10:27.6 | |
| Regina Crouch | W40 | 10:44.3 | PBA |

400m

| | | | |
|--------------------|-----|--------|-----------|
| Chris Neale | M40 | 56.8 | |
| Colin Smith | M45 | 58.7 | |
| Paul Burke | M40 | 61.9 | SB |
| Graham Stephens | Vis | 65.8 | |
| Keith Martin | M65 | 73.4 | |
| David Carr | M75 | 74.6 | |
| Delia Baldock | W45 | 75.8 | SB |
| Lorraine MacLennan | W45 | 82.5 | SB |
| Maurice Creagh | M60 | 89.2 | SB |
| Jackie Halberg | W60 | 1:41.5 | |
| Robin King | W50 | 78.1 | |
| Gillian Young | W60 | 87.1 | |
| Melissa Hynds | W30 | 87.3 | SB |
| Jacqui Sanders | W40 | 88.5 | SB |

Weight Throw

| | | | |
|----------------|-----|-------|------------|
| Lajos Joni | M55 | 14.45 | |
| Matt Staunton | M35 | 12.49 | PBA |
| Bev Hamilton | W60 | 10.12 | |
| Julie Plackett | W40 | 7.99 | |
| Regina Crouch | W40 | 4.68 | |

3000m

| | | | |
|--------------------|-----|---------|-----------|
| Paul Odam | M50 | 11:46.8 | |
| Frank Gardiner | M60 | 12:29.7 | SB |
| Paul Burke | M40 | 12:34.2 | |
| Steve Fuller | M55 | 12:44.9 | SB |
| Maurice Creagh | M60 | 13:45.9 | |
| Gillian Young | W60 | 13:52.1 | |
| Lorraine MacLennan | W45 | 13:53.1 | |
| David Carr | M75 | 15:01.2 | |
| Melissa Hynds | W30 | 15:13.1 | |
| Sarah Ladwig | W60 | 15:41.9 | SB |
| Jacqui Sanders | W40 | 16:50.2 | |

3000m walk

| | | | |
|------------|-----|---------|--|
| Robin King | W50 | 17:56.4 | |
|------------|-----|---------|--|

100m

| | | | |
|----------------|-----|------|--------------------------|
| Chris Neale | M41 | 12.8 | points % 80.70 |
| Michael Crouch | Vis | 13.1 | |
| Mark Elms | M43 | 13.1 | 78.85 |
| Colin Smith | M47 | 14.3 | 75.24 |
| Nick Miletic | M59 | 15.5 | 75.03 |

| | | | |
|---------------------|-----|------|-------|
| Michelle Crouch | Vis | 15.1 | |
| John Dennehy | M51 | 15.8 | 69.94 |
| Marguerita Milicich | Vis | 15.8 | |
| Delia Baldock | W48 | 16.3 | 73.62 |
| Peggy Macliver | W66 | 16.4 | 87.26 |

| | | | |
|---------------|-----|------|-------|
| Matt Staunton | M36 | 13.4 | 74.40 |
| Mark Matcham | M42 | 13.8 | 74.35 |
| Steve Fuller | M58 | 15.2 | 75.99 |
| Bob Schickert | M69 | 16.4 | 75.30 |
| David Carr | M78 | 17.4 | 79.20 |

| | | | |
|----------------|-----|------|-------|
| Paul Burke | M40 | 13.8 | 74.35 |
| Carol Bowman | W56 | 18.8 | 68.67 |
| Kevin Collins | M43 | 18.9 | 55.40 |
| Sarah Ladwig | W61 | 20.1 | 68.01 |
| Maurice Creagh | M64 | 21.5 | 55.77 |
| Jacqui Sanders | W44 | 17.2 | 66.86 |

| | | | |
|--------------------|-----|------|-------|
| Melissa Hynds | W33 | 17.6 | 59.60 |
| Regina Crouch | W41 | 18.3 | 60.05 |
| Lorraine MacLennan | W45 | 18.4 | 63.21 |
| Gillian Young | W63 | 18.5 | 75.24 |

| | | | |
|-----------------|-----|------|-------|
| Derry Foley | M81 | 20.8 | 69.42 |
| Lynne Schickert | W69 | 23.6 | 62.25 |
| Patricia Carr | W78 | 23.6 | 69.53 |

Long Jump

| | | | |
|-----------------|-----|------|------------|
| Chris Neale | M40 | 5.73 | SB |
| Michael Crouch | Vis | 5.68 | |
| Matt Staunton | M35 | 5.41 | |
| Mark Matcham | M40 | 4.89 | SB |
| Peggy Macliver | W65 | 3.68 | PBA |
| Michelle Crouch | Vis | 3.68 | |
| Regina Crouch | W40 | 3.05 | |
| Kevin Collins | M40 | 2.85 | |
| Derry Foley | M80 | 2.82 | |
| Stella Turner | Vis | 1.88 | |

Hammer

| | | | | |
|-----------------|-----|-------|-------|------------|
| Kevin Collins | M42 | 4.88 | 6.42 | |
| Regina Crouch | W41 | 11.14 | 18.82 | SB |
| Lynne Schickert | W69 | 12.72 | 31.42 | PBA |
| Mark Elms | M43 | 15.06 | 35.49 | |
| Lajos Joni | M55 | 42.43 | | SR |
| Matt Staunton | M35 | 38.82 | | |
| Bev Hamilton | W60 | 27.12 | | |
| Bec Plackett | Vis | 25.06 | | |
| Julie Plackett | W40 | 24.54 | | |

November 12 – WAAS**100m**

| | | |
|---------------|-----|------------|
| Mark Elms | M40 | 13.08 +1.8 |
| Matt Staunton | M35 | 13.20 +1.4 |

200m

| | | | |
|---------------|-----|------------|-----------|
| Mark Elms | M40 | 26.10 +1.2 | SB |
| Norm Richards | M70 | 31.61 +1.8 | SB |

800m

| | | |
|----------------|-----|---------|
| Andrew Brooker | M40 | 2:11.18 |
|----------------|-----|---------|

200H

| | | |
|---------------|-----|------------|
| Matt Staunton | M35 | 33.62 +1.0 |
|---------------|-----|------------|

5000m

| | | |
|---------------|-----|---------|
| Paul Mitchell | M40 | 17:02.3 |
|---------------|-----|---------|

1500m Race Walk

| | | |
|--------------|-----|--------|
| Bruce Wilson | M65 | 9:03.8 |
|--------------|-----|--------|

November 16 - UWA**100m (Points)**

| | | | % | |
|-----------------------|-----|------|-------|------------|
| Garry Ralston | M55 | 12.7 | 89.29 | SB= |
| Craig Van Waardenburg | M51 | 12.9 | 85.66 | PBA |
| Campbell Till | M53 | 13.4 | 83.51 | |
| Dave Wyatt | M59 | 14.4 | 80.76 | |
| Allan Billington | M49 | 15.8 | 68.99 | |
| Keith Edmonds | M44 | 14.6 | 72.19 | |
| Barrie Kernaghan | M70 | 14.9 | 83.36 | |
| Peter Gare | M70 | 15.3 | 81.18 | |
| Norm Richards | M73 | 15.3 | 84.18 | |
| Bjorn Dybdahl | M57 | 15.2 | 75.53 | |
| John Dennehy | M51 | 16.0 | 69.06 | |
| Peggy Macliver | W66 | 16.4 | 87.26 | |
| Peter Hopper | M65 | 17.4 | 69.31 | |

Long Jump

| | | |
|----------------|-----|------|
| Peggy Macliver | W65 | 3.50 |
| Dave Wyatt | M55 | 4.40 |
| John Dennehy | M50 | 3.63 |

Weight Throw

| | | |
|-----------------------|-----|-------|
| Craig Van Waardenburg | M50 | 13.31 |
|-----------------------|-----|-------|

Hammer

| | | | |
|---------------|-----|-------|------------|
| Byrony Glass | W30 | 52.14 | |
| Matt Staunton | M35 | 41.47 | PBA |
| Lajos Joni | M55 | 40.72 | |
| Bev Hamilton | W60 | 26.10 | |

Shot

| | | | |
|---------------|-----|-------|-----------|
| Matt Staunton | M35 | 11.47 | SB |
| Lajos Joni | M55 | 11.00 | SB |

Discus

| | | | |
|---------------|-----|-------|------------|
| Matt Staunton | M35 | 37.62 | PBA |
| Lajos Joni | M55 | 35.94 | SB |

High Jump

| | | |
|------------|-----|------|
| Dave Wyatt | M55 | 1.40 |
|------------|-----|------|

1500m

| | | | |
|--------------------|-----|--------|------------|
| Paul Burke | M40 | 5:28.9 | |
| John Collier | M40 | 5:37.4 | SB |
| Mark Dawson | M45 | 5:55.2 | |
| Carl Ciccarelli | M45 | 6:13.0 | |
| Ivan Brown | M65 | 6:20.4 | |
| Gavin Howard | M45 | 6:28.7 | PBA |
| Allan Billington | M45 | 6:37.0 | |
| Garry Ralston | M55 | 6:47.2 | |
| Peggy Macliver | W65 | 6:50.0 | |
| John Dennehy | M50 | 6:51.4 | |
| Christine Oldfield | W65 | 8:11.0 | |

400m

| | | | |
|--------------------|-----|------|------------|
| Greg Vander Sanden | M50 | 59.9 | |
| Campbell Till | M50 | 60.2 | SB |
| Peter Gare | M70 | 71.2 | SB |
| Barrie Kernaghan | M70 | 79.0 | |
| Milton Mavrick | M55 | 80.3 | PBA |
| Paul Burke | M40 | 67.9 | |
| Garry Ralston | M55 | 69.9 | |
| Keith Edmonds | M40 | 70.1 | SB |
| Allan Billington | M45 | 80.9 | |
| Norm Richards | M70 | 82.6 | SB |

3000m

| | | | |
|--------------------|-----|---------|------------|
| Clive Hicks | M55 | 10:59.2 | |
| Bjorn Dybdahl | M55 | 11:00.6 | SB |
| Greg Vander Sanden | M50 | 11:06.5 | PBA |
| Keith Edmonds | M40 | 11:57.2 | |
| Carl Ciccarelli | M45 | 12:34.8 | SB |
| John Collier | M40 | 12:43.4 | |
| Paul Burke | M40 | 12:54.2 | |
| Mark Dawson | M45 | 13:19.6 | SB |
| Vic Waters | M65 | 13:29.0 | SB |
| Ivan Brown | M65 | 13:47.8 | SB |
| Gavin Howard | M45 | 13:48.9 | PBA |
| Gay Wyatt | W55 | 15:34.5 | PBA |
| Nick Bailey | M60 | 16:31.9 | |

Shot

| | | |
|--------------|-----|------|
| Peter Hopper | M65 | 7.30 |
| Paul Burke | M40 | 6.58 |

November 18 – ECAC**200m**

| | | | |
|--------------------|-----|------|------------|
| Michael Crouch | Vis | 26.2 | |
| Colin Smith | M45 | 26.7 | |
| Mark Matcham | M40 | 27.6 | PBA |
| Garry Vogler | Vis | 27.7 | |
| Kim Thomas | M35 | 31.8 | SB |
| Chelsea Thomas | Vis | 32.5 | |
| Steve Fuller | M55 | 32.7 | |
| Sue Bourn | W40 | 32.9 | SB |
| Peggy Macliver | W65 | 33.3 | SB |
| Jacqui Sanders | W40 | 35.7 | SB= |
| Melissa Hynds | W30 | 38.8 | |
| Gillian Young | W60 | 39.5 | SB |
| Paul Burke | M40 | 28.6 | |
| Lorraine MacLennan | W45 | 37.2 | PBA |
| Regina Crouch | W40 | 39.2 | |
| Sarah Ladwig | W60 | 42.4 | SB |
| Patricia Carr | W75 | 54.1 | |

2000m (not analysed)

| | | |
|-----------------|-----|---------|
| Chelsea Thomas | Vis | 12:18.5 |
| Michelle Thomas | W30 | 13:25.9 |

2000m walk (not analysed)

| | | |
|----------------|-----|---------|
| Tom Lenane | M50 | 12:35.6 |
| Stan Jones | M85 | 15:34.3 |
| Frances Cherry | Vis | 16:49.9 |

4000m (not analysed)

| | | |
|----------------|-----|---------|
| Kim Thomas | M35 | 16:10.4 |
| Paul Burke | M40 | 17:59.2 |
| Sue Bourn | W40 | 18:28.9 |
| Corey Thomas | M30 | 19:08.8 |
| Gillian Young | W60 | 19:20.0 |
| Maurice Creagh | M60 | 19:38.2 |
| Jane Sneesby | W35 | 19:39.6 |
| Melissa Hynds | W30 | 20:29.5 |
| Storm Thomas | Vis | 23:31.1 |
| Jacqui Sanders | W40 | 24:13.3 |

60m

| | | | |
|---------------------|-----|------|-------------|
| Rudy Kocis | M45 | 7.7 | PBA= |
| Matt Staunton | M35 | 8.3 | SB= |
| Colin Smith | M45 | 8.3 | |
| Iain MacLennan | Vis | 8.8 | |
| Kim Thomas | M35 | 9.2 | SB |
| Marguerita Milicich | Vis | 9.3 | |
| Cathy Elms | W40 | 9.7 | |
| Chelsea Thomas | Vis | 9.8 | |
| Lauchlan Marr | M50 | 10.4 | |
| Cathy McCloskey | Vis | 9.8 | |
| Jacqui Sanders | W40 | 10.3 | SB |
| Lorraine MacLennan | W45 | 10.9 | |
| Derry Foley | M80 | 11.6 | SB= |
| Melissa Hynds | W30 | 10.3 | SB= |
| Regina Crouch | W40 | 10.7 | |
| Patricia Carr | W75 | 13.2 | |
| Lynne Schickert | W65 | 13.7 | SB= |

Triple Jump

| | | | | |
|--------------------|-----|-------|-------|-----------|
| Peggy Macliver | W66 | 7.15 | 76.55 | SB |
| David Carr | M78 | 4.24 | 44.87 | |
| Lynne Schickert | W69 | 5.68 | 64.18 | |
| Kevin Collins | M42 | 7.25 | 44.05 | SB |
| Regina Crouch | W41 | 6.70 | 49.12 | SB |
| Kim Thomas | M36 | 9.01 | 50.45 | |
| Corey Thomas | M34 | 9.33 | 51.52 | |
| Matt Staunton | M36 | 9.84 | 55.10 | |
| Delia Baldock | W48 | 8.73 | 70.86 | |
| Derry Foley | M81 | 6.25 | 70.62 | |
| Sarah Ladwig | W61 | 5.32 | 52.31 | |
| Lorraine MacLennan | W45 | 5.46 | 42.62 | |
| Maurice Creagh | M64 | 5.43 | 44.33 | |
| Michael Crouch | Vis | 11.56 | | |
| Cathy McCloskey | Vis | 7.58 | | |
| Iain MacLennan | Vis | 10.83 | | |

800m

| | | | points % | |
|----------------|-----|--------|----------|------------|
| Michael Crouch | Vis | 2:20.7 | | |
| Garry Vogler | Vis | 2:22.5 | | |
| Paul Burke | M40 | 2:31.8 | 70.08 | SB |
| Kim Thomas | M36 | 2:37.9 | 64.83 | |
| Jamie Leonard | Vis | 2:38.1 | | |
| Lachlan Marr | M50 | 2:39.9 | 72.74 | PBA |
| Steve Fuller | M58 | 2:40.4 | 77.45 | |
| Corey Thomas | M34 | 3:19.2 | 50.76 | |

| | | | | |
|-------------------|-----|--------|--------------|-----------|
| Simon Leonard | Vis | 2:44.0 | | |
| Fiona Leonard | Vis | 2:45.0 | | |
| Margaret Saunders | W56 | 2:48.7 | 81.50 | |
| David Carr | M78 | 2:49.6 | 92.82 | |
| Robin King | W52 | 2:54.1 | 74.85 | SB |
| Bob Schickert | M69 | 3:05.7 | 73.77 | |
| Maurice Creagh | M64 | 3:07.4 | 69.48 | SB |

| | | | | |
|--------------------|-----|--------|-------|------------|
| Lorraine MacLennan | W45 | 3:02.0 | 66.9 | PBA |
| Delia Baldock | W48 | 3:04.7 | 67.61 | |
| Sue Bourn | W43 | 3:09.2 | 63.22 | |
| Peggy Macliver | W66 | 3:10.3 | 86.36 | SB |
| Cathy McCloskey | Vis | 3:28.1 | | |
| Sarah Ladwig | W61 | 3:43.1 | 66.62 | |
| Derry Foley | M81 | 4:42.4 | 59.30 | |

| | | | | |
|-----------------|-----|--------|-------|--|
| Gillian Young | W63 | 3:16.3 | 78.79 | |
| Melissa Hynds | W33 | 3:33.4 | 53.08 | |
| Jacqui Sanders | W44 | 3:40.8 | 54.66 | |
| Regina Crouch | W41 | 4:10.2 | 46.57 | |
| Lynne Schickert | W69 | 4:54.9 | 59.19 | |

November 19 - WAAS**100m**

| | | | | |
|---------------------|-----|-------|------|--|
| Matt Staunton | M35 | 13.34 | +0.3 | |
| Craig V Waardenburg | M50 | 13.37 | +0.3 | |

1500m

| | | | | |
|---------------|-----|---------|--|--|
| Paul Mitchell | M40 | 4:30.58 | | |
|---------------|-----|---------|--|--|

100m hurdles

| | | | | |
|---------------|-----|-------|------|--|
| Matt Staunton | M35 | 19.02 | +0.4 | |
|---------------|-----|-------|------|--|

2000m steeplechase

| | | | | |
|--------------|-----|---------|--|--|
| Bruce Wilson | M65 | 8:41.92 | | |
|--------------|-----|---------|--|--|

Long Jump

| | | | | |
|----------------|-----|------|------|-----------|
| Melissa Foster | W30 | 5.11 | +0.0 | SB |
|----------------|-----|------|------|-----------|

Triple Jump

| | | | | |
|----------------|-----|-------|------|--|
| Melissa Foster | W30 | 10.18 | +0.0 | |
|----------------|-----|-------|------|--|

Discus

| | | | | |
|---------------|-----|-------|--|------------|
| Matt Staunton | M35 | 36.29 | | |
| Lajos Joni | M55 | 33.99 | | |
| Steve Fuller | M55 | 23.69 | | PBA |
| Paul Burke | M40 | 22.97 | | |
| Andrew Ward | M45 | 22.06 | | |
| Bev Hamilton | W60 | 21.29 | | |
| Mark Matcham | M40 | 19.96 | | |
| Derry Foley | M80 | 14.65 | | PBA |
| Stella Turner | W60 | 12.64 | | |
| Regina Crouch | W40 | 11.99 | | |

Discus

| | | | | |
|---------------|-----|-------|--|--|
| Matt Staunton | M35 | 36.80 | | |
| Byrony Glass | W30 | 34.20 | | |
| Lajos Joni | M55 | 33.25 | | |
| Paul Foley | M45 | 30.59 | | |
| Bev Hamilton | W60 | 20.85 | | |

Hammer

| | | | | |
|---------------------|-----|-------|--|-----------|
| Byrony Glass | W30 | 49.97 | | |
| Lajos Joni | M55 | 42.94 | | SR |
| Kate Glass | W55 | 35.26 | | |
| Craig V Waardenburg | M50 | 31.48 | | |
| Bev Hamilton | W60 | 26.21 | | |
| Paul Foley | M45 | 23.98 | | |

Javelin

| | | | | |
|---------------|-----|-------|--|--|
| Matt Staunton | M35 | 42.55 | | |
| Paul Foley | M45 | 41.23 | | |

November 23 – UWA

800m (Points)

| | | | % | |
|------------------|-----|--------|-------|--|
| G Vander Sanden | M52 | 2:27.7 | 80.07 | |
| Campbell Till | M53 | 2:31.1 | 78.92 | |
| Duncan McAuley | M61 | 2:42.1 | 78.98 | |
| Keith Edmonds | M44 | 2:46.1 | 66.41 | |
| John Collier | M44 | 2:52.0 | 64.13 | |
| Allan Billington | M49 | 3:12.1 | 60.01 | |

| | | | | |
|-----------------|-----|--------|-------|-----------|
| Paul Burke | M40 | 2:34.4 | 68.90 | |
| Mark Dawson | M49 | 2:50.2 | 67.73 | SB |
| Frank Gardner | M60 | 2:53.6 | 72.73 | SB |
| Carl Ciccarelli | M49 | 3:05.7 | 62.08 | SB |
| Ivan Brown | M65 | 3:06.4 | 70.40 | SB |

| | | | | |
|--------------------|-----|--------|-------|-----------|
| Garry Ralston | M55 | 3:02.6 | 66.42 | |
| John Dennehy | M51 | 3:03.9 | 63.77 | SB |
| Peggy Macliver | W66 | 3:22.7 | 81.08 | |
| Barry Newell | M54 | 3:22.9 | 59.28 | SB |
| Peter Hopper | M65 | 3:28.7 | 62.88 | |
| Christine Oldfield | W66 | 4:09.7 | 65.81 | |
| Lynne Schickert | W69 | 5:03.9 | 57.44 | |

Triple Jump (Points)

| | | | % | |
|------------------|-----|-------|-------|------------|
| Kevin Collins | M42 | 7.20 | 43.22 | |
| Bob Schickert | M69 | 5.64 | 50.13 | PBA |
| Lynne Schickert | W69 | 5.75 | 64.97 | |
| Dave Wyatt | M59 | 9.27 | 69.96 | |
| Campbell Till | M53 | 10.04 | 69.43 | |
| Garry Ralston | M55 | 10.41 | 74.04 | |
| Allan Billington | M49 | 7.15 | 46.85 | |
| Richard Williams | M40 | 9.18 | 53.81 | |

200m

| | | | | |
|--------------------|-----|------|-----------|--|
| Greg Vander Sanden | M50 | 27.6 | | |
| Dave Wyatt | M55 | 29.2 | | |
| Duncan McAuley | M60 | 30.2 | SB | |
| Roy Fearnall | M65 | 31.4 | | |
| Peter Gare | M70 | 31.7 | | |

| | | | | |
|------------------|-----|------|-----------|--|
| Richard Williams | M40 | 29.7 | | |
| Barrie Kernaghan | M70 | 31.2 | | |
| Keith Martin | M65 | 31.9 | SB | |
| Norm Richards | M70 | 32.3 | | |
| Barry Newell | M50 | 33.7 | | |

| | | | | |
|------------------|-----|------|-----------|--|
| Garry Ralston | M55 | 26.8 | SB | |
| Paul Foley | M45 | 28.9 | | |
| Logan Foley | Vis | 31.5 | | |
| Kalin Foley | Vis | 31.9 | | |
| Allan Billington | M45 | 38.0 | | |

| | | | | |
|--------------------|-----|------|-----------|--|
| Peggy Macliver | W65 | 34.4 | | |
| Bob Schickert | M65 | 35.5 | SB | |
| Ivan Brown | M65 | 36.2 | | |
| Frank Gardiner | M60 | 42.8 | | |
| John Dennehy | M50 | 43.0 | | |
| Christine Oldfield | W65 | 48.2 | | |

2000m (not analysed)

| | | |
|----------------|-----|--------|
| Frank Gardiner | M60 | 8:45.0 |
| Vic Waters | M65 | 9:06.0 |

4000m (not analysed)

| | | |
|--------------------|-----|---------|
| Greg Vander Sanden | M50 | 14:51.7 |
| Clive Hicks | M55 | 15:12.6 |
| Keith Edmonds | M40 | 16:10.4 |
| Paul Burke | M40 | 16:19.3 |
| John Collier | M40 | 16:50.9 |
| Carl Ciccarelli | M45 | 17:05.2 |
| Mark Dawson | M45 | 18:06.8 |
| Gill Edmonds | W45 | 21:16.7 |
| Gay Wyatt | W55 | 21:35.6 |

60m

| | | |
|------------------|-----|------|
| Garry Ralston | M55 | 8.0 |
| Richard Williams | M40 | 8.3 |
| Roy Fearnall | M65 | 9.2 |
| Barrie Kernaghan | M70 | 9.5 |
| Allan Billington | M45 | 10.0 |

| | | | |
|--------------------|-----|------|-----------|
| Keith Edmonds | M40 | 9.2 | |
| Norm Richards | M70 | 9.4 | |
| Kalin Foley | Vis | 9.5 | |
| Logan Foley | Vis | 9.8 | |
| Christine Oldfield | W65 | 13.0 | |
| Lynne Schickert | W65 | 13.5 | SB |

Discus

| | | | |
|--------------|-----|-------|------------|
| Peter Gare | M70 | 32.77 | PBA |
| Andrew Ward | M45 | 23.30 | |
| Peter Hopper | M65 | 21.34 | |
| Paul Foley | M45 | 28.42 | |
| Logan Foley | Vis | 19.37 | |
| Kalin Foley | Vis | 21.80 | |

Javelin

| | | | |
|--------------|-----|-------|------------|
| Peter Gare | M70 | 29.69 | |
| Andrew Ward | M45 | 30.96 | |
| Peter Hopper | M65 | 22.78 | SB= |
| Paul Foley | M45 | 39.00 | |
| Maria Trolio | W35 | 22.61 | PBA |
| Logan Foley | Vis | 21.41 | |
| Kalin Foley | Vis | 25.18 | |

ECAC – November 25

400m

| | | | |
|----------------|-----|------|-----------|
| Michael Crouch | Vis | 60.6 | |
| Mark Elms | M40 | 60.7 | |
| Kim Thomas | M35 | 66.4 | SB |
| Rob Antonioli | M55 | 70.5 | |
| David Carr | M75 | 72.4 | SB |
| Keith Martin | M65 | 72.8 | |

| | | | |
|--------------------|-----|--------|------------|
| David Solomon | M45 | 64.4 | |
| Callum Young | Vis | 68.9 | |
| Michelle Crouch | Vis | 73.0 | |
| Sue Bourn | W40 | 74.9 | SB |
| Cathy Elms | W40 | 74.9 | PBA |
| Lorraine MacLennan | W45 | 81.0 | PBA |
| Melissa Hynds | W30 | 89.3 | |
| Regina Crouch | W40 | 1:35.6 | SB |

1500m

| | | | |
|-------------------|-----|--------|------------|
| Garry Vogler | Vis | 4:44.4 | |
| Mark Matcham | M40 | 5:10.2 | PBA |
| Kim Thomas | M35 | 5:20.7 | |
| Neil Drouet | Vis | 5:26.7 | |
| Kerrienne Bresser | W40 | 6:32.2 | |
| Dante Giacomini | M40 | 6:50.8 | |
| Melissa Hynds | W30 | 6:58.2 | PBA |
| Maurice Creagh | M60 | 6:58.7 | |

1500m walk

| | | | |
|-----------------|-----|---------|--|
| Michelle Crouch | Vis | 10:57.4 | |
| Stan Jones | M85 | 11:22.7 | |

100m

| | | | |
|-----------------|-----|------|------------|
| Rudy Kocis | M45 | 12.9 | |
| David Solomon | M45 | 14.3 | |
| Michelle Crouch | Vis | 14.6 | |
| Keith Martin | M65 | 15.3 | |
| Nick Miletic | M55 | 15.7 | |
| Mark Elms | M40 | 12.9 | |
| Michael Crouch | Vis | 13.1 | |
| Matt Staunton | M35 | 13.5 | |
| Melissa Foster | W30 | 13.7 | PBA |

| | | | |
|---------------------|-----|------|--|
| Rob Antonioli | M55 | 15.4 | |
| Marguerita Milicich | W30 | 15.9 | |
| Roger Whalen | M65 | 16.5 | |
| Melissa Hynds | W30 | 18.0 | |
| Derry Foley | M80 | 19.6 | |
| Patricia Carr | W75 | 24.1 | |

WAAS – November 26

200m

| | | | | |
|------------------|-----|-------|------|-----------|
| Barrie Kernaghan | M70 | 30.99 | -1.6 | SB |
|------------------|-----|-------|------|-----------|

3000m

| | | | | |
|---------------|-----|---------|--|------------|
| Paul Mitchell | M40 | 9:18.43 | | PBA |
|---------------|-----|---------|--|------------|

High Jump

| | | | | |
|------------|-----|------|--|--|
| Dave Wyatt | M55 | 1.35 | | |
|------------|-----|------|--|--|

5000m

| | | | | |
|--------------------|-----|---------|------------|-------|
| Garry Vogler | Vis | 19:16.8 | | |
| Neil Drouet | Vis | 20:32.2 | | |
| Kim Thomas | M36 | 20:44.3 | | 62.53 |
| David Solomon | M46 | 21:34.3 | | 64.78 |
| Sue Bourn | W43 | 22:49.7 | | 67.41 |
| Maurice Creagh | M64 | 23:03.7 | SB | 70.49 |
| Lorraine MacLennan | W45 | 23:42.5 | | 66.29 |
| Bob Schickert | M69 | 24:14.5 | | 70.31 |
| Dante Giacomini | M42 | 24:26.2 | | 55.46 |
| Peggy Macliver | W66 | 25:08.4 | | 83.58 |
| Graeme Dahl | M61 | 25:09.4 | | 62.36 |
| Melissa Hynds | W33 | 25:13.8 | | 57.42 |
| Delia Baldock | W48 | 25:32.8 | | 63.79 |
| David Carr | M78 | 25:32.9 | | 76.86 |
| John Dennehy | M51 | 26:33.4 | SB | 54.76 |
| Sarah Ladwig | W61 | 27:17.7 | | 71.25 |
| Regina Crouch | W41 | 33:35.3 | | 44.66 |
| Lynne Schickert | W69 | 36:04.6 | PBA | 61.18 |

