

30 YEARS OF ROAD RUNNING
with
VETERANS / MASTERS ATHLETICS
in
Western Australia

Part Two
1992 – 2001

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2012



Robbie Burns Day celebrations at Burns Beach 25 January 1990

Look what we found in the archives –
Morris and Margaret Warren with the Haggis (made by Jimmy Barnes) which was featured in Part 1.
This gourmet delight was accompanied by a plate of neeps (turnips) and tatties (potatoes).
Just what we needed after a hard 10k run!

30 YEARS OF ROAD RUNNING PART 2 – 1992-2001

Chapter 6: 1992-1995 *“Honouring our Members”*

1992

The committee was the same as in 1991 with the exception of Sandi Hodge who took over as Vice President. Fees increased by \$2.00 to \$22.00 single and \$28.00 double. There were 428 Members, 283 men and 145 ladies. A special thanks must go to Margaret Birks, Jackie Halberg, Brian Danby and my dear friend Kurt Johnson who all did so much work around the Club. Add to this Maureen Pomery and Bev Thornton who were always there to help at the end of a run. We didn't have chest numbers until much later, you were given a number on a card which you handed in as you crossed the line.

A new computer was purchased for \$1858.00 and the Club donated \$500.00 to the Para Olympics who were competing in the Barcelona Olympics. Club member Dave Reid travelled to Spain as team manager for the blind athletes. Dave was training with a competitor who was running in the marathon.

A donation of \$500.00 was given to Coker Park toward the cost of the floodlights.

Sadly our wonderful Treasurer, Bill Crellin had to resign after five years service, owing to illness. Fortunately, Irene Ferris took up the position and so now we had the first female looking after the books.

Social News

The Club Dinner was held at Gloucester Park with Dick and Gwen Horsley as special guests. As reported in the *Vetrun*, “After more than 60 years service to Athletics, Dick Horsley took the number one place at the Annual Dinner. President Joan Pellier made a presentation to Dick of a coffee percolator on behalf of all the Vets/Masters and took the opportunity to speak of some of Dick's achievements. Dick was a foundation member and chaired the first Vets meeting in 1974. As a nine year old, his first 'long distance run' was a mile! He was the Ex President and Life Member of W.A.A.A. His most pleasing achievements were in 1973 at the first World Veteran Championships held in Hamburg, Germany where he won the 10km walk for M60's in 54.24 minutes. In 1974 at the first Vets Championships in Sydney, he achieve two firsts in the walks as well as wins in the Shot Put and Discus.”

Long Weekends - In March we went to Myalup Pines near Bunbury and in September, Rottneest Island.

We had a Christmas in July event at Arteka Restaurant in Applecross which was quickly sold out.

Our eldest member was Tom Jones at 100 years old. He always came along to McCallum Park and would run the 100 metres at State and National Championships. Sadly he passed away a few months later.

Anne and Shorty Turner embarked on a 6 month trip around Australia and were caught skinny dipping in Hopetown by Morris Warren!

Results and times I thought were interesting during the year:

The Club Handicap was won by Brian Danby and the Reg Brigg's Trophy was won by Vic Waters.

In December Karen Gobby, Ann Shaw and Hank Stoffers competed in the WAMC Chunagon Half Marathon in Perth where they won flights to Japan to run in the Sanda Half Marathon. When they left Perth the temperature was 38 degrees and in Japan it was 3 degrees. Karen was the first lady with a time of 75.49 minutes; Ann, third W40 in 84.30 minutes and Hank first M50 in 73.29 minutes.

5th Fremantle Harbour Run – 10 miles (95 runners and walkers)

Race Directors: Paul Martin & Paul Hughes

Paul was happy to use his run to raise money for a good cause, so he teamed with the Marathon Club to raise money for Track Down Cancer Research. The Marathon Club donated a night in Observation City and Lance Gibbons and Dunlop Australia donated prizes. We asked members to pay a \$3.00 entry fee and \$660.00 was raised as a donation. Margaret Warren wrote to the Newsletter thanking Paul and the Committee for donating to such a worthy cause.

Road Running Championships

13 completed the event this year – times are average per kilometre

Men			Av km	Women			Av km
1st	B Schickert	M50	3.54 min	1st	P Wiltshire	W45	5.06 min
2nd	B Harrison	M50	4.00 min	2nd	S Hodge	W45	5.30 min
3rd	P Martin	M50	4.06 min	3rd	S Maslen	W50	6.40 min
	R Bonner	M60	4.21 min				
	V Beaumont	M60	4.45 min				
	M Moyle	M65	4.49 min				

Road Walking Championships

Men			Av km	Women			Av km
1st	B Thomsett	M50	6.53 min	1st	D Whittam	W55	6.17 min

New Run - Garvey Gallop, Ascot – 10km and 5km (113 runners & walkers) Race Director: Basil Worner. An out and back course, mainly on cycle paths, heading towards Perth from Garvey Park. A flat course with a small hill at 5 kilometres. Morning tea was served.

Men				Women		
10km	W Quarman	M35	35.30	K Noordyk	W45	44.28
5km	D Reid	M40	18.20	J Pellier	W50	26.08
Walk						
10km	B Thomsett	M50	71.51	M Stone	W50	60.09
5km	D Horsley	M75	39.18	C Mair	W40	40.11

City to Surf – 12 kms

1st man 50-59	H Stoffers	42.24	1st lady	K Gobby	41.54
1st man over 59	F McLinden	49.18	1st lady 40-49	A Shaw	48.18
Oldest man to finish	J Collins	104.48	1st lady 50-59	M Forden	54.08

Bibra Lake Run (with the Marathon Club) 12 & 6 kms (94 runners & walkers)

Race Directors: Rob & Rosa Davis

Unfortunately due to a misunderstanding about starting times in the WA Newspaper, very few WAMC members took part. The Marathon Club marked the course.

1993

In 1993 the President was Brian Foley, Secretary Bob Fergie, Treasurer Irene Ferris, Editor Vic Waters. Membership was 445 and Joan Pellier was made a Life Member.

The Committee farewelled our hard working Race Co-ordinator Barry Thomsett who set off on a prolonged cycle trip across Australia. Bob Sammells agreed to take over the reins.

The Passing of a Quiet Man ...

Sadly Bill Crellin passed away in August after a nine month battle with cancer. He had been the Club Treasurer for five years and was just 55 years old.

Social News

The Long weekend camps were at Wellington Mills in March and at Rottnest Island in September.

We celebrated 'Twenty Years' with the Club Dinner (\$25 per head) at the Langley Hotel where we honoured our Founder Members, Dick Horsley, Cliff Bould, John Gilmour and David Carr. Brian Foley presented them with a specially designed Founder's Badge. Pat Carr accepted on behalf of David who was in Japan, and Garnet Morgan was also there to receive his Twenty Year Badge.

Results and times of interest during the year:

The Reg Briggs Trophy was won by Pole Vaulter Paul Woo and the Handicap Trophy by Ian Colquhoun in 6 events.

Road Running Championships

20 runners completed the 3 events this year

Men			Av km	Women			Av km
1st	B Schickert	M50	3.54 min *	1st	M Forden	W50	4.38 min
2nd	V Waters	M45	4.13 min	2nd	J Howat	W35	4.52 min
3rd	T Maslen	M55	4.15 min	3rd	W Clements	W50	5.26 min

*Same time as last year and in 3 years out of 4, Bob ran this average time of 3.54 min !!

Road Walking Championships

3 walkers completed the event

Men				Women			
1st	B Weatherburn	M50	6.27 min	1st	D Whittam	W55	7.12 min
2nd	J Whittam	M55	7.51 min				

New Run at Mosman Park – 8km & 4 km (102 runners and walkers)

Race Directors: Sue & Paul Hughes. From Mosman Park Tennis Club, a very tough but scenic out and back course on cycle paths alongside the Swan River. Morning tea was served, with the Tennis Club allowing us the use of their facilities.

Men				Women		
8km	D Reid	M40	29.01	J Chambers	W40	33.14
4km	V Waters	M45	15.12	K Penton	W50	18.03
Walk						
8km	J Whittam	M55	62.18	D Whittam	W55	59.16
	B Fergie	M55	62.18			
4km	B Weatherburn	M50	26.15	L Schickert	W45	31.50

Mill Point Road Club Championship – 10km – (70 runners & walkers)

Race Directors: Bob & Lynne Schickert - Very wet conditions! From McCallum Park, the run went over the Causeway Bridge along Riverside drive, over the Narrows Bridge via the new cycleway crossing at Mends Street, back to McCallum Park.

Men				Women		
1st	D Reid	M40	35.31	1st	M Stewart	W55 43.34
Walk						
1st	P Johnson	M45	56.47	1st	D Whittam	W55 68.11

New Run – Birdswood Loop – 11.6 & 6.2 kms (104 runners & walkers)

Race Director: Lorna Lauchlan

Men				Women		
11.6km	W Robinson	M35	42.30	M Forden	W50	53.56
6.2km	J Puglisi	M40	22.38	K Penton	W50	27.22
Walk						
11.6km	P Martin	M50	64.27	J Stone	W45	82.25
6.2km	P Hill	M40	32.51	L Romeo	W45	36.35

ARTHUR LEGGETT ... my tribute

We have many characters in the Club, one of them being Arthur. He joined the Club in 1979 at the grand old age of 61 after having run his first marathon at 57. He ran the 12km City to Surf in 59 mins in 1979 and he completed the 1984 Perth Marathon in 3.49.30. Good times for this energetic man.

With his friend Brian Smith, he joined the Canoe Club and decided to take on the Avon Descent. He didn't finish, but gave it all he had.

Other adventures included riding a high powered motorcycle around Australia, walking the Bibbulmun Track and writing a book called 'Don't cry for me'.

At the age of 87 he was still riding his push bike regularly. Arthur also writes poetry and on his 93rd birthday at the Wireless Hill run, he read some of his poems. He still drives a car. "Is there anything Arthur will not try?"



*Arthur celebrating a recent birthday with a poetry reading at Wireless Hill.
Ray Lawrence and Frank Usher seated with Ross Keane and David Baird in background
Karen March and Richard Harris on left in front*

1994

The committee was the same as last year except Joan Pellier was Vice President. Brian Danby was made a Life Member.

Safety was again a concern. In the Cliff Bould Handicap run, one of the runners fell and Brian Foley had to leave his post as a marshal to help the runner. Fortunately he was only slightly concussed and was able to drive home. The committee is looking at offering first aid courses to any member.

