



APRIL 4, 2021 Director: Jim Langford

AGE-GROUP LEADERS

15KM RUN

2184	Glenn Rogers	M55	64:11
1864	Martin O'Connell	M50	64:25
1400	Kevin Johnson	M60	66:27
2134	Gerrit Myburgh	M45	67:07
784	Grahak Cunningham	M40	68:35
755	Bob Lane	M70	69:27
1202	Akos Gyarmathy	M65	74:08

WOMEN

1445 Vanessa Carson W40 69:27

650	Karen March	W55	64:45
987	Julie Wilson	W65	66:20
2109	Mell Sieczka	W45	91:43
1515	Sandra Keenan	W50	93:03

10KM RUN

2179	Jessica Smith	W30	44:28
689	Sandra Stockman	W55	47:45
843	Rochelle Airey	W50	54:20
1720	Anne Young	W45	57:21
1422	Carolyn Stephens	W65	57:51

MEN

1342	Alex Tinniswood	M35	45:12
2212	Marcus Callum	M50	52:15
512	David Baird	M75	54:28
454	Mark Sivyer	M70	56:13
198	Keith Atkinson	M60	57:11
1653	Phil Jowett	M55	57:23
2054	Xinhuan Yan	M45	66:20

5KM RUN

1226	David Adams	M40	20:31
743	Ross Keane	M55	24:10



762	Mark Hewitt	M65	25:37
1351	Randy Hobbs	M60	27:42
49	Mike Khan	M75	32:22
40	John Pellier	M80	35:42
627	Richard Blurton	M70	38:31

WOMEN

1926	Gayle Craft	W65	28:47
2112	Audra Rimmer	W50	29:25
1994	Lorna McGavock	W45	30:03
119	Margaret Langford	W70	30:15

1961	Sofia Dumlao	W40	31:32
2107	Madeline Radestock	W60	31:49
1260	Melinda Fisher	W55	36:03

15KM WALK

251	Mike Hale	M70	123:59
339	Elaine Dance	W70	128:29

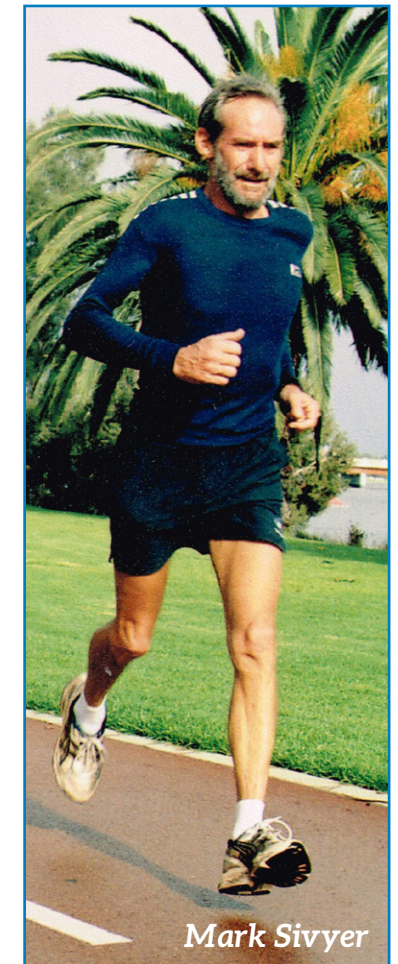
10KM WALK

1704	Melissa Lewis	W30	64:29
2080	Maja Zivanovic	W30	69:38



UHnnh - What's up, Silke?

Not a typical start picture, but Silke Peglow always takes a witty line! (No bunnies, or teeth, were harmed in the making of this picture, folks.)



Mark Sivyer

5KM WALK

262	Johan Hagedoorn	M75	35:15
1110	John McDonagh	M70	35:20
1944	Steve Travell	M65	42:10
455	Sean Keane	M55	43:03
248	Rex Bruce	M80	43:30

WOMEN

510	Delia Baldock	W55	38:18
111	Lynne Schickert	W75	48:06
513	Jo Richardson	W65	51:52
47	Joan Pellier	W80	54:34
1599	Alicia Edwards	W45	54:58
1722	Liz Dewhurst	W35	58:21