Long Jump

| | | | | |
|----------------|-----|------|------------|--|
| Michael Crouch | Vis | 5.68 | | |
| Matt Staunton | M35 | 5.38 | | |
| Mark Elms | M40 | 5.11 | SB | |
| Melissa Foster | W30 | 5.25 | PBA | |
| Mark Matcham | M40 | 4.74 | | |
| Rob Antonioli | M55 | 4.60 | | |
| Regina Crouch | W40 | 3.52 | | |
| Peggy Macliver | W65 | 3.49 | | |
| Derry Foley | M80 | 3.04 | SB | |
| Sarah Ladwig | W60 | 2.68 | | |
| Patricia Carr | W75 | 2.49 | | |

Shot

| | | | | |
|---------------|-----|-------|--|--|
| Matt Staunton | M35 | 11.23 | | |
| Lajos Joni | M55 | 9.85 | | |
| Bev Hamilton | W60 | 8.65 | | |
| Stella Turner | W60 | 6.62 | | |

Weight Throw

| | | | | |
|---------------|-----|-------|------------|--|
| Lajos Joni | M55 | 15.72 | SR | |
| Matt Staunton | M35 | 12.58 | PBA | |
| Bev Hamilton | W60 | 11.37 | | |
| Stella Turner | W60 | 7.41 | | |

UWA – November 30

5000m (Points)

| | | | % | |
|-------------------|-----|---------|-------|-----------|
| Clive Hicks | M57 | 18:52.7 | 80.97 | SB |
| Roscoe McDonnell | Vis | 19:04.1 | | |
| Grahak Cunningham | M33 | 19:46.9 | 64.52 | |
| Keith Edmonds | M43 | 21:06.6 | 64.68 | |
| Campbell Till | M53 | 21:26.8 | 68.92 | SB |
| Carl Ciccarelli | M50 | 21:50.9 | 65.49 | |
| John Collier | M44 | 21:57.3 | 62.67 | |
| Graeme Dahl | M61 | 22:14.6 | 71.15 | |
| Mark Dawson | M49 | 23:16.9 | 61.46 | SB |
| Gavin Howard | M49 | 23:35.0 | 60.68 | |
| Bob Schickert | M69 | 23:38.2 | 72.11 | |
| Milton Mavrick | M57 | 25:47.0 | 59.28 | |

400m

| | | | | |
|-----------------------|-----|--------|--|-----------|
| Craig Van Waardenburg | M50 | 63.8 | | |
| Richard Williams | M40 | 63.9 | | SB |
| Grahak Cunningham | M30 | 66.4 | | SB |
| Barry Newell | M50 | 73.1 | | SB |
| Peter Stevenson | Vis | 67.7 | | |
| Barrie Kernaghan | M70 | 75.5 | | SB |
| Norm Richards | M70 | 81.1 | | SB |
| Peggy Macliver | W65 | 82.1 | | |
| Christine Oldfield | W65 | 1:50.8 | | SB |
| Peter Kennedy | M90 | 3:38.1 | | |

1500m

| | | | | |
|--------------------|-----|---------|--|-----------|
| Peter Stevenson | Vis | 4:55.0 | | |
| Grahak Cunningham | M30 | 5:01.4 | | |
| Tony Heppener | Vis | 5:12.3 | | |
| Keith Edmonds | M40 | 5:34.0 | | |
| John Collier | M40 | 5:41.8 | | |
| Mark Dawson | M45 | 6:03.5 | | |
| Gavin Howard | M45 | 6:27.2 | | |
| Carl Ciccarelli | M50 | 6:34.0 | | |
| Allan Billington | M45 | 6:45.8 | | |
| Garry Ralston | M55 | 7:03.2 | | |
| Milton Mavrick | M55 | 7:18.8 | | |
| Nick Bailey | M60 | 7:31.4 | | |
| Barry Newell | M50 | 7:35.6 | | |
| Christine Oldfield | W65 | 8:17.4 | | |
| Lynne Schickert | W65 | 10:26.1 | | SB |

1500m Walk

| | | | | |
|--------------|-----|---------|--|--|
| Peter Hopper | M65 | 10:45.7 | | |
|--------------|-----|---------|--|--|

100m

| | | | |
|-----------------------|-----|------|-----------|
| Craig Van Waardenburg | M50 | 13.4 | |
| Richard Williams | M40 | 13.5 | SB |
| Grahak Cunningham | M30 | 14.2 | |
| Barrie Kernaghan | M70 | 15.5 | |
| Peter Stevenson | Vis | 15.9 | |

| | | | |
|------------------|-----|------|------------|
| Keith Edmonds | M40 | 15.1 | |
| Norm Richards | M70 | 15.2 | |
| Allan Billington | M45 | 15.7 | SB |
| John Dennehy | M50 | 15.9 | |
| Peggy Macliver | W65 | 15.9 | SB= |

| | | | |
|-----------------|-----|------|-----------|
| Kevin Collins | M40 | 17.2 | SB |
| Lynne Schickert | W65 | 26.4 | |
| Peter Kennedy | M90 | 31.2 | SB |

Weight Throw

| | | | |
|----------------|-----|------|-----------|
| Julie Plackett | W40 | 8.12 | |
| Rae McMillan | W80 | 8.10 | |
| Peter Kennedy | M90 | 6.47 | SR |

Shot

| | | | |
|----------------|-----|------|-----------|
| Julie Plackett | W40 | 6.73 | |
| Rae McMillan | W80 | 6.58 | SB |
| Peter Kennedy | M90 | 4.82 | |

Long Jump

| | | | |
|------------------|-----|------|-----------|
| Peggy Macliver | W65 | 3.45 | |
| Lynne Schickert | W65 | 2.44 | SB |
| Kevin Collins | M40 | 3.45 | SB |
| Peter Kennedy | M90 | 1.48 | |
| Garry Ralston | M55 | 4.79 | |
| Allan Billington | M45 | 3.61 | |
| John Dennehy | M50 | 3.55 | |

ERN CLARKE AC 2/12/10

| | | | | | | | |
|--------------|-----|------|----------------|-----|--------|------------|-------|
| | | | Maurice Creagh | M63 | 6:21.3 | SB | 71.10 |
| 60m | | | Delia Baldock | W48 | 6:32.5 | | 68.73 |
| Rudy Kocis | M45 | 7.8 | John Dennehy | M51 | 6:36.7 | SB | 61.28 |
| Chris Neale | M40 | 8.1 | Peggy Macliver | W66 | 6:41.0 | SB | 86.59 |
| Colin Smith | M45 | 8.6 | Nick Miletic | M59 | 6:46.5 | SB | 64.05 |
| Cathy Elms | W40 | 9.7 | Melissa Hynds | W33 | 6:53.8 | PBA | 56.67 |
| Nick Miletic | M55 | 10.0 | Regina Crouch | W41 | 8:45.2 | | 47.28 |

| | | | | | | | |
|--------------------|-----|------|--------------------|-----|------|--|--|
| Fiona Leonard | Vis | 9.9 | 300m | | | | |
| John Dennehy | M50 | 10.2 | Chris Neale | M40 | 39.9 | | |
| Logan Foley | Vis | 10.5 | Colin Smith | M45 | 41.9 | | |
| Kalin Foley | Vis | 10.5 | Garry Vogler | M35 | 43.5 | | |
| Martin MacLennan | Vis | 11.4 | Kim Thomas | M35 | 50.4 | | |
| | | | Kalin Foley | Vis | 54.7 | | |
| Peggy Macliver | W65 | 10.1 | | | | | |
| Adrienne Throssell | Vis | 10.2 | Paul Foley | M45 | 49.6 | | |
| Melissa Hynds | W30 | 10.8 | Logan Foley | Vis | 53.4 | | |
| Regina Crouch | W40 | 10.8 | David Carr | M75 | 54.3 | | |
| Lorraine MacLennan | W45 | 11.0 | Cathy Elms | W40 | 55.8 | | |
| | | | Melissa Hynds | W30 | 64.4 | | |
| Barbara Campbell | W70 | 12.2 | Maurice Creagh | M60 | 64.6 | | |
| Derry Foley | M80 | 12.7 | Adrienne Throssell | Vis | 72.5 | | |
| Patricia Carr | W75 | 14.1 | | | | | |

| | | | |
|--------------------|-----|--------|------------------|
| 1500m | | | points % |
| Garry Vogler | Vis | 4:47.2 | 72.66 |
| Kim Thomas | M36 | 5:10.4 | SB 67.89 |
| Jamie Leonard | Vis | 5:32.9 | |
| Ross Keane | M49 | 5:34.7 | 71.34 |
| Simon Leonard | Vis | 5:37.1 | |
| Fiona Leonard | Vis | 5:53.2 | |
| David Carr | M78 | 6:11.1 | SB= 86.52 |
| Lorraine MacLennan | W45 | 6:17.3 | PBA 68.94 |

3000m

| | | | |
|--------------------|-----|---------|------------|
| Garry Vogler | M35 | 11:42.8 | |
| Kim Thomas | M35 | 12:16.0 | |
| Graeme Dahl | M60 | 12:39.2 | |
| Ross Keane | M45 | 13:21.8 | |
| Maurice Creagh | M60 | 14:01.7 | |
| Barbara Blurton | W60 | 14:02.3 | PBA |
| Lorraine MacLennan | W45 | 14:24.0 | |
| Melissa Hynds | W30 | 14:45.3 | SB |
| Cathy Elms | W40 | 16:01.6 | |

Triple Jump

| | | | |
|---------------|-----|-------|------------|
| Chris Neale | M40 | 12.00 | PBA |
| Regina Crouch | W40 | 7.06 | SB |
| Derry Foley | M80 | 6.13 | |

High Jump

| | | | |
|------------------|-----|------|------------|
| Iain MacLennan | Vis | 1.50 | |
| Colin Chalmers | M35 | 1.45 | |
| Dave Wyatt | M55 | 1.40 | SB= |
| Paul Foley | M45 | 1.35 | |
| Kalin Foley | Vis | 1.25 | |
| Logan Foley | Vis | 1.20 | |
| Delia Baldock | W45 | 1.20 | |
| Martin MacLennan | Vis | 1.05 | |

Discus**December 3 – Strive, WAAS****100m**

| | | | | |
|----------------|-----|-------|------|-----------|
| Melissa Foster | W30 | 13.67 | +1.6 | SB |
| Dave Wyatt | M55 | 13.88 | +1.5 | |

Long Jump

| | | | |
|------------------|-----|-------|-----------|
| Lajos Joni | M55 | 33.99 | |
| Paul Foley | M45 | 28.31 | |
| Logan Foley | Vis | 26.26 | |
| Jamie Leonard | Vis | 24.45 | |
| Andrew Ward | M45 | 22.18 | |
| Bev Hamilton | W60 | 22.11 | SB |
| Barbara Campbell | W70 | 20.20 | SB |
| Kalin Foley | Vis | 19.47 | |
| Stella Turner | W60 | 13.70 | SB |

Javelin

| | | | |
|------------------|-----|-------|-----------|
| Paul Foley | M45 | 40.55 | |
| Andrew Ward | M45 | 30.34 | |
| Colin Chalmers | M35 | 29.34 | |
| Kalin Foley | Vis | 24.12 | |
| Logan Foley | Vis | 19.35 | |
| Bev Hamilton | W60 | 18.79 | SB |
| Jamie Leonard | Vis | 17.92 | |
| Barbara Campbell | W70 | 12.36 | |
| Stella Turner | W60 | 11.72 | SB |

Javelin

| | | | | points % |
|----------------|-----|-------|------------|----------|
| Kim Thomas | M36 | 36.51 | PBA | 39.27 |
| Nick Miletic | M59 | 18.29 | | 28.36 |
| Peggy Macliver | W66 | 17.55 | SB | 48.17 |
| John Dennehy | M51 | 15.27 | | 20.20 |
| Regina Crouch | W41 | 14.41 | SB | 22.14 |
| Derry Foley | M81 | 12.10 | SB | 26.45 |
| Sarah Ladwig | W61 | 9.54 | PBA | 23.32 |

| | | | | |
|----------------|-----|------|------|--|
| Melissa Foster | W30 | 5.00 | +2.2 | |
|----------------|-----|------|------|--|

Hammer Throw

Lajos Joni

M55 40.37

John Everard

Bev Hamilton

M60

35.93

W60

28.10

SB

December 7 - UWA

1500m (Points)

| | | | | % |
|--------------------|-----|---------|-----------|-------|
| Greg Vander Sanden | M52 | 4:54.2 | | 83.35 |
| Tony Heppener | Vis | 5:04.4 | | |
| Bjorn Dybdahl | M57 | 5:21.2 | | 79.70 |
| Campbell Till | M53 | 5:23.6 | SB | 76.45 |
| Paul Burke | M40 | 5:27.4 | SB | 67.03 |
| Keith Edmonds | M43 | 5:41.6 | | 66.10 |
| David Brooke | M47 | 5:42.4 | | 68.47 |
| Mark Dawson | M49 | 5:46.6 | SB | 68.89 |
| Allan Billington | M49 | 6:13.2 | SB | 63.98 |
| Ivan Brown | M66 | 6:17.1 | SB | 72.49 |
| Carl Ciccarelli | M50 | 6:25.9 | | 62.46 |
| Bob Schickert | M69 | 6:36.0 | SB | 71.35 |
| Peter Hopper | M65 | 7:24.0 | | 61.57 |
| Nick Bailey | M60 | 7:32.3 | | |
| Milton Mavrick | M57 | 8:00.6 | | 53.27 |
| Christine Oldfield | W66 | 8:01.0 | SB | 72.19 |
| Lynne Schickert | W69 | 10:33.5 | | 57.57 |

60m

| | | | |
|-----------------------|-----|-----|-----------------|
| Mark Elms | M40 | 8.0 | SB= |
| Craig Van Waardenburg | M50 | 8.2 | PBA (ht) |
| Barrie Kernaghan | M70 | 9.1 | SB |
| Norm Richards | M70 | 9.1 | SB |
| Keith Martin | M65 | 9.8 | |

| | | | |
|----------------|-----|------|-----------|
| Paul Burke | M40 | 9.3 | |
| Peggy Macliver | W65 | 9.8 | SB |
| John Dennehy | M50 | 10.1 | |

Discus

| | | | |
|-----------------------|-----|-------|-----------|
| Peter Gare | M70 | 32.15 | SB |
| Julie Plackett | W40 | 21.37 | |
| Craig Van Waardenburg | M50 | 31.40 | |

300m

| | | |
|-----------------------|-----|------|
| Mark Elms | M40 | 41.9 |
| Greg Vander Sanden | M50 | 43.0 |
| Craig Van Waardenburg | M50 | 44.1 |
| Paul Burke | M40 | 47.6 |
| Barrie Kernaghan | M70 | 48.9 |

| | | |
|----------------|-----|------|
| Keith Edmonds | M40 | 49.7 |
| Keith Martin | M65 | 50.9 |
| John Dennehy | M50 | 52.7 |
| Peggy Macliver | W65 | 53.0 |
| Norm Richards | M70 | 55.4 |
| Nick Bailey | M60 | 68.6 |

3000m

| | | |
|--------------------|-----|--------------------|
| Greg Vander Sanden | M50 | 11:24.2 |
| Bjorn Dybdahl | M55 | 11:26.8 |
| Keith Edmonds | M40 | 12:06.7 |
| David Brooks | M45 | 12:34.4 |
| Graeme Dahl | M60 | 12:35.1 |
| Carl Ciccarelli | M50 | 12:51.6 |
| Paul Burke | M40 | 13:00.0 |
| Mark Dawson | M45 | 13:12.7 SB |
| Ivan Brown | M65 | 13:37.7 |
| Milton Mavrick | M55 | 14:30.3 PBA |

Javelin

| | | |
|----------------|-----|-------|
| Mark Elms | M40 | 33.77 |
| Peter Gare | M70 | 29.71 |
| Julie Plackett | W40 | 16.56 |

Javelin (Points)

| | | | | % |
|-----------------|-----|-------|------------|-------|
| Peter Hopper | M65 | 20.86 | | 34.94 |
| Lynne Schickert | W69 | 10.85 | | 32.17 |
| Bob Schickert | M69 | 14.00 | PBA | 25.81 |
| Campbell Till | M53 | 22.06 | | 30.29 |
| Bjorn Dybdahl | M57 | 23.58 | PBA | 35.05 |
| Paul Burke | M40 | 22.26 | SB | 25.50 |

December 9 – ECAC

800m

| | | | |
|------------------|-----|--------|------------|
| Kim Thomas | M35 | 2:36.4 | |
| Jamie Leonard | Vis | 2:43.3 | |
| Fiona Leonard | Vis | 2:46.0 | |
| Kerriann Bresser | W40 | 2:54.2 | |
| Dante Giacomini | M40 | 3:03.6 | |
| Maurice Creagh | M60 | 3:05.8 | SB |
| Paul Burke | M40 | 2:33.0 | |
| Kim Thomas | M35 | 2:54.9 | |
| Sue Bourn | W40 | 3:06.5 | PBA |

| | | | |
|--------------------|-----|--------|------------|
| Frank Gardiner | M60 | 3:28.9 | |
| Melissa Hynds | W30 | 3:29.3 | PBA |
| Sarah Ladwig | W60 | 3:38.7 | PBA |
| Christine Oldfield | W65 | 3:56.6 | PBA |

Weight Throw

| | | | |
|----------------|-----|-------|------------|
| Lajos Joni | M55 | 15.35 | |
| Matt Staunton | M35 | 12.62 | PBA |
| Bev Hamilton | W65 | 11.99 | SR |
| Julie Plackett | W40 | 8.24 | |
| Stella Turner | W60 | 7.49 | SB |

3000m

| | | | |
|-------------------|-----|---------|------------|
| Simon Coates | Vis | 9:26.7 | |
| Neil Drouet | Vis | 11:16.1 | |
| Paul Burke | M40 | 11:52.8 | PBA |
| Kim Thomas | M35 | 12:03.8 | |
| Graeme Dahl | M60 | 12:19.4 | |
| Frank Gardiner | M60 | 12:53.5 | |
| Siobhan McCloskey | Vis | 13:08.4 | |
| Dante Giacomini | M40 | 13:09.0 | |
| Sue Bourn | W40 | 13:16.6 | |
| Maurice Creagh | M60 | 13:20.2 | |
| Barbara Blurton | W60 | 13:34.5 | PBA |
| Melissa Hynds | W30 | 15:15.1 | |
| Jackie Halberg | W60 | 17:01.0 | |
| Mary Miller | Vis | 19:15.1 | |

Hammer

| | | | |
|----------------|-----|-------|------------|
| Lajos Joni | M55 | 43.98 | SR |
| Matt Staunton | M35 | 41.64 | PBA |
| Bev Hamilton | W65 | 28.70 | SB |
| Bec Plackett | Vis | 27.43 | |
| Julie Plackett | W40 | 25.52 | PBA |
| Stella Turner | W60 | 19.78 | |

| 200m | | | | points % | Long Jump | | | | points % |
|--------------------|-----|------|------------|-----------------|--------------------|-----|------|------------|-----------------|
| Chris Neale | M41 | 25.1 | SB | 83.63 | Peggy Macliver | W66 | 3.71 | PBA | 79.78 |
| Rudy Kocis | M49 | 25.8 | PBA | 86.24 | Bob Schickert | M69 | 2.63 | | 48.88 |
| Mark Elms | M43 | 26.0 | SB | 81.92 | Regina Crouch | W41 | 3.54 | PBA | 52.52 |
| Colin Smith | M47 | 26.7 | | 82.13 | John Dennehy | M51 | 3.82 | SB | 54.26 |
| Paul Burke | M40 | 27.9 | SB | 74.66 | Derry Foley | M81 | 3.05 | SR | 71.76 |
| | | | | | Mark Elms | M43 | 4.83 | | 62.08 |
| Keith Martin | M67 | 31.2 | SB | 80.74 | Kim Thomas | M36 | 4.75 | PBA | 56.41 |
| John Dennehy | M51 | 31.2 | PBA | 72.34 | Sarah Ladwig | W61 | 2.80 | SB | 55.23 |
| Peggy Macliver | W66 | 32.4 | SB | 92.59 | Cathy McCloskey | Vis | 3.62 | | |
| Bob Schickert | M69 | 33.0 | SB | 77.55 | Chris Neale | M41 | 5.90 | SB | 74.12 |
| David Carr | M78 | 33.7 | | 87.09 | Delia Baldock | W48 | 3.93 | | 63.90 |
| | | | | | | | | | |
| Kim Thomas | M36 | 30.9 | SB | 65.34 | 100m | | | | |
| Jamie Leonard | Vis | 32.6 | | | Chris Neale | M40 | 12.9 | | |
| Fiona Leonard | Vis | 32.9 | | | Colin Smith | M45 | 13.5 | | |
| Kerriann Bresser | W42 | 33.1 | | 70.00 | Cathy Elms | W40 | 15.4 | | |
| Sue Bourn | W43 | 33.5 | | 70.00 | Kerriann Bresser | W40 | 15.6 | | |
| Delia Baldock | W48 | 33.8 | SB | 73.58 | Fiona Leonard | Vis | 16.2 | | |
| | | | | | | | | | |
| Siobhan McCloskey | Vis | 30.1 | | | Siobhan McCloskey | Vis | 15.0 | | |
| Jordan Elms | Vis | 30.9 | | | Keith Martin | M65 | 15.2 | | |
| Sabrina Elms | Vis | 31.9 | | | John Dennehy | M50 | 15.8 | | |
| Cathy McCloskey | Vis | 34.8 | | | Peggy Macliver | W65 | 15.8 | SB | |
| Regina Crouch | W41 | 39.4 | SB | 58.10 | Cathy McCloskey | Vis | 16.2 | | |
| Sarah Ladwig | W61 | 41.4 | SB | 69.03 | David Carr | M75 | 16.9 | SB | |
| | | | | | | | | | |
| Melissa Hynds | W33 | 40.0 | | 53.35 | Kim Thomas | M35 | 16.4 | SB | |
| Derry Foley | M81 | 43.6 | | 71.24 | Bob Schickert | M65 | 16.9 | | |
| Maurice Creagh | M64 | 44.6 | | 55.22 | Melissa Hynds | W30 | 17.1 | SB | |
| Christine Oldfield | W66 | 47.1 | SB | 63.69 | Frances Cherry | Vis | 17.7 | | |
| | | | | | Regina Crouch | W40 | n/t | | |
| | | | | | Christine Oldfield | W65 | 22.2 | SB | |

December 10 – Strive, WAAS

Strive Interclub, WAAS – December 10

100m

| | | | | |
|------------------|-----|-------|------|------------|
| Colin Smith | M45 | 13.04 | +1.8 | |
| Matt Staunton | M35 | 13.33 | +1.8 | |
| Barrie Kernaghan | M70 | 14.66 | +1.8 | PBA |

200m

| | | | | |
|------------------|-----|-------|------|-----------|
| Mark Elms | M40 | 26.11 | +1.6 | SB |
| Colin Smith | M45 | 26.37 | +1.6 | |
| Barrie Kernaghan | M70 | 29.67 | +1.6 | SB |

High Jump

| | | | | |
|------------|-----|------|------------|--|
| Dave Wyatt | M55 | 1.45 | SR= | |
|------------|-----|------|------------|--|

Hammer

| | | | |
|----------------|-----|-------|--|
| Byrony Glass | W30 | 51.40 | |
| Lajos Joni | M55 | 43.22 | |
| Matt Staunton | M35 | 40.91 | |
| Tom Gravestock | M55 | 33.08 | |

Shot Put

| | | | |
|----------------|-----|-------|------------|
| Matt Staunton | M35 | 12.20 | PBA |
| Tom Gravestock | M55 | 10.49 | |

Discus

| | | | |
|----------------|-----|-------|------------|
| Matt Staunton | M35 | 39.08 | PBA |
| Tom Gravestock | M55 | 35.75 | |
| Lajos Joni | M55 | 34.33 | |

December 14 – UWA

LONG JUMP

| | | | % | |
|--------------------|-----|------|-------|-----------|
| Kevin Collins | M42 | 3.52 | 44.73 | SB |
| Lynne Schickert | W69 | 2.31 | 52.50 | |
| Lorraine MacLennan | W45 | 2.70 | 42.19 | |
| Campbell Till | M53 | 4.58 | 66.76 | |
| Geoff Brayshaw | M60 | 3.87 | 62.32 | |
| Nick Miletic | M59 | 3.48 | 55.24 | |
| Norm Richards | M73 | 3.49 | 69.66 | |
| Mark Elms | M43 | 4.19 | 53.86 | |
| Peter Hopper | M65 | 3.43 | 59.65 | |
| Bjorn Dybdahl | M57 | 3.99 | 61.48 | |

200m

| | | | | |
|-----------------------|-----|------|-------|-----------|
| Campbell Till | M53 | 27.7 | 82.60 | SB |
| Craig Van Waardenburg | M51 | 28.1 | 80.32 | |
| Richard Williams | M40 | 28.7 | 72.58 | SB |
| Barry Newell | M54 | 31.8 | 72.45 | |
| Nick Miletic | M59 | 33.2 | 71.81 | SB |

| | | | | |
|------------------|-----|------|-------|-----------|
| Bjorn Dybdahl | M57 | 30.6 | 76.86 | |
| Keith Edmonds | M44 | 30.7 | 69.38 | |
| Barrie Kernaghan | M70 | 30.9 | 83.50 | |
| Roy Fearnall | M67 | 31.1 | 81.00 | SB |
| Milton Mavrick | M57 | 41.6 | 56.54 | |

| | | | | |
|--------------------|-----|------|-------|--|
| Peggy Macliver | W66 | 35.5 | 84.51 | |
| Peter Hopper | M65 | 35.8 | 69.25 | |
| Lorraine MacLennan | W45 | 40.7 | 59.07 | |
| Lynne Schickert | W69 | 52.5 | 58.76 | |

800m

| | | | |
|--------------------|-----|--------|------------|
| Bjorn Dybdahl | M55 | 2:37.4 | |
| Mark Dawson | M45 | 2:39.4 | SB |
| Paul Haylett | M45 | 2:39.9 | |
| Duncan McAuley | M60 | 2:41.6 | SB |
| Mark Elms | M40 | 2:45.3 | PBA |
| David Brook | M45 | 2:47.5 | |
| Gavin Howard | M50 | 3:12.1 | PBA |
| Lorraine MacLennan | W45 | 3:16.7 | |
| John Oldfield | M65 | 3:22.2 | |
| Barry Newell | M50 | 3:24.2 | |
| Christine Oldfield | W65 | 4:03.7 | |

100m

| | | | |
|-----------------------|-----|------|-----------|
| Mark Elms | M40 | 13.1 | |
| Craig Van Waardenburg | M50 | 13.1 | |
| Campbell Till | M50 | 13.2 | SB |
| Roy Fearnall | M65 | 14.9 | |
| Nick Miletic | M55 | 15.2 | |

| | | | |
|------------------|-----|------|--|
| Richard Williams | M40 | 14.3 | |
| Barrie Kernaghan | M70 | 14.8 | |
| Keith Edmonds | M40 | 15.1 | |
| Norm Richards | M70 | 15.4 | |

| | | | |
|----------------|-----|------|--|
| Scott Haylett | Vis | 15.5 | |
| Paul Haylett | M45 | 15.7 | |
| Peggy Macliver | W65 | 16.3 | |

3000m

| | | | |
|------------------|-----|---------|-----------|
| Roscoe McDonnell | Vis | 11:09.4 | |
| Bjorn Dybdahl | M55 | 11:40.9 | |
| Keith Edmonds | M40 | 11:41.7 | SB |
| David Brook | M45 | 12:02.3 | SB |
| Duncan McAuley | M60 | 12:51.4 | |
| Mark Dawson | M45 | 13:00.8 | SB |
| Graeme Dahl | M60 | 13:03.9 | |
| Gavin Howard | M50 | 13:32.5 | |
| Bob Schickert | M65 | 14:15.5 | |
| Milton Mavrick | M55 | 14:34.7 | |
| Peter Kennedy | M90 | 34:25.7 | SR |

JAVELIN

| | | | |
|----------------|-----|-------|------------|
| Peggy Macliver | W65 | 15.90 | |
| Rob Shand | M75 | 19.72 | |
| Mark Elms | M40 | 27.65 | |
| Andrew Ward | M45 | 31.93 | PBA |
| Geoff Brayshaw | M60 | 30.72 | |

WEIGHT THROW

| | | | |
|-----------------------|-----|-------|--|
| Craig Van Waardenburg | M50 | 13.43 | |
|-----------------------|-----|-------|--|