Social Notes

The Club Dinner was held at Langley Plaza as was last year's, so was successful. Cost was \$25.

Long Weekend camps were held in March – Wellington Mills and September at Rottnest.

Results and times I thought interesting during the year:

The Reg Briggs Trophy was won by track runner Keith Martin and the Handicap Trophy was won by Ted Maslen (8 events).



Keith Martin showing his other skills in the M45 High Jump

John Pellier ran his 50th Marathon at Bunbury. Bob Johnson ran his 20th City to Surf.

Road Running Championships

Biggest number of competitors so far – 8 women, 19 men, including 3 husband and wife groups:
Chambers, Ferris, Pellier

Men				Women			
			Av km				Av km
1st	D Reid	M40	3.51 min	1st	J Chambers	W45	4.08 min
2nd	J Ferris	M40	3.54 min	2nd	S Prewett	W40	4.13 min
3rd	D Roberts	M50	4.01 min	3rd	J Howatt	W35	5.01 min

Road Walking Championships

4 events, 3 walkers completed the events:

Men				Women			
			Av km				Av km
1st	J Mison	M45	5.31 min	1st	D Whittam	W55	7.33 min
2nd	B Thomsett	M50	6.53 min				

After many years of trying to get trophies for the RRC and RWC, Morris Warren's persistence paid dividends and the committee agreed to provide trophies to the winners and a medal to everyone who completed all events. Also agreed was that medals would be awarded for the Club Half Marathon, Mill Point Road, Bridges 10k Championships, 10k Cross Country and Jorgensen Park.

Roma Barnett suggested the club hold a Presentation Day and Chris Brockwell was approached. He was only too happy to help with lunch and presentations at Rosie O'Gradys in Northbridge on Sunday 18 September. Tickets were \$10 and sold out in no time, and we had a great time. Many thanks Chris.

Six Hour Relay

Dorothy Whittam wrote to the committee in April asking them to consider a six-hour relay. The committee agreed and a date set for Sunday 30th October at Coker Park. Coordinators arranged team of six and we had eight teams of runners and two teams of walkers.

The morning was hot and windy. A west country guy suggested maybe it should be a four hour event and it wasn't long before most runners agreed – a barbie and ice cold beer sounded much better than running in hot and windy weather. All agreed it was a good exercise in friendship and camaraderie.

Once again our man Bob Fergie was there helping organise the event and compiling times. Times for each age group were for four hours.

Team	Distance	Av km
M40	67.280 km	5.42 min
M45	65.381 km	5.52 min
M50	63.590 km	6.03 min
M55	61.273 km	6.16 min
W35	54.417 km	7.03 min
W45	54.617 km	7.02 min
W50	53.356 km	7.12 min
Walkers		
Women	34.960 km	10.59 min
Men	42.440 km	9.03 min

Andy Wright Memorial Handicap Run – Manning (84 runners, 8 walkers)

Race Director: Leo Hassam

This run was moved from Carine to Aquinas College because of congestion with the junior football club. The course was from the sports oval, over freeway bridge and around Deepwater Point cycleway before heading back to Aquinas. Winners of the trophies were: Milton Mavrick and Phyllis Farrell. Jeff and Dorothy Whittam won the walk. Morning tea and cakes were served in the old hockey club which was greatly appreciated by all.

York to Toodyay Relay

WAAA men's A team broke four hours for the relay. Team was Duncan McCauley, David James, Brian Foley, Brian Danby, Bert Carse, Bruce Wilson and Vic Waters.

The Perth Marathon included relay teams this year for the first time. Six club teams entered with the A team being 5th overall. 19 members ran the marathon, Jan Kelly was the first lady in a time of 3.07.16.

WA State Veteran Marathon Records at the time:

Men			Women		
M35	Phil Wall	2.33.31 1979	W30	Tess Brockwell	2.54.29 1985
M40	Frank Smith	2.29.06 1982	W35	Karen Gobby	2.36.40 1991
M45	Henk Stoffers	2.30.43 1987	W40	Jan Kelly	3.07.16 1994
M50	Steve Barrie	2.40.45 1991	W45	Tula Vaalsta	3.13.59 1985
M55	John Gilmour	2.38.19 1978			
M60	John Gilmour	2.41.07 1981			
M65	John Gilmour	2.57.59 1986			
M70	John Gilmour	3.03.04 1989			

Brockwell Run – 6 or 13km (121 runners and walkers) Organisers: Chris and Tess Brockwell
 This year the run started at Trinity College where headmaster Tony Curtis allowed us to use the college facilities including the sports pavilion. Once again we were treated to a super morning tea by Tess and Chris. The course was the same as previous years.

Men				Women		
13km	C Maher	M40	46.17	S Prewett	W40	57.18
6km	D Read	M40	20.20	J Lishman	W30	24.45
Walk						
13km	P Martin	M50	69.12	L Romeo	W45	81.04
6km	D Horsley	M80	48.55	D Whittam	W55	42.22

Point Walter Run (101 runners and walkers) Organiser: Dave Roberts
 6.2km flat run on cycle path, 11km hill followed by undulating cycleway.

Men				Women		
11km	T Savin	M45	43.03	J Chambers	W40	45.17
6.2km	J Puglisi	M40	23.05	B Matthews	W40	29.23
Walk						
6.2km	J Mison	M45	31.48	M Mison	W45	40.45

1995

President Brian Foley, Secretary Bob Fergie, Treasurer Jan Jarvis, Editor Richard Harris with Jacqueline Billington as assistant. Membership was 427. Life Members appointed were Kirt Johnson and Basil Worner.

At an Extraordinary General Meeting during the year it was voted to bring in the membership age for the club as 30 years for men and women.

Social Activities

The Club Long weekend camps were held in March at Myalup, near Bunbury and September at Lewana, Ballingup.

The Club Dinner this year was at the Metro Inn. Cost \$25

The Medal Presentation Lunch was held at Rosie O'Gradys, Northbridge. Music by Tony Henry. Cost \$10 pp.

A Quiz Night at Perry Lakes Rugby Club with club member George Schaefer as Quiz Master raised \$500.

Another tribute in the *Vetrun* during the year was for Charlie Spare.

"Charlie Their Darling

Charlie Spare M55 was honoured by the Athletic Association of WA with a Merit Award for his contribution to athletics for 40 years. Charlie is the Vets representative in track and field in summer and is a track referee. He was a marathon and ultra marathon runner but now limits his distance to 10k."



Charlie Spare in a Vets State Championships at McGillivray Oval, running with Barrie Slinger

Whilst Charlie is now no longer running, he still helps as an official at our MAWA State Championships each year.

Runs and results of interest this year:

Reg Briggs Trophy – this year it was won by Noela Medcalf and the Handicap Trophy winner was Milton Maverick.

At the run in Hester Park Langford near the Canning River, Rob and Phyllis Farrell arrived by canoe.

Road Running Championships – completed by 14 men and 7 women

Men			Av km	Women			Av km
1st	M Cousins	M60	3.55 min	1st	J Chambers	W45	4.07 min
2nd	D McAuley	M45	3.57 min	2nd	S Prewett	W40	4.24 min
3rd	G Brunt	M40	3.58 min				

Road Walking Championships

Men				Women			
			Av km				Av km
1st	P Martin	M40	5.50 min	1st	D Whittam	W55	7.16 min
2nd	P Johnson	M45	6.28 min				
3rd	B Fergie	M50	6.43 min				

Tompkins Park Handicap – 8.4km (80 runners and walkers) Race Director: Peter Airey

This run started at Tompkins Park and went along the foreshore on the cycle path to the Applecross Broadwalk, up Majestic Hill and then returned to Tompkins Park.

Run	1st	R Reece	M45	Walk	1st	J Mison	M45
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Friendship Run (118 runners and walkers) Race Directors: Joan & John Pellier

A new course record was run by Jan Kelly in the 12.2m event.

Men				Women		
12.2km	C Maher	M40	48.24	J Kelly	W40	52.08
6.1km	B Carse	M50	22.56	M Stewart	W55	29.11
6.1km Walk	B Chalmers	M55	44.49	P Kelly	W45	45.50

Jim Barnes Run – Wilson Park, Cannington (101 runners and walkers)

The John Tarrant Trophy was awarded to Jim Langford and the Dot Browne Trophy was awarded to Jill Chambers. Jim was in fine form and broke the course record as did Jill.

Ivan Brown ran a PB and broke 40 min for 10k in 39.18.

Men				Women			
10km							
1st	J Langford	M50	33.31	1st	J Chambers	W45	38.59
2nd	B Carse	M50	35.37	2nd	S Prewett	W40	40.23
3rd	P Ogden	M35	36.21	3rd	H Lysaght	W40	44.08
5km							
1st	D Carr	M60	21.34	1st	N Medcalf	W55	26.35
2nd	P Airey	M55	23.15	2nd	J Billington	W50	28.49
3rd	J Stone	M50	24.42	3rd	J Strachan	W65	31.16
5km Walk							
1st	P Martin	M50	28.04	1st	L Lauchlan	W65	31.05
2nd	J Mison	M45	28.05	2nd	L Romeo	W50	32.28
3rd	P Johnson	M45	29.01	3rd	D Whittam	W55	34.47

Mad Mick's Mates

During 1995 the *Vetrun* featured a 'ditty' written by George Schaefer about the M60 group who were all competitive and who always tried to win.

They were: George himself, David Carr, Dalton Moffett, the late Robin Bonner, Mick Cousins, Dick Blom and the late Ted Maslen.

It is rather long but I hope you enjoy reading it.

Mad Mick's Mates

*The greatest runners in the land
Are old Mick Cousin's sixties Band
That's Reckless Robin, Dashing Dick
Galloping George and Mad Mick.*

*On Sundays they all run in packs
Through City Streets and wild bush tracks
With barefoot Ted and Raving Dave
Dashing Dalton and others brave.*

*Said Ma Mick "Will all make a break
And one of us a record make"
Said Reckless Robin "Have no fear
For I too will volunteer".*

*"No, make it me" said Dashing Dick
"I'm not pretty, but I'm quick
When Raving Dave picks up my trail
I'll surge on, I will not fail".*

*"Quick" said Dalton "No delay
we mustn't let them get away"
and leaping off, said "Follow me"
and ran head first into a Tree.*

*'Oh' how they ran to beat Fast Ted
In they must or they'd be dead
And when he sought their kind assistance
All rushed past with grim persistence.*

*Then into sight Bold Dave came hopping
right past Robin, no sign of stopping.
Said George "I think perhaps we're gaining"
"No" said Dalton "He's been training".*

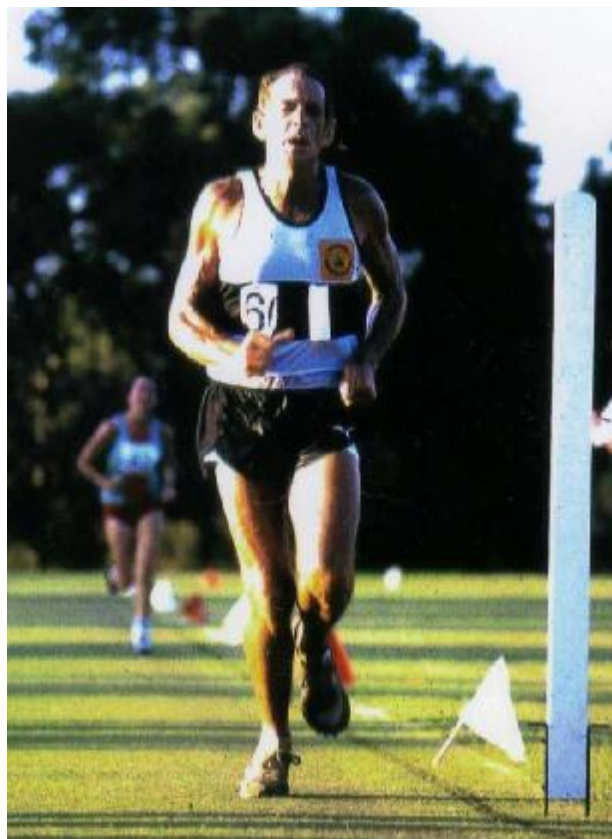
*At last all worn out, tired and dizzy
They looked for Mick and said "Where is he?"
They're still running, the truth's unspoken
Mick home showered and record broken.*

George Schaefer – *The Vetrin*, 1995

Vale

This year also saw the sad death of Duncan Strachan.

Duncan was Secretary of the club in the eighties and was a tireless worker. Duncan is seen here running at McGillivray Oval.



Chapter 7: 1996-1998

"The Poetry Continues..."

1996

President Brian Foley, Secretary Jackie Halbert, Treasurer Sue Jones. Jacqueline Billington was appointed as a new Life member.

As noted in Brian Foley's report at the AGM, "the highlight of the year was conducting the National Veterans' Track and Field Championships over Easter. After twelve months of intensive planning by a sub-committee, led by Ivan Brown, the championships were a great success".

It was noted that the new Council controlling McCallum Park were requiring 5 million dollars third party insurance for hirers.

To start the year, in the January 1996 *Vetrun*, Richard Harris gathered together some good advice for us all, which I thought you might enjoy.

"Listening to Your Body"

Why not listen to everybody, not just your body? Here is some tribal wisdom gleaned from your friends and mine, Western Australian Veteran runners in recent times.

Arthur Leggett: If you want to run when you're 75 years plus, don't take yourself too seriously. Have a bit of fun with it.

Jim Langford: If you're enjoying your training and having fun running, forget about your times – they don't matter.

Steve Barrie: (Talking about a long streak of personal bests before he had a double bypass): Of course I'd do it all again. It was wonderful.

John Gilmour: If you can't do it in training, you won't be able to do it on the track on the day of the race.

Cliff Bould: Eating low fat meals and skim milk isn't boring. Having heart attacks is boring.

John Petersen: I ran my best marathon ever this year on my lowest mileage. I spent a lot of time in the gym doing leg presses and generally strengthening my legs.

John Bell: Learn to be more optimistic. Throughout the year half the population are on anti-depressants at some stage. The best treatment for depression is exercise. Eat better food, with lots of fruit and vegetables. Avoid hitting yourself with sugar. Stop telling yourself what's worst. Ask yourself what's best?

Merv Moyle: Run with an easy, comfortable style, to a rhythm. Run within yourself. Back off on the hills. If you attack the hill, especially early in a run, your body will go into debt and you'll have to carry that burden for the rest of the run, spoiling your enjoyment of the event.

Tessa Brockwell: No runner can be good at every event. Set your target on a particular event, train for it, then give it your best shot. You'll be surprised at how well you'll perform.

Caroline Brinsdon: Persist at the training. Keep out of injuries. You'll get there.

Maxine Santich: Too many good runners kill themselves in training. They get stale. Back off. There's no reason why you can't enjoy all your training and still run well.

Lorna Lauchlan: Have a go.

Ray Lawrence: Get rid of that stiffness – go dancing, do a light upper body work out in the gym. Don't retire – re-fire.

George Schaefer: Meditation helps.

Dalton Moffatt: If you want to really take off, buy some shares in the Commonwealth Bank.

Richard Harris

More chuckles in the *Vetrun*

Not to be outdone by George Schaefer's effort, Robin Bonner put pen to paper too with another 'ditty' called *The Legend of Mad Mick ... Continues* which was published in the February 1996 *Vetrun*.

*There is a story abroad this land
It tells of Mad Mick's running band
Of 60 years they'll see no more
For all of them have lost the score*

*But cunning thought and sneaky look
They try to outdo on running foot
To run the best and beat the rest*

*Now Galloping George was first to move
By pen and paper did best to prove
That he alone by far was best
So bright of mind in search of quest*

*Mad Mick was livid and quick to answer
This move by George to be the faster
It's me they all must homage pay
or by George they'll rue this day*

*Raving Dave took not the hint
And he too went into print
With flowery word in perfect prose*

What had been written so far was gross

*Dashing Dick was heard to chortle
For him speed work had made immortal
To suffer so was personal glory
To be in front was that was the story*

*Barefoot Ted his mind on high
Let his thoughts reach to the sky
The race was over and that is why
I lay me down just here to die*

*Dawdling Dalton it's true to say
Has been the best in his long day
Now that time is going fast
He watches all the girls go past*

*Reckless Robin that's one we know
Who's bound to pay for this by jove
His running shoes will be in shreds
He dared poke fun at Mick's grey head*

Robin Bonner - *The Vetrun*, February 1996

Club Long Weekend Camps

The March long weekend camp was held at the Margaret River Backpackers and the October camp at Nanga Dell Cottages, 1 ½ hours from Perth at Waroona for a cost of \$75 per person including all meals. Following the Margaret River weekend, Margaret Birks wrote this report in the form of a 'ditty' for the April 1996 *Vetrun* – may I add that this is where she met Jim Langford and the rest is history!

*Having just returned from the south
From the Margaret River weekend
I offer this verse as a record
And hope that there's none I'll offend*

*On Saturday we were rudely awoken
By shouts to herald the day
And right now I'd like to ask Roma
Just what made her invite Ray?*

*We were all up and running by seven
Doing an easy 9 k
Then after breakfast we scattered
To do as we wished for the day*

*Some folks took off to the caves
And had a spot of adventure there
For someone had started a fire
Deep down in the underground lair*

*So they had to decamp to another
Before the smoke made them sneeze
And that called for group consolation
Aided by Devonshire teas*

*Meanwhile Doug and his boys went fishing
With the bold Jackie B in tow
But the fish must have been out to lunch
For they came back with nothing to show*

*Saturday night was memorable
For good food and communal sing song
But I wonder why all the other guests
Didn't hang round for long?*

*We had some trouble with the plumbing
Especially on Saturday night
With all loos and basins filled to the brim
But by Sunday it was thankfully put right*

*It was of course the time of election
Which we followed all through the night
With Brian providing hourly reports
As Keating was swept out of sight*

*Now sleeping with nine other people
Has got its advantages I'm sure
But next time I'd like to request
That I don't share with people who snore*

*The two Keiths went off and did recces
And set us some good running tracks
But there was a bit of a problem on Sunday
When eight or so didn't come back*

*After three hours they finally arrived
Looking hot, tired and very foot sore
Having done a neat 25 k
And swearing to run no more*

*Which probably accounts for the limping
As they all staggered in together
That's Ron, Jackie H, Joan and Roma
Denise, Jo, Tony and Heather*

*After that we set off for a vineyard
To partake of a wine or two
Followed by a sumptuous picnic
And a blissfully functioning loo*

*There was an unofficial competition
For the one with the most fetching hat
And I think it was generally agreed
That Jim took the honours for that*

*While some of us tried a siesta
Whacked out from food, running and all
Jackie was cracking the whip
To get us all up playing ball*

*And when she suggested a brewery
The response that she got was none
(Even John Pellier refused)
So she relinquished the role of games mistress
And stopped trying to make us have fun*

*A barbecue planned for Sunday
Would have nicely completed the day
But sadly I can't report on it
Because I could no longer stay*

*But I'd like to pay tribute to Jackie
(Who's off to the long white cloud)
For organising a great time for all
No small task for such a big crowd*

*And even before it was over
We were already well into gear
Debating where we'd go next
And planning group camps for next year.*

Margaret Birks – *The Vetrin*, April 1996

Now back to more serious stuff!

Runs and results worth noting during the year:

The winner of the Reg Briggs Trophy this year was Anne Shaw. The Handicap Trophy winner was deferred.

Australian Record

Congratulations went to long time member Lorna Lauchlan for breaking an Australian Record for the W65 3,000m Walk.

Jim Barnes ran his 50th Marathon in Perth with a time of 3hrs 35 mins.

Road Running Championships

3 events: Jim Barnes Run 10k; McCallum Park to Uni and back 15k; McCallum Park to Mt Henry Bridge and back 25k. 25 Finishers, 6 women, 19 men

Men				Women			
			Av km				Av km
1st	J West	M45	3.41 min	1st	R King	W35	4.18 min
2nd	D Dahlstrom	M45	3.53 min	2nd	S Prewett	W40	4.24 min
3rd	G Brunt	M45	4.04 min	3rd	H Sanderson	W45	4.49 min

Road Walk Championships

Sorry, no results for walkers, but the Trophy Register file shows that Paul Martin and Wendy Clements were the winners this year.