December 16 - ECAC**200m**

| | | | |
|--------------|-----|------|----|
| Chris Neale | M40 | 24.5 | SB |
| Mark Elms | M40 | 25.8 | SB |
| Garry Vogler | M35 | 25.8 | SB |
| Colin Smith | M45 | 27.9 | |
| Nick Miletic | M55 | 32.3 | SB |

| | | | |
|---------------|-----|------|----|
| Kim Thomas | M35 | 29.1 | SB |
| Keith Martin | M65 | 30.6 | SB |
| Fiona Leonard | Vis | 30.7 | |
| David Carr | M75 | 31.9 | SB |
| Simon Leonard | Vis | 32.4 | |

| | | | |
|----------------|-----|------|-----|
| Kathryn Lawson | Vis | 31.4 | |
| Peggy Macliver | W65 | 32.0 | PBA |
| Brian Hewitt | M55 | 32.1 | |
| Bob Schickert | M65 | 35.5 | |

| | | | |
|--------------------|-----|------|-----|
| Cathy McCloskey | Vis | 32.6 | |
| Regina Crouch | W40 | 33.1 | PBA |
| Mel Hynds | W35 | 39.6 | |
| Derry Foley | M80 | 41.3 | SB |
| Christine Oldfield | W65 | 46.8 | SB |

2000m (not analysed)

| | | |
|--------------------|-----|---------|
| Kim Thomas | M35 | 7:19.0 |
| Garry Vogler | M35 | 7:41.6 |
| Brian Hewitt | M55 | 7:48.5 |
| Tessa Brockwell | W55 | 7:52.5 |
| Graeme Dahl | M60 | 7:58.5 |
| Maurice Creagh | M60 | 8:25.6 |
| Dante Giacomini | M40 | 8:35.0 |
| Nick Miller | M55 | 9:40.6 |
| Bob Schickert | M65 | 9:54.5 |
| Mel Hynds | W30 | 10:03.2 |
| Sarah Ladwig | W60 | 10:24.6 |
| Steve Fuller | M55 | 10:53.4 |
| Adrienne Throssell | Vis | 11:12.8 |
| Frances Cherry | Vis | 13:00.2 |

2000m walk

| | | |
|-----------------|-----|---------|
| Tom Lenane | M50 | 13:14.1 |
| Lynne Schickert | W65 | 14:28.3 |
| Colin Chalmers | M35 | 14:39.0 |
| Regina Crouch | W40 | 15:51.9 |

High Jump

| | | | |
|---------------|-----|------|----|
| Dave Wyatt | M55 | 1.40 | |
| Delia Baldock | W45 | 1.25 | SB |
| Keith Martin | M65 | 1.15 | |
| Derry Foley | M80 | 0.85 | |
| Mun Hong Ow | M70 | 0.85 | |

Shot

| | | | |
|-----------------|-----|-------|-----|
| Greg Urbanowicz | M30 | 12.69 | |
| Lajos Joni | M55 | 10.57 | |
| Paul Foley | M45 | 10.03 | PBA |
| Bev Hamilton | W65 | 8.96 | SR |
| Mark Matcham | M40 | 7.92 | SB |
| Colin Chalmers | M35 | 7.85 | |
| Stella Turner | W60 | 6.43 | |

60m

| | | | |
|-------------|-----|-----|----|
| dy Kocis | M45 | 7.3 | SR |
| Chris Neale | M40 | 7.7 | SB |
| Colin Smith | M45 | 7.8 | SB |
| David Clive | M70 | 8.8 | |

| | | | |
|----------------|-----|------|----------|
| Melissa Foster | W30 | 8.2 | PBA (ht) |
| Kim Thomas | M35 | 8.8 | SB |
| Nick Miletic | M55 | 9.5 | SB |
| David Carr | M75 | 10.0 | |

| | | | |
|-----------------|-----|------|----------|
| Cathy McCloskey | Vis | 9.3 | |
| Peggy Macliver | W65 | 9.4 | PBA (ht) |
| Delia Baldock | W45 | 9.8 | SB |
| Frances Cherry | Vis | 10.2 | |
| Bob Schickert | M65 | 11.1 | |

| | | | |
|--------------------|-----|------|-----|
| Mel Hynds | W30 | 10.1 | SB |
| Regina Crouch | W40 | 10.5 | SB |
| Adrienne Throssell | Vis | 10.6 | |
| Derry Foley | M80 | 11.7 | |
| Sarah Ladwig | W60 | 11.8 | PBA |
| Lynne Schickert | W65 | 14.3 | |

600m (not analysed)

| | | |
|--------------------|-----|--------|
| Garry Vogler | M35 | 1:37.5 |
| Kim Thomas | M35 | 1:47.3 |
| Mark Elms | M40 | 1:48.3 |
| Jamie Leonard | Vis | 1:52.0 |
| Fiona Leonard | Vis | 1:56.3 |
| Dante Giacomini | M40 | 2:12.9 |
| Delia Baldock | W45 | 2:13.5 |
| David Carr | M75 | 2:17.3 |
| Maurice Creagh | M60 | 2:17.5 |
| Bob Schickert | M65 | 2:19.0 |
| Peggy Macliver | W65 | 2:21.6 |
| Nick Miletic | M55 | 2:27.7 |
| Cathy McCloskey | Vis | 2:36.7 |
| Mel Hynds | W30 | 2:39.3 |
| Sarah Ladwig | W60 | 2:56.4 |
| Christine Oldfield | W65 | 3:01.4 |
| Steve Fuller | M55 | 3:01.8 |

Long Jump

| | | | |
|-----------------|-----|------|----|
| Chris Neale | M40 | 6.04 | SB |
| Rudy Kocis | M45 | 4.87 | |
| David Clive | M70 | 4.49 | SB |
| Keith Martin | M65 | 3.80 | |
| Cathy McCloskey | Vis | 3.73 | |
| Peggy Macliver | W65 | 3.42 | |
| Regina Crouch | W40 | 3.04 | |
| Derry Foley | M80 | 2.94 | |
| Mun Hong Ow | M70 | 2.76 | SB |
| Lynne Schickert | W65 | 2.32 | |

Javelin

| | | | |
|-----------------|-----|-------|-----|
| Paul Foley | M45 | 40.07 | |
| Greg Urbanowicz | M30 | 36.21 | |
| Mark Matcham | M40 | 33.90 | SB |
| Mark Elms | M40 | 31.98 | |
| Lajos Joni | M55 | 26.85 | PBA |
| Colin Chalmers | M35 | 26.20 | |
| Steve Fuller | M55 | 21.46 | |
| Bev Hamilton | W65 | 19.83 | SR |
| Jamie Leonard | Vis | 14.84 | |
| Stella Turner | W60 | 12.09 | |

December 17 – Strive Interclub, WAAS

100m

| | | | |
|-----------------------|-----|-------|------|
| Craig van Waardenburg | M50 | 13.40 | +0.7 |
| Melissa Foster | W30 | 13.97 | +0.0 |
| Barrie Kernaghan | M70 | 14.63 | +1.7 |
| Norm Richards | M70 | 15.05 | +0.7 |

400m

| | | | |
|------------------|-----|-------|-----------|
| Barrie Kernaghan | M70 | 70.22 | SB |
|------------------|-----|-------|-----------|

2000m steeplechase

| | | | |
|---------------|-----|------|-----------|
| Bob Schickert | M65 | 9:39 | Estimated |
|---------------|-----|------|-----------|

Triple Jump

| | | | | |
|----------------|-----|-------|------|------------|
| Melissa Foster | W30 | 10.37 | +0.0 | PBA |
|----------------|-----|-------|------|------------|

Discus

| | | | |
|-----------------------|-----|-------|------------|
| Craig van Waardenburg | M50 | 32.91 | PBA |
| Lajos Joni | M55 | 29.74 | |
| Kate Glass | W60 | 23.97 | PBA |
| Bev Hamilton | W65 | 22.30 | SR |

Hammer

| | | | |
|-----------------------|-----|-------|-----------|
| Byrony Glass | W30 | 50.96 | |
| Lajos Joni | M55 | 41.74 | |
| John Everard | M50 | 39.02 | SB |
| Kate Glass | W60 | 33.86 | |
| Craig van Waardenburg | M50 | 31.80 | SB |
| Bev Hamilton | W65 | 28.55 | |

UWA – January 4 (note that there were no line markings on the track, so all times are approximate)**200m**

| | | |
|-----------------------|-----|------|
| Craig Van Waardenburg | M50 | 27.9 |
| Campbell Till | M50 | 28.1 |
| David Luck | Vis | 30.4 |
| Barrie Kernaghan | M70 | 31.1 |

| | | |
|----------------|-----|------|
| Norm Richards | M70 | 32.4 |
| Lynne Choate | W55 | 32.9 |
| Peggy Macliver | W65 | 33.6 |
| Bob Schickert | M65 | 37.1 |

| | | |
|--------------------|-----|------|
| Kevin Collins | M40 | 41.7 |
| Christine Oldfield | W65 | 49.9 |
| Lynne Schickert | W65 | 55.6 |

2000m

| | | |
|------------------|-----|---------|
| Roscoe McDonnell | M50 | 7:08.6 |
| Fabio | Vis | 7:12.8 |
| Clive Hicks | M55 | 7:17.8 |
| Keith Edmonds | M40 | 7:37.0 |
| John Collier | M40 | 7:52.8 |
| Mark Dawson | M45 | 8:02.2 |
| Campbell Till | M50 | 8:20.1 |
| Graeme Dahl | M60 | 8:36.1 |
| Clive Choate | M55 | 8:51.7 |
| Bob Schickert | M65 | 10:41.8 |
| Gillian Edmonds | W45 | 14:09.3 |
| Val Prescott | W65 | 14:25.0 |

Javelin

| | | | |
|---------------|-----|-------|------------|
| Norm Richards | M70 | 17.87 | PBA |
| Clive Choate | M55 | 25.30 | |
| Andrew Ward | M45 | 31.40 | |
| Rob Shand | M75 | 20.90 | |
| Val Prescott | W65 | 11.20 | |
| Peter Hopper | M65 | 21.70 | |

ECAC – January 6**100m**

| | | |
|-------------|-----|------|
| Chris Neale | M40 | 12.7 |
| Colin Smith | M45 | 13.5 |
| Paul Foley | M45 | 13.6 |
| David Clive | M70 | 15.1 |

| | | |
|----------------|-----|------|
| Nick Miletic | M55 | 15.7 |
| Fiona Leonard | Vis | 15.8 |
| Mike O'Reilly | M70 | 16.1 |
| Peggy Macliver | W65 | 16.4 |
| David Carr | M75 | 17.2 |

| | | |
|-----------------|-----|------|
| Michael Crouch | Vis | 13.2 |
| Michelle Crouch | Vis | 14.9 |
| Logan Foley | Vis | 15.4 |
| Kalin Foley | Vis | 15.5 |
| Sue Bourn | W40 | 15.9 |
| Derry Foley | M80 | 19.6 |

| | | | |
|---------------|-----|------|-----------|
| Kevin Collins | M40 | 16.8 | SB |
| Mel Hynds | W35 | 17.3 | |

600m

| | | |
|----------------|-----|--------|
| John Collier | M40 | 1:52.1 |
| Keith Edmonds | M40 | 1:58.5 |
| Campbell Till | M50 | 1:49.7 |
| Mark Dawson | M45 | 2:03.0 |
| Clive Hicks | M55 | 1:58.8 |
| Bob Schickert | M65 | 2:17.0 |
| Peggy Macliver | W65 | 2:21.4 |

Triple jump

| | | | |
|---------------|-----|------|------------|
| Kevin Collins | M40 | 7.48 | PBA |
|---------------|-----|------|------------|

Shot

| | | | |
|-----------------------|-----|-------|------------|
| Rob Shand | M75 | 6.09 | |
| Geoff Gee | M50 | 12.19 | |
| Andrew Ward | M45 | 6.51 | PBA |
| Craig Van Waardenburg | M50 | 10.00 | |

2000m Walk

| | | |
|--------------|-----|---------|
| Peter Hopper | M65 | 14:28.4 |
|--------------|-----|---------|

60m

| | | |
|-----------------------|-----|-----|
| Craig Van Waardenburg | M50 | 8.4 |
| Andrew Ward | M45 | 8.4 |
| David Luck | Vis | 9.0 |
| Barrie Kernaghan | M70 | 9.7 |

| | | |
|----------------|-----|------|
| Keith Edmonds | M40 | 9.3 |
| Lynne Choate | W55 | 9.4 |
| Norm Richards | M70 | 9.4 |
| Peggy Macliver | W65 | 10.1 |

| | | |
|-----------------|-----|------|
| Kevin Collins | M40 | 10.3 |
| Lynne Schickert | W65 | 15.5 |

| | | |
|-----------------|-----|------|
| Kim Thomas | M35 | 17.4 |
| Regina Crouch | W40 | 17.9 |
| Lynne Schickert | W65 | 23.6 |

1 mile

| | | | |
|--------------------|-----|--------|-----------|
| Tony Heppener | M55 | 5:24.7 | |
| Kim Thomas | M35 | 5:44.1 | |
| Brian Hewitt | M55 | 6:09.4 | |
| Simon Leonard | Vis | 6:32.5 | |
| Dante Giacomini | M40 | 6:40.6 | |
| Maurice Creagh | M60 | 6:53.0 | SB |
| Sue Bourn | W40 | 7:29.5 | |
| Nick Miletic | M55 | 7:35.7 | |
| Nick Bailey | M60 | 7:55.1 | |
| Carol Bowman | W55 | 7:59.0 | |
| Mel Hynds | W30 | 8:03.1 | |
| Christine Oldfield | W65 | 8:44.6 | |

1 mile walk

| | | |
|------------|-----|--------|
| Tom Lenane | M50 | 9:59.1 |
|------------|-----|--------|

400m

| | | |
|----------------|-----|------|
| Colin Smith | M45 | 59.3 |
| Michael Crouch | Vis | 61.0 |
| Kim Thomas | M35 | 67.3 |
| Jamie Leonard | Vis | 69.7 |
| Fiona Leonard | Vis | 71.8 |
| Simon Leonard | Vis | 84.7 |

| | | | |
|----------------|-----|--------|-----------|
| David Carr | M75 | 74.8 | |
| Logan Foley | Vis | 76.3 | |
| Mike O'Reilly | M70 | 76.5 | |
| Kalin Foley | Vis | 77.3 | |
| Maurice Creagh | M60 | 88.3 | SB |
| Kevin Collins | M40 | 1:39.4 | SB |

| | | | |
|--------------------|-----|--------|-----------|
| Peggy Macliver | W65 | 77.2 | SB |
| Delia Baldock | W45 | 80.1 | |
| Barbara Blurton | W60 | 80.6 | |
| Christine Oldfield | W65 | 1:48.7 | SB |

3000m

| | | | |
|-------------|-----|---------|-----------|
| Kim Thomas | M35 | 13:05.7 | |
| Nick Bailey | M60 | 15:41.9 | SB |

5000m

| | | | |
|-----------------|-----|---------|-----------|
| Tony Heppener | M55 | 19:57.4 | |
| Brian Hewitt | M55 | 21:07.2 | |
| Graeme Dahl | M60 | 22:02.5 | |
| Dante Giacomini | M40 | 22:59.7 | SB |
| Bob Schickert | M65 | 23:39.6 | |
| Maurice Creagh | M60 | 23:58.7 | |
| Sue Bourn | W40 | 24:38.5 | |
| Mel Hynds | W30 | 27:11.6 | |
| John Dennehy | M50 | 27:48.0 | |

Triple Jump

| | | | |
|-----------------|-----|-------|------------|
| Michael Crouch | Vis | 10.41 | |
| David Clive | M70 | 8.86 | SB |
| Kevin Collins | M40 | 7.68 | PBA |
| Regina Crouch | W40 | 6.48 | |
| Derry Foley | M80 | 6.15 | |
| Lynne Schickert | W65 | 5.89 | |

Shot

| | | | | Points |
|-----------------|-----|-------|------------|---------------|
| % | | | | |
| Stella Turner | W64 | 6.54 | | 52.91 |
| Regina Crouch | W41 | 5.66 | | 29.98 |
| Paul Foley | M45 | 9.58 | | 46.12 |
| Kalin Foley | Vis | 5.90 | | |
| Logan Foley | Vis | 4.85 | | |
| Lajos Joni | M55 | 11.58 | PBA | 63.80 |
| Greg Urbanowicz | M32 | 11.76 | | 50.87 |
| Colin Chalmers | M35 | 7.71 | | 33.35 |
| Geoffrey Gee | M57 | 12.77 | SB | 73.60 |

Weight Throw

| | | | | Points |
|-----------------|-----|-------|------------|---------------|
| % | | | | |
| Stella Turner | W64 | 7.62 | PBA | 45.09 |
| Paul Foley | M45 | 9.77 | PBA | 44.33 |
| Lajos Joni | M55 | 15.38 | | 72.00 |
| Greg Urbanowicz | M32 | 8.81 | | 34.40 |
| Geoffrey Gee | M57 | 14.56 | SB | 70.65 |
| Colin Chalmers | M35 | 5.32 | | 21.09 |

3000m walk

| | | | |
|-----------------|-----|---------|-----------|
| Sarah Ladwig | W60 | 21:28.0 | |
| Lynne Schickert | W65 | 22:14.1 | SB |
| Stan Jones | M85 | 23:28.4 | |
| Regina Crouch | W40 | 23:30.9 | |

Strive Interclub – WAAS; January 7**200m (wind legal)**

| | | | |
|------------------|---------------|-------|-----------|
| David Luck | (ex, now NSW) | 29.02 | |
| Barrie Kernaghan | M70 | 29.13 | SB |

3000m

| | | | |
|----------------|-----|----------|------------|
| Andrew Brooker | M40 | 10:29.94 | PBA |
| Wayne Rubick | M50 | 13:34.60 | |
| Scott Tamblin | M30 | DNF | |

800m

| | | |
|--------------|-----|---------|
| Neil Morfitt | M50 | 2:16.29 |
|--------------|-----|---------|

UWA – January 11 (note – no track markings so all distances were approximate)

100m

| | | |
|-----------------|-----|------|
| Campbell Till | M50 | 13.2 |
| Barry Kernaghan | M70 | 14.9 |
| Lynne Choate | W55 | 15.0 |
| Duncan McAuley | M60 | 17.1 |

| | | |
|----------------|-----|------|
| Peggy Macliver | W65 | 16.2 |
| Kevin Collins | M40 | 16.3 |
| Peter Hopper | M65 | 16.8 |
| Bob Schickert | M65 | 17.8 |

| | | |
|--------------------|-----|------|
| Cathy McCloskey | Vis | 16.1 |
| Frances Cherry | Vis | 18.1 |
| Lynne Schickert | W65 | 22.1 |
| Christine Oldfield | W65 | 23.0 |

| | | |
|--------------|-----|------|
| Jordan Elms | Vis | 14.8 |
| Sabrina Elms | Vis | 15.3 |
| Michael Elms | Vis | 15.7 |
| Serena Elms | Vis | 17.3 |

Mile

| | | |
|----------------|-----|---------|
| Kim Thomas | M35 | 5:47.4 |
| John Collier | M40 | 5:54.6 |
| Keith Edmonds | M40 | 6:18.8 |
| Mark Dawson | M45 | 6:29.3 |
| Frank Gardiner | M60 | 7:14.7 |
| Gill Edmonds | W45 | 8:36.5 |
| Val Prescott | W65 | 11:46.1 |

400m

| | | |
|-----------------|-----|------|
| Mark Elms | M40 | 62.5 |
| Duncan McAuley | M60 | 68.5 |
| Keith Edmonds | M40 | 72.9 |
| Jordan Elms | Vis | 73.5 |
| Barry Kernaghan | M70 | 75.0 |
| Michael Elms | Vis | 78.2 |

| | | |
|-----------------|-----|--------|
| Peggy Macliver | W65 | 78.9 |
| Bob Schickert | M65 | 79.2 |
| Cathy McCloskey | Vis | 81.9 |
| Lynne Choate | W55 | 89.7 |
| Val Prescott | W65 | 3:42.1 |

ECAC – January 13

800m

| | | | |
|----------------|-----|--------|-----------|
| Garry Vogler | M35 | 2:15.8 | SB |
| Mark Matcham | M40 | 2:26.4 | |
| Michael Crouch | Vis | 2:31.0 | |
| Kim Thomas | M35 | 2:34.0 | |
| Jamie Leonard | Vis | 2:39.0 | |
| Fiona Leonard | Vis | 2:50.4 | |
| Eldon George | M40 | 2:58.6 | |

| | | | |
|-----------------|-----|--------|-----------|
| Toni Phillips | W35 | 2:54.0 | SB |
| Maurice Creagh | M60 | 3:02.5 | SB |
| Dante Giacomini | M40 | 3:08.0 | |
| Mike O'Reilly | M70 | 3:08.9 | |
| Delia Baldock | W45 | 3:11.5 | |
| Nick Miletic | M55 | 3:24.3 | |

3000m

| | | |
|-------------|-----|---------|
| Mark Dawson | M45 | 13:23.8 |
| Graeme Dahl | M60 | 13:41.6 |

3000m Walk

| | | |
|--------------|-----|---------|
| Peter Hopper | M65 | 21:58.5 |
|--------------|-----|---------|

5000m

| | | |
|----------------|-----|---------|
| Kim Thomas | M35 | 20:29.0 |
| David Brook | M45 | 20:56.4 |
| Keith Edmonds | M40 | 21:42.2 |
| John Collier | M40 | 22:22.1 |
| Frank Gardiner | M60 | 22:29.0 |
| Sabrina Elms | Vis | 32:24.2 |
| Serena Elms | Vis | 32:24.2 |

Long Jump

| | | | |
|-----------------|-----|------|-----------|
| Kevin Collins | M40 | 3.59 | SB |
| Lynne Schickert | W65 | 2.32 | |
| Peggy Macliver | W65 | 3.28 | |
| Cathy McCloskey | Vis | 3.59 | |

Shot (Points)

| | | | | | |
|-----------------|-----|-------|-----------|---|-------|
| Peter Hopper | M65 | 7.96 | SB | % | 50.67 |
| Bev Hamilton | W65 | 8.69 | | | 72.00 |
| Bob Fergie | M75 | 8.38 | | | 54.52 |
| Rae McMillan | W83 | 6.70 | SB | | 95.85 |
| Lynne Schickert | W69 | 4.73 | SB | | 43.24 |
| Greg Urbanowicz | M32 | 11.43 | | | 49.44 |

Weight Throw (Points)

| | | | | | |
|-----------------|-----|-------|------------|---|-------|
| Bev Hamilton | W65 | 11.60 | | % | 70.30 |
| Bob Fergie | M75 | 11.23 | | | 63.99 |
| Rae McMillan | W83 | 8.00 | | | 86.96 |
| Lynne Schickert | W69 | 5.73 | PBA | | 38.53 |
| Greg Urbanowicz | M32 | 9.15 | SB | | 35.73 |

| | | |
|--------------------|-----|--------|
| Mel Hynds | W30 | 3:32.3 |
| Carol Bowman | W55 | 3:40.9 |
| Lorraine Lopes | W70 | 3:47.2 |
| Bernie O'Callaghan | W50 | 3:52.6 |
| Christine Oldfield | W65 | 4:03.2 |
| Jessica Bate | Vis | 4:16.4 |

800m walk

| | | |
|-----------------|-----|--------|
| Lynne Schickert | W65 | 5:31.9 |
|-----------------|-----|--------|

60m

| | | |
|---------------|-----|------|
| Rudy Kocis | M45 | 7.9 |
| Chris Neale | M40 | 8.0 |
| Colin Smith | M45 | 8.6 |
| Nick Miletic | M55 | 9.9 |
| Kevin Collins | M40 | 10.5 |

| | | |
|-----------------|-----|------|
| Michael Crouch | Vis | 8.9 |
| Kim Thomas | M35 | 9.4 |
| Michelle Crouch | Vis | 9.6 |
| Fiona Leonard | Vis | 10.0 |

| | | |
|--------------|-----|------|
| Paul Foley | M45 | 8.9 |
| John Dennehy | M50 | 10.0 |
| Kalin Foley | Vis | 10.3 |
| Logan Foley | Vis | 10.3 |
| David Carr | M75 | 10.6 |

| | | |
|---------------|-----|------|
| Roger Whalan | M65 | 10.5 |
| Delia Baldock | W45 | 10.6 |
| Derry Foley | M80 | 12.5 |
| Tom Crossen | M75 | 12.6 |

| | | |
|-----------------|-----|------|
| Mel Hynds | W30 | 11.2 |
| Regina Crouch | W40 | 11.3 |
| Jessica Bate | Vis | 14.5 |
| Lynne Schickert | W65 | 15.3 |

200m

| | | |
|-----------------|-----|-----------------|
| Chris Neale | M40 | 25.7 |
| Colin Smith | M45 | 28.6 |
| Nick Miletic | M55 | 33.7 |
| David Carr | M75 | 34.5 |
| Kevin Collins | M40 | 36.7 |
| Paul Foley | M45 | 28.3 PBA |
| Matt Staunton | M35 | 29.7 |
| Michelle Crouch | Vis | 31.7 |
| John Dennehy | M50 | 33.4 |
| Roger Whalan | M65 | 35.1 |
| Delia Baldock | W45 | 35.3 |
| Colin Smith | M45 | 29.5 |
| Mel Hynds | W30 | 39.1 |
| Regina Crouch | W40 | 40.4 |
| Kim Thomas | M35 | 41.0 |
| Tom Crossen | M75 | 43.4 PBA |
| Derry Foley | M80 | 43.7 |
| Jessica Bate | Vis | 53.0 |
| Lynne Schickert | W65 | 53.7 |

(Strive, cont.)**100m**

| | | | | |
|------------------|-----|-------|------|-----------|
| Brett Blanco | M35 | 11.79 | +1.4 | |
| Darryl Lette | M40 | 12.24 | +0.1 | |
| Barrie Kernaghan | M70 | 14.48 | +0.1 | SB |

400m

| | | |
|------------------|-----|-------|
| Barrie Kernaghan | M70 | 72.21 |
|------------------|-----|-------|

1500m

| | | |
|--------------|-----|---------|
| Neil Morfitt | M50 | 4:56.42 |
|--------------|-----|---------|

3000m steeplechase

| | | |
|------------|-----|--------------------|
| Kim Thomas | M35 | 12:30.0 PBA |
|------------|-----|--------------------|

3000m

| | | |
|--------------------|-----|-------------------|
| Garry Vogler | M35 | 10:52.0 SB |
| Roscoe McDonnell | M50 | 10:59.6 |
| Kim Thomas | M35 | 11:15.7 SB |
| Chris Neale | M40 | 12:35.1 |
| Graeme Dahl | M60 | 12:50.7 |
| Eldon George | M40 | 13:08.2 |
| Robin King | W50 | 13:15.8 |
| Maurice Creagh | M60 | 13:17.8 |
| Bob Schickert | M65 | 13:22.3 SB |
| Dante Giacomini | M40 | 13:32.2 |
| Nick Miletic | M55 | 15:15.1 |
| Greg Wilson | M60 | 15:19.0 |
| Mel Hynds | W30 | 15:24.0 |
| Mike O'Reilly | M70 | 15:43.0 |
| Julie Wilson | W55 | 15:45.5 |
| John Dennehy | M50 | 16:16.9 |
| Christine Oldfield | W65 | 17:29.0 |
| Jackie Halberg | W60 | 18:34.7 |
| Toni Phillips | W35 | 20:48.7 |

Javelin

| | | | | Points |
|-----------------|-----|-----------------|--|---------------|
| % | | | | |
| Stella Turner | W64 | 11.14 | | 29.15 |
| Mark Matcham | M43 | 32.81 | | 39.52 |
| Lajos Joni | M55 | 27.40 SB | | 39.11 |
| Paul Foley | M45 | 41.14 | | 51.31 |
| Regina Crouch | W41 | 14.09 | | 21.65 |
| Bev Hamilton | W65 | 17.94 | | 48.07 |
| Greg Urbanowicz | M32 | 27.98 | | 28.89 |
| Matt Staunton | M37 | 44.33 SB | | 48.43 |
| Mark Hamilton | M40 | 29.71 | | 34.04 |

Discus

| | | | | Points |
|-----------------|-----|-----------------|--|---------------|
| % | | | | |
| Greg Wilson | M63 | 26.99 | | 43.60 |
| Stella Turner | W64 | 11.85 | | 26.92 |
| Lajos Joni | M55 | 35.29 | | 52.33 |
| Paul Foley | M45 | 31.16 SB | | 44.16 |
| Regina Crouch | W41 | 11.27 | | 16.50 |
| Bev Hamilton | W65 | 21.53 | | 50.10 |
| Greg Urbanowicz | M32 | 34.43 | | 46.48 |
| Mark Hamilton | M40 | 36.14 | | 48.79 |
| Matt Staunton | M37 | 35.39 | | 47.77 |

Strive, WAAS – January 14**Triple Jump**

| | | | |
|----------------|-----|-------|------|
| Melissa Foster | W30 | 10.10 | +1.3 |
|----------------|-----|-------|------|

3000m race walk

| | | |
|-------------|-----|---------|
| Lyn Ventris | W50 | 14:46.0 |
|-------------|-----|---------|

Long Jump

| | | | |
|--------------|-----|------|------|
| Darryl Lette | M40 | 5.03 | +2.9 |
|--------------|-----|------|------|

Shot Put

| | | |
|------------|-----|-------|
| Paul Foley | M45 | 10.02 |
|------------|-----|-------|