Sharks Run – 5km & 10km at East Fremantle (94 runners & walkers) Race Director: Paul Martin

Men				Women			
10km							
1st	R Parker	M45	35.42	1st	H Lysaght	W40	44.42
2nd	D Bishop	M35	37.19	2nd	J Pearse	W45	50.04
3rd	D Reid	M45	38.08	3rd	D Lancaster	W45	54.55
5km							
1st	B Wilson	M50	18.58	1st	H Sanderson	W45	22.09
2nd	B Foley	M50	21.40	2nd	P Macliver	W50	23.22
3rd	C Walkley	M65	21.54	3rd	R Barnett	W45	25.46
10km Walk							
1st	J Mison	M45	54.25	1st	M Mison	W45	65.00
2nd	B Fergie	M60	66.49				
3rd	B Thomsett	M55	66.55				
5km Walk							
1st	J Lockyer	M55	39.18	1st	J Hillis	W50	36.11
2nd	G Mullins	M50	43.09	2nd	P Ainsworth	W60	38.43
3rd	A Pomery	M65	45.38	3rd	W Spencer	W50	38.55

New Run - Heather's Run – 5km & 10km at Bardon Park, Maylands (83 runners & walkers)

Race Director: Heather Sanderson

Course: out to Garratt Road Bridge and back for 10k, mostly cycle path.

Men				Women			
10km							
1st	J West	M45	36.45	1st	J Halberg	W50	51.16
2nd	T Savin	M50	37.08	2nd	J Barnes	W40	51.21
3rd	F Smith	M50	37.35	3rd	B Height	W35	51.25
5km							
1st	I Blair	M35	19.49	1st	R Barnett	W45	24.45
2nd	T Keesing	M35	21.17	2nd	J Jarvis	W50	26.28
3rd	M Anderson	M45	21.16	3rd	L Lauchlan	W65	31.05
10km Walk							
1st	J Mison	M45	46.02	1st	M Mison	W45	65.31
2nd	P Martin	M50	46.03				
5km Walk							
1st	J Murphy	M50	38.14	1st	W Clements	W50	33.48
2nd	E Moyle	M70	41.23	2nd	J Hillis	W50	34.07
3rd	F Watson	M75	44.26	3rd	J Billington	W50	34.29

New Run - R.I.B. Run – 8.2km & 4.5km (95 runners and walkers)

Race Directors: Roma Barnett, Irene Ferris and Brian Danby. Flat course around Lake Gwelup.

Men				Women			
8.2km	1st	R Parker	M45	29.43	J Kelly	W40	34.34
4.5km	1st	V Waters	M50	17.30	M Blair	W35	18.14
8.2km Walk	1st	P Martin	M55	48.25	M Mison	W45	57.11
4.5km Walk	1st	B Chalmers	M55	30.36	W Clements	W50	31.44

1997

President Brian Foley, Secretary Jackie Halberg, Treasurer Sue Jones, Editor Richard Harris.

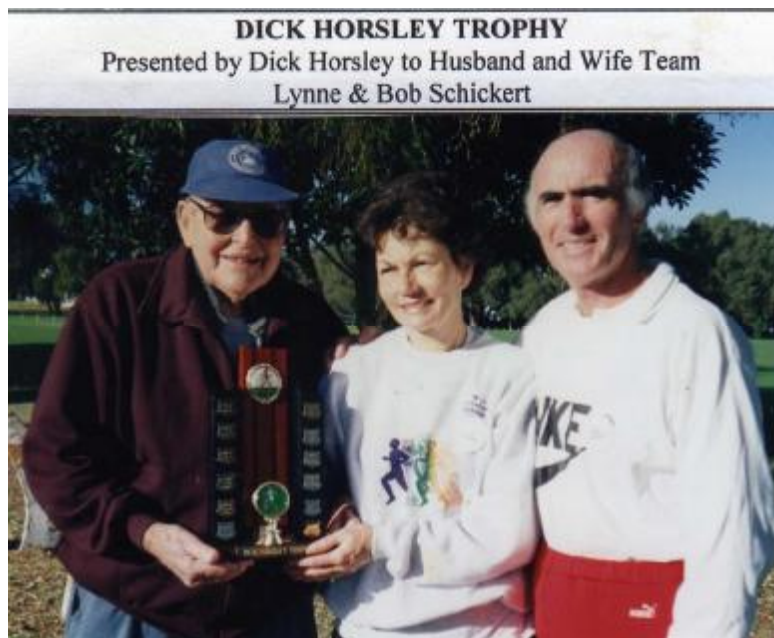
The club purchased a new computer for \$2,294 and a photocopier for \$1,000. Also a new sprinting stopwatch \$550.

Vale Two Club Members

Dick Horsley

Vetrun #279 reported the death of one of the founder members and the club's first president Dick Horsley.

"Dick was a gentleman, quietly spoken and always ready to help a fellow member. In my earlier report I spoke how the committee had honoured Dick for sixty years of service to Athletics in WA. He will be sadly missed."



This award, commenced in 1987 is for the husband and wife (or partner) team with the best overall results in the Darlington Dash run with one member of the team completing 16km and the other 8km. Lynne & Bob won this trophy in 1996 and other winners have included the Ferris's (5 wins), Pelliers (2), Carses (2) and Langfords (2).

Ted Maslen

Vetrin 282 pp2-3, features an Obituary on Ted's life by David Carr, Chris and Tessa Brockwell and Leo Hassam.

"Ted Maslen collapsed and died of heart failure at the Point Walter run in late January 1997. Ted was a Rhodes Scholar and was head of the physics department at UWA, he met Sheila whilst studying at Oxford University. They have eight children, most of whom run. Ted always ran barefoot be it 10k, steeplechase or marathon."



*Showing his barefoot style in the M50 3000m steeplechase
Ted competing in the 1987 WAVA Championships at Olympic Park, Melbourne*

Social Activities

Long weekend camps – March: Nanga Dell cottages near Waroona, fully catered for \$80 pp.
September at Wellington Mills \$36 for three nights.

Presentation Day this year was held at Rosie O'Grady's for a cost of \$12 pp and the Club Dinner at the Freeway Hotel, South Perth with a cost of \$27 pp.

Results worth noting and runs I enjoyed this year:

Lynne Schickert won the Reg Briggs Trophy, and Stuart Parkinson won the Handicap Trophy.

New Run – Woodman Point – 4.4km & 9km run and walk – Nyerbup Cir, Coogee
 Race Directors: Wendy & Jeff Spencer. Run on ex-rail track with a BBQ afterwards.

Men				Women			
9km							
1st	R Parker	M45	32.06	1st	H Lysaght	W40	41.11
2nd	D Dahlstrom	M45	35.16	2nd	M Forden	W55	43.06
3rd	V Carrero	M50	37.02	3rd	P Macliver	W50	43.50
4.4km							
1st	D McAuley	M40	14.53	1st	F McAuley	W40	14.53
2nd	D Carr	M60	17.09	2nd	N Medcalf	W60	26.26
3rd	J Stone	M40	20.09	3rd	M Heppell	W55	27.26
9km Walk							
1st	P Martin	M55	50.19	1st	M Mison	W45	64.34
2nd	D Brown	M45	58.40	2nd	L Schickert	W55	67.23
				3rd	D Whittam	W60	67.24
6.4km Walk							
1st	R Hall	M60	41.50	1st	T Carrero	W50	38.52
2nd	E Moyle	M70	52.23	2nd	P Miller	W55	38.53
				3rd	M Flanders	W60	38.54

Shoalwater Bay Run – 5km & 10km (60 runners and walkers)

Race Directors: Fiona & Duncan McAuley. Run on footpath along foreshore at Shoalwater Bay.

Men				Women			
10km							
1st	F Smith	M50	38.31	1st	H Lysaght	W40	47.17
2nd	B Schickert	M50	38.53	2nd	J Halberg	W50	54.42
3rd	B Harrison	M50	39.16	3rd	M Warren	W60	62.27
5km							
1st	D Caplin	M55	17.33	1st	A Aldrich	W50	23.50
2nd	T Keepling	M35	19.24	2nd	N Medcalf	W60	26.05
3rd	J Pressley	M50	20.03	3rd	P Carr	W60	37.54
5km Walk							
1st	R Hall	M60	32.32	1st	D Whittam	W60	32.45
2nd	F Watson	M75	42.27	2nd	L Schickert	W55	36.50
				3rd	V Wheeler	W65	38.53

Road Running Championships – 11th Year

Men				Women			
			Av km				Av km
1st	J West	M45	3.42 min	1st	V Millard	W50	5.30 min
2nd	S Dunn	M30	3.59 min	2nd	A Turner	W60	5.31 min
3rd	B Schickert	M55	4.11 min	3rd	Jenny Barnes	W45	5.33 min
					Wendy Duncan	W45	5.33 min

Road Walking Championships

1st	A Pomery		7.53 min	1st	M Mison	W45	6.38 min
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Jorgensen Park Cross Country

Sheila Maslen presented a trophy in her late husband's name to the first M60. The winner was Richard Harris. Greg van der Sanden led throughout the run in a M35 age record time of 30.05. Ann Shaw won the ladies race in a W45 age record time of 34.34. A roast dinner followed around a roaring fire which was enjoyed by 90 members.

State Cross Country in Kings Park (103 runners & walkers)

Race Directors: Warren Gee & Ralph Henderson

Unfortunately this course has had to be changed many times because of environmental and safety concerns by the Kings Park Board. Tony Heppener was the fastest man with Jan Kelly first lady.

New Run: Dam to Dam – Bickley Dam, Orange Grove - 8.2km Race Directors: Peter & Judy Hill

A great run on the old railway line up to the site of the old Victoria Dam. At the top you had a great view of Perth then we ran back to the start to enjoy morning tea at Hardinge Park.

Men				Women			
8.2km							
1st	J Klinge	M50	35.01	1st	S Vetten	W45	40.35
2nd	I Davies	M50	35.26	2nd	M Forden	W55	43.39
3rd	D Roberts	M50	36.07	3rd	M Warren	W60	48.02
8.2km Walk							
1st	J Mison	M50	51.56	1st	R Holloway	W40	54.51
2nd	B Chalmers	M55	60.58	2nd	M Mison	W50	60.27
3rd	J Whittam	M60	75.56	3rd	P Ainsworth	W60	73.31

Danby's Run – Pinnaroo – (85 runners & walkers) Race Directors: Brian & Sue Danby

This was the 17th and final of Brian's run as he has to move out of Pinnaroo. We thank Brian and Sue for all the great time we've had running around all the great tracks at the cemetery and for the great morning teas served by Sue and her helpers.