Hammer

| | | |
|--------------|-----|------------------|
| Byrony Glass | W30 | 51.60 |
| Lajos Joni | M55 | 39.73 |
| Paul Foley | M45 | 26.36 PBA |

Javelin

| | | |
|------------|-----|-------|
| Paul Foley | M45 | 42.02 |
|------------|-----|-------|

UWA – January 18

60m

| | | | |
|------------------|-----|------|------------|
| Dave Wyatt | M55 | 8.8 | SB |
| Barrie Kernaghan | M70 | 9.3 | |
| Lynne Choate | W55 | 9.3 | |
| Norm Richards | M70 | 9.4 | |
| Allan Billington | M50 | 9.4 | SB |
| Rob Colton | Vis | 8.8 | |
| Rob Greenhalgh | M60 | 9.2 | |
| Cathy McCloskey | W45 | 9.3 | SB |
| Peggy Macliver | W65 | 9.9 | |
| Bob Schickert | M65 | 11.1 | |
| Kevin Collins | M40 | 9.9 | PBA |
| Fran Cherry | Vis | 10.1 | |
| Lynne Schickert | W65 | 13.8 | |
| Peter Kennedy | M90 | 16.9 | SB |

800m

| | | | |
|--------------------|-----|--------|------------|
| Andrew Brooker | M40 | 2:15.6 | |
| Pieter de Klerk | M50 | 2:22.4 | |
| Rob Colton | Vis | 2:37.4 | |
| John Collier | M40 | 2:42.8 | |
| Keith Edmonds | M40 | 2:44.0 | |
| Mitch Thomas | Vis | 3:03.0 | |
| Kim Thomas | M35 | 3:03.3 | |
| Kim Thomas | M35 | 2:32.0 | |
| Allan Billington | M50 | 2:55.2 | SB |
| Graeme Dahl | M60 | 2:55.8 | PBA |
| Bob Schickert | M65 | 3:03.1 | |
| Cathy McCloskey | W45 | 3:15.8 | SB |
| Peggy Macliver | W65 | 3:21.0 | |
| Christine Oldfield | W65 | 4:09.3 | |
| Val Prescott | W65 | 5:05.3 | |
| Peter Kennedy | M90 | 8:03.2 | |

200m

| | | | |
|--------------------|-----|------|------------|
| Barrie Kernaghan | M70 | 29.5 | |
| Keith Edmonds | M40 | 30.3 | SB |
| Rob Colton | Vis | 31.4 | |
| Norm Richards | M70 | 31.9 | |
| Lynne Choate | W55 | 31.9 | |
| Pieter de Klerk | M50 | 28.0 | |
| Duncan McAuley | M60 | 30.5 | |
| Rob Greenhalgh | M60 | 30.7 | SB= |
| Bob Schickert | M65 | 35.9 | |
| Cathy McCloskey | W45 | 36.2 | |
| Peggy Macliver | W65 | 35.1 | |
| Kevin Collins | M40 | 36.7 | SB= |
| Christine Oldfield | W65 | 49.2 | |
| Val Prescott | W65 | 63.4 | |

3000m

| | | | |
|------------------|-----|---------|------------|
| Roscoe McDonnell | M50 | 10:52.5 | |
| Kim Thomas | M35 | 11:13.5 | SB |
| David Brook | M45 | 11:35.2 | SB |
| Keith Edmonds | M40 | 12:14.4 | |
| Ross Keane | M45 | 12:26.4 | SB |
| John Collier | M40 | 12:38.1 | SB |
| Graeme Dahl | M60 | 12:51.1 | |
| Duncan McAuley | M60 | 13:25.0 | |
| Mitch Thomas | Vis | 14:46.2 | |
| Rob Wyatt | Vis | 15:06.2 | |
| Gill Edmonds | W45 | 15:59.1 | |
| Gay Wyatt | W55 | 16:17.6 | |
| Peter Hopper | M65 | 16:43.9 | PBA |
| Cathy Elms | W40 | 17:13.9 | |
| Fran Cherry | Vis | 20:00.9 | |

Triple Jump

| | | | |
|-----------------|-----|------|-----------|
| Dave Wyatt | M55 | 9.40 | SB |
| Lynne Schickert | W65 | 5.54 | |
| Kevin Collins | M40 | 7.22 | |
| Peter Kennedy | M90 | 3.52 | SR |
| Cathy McCloskey | W45 | 7.29 | |

Javelin (Points)

| | | | % |
|-----------------|-----|-------|------------------|
| Lynne Schickert | W69 | 9.44 | 27.99 |
| Val Prescott | W66 | 10.33 | 28.36 |
| Peter Hopper | M66 | 23.20 | PBA 39.77 |
| Rae McMillan | W83 | 14.15 | SB 66.84 |
| Rob Shand | M78 | 20.59 | 46.21 |
| Mark Matcham | M43 | 32.08 | 38.64 |
| Greg Urbanowicz | M32 | 34.53 | 35.66 |
| Bob Fergie | M75 | 20.52 | 41.88 |

Discus

| | | | % |
|-----------------|-----|-------|-----------------|
| Lynne Schickert | W69 | 10.34 | 26.69 |
| Val Prescott | W66 | 12.81 | SB 30.57 |
| Rae McMillan | W83 | 14.53 | 51.54 |
| Rob Shand | M78 | 21.10 | 50.68 |
| Greg Urbanowicz | M32 | 33.59 | 45.34 |
| Bob Fergie | M75 | 23.44 | 51.31 |

ECAC – January 20

200m

| | | | |
|--------------------|-----|------|-----------|
| Rudy Kocis | M45 | 27.1 | |
| Colin Smith | M45 | 27.8 | |
| Iain MacLennan | Vis | 29.1 | |
| Mike O'Reilly | M70 | 33.2 | |
| Sue Bourn | W40 | 33.8 | |
| Delia Baldock | W45 | 34.1 | |
| Martin MacLennan | Vis | 40.7 | |
| Tom Crossen | M75 | 44.4 | |
| Jacqui Sanders | W40 | 34.7 | SB |
| Mel Hynds | W35 | 37.1 | SB |
| Lorraine MacLennan | W45 | 39.3 | |

1500m

| | | | |
|--------------------|-----|--------|-----------|
| Garry Vogler | M35 | 4:45.7 | SB |
| Tony Heppener | M55 | 4:56.0 | |
| Fiona Leonard | Vis | 5:38.9 | |
| Graeme Dahl | M60 | 5:52.4 | |
| Eldon George | M40 | 5:56.2 | |
| Maurice Creagh | M60 | 6:05.3 | SB |
| Robin King | W50 | 6:05.3 | |
| Sue Bourn | W40 | 6:51.7 | |
| Mel Hynds | W30 | 7:05.4 | |
| Gillian Young | W60 | 7:07.9 | |
| Nick Bailey | M60 | 7:11.4 | SB |
| Delia Baldock | W45 | 7:13.1 | |
| Christine Oldfield | W65 | 8:11.6 | |

1500m walk

| | | | |
|------------|-----|--------|-----------|
| Tom Lenane | M50 | 8:51.2 | SB |
|------------|-----|--------|-----------|

Long Jump

| | | | |
|------------------|-----|------|--|
| Iain MacLennan | Vis | 4.64 | |
| Martin MacLennan | Vis | 3.23 | |

Shot

| | | | |
|------------|-----|------|--|
| Stan Selby | M65 | 8.50 | |
|------------|-----|------|--|

Discus

| | | | |
|------------|-----|-------|--|
| Lajos Joni | M55 | 34.25 | |
| Stan Selby | M65 | 30.87 | |

Strive Meet, WAAS – January 21

100m

| | | | | |
|------------------|-----|-------|------|-----------|
| Chris Perrey | M35 | 12.58 | +0.8 | |
| Barrie Kernaghan | M70 | 14.42 | +1.4 | SB |

200m

| | | | | |
|------------------|-----|-------|------|-----------|
| Barrie Kernaghan | M70 | 28.81 | +1.0 | SB |
| Norm Richards | M70 | 31.64 | +1.0 | |

800m

| | | | | |
|--------------|-----|---------|--|-----------|
| Neil Morfitt | M50 | 2:13.94 | | SB |
|--------------|-----|---------|--|-----------|

5000m

| | | | | |
|---------------|-----|---------|--|-----------|
| Paul Mitchell | M40 | 16:41.1 | | SB |
| David Brook | M45 | 20:02.5 | | |

60m

| | | | |
|------------------|-----|------|-----------|
| Rudy Kocis | M45 | 8.0 | |
| Garry Vogler | M35 | 8.5 | |
| Colin Smith | M45 | 8.6 | |
| David Clive | M70 | 9.1 | |
| Iain MacLennan | Vis | 9.2 | |
| Kevin Hynds | M40 | 9.4 | |
| Fiona Leonard | Vis | 9.6 | |
| Sue Bourn | W40 | 9.6 | |
| Tom Crossen | M75 | 12.2 | SB |
| Martin MacLennan | Vis | 13.8 | |

| | | | |
|---------------------|-----|------|------------|
| Marguerita Milicich | W30 | 9.3 | |
| Jacqui Sanders | W40 | 10.3 | SB= |
| Delia Baldock | W45 | 10.4 | |
| Mel Hynds | W30 | 10.7 | |

2000m (not analysed)

| | | |
|--------------------|-----|---------|
| Garry Vogler | M35 | 6:53.4 |
| Roscoe McDonnell | M50 | 6:57.4 |
| Tony Heppener | M55 | 7:13.9 |
| Graeme Dahl | M60 | 7:57.8 |
| Eldon George | M40 | 8:16.3 |
| Maurice Creagh | M60 | 8:27.3 |
| Robin King | W50 | 8:42.7 |
| Sue Bourn | W40 | 9:12.4 |
| Lorraine MacLennan | W45 | 9:26.1 |
| Mel Hynds | W30 | 9:27.3 |
| Mike O'Reilly | M70 | 9:30.1 |
| Gillian Young | W60 | 9:35.9 |
| Nick Bailey | M60 | 10:07.0 |
| Jacqui Sanders | W40 | 10:41.1 |
| Jackie Halberg | W60 | 11:18.9 |

2000m walk (not analysed)

| | | |
|------------|-----|---------|
| Stan Jones | M85 | 15:31.9 |
|------------|-----|---------|

(for the pentathlon results, see later)

High Jump

| | | |
|------------|-----|------|
| Dave Wyatt | M50 | 1.40 |
|------------|-----|------|

Shot Put

| | | |
|------------|-----|------|
| Paul Foley | M45 | 9.68 |
|------------|-----|------|

Hammer

| | | | |
|------------|-----|-------|------------|
| Lajos Joni | M55 | 40.46 | |
| Paul Foley | M45 | 30.14 | PBA |

Discus

| | | |
|------------|-----|-------|
| Lajos Joni | M55 | 35.53 |
| Paul Foley | M45 | 29.78 |

UWA – January 25 (for the pentathlon results see later)

200m

| | | | |
|------------------|-----|------|-----------|
| Barrie Kernaghan | M70 | 30.2 | |
| Peter Gare | M70 | 31.6 | SB |
| Norm Richards | M70 | 31.7 | |
| Lynne Choate | W55 | 32.1 | |
| Peggy Macliver | W65 | 33.0 | |

| | | | |
|-----------------|-----|------|------------|
| Bob Schickert | M65 | 34.2 | |
| Cathy McCloskey | W45 | 34.6 | |
| Kevin Collins | M40 | 35.3 | PBA |
| Julie Wilson | W55 | 44.1 | |
| Lynne Schickert | W65 | 52.5 | SB= |

1500m (very approximate!!)

| | | |
|--------------------|-----|--------|
| Roscoe McDonnell | M50 | 5:24.7 |
| Ross Keane | M45 | 5:26.3 |
| Mark Dawson | M45 | 5:29.4 |
| John Collier | M40 | 5:30.2 |
| Brian Hewitt | M55 | 5:37.9 |
| Graeme Dahl | M60 | 5:59.0 |
| Ivan Brown | M65 | 6:23.4 |
| John Dennehy | M50 | 7:02.8 |
| Milton Mavrick | M55 | 7:46.2 |
| Christine Oldfield | W65 | 8:12.8 |

1500m Walk

| | | |
|----------------|-----|---------|
| Lorna Lauchlan | W80 | 12.43.7 |
|----------------|-----|---------|

Long Jump

| | | | |
|-----------------|-----|------|-----------|
| Kevin Collins | M40 | 3.49 | |
| Norm Richards | M70 | 3.57 | SB |
| Lynne Schickert | W65 | 2.31 | |
| Peggy Macliver | W65 | 3.62 | |
| Julie Wilson | W55 | 2.46 | |
| Greg Wilson | M60 | 2.95 | |
| Fran Cherry | W45 | 3.40 | |
| Cathy McCloskey | W45 | 3.65 | |

Strive Interclub, WAAS – January 28

100m

| | | | | |
|------------------|-----|-------|------|-----------|
| Chris Perrey | M35 | 12.51 | +1.1 | SB |
| Barrie Kernaghan | M70 | 14.78 | +1.1 | |
| Lynne Choate | W55 | 14.83 | +1.4 | |

400m

| | | |
|------------------|-----|-------|
| Chris Perrey | M35 | 55.05 |
| Mark Jeffrey | M40 | 57.79 |
| Neil Morfitt | M50 | 60.13 |
| Barrie Kernaghan | M70 | 70.25 |

1500m

| | | | |
|---------------|-----|---------|-----------|
| Paul Mitchell | M40 | 4:22.38 | SB |
|---------------|-----|---------|-----------|

2000m steeplechase

| | | | |
|------------------|-----|---------|------------|
| Kim Thomas | M35 | 7:16.7 | PBA |
| Roscoe McDonnell | M50 | 7:22.5 | PBA |
| Bob Schickert | M65 | 9:10.6 | SB |
| David Carr | M75 | 9:46.7 | |
| Regina Crouch | W40 | 13:26.7 | |
| Lynne Schickert | W65 | 14:55.1 | SB |

60m

| | | |
|------------------|-----|------|
| Lynne Choate | W55 | 9.3 |
| Barrie Kernaghan | M70 | 9.4 |
| Cathy McCloskey | W45 | 9.6 |
| Norm Richards | M70 | 9.6 |
| Cathy Elms | W40 | 10.2 |

| | | | |
|-----------------|-----|------|------------|
| Kevin Collins | M40 | 9.8 | PBA |
| Peggy Macliver | W65 | 10.0 | |
| Fran Cherry | W45 | 10.1 | SB= |
| Julie Wilson | W55 | 12.7 | |
| Lynne Schickert | W65 | 14.3 | |

2000m

| | | |
|------------------|-----|---------|
| Roscoe McDonnell | M50 | 7:09.6 |
| John Collier | M40 | 7:35.5 |
| Mark Dawson | M45 | 7:51.9 |
| Graeme Dahl | M60 | 7:56.6 |
| Bob Schickert | M65 | 8:43.3 |
| Milton Mavrick | M55 | 9:34.6 |
| Peggy Macliver | W65 | 9:42.1 |
| John Dennehy | M50 | 9:49.2 |
| Julie Wilson | W55 | 9:58.1 |
| Cathy Elms | W40 | 10:23.8 |
| Fran Cherry | W45 | 12:33.7 |

Discus

| | | | |
|--------------|-----|-------|------------|
| Greg Wilson | M60 | 27.62 | SB |
| Mark Matcham | M40 | 17.63 | |
| Rob Shand | M75 | 20.53 | |
| Brian Miller | M50 | 30.50 | PBA |
| Mark Jeffrey | M40 | 33.26 | |
| Julie Wilson | W55 | 10.43 | |
| Peter Gare | M70 | 31.60 | |

Shot

| | | | |
|--------------|-----|-------|------------|
| Greg Wilson | M60 | 8.00 | |
| Mark Matcham | M40 | 7.79 | |
| Rob Shand | M75 | 6.23 | |
| Brian Miller | M50 | 8.26 | |
| Mark Jeffrey | M40 | 10.07 | PBA |

5000m race walk

| | | |
|-------------|-----|---------|
| David Smyth | M40 | 31:16.8 |
|-------------|-----|---------|

Hammer

| | | |
|-----------------|-----|-------|
| Lajos Joni | M55 | 39.88 |
| Kate Glass | W60 | 32.17 |
| Paul Foley | M45 | 28.84 |
| Greg Urbanowicz | M30 | 27.76 |
| Bev Hamilton | W65 | 24.29 |

Discus

| | | |
|-----------------|-----|-------|
| Tom Gravestock | M55 | 36.48 |
| Lajos Joni | M55 | 35.53 |
| Greg Urbanowicz | M30 | 30.69 |
| Paul Foley | M45 | 29.58 |

Javelin

| | | |
|--------------|-----|-------|
| Mark Jeffrey | M40 | 47.38 |
| Paul Foley | M45 | 41.47 |

ECAC – January 27

400m

| | | | |
|--------------------|-----|------|------------|
| Chris Neale | M40 | 55.6 | SB |
| Kim Thomas | M35 | 68.2 | |
| Keith Martin | M70 | 70.4 | SB |
| David Carr | M75 | 74.3 | |
| John Dennehy | M50 | 74.6 | |
| | | | |
| Trevor Scott | M50 | 73.5 | |
| Peggy Macliver | W65 | 74.4 | SB |
| Roger Whalen | M65 | 77.6 | |
| Delia Baldock | W45 | 77.7 | |
| Mel Hynds | W35 | 84.5 | SB |
| Catherine Keane | Vis | 88.9 | |
| Bernie O'Callaghan | W50 | 89.3 | |
| Lorraine Lopes | W70 | 90.1 | PBA |

1000m

| | | | |
|-----------------|-----|--------|------------|
| Trevor Scott | M50 | 3:09.0 | |
| Kim Thomas | M35 | 3:30.8 | |
| Graeme Dahl | M60 | 3:38.5 | PBA |
| Fiona Leonard | Vis | 3:39.0 | |
| Dante Giacomini | M40 | 3:49.7 | |
| Barbara Blurton | W60 | 3:50.1 | SR |
| Maurice Creagh | M60 | 3:57.0 | |
| Ross Keane | M45 | 3:59.2 | |
| Robin King | W50 | 4:01.1 | |
| Lorraine Lopes | W70 | 4:29.1 | |
| Mel Hynds | W30 | 4:37.6 | PBA |
| Gillian Young | W60 | 4:40.5 | |
| Jackie Halberg | W60 | 5:31.8 | |

1000m walk

| | | | |
|------------|-----|--------|------------|
| Tom Lenane | M50 | 5:38.1 | PBA |
| Stan Jones | M85 | 7:36.0 | |

100m

| | | | |
|-----------------|-----|------|------------|
| Chris Neale | M40 | 12.9 | |
| Colin Smith | M45 | 13.6 | |
| Andrew Ward | M45 | 14.0 | |
| Melissa Foster | W30 | 14.1 | |
| David Solomon | M45 | 14.1 | |
| | | | |
| Fiona Leonard | Vis | 15.6 | |
| John Dennehy | M50 | 15.9 | |
| Delia Baldock | W45 | 16.3 | SB= |
| Shannon Neale | Vis | 17.7 | |
| Catherine Keane | Vis | 18.7 | |
| | | | |
| David Solomon | M45 | 14.1 | |
| Fran Cherry | W45 | 16.6 | SB |
| Derry Foley | M80 | 19.2 | |
| Patricia Carr | W75 | 23.7 | |

Triple Jump

| | | |
|----------------|-----|-------|
| Melissa Foster | W30 | 10.32 |
| Derry Foley | M80 | 6.23 |

High Jump

| | | | |
|---------------|-----|------|------------|
| Dave Wyatt | M55 | 1.40 | |
| Greg Wilson | M60 | 1.35 | |
| Delia Baldock | W45 | 1.25 | SB= |
| Keith Martin | M65 | 1.15 | |
| Fran Cherry | W45 | 1.00 | |

Hammer

| points | | | % |
|-----------------|-----|-------|------------------|
| Lynne Schickert | W69 | 13.33 | PBA 32.93 |
| Regina Crouch | W41 | 10.89 | 18.94 |
| Stella Turner | W64 | 18.69 | 40.60 |
| Greg Wilson | M63 | 15.79 | 27.46 |
| Bob Fergie | M75 | 26.98 | 58.32 |
| Bev Hamilton | W65 | 25.72 | 57.26 |
| Lajos Joni | M55 | 40.46 | 60.61 |
| Rae McMillan | W83 | 15.20 | |

(3kg hammer used instead of 2kg – Rae will throw again on Tuesday, so AGT final results will be delayed)

Javelin

| | | | |
|----------------|-----|-------|-----------|
| Chris Neale | M40 | 31.50 | |
| Stella Turner | W60 | 11.12 | |
| Bob Fergie | M75 | 21.09 | SB |
| Rae McMillan | W80 | 14.07 | |
| Melissa Foster | W30 | 20.19 | |
| Bev Hamilton | W65 | 18.90 | |
| Lajos Joni | M55 | 26.90 | |
| Andrew Ward | M45 | 31.20 | |
| Keith Martin | M65 | 14.55 | |

4 x 1500m relay

| | |
|--|-----------------------------|
| M35 | 21:33.1 |
| [Ross Keane, Dante Giacomini, John Collier, Kim Thomas] | |
| M45 | 23:02.9 |
| [Mike O'Reilly, Graeme Dahl, Trevor Scott, David Solomon] | |
| M55 | 24:30.1 |
| [Paul Hughes, David Carr, Maurice Creagh, Bob Schickert] | |
| W50 | 25:59.0 SR inaugural |
| [Margaret Saunders, Peggy Macliver, Carol Bowman, Robin King] | |
| W30 | 28:19.7 |
| [Lorraine MacLennan, Bernie O'Callaghan, Mel Hynds, Gillian Young] | |
| W40 | 34:23.2 |
| [Sarah Ladwig, Lynne Schickert, Regina Crouch, Lorraine Lopes] | |

PENTATHLONS (note that the new (2010) tables have been used to calculate the points)

W30-99 Outdoor Pentathlon

| | Points | 100 | SP | LJ | JT | 800 |
|--------------------|--------|----------------|---------------------------|---------------------------|-----------------|----------------------------|
| ----- | | | | | | |
| ---- W40 ---- | | | | | | |
| 1 Crouch, Regina | 797 | 18.50 (157) | 5.64m (288) | 3.02m (170) | 11.63m (166) | 4:11.50 (16) |
| ----- | | | | | | |
| ---- W55 ---- | | | | | | |
| 1 Bowman, Carol | 1265 | 19.60 (255) | 4.84m PBA (311) | 2.05m (66) | 8.98m (160) | 3:23.80 (473) |
| ----- | | | | | | |
| ---- W60 ---- | | | | | | |
| 1 Ladwig, Sarah | 1536 | 19.80 (314) | 4.74m PBA (342) | 2.85m PBA (331) | 9.07m (178) | 3:48.50 (371) |
| ----- | | | | | | |
| ---- W65 ---- | | | | | | |
| 1 Macliver, Peggy | 3337 | 16.20 (837) | 6.70m SB (603) | 3.53m (697) | 16.53m (449) | 3:18.10 (751) |
| ----- | | | | | | |
| 2 Schickert, Lynne | 1153 | 23.80 (91) | 4.99m SB (417) | 2.47m SB (272) | 10.69m (260) | 4:51.80 SB (113) |

M30-99 Outdoor Pentathlon

| | Points | LJ | JT | 200 | DT | 1500 |
|---------------------|--------|---------------------------|----------------------------|--------------------------|---------------------------|----------------------------|
| ----- | | | | | | |
| ---- M40 ---- | | | | | | |
| 1 Burke, Paul | 2269 | 5.16m (506) | 25.66m PBA (269) | 28.10 (463) | 28.20m SB (485) | 5:17.70 SB (546) |
| ----- | | | | | | |
| ---- M45 ---- | | | | | | |
| 1 Cotton, Ian | 2712 | 5.38m PBA (632) | 29.97m (372) | 27.30 (588) | 32.42m (645) | 5:45.50 (475) |
| ----- | | | | | | |
| ---- M50 ---- | | | | | | |
| 1 Billington, Allan | 1246 | 3.67m SB (290) | (0) | 32.30 SB (320) | 20.98m (299) | 6:32.90 (337) |
| ----- | | | | | | |
| 2 Dennehy, John | 1219 | 3.75m (308) | 15.12m (142) | 32.20 (326) | 17.36m (230) | 7:07.40 (213) |
| ----- | | | | | | |
| ---- M55 ---- | | | | | | |
| 1 Ralston, Garry | 2575 | 5.21m SB (774) | 22.36m PBA (298) | 26.50 SB (797) | 24.29m (405) | 7:01.40 (301) |
| ----- | | | | | | |
| 2 Miletic, Nick | 1627 | 3.52m SB (310) | 20.13m SB (256) | 32.70 (361) | 21.35m SB (342) | 6:46.10 SB (358) |
| ----- | | | | | | |
| ---- M75 ---- | | | | | | |
| 1 Carr, David | 2649 | 2.93m (437) | 16.27m (310) | 33.10 (703) | 15.70m SB (319) | 6:21.60 (880) |
| ----- | | | | | | |

PENTATHLON – January 25

| | Points | LJ | JT | 200 | DT | 1500 |
|---------------|--------|----------------|-----------------|---------------------------|-----------------|----------------------------|
| ----- | | | | | | |
| ---- M45 ---- | | | | | | |
| Cotton, Ian | 2668 | 4.99m (535) | 34.22m (443) | 27.60 (565) | 28.62m (553) | 5:26.40 SB (572) |
| ----- | | | | | | |
| ---- M65 ---- | | | | | | |
| Hopper, Peter | 2009 | 3.39m (409) | 22.50m (372) | 34.90 (380) PBA | 22.81m (397) | 7:04.70 SB (451) |

UWA – February 1

400m

| | | | |
|------------------|-----|------|-----------|
| Colin Smith | M45 | 58.9 | |
| Rob Greenhalgh | M60 | 72.7 | SB |
| Barrie Kernaghan | M70 | 76.5 | |
| Cathy McCloskey | W45 | 77.4 | |

| | | | |
|--------------------|-----|--------|------------|
| Mark Elms | M40 | 63.1 | |
| Kevin Collins | M40 | 1:26.0 | PBA |
| Catherine Keane | Vis | 1:40.2 | |
| Julie Wilson | W55 | 1:42.4 | |
| Christine Oldfield | W65 | 1:49.7 | |
| Lynne Schickert | W65 | 2:10.8 | |
| Peter Kennedy | M90 | 3:26.7 | |

1000m

| | | | |
|------------------|-----|--------|------------|
| Roscoe McDonnell | M50 | 3:18.6 | |
| Mark Dawson | M45 | 3:20.3 | SB |
| John Collier | M40 | 3:21.7 | |
| Ross Keane | M45 | 3:24.4 | SB |
| Niamh Keane | W45 | 3:26.4 | |
| Keith Edmonds | M40 | 3:31.4 | PBA |
| Marg Saunders | W55 | 3:34.8 | |
| Graeme Dahl | M60 | 3:43.0 | |
| Robin King | W50 | 3:55.9 | SB |
| John Oldfield | M65 | 5:01.9 | |
| Catherine Keane | Vis | 5:32.8 | |

1000m Walk

| | | | |
|-----------------|-----|--------|--|
| Lynne Schickert | W65 | 7:40.7 | |
|-----------------|-----|--------|--|

100m

| | | | |
|------------------|-----|------|--|
| Colin Smith | M45 | 13.7 | |
| Mark Elms | M40 | 13.7 | |
| Keith Edmonds | M40 | 14.8 | |
| Rob Greenhalgh | M60 | 15.2 | |
| Barrie Kernaghan | M70 | 15.5 | |

| | | | |
|-----------------|-----|------|-----------|
| Cathy Elms | W40 | 15.7 | |
| Cathy McCloskey | W45 | 15.9 | SB |
| Fran Cherry | W45 | 17.1 | |
| Kevin Collins | M40 | 18.2 | |
| Catherine Keane | Vis | 19.6 | |
| Lynne Schickert | W65 | 25.3 | |

5000m

| | | | |
|------------------|-----|---------|-----------|
| Roscoe McDonnell | M50 | 18:54.6 | SB |
| Clive Hicks | M55 | 18:58.2 | |
| David Brook | M45 | 20:18.9 | |
| John Collier | M40 | 21:03.8 | SB |
| Keith Edmonds | M40 | 21:19.7 | |
| Mark Dawson | M45 | 21:38.0 | SB |
| Graeme Dahl | M60 | 21:40.2 | |
| Robin King | W50 | 22:56.7 | |
| Julie Wilson | W55 | 26:49.2 | |
| Greg Wilson | M60 | 26:49.2 | |
| John Oldfield | M65 | 28:38.8 | |

3000m

| | | | |
|----------------|-----|---------|--|
| Rob Greenhalgh | M60 | 13:46.4 | |
| Ross Keane | M45 | 14:04.6 | |
| Gill Edmonds | W45 | 16:04.7 | |

Triple Jump

| | | | |
|-----------------|-----|------|--|
| Lynne Schickert | W65 | 5.80 | |
| Kevin Collins | M40 | 7.56 | |
| Cathy McCloskey | W45 | 7.20 | |
| Fran Cherry | W45 | 6.84 | |