Men				Women			
12.8km							
1st	C Maher	M40	52.59	1st	S Zlnay	W35	54.32
2nd	D Bishop	M40	55.50	2nd	J Kelly	W40	60.21
3rd	R Henderson	M45	58.11	3rd	S Prewett	W40	67.21
8.4km							
1st	W Crowley	M40	36.41	1st	S Vetten	W45	44.54
2nd	V Waters	M50	39.25	2nd	L Harrop	W40	45.04
3rd	B Tindall	M35	40.08	3rd	B Height	W40	50.28
4km							
1st	S Mort	M40	17.41	1st	J Pellier	W55	20.08
2nd	J Bramley	M55	17.50	2nd	H Sanderson	W45	20.45
3rd	J Stickles	M55	18.26	3rd	V Millard	W50	21.59
6km Walk							
1st	B Fergie	M60	36.42	1st	L Romeo	W50	38.11
2nd	R Hall	M60	36.58	2nd	M Mison	W50	38.46
3rd	E Moyle	M70	46.48	3rd	D Whittam	W60	45.34

1998

President Bob Schickert, Secretary Brian Foley, Treasurer Ray Hall, Editor Katrina Spilsbury. The club had 420 members and we had \$19,874.06 in the bank. Two new Life Memberships were awarded: Brian Foley and Bob Schickert.

Social News

The Club Long weekend camps were at Lewana near Balingup in March and Wellington Dam in September.

The Club Dinner was held at the Freeway Hotel, South Perth for a cost of \$26 pp and Presentation Day Lunch at Rosie O'Grady's for \$15 pp.

Vale

Rob Farrell

It was with great sadness that the death of Rob Farrell was reported in 1998.

Rob and Phyl are great friends of mine and we've run hundreds of kms together. Our favourite run was in the hills around Canning Dam which we ran many times together.

Rob and Phyl joined the Vets in 1981 and Rob ran a marathon in the eighties with his sidekick Duncan Strachan. Rob was club treasurer and known as the big Irishman with the loud voice and a heart of gold.

Phyllis Bould

Sadly Cliff Bould's wife Phyllis also passed away during the year. Phyl was a great supporter of Cliff's running and came regularly to the club runs.



Cliff and Phyllis at a RIB run at Lake Gwellup

Runs and results of interest for this year:

The Reg Briggs Trophy was won by Robin King and the Handicap Trophy by Alan Jennings.

Karen Gobby won the Townsville Marathon in a course record of 2hr 48 min and Jim Barnes ran 3 hrs 33 mins.

Road Running Championships

23 men and 13 women ran the three events.

Men				Women			
			Av km				Av km
1st	C Maher	M45	3.34 min	1st	S Vetten	W45	4.47 min
2nd	S Dunn	M30	3.48 min	2nd	F McAuley	W45	4.53 min
3rd	D Wilmer	M40	3.48 min	3rd	J Pearce	W45	5.02 min

Road Walking Championships

1st	P Martin	M55	5.44 min	1st	M Mison	W50	7.20 min
2nd	D Brown	M50	6.35 min	2nd	L Schickert	W55	7.29 min
3rd	D Blom	M60	6.45 min				



Morris Warren presenting Val Millard with her Road Running Championship medal at the 1998 Presentation Day lunch at Rosie O'Grady's (Val was overall female winner in 1997)

New Run – The 3Ps Run – 8km & 16km (78 runners and walkers) Race Director: Bob Schickert
 The 3Ps being Pt Walter, Pt Waylen, Pt Dundas. Flat course, no roads to cross, from Pt Walter car park to tennis courts at Applecross on cycle path.

Men				Women			
16km							
1st	J West	M45	60.25	1st	W Duncan	W45	90.25
2nd	F Smith	M55	63.29	2nd	J Pearce	W50	90.25
3rd	B Carse	M55	66.38	3rd	A Turner	W60	93.15
8km							
1st	I Davies	M50	30.34	1st	P Macliver	W50	39.21
2nd	J Klinge	M50	31.04	2nd	S Sanders	W40	41.48
3rd	R Mair	M50	34.02	3rd	M Bennett	W55	52.58

16km	Walk						
1st	B Thomsett	M55	125.05	1st	D Whittam	W60	125.07
2nd	B Fergie	M60	125.07				
8km	Walk						
1st	P Martin	M55	48.48	1st	M Mison	W50	59.42
2nd	J Mison	M50	48.49	2nd	L Lauchlan	W65	69.55
3rd	D Brown	M50	57.15	3rd	J Midolo	W50	69.56

Frank Smith and Bert Carse, 2nd & 3rd place finishers in the 3Ps race have challenged each other on both the track and the road over many years.

They are seen here running the 10k at the AAVAC National Championships in Perth in 1989.



Herdsman Lake Run – 5km & 10km (115 runners & walkers) Race Directors: Jeff & Dorothy Whittam
 Course went from Pony Club, mainly on tracks, two laps of 5km for long run. Morning tea was served after the run.

Men				Women			
10km							
1st	W Gee	M45	37.37	1st	J Kelly	W40	41.26
2nd	J Klinge	M50	38.21	2nd	R King	W40	41.42
3rd	R Henderson	M45	39.10	3rd	K Noordyk	W50	47.29
5km							
1st	I Davies	M50	18.29	1st	A Shaw	W50	19.32
2nd	C Coates	M45	18.33	2nd	T Brockwell	W40	20.55
3rd	I Lankester	M50	19.55	3rd	K Penton	W55	26.44
10km Walk							
1st	D Blom	M65	64.46				

5km Walk

1st	P Martin	M55	27.30	1st	L Romeo	W50	33.14
2nd	P Hill	M50	30.26	2nd	M Mison	W50	34.49
3rd	R Hall	M60	30.35	3rd	J Lankester	W45	36.10

Deepwater Point – 7.2km & 16km (78 runners & walkers) Race Director: Dalton Moffett
 Course from coffee shop at Deepwater Point, under Mt Henry Bridge, alongside freeway to Canning Bridge, over freeway and back to start on cycleway all the way. Pouring rain – Garry Fisher reckons that's why he won as not many turned up.

Men

Women

16km

1st	G Fisher	M45	62.51	1st	J Kelly	W40	69.52
2nd	G Brunt	M45	66.57	2nd	L Harrop	W45	80.48
3rd	F Smith	M55	67.49	3rd	S Bell	W50	83.56

7.2km

1st	P Odam	M35	27.19	1st	T Brockwell	W40	31.48
2nd	J Klinge	M50	27.20	2nd	M Forden	W55	36.24
3rd	C Wilson	M50	29.12	3rd	J Barnes	W45	41.40

7.2km Walk

1st	P Martin	M55	40.19	1st	M Mison	W50	51.37
2nd	J Mison	M50	40.20	2nd	L Schickert	W55	54.26
3rd	D Brown	M50	48.03	3rd	M Bucens	W55	54.31

Club Half Marathon & 11.3km (46 ran half marathon, 55 ran 11.3k)
 Race Director: Bob Sammells. Course was twice around the Bridges

Men

Women

21km

1st	C Maher	M45	1.17.05	1st	S Zlnay	W35	1.31.56
2nd	S Dunn	M35	1.23.30	2nd	J Kelly	W40	1.33.48
3rd	B Schickert	M55	1.28.47	3rd	S Prewett	W40	1.36.56

21km Walk

1st	P Martin	M55	1.57.44	1st	V Millard	W50	2.39.47
2nd	B Fergie	M60	2.19.44	2nd	L Schickert	W55	2.40.40
3rd	D Brown	M50	2.20.04	3rd	M Mison	W50	2.41.01

Bardon Park Run – 5km & 10km (74 runners & walkers) Race Directors: Brian and Margaret Bennett
 Course: from Bardon Park toward Garrett Road Bridge and back.

Men

Women

10km

1st	J Langford	M50	35.26	1st	M Langford	W50	44.21
2nd	G Salter	M40	36.35	2nd	L Harrop	W40	47.13
3rd	R Henderson	M45	37.50	3rd	J Halberg	W50	52.17

5km

1st	I Davies	M50	18.30	1st	J Pellier	W55	25.30
2nd	D Caplin	M55	21.07	2nd	E Brown	W50	27.03
3rd	B Sammells	M60	23.03	3rd	D Baldock	W35	27.09

10km Walk

1st	J Mison	M50	57.14	1st	M Mison	W50	70.04
2nd	P Martin	M55	57.15	2nd	D Whittam	W60	74.12
3rd	D Blom	M60	68.34	3rd	L Schickert	W55	74.13

5km Walk

1st	D Brown	M50	35.15	1st	J Midolo	W50	38.21
2nd	E Moyle	M70	41.21	2nd	L Lauchlan	W65	38.22
3rd	R Bruce	M55	45.33	3rd	V Wheeler	W65	41.19

Perth Marathon

Twenty one Vets finished the Perth Marathon.

Chris Maher was 4th overall in 2.37.04; Ann Shaw was first lady in a PB of 2.57.06
Stephen Dunn ran 2.54.34 and Robin King 3.08.13



Anne Shaw competing in a Perth Marathon

Age Graded Events (8km run, 5km walk) Race Directors: David & Pat Carr

Competitors are handicapped on age and this is the third running of the events.

8km	Run		5km	Walk	
1st	C Clark	M53	1st	P Martin	M57
2nd	B Schickert	M56	2nd	B Fergie	M63
3rd	I Davies	M51	3rd	R Hall	M64

Chapter 8: 1999-2001

"One Century finishes, another starts"

1999

President Bob Schickert, Secretary Brian Foley, Treasurer Arnold Jenkins, Editor Katrina Spilsbury.

Social News

Long weekend camps were held at Rottnest in March and Tone River in September.

Dinner Dance at Sandringham Hotel, Belmont. Lunch at Jorgensen after the run, \$9 pp.

Presentation Day lunch at the Sportsmen Association, Mt Lawley \$12.50 pp.

Get Well Vic

As reported in the *Vetrun*, "*Vic Beaumont had an accident whilst riding his bike on the cycleway near Kwinana and cracked a bone near his hip. We wish him a speedy recovery.*"

Rotto March Long Weekend – a great write-up in the March *Vetrun*, #305, pp3-4.

Thanks to Margaret Bennett for allowing me to use her article.

"We had four cottages booked at the Kingstown Barrack on Rottnest Island, and hot weather was forecast.

Quite a few fortunate members were able to travel to Rottnest on the Friday enabling them to settle in early and start relaxing.

There were the "tree dwellers" a group comprising the Beaumonts, Thorntons, Jones etc, who had a large tree at the front of their cottage and were frequently seen sitting around under the tree socialising with various other members from the camp.

The "single, or un-attached ladies" commonly referred to as the "Old Boilers", being a bit of an exaggeration, were joined by relatives of Jaquie (sic) Billington and Bob Sammells who bravely faced the constant queue outside the bathroom.

Irene Ferris celebrated her birthday with a party, and was surprised by a very ingenious birthday cake, put together by Joan Pellier.

The many talented Joan Pellier was seen pushing John Pellier in a WHEELCHAIR. John was seen on the beach enjoying a swim, having devised a very unique method of getting in and out of the water, with the aid of crutches.

David Muir and his wife, together with his crew of Brian and Sue Danby arrived on Saturday by sail, and anyone who could swim out to their moorings were invited to afternoon tea. Vic Beaumont, who by the way is making a remarkable recovery from his recent accident, was one who made the swim, and he was unaware on his return that he was on a collision course with two Dolphins, being watched by us on the beach.

Most of us walked or ran at approximately 6am each day (some were a little later, depending on the previous night's activities). The weather being very humid, it was decided that an early start, followed by a refreshing swim, was the best plan. The rest of the day was spent by most, reading sitting around, finding a good spot to snorkel or swim, or taking a nap.

The two cafes in the settlement were frequented for cappuccino and the Rottnest hotel had live bands Saturday and Sunday nights for those wishing to be a bit more active. The Island bus proved popular for those not wishing to ride a bike in getting to a good location for swimming etc, and the serious bike riders did the tour of the island.

I think that I speak for the majority when I say it was a most enjoyable weekend, and we have made a booking for the same time next year, see you there.

P.S. Who left their car keys hanging on the end of the bed in the hut? Fortunately the boat we were on had not yet left the island and the 'forgetful' one was able to leap off and retrieve the

keys!! Meanwhile his fellow travellers, the three 'damsels', went on to Rous Head to await the arrival of the next ferry carrying our fellow traveller with car keys held safely in hand!"

Margaret Bennett

Results and runs I thought were interesting this year

Winners of Club Trophies this year were: Reg Briggs – Milton Mavrack, Handicap – Keith Atkinson

Anne Shaw broke two Australian Records during the year for middle distance and steeplechase and won the annual AAVAC (now Australian Masters Athletics) Award for this category.

Lake Monger – 3.3km, 6.6km 10km (135 runners & walkers) Race Director: Ian Lankester
Run on a cool and pleasant Valentine's Day.

Men				Women			
10km							
1st	J Langford	M50	36.21	1st	M Langford	W50	47.08
2nd	C Coates	M45	38.02	2nd	S Bond	W35	47.45
3rd	R Henderson	M50	38.15	3rd	M Forden	W55	48.48
6.6km							
1st	S Dunn	M30	24.00	1st	P Macliver	W50	31.52
2nd	J Klinge	M50	25.26	2nd	S Hughes	W45	34.56
3rd	P Kelly	M45	28.45	3rd	K Penton	W55	35.01
3.3km							
1st	I Davies	M50	11.20	1st	W Clements	W55	17.06
2nd	Waters	M50	12.46	2nd	Jo Pearce	W45	17.10
3rd	W Davey	M45	14.00	3rd	J Pellier	W55	17.49
10km Walk							
1st	J Mison	M50	54.44	1st	B Atkinson	W45	62.20
2nd	T Humphrey	M45	64.38	2nd	S Maslen	W60	64.39
3rd	B Thomsett	M55	68.36	3rd	M Mison	W50	69.14
6.6km Walk							
1st	B Chalmers	M60	47.14	1st	D Whittam	W60	49.50
2nd	R Davies	M60	53.49	2nd	L Lauchlan	W65	49.51
3rd	R Bruce	M55	53.50	3rd	V Wheeler	W65	55.47
3.3km Walk							
1st	F Watson	M80	35.16	1st	J Billington	W55	25.52
2nd	F Hagger	M70	36.18	2nd	J Hill	W50	29.06

Banks Run (ex Kirkman's Run) – 9km & 6km (98 runners & walkers) Race Director: John Pressley
Course: from McCallum Park, over Windan Bridge to Banks Reserve in Maylands and back.

Men				Women			
9km							
1st	T Heppener	M45	32.43	1st	J Kelly	W45	40.55
2nd	J Langford	M50	33.19	2nd	J Barnes	W45	47.15
3rd	C Coates	M45	33.50	3rd	J Halberg	W50	48.50
6km							
1st	D Wilmer	M40	24.27	1st	J Pellier	W55	34.27
2nd	P Airey	M60	31.06	2nd	J Jarvis	W50	36.49
3rd	J Smith	M60	31.26	3rd	M Flanders	W60	50.31

9km Walk

1st	J Mison	M50	55.02	1st	M Mison	W50	64.46
2nd	P Martin	M55	55.03	2nd	J Billington	W55	71.14
3rd	D Blom	M65	59.08	3rd	L Lauchlan	W65	71.15

6km Walk

1st	J Whittam	M60	51.05	1st	G Gardiner	W45	54.58
2nd	K Thomas	M50	52.07				
3rd	E Moyle	M70	52.08				

As John Pressley says in the May Vetrin #307, p7:

"I think the run was more notable for the following momentous 'events':

4 members of the Gardiner family ran

John Pellier ran 9k with a busted hip and a crook shoulder – is this bloke superman or is it that he will do anything to work up a thirst?

Shorty Turner beat Ann home – OK she did 9k, he only did the 6k – but you take what you can nowadays don't you Shorty?

Fred Watson has the honour of being the oldest competitor at 80 ½ . Hope I'm still going at his age.

Michele Mison finished on her own. "STRUTH" surely she never walked 9k without talking (sorry M)"

Uni and Back – 15km (115 runners & walkers) Race Director: Garry Fisher

From McCallum Park – 2nd stage of Road Running and Walking championships.

The Fred Hagger Trophy was won by Anne Shaw for fastest lady. Fred is a long time club member and was race director of this run for many years.

Men

Women

15km

1st	B Carse	M55	54.45	1st	A Shaw	W50	59.17
2nd	T Heppener	M45	56.32	2nd	K Noordyk	W50	71.44
3rd	T Robertson	M45	56.48	3rd	M Langford	W50	72.33

15km Walk

1st	P Martin	M55	86.03	1st	J Billington	W55	1.44.37
2nd	J Mison	M50	86.04	2nd	M Mison	W50	1.44.43
3rd	D Blom	M65	1.32.32	3rd	L Schickert	W55	1.47.17

50k Road Running Championships

10 ladies and 17 men completed all three events

Men

Av km

Women

Av km

1st	B Carse	M55	3.41 min	1st	M Langford	W50	4.50 min
2nd	S Dunn	M30	3.50 min	2nd	S Bell	W50	5.00 min
3rd	G Brunt	M45	4.07 min	3rd	J Barnes	W45	5.10 min

Bob Schickert, John Pellier, Merv Moyle, Vic Beaumont, Phyllis Farrell, Ann Turner, Marg Forden and Joan Pellier have all run five or more Road Running Championships.

Road Walking Championships

This year's Road Walking championship saw more ladies than men finishers.

Men

Av km

Women

Av km

1st	P Martin	M55	5.36 min	1st	M Mison	W50	6.55 min
2nd	D Blom	M60	5.57 min	2nd	L Schickert	W55	7.17 min
3rd	R Bruce	M55	7.33 min	3rd	D Whittam	W60	7.19 min

4th	P Martin	M55	5.36 min	4th	J Billington	W55	7.38 min
5th	D Blom	M60	5.57 min	5th	M Flanders	W60	8.25 min
				6th	V Wheeler	W65	8.28 min

Yanchep Picnic Run – 8km & 5.4km - Race Director: Denise Lancaster (Viala)

This is the last run in Yanchep. Although the run is very pleasant it's a long way for south of the river members to travel and cost is now \$8 to enter the park. But as Lorna says "good things have to come to an end". Next year's Easter run will be at Wireless Hill. Over the years there have been many race directors so we thank them all. After the run members tucked into hot cross buns and Easter eggs.

Men				Women			
8km							
1st	J Langford	M50	29.08	1st	M Langford	W50	37.05
2nd	J West	M45	30.51	2nd	L Harrop	W45	40.22
3rd	W Gee	M45	30.53	3rd	E Brown	W50	46.26
5.4km							
1st	I Lankester	M50	23.27	1st	B Gee	W45	35.43
2nd	K Johnston	M70	35.44	2nd	A Breeze	W50	37.36
3rd	B Holmes	M60	37.37	3rd	J Robley	W40	39.42
5.4km Walk							
1st	E Moyle	M70	49.37	1st	M Bucens	W55	43.04
2nd	J Whittam	M60	51.30	2nd	J Lankester	W45	44.36
				3rd	D Whittam	W60	47.30

Bibra Lake Run – 6km & 12km (54 runners & walkers) Race Director: Doug Hazell

A bright sunny day, cool, no wind, perfect for running. Conditions must have been similar at the Marathon Club event except they had pancakes and I didn't! Numbers were down this year.

Men				Women			
12km							
1st	C Coates	M45	47.40	1st	S Bell	W50	58.45
2nd	B Schickert	M55	48.50	2nd	M Warren	W60	65.52
3rd	M Karra	M30	51.18	3rd	A Turner	W60	66.15
6km							
1st	J Wannberg	M30	23.32	1st	S Maslen	W60	38.29
2nd	I Brown	M50	24.36	2nd	S Brand	W50	39.04
3rd	H M Paeq	M35	24.57	3rd	N Medcalf	W60	39.05
6km Walk							
1st	B Thomsett	M55	44.20	1st	L Schickert	W55	45.58
2nd	L Hassam	M65	54.20	2nd	M Mison	W50	45.59
3rd	F Watson	M80	71.33	3rd	V Wheeler	W65	49.54

And to finish off the year, we had a New Year's Eve Supper Dance

In September, a group of club members thought it would be great to spend New Year's Eve together. It was the start of the new millennium and a dinner dance would be good. I offered to look around and see what was going – "what a shock". Prices were unbelievable, hotels in the city wanted anything from \$200 upwards pp for a dinner dance, so my next option was to rent a hall and do our own. I found a hall in Redcliff which had a great dance floor, as Vets love to dance. However, driving home along Great Eastern Highway, I saw the Mid City Motel and found just what we needed at their new reception centre. Great for 80 people and we could do our own dinner and hire from them all the utensils. We set up a team – Barnes and Pellier (main course), Sue Jones and Bev

Thornton (sweets), Jacqueline Billington and Jan Jarvis to decorate the room and tables (and what a fabulous job they did). Shorty Turner and his crew did the clean up next day. I brought along my sound system and motel rooms could be rented at \$84 a night. A big group of us checked in at 2 o'clock, had a swim in the pool and sat around with nibbles. At 5 o'clock some of the men went off to run the Marathon Club New Year Eve run at Yokine Reserve whilst others organised the function. We had an absolute ball. It was so good we did it again in 2000 and all for \$30 pp BYOG.