Javelin

| | | | |
|----------------|-----|-------|-----------|
| Geoff Brayshaw | M60 | 29.90 | |
| Andrew Ward | M45 | 31.92 | |
| Peter Kennedy | M90 | 9.59 | SB |
| Greg Wilson | M60 | 26.96 | |
| Rob Shand | M75 | 20.78 | |
| Rae McMillan | W80 | 13.44 | |
| Victor Quinlan | M75 | 13.51 | |
| Peggy Macliver | W65 | 16.24 | |

Discus

| | | | |
|----------------|-----|-------|-----------|
| Geoff Brayshaw | M60 | 28.91 | |
| Andrew Ward | M45 | 23.38 | |
| Peter Kennedy | M90 | 8.86 | |
| Rob Shand | M75 | 21.80 | SB |
| Rae McMillan | W80 | 14.15 | |
| Victor Quinlan | M75 | 13.28 | |
| Jenni Quinlan | W55 | 11.26 | |

ECAC – February 2; AWA State Championships

10km Race walk (track)

| | | | |
|-------------|-----|---------|---------------|
| Lyn Ventris | W50 | 53:39.2 | GOLD |
| Gary Hastie | M45 | 59:32.3 | GOLD |
| David Smyth | M40 | 64:49.4 | SILVER |

ECAC – February 3

Weight Throw

| | | | |
|---------------|-----|-------|------------|
| Lajos Joni | M55 | 15.33 | |
| Matt Staunton | M35 | 12.62 | |
| Mark Hamilton | M40 | 11.40 | |
| Paul Foley | M45 | 10.17 | PBA |
| Stella Turner | W60 | 8.12 | SB |

800m

| | | | |
|---------------|-----|--------|------------|
| Kim Thomas | M35 | 2:32.4 | |
| Mark Elms | M40 | 2:35.5 | PBA |
| Rob Colton | Vis | 2:45.0 | |
| Fiona Leonard | W40 | 2:45.6 | |

| | | | |
|----------------|-----|--------|-----------|
| Kim Thomas | M35 | 2:39.7 | |
| Rod Hamilton | M45 | 2:43.5 | |
| Matt Staunton | M35 | 2:45.1 | |
| David Carr | M75 | 2:51.7 | |
| John Dennehy | M50 | 2:56.4 | SB |
| Maurice Creagh | M60 | 3:03.3 | |
| Mike O'Reilly | M70 | 3:03.7 | |
| Ivan Brown | M65 | 3:15.0 | |
| Nick Miletic | M55 | 3:19.0 | SB |

| | | | |
|-----------------------|------------|---------------|------------|
| Simon Leonard | M50 | 3:08.8 | |
| Delia Baldock | W45 | 3:10.3 | |
| Sue Bourn | W40 | 3:11.3 | |
| Peggy Macliver | W65 | 3:11.9 | |
| Lorraine Lopes | W70 | 3:20.0 | AR |
| Mel Hynds | W35 | 3:27.0 | PBA |
| Gillian Young | W60 | 3:30.0 | |
| Carol Bowman | W55 | 3:30.4 | |
| Greg Wilson | M60 | 3:38.0 | |

60m

| | | | |
|--------------|-----|-----|--|
| Chris Neale | M40 | 7.9 | |
| Rudy Kocis | M45 | 8.0 | |
| Colin Smith | M45 | 8.5 | |
| Rob Colton | Vis | 9.1 | |
| Nick Miletic | M55 | 9.6 | |

| | | | |
|---------------|-----|------|------------|
| Jordan Elms | Vis | 9.4 | |
| Keith Martin | M65 | 9.5 | SB= |
| Kev Hynds | M40 | 9.5 | |
| Fiona Leonard | W40 | 9.6 | SB= |
| Serena Elms | Vis | 10.7 | |

| | | | |
|----------------|-----|------|--|
| Matt Staunton | M35 | 8.5 | |
| Peggy Macliver | W65 | 10.0 | |
| Delia Baldock | W45 | 10.3 | |
| Mel Hynds | W30 | 10.6 | |
| Regina Crouch | W40 | 10.9 | |

| | | | |
|-----------------|-----|------|------------|
| Sabrina Elms | Vis | 9.5 | |
| Nick Miletic | M55 | 9.6 | |
| Michael Elms | Vis | 10.3 | |
| Derry Foley | M80 | 11.8 | |
| Carol Bowman | W55 | 11.9 | |
| Patricia Carr | W75 | 13.2 | SB= |
| Lynne Schickert | W65 | 14.7 | |

Long Jump

| | | | |
|--------------------|------------|-------------|-----------|
| Chris Neale | M40 | 5.94 | |
| Mark Elms | M40 | 5.07 | |
| Rudy Kocis | M45 | 5.02 | |
| Regina Crouch | W40 | 3.26 | |
| Greg Wilson | M60 | 3.17 | SB |
| Derry Foley | M80 | 3.07 | SR |

3000m

| | | | |
|----------------|-----|---------|-----------|
| Kim Thomas | M35 | 11:14.9 | |
| Rod Hamilton | M45 | 11:18.8 | |
| Robin King | W50 | 13:11.7 | |
| Bob Schickert | W65 | 13:13.4 | SB |
| Maurice Creagh | M60 | 13:20.7 | |
| Sue Bourn | W40 | 13:31.0 | |
| Rob Colton | Vis | 14:13.0 | |
| Ivan Brown | M65 | 14:18.6 | |
| Gillian Young | W60 | 14:50.0 | |
| Mel Hynds | W30 | 14:50.8 | |
| John Oldfield | M65 | 14:56.7 | |
| Richard Danks | M65 | 17:05.2 | |
| Kev Hynds | M40 | 19:45.0 | |

100m

| | | | |
|---------------|-----|------|------------|
| Mark Elms | M40 | 12.7 | |
| Colin Smith | M45 | 14.0 | |
| Matt Staunton | M35 | 14.1 | |
| Rob Colton | Vis | 14.8 | |
| Rod Hamilton | M45 | 15.8 | |
| Jordon Elms | Vis | 14.9 | |
| Keith Martin | M65 | 15.0 | SB= |
| Nick Miletic | M55 | 15.7 | |
| Sue Bourn | W40 | 16.1 | |
| Michael Elms | Vis | 16.6 | |

| | | | |
|----------------|-----|------|--|
| Kev Hynds | M40 | 15.8 | |
| Peggy Macliver | W65 | 16.6 | |
| David Carr | M75 | 17.0 | |
| Bob Schickert | M65 | 19.7 | |

| | | | |
|---------------|-----|------|------------|
| Sabrina Elms | Vis | 16.1 | |
| Serena Elms | Vis | 18.3 | |
| Mel Hynds | W30 | 19.0 | |
| Sarah Ladwig | W60 | 20.1 | SB= |
| Derry Foley | M80 | 20.5 | |
| Patricia Carr | W75 | 24.3 | |

Hammer

| | | | |
|---------------|-----|-------|------------|
| Lajos Joni | M55 | 40.05 | |
| Matt Staunton | M35 | 39.56 | |
| Paul Foley | M45 | 31.87 | PBA |
| Mark Hamilton | M40 | 27.73 | |
| Stella Turner | W60 | 18.49 | |

4 x 800m walk relay

| | | |
|--|---------|--|
| M50 | 21:01.0 | |
| [Stan Jones 6:03, Peter Hopper 4:54, John Smith 5:39, Tom Lenane 4:25] | | |
| W40 | 21:42.7 | |
| [Sarah Ladwig 5:07, Regina Crouch 5:24, Lesley Romeo 5:45, Lynne Schickert 5:27] | | |
| Composite Team | 20:55.9 | |
| (not part of National relays) | | |
| [Nick Miletic, Gillian Young, Mel Hynds, Robin King] | | |

Hammer relay

| | | |
|--|--------|--|
| M30 | 98.97m | |
| [Matt Staunton 31.47m, Paul Foley 30.80m, Lajos Joni 36.70m] | | |

Strive Interclub, WAAS – February 4**200m**

Chris Perrey M35 25.64 -0.6

800mNeil Morfitt M50 2:13.76 **SB****3000m**Paul Mitchell M40 9:24.55
Kim Thomas M35 10:51.13 **PBA**
David Brook M45 11:35.88**High Jump**

Matt Staunton M35 1.55

UWA February 8**800m**Michael Barton M40 2:22.2
John Collier M40 2:31.9 **SB**
Mark Dawson M45 2:35.4 **SB**
Marg Saunders W55 2:44.9 **SB**
Allan Billington M50 2:59.2
Toni Phillips W35 3:00.4
Ivan Brown M65 3:11.0
Greg Wilson M60 3:24.6 **SB**John Collier M40 2:46.9
Frank Gardiner M60 2:57.2
Gavin Howard M50 3:17.2
Peggy Macliver W65 3:19.5
Peter Gare M70 3:31.3
Barry Newell M50 3:32.7
Julie Wilson W55 3:46.1
Kevin Collins M40 3:46.8
Christine Oldfield W65 4:06.4
Val Prescott W65 4:50.3 **SB**
Lynne Schickert W65 5:13.2
Carol Clark Vis 5:38.8
Peter Kennedy M90 7:54.3 **PBA****3000m**Michael Barton M40 10:32.7
Keith Edmonds M40 11:50.7
John Collier M40 12:02.5 **SB**
Mark Dawson M45 12:29.9 **SB**
Mark Matcham M40 13:01.5
Gavin Howard M50 14:03.9
John Oldfield M65 14:04.7
Allan Billington M50 14:54.8
Greg Wilson M60 15:17.7 **SB**
Gill Edmonds W45 15:58.4
Julie Wilson W55 16:14.9
Cathy Elms W40 16:51.8
Christine Oldfield W65 17:51.0**3000m Walk**Peter Hopper M65 21:06.0 **PBA**
Lynne Schickert W65 23:32.9
Lorna Lauchlan W80 25:38.3**Pole Vault**Matt Staunton M35 3.30 **PBA****Long Jump**Mark Jeffrey M40 5.74 +2.9 **PBA****Shot**

Tom Gravestock M55 9.93

DiscusMatt Staunton M35 36.91
Tom Gravestock M55 34.81**Javelin**

Paul Foley M45 41.73

60mRichard Williams M40 8.4
Rob Greenhalgh M60 9.0 **SB=**
Barrie Kernaghan M70 9.0 **SB**
Keith Edmonds M40 9.2
Norm Richards M70 9.4Toni Phillips W35 8.8
Cathy McCloskey W45 9.2 **SB**
Cathy Elms W40 9.2 **SB**
Fran Cherry W45 9.7 **SB**
Peggy Macliver W65 9.7 **SB**Barry Newell M50 9.3
Kevin Collins M40 10.1
John Dennehy M50 10.2
Julie Wilson W55 12.6 **SB**Ella Newell Vis 11.3
Carol Clark Vis 11.8
Lynne Schickert W65 14.8
Peter Kennedy M90 17.2**100m**Andrew Ward M45 13.5 **PBA=**
Richard Williams M40 13.6
Keith Edmonds M40 14.2 **PBA=**
Barrie Kernaghan M70 14.9
Rob Greenhalgh M60 14.9Michael Barton M40 14.2
Peter Gare M70 15.2
Cathy McCloskey W45 15.2 **SB**
John Dennehy M50 15.9
Peggy Macliver W65 16.0Barry Newell M50 14.9
Kevin Collins M40 16.4 **PBA**
Fran Cherry W45 16.5 **SB**
Carol Clark Vis 19.1
Julie Wilson W55 20.9
Ella Newell Vis 20.7
Lynne Schickert W65 25.6
Lorna Lauchlan W80 32.2 **SR**

Long Jump

| | | | |
|-----------------|-----|------|-----------|
| Greg Wilson | M60 | 3.20 | SB |
| John Dennehy | M50 | 3.78 | |
| Cathy McCloskey | W45 | 3.87 | SB |
| Fran Cherry | W45 | 3.33 | |

Weight Throw

| | | | |
|--------------|-----|------|--|
| Rae McMillan | W80 | 7.72 | |
| Andrew Ward | M45 | 5.05 | |

ECAC – February 10**200m**

| | | | |
|------------------|-----|------|------------|
| Chris Neale | M40 | 24.5 | SB= |
| Barrie Kernaghan | M70 | 28.7 | |
| Kim Thomas | M35 | 29.3 | |
| Fiona Leonard | W40 | 31.0 | |
| Sue Bourn | W40 | 33.8 | |

| | | | |
|----------------|-----|------|------------|
| Nick Miletic | M55 | 31.2 | PBA |
| Peggy Macliver | W65 | 31.3 | PBA |
| John Dennehy | M50 | 31.8 | |
| David Carr | M75 | 32.4 | |
| Shannon Neale | Vis | 36.3 | |

| | | | |
|---------------|-----|------|------------|
| David Solomon | M45 | 27.9 | SB |
| Carol Bowman | W55 | 38.5 | SB |
| Tom Crossen | M75 | 40.7 | PBA |
| Derry Foley | M80 | 40.9 | SB |

| | | | |
|---------------|-----|------|--|
| Mel Hynds | W30 | 37.9 | |
| Regina Crouch | W40 | 39.1 | |
| Sarah Ladwig | W60 | 41.7 | |
| Hilary Beck | W55 | 43.4 | |
| Patricia Carr | W75 | 51.7 | |

1500m

| | | | |
|---------------------|-----|--------|-----------|
| Tony Heppener | M55 | 4:55.9 | SB |
| Ross Keane | M45 | 5:07.6 | SB |
| Rod Hamilton | M45 | 5:13.6 | |
| Kim Thomas | M35 | 5:17.0 | |
| Fiona Leonard | W40 | 5:54.9 | |
| Bob Schickert | M65 | 5:56.3 | |
| Maurice Creagh | M60 | 6:23.7 | |
| Sue Bourn | W40 | 6:35.3 | |
| David Carr | M75 | 6:41.8 | |
| Lorraine Lopes | W70 | 6:42.0 | AR |
| Hilary Beck | W55 | 6:43.6 | |
| Gillian Young | W60 | 6:53.8 | |
| Mel Hynds | W35 | 7:02.7 | |
| Marguerita Milicich | W30 | 7:55.7 | |

1500m walk

| | | | |
|-----------------|-----|---------|--|
| Lynne Schickert | W65 | 10:39.7 | |
| John Smith | M75 | 10:39.8 | |

Shot

| | | | |
|----------------|-----|------|-----------|
| Peter Gare | M70 | 8.00 | |
| Greg Wilson | M60 | 8.56 | SB |
| Peter Hopper | M65 | 7.81 | |
| Andrew Ward | M45 | 6.94 | SB |
| Lorna Lauchlan | W80 | 5.77 | |
| Rae McMillan | W80 | 6.53 | |

400m

| | | | |
|---------------|-----|--------|-----------|
| Kim Thomas | M35 | 66.0 | SB |
| Matt Staunton | M35 | 67.7 | |
| Rod Hamilton | M45 | 71.1 | |
| Shannon Neale | Vis | 1:37.9 | |

| | | | |
|----------------|-----|--------|--|
| David Carr | M75 | | |
| Mike O'Reilly | M70 | 75.0 | |
| Delia Baldock | W45 | 77.0 | |
| Peggy Macliver | W65 | 79.1 | |
| Carol Bowman | W55 | 1:32.7 | |

| | | | |
|--------------------|-----|--------|-----------|
| Mel Hynds | W30 | 1:29.3 | |
| Gillian Young | W60 | 1:31.3 | |
| Bernie O'Callaghan | W50 | 1:32.4 | |
| Sarah Ladwig | W60 | 1:35.5 | SB |
| Hilary Beck | W55 | 1:39.5 | |
| Regina Crouch | W40 | 1:41.2 | |

3000m

| | | | |
|--------------------|-----|---------|--|
| Tony Heppener | M55 | 11:15.1 | |
| Rod Hamilton | M45 | 11:27.5 | |
| Kim Thomas | M35 | 12:00.0 | |
| David Solomon | M45 | 12:05.5 | |
| Maurice Creagh | M60 | 14:18.6 | |
| Sue Bourn | W40 | 14:40.0 | |
| Hilary Beck | W55 | 14:43.6 | |
| Gillian Young | W60 | 14:47.4 | |
| Mel Hynds | W30 | 15:07.6 | |
| David Carr | M75 | 16:15.7 | |
| Nick Bailey | M60 | 16:19.5 | |
| Bernie O'Callaghan | W50 | 16:52.1 | |

Triple Jump

| | | | |
|----------------|-----|-------|-----------|
| Melissa Foster | W30 | 10.22 | |
| Dave Wyatt | M55 | 9.55 | SB |
| Derry Foley | M80 | 6.30 | SR |

Javelin

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 43.05 | |
| Lajos Joni | M55 | 24.82 | |
| Bev Hamilton | W65 | 18.82 | |
| Stella Turner | W60 | 11.60 | |

Discus (non relay; further throws)

| | | | |
|--------------|-----|-------|-----------|
| Lajos Joni | M55 | 34.01 | |
| Greg Wilson | M60 | 28.84 | SB |
| Bev Hamilton | W65 | 20.28 | |

Discus relay

| | | |
|-----|---------|---|
| M30 | 101.94m | [Matt Staunton 36.00, Mark Hamilton 37.54 SB , Lajos Joni 28.40] |
| M60 | 69.51m | [Keith Martin 21.19, Mike O'Reilly 20.55, Greg Wilson 27.77] |
| W60 | 43.08m | [Stella Turner 12.45, Lynne Schickert 10.92, Bev Hamilton 19.71] |

4 x 100m relay

| | | |
|-----|------|---|
| W40 | 63.6 | [Delia Baldock, Regina Crouch, Kerriann Bresser, Sue Bourn] |
| W50 | 71.5 | [Lynne Choate, Bernie O'Callaghan, Carol Bowman, Gillian Young] |
| W60 | 80.5 | [Sarah Ladwig, Lorraine Lopes, Lynne Schickert, Peggy Macliver] |
| M30 | 51.2 | [Kim Thomas, Colin Smith, Matt Staunton, Chris Neale] |
| M50 | 59.0 | [Dave Wyatt, Nick Miletic, John Dennehy, Tony Heppener] |
| M70 | 63.7 | [Norm Richards, Mike O'Reilly, Barrie Kernaghan, Tom Crossen] |
| M60 | 79.0 | [Maurice Creagh, Bob Schickert, John Oldfield, Derry Foley] |

Strive Interclub, WAAS – February 11**60m**

| | | | |
|------------------|-----|------|------|
| Rudy Kocis | M45 | 8.26 | -2.8 |
| Colin Smith | M45 | 8.50 | -1.0 |
| Lynne Choate | W55 | 9.42 | -1.7 |
| Norm Richards | M70 | 9.51 | -1.0 |
| Barrie Kernaghan | M70 | 9.57 | -1.0 |

100m

| | | | |
|------------------|-----|-------|------|
| Darryl Lette | M40 | 12.44 | -2.4 |
| Chris Neale | M40 | 12.60 | -2.4 |
| Rudy Kocis | M45 | 12.94 | -2.4 |
| Colin Smith | M45 | 13.18 | +0.2 |
| Barrie Kernaghan | M70 | 14.82 | -2.1 |
| Lynne Choate | W55 | 15.01 | -2.5 |
| Norm Richards | M70 | 15.30 | -2.1 |

400m

| | | |
|------------------|-----|-------|
| Chris Neale | M40 | 56.36 |
| Colin Smith | M45 | 58.26 |
| Barrie Kernaghan | M70 | 72.28 |

1500m

| | | |
|---------------|-----|--------------------|
| Paul Mitchell | M40 | 4:19.05 PBA |
| Neil Morfitt | M50 | 5:00.62 |

3000m steeplechase

| | | |
|------------|-----|--------------------|
| Kim Thomas | M35 | 11:53.3 PBA |
|------------|-----|--------------------|

Shot

| | | |
|--------------|-----|------|
| Bev Hamilton | W65 | 8.54 |
|--------------|-----|------|

Hammer

| | | |
|--------------|-----|-------|
| Kate Glass | W60 | 35.07 |
| Bev Hamilton | W65 | 25.66 |

MAWA State Championships – Decathlon, WAAS – February 12-13

| Day 1: | 100m | LJ | Sh | HJ | 400m |
|-----------------------------|-------|------|-------|------|------|
| Matt Staunton (M35) | 13.81 | 5.21 | 11.81 | 1.49 | 61.3 |
| (WMA Points) Points | 367 | 455 | 621 | 404 | 437 |
| Wind | -6.2 | 2.1 | | | |
| Mark Jeffrey (M40) | 13.31 | 5.61 | 10.13 | 1.67 | 58.4 |
| (Open points) Points | 417 | 523 | 493 | 520 | 465 |
| Wind | -6.2 | 2.8 | | | |

(Mark withdrew at the end of Day 1 with a groin injury)

| Day 2 | 110mH | D | PV | J | 1500 |
|----------------------------|-------|-------|------|-------|--------|
| Matt Staunton (M35) | 21.6 | 35.67 | 3.50 | 47.68 | 5:50.2 |
| (WMA Points) Points | 232 | 587 | 496 | 563 | 319 |
| Wind | -2.5 | | | | |

Total Points: 4481

UWA – February 15

200m

| | | | |
|------------------|-----|------|-----------|
| Mark Elms | M40 | 26.7 | |
| Michael Barton | M40 | 28.5 | |
| Richard Williams | M40 | 28.5 | SB |
| Barrie Kernaghan | M70 | 30.7 | |
| Barry Newell | M50 | 30.9 | SB |

| | | | |
|-----------------|-----|------|--|
| Pieter De Klerk | M50 | 29.1 | |
| Norm Richards | M70 | 32.4 | |
| Cathy McCloskey | W45 | 33.1 | |
| Peggy Macliver | W65 | 33.7 | |
| John Dennehy | M50 | 35.3 | |

| | | | |
|----------------|-----|------|--|
| Rob Greenhalgh | M60 | 31.3 | |
| Bob Schickert | M65 | 35.0 | |
| Kevin Collins | M40 | 36.3 | |
| Fran Cherry | W45 | 36.3 | |

| | | | |
|-----------------|-----|------|-----------|
| Julie Wilson | W55 | 44.0 | |
| Ella Newell | Vis | 48.9 | |
| Lynne Schickert | W65 | 51.6 | SB |
| Carol Clark | Vis | 58.2 | |

1500m

| | | | |
|----------------|-----|--------|-----------|
| Michael Barton | M40 | 4:53.3 | |
| John Collier | M40 | 5:18.7 | SB |
| Niamh Keane | W45 | 5:20.1 | |
| Keith Edmonds | M40 | 5:43.6 | |
| Karen Gower | W50 | 6:25.7 | |
| Milton Mavrick | M55 | 7:17.2 | SB |

1500m Walk

| | | | |
|-----------------|-----|---------|-----------|
| Lynne Schickert | W65 | 11:49.8 | |
| Lorna Lauchlan | W80 | 12:30.3 | SB |

Triple Jump

| | | | |
|-----------------|-----|------|-----------|
| Lynne Schickert | W65 | 6.20 | SB |
| Geoff Brayshaw | M60 | 8.03 | |
| Fran Cherry | W45 | 7.33 | SB |
| Cathy McCloskey | W45 | 7.81 | SB |

Discus

| | | | |
|----------------|-----|-------|------------|
| Peter Kennedy | M90 | 10.76 | |
| Geoff Brayshaw | M60 | 32.04 | PBA |
| Andrew Ward | M45 | 21.98 | |
| Peter Hopper | M65 | 24.46 | PBA |
| Rob Shand | M75 | 21.51 | |
| Rae McMillan | W80 | 15.79 | |

400m

| | | | |
|------------------|-----|------|-----------|
| Pieter De Klerk | M50 | 61.0 | |
| Mark Elms | M40 | 61.3 | |
| Richard Williams | M40 | 66.4 | |
| Keith Edmonds | M40 | 68.8 | SB |
| Cathy McCloskey | W45 | 76.0 | SB |
| Barrie Kernaghan | M70 | 81.2 | |
| Kevin Collins | M40 | 90.6 | |

| | | | |
|-----------------|-----|------|-----------|
| Rob Greenhalgh | M60 | N/T | |
| John Dennehy | M50 | 73.6 | |
| Barrie Newell | M50 | 75.7 | |
| Bob Schickert | M65 | 76.3 | |
| Peggy Macliver | W65 | 77.9 | |
| Norm Richards | M70 | 79.2 | SB |
| Lynne Schickert | W65 | N/T | |
| Val Prescott | W65 | N/T | |

3000m

| | | | |
|----------------|-----|---------|-----------|
| Clive Hicks | M55 | 10:53.9 | SB |
| David Brook | M45 | 11:25.4 | SB |
| Keith Edmonds | M40 | 12:13.5 | |
| John Collier | M40 | 12:27.7 | |
| Graeme Dahl | M60 | 12:43.2 | |
| John Oldfield | M65 | 13:36.5 | |
| Karen Gower | W50 | 14:10.4 | |
| Milton Mavrick | M55 | 14:45.7 | |
| Julie Wilson | W55 | 15:20.4 | SB |
| Gill Edmonds | W40 | 15:48.6 | |

3000m Walk

| | | | |
|--------------|-----|---------|-----------|
| Peter Hopper | M65 | 21:06.2 | SB |
|--------------|-----|---------|-----------|

Javelin

| | | | |
|----------------|-----|-------|-----------|
| Peter Kennedy | M90 | 10.45 | SR |
| Geoff Brayshaw | M60 | 29.50 | |
| Andrew Ward | M45 | 29.87 | |
| Mark Elms | M40 | 30.73 | |
| Rob Shand | M75 | 21.00 | |
| Victor Quinlan | M75 | 13.40 | |
| Carol Clark | W55 | 8.70 | |
| Martin Brough | Vis | 38.61 | |
| Val Prescott | W65 | 12.08 | SB |
| Rae McMillan | W80 | 12.98 | |

ECAC – February 17

4x400m relays: *note the individual splits are approximate*

| | | |
|-----|--------|--|
| M30 | 4:00.9 | [Chris Neale 55; Mark Elms 59; Kim Thomas 67; Colin Smith 61] |
| M60 | 5:01.3 | [Duncan McAuley 66; David Carr 77; Mike O'Reilly 78; Bob Schickert 80] |
| W40 | 5:09.1 | [Fiona Leonard 70; Carol Bowman 88; Margaret Saunders 73; Sue Bourn 78] |
| W30 | 5:13.9 | [Regina Crouch 93; Kerriann Bresser 73; Delia Baldock 75; Toni Phillips 73] |
| W60 | 6:29.5 | [Peggy Macliver 78; Sarah Ladwig 100; Lynne Schickert 120; Gillian Young 91] |

Shot relay

| | | |
|-----|--------|--|
| W60 | 19.61m | [Stella Turner 6.59m; Bev Hamilton 8.50m; Lynne Schickert 4.52m] |
|-----|--------|--|

60m

| | | | |
|----------------|-----|-----|------------|
| Chris Neale | M40 | 7.7 | SB= |
| Mark Elms | M40 | 7.7 | PB |
| Melissa Foster | W30 | 7.9 | PBA |
| Colin Smith | M45 | 8.3 | |

| | | | |
|---------------------|-----|-----|------------|
| Kim Thomas | M35 | 8.8 | SB= |
| Marguerita Milicich | W30 | 9.2 | |
| Fiona Leonard | W40 | 9.3 | SB |
| Kevin Hynds | M40 | 9.5 | |
| Peggy Macliver | W65 | 9.9 | |

| | | | |
|-----------------|-----|------|------------|
| Terry Cummins | Vis | 10.2 | |
| Mel Hynds | W30 | 10.4 | |
| Michelle Thomas | W30 | 10.4 | |
| Regina Crouch | W40 | 10.5 | SB= |
| Carol Bowman | W55 | 11.7 | |

| | | | |
|-------------------|-----|------|-----------|
| Fran Cherry | W45 | 9.7 | SB |
| Zac Foster-Bardot | Vis | 9.8 | |
| Derry Foley | M80 | 11.4 | SB |
| Pat Carr | W75 | 12.8 | SB |
| Lynne Schickert | W65 | 13.7 | |

600m (not analysed)

| | | | |
|---------------|-----|--------|--|
| Chris Cummins | Vis | 1:42.6 | |
| Paul Burke | M40 | 1:46.9 | |
| Kim Thomas | M35 | 1:48.5 | |
| Jamie Leonard | Vis | 1:54.3 | |
| Fiona Leonard | W40 | 1:55.0 | |
| Terry Cummins | Vis | 1:58.8 | |
| Randy Hobbs | Vis | 1:59.2 | |
| David Carr | M75 | 1:59.9 | |
| Simon Leonard | M50 | 2:00.1 | |
| Brian Hewitt | M55 | 2:09.5 | |

| | | | |
|----------------|-----|--------|--|
| Chris Cummins | Vis | 1:51.0 | |
| Kim Thomas | M35 | 1:56.5 | |
| Toni Phillips | W35 | 1:58.0 | |
| John Dennehy | M50 | 1:59.9 | |
| Bob Schickert | M65 | 2:03.4 | |
| Mike O'Reilly | M70 | 2:08.3 | |
| Terry Cummins | Vis | 2:10.9 | |
| Maurice Creagh | M60 | 2:26.3 | |
| Mel Hynds | W30 | 2:28.5 | |
| Gillian Young | W60 | 2:29.6 | |
| Hilary Beck | W55 | 2:32.5 | |
| Frank Gardiner | M60 | 2:36.0 | |
| Fran Cherry | W45 | 2:44.1 | |

600m Walk

| | | | |
|------------|-----|--------|--|
| John Smith | M75 | 3:57.5 | |
|------------|-----|--------|--|

3000m walk

| | | | |
|------------|-----|---------|--|
| Tom Lenane | M55 | 19:03.1 | |
|------------|-----|---------|--|

Long Jump**100m (* indicates time is estimated by interpolation)**

| | | | |
|---------------|-----|------|-----------|
| Chris Neale | M40 | 12.5 | |
| Colin Smith | M45 | 13.5 | |
| Kim Thomas | M35 | 14.1 | SB |
| Fiona Leonard | W40 | 14.9 | SB |
| Terry Cummins | Vis | 17.0 | |

| | | | |
|---------------------|-----|-------|------------|
| Toni Phillips | W35 | 13.3 | PBA |
| Marguerita Milicich | W30 | 15.2 | |
| Kevin Hynds | M40 | 15.5* | |
| Peggy Macliver | W65 | 15.6* | |
| Delia Baldock | W45 | 15.9 | SB |

| | | | |
|---------------|-----|------|-----------|
| Jamie Leonard | Vis | 15.9 | |
| Bob Schickert | M65 | 16.2 | SB |
| Mel Hynds | W30 | 16.8 | SB |
| Regina Crouch | W40 | 17.4 | |
| Hilary Beck | W55 | 20.4 | |

| | | | |
|-----------------|-----|------|-----------|
| Melissa Foster | W30 | 13.3 | SB |
| Paul Burke | M40 | 14.3 | |
| Derry Foley | M80 | 19.3 | |
| Carol Bowman | W55 | 19.4 | |
| Lynne Schickert | W65 | 21.6 | SB |
| Pat Carr | W65 | 21.6 | SB |

3000m

| | | | |
|----------------|-----|---------|-----------|
| Chris Cummins | Vis | 10:12.2 | |
| Kim Thomas | M35 | 11:20.6 | |
| Terry Cummins | Vis | 11:52.8 | |
| Ross Keane | M45 | 12:06.3 | SB |
| Brian Hewitt | M55 | 12:18.4 | |
| Frank Gardiner | M60 | 12:41.6 | |
| Graeme Dahl | M60 | 12:43.8 | |
| Paul Burke | M40 | 12:54.5 | |
| Simon Leonard | M50 | 13:10.5 | |
| Randy Hobbs | Vis | 13:27.1 | |
| Maurice Creagh | M60 | 13:39.6 | |
| Sue Bourn | W40 | 13:43.8 | |
| Hilary Beck | W55 | 14:25.8 | SB |
| Gillian Young | W60 | 14:29.0 | |
| Mel Hynds | W30 | 14:55.4 | |
| Sarah Ladwig | W60 | 16:08.6 | |
| Kevin Hynds | M40 | 20:01.5 | |

Shot

| | | | |
|----------------|-----|------|--|
| Melissa Foster | W30 | 8.79 | |
| Bev Hamilton | W65 | 8.64 | |
| Stella Turner | W60 | 6.59 | |

Hammer

| | | | |
|---------------|-----|-------|--|
| Lajos Joni | M55 | 43.85 | |
| Bev Hamilton | W65 | 25.82 | |
| Stella Turner | W60 | 18.68 | |

Strive Interclub, WAAS – February 18**100m**

| | | | |
|------------------|-----|-------|------|
| Colin Smith | M45 | 13.12 | +1.2 |
| Barrie Kernaghan | M70 | 14.72 | +1.2 |
| Norm Richards | M70 | 14.96 | +1.2 |

200m

| | | | | |
|------------------|-----|-------|------|------------|
| Chris Neale | M40 | 24.97 | +1.8 | |
| Mark Jeffrey | M40 | 25.71 | +1.8 | PBA |
| Colin Smith | M45 | 26.10 | +2.0 | |
| Barrie Kernaghan | M70 | 29.57 | +2.0 | |
| Norm Richards | M70 | 31.25 | +2.0 | SB |

800m

| | | | |
|--------------|-----|---------|------------|
| Neil Morfitt | M50 | 2:15.54 | |
| Kim Thomas | M35 | 2:20.57 | PBA |

5000m

| | | | |
|-------------------|-----|---------|------------|
| Paul Mitchell | M40 | 16:09.8 | PBA |
| Roscoe McDonnell | M50 | 18:31.0 | PBA |
| Kim Thomas | M35 | 19:31.8 | SB |
| David Brook | M45 | 19:40.2 | PBA |
| Jonathon Phillips | M35 | 23:31.0 | |

High Jump

| | | | |
|-------------|-----|------|------------|
| Dave Wyatt | M55 | 1.45 | SB= |
| Greg Wilson | M60 | 1.37 | SR |

Long Jump

| | | | |
|-------------|-----|------|------|
| Chris Neale | M40 | 5.74 | +1.9 |
|-------------|-----|------|------|

Shot Put

| | | | |
|--------------|-----|------|--|
| Paul Foley | M45 | 9.90 | |
| Bev Hamilton | W65 | 8.37 | |

Discus

| | | | |
|--------------|-----|-------|------------|
| Lajos Joni | M55 | 36.41 | PBA |
| Paul Foley | M45 | 28.85 | |
| Bev Hamilton | W65 | 21.22 | |

Hammer

| | | | |
|--------------|-----|-------|--|
| Lajos Joni | M55 | 39.98 | |
| Paul Foley | M45 | 28.85 | |
| Bev Hamilton | W65 | 25.09 | |

UWA – February 22**60m**

| | | | |
|------------------|-----|------|-----------|
| Andrew Taylor | Vis | 8.5 | |
| Barrie Kernaghan | M70 | 8.9 | SB |
| Norm Richards | M70 | 9.4 | |
| Kevin Collins | M40 | 9.9 | |
| John Dennehy | M50 | 10.0 | |

| | | | |
|-----------------|-----|------|-----------|
| Cathy McCloskey | W45 | 9.1 | SB |
| Fran Cherry | W45 | 9.5 | SB |
| Julie Wilson | W55 | 12.5 | SB |

| | | | |
|-----------------|-----|------|------------|
| Lynne Schickert | W65 | 13.5 | SB= |
| Lorna Lauchlan | W80 | 15.9 | SR |

600m

| | | | |
|-----------------|-----|--------|--|
| John Collier | M40 | 1:55.1 | |
| Kim Thomas | M35 | 1:57.3 | |
| Graeme Dahl | M60 | 2:07.1 | |
| Cathy McCloskey | W45 | 2:13.4 | |
| Greg Wilson | M60 | 2:23.3 | |
| Milton Mavrick | M55 | 2:29.9 | |
| Campbell Till | M50 | 2:43.5 | |

100m

| | | | |
|------------------|-----|------|-------------|
| Andrew Taylor | Vis | 13.7 | |
| Barrie Kernaghan | M70 | 14.7 | |
| Norm Richards | M70 | 15.5 | |
| John Dennehy | M50 | 16.0 | |
| Kevin Collins | M40 | 16.4 | PBA= |

| | | | |
|-----------------|-----|------|------------|
| Cathy Elms | W40 | 15.0 | PBA |
| Fran Cherry | W45 | 16.0 | SB |
| Julie Wilson | W55 | 20.3 | SB |
| Lynne Schickert | W65 | 21.9 | |

3000m Walk

| | | | |
|--------------------|-----|---------|--|
| Lynne Schickert | W65 | 22:38.6 | |
| Christine Oldfield | W65 | 23:45.0 | |
| Lorna Lauchlan | W80 | 25:43.7 | |

3000m

| | | | |
|---------------|-----|----------|-----------|
| Clive Hicks | M55 | 10:59.0 | |
| Graeme Dahl | M60 | 12:42.4 | |
| Mark Matcham | M40 | 12:47.7 | SB |
| Bob Schickert | M65 | 13:05.6 | SB |
| Campbell Till | M50 | 14:27.9 | |
| John Dennehy | M50 | 15:59.0 | |
| Julie Wilson | W55 | 17:54.3 | |
| Fran Cherry | W45 | 18:28.8 | SB |
| Cathy Elms | W40 | 20:25.3* | |

* Possibly Ran extra lap

5000m

| | | | |
|------------------|-----|----------|------------|
| Roscoe McDonnell | M50 | 19:34.3 | |
| Kim Thomas | M35 | 20:05.1 | |
| David Brook | M45 | 20:37.5 | |
| John Collier | M40 | 21:03.8 | SB= |
| John Oldfield | M65 | 24:37.5 | SB |
| Greg Wilson | M60 | 25:51.4 | SB |
| Milton Mavrick | M55 | 28:59.3* | |

* Possibly Ran extra lap

LONG JUMP

| | | | |
|-----------------|-----|------|------------|
| Greg Wilson | M60 | 3.61 | SB |
| Fran Cherry | W45 | 3.45 | SB |
| John Dennehy | M50 | 3.79 | |
| Lynne Schickert | W65 | 2.50 | SB |
| Cathy McCloskey | W45 | 3.88 | SB |
| Julie Wilson | W55 | 2.46 | SB= |

SHOT

| | | | |
|----------------|-----|------|-----------|
| Greg Wilson | M60 | 8.61 | SB |
| Bob Fergie | M75 | 8.23 | |
| Rae McMillan | W80 | 6.57 | |
| Mark Matcham | M40 | 7.75 | |
| Lorna Lauchlan | W80 | 6.02 | SB |

WEIGHT THROW

| | | | |
|--------------|-----|-------|-----------|
| Bob Fergie | M75 | 11.30 | SB |
| Rae McMillan | W80 | 7.50 | |

ECAC – February 24**300m**

| | | |
|----------------|-----|------|
| Chris Neale | M40 | 38.9 |
| David Solomon | M45 | 44.9 |
| Jordan Copley | Vis | 46.0 |
| Kim Thomas | M35 | 50.0 |
| Duncan McAuley | M60 | 50.2 |

| | | |
|---------------|-----|------|
| David Carr | M75 | 51.5 |
| Bob Schickert | M65 | 56.3 |
| Shannon Neale | Vis | 60.5 |
| Graeme Dahl | M60 | 64.5 |

| | | |
|--------------------|-----|------|
| Carol Bowman | W55 | 60.7 |
| Bernie O'Callaghan | W50 | 61.5 |
| Mel Hynds | W30 | 62.1 |
| Gillian Young | W60 | 65.1 |
| Hilary Beck | W55 | 69.1 |

1500m

| | | |
|----------------|-----|------------------|
| Kim Thomas | M35 | 5:20.1 |
| Fiona Leonard | W40 | 5:43.5 |
| Maurice Creagh | M60 | 6:14.9 |
| Gillian Young | W60 | 6:35.9 |
| Hilary Beck | W55 | 6:42.8 SB |
| Lorraine Lopes | W70 | 6:46.2 |
| Mel Hynds | W35 | 6:59.4 |

1500m walk

| | | |
|------------|-----|---------|
| Stan Jones | M85 | 11:32.4 |
|------------|-----|---------|

High Jump

| | | |
|---------------|-----|-----------------|
| Dave Wyatt | M55 | 1.30 |
| Fran Cherry | W45 | 1.00 SB= |
| Delia Baldock | W45 | 1.15 |
| Greg Wilson | M60 | 1.39 SR |

Weight Throw

| | | |
|---------------|-----|------------------|
| Stan Selby | M65 | 12.41 |
| Stella Turner | W60 | 8.05 |
| Andrew Ward | M45 | 7.68 SB |
| Bev Hamilton | W65 | 10.54 |
| Lajos Joni | M55 | 15.72 SR= |
| Matt Staunton | M35 | 12.47 |
| Paul Foley | M45 | 9.80 |
| Mark Hamilton | M40 | 11.50 SB |

Long Jump relay

| | | |
|-----|-------|--|
| M40 | 14.73 | [Dave Wyatt 4.86, John Dennehy 4.01 PBA , Chris Neale 5.87] |
| W30 | 11.60 | [Melissa Foster 5.05, Regina Crouch 3.22, Jacqui Sanders 3.33] |
| W60 | 8.07 | [Lynne Schickert 2.60 SB , Patricia Carr 2.55, Sarah Ladwig 2.92 PBA] |

4 x 800 relay

| | | |
|------------|----------------|---|
| M30 | 9:54.6 | [Kim Thomas 2:31, John Collier 2:32, Colin Smith 2:31, Chris Neale 2:20] |
| W40 | 11:40.8 | [Niamh Keane 2:38, Simone Solomon 3:00, Delia Baldock 3:05, Kerrienne Bresser 2:57] SR |
| M60 | 11:42.1 | [Bob Schickert 2:55, Maurice Creagh 3:08, Graeme Dahl 2:52, Duncan McAuley 2:47] |
| W50 | 13:23.5 | [Hilary Beck 3:22, Carol Bowman 3:30, Bernie O'Callaghan 3:44, Margaret Saunders 2:47] |
| M40 | 13:51.7 | [Derry Foley 4:44, Ross Keane 2:36, Nick Miletic 3:30, John Dennehy 3:02] |
| W30 | 14:40.0 | [Regina Crouch 4:09, Marguerita Milicich 3:49, Mel Hynds 3:17, Jacqui Sanders 3:25] |
| W60 | 15:16.5 | [Sarah Ladwig 3:38, Lynne Schickert 4:43, Gillian Young 3:13, Lorraine Lopes 3:42] |

Long Jump (17/2/11)

| | | | | | |
|-------------------|-----|----------------|-----------------|-----|----------------|
| Peggy Macliver | W65 | 3.55 | John Dennehy | M50 | 3.41 |
| Melissa Foster | W30 | 5.00 | Colin Chalmers | M35 | 4.32 |
| Zac Foster-Bardot | Vis | 3.01 | Derry Foley | M80 | 2.97 |
| Regina Crouch | W40 | 3.25 | Lynne Schickert | W65 | 2.57 SB |
| Mark Elms | M40 | 5.12 SB | Chris Neale | M40 | 5.80 |
| Fran Cherry | W45 | 3.33 | Patricia Carr | W75 | 2.48 |

100m

| | | |
|---------------------|-----|-----------------|
| Colin Smith | M45 | 13.6 |
| Kim Thomas | M35 | 14.6 |
| Marguerita Milicich | W30 | 15.0 SB= |
| Nick Miletic | M55 | 15.2 |
| Ross Keane | M45 | 16.0 |

| | | |
|---------------|-----|-----------------|
| Jordan Copley | Vis | 14.2 |
| Fiona Leonard | W40 | 15.0 |
| John Dennehy | M50 | 15.5 PBA |
| Fran Cherry | W45 | 16.4 |
| David Carr | M75 | 17.5 |

| | | |
|---------------|-----|-----------------|
| Ross Keane | M45 | 15.4 PBA |
| Shannon Neale | Vis | 16.8 |
| Derry Foley | M80 | 19.2 |
| Hilary Beck | W55 | 21.2 |

| | | |
|----------------|-----|----------------|
| Matt Staunton | M35 | 13.8 |
| Jacqui Sanders | W40 | 16.4 SB |
| Mel Hynds | W30 | 16.7 |
| Regina Crouch | W40 | 17.1 |

| | | |
|--------------------|-----|----------------|
| Bernie O'Callaghan | W50 | 18.2 |
| Patricia Carr | W75 | 21.2 SB |
| Lynne Schickert | W65 | 21.7 |

Javelin

| | | |
|----------------|-----|------------------|
| Melissa Foster | W30 | 24.35 PBA |
| Stan Selby | M65 | 37.58 SR |
| Stella Turner | W60 | 12.40 SB |
| Andrew Ward | M45 | 31.86 |
| Bev Hamilton | W65 | 18.91 |
| Lajos Joni | M55 | 26.30 |
| Matt Staunton | M35 | 41.18 |
| Peggy Macliver | W65 | 16.67 |
| Paul Foley | M45 | 43.15 SR |
| Regina Crouch | W40 | 12.78 |

Strive Interclub, WAAS – February 25

100m

| | | | | |
|------------------|-----|-------|-----|------------|
| Brett Blanco | M35 | 11.75 | 0.2 | SB |
| Chris Neale | M40 | 12.26 | 1.5 | SB |
| Graeme Watson | M30 | 12.38 | 1.5 | |
| Mark Elms | M40 | 12.71 | 2.1 | SB |
| Matt Staunton | M35 | 12.96 | 2.1 | PBA |
| Colin Smith | M45 | 12.97 | 2.1 | |
| Barrie Kernaghan | M70 | 14.04 | 2.1 | SB |
| Lynne Choate | W55 | 14.61 | 1.5 | SB |
| Norm Richards | M70 | 14.92 | 2.1 | SB |

400m

| | | | |
|------------------|-----|-------|------------|
| Graeme Watson | M30 | 54.65 | PBA |
| Chris Neale | M40 | 55.63 | SB |
| Mark Elms | M40 | 58.57 | SB |
| Barrie Kernaghan | M70 | 68.80 | SB |

2k Steeplechase

Results not posted by AWA

10000m AWA State Championships

| | | | |
|------------------|-----|----------|-------|
| Paul Mitchell | M40 | 34:55.12 | 6/12 |
| Roscoe McDonnell | M50 | 39:13.32 | 9/12 |
| Kim Thomas | M35 | 43:00.51 | 11/12 |
| John Collier | M40 | 47:35.35 | 12/12 |

Discus

| | | |
|---------------|-----|-------|
| Matt Staunton | M35 | 37.59 |
| Lajos Joni | M55 | 34.92 |
| Paul Foley | M45 | 31.47 |
| Bev Hamilton | W65 | 21.28 |
| Kate Glass | W60 | 21.23 |

Hammer

| | | |
|---------------|-----|-------|
| Byrony Glass | W30 | 50.90 |
| Matt Staunton | M35 | 39.61 |
| John Everard | M50 | 39.34 |
| Kate Glass | W60 | 32.94 |
| Paul Foley | M45 | 31.25 |
| Bev Hamilton | W65 | 23.60 |

Javelin

| | | |
|------------|-----|-------|
| Paul Foley | M45 | 40.06 |
| Mark Elms | M40 | 35.51 |

High Jump

| | | | |
|-------------|-----|------|-----------|
| Greg Wilson | M60 | 1.40 | SR |
|-------------|-----|------|-----------|

Long Jump

| | | | |
|---------------|-----|------|-----|
| Graeme Watson | M30 | 5.24 | 0.8 |
|---------------|-----|------|-----|

City v Country, Bunbury – February 5 (note: analysis is done using the best available previous results)

100m

| | | |
|------------------|-----|-----------------|
| Lette, Darryl | M40 | 11.9 PBA |
| Kocis, Rudy | M45 | 11.9 PBA |
| Neale, Chris | M40 | 12.1 PBA |
| Smith, Colin | M45 | 12.6 SB |
| Fearnall, Roy | M65 | 14.2 SB |
| Moloney, Sharon | W45 | 14.9 |
| Macliver, Peggy | W65 | 15.2 PBA |
| Colton, Robert | M45 | 15.2 |
| Miletic, Nick | M55 | 15.5 |
| Carr, David | M75 | 16.2 SB |
| Crouch, Regina | W40 | 16.9 PBA |
| Painter, Brenda | W65 | 17.0 PBA |
| Muller, Peter | M70 | 17.2 |
| Cox, Debra | W45 | 18.0 |
| Bowman, Carol | W55 | 18.8 |
| Schickert, Lynne | W65 | 23.6 |

200m

| | | |
|------------------|-----|-----------------|
| Neale, Chris | M40 | 24.9 |
| Lette, Darryl | M40 | 25.3 |
| Kocis, Rudy | M45 | 25.6 PBA |
| Smith, Colin | M45 | 26.8 |
| Fearnall, Roy | M65 | 29.8 SB |
| Colton, Robert | M45 | 30.8 |
| Moloney, Sharon | W45 | 31.0 |
| Carr, David | M75 | 33.1 |
| Macliver, Peggy | W65 | 33.4 |
| Miletic, Nick | M55 | 34.0 |
| Schickert, Bob | M65 | 34.9 |
| Crouch, Regina | W40 | 39.5 |
| Bowman, Carol | W55 | 40.7 SB |
| Dickason, Carey | W55 | 44.7 |
| Schickert, Lynne | W65 | 53.1 |

800m

| | | |
|---------------------|-----|------------------|
| Colton, Robert | M45 | 2.38.4 |
| Bowman, Carol | W55 | 3.26.4 SB |
| O'Callaghan, Bernie | W50 | 3.32.4 SB |
| Dickason, Carey | W55 | 3.35.1 |

2000m steeplechase

| | | |
|-------------------|-----|---------|
| McDonnell, Roscoe | M50 | 8.02.6 |
| Schickert, Bob | M65 | 9.20.3 |
| Smith, Colin | M45 | 9.55.4 |
| Carr, David | M75 | 10.00.0 |
| Miletic, Nick | M55 | 10.44.7 |

| | | |
|----------------|-----|---------|
| Sanders, Jaqui | W40 | 11.14.8 |
| James, Lyle | M70 | 15.41.6 |

Javelin

| | | |
|------------------|-----|------------------|
| Lette, Darryl | M40 | 32.33 |
| Neale, Chris | M40 | 31.33 |
| Muller, Peter | M70 | 20.47 |
| Moloney, Sharon | W45 | 20.05 |
| Hamilton, Bev | W65 | 18.44 |
| Macliver, Peggy | W65 | 16.90 |
| Crouch, Regina | W40 | 14.87 PBA |
| Painter, Brenda | W65 | 14.13 |
| Cox, Debra | W45 | 13.45 |
| Dickason, Carey | W55 | 13.03 PBA |
| James, Lyle | M70 | 10.32 |
| Schickert, Lynne | W65 | 9.38 |

Long Jump

| | | |
|------------------|-----|-----------------|
| Neale, Chris | M40 | 5.73 |
| Smith, Colin | M45 | 4.19 |
| Macliver, Peggy | W65 | 3.45 |
| Moloney, Sharon | W45 | 3.23 |
| Painter, Brenda | W65 | 3.16 PBA |
| Cox, Debra | W45 | 3.16 |
| Crouch, Regina | W40 | 3.10 |
| Schickert, Lynne | W65 | 2.38 |
| Dickason, Carey | W55 | 2.10 |

Shot

| | | |
|------------------|-----|-----------------|
| Hamilton, Bev | W65 | 8.36 |
| Dickason, John | M60 | 8.29 PBA |
| Muller, Peter | M70 | 7.51 |
| Moloney, Sharon | W45 | 7.33 |
| Macliver, Peggy | W65 | 6.32 |
| Cox, Debra | W45 | 6.13 |
| Dickason, Carey | W55 | 5.70 PBA |
| Painter, Brenda | W65 | 5.61 |
| Crouch, Regina | W40 | 5.51 |
| Schickert, Lynne | W65 | 4.69 |
| James, Lyle | M70 | 4.07 |

Weight Throw

| | | |
|-----------------|-----|-----------------|
| Hamilton, Bev | W65 | 9.71 |
| Muller, Peter | M70 | 8.88 |
| James, Lyle | M70 | 6.49 PBA |
| Moloney, Sharon | W45 | 6.43 |

UWA – March 1

300m (not analysed)

| | | | |
|------------------|-----|------|--|
| James Till | Vis | 42.9 | |
| Mark Elms | M40 | 43.8 | |
| Richard Williams | M40 | 48.1 | |
| Duncan McAuley | M60 | 48.8 | |
| Barrie Kernaghan | M70 | 51.9 | |

| | | | |
|-----------------|-----|------|--|
| Roy Fearnall | M65 | 48.8 | |
| Cathy McCloskey | W45 | 54.3 | |
| Peter Gare | M70 | 55.1 | |
| Kade Fearnall | Vis | 56.3 | |
| Norm Richards | M70 | 57.7 | |

| | | | |
|----------------|-----|------|--|
| Garry Ralston | M55 | 47.3 | |
| Peggy Macliver | W65 | 55.7 | |
| John Dennehy | M50 | 56.3 | |

| | | | |
|----------------|-----|------|--|
| Rob Greenhalgh | M60 | 51.3 | |
| Barry Newell | M50 | 53.5 | |
| Fran Cherry | W45 | 64.5 | |
| Greg Wilson | M60 | 68.3 | |

1500m

| | | | |
|-----------------|-----|---------|------------|
| John Collier | M40 | 5:22.3 | |
| Keith Edmonds | M40 | 5:26.0 | PBA |
| Graeme Dahl | M60 | 5:54.2 | |
| Carl Ciccarelli | M50 | 6:47.5 | |
| Milton Mavrick | M55 | 7:22.3 | |
| Barry Newell | M50 | 8:04.2 | |
| Val Prescott | W65 | 10:46.6 | SB |

100m

| | | | |
|------------------|-----|------|------------|
| Mark Elms | M40 | 12.9 | |
| Richard Williams | M40 | 13.2 | PBA |
| Andrew Taylor | M40 | 13.6 | |
| Roy Fearnall | M65 | 13.7 | SB |
| Kevin Collins | M40 | 16.3 | PBA |

| | | | |
|------------------|-----|------|-----------|
| Garry Ralston | M55 | 13.5 | |
| Barrie Kernaghan | M70 | 14.2 | |
| Rob Greenhalgh | M60 | 14.6 | SB |
| Keith Edmonds | M40 | 14.6 | |
| Norm Richards | M70 | 15.6 | |

| | | | |
|-----------------|-----|------|------------|
| Cathy McCloskey | W45 | 14.8 | PBA |
| Peggy Macliver | W65 | 15.8 | |
| John Dennehy | M50 | 16.0 | |
| Fran Cherry | W45 | 16.4 | |
| Julie Wilson | W55 | 20.3 | |

| | | | |
|---------------|-----|------|--|
| Mark Elms | M40 | 13.1 | |
| Kade Fearnall | Vis | 15.8 | |
| Ella Newell | Vis | 19.5 | |
| Barry Newell | M50 | 19.6 | |

3000m

| | | | |
|-------------------|-----|---------|------------|
| Grahak Cunningham | M30 | 10:53.0 | PBA |
| Clive Hicks | M55 | 11:02.7 | |
| David Brook | M45 | 11:50.2 | |
| John Collier | M40 | 11:53.6 | SB |
| James Till | Vis | 11:55.3 | |
| Graeme Dahl | M60 | 12:34.0 | |
| Bernadette Benson | W40 | 12:45.0 | |
| Keith Edmonds | M40 | 12:49.9 | |
| Duncan McAuley | M60 | 12:50.6 | SB |
| Carl Ciccarelli | M50 | 13:13.0 | |
| Rob Greenhalgh | M60 | 13:43.9 | PBA |
| Campbell Till | M50 | 13:49.2 | |
| Milton Mavrick | M55 | 14:42.8 | |
| Greg Wilson | M60 | 14:54.8 | |
| Julie Wilson | W55 | 15:44.4 | |
| Gillian Edmonds | W45 | 16:04.5 | |
| Peter Hopper | M65 | 18:24.4 | |

3000m Walk

| | | | |
|--------------------|-----|---------|-----------|
| Christine Oldfield | W65 | 23:08.4 | SB |
| Lorna Lauchlan | W80 | 25:52.0 | |

Triple Jump

| | | | |
|-----------------|-----|------|--|
| Geoff Brayshaw | M60 | 8.71 | |
| Cathy McCloskey | W45 | 7.75 | |
| Fran Cherry | W45 | 6.95 | |

Weight Throw

| | | | |
|-------------|-----|-------|-----------|
| Andrew Ward | M45 | 6.16 | |
| Rob Shand | M75 | 7.49 | SB |
| Bob Fergie | M75 | 11.47 | SB |

Javelin

| | | | |
|-----------------|-----|-------|------------|
| Peggy Macliver | W65 | 18.68 | SB |
| Geoff Brayshaw | M60 | 31.53 | PBA |
| Andrew Ward | M45 | 33.68 | PBA |
| Rob Shand | M75 | 20.45 | |
| Peter Gare | M70 | 27.95 | |
| Maria Trolio | W35 | 20.75 | |
| Peter Hopper | M65 | 22.81 | |
| Val Prescott | W65 | 12.56 | SB |
| Cathy McCloskey | W45 | 14.30 | |
| Lorna Lauchlan | W80 | 10.00 | |
| Greg Wilson | M60 | 31.92 | SB |
| Bob Fergie | M75 | 22.00 | PBA |

ECAC – March 3**60m**

| | | | |
|----------------|-----|-----|-----------|
| Colin Smith | M45 | 8.1 | |
| Melissa Foster | W30 | 8.2 | |
| Fiona Leonard | W40 | 9.1 | SB |
| Brian Hewitt | M55 | 9.3 | |
| Kevin Hynds | M40 | 9.6 | |

| | | | |
|---------------------|-----|------|------------|
| Marguerita Milicich | W30 | 9.1 | |
| Kevin Collins | M40 | 9.8 | SB= |
| Mel Hynds | W30 | 10.3 | |
| Regina Crouch | W40 | 10.5 | SB= |
| Carol Bowman | W55 | 11.4 | |
| Derry Foley | M80 | 11.6 | |

| | | | |
|---------------|-----|------|--|
| Logan Foley | Vis | 9.6 | |
| Shannon Neale | Vis | 10.4 | |
| ? | Vis | 10.7 | |