2000

Patron Bill Hughes, President Bob Schickert, Secretary Brian Foley, Treasurer Arnold Jenkins, Editor Katrina Spilsbury. Membership steady around 400. New Life members were Merv Jones and Graham Thornton. The club increased its public liability policy from \$5million to \$10million.

Social News

The Long Weekend camps were held at Rottnest in March and Dryandra Woodlands Village (near Narrogin) in September.

Presentation Day lunch at Jorgensen Park this year and the Club Dinner at the Sandringham Hotel, Belmont \$30 pp. New Year's Eve celebrations were held again at the Mid City Motel, Belmont.

Jaqui and Vic Beaumont have taken on doing morning tea at Sunday runs from Alan Chambers who had done it for the past few years.

Australian Sports Medal

To mark the new millennium, the Federal Government announced it was awarding a special medal for outstanding heroes who do so much work in various sports, and WA could put forward two nominations for masters athletics. A committee was formed comprising of Lorna Lauchlan, Ann Turner, Brian Danby, Merv Jones and Jeff Whittam. The nominees were David Carr, Bob Fergie, Brian Foley, Jackie Halberg, Bob Sammells, Bob Schickert and Basil Worner. The recipients of the medal were Jackie Halberg and Bob Schickert. Other club members who were also recognised through other sports bodies were: John Gilmour, Jim Langford, Lesley Romeo and Gordon Medcalf (swimming). David Reid also received an Australian Sports Medal for his involvement with blind athletes. The 1984 and 1992 Para Olympics, 1986 South Pacific Games and 1990 World Championships being amongst his highlights. "A well earned Sports Medal, Dave".

Results and runs of interest this year

Winners of the Club Trophies this year were: Reg Briggs – Bert Carse, Handicap – Graham Thornton

50k Road Running Championships

26 runners this year – 20 men and 6 women completed all three events

Men			Av km	Women			Av km
1st	S Dunn	M30	3.58 min	1st	A Shaw	W50	4.06 min
2nd	B Schickert	M55	4.11 min	2nd	M Forden	W55	4.57 min
3rd	V Waters	M55	4.15 min	3rd	A Turner	W60	5.44 min

Road Walking Championship

Men			Av km	Women			Av km
1st	D Blom	M65	6.17 min	1st	M Mison	W50	7.14 min
2nd	B Weatherburn	M55	7.06 min	2nd	D Whittam	W60	7.36 min
3rd	R Bruce	M55	7.23 min	3rd	M Flanders	W60	8.40 min

New Run - Wireless Hill, Booragoon – 5km & 10km (73 runners & walkers)

Race Director: Denise Lancaster – Hilly course. This was the first Easter run after many years at Yanchep. It was a lovely morning and those that stayed had a feed of hot cross buns and easter eggs.

Men				Women			
10km							
1st	W Crowley	M45	37.55	1st	S Bond	W35	49.45
2nd	B Thomson	M50	37.59	2nd	M Warren	W60	56.05
3rd	G Fisher	M45	38.09				
5km							
1st	D Wilmer	M45	18.19	1st	D Burge	W30	23.10
2nd	I Davies	M50	18.34	2nd	W Clements	W55	27.09
3rd	V Waters	M55	20.04	3rd	S Bullen	W40	28.24
10km Walk							
1st	P Martin	M55	62.17	1st	M Mison	W50	67.00
2nd	J Mison	M50	62.18				
3rd	A Pomery	M65	75.55				
5km Walk							
1st	D Blom	M65	29.19	1st	V Wheeler	W65	35.56
2nd	R Bruce	M55	36.49	2nd	M Flanders	W60	36.04
3rd	L Hassam	M65	36.50	3rd	G Gardiner	W50	36.43

Sydney Marathon

16 of the club members were among the 5,578 runners competing in the Sydney Marathon.

Men		Women	
John Davies	3.06.17	Anne Shaw	3.06.53
Steve Dunn	3.15.27	Robin King	3.18.34
Nick Miller	3.19.37	Jane Thomson	3.31.48
Eric Emmett	3.29.23	Sue Vetten	3.46.08
Ivan Brown	3.33.14	Sue Prewett	3.46.59
Paul Hughes	3.37.19	Jeanette Tiverios	4.33.09
John Bell	3.51.37		
Reece Waldock	4.13.38		
Cecil Walkley	4.22.38		
Gerry Prewett	4.29.07		

Individual Age Group Medals were awarded to:

John Davies	Silver	
Ann Shaw	Gold	
State Team Medal – Cecil Walkley	Gold	

New Run – Membership – 10km & 6km (95 runners & walkers) Race Director: Brian Danby
 A great new run from McCallum Park on cycleway past Burswood Golf Course to Silver City along new East Perth Inlet and back.

Men				Women			
10km							
1st	G Fisher	M45	37.41	1st	M Langford	W50	46.19
2nd	W Crowley	M45	37.51	2nd	S Bell	W50	48.35
3rd	J Klinge	M50	38.48	3rd	D Burge	W30	49.50
6km							
1st	I Davies	M50	23.31	1st	W Clements	W55	35.10
2nd	D White	M40	25.31	2nd	T Franks	W50	52.30
3rd	B Foley	M55	26.44				
10km Walk							
				1st	L Schickert	W55	78.37
				1st	M Mison	W50	78.37
6km Walk							
1st	P Martin	M55	39.51	1st	L Romeo	W55	43.03
2nd	D Blom	M65	39.54	2nd	D Whittam	W60	46.18
3rd	R Bruce	M55	45.12	3rd	P Ainsworth	W60	49.41

Deadly Medley Relay – Race Directors: Shorty & Ann Turner

This was the only relay we had at the time.

The format was teams of 4: 2 run 1km, 2 run 2km twice = 12km.

1st	D McCauley	2km x 2	2nd	D Wilmer	2km x 2
	I Henderson	2km x 2		M Rhodes	2km x 2
	G Young	1km x 2		G Hughes	1km x 2
	A Jenkins	1km x 2		D Lancaster	1km x 2
	Time:	47.55		Time:	50.18

Walkers

1st	G McDowell	2km x 2	2nd	R Holloway	2km x 2
	V Wheeler	1km x 2		R McCauley	1km x 2
	Time:	38.42		Time:	39.12

Boxing Day Run – Yokine Reserve (40 runners & walkers) Organiser: Barrie Thomsett

The Boxing Day run has been moved from Lake Leschenaultia to Yokine, hoping more runners would attend. Distance was whatever each runner wanted, from 2km to 8km and no time was taken as it was not too serious an event. Most stayed for a BBQ afterwards.

Bob Sammells' Olympic Adventure

Excerpts from *Vetrun* November, p.8

Just over two years ago, Bob read an article about volunteers for the Sydney Olympic Games, so he registered his interest in October 1998. He submitted a detailed application that covered work, recreational experience and preferred jobs. In June 2000 he was offered a position in spectator services, located at airports, railway station venues, etc. It seemed pretty good and so he accepted. After flying into Sydney he collected his uniform from Redfern and was raring to go. He worked in Media access control in and around the Stadium which brought him into contact with hundreds of athletic and ceremony performers and thousands of spectators. Everyone was on a high including himself. There were 45,000 volunteers who turned out to make the games an outstanding success. Did he enjoy his time at the games "You bet"!



Bob Sammells (M65) competing in the 3000m at one of the Fremantle Masters Games

And finally for the year, owing to an increasing workload and study commitments, Editor Katrina Spilsbury indicated she was unable to devote time to produce the *Vetrun* and was looking for someone to take over. Fortunately track walker Tom Lenane was available to take on this important role for a few months until Rod Tinniswood put his hand up.

2001

President Bob Sammells, Secretary Brian Foley, Treasurer Bob Schickert, Editor Rod Tinniswood. Membership 390. Life Membership awarded to Jackie Halberg.

Social News

Long weekend camps – March at Donnelly River; September at Dryandra, Narrogin.
Club Dinner – Sandringham Hotel, Belmont; Presentation Day lunch – Rosie O’Gradys \$18 pp;
Jorgensen Park – spit roast lunch \$12 pp.

Runs and results of interest this year.

Reg Briggs Trophy – Brian Smith, Handicap Trophy – Mike Hale

Merv Moyle ran his 25th City to Surf this year in a time of 66.08.

As mentioned in *Vetrun* earlier in the year, "John Stone has been busy adding information to the WAVAC internet site, including the recent State Track and Field Championships and for those with internet access it is well worth a look."