400m

| | | | |
|---------------|-----|------|------------|
| Chris Neale | M40 | 55.5 | SB |
| Paul Burke | M40 | 62.5 | |
| David Solomon | M45 | 63.5 | SB |
| Paul Foley | M45 | 64.9 | PBA |
| Kim Thomas | M35 | 72.1 | |

| | | | |
|--------------------|-----|--------|-----------|
| Fiona Leonard | W40 | 69.9 | SB |
| Peggy Macliver | W65 | 77.1 | |
| Sue Bourn | W40 | 80.5 | |
| Graeme Dahl | M60 | 82.8 | |
| Bernie O'Callaghan | W50 | 84.5 | SB |
| Carol Bowman | W55 | 1:30.6 | |

| | | | |
|----------------|-----|--------|-----------|
| John Dennehy | M50 | 74.0 | |
| Delia Baldock | W45 | 77.3 | |
| Maurice Creagh | M60 | 83.8 | SB |
| Shannon Neale | Vis | 84.8 | |
| Kevin Hynds | M40 | 85.9 | |
| Gillian Young | W60 | 87.6 | |
| Mel Hynds | W30 | 88.3 | |
| Sarah Ladwig | W60 | 1:41.4 | |

200m

| | | | |
|---------------------|-----|------|-----------|
| Colin Smith | M45 | 28.0 | |
| Fiona Leonard | W40 | 31.4 | |
| Marguerita Milicich | W30 | 32.1 | SB |
| Brian Hewitt | M55 | 33.0 | |

| | | | |
|----------------|-----|------|------------|
| Paul Burke | M40 | 28.7 | |
| Logan Foley | Vis | 32.1 | |
| Peggy Macliver | W65 | 33.3 | |
| Delia Baldock | W45 | 34.2 | |
| Kevin Collins | M40 | 34.2 | PBA |

| | | | |
|--------------------|-----|------|------------|
| Shannon Neale | Vis | 36.1 | |
| Mel Hynds | W30 | 37.1 | SB= |
| Bernie O'Callaghan | W50 | 38.1 | |
| Regina Crouch | W40 | 38.3 | |
| Carol Bowman | W55 | 40.0 | |

3000m

| | | | |
|-------------|-----|---------|-----------|
| Kim Thomas | M35 | 10:41.1 | SB |
| Kevin Hynds | M40 | 18:52.2 | SB |

3000m walk

| | | | |
|------------|-----|---------|-----------|
| Tom Lenane | M50 | 18:32.7 | SB |
|------------|-----|---------|-----------|

5000m

| | | | |
|----------------|-----|---------|-----------|
| Graeme Dahl | M60 | 21:27.0 | |
| Paul Burke | M40 | 21:36.6 | |
| Brian Hewitt | M55 | 21:41.3 | |
| Maurice Creagh | M60 | 23:11.6 | |
| Robin King | W50 | 23:17.7 | |
| Sue Bourn | W40 | 23:30.7 | |
| Gillian Young | W60 | 24:29.4 | |
| Lorraine Lopes | W70 | 25:00.3 | SR |
| Mel Hynds | W35 | 25:36.2 | |
| Claire Walkley | W45 | 27:09.0 | |
| Sarah Ladwig | W60 | 28:01.3 | |

Triple Jump

| | | | |
|----------------|-----|-------|-----------|
| Chris Neale | M40 | 11.72 | |
| Melissa Foster | W30 | 10.55 | SR |
| Colin Smith | M45 | 8.55 | |
| Regina Crouch | W40 | 6.93 | |
| Derry Foley | M80 | 6.23 | |

Discus

| | | | |
|---------------|-----|-------|-----------|
| Mark Hamilton | M40 | 35.41 | |
| Paul Foley | M45 | 29.61 | |
| Chris Neale | M40 | 28.83 | |
| Paul Burke | M40 | 27.18 | |
| Logan Foley | Vis | 24.99 | |
| Andrew Ward | M45 | 23.13 | |
| Stella Turner | W60 | 14.32 | SB |

Javelin

| | | | |
|-------------------|-----|-------|-----------|
| Paul Foley | M45 | 38.19 | |
| Andrew Ward | M45 | 32.38 | |
| Chris Neale | M40 | 28.70 | |
| Logan Foley | Vis | 27.39 | |
| Melissa Foster | W30 | 22.66 | |
| Peggy Macliver | W65 | 18.55 | |
| Zac Foster-Bardot | Vis | 18.52 | |
| Stella Turner | W60 | 12.70 | SB |

Strive Interclub, WAAS – March 4

200m

| | | | | |
|--------------|-----|-------|------|--|
| Chris Neale | M40 | 24.90 | +2.3 | |
| Mark Jeffrey | M40 | 26.40 | +2.2 | |

800m

| | | | | |
|--------------|-----|---------|--|--|
| Neil Morfitt | M50 | 2:14.78 | | |
|--------------|-----|---------|--|--|

3000m

| | | | | |
|-------------------|-----|----------|------------|--|
| Andrew Brooker | M40 | 10:28.97 | PBA | |
| Rosoce McDonnell | M50 | 10:57.59 | | |
| David Brook | M45 | 11:18.07 | PBA | |
| Jonathon Phillips | M35 | 12:40.70 | | |

Discus

| | | | | |
|----------------|-----|-------|------------|--|
| Tom Gravestock | M55 | 37.29 | | |
| Matt Staunton | M35 | 36.98 | | |
| Mark Jeffrey | M40 | 35.90 | PBA | |

UWA – March 8

60m

| | | | | |
|------------------|-----|-----|------------|--|
| Garry Ralston | M55 | 7.8 | | |
| Andrew Taylor | M40 | 8.1 | SB | |
| Richard Williams | M40 | 8.1 | SB= | |
| Barrie Kernaghan | M70 | 9.2 | | |
| Norm Richards | M70 | 9.6 | | |

| | | | | |
|-----------------------|-----|------|--|--|
| Rob Greenhalgh | M60 | 9.1 | | |
| Robert Colton | M45 | 9.1 | | |
| Greg Faulkner | M60 | 9.3 | | |
| Allan Billington | M50 | 9.5 | | |
| Irwin Barrett-Lennard | M80 | 11.6 | | |

| | | | | |
|---------------|-----|------|-----------|--|
| Fran Cherry | W45 | 9.9 | | |
| Ella Newell | Vis | 11.8 | | |
| Julie Wilson | W55 | 12.2 | SB | |
| Peter Kennedy | M90 | 18.4 | | |

400m

| | | | | |
|-------------------|-----|------|-----------|--|
| Richard Williams | M40 | 64.2 | | |
| Garry Ralston | M55 | 69.6 | | |
| Rob Greenhalgh | M60 | 71.1 | SB | |
| Allan Billington | M50 | 71.3 | SB | |
| Keith Edmonds | M40 | 73.1 | | |
| Rolf Schatzmann | Vis | 74.2 | | |
| Barrie Kernaghan | M70 | 74.4 | | |
| Bernadette Benson | W40 | 83.4 | | |

| | | | | |
|-----------------------|-----|------|-----------|--|
| John Collier | M40 | 72.3 | | |
| Graeme Dahl | M60 | 73.4 | SB | |
| Peter Gare | M70 | 76.0 | | |
| John Dennehy | M50 | 77.5 | | |
| Peggy Macliver | W65 | 77.6 | | |
| Ivan Brown | M65 | 83.7 | SB | |
| Irwin Barrett-Lennard | M80 | 94.4 | | |

High Jump

| | | | | |
|---------------|-----|------|------------|--|
| Graeme Watson | M30 | 1.65 | | |
| Greg Wilson | M60 | 1.40 | SR= | |

Pole Vault

| | | | | |
|--------------|-----|------|--|--|
| Mark Jeffrey | M40 | 3.65 | | |
|--------------|-----|------|--|--|

Long Jump

| | | | | |
|-------------|-----|------|------|--|
| Chris Neale | M40 | 5.82 | +2.8 | |
|-------------|-----|------|------|--|

Shot

| | | | | |
|---------------|-----|-------|--|--|
| Matt Staunton | M35 | 11.22 | | |
|---------------|-----|-------|--|--|

Javelin

| | | | | |
|---------------|-----|-------|--|--|
| Matt Staunton | M35 | 46.31 | | |
|---------------|-----|-------|--|--|

1500m

| | | | | |
|-------------------|-----|--------|-----------|--|
| Clive Hicks | M55 | 5:10.7 | | |
| John Collier | M40 | 5:15.7 | SB | |
| David Brook | M45 | 5:19.2 | SB | |
| Keith Edmonds | M40 | 5:33.6 | | |
| Robert Colton | M45 | 5:35.4 | | |
| Paul Scott-Taylor | M50 | 5:57.1 | | |
| Rolf Schatzmann | Vis | 5:57.8 | | |
| Bernadette Benson | W40 | 6:01.9 | | |
| Allan Billington | M50 | 6:54.1 | | |
| Greg Faulkner | M60 | 7:15.0 | | |

3000m

| | | | | |
|-------------------|-----|---------|-----------|--|
| Clive Hicks | M55 | 11:13.9 | | |
| John Collier | M40 | 11:45.7 | SB | |
| Graeme Dahl | M60 | 12:09.2 | | |
| Bernadette Benson | W40 | 12:18.1 | | |
| Keith Edmonds | M40 | 12:40.0 | | |
| Paul Scott-Taylor | M50 | 12:47.0 | | |
| John Oldfield | M65 | 13:13.2 | SB | |
| Robert Colton | M45 | 13:52.9 | | |
| Greg Wilson | M60 | 14:28.3 | SB | |
| Julie Wilson | W55 | 15:03.3 | SB | |
| Gillian Edmonds | W45 | 15:37.0 | | |
| Fran Cherry | W45 | 18:21.2 | SB | |

LONG JUMP

| | | | | |
|----------------|-----|------|------------|--|
| Peggy Macliver | W65 | 3.45 | | |
| Geoff Brayshaw | M60 | 4.18 | PBA | |
| John Dennehy | M50 | 3.66 | | |
| Peter Kennedy | M90 | 1.37 | | |
| Julie Wilson | W55 | 2.57 | SB | |
| Robert Colton | M45 | 4.18 | | |
| Greg Wilson | M60 | 3.48 | | |

200m

| | | | |
|------------------|-----|------|-----------|
| Garry Ralston | M55 | 27.9 | |
| Richard Williams | M40 | 28.2 | SB |
| Keith Edmonds | M40 | 30.4 | |
| Barrie Kernaghan | M70 | 30.8 | |
| Robert Colton | M45 | 30.9 | |

| | | | |
|------------------|-----|------|--|
| Andrew Taylor | M40 | 29.2 | |
| Barry Newell | M50 | 31.0 | |
| Peter Gare | M70 | 31.9 | |
| Norm Richards | M70 | 32.5 | |
| Allan Billington | M50 | 33.7 | |

| | | | |
|----------------|-----|------|-----------|
| John Dennehy | M50 | 33.5 | |
| Peggy Macliver | W65 | 33.5 | |
| Fran Cherry | W45 | 35.8 | SB |
| Ivan Brown | M65 | 35.9 | SB |

| | | | |
|-----------------------|-----|------|-----------|
| Greg Faulkner | M60 | 36.7 | |
| Irwin Barrett-Lennard | M80 | 39.2 | |
| Julie Wilson | W55 | 42.7 | SB |

DISCUS

| | | | |
|----------------|-----|-------|------------|
| Geoff Brayshaw | M60 | 28.18 | |
| Peter Gare | M70 | 32.99 | PBA |
| Andrew Ward | M45 | 24.50 | PBA |
| Rob Shand | M75 | 22.89 | SB |
| Mark Frew | M35 | 29.91 | |
| Bob Fergie | M75 | 23.41 | |
| Val Prescott | W65 | 13.22 | SB |
| Rae McMillan | W80 | 14.57 | |
| Peter Kennedy | M90 | 7.23 | |
| Greg Wilson | M60 | 30.71 | SB |

JAVELIN

| | | | |
|----------------|-----|-------|--|
| Peggy Macliver | W65 | 14.75 | |
| Geoff Brayshaw | M60 | 30.45 | |
| Peter Gare | M70 | 25.38 | |
| Andrew Ward | M45 | 31.34 | |
| Rob Shand | M75 | 20.11 | |
| Mark Frew | M35 | 44.44 | |
| Bob Fergie | M75 | 19.96 | |
| Val Prescott | W65 | 12.53 | |
| Rae McMillan | W80 | 12.62 | |
| Greg Wilson | M60 | 25.84 | |

Strive Interclub, WAAS – March 11**100m**

| | | | | |
|------------------|-----|-------|------|------------|
| Mark Elms | M40 | 12.63 | +1.5 | |
| Barrie Kernaghan | M70 | 13.79 | +2.3 | PBA |
| Norm Richards | M70 | 15.03 | +2.3 | |

400m

| | | | | |
|------------------|-----|-------|--|-----------|
| Mark Elms | M40 | 59.01 | | |
| Barrie Kernaghan | M70 | 68.43 | | SB |

1500m

| | | | | |
|---------------|-----|---------|--|--|
| Paul Mitchell | M40 | 4:29.69 | | |
| David Brook | M45 | 5:27.21 | | |

3km Race Walk

| | | | | |
|-------------|-----|---------|--|--|
| David Smyth | M40 | 17:05.0 | | |
|-------------|-----|---------|--|--|

High Jump

| | | | | |
|-------------|-----|------|--|--|
| Greg Wilson | M60 | 1.30 | | |
|-------------|-----|------|--|--|

Long Jump

| | | | | |
|----------------|-----|------|------|--|
| Melissa Foster | W30 | 5.14 | +2.4 | |
|----------------|-----|------|------|--|

Triple Jump

| | | | | |
|----------------|-----|-------|------|--|
| Melissa Foster | W30 | 10.35 | +1.8 | |
|----------------|-----|-------|------|--|

Shot Put

| | | | | |
|---------------|-----|-------|--|--|
| Matt Staunton | M35 | 11.36 | | |
| Paul Foley | M45 | 9.43 | | |

3000m steeplechase (MAWA State Championships)

| | | | |
|------------------|-----|---------|------------|
| Kim Thomas | M35 | 11:32.8 | PBA |
| Roscoe McDonnell | M50 | 11:43.5 | PBA |

2000m steeplechase (MAWA State Championships)

| | | | |
|-----------------|-----|---------|-----------|
| Bert Carse | M65 | 9:05.9 | |
| Bob Schickert | M65 | 9:30.0 | |
| David Carr | M75 | 9:38.0 | SB |
| John Oldfield | M65 | 9:51.3 | SB |
| Delia Baldock | W45 | 10:15.9 | |
| Nick Miletic | M60 | 10:39.2 | SB |
| Regina Crouch | W40 | 13:20.4 | SB |
| Cecil Walkley | M80 | 13:59.0 | |
| Lynne Schickert | W65 | 14:49.5 | |

Hammer

| | | | |
|---------------|-----|-------|--|
| Byrony Glass | W30 | 49.03 | |
| Matt Staunton | M35 | 40.53 | |
| Kate Glass | W60 | 32.80 | |
| Paul Foley | M45 | 27.41 | |

Javelin

| | | | |
|---------------|-----|-------|------------|
| Matt Staunton | M35 | 45.11 | |
| Paul Foley | M45 | 41.84 | |
| Mark Elms | M40 | 35.75 | PBA |

ECAC – March 10

200m

| | | |
|---------------|-----|------|
| Chris Neale | M40 | 25.4 |
| Colin Smith | M45 | 27.5 |
| Andrew Taylor | M40 | 28.0 |
| David Solomon | M45 | 28.6 |

| | | |
|--------------|-----|------|
| Keith Martin | M65 | 31.1 |
| Kim Thomas | M35 | 31.3 |
| Ross Keane | M45 | 31.9 |
| Nick Miletic | M60 | 33.0 |
| David Carr | M75 | 33.5 |

| | | |
|-----------------------|-----|------|
| Kerriann Bresser | W40 | 32.8 |
| Sue Bourn | W40 | 32.8 |
| Irwin Barrett-Lennard | M80 | 37.9 |

| | | |
|--------------------|-----|------|
| Mel Hynds | W30 | 37.6 |
| Brenda Painter | W65 | 38.4 |
| Bernie O'Callaghan | W50 | 38.5 |
| Regina Crouch | W40 | 39.6 |
| Sarah Ladwig | W60 | 42.6 |
| Patricia Carr | W75 | 53.9 |

| | | |
|----------------|-----|------|
| Shannon Neale | Vis | 36.0 |
| Charlie Coates | Vis | 37.0 |
| Cale Osborne | Vis | 37.2 |
| Derry Foley | M80 | 42.5 |

800m

| | | |
|------------------|-----|--------|
| Kim Thomas | M35 | 2:24.2 |
| Ross Keane | M45 | 2:28.1 |
| Jamie Leonard | Vis | 2:37.6 |
| Graeme Dahl | M60 | 2:39.1 |
| Fiona Leonard | W40 | 2:42.8 |
| John Dennehy | M50 | 2:54.7 |
| Simone Solomon | W40 | 2:59.6 |
| Kerriann Bresser | W40 | 3:28.4 |

| | | |
|----------------|-----|--------|
| Maurice Creagh | M60 | 3:03.5 |
| Sue Bourn | W40 | 3:08.5 |
| Cale Osborne | Vis | 3:10.0 |
| Peggy Macliver | W65 | 3:10.3 |
| Charlie Coates | Vis | 3:16.1 |
| Gillian Young | W60 | 3:19.1 |
| Lorraine Lopes | W70 | 3:20.2 |
| Mel Hynds | W30 | 3:22.2 |
| Hilary Beck | W55 | 3:27.0 |

100m

| | | |
|---------------|-----|------|
| Chris Neale | M40 | 12.8 |
| Colin Smith | M45 | 13.5 |
| Andrew Taylor | M40 | 13.7 |
| David Solomon | M45 | 14.1 |

| | | |
|---------------|-----|------|
| Fiona Leonard | W40 | 15.6 |
| Nick Miletic | M60 | 15.7 |
| Fran Cherry | W45 | 16.6 |
| Jamie Leonard | Vis | 16.7 |
| Derry Foley | M80 | 19.8 |

| | | |
|----------------|-----|------|
| Peggy Macliver | W65 | 17.1 |
| Mel Hynds | W30 | 17.5 |
| Shannon Neale | Vis | 17.6 |
| Brenda Painter | W65 | 17.9 |
| Regina Crouch | W40 | 17.9 |
| Sarah Ladwig | W60 | 20.2 |

| | | |
|--------------------|-----|------|
| Delia Baldock | W45 | 16.6 |
| Bernie O'Callaghan | W50 | 19.2 |
| Hilary Beck | W55 | 22.1 |
| Patricia Carr | W75 | 24.4 |

3000m

| | | |
|-----------------------|-----|---------|
| David Cane | M45 | 9:44.5 |
| Kim Thomas | M35 | 10:49.9 |
| Paul Hughes | M55 | 11:37.5 |
| David Solomon | M45 | 12:02.5 |
| Ross Keane | M45 | 12:05.5 |
| Graeme Dahl | M60 | 12:21.8 |
| Trish Farr | W35 | 12:54.2 |
| Shannon Coates | Vis | 12:54.5 |
| Maurice Creagh | M60 | 13:28.0 |
| Simone Solomon | W40 | 13:41.7 |
| Sue Bourn | W40 | 13:42.6 |
| Hilary Beck | W55 | 13:59.5 |
| Gillian Young | W60 | 14:02.8 |
| Mel Hynds | W35 | 14:30.7 |
| Kim Ribbink | W40 | 15:11.6 |
| Irwin Barrett-Lennard | M80 | 15:54.0 |

Long Jump

| | | |
|----------------|-----|------|
| Chris Neale | M40 | 5.72 |
| Colin Smith | M45 | 4.17 |
| John Dennehy | M50 | 3.83 |
| Peggy Macliver | W65 | 3.57 |
| Brenda Painter | W65 | 3.20 |
| Derry Foley | M80 | 2.90 |
| Patricia Carr | W75 | 2.44 |

High Jump

| | | |
|---------------|-----|------|
| Dave Wyatt | M55 | 1.40 |
| Greg Wilson | M60 | 1.35 |
| Delia Baldock | W45 | 1.25 |
| Keith Martin | M65 | 1.20 |
| Kevin Collins | M40 | 1.15 |
| Fran Cherry | W45 | 1.05 |

Shot

| | | |
|----------------|-----|-------|
| Matt Staunton | M35 | 11.53 |
| Bev Hamilton | W65 | 8.29 |
| Stella Turner | W60 | 6.48 |
| Peggy Macliver | W65 | 6.42 |

Hammer

| | | |
|---------------|-----|-------|
| Matt Staunton | M35 | 39.08 |
| Bev Hamilton | W65 | 28.20 |
| Stella Turner | W60 | 17.73 |

UWA – March 15**200m**

| | | | |
|------------------|-----|------|----------------|
| Mark Elms | M40 | 25.6 | PBA h/t |
| Richard Williams | M40 | 27.3 | SB |
| Barrie Kernaghan | M70 | 28.2 | PBA |
| Roy Fearnall | M65 | 28.4 | SB |
| Barry Newell | M50 | 29.7 | SB |

| | | | |
|------------------|-----|------|------------|
| Rob Greenhalgh | M60 | 29.4 | PBA |
| Peter Gare | M70 | 30.6 | SB |
| Lynne Choate | W55 | 31.2 | SB |
| Norm Richards | M70 | 31.2 | SB |
| Allan Billington | M50 | 31.6 | SB |

| | | | |
|-----------------|-----|------|------------|
| Rolf Schatzmann | Vis | 31.7 | |
| Cathy McCloskey | W45 | 32.0 | PBA |
| Karl Ruckriegel | Vis | 32.9 | |
| Peggy Macliver | W65 | 33.0 | |

| | | | |
|-----------------------|-----|------|------------|
| Irwin Barrett-Lennard | M80 | 37.5 | SB |
| Julie Wilson | W55 | 42.7 | SB= |

800m

| | | | |
|------------------|-----|--------|--|
| John Collier | M40 | 2:33.8 | |
| Campbell Till | M50 | 2:38.6 | |
| Allan Billington | M50 | 3:03.5 | |
| Carl Ciccarelli | M50 | 3:16.8 | |
| Cathy McCloskey | W45 | 3:16.8 | |

| | | | |
|--------------------|-----|--------|-----------|
| Graeme Dahl | M60 | 2:45.3 | |
| Rolf Schatzmann | Vis | 2:54.0 | |
| John Collier | M40 | 2:56.2 | |
| Bernadette Benson | W40 | 3:02.8 | |
| Karl Ruckriegel | Vis | 3:16.8 | |
| Barry Newell | M50 | 3:18.9 | SB |
| Christine Oldfield | W65 | 4:12.0 | |
| Val Prescott | W65 | 4:53.8 | |

Triple Jump

| | | | |
|-----------------|-----|------|------------|
| Peter Kennedy | M90 | 3.40 | |
| Cathy McCloskey | W45 | 7.99 | PBA |
| Fran Cherry | W45 | 6.81 | |

3000m Walk

| | | | |
|----------------|-----|---------|---------------|
| Peter Hopper | M65 | 21:53.0 | |
| Lorna Lauchlan | W80 | 25:19.9 | PBA nj |

Shot

| | | | |
|----------------|-----|-------|-----------|
| Peggy Macliver | W65 | 6.02 | |
| Ed Carroll | M70 | 11.03 | SR |
| Rob Shand | M75 | 6.49 | SB |
| Bob Fergie | M75 | 8.33 | |
| Rae McMillan | W80 | 6.25 | |
| Victor Quinlan | M75 | 6.29 | |

100m

| | | | |
|------------------|-----|------|------------|
| Mark Elms | M40 | 13.1 | |
| Richard Williams | M40 | 13.5 | |
| Roy Fearnall | M65 | 14.1 | |
| Barrie Kernaghan | M70 | 14.4 | |
| Rob Greenhalgh | M60 | 14.5 | PBA |

| | | | |
|------------------|-----|------|--|
| Barry Newell | M50 | 14.7 | |
| Lynne Choate | W55 | 15.0 | |
| Norm Richards | M70 | 15.4 | |
| Allan Billington | M50 | 15.8 | |
| John Dennehy | M50 | 16.1 | |

| | | | |
|-----------------|-----|------|------------|
| Rolf Schatzmann | Vis | 15.0 | |
| Karl Ruckriegel | Vis | 15.2 | |
| Peggy Macliver | W65 | 16.0 | |
| Fran Cherry | W45 | 16.0 | SB= |
| Julie Wilson | W55 | 20.8 | |

| | | | |
|------------------|-----|------|-----------|
| Rob Greenhalgh | M60 | 14.8 | |
| Cathy McCloskey | W45 | 15.4 | |
| Kiki Williams | Vis | 22.2 | |
| Richard Williams | M40 | 22.2 | |
| Peter Kennedy | M90 | 31.1 | SB |

3000m

| | | | |
|-----------------------|-----|---------|------------|
| Clive Hicks | M55 | 10:59.3 | |
| David Brook | M45 | 11:35.1 | |
| Graeme Dahl | M60 | 11:49.6 | PBA |
| John Collier | M40 | 12:19.0 | |
| Bernadette Benson | W40 | 12:22.7 | |
| Carl Ciccarelli | M50 | 13:14.2 | |
| Julie Wilson | W55 | 15:31.1 | |
| Irwin Barrett-Lennard | M80 | 15:37.6 | SB |

Discus

| | | | |
|----------------|-----|-------|-----------|
| Peter Gare | M70 | 30.10 | |
| Peter Kennedy | M90 | 10.38 | |
| Val Prescott | W65 | 13.27 | SB |
| Mark Elms | M40 | 18.94 | |
| John Dennehy | M50 | 14.98 | |
| Ed Carroll | M70 | 32.78 | |
| Rob Shand | M75 | 19.88 | |
| Bob Fergie | M75 | 22.78 | |
| Rae McMillan | W80 | 14.29 | |
| Victor Quinlan | M75 | 13.03 | |
| Lorna Lauchlan | W80 | 11.65 | |
| Peter Hopper | M65 | 23.06 | |

ECAC – March 17**1500m**

| | | | |
|---------------|-----|--------|------------|
| David Cane | M45 | 4:34.2 | |
| Terry Cummins | M45 | 5:22.9 | |
| Paul Burke | M40 | 5:28.5 | |
| Graeme Dahl | M60 | 5:35.8 | PBA |
| Fiona Leonard | W40 | 5:38.2 | SB |
| Campbell Till | M50 | 5:45.0 | |
| David Carr | M75 | 6:00.2 | SB |
| Sue Bourn | W40 | 6:17.6 | SB |
| Gillian Young | W60 | 6:51.0 | |
| Carol Bowman | W55 | 6:55.8 | SB |

1500m walk

| | | | |
|-----------------|-----|---------|--|
| Lynne Schickert | W65 | 10:38.5 | |
|-----------------|-----|---------|--|

100m

| | | | |
|-------------|-----|------|--|
| Chris Neale | M40 | 12.6 | |
| Rudy Kocis | M45 | 12.8 | |
| Mark Elms | M40 | 12.9 | |
| Colin Smith | M45 | 13.5 | |

| | | | |
|-----------------|-----|------|--|
| Aaron Peterson | Vis | 14.8 | |
| Rolf Schatzmann | Vis | 15.6 | |
| John Dennehy | M50 | 16.1 | |
| Terry Cummins | M45 | 17.4 | |

| | | | |
|--------------------|-----|------|-----------|
| Sue Bourn | W40 | 16.0 | |
| Mel Hynds | W30 | 17.6 | |
| Bernie O'Callaghan | W50 | 17.9 | SB |
| Regina Crouch | W40 | 18.0 | |
| Derry Foley | M80 | 19.6 | |

| | | | |
|-----------------|-----|------|--|
| Delia Baldock | W45 | 16.4 | |
| Carol Bowman | W55 | 19.1 | |
| Patricia Carr | W75 | 22.6 | |
| Lynne Schickert | W65 | 22.8 | |

400m

| | | | |
|-----------------|-----|------|------------|
| Mark Elms | M40 | 59.3 | |
| Colin Smith | M45 | 62.4 | |
| Paul Burke | M40 | 63.4 | |
| Campbell Till | M50 | 65.2 | |
| Terry Cummins | M45 | 75.3 | |
| Aaron Peterson | Vis | 69.5 | |
| Fiona Leonard | W40 | 70.1 | |
| Keith Martin | M65 | 71.3 | |
| Graeme Dahl | M60 | 71.7 | PBA |
| Rolf Schatzmann | Vis | 73.7 | |
| John Dennehy | M50 | 74.3 | |

| | | | |
|--------------------|-----|------|------------|
| Sue Bourn | W40 | 76.4 | |
| Delia Baldock | W45 | 76.7 | |
| Peggy Macliver | W65 | 77.1 | |
| Carl Ciccarelli | M50 | 83.8 | PBA |
| Bernie O'Callaghan | W50 | 84.1 | SB |
| Carol Bowman | W55 | 86.5 | |

Triple Jump

| | | | |
|-----------------|-----|------|------------|
| Derry Foley | M80 | 6.39 | PBA |
| Lynne Schickert | W65 | 5.97 | |

Discus

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 35.87 | |
| Chris Neale | M40 | 29.88 | |
| Bev Hamilton | W65 | 20.78 | |
| Patricia Carr | W75 | 13.53 | |
| Stella Turner | W60 | 13.13 | |