Friendship Run – Kings Park (227 runners and walkers) Race Directors: Joan & John Pellier
The WA Marathon Club joined members of our club for the annual Friendship Run of 6.1km and 12.2km. It was good to see such a large turnout which ran very smoothly. Conditions were cool but humid. The course records were held by:

Frank Smith 12.2km 43.02 and Anne Shaw 12.2km 47.52

Vets Results for this run:

Men

Women

12.2km

1st	R Parker	46.16	1st	A Shaw	52.05
2nd	B Carse	47.37	2nd	S Prewett	55.52
3rd	W Crowley	48.50	3rd	J Kelly	57.56

6.1km

1st	J Langford	22.01	1st	P Hanson	27.28
2nd	I Davies	22.55	2nd	S Bell	31.07
3rd	D McCauley	23.53	3rd	J Tiverios	31.21

6.1km Walk

1st	P Martin	37.56	1st	M Mison	44.16
2nd	B Weatherburn	39.41	2nd	L Schickert	45.09
3rd	D Brown	39.42	3rd	L Lauchlan	49.18

Age Graded - McCallum Park – 8km run & 5km walk – Race Directors: David and Pat Carr

8km

1st	B Carse	M59	29.50	86.1%
2nd	A Shaw	W53	32.57	84.2%
3rd	B Schickert	M59	31.39	81.1%

5km Walk

1st	L Lauchlan	W70	36.52	78.1%
2nd	J Billington	W58	34.27	73.1%
3rd	L Schickert	M59	35.50	71.1%

Bunbury Marathon and Half Marathon

This was the 20th year of the Bunbury event and a large group of Vets ran. Conditions were rather wet. The Bunbury Runners Club presented awards for those who had run ten or more runs. Club members who received these were Marg Forden, Jim Barnes, John West, Graham Thornton, Joan and John Pellier. Vets Medalists were

Marathon

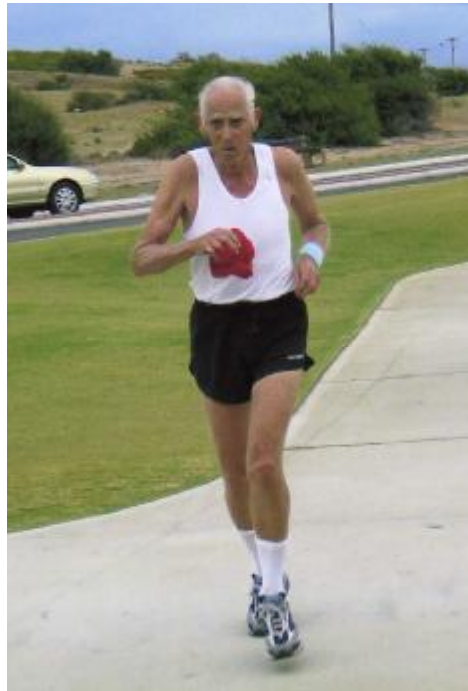
Chris Maher	M45	2.49.48
Gareth Brunt	M50	3.19.23
John Davies	M55	3.12.03
Graham Thornton	M60	3.21.49
Vic Beaumont	M70	5.05.02

Half Marathon

John West	M50	1.20.58	Robin King	W40	1.32.44
Henk Stoffers	M60	1.29.50	Margaret Langford	W50	1.42.20
Paul Hughes	M45	1.30.36	Jeanette Tiverios	W40	1.57.00

Half Marathon Walk

John Mison	M50	2.10.6	Lynne Schickert	W55	2.38.46
Alan Pomery	M70	3.04.9	Val Millard	W50	2.43.14
			Michele Mison	W50	2.44.58
			Elaine Ellard	W55	2.54.08



Merv Moyle showing his style, running at Bunbury

Sharks Run – 5km & 10km (94 runners & walkers) Race Director: Paul Martin
The eighth running of this event. Fine and sunny day.

Men				Women			
10km							
1st	W Gee	M50	37.19	1st	D Burge	W30	48.19
2nd	W Crowley	M45	38.08	2nd	D Hendrie	W45	50.05
3rd	R Henderson	M50	39.54	3rd	G Young	W50	51.05
5km							
1st	I Davies	M50	18.30	1st	L Duffield	W45	25.12
2nd	D Carr	M65	22.06	2nd	W Clements-Green	W55	26.59
3rd	P Airey	M60	23.56	3rd	J Pellier	W60	29.14
10km Walk							
1st	J Mison	M50	59.33	1st	M Mison	W50	75.05
2nd	R Hall	M65	67.13				
3rd	A Jennings	M60	68.42				
5km Walk							
1st	R Bruce	M60	36.36	1st	D Whittam	W65	39.27
2nd	B Thomsett	M60	38.50	2nd	E Ellard	W55	41.48
3rd	A Pomery	M70	41.40	3rd	V Wheeler	W65	41.49

50k Road Running Championships

30 runners completed all three events

Men				Women			
			Av km				Av km
1st	J Allen	M40	4.15 min	1st	M Forden	W55	4.57 min
2nd	B Schickert	M55	4.20 min	2nd	S Bell	W50	5.10 min
3rd	B Bennett	M50	4.34 min	3rd	J Barnes	W45	5.27 min

It was good to see three M70 compete in the event:

C Walkley	5.20 min
M Moyle	5.54 min
B Aldrich	6.08 min

Road Walking Championships

Men				Women			
			Av km				Av km
1st	P Martin	M55	6.15 min	1st	J Billington	W55	6.54 min
2nd	A Jennings	M60	6.59 min	2nd	V Millard	W50	7.15 min
3rd	R Bruce	M60	7.30 min	3rd	M Mison	W50	7.20 min
4th	A Pomery	M70	8.04 min	4th	L Lauchlan	W70	7.22 min

Millers Run (Named Windan Run) – 14km & 6km (85 runners & walkers)

Race Directors: Pat & Norm Miller. Course: from McCallum Park, under Windan Bridge, through East Perth past Trinity College back to McCallum Park.

Men				Women			
14km							
1st	L Marr	M40	55.26	1st	G Young	W50	71.28
2nd	J Klinge	M50	56.57	2nd	M Warren	W65	81.27
3rd	B Schickert	M55	59.26	3rd	P Toohey	W55	83.22
6km							
1st	I Davies	M50	22.31	1st	L Duffield	W45	30.51
2nd	B Wilson	M55	23.09	2nd	W Clements-Green	W55	32.16
3rd	D Roberts	M55	24.28	3rd	V Millard	W50	34.06
14km Walk							
1st	P Martin	M60	86.41	1st	M Mison	W50	105.37
2nd	J Mison	M50	86.42				
3rd	A Jennings	M60	101.47				
6km Walk							
1st	J Frost	M60	40.50	1st	J Billington	W55	40.09
2nd	R Bruce	M60	42.32	2nd	L Schickert	W55	40.56
3rd	R Hall	M65	47.37	3rd	L Lauchlan	W70	44.45

Andy Wright 10km Handicap (105 runners & walkers) Race Director: Leo Hassam

Course: from Aquinas sportsground down to freeway, under Mt Henry Bridge, around to Canning Bridge and back to Aquinas. Morning tea was served.

Men				Women			
1st	Ken Whistler			1st	Sue Bullen		
2nd	George Schaefer			2nd	Margaret Warren		
3rd	Mike Flood			3rd	Phyl Farrell		
Walk Handicap							
1st	Alan Jennings			1st	Jacqueline Billington		
2nd	John Mison			2nd	Lynne Schickert		
3rd	Paul Martin			3rd	Pat Hopkins		



Three club race directors at an Aquinas run: Jackie Halberg, Joan Pellier and Margaret Langford

Putting pen to paper

From 1995 until 1999 I wrote a series of articles for *Vetrun* on 'Running Mates'. Later, on my favourite runs and also "Know Your Race Director". This is a sample from *Vetrun* November 1996 p.1.

'Running Mates

Ann and Cedric (Shorty) Turner

Shorty was born in Kingswood NSW, Ann in Sleaford, Lincoln UK.

Ann, a nurse, came to Australia in 1959 on a two year working holiday and was doing her midwifery at King Edward Hospital. Ann and Shorty met at a roller skating rink in Perth but two-timing Shorty was in the Australian Army and taking out two nurses, he says he married Ann because he owed her thirty pounds and couldn't afford to pay her back. They have four sons and four beautiful grandchildren.

At school, Ann wasn't very sporty and didn't like being hit on the legs at hockey and when she was captain of the netball team, forgot to turn up for a match. Shorty ran the 100 metres and – wait for it! "High Jump".

Shorty was in the army 21 years, 15 with the SAS and he served in Borneo, Vietnam, New Guinea, England and Victoria which he hated so he volunteered for Vietnam. After leaving the army Shorty worked for the Kings Park Board. Ann and Shorty are both retired although Shorty says he is looking for a job for Ann!!

How did they hear about the Vets?

Both – Through Joe Stickle

Favourite Distance?

Both – 10K

Favourite Run?

Shorty – Bridges run

Ann – Hester Park

What they like about the Vets?

Shorty – No talk of work and if you are unlucky you could be running with John Pellier

Ann – Camaraderie

Any changes to the Vets?

Shorty – Why change a good thing
Ann – Stay as it is
Favourite Food?
Shorty – Roast Chicken
Ann – Italian pasta
Greatest running pleasure?
Shorty – Running the 25K
Ann – City to Surf – Ann won her age group for the past few years
Other interests?
Shorty – Making wooden toys for charity, collecting blue Vasline glass
Ann – Crosswords and logic puzzles
Both – Cycling – they did an 11 day tour of Tasmania a few years ago
Pet hate?
Both – None'

Joan Pellier

As you can see by the following *Vetrun* item (October 2001, p6) Ann and Shorty were also involved in supporting a charity drive organised by *The West* :

Stationery Items for Timor

"Thanks mainly to Ann and Shorty Turner, also club members, the children of an East Timor Orphanage have a wonderful supply of stationery, coloured pencils, pens, sharpeners, marker pens etc. They will be sent via The East Timor Caravan Project.

Many thanks, Jenny Kohlin, Editor, Office Manager, The West Australian Newspaper"



Ann and Shorty at a club Sunday Run

Not being able to run the distance himself, Shorty was keen to organise a group of "Sheilas" to run the relay in the Perth Marathon – here we have Sue Bullen handing over the baton to Sheila Maslen .



Looking back over this Ten Years

Membership of the club over this period stayed around 400 and the committee was focused on having safe and interesting runs, mainly on cycleways. The race co-ordinator was a busy and important part of the committee as we now had to get permission from local councils and the Kings Park Board before we could hold our runs. They needed to see a map of the course and also our Public Liability insurance policy, and some now charged for use of the toilets. The camaraderie of our members was still great with most staying around for a 'cuppa' and a chat after a Sunday run.

Sadly, we lost a few of our members along the way, and I have tried to pay tribute to them.

Whilst my story is mainly about road running, we do have some of our long-time Sunday runners who run track as well and who compete in our State championships and have also run at National, Oceania and World championships - David and Pat Carr, Peggy Macliver, Jeff and Dorothy Whittam, the Schickerts, Lorna Lauchlan to name a few.

So, we are now in the twenty first century, and technology is making it easier to record runs and produce our newsletter (although it went past the Pellier household – we still have carrier pigeons and the grandchildren called us dinosaurs. Even Keith Forden said we were Ma and Pa Kettle just because we don't have a computer). Reading all the old newsletters makes you realise just how much work goes into writing and putting the newsletter together. So a big THANK YOU to all the Editors past and present from the members of Vets/Masters.

Now, back to running - looking back over the last ten years, one thing stands out is that not many of the Vets marathon runners of the eighties are still running in the nineties. I believe it is only Marg Forden, Jim Barnes, Brian Danby, Bob Schickert, John Pellier and Vic Veaumont (who ran Bunbury when 71 years young).

Well, I'm off now to write the third part of my story