Weight Throw

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 12.32 | |
| Bev Hamilton | W65 | 11.29 | |
| Stella Turner | W60 | 7.91 | |

Strive Interclub, WAAS – March 18**100m**

| | | | | |
|------------------|-----|-------|------|-----------|
| Graeme Watson | M30 | 12.36 | +0.7 | SB |
| Barrie Kernaghan | M70 | 14.45 | +1.8 | |

200m

| | | | | |
|------------------|-----|-------|------|------------|
| Pieter de Klerk | M50 | 27.64 | +1.8 | PBA |
| Barrie Kernaghan | M70 | 28.61 | +1.8 | |

800m

| | | | | |
|-----------------|-----|---------|--|-----------|
| Neil Morfitt | M50 | 2:16.16 | | |
| Pieter de Klerk | M50 | 2:18.52 | | SB |

5000m

| | | | |
|----------------|-----|---------|--|
| Andrew Brooker | M40 | 18:00.6 | |
|----------------|-----|---------|--|

High Jump

| | | | |
|---------------|-----|------|-------------|
| Graeme Watson | M30 | 1.70 | PBA= |
| Greg Wilson | M60 | 1.42 | SR |
| Dave Wyatt | M55 | 1.40 | |

Shot Put

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 11.59 | |
|---------------|-----|-------|--|

Discus

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 36.66 | |
|---------------|-----|-------|--|

Hammer

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 38.91 | |
|---------------|-----|-------|--|

UWA – March 22

1500m

| | | | |
|-----------------------|-----|---------|-----------|
| Michael Barton | M40 | 4:45.4 | SB |
| John Collier | M40 | 5:17.5 | |
| Rob Colton | M45 | 5:36.6 | |
| Graeme Dahl | M60 | 5:45.3 | |
| Paul Scott-Taylor | M50 | 5:51.6 | |
| Bernadette Benson | W40 | 5:56.3 | |
| Ivan Brown | M65 | 6:09.6 | SB |
| Grahak Cunningham | M30 | 6:28.7 | |
| Allan Billington | M50 | 6:34.4 | |
| Frank Gardiner | M60 | 6:35.7 | |
| David Winter | Vis | 6:48.4 | |
| Irwin Barrett-Lennard | M80 | 7:37.5 | |
| Christine Oldfield | W65 | 8:24.0 | |
| Peter Kennedy | M90 | 15:23.7 | |

100m

| | | | |
|-----------------------|-----|------|------------|
| Andrew Taylor | M40 | 13.4 | |
| Richard Williams | M40 | 13.6 | |
| Roy Fearnall | M65 | 14.0 | |
| Rob Colton | M45 | 14.1 | |
| Barrie Kernaghan | M70 | 14.4 | |
| Rob Greenhalgh | M60 | 14.5 | SB= |
| Barry Newell | M50 | 14.5 | SB= |
| Allan Billington | M50 | 15.3 | SB |
| Norm Richards | M70 | 15.4 | |
| Duncan McAuley | M60 | 15.5 | |
| Rolf Schatzmann | Vis | 15.5 | |
| Fran Cherry | W45 | 15.9 | |
| Peggy Macliver | W65 | 16.2 | |
| John Dennehy | M50 | 16.3 | |
| Karl Ruckriegel | Vis | 18.7 | |
| Irwin Barrett-Lennard | M80 | 19.0 | |
| Ella Newell | Vis | 18.2 | |
| Samantha Taylor | Vis | 18.4 | |
| Mia Williams | Vis | 18.5 | |
| Kiki Williams | Vis | 20.9 | |

WEIGHT THROW

| | | | |
|--------------|-----|-------|------------|
| Ed Carroll | M70 | 11.04 | PBA |
| Andrew Ward | M45 | 6.56 | |
| Bob Fergie | M75 | 11.84 | SR |
| Brian Miller | M50 | 11.06 | |
| Rae McMillan | W80 | 7.55 | |

Long JUMP

| | | | |
|-----------------|-----|------|-----------|
| Mark Elms | M40 | 4.67 | |
| Fran Cherry | W45 | 3.55 | SB |
| Rolf Schatzmann | Vis | 4.22 | |

400m

| | | | |
|------------------|-----|------|-----------|
| Mark Elms | M40 | 59.4 | |
| Dominic Beck | Vis | 60.2 | |
| Richard Williams | M40 | 64.1 | |
| Duncan McAuley | M60 | 65.7 | SB |
| Roy Fearnall | M65 | 68.0 | |
| Barrie Kernaghan | M70 | 71.2 | |
| Rob Greenhalgh | M60 | 67.9 | SB |
| Rob Colton | M45 | 71.6 | |
| Barry Newell | M50 | 72.8 | SB |
| John Dennehy | M50 | 75.5 | |
| Ivan Brown | M65 | 78.0 | SB |
| Frank Gardiner | M60 | 86.8 | |
| Carl Ciccarelli | M50 | 87.3 | |

| | | | |
|-----------------------|-----|--------|--|
| Andrew Taylor | M40 | 74.9 | |
| Peggy Macliver | W65 | 79.2 | |
| David Winter | Vis | 83.9 | |
| Irwin Barrett-Lennard | M80 | 1:40.4 | |
| Christine Oldfield | W65 | 1:49.8 | |
| Val Prescott | W65 | 2:17.5 | |

3000m

| | | | |
|----------------|-----|---------|--|
| Frank Gardiner | M60 | 12:58.9 | |
| John Oldfield | M65 | 13:46.4 | |
| Gill Edmonds | W45 | 16:31.7 | |
| Fran Cherry | W45 | 17:21.0 | |

5000m

| | | | |
|-------------------|-----|---------|------------|
| Clive Hicks | M55 | 19:05.5 | |
| John Collier | M40 | 20:15.2 | SB |
| Graeme Dahl | M60 | 20:36.3 | PBA |
| Bernadette Benson | W40 | 20:47.1 | |
| Paul Scott-Taylor | M50 | 22:07.7 | |
| Carl Ciccarelli | M50 | 22:08.2 | |
| Rob Colton | M45 | 23:00.0 | |
| Grahak Cunningham | M30 | 24:02.7 | |
| Nick Bailey | M60 | 25:30.7 | |

3000m Walk

| | | | |
|----------------|-----|---------|--|
| Lorna Lauchlan | W80 | 25:44.0 | |
|----------------|-----|---------|--|

5000m Walk

| | | | |
|--------------|-----|---------|--|
| Peter Hopper | M65 | 37:47.6 | |
|--------------|-----|---------|--|

DISCUS

| | | | |
|----------------|-----|-------|-----------|
| Ed Carroll | M70 | 34.51 | SR |
| Andrew Ward | M45 | 23.40 | |
| Peter Hopper | M65 | 22.90 | |
| Val Prescott | W65 | 13.67 | SB |
| Bob Fergie | M75 | 24.98 | SB |
| Brian Miller | M50 | 30.14 | |
| Lorna Lauchlan | W80 | 12.72 | SB |
| Rae McMillan | W80 | 16.09 | |

ECAC – March 24

1 mile

| | | | |
|-----------------------|-----|--------|------------|
| Kim Thomas | M35 | 5:25.2 | PBA |
| Ross Keane | M45 | 5:27.2 | PBA |
| Aaron Pederson | Vis | 6:05.0 | |
| Bert Carse | M65 | 6:06.9 | |
| Fiona Leonard | W40 | 6:13.0 | |
| Dante Giacomini | M40 | 6:25.3 | SB |
| David Carr | M75 | 6:33.3 | |
| Maurice Creagh | M60 | 6:37.9 | SB |
| Sue Bourn | W40 | 6:51.4 | SB |
| Gillian Young | W60 | 6:56.9 | |
| David Winter | Vis | 7:06.6 | |
| Mel Hynds | W30 | 7:25.5 | PBA |
| Irwin Barrett-Lennard | M80 | 8:07.9 | |
| Jackie Halberg | W60 | 8:13.2 | |
| Cecil Walkley | M80 | 9:10.9 | |
| Claire Walkley | W45 | 9:11.3 | |

1 mile walk

| | | | |
|-----------------|-----|---------|-----------|
| Lynne Schickert | W65 | 11:44.0 | SB |
| Regina Crouch | W40 | 12:17.1 | |

200m

| | | | |
|----------------|-----|------|--|
| Mark Elms | M40 | 26.0 | |
| Colin Smith | M45 | 27.0 | |
| David Solomon | M45 | 28.7 | |
| Aaron Pederson | Vis | 30.3 | |

| | | | |
|--------------------|-----|------|-----------|
| Nick Miletic | M60 | 32.7 | |
| Sue Bourn | W40 | 33.1 | |
| Delia Baldock | W45 | 33.6 | SB |
| Bernie O'Callaghan | W50 | 36.7 | SB |
| Jackie Halberg | W60 | 44.5 | |

| | | | |
|-----------------------|-----|------|-----------|
| Kevin Collins | M40 | 34.4 | |
| Carol Bowman | W55 | 38.2 | SB |
| Irwin Barrett-Lennard | M80 | 38.6 | |
| Mel Hynds | W30 | 41.3 | |
| Regina Crouch | W40 | 41.5 | |
| Patricia Carr | W75 | 53.4 | |

800m

| | | | |
|-------------------|-----|--------|------------|
| Kim Thomas | M35 | 2:32.9 | |
| Niamh Keane | W45 | 2:34.9 | PBA |
| Margaret Saunders | W55 | 2:44.5 | SB |
| Bert Carse | M65 | 2:49.3 | |
| Dante Giacomini | M40 | 3:03.2 | SB |

| | | | |
|----------------|-----|--------|------------|
| Aaron Pederson | Vis | 2:43.5 | |
| Fiona Leonard | W40 | 2:46.7 | |
| John Dennehy | M50 | 2:52.9 | PBA |
| David Carr | M75 | 3:02.7 | |
| Maurice Creagh | M60 | 3:04.6 | |
| Sue Bourn | W40 | 3:12.6 | |

| | | | |
|-----------------|-----|--------|------------|
| Robin King | W50 | 3:01.3 | |
| Dante Giacomini | M40 | 3:01.4 | SB |
| David Winter | Vis | 3:04.4 | |
| Peggy Macliver | W65 | 3:11.1 | |
| Gillian Young | W60 | 3:16.4 | |
| Mel Hynds | W30 | 3:16.7 | PBA |

100m

| | | | |
|----------------|-----|------|--|
| Michael Crouch | Vis | 12.7 | |
| Rudy Kocis | M45 | 12.7 | |
| Mark Elms | M40 | 12.8 | |
| Colin Smith | M45 | 13.0 | |
| David Solomon | M45 | 13.7 | |

| | | | |
|---------------|-----|------|-----------|
| Sue Bourn | W40 | 15.3 | SB |
| Nick Miletic | M60 | 15.5 | |
| Fran Cherry | W45 | 15.8 | SB |
| Kevin Collins | M40 | 15.8 | SB |
| Delia Baldock | W45 | 16.0 | |

| | | | |
|-----------------------|-----|------|-----------|
| Peggy Macliver | W65 | 16.1 | |
| John Dennehy | M50 | 16.3 | |
| David Carr | M75 | 16.8 | |
| Irwin Barrett-Lennard | M80 | 18.9 | SB |
| Carol Bowman | W55 | 19.2 | |
| Derry Foley | M80 | 19.3 | |

| | | | |
|--------------------|-----|------|--|
| Mel Hynds | W30 | 17.3 | |
| Regina Crouch | W40 | 17.5 | |
| Bernie O'Callaghan | W50 | 17.7 | |
| Patricia Carr | W75 | 21.9 | |
| Lynne Schickert | W65 | 22.7 | |

3000m

| | | | |
|----------------|-----|---------|-----------|
| Kim Thomas | M35 | 11:54.6 | |
| Bert Carse | M65 | 12:50.9 | |
| Bob Schickert | M65 | 13:13.0 | |
| Gillian Young | W60 | 13:20.9 | SB |
| Robin King | W50 | 13:20.9 | |
| Maurice Creagh | M60 | 13:25.2 | |
| Mel Hynds | W30 | 14:41.4 | SB |
| Claire Walkley | W45 | 16:11.4 | |

Long Jump

| | | | |
|-----------------|-----|------|-----------|
| Michael Crouch | Vis | 5.74 | |
| Peggy Macliver | W65 | 3.53 | |
| Derry Foley | M80 | 3.14 | SB |
| Regina Crouch | W40 | 2.82 | |
| Patricia Carr | W75 | 2.63 | SB |
| Lynne Schickert | W65 | 2.45 | |

High Jump

| | | | |
|---------------|-----|------|-------------|
| Delia Baldock | W45 | 1.20 | |
| Kevin Collins | M40 | 1.15 | PBA= |
| Fran Cherry | W45 | 1.05 | SB= |

Javelin

| | | | |
|----------------|-----|-------|-----------|
| Mark Frew | M35 | 46.44 | |
| Matt Staunton | M35 | 43.63 | |
| Michael Crouch | Vis | 41.58 | |
| Bev Hamilton | W65 | 17.73 | |
| Stella Turner | W60 | 14.30 | SB |

Shot

| | | | |
|---------------|-----|-------|--|
| Matt Staunton | M35 | 11.29 | |
| Bev Hamilton | W65 | 8.63 | |
| Mark Frew | M35 | 8.53 | |
| Stella Turner | W60 | 6.47 | |

WA State Open Championships, WAAS – 25-27 March

100m

Brett Blanco M35 11.85 +1.4

1500m

Andrew Brooker M40 4:38.82

5000m

Paul Mitchell M40 16:16.88

3000m steeplechase

Andrew Brooker M40 11:29.20 **BRONZE**

Triple Jump

Graeme Watson M30 11.30 +1.5 **SILVER**

Melissa Foster W30 10.37 +1.4

Long Jump

Melissa Foster W30 4.82 +1.9

High Jump

Graeme Watson M30 1.60 **SILVER**

Pole Vault

Mark Jeffery M40 4.00 **SR= GOLD**

Discus

Matt Staunton M35 39.72 **PBA SILVER**

Mark Jeffery M40 35.69 **BRONZE**

Shot

Matt Staunton M35 11.99 **BRONZE**

Javelin

Mark Jeffery M40 45.22 **GOLD**

Hammer

Byrony Glass W30 54.57 **GOLD**

Matt Staunton M35 40.40 **GOLD**

UWA – March 29

Mile

Rob Colton M45 6:00.2

Bernadette Benson W40 6:15.0

Paul Scott-Taylor M50 6:15.2

Graeme Dahl M60 6:36.2

Ivan Brown M65 6:45.5

Allan Billington M50 7:10.5

David Winter Vis 7:23.8

Julie Wilson W55 7:48.1

Gill Edmonds W45 8:01.2 **PBA**

Nick Bailey M60 8:03.2

Irwin Barrett-Lennard M80 8:07.9 **SB=**

Christine Oldfield W65 8:54.2

Mile Walk

Peter Hopper M65 10:49.9

Lorna Lauchlan W80 13:18.9

200m

Garry Ralston M55 28.1

Richard Williams M40 28.2

Roy Fearnall M65 28.8

Barry Newell M50 31.1

Allan Billington M50 34.3

Barrie Kernaghan M70 29.9

Peter Gare M70 31.5

John Dennehy M50 33.2

Peggy Macliver W65 33.2

Ivan Brown M65 34.7 **SB**

Cathy McCloskey W45 31.3 **SB**

Paul Scott-Taylor M50 33.1

Kevin Collins M40 34.9

Fran Cherry W45 34.9 **SB**

Peter Kennedy M90 n/t

TRIPLE JUMP

David Clive M70 8.60

Cathy McCloskey W45 8.56 **SB**

Peter Kennedy M90 3.37

Fran Cherry W45 7.50 **SB**

800m

Dominic Beck Vis 2:21.5

Campbell Till M50 2:29.9 **SB**

Rob Colton M45 2:33.7 **SB**

Clive Hicks M55 2:46.0

Allan Billington M50 2:58.3

Bernadette Benson W40 2:59.4 **SB**

Paul Scott-Taylor M50 3:06.5

Ivan Brown M65 3:11.9

David Winter Vis 3:16.5

Barry Newell M50 3:25.8

Peter Gare M70 3:31.4

Nick Bailey M60 3:41.6

Val Prescott W65 4:53.6

400m

Irwin Barrett-Lennard M80 93.3

100m

Richard Williams M40 13.5

Roy Fearnall M65 14.3

Barrie Kernaghan M70 14.4

Cathy McCloskey W45 15.0

Rob Colton M45 15.3

Garry Ralston M55 13.7

David Clive M70 14.8

Cathy Elms W40 15.6

Fran Cherry W45 16.1

Paul Scott-Taylor M50 16.7

John Dennehy M50 16.0

Peggy Macliver W65 16.1

Kevin Collins M40 16.3

Irwin Barrett-Lennard M80 20.0

Julie Wilson W55 21.0

Ella Newell Vis 20.7

Mia Williams Vis 21.9

Kiki Williams Vis 22.5

JAVELIN

| | | | |
|----------------|-----|-------|------------|
| Val Prescott | W65 | 12.61 | SB |
| Peter Gare | M70 | 25.93 | |
| Peter Hopper | M65 | 24.80 | PBA |
| Bob Fergie | M75 | 21.72 | |
| Rae McMillan | W80 | 13.72 | |
| Victor Quinlan | M75 | 13.95 | SB |
| Mark Matcham | M40 | 30.42 | |
| Peter Kennedy | M90 | 8.74 | |

SHOT

| | | | |
|----------------|-----|-------|------------|
| Peter Hopper | M65 | 7.40 | |
| Bob Fergie | M75 | 8.12 | |
| Rae McMillan | W80 | 6.18 | |
| Ed Carroll | M70 | 10.50 | |
| Mark Matcham | M40 | 8.25 | PBA |
| Victor Quinlan | M75 | 6.14 | |

ECAC March 31**60m**

| | | |
|----------------|-----|------|
| David Solomon | M40 | 8.6 |
| Nick Miletic | M55 | 10.0 |
| Delia Baldock | W45 | 9.9 |
| Melissa Hynds | W30 | 11.3 |
| Frank Gardiner | M55 | 12.0 |

4km

| | | |
|----------------|-----|---------|
| David Solomon | M40 | 15.44.2 |
| Frank Gardiner | M55 | 17.08.6 |
| Sue Bourn | W40 | 17.51.3 |
| Maurice Creagh | M60 | 17.54.2 |
| Gillian Young | W60 | 18.51.8 |
| Melissa Hynds | W30 | 19.10.4 |

300m

| | | |
|----------------|-----|--------|
| Michael Crouch | Vis | 42.2 |
| Sue Bourn | W40 | 58.5 |
| Dave Neale | Vis | 1.00.3 |

| | | |
|---------------|-----|--------|
| Delia Baldock | W45 | 53.01 |
| Carol Bowman | W55 | 1.04.3 |
| Melissa Hynds | W30 | 1.04.7 |

600m

| | | |
|----------------|-----|--------|
| Sue Bourn | W40 | 2.17.9 |
| David Winter | Vis | 2.19.3 |
| Maurice Creagh | M60 | 2.26.6 |
| Delia Baldock | W45 | 2.28.5 |
| Melissa Hynds | W30 | 2.35.8 |

Note: The April results do not include those from ECAC on April 28. This was the start of the winter season, so I have included those as part of May.

Strive Interclub – April 8

| | | | | | |
|---------------------------|-----|--------------------|-------------------|-----|------------------|
| 400m | | | Pole Vault | | |
| Neil Morfitt | M50 | 60.63 | Mark Jeffery | M40 | 4.20 SR |
| 1500m | | | Discus | | |
| Paul Mitchell | M40 | 4:27.72 | Matt Staunton | M35 | 37.41 |
| Alan Deans | M60 | 6:39.79 | Kate Glass | W60 | 23.98 PBA |
| 2000m steeplechase | | | Hammer | | |
| David Carr | M75 | 9:17.3 SB | Byrony Glass | W30 | 53.63 |
| Nick Miletic | M60 | 10:28.2 PBA | Lajos Joni | M55 | 40.23 |
| Carol Bowman | W55 | 10:30.6 | Matt Staunton | M35 | 39.90 |
| High Jump | | | High Jump | | |
| Dave Wyatt | M55 | 1.40 | Kate Glass | W60 | 32.92 |
| | | | Bev Hamilton | W65 | 28.94 SR |

ECAC – April 7

| | | | | | |
|-------------------|-----|------------------|-------------------|-----|-------------------|
| 60m | | | 100m | | |
| Colin Smith | M45 | 9.0 | Colin Smith | M45 | 13.9 |
| Kathy Lawson | Vis | 9.6 | Kathy Lawson | Vis | 15.4 |
| Peggy Macliver | W65 | 10.2 | Sue Bourn | W40 | 15.6 |
| Mel Hynds | W30 | 11.3 | Delia Baldock | W45 | 16.0 |
| David Carr | M75 | 11.3 | Peggy Macliver | W65 | 16.5 |
| Carol Bowman | W55 | 12.0 | John Dennehy | M50 | 16.6 |
| Patricia Carr | W75 | 13.4 | David Carr | M75 | 17.2 |
| Lynne Schickert | W65 | 14.2 | Mel Hynds | W30 | 17.4 |
| 300m | | | 5000m | | |
| John Dennehy | M50 | 51.2 | Bernadette Benson | W40 | 20:38.1 |
| Delia Baldock | W45 | 52.9 | Bert Carse | M65 | 20:49.4 |
| David Carr | M75 | 52.9 | Sue Bourn | W40 | 22:23.6 |
| Peggy Macliver | W65 | 54.3 | Maurice Creagh | M60 | 23:26.8 |
| Sue Bourn | W40 | 57.9 | Hilary Beck | W55 | 23:38.4 |
| Carol Bowman | W55 | 63.6 | Gillian Young | W60 | 23:54.8 |
| Mel Hynds | W30 | 65.2 | Mel Hynds | W30 | 24:48.6 |
| 800m | | | 3000m walk | | |
| David Allen | Vis | 2:20.7 | David Winter | Vis | 21:31.1 |
| Bert Carse | M65 | 2:48.2 | Lynne Schickert | W65 | 21:34.0 SB |
| Sue Bourn | W40 | 3:03.7 SB | | | |
| Maurice Creagh | M60 | 3:04.3 | | | |
| David Carr | M75 | 3:20.4 | | | |
| Colin Smith | M45 | 2:46.1 | | | |
| Bernadette Benson | W40 | 3:04.9 | | | |
| David Winter | Vis | 3:14.1 | | | |
| Carol Bowman | W55 | 3:19.9 | | | |
| Gillian Young | W60 | 3:22.0 | | | |
| Hilary Beck | W55 | 3:24.8 SB | | | |
| Mel Hynds | W30 | 3:25.8 | | | |
| Jackie Halberg | W65 | 4:08.4 | | | |

ECAC – April 14**200m**

| | | |
|--------------|-----|------|
| Mark Elms | M40 | 26.4 |
| Chris Neale | M40 | 26.6 |
| Colin Smith | M45 | 28.5 |
| Brian Hewitt | M55 | 32.2 |

| | | |
|-----------------------|-----|------|
| David Carr | M75 | 32.9 |
| Peggy Macliver | W65 | 33.0 |
| Visitor | | 34.8 |
| Irwin Barrett-Lennard | M80 | 37.9 |
| Derry Foley | M80 | 44.6 |

1000m

| | | |
|------------------|-----|--------|
| Colin Smith | M45 | 3:26.2 |
| Brian Hewitt | M55 | 3:29.3 |
| Graeme Dahl | M60 | 3:40.9 |
| Visitor | | 3:46.0 |
| Chris Neale | M40 | 3:46.7 |
| Kerriann Bresser | W40 | 3:55.5 |
| David Winter | Vis | 4:12.4 |
| Nick Miletic | M60 | 4:22.9 |
| Carol Bowman | W55 | 4:24.5 |

1000m walk

| | | |
|------------|-----|--------|
| Tom Lenane | M55 | 5:46.7 |
| Stan Jones | M85 | 7:35.7 |

400m

| | | | |
|-----------------------|-----|------|-----------|
| Mark Elms | M40 | 61.7 | |
| David Carr | M75 | 71.2 | SB |
| John Dennehy | M50 | 71.9 | |
| Brian Hewitt | M55 | 75.7 | |
| Peggy Macliver | W65 | 79.4 | |
| Irwin Barrett-Lennard | M80 | 87.3 | SB |
| Carol Bowman | W55 | 88.1 | |

60m

| | | |
|--------------|-----|------|
| Colin Smith | M45 | 8.4 |
| Nick Miletic | M60 | 9.6 |
| John Dennehy | M50 | 10.0 |
| Derry Foley | M80 | 11.8 |

| | | | |
|----------------|-----|------|-----------|
| Delia Baldock | W45 | 9.7 | SB |
| Peggy Macliver | W65 | 10.0 | |
| Patricia Carr | W75 | 13.8 | |

2000m

| | | |
|---------------|-----|--------|
| Chris Neale | M40 | 7:35.1 |
| Graeme Dahl | M60 | 7:47.9 |
| David Winter | Vis | 8:43.5 |
| Delia Baldock | W45 | 9:30.8 |
| Mark Elms | M40 | 9:31.5 |

April 14, 2011**10,000m Track Handicap - UWA**

| | | Time | H/Cap | Actual |
|------------------|-----|-------|-------|--------|
| Cecil Walkley | M80 | 63:17 | 00:00 | 63:17 |
| Kim Thomas | M35 | 65:27 | 26:56 | 38:31 |
| Carl Ciccarelli | M50 | 66:07 | 21:00 | 45:07 |
| Tristan Bell | M45 | 66:42 | 25:46 | 40:56 |
| Claire Walkley | W45 | 66:53 | 12:46 | 54:07 |
| Denise Viala | W60 | 67:23 | 03:57 | 63:26 |
| Jim Barnes | M65 | 67:50 | 16:24 | 51:26 |
| Keith Miller | M60 | 68:22 | 22:31 | 45:51 |
| Ross Keane | M45 | 68:27 | 25:52 | 42:35 |
| Robin King | W50 | 68:36 | 22:02 | 46:34 |
| Martin Watkins | M60 | 68:50 | 21:43 | 47:07 |
| Melissa Hynds | W30 | 68:53 | 17:57 | 50:56 |
| Bob Schickert | M65 | 69:00 | 21:09 | 47:51 |
| Maurice Creagh | M60 | 69:18 | 21:33 | 47:45 |
| Richard Danks | M65 | 69:29 | 09:50 | 59:39 |
| Johan Hagedoorn | M65 | 69:40 | 16:40 | 53:00 |
| Brian Bennett | M60 | 69:58 | 24:36 | 45:22 |
| Gillian Young | W60 | 70:13 | 21:02 | 49:11 |
| John Bell | M65 | 70:57 | 20:16 | 50:41 |
| Sarah Ladwig | W60 | 71:43 | 13:04 | 58:39 |
| Margaret Bennett | W65 | 73:40 | 00:00 | 73:40 |
| Brian Danby | M60 | 74:24 | 22:00 | 52:24 |

ECAC – April 21

Note: This is the last week of the 'summer season'. Next week is statistically the first week of the winter season, as it starts after the Nationals each year.

600m

| | | |
|-----------------|-----|--------|
| Fiona Leonard | W40 | 1:52.3 |
| Jamie Leonard | Vis | 2:00.0 |
| Simon Leonard | M50 | 2:03.1 |
| Frank Gardiner | M60 | 2:05.8 |
| Carl Ciccarelli | M50 | 2:26.9 |
| Gillian Young | W60 | 2:37.4 |
| Mel Hynds | W30 | 2:37.6 |

100m

| | | |
|---------------|-----|------|
| Chris Neale | M40 | 13.3 |
| Kathy Lawson | W45 | 14.7 |
| Fiona Leonard | W40 | 15.3 |
| Keith Martin | M65 | 15.8 |
| Mel Hynds | W30 | 17.2 |
| Derry Foley | M80 | 19.3 |

1 mile

| | | |
|-----------------|-----|--------|
| Chris Neale | M40 | 5:51.8 |
| Jamie Leonard | Vis | 6:20.3 |
| Simon Leonard | M50 | 6:22.0 |
| Frank Gardiner | M60 | 6:24.3 |
| Carl Ciccarelli | M50 | 6:31.1 |
| Gillian Young | W60 | 7:18.6 |
| Mel Hynds | W30 | 7:19.0 |

200m

| | | | |
|-----------------|-----|------|-----------|
| Chris Neale | M40 | 26.5 | |
| Fiona Leonard | W40 | 31.5 | |
| Jamie Leonard | Vis | 34.2 | |
| Simon Leonard | M50 | 34.8 | |
| Kathy Lawson | W45 | 31.2 | |
| Delia Baldock | W45 | 33.0 | SB |
| Carl Ciccarelli | M50 | 39.5 | |
| Mel Hynds | W30 | 39.9 | |
| Derry Foley | M80 | 43.9 | |

3000m

| | | | |
|-----------------|-----|---------|------------|
| Carl Ciccarelli | M50 | 12:15.6 | SB |
| Chris Neale | M40 | 13:13.0 | |
| Gillian Young | W60 | 14:24.5 | |
| Mel Hynds | W30 | 14:27.6 | PBA |
| Delia Baldock | W45 | 15:41.8 | |