

# MAWA Track & Field State Championships

March 2023

At Ern Clark Athletics Centre, Wharf Street, Cannington

**ENTRY IS BY ONLINE APPLICATION ONLY AND CLOSES ON**

**Friday 24 February – no late entries**

**The final timetable will be on the website as soon as possible after the closing date. Please check times of individual events then. Start times may vary but are unlikely to be before those shown.**

*This event must be entered through Athletics West. Check closing date on the AW website.*

**Friday 24 February at WAAS** Pole Vault

## Thursday 2 March at ECAC

not before 6:30pm 10,000m

## Thursday 23 March at ECAC

7.00pm 3000m steeplechase

7.20pm 2000m steeplechase

## Saturday 18 March at ECAC

7.30am 5000m

8.00am Outdoor Pentathlon

not before 11.30am Throws Pentathlon

1pm High Jump

## Saturday 25 March at ECAC

### TRACK

60m

200m

800m

1500m walk

5000m walk

200/300/400m hurdles

## Sunday 26 March at ECAC

### TRACK

100m

400m

1500m

3000m walk

80/100/110m hurdles

*Times and order of track events will be decided after entries close.*

### FIELD EVENTS

Days and times for each field event will be decided after entries close and will be announced on the website and via email as soon as possible. Anyone without internet access will be contacted.

## Competition Rules

Competition will be conducted under IAAF and WMA rules subject to any special rules laid down by the local organising committee. Entry signifies that each competitor will abide by the rules.

## Age Groups

Competition will be conducted in the following five-year age groups for men and women:

30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95+

The age group for each competitor is determined by his/her age on 18 March 2023.

Events prior to that will be age on the day.

## Awards and Results

Medals will be presented to the first three competitors in each event. Results will be published on the website and in a Track & Field Newsletter special edition.

## Costs and Refunds

Entry is \$10 per event (\$15 per pentathlon) plus \$5 registration.

Visitors (ie non-affiliated members) must pay an additional \$15.

There will be no printed programme. A programme in the usual format will be available online.

Events may be added online **prior to closing date** (no extra registration fee).

No refunds other than in exceptional medical circumstances.

## Uniform

The relevant club uniform is to be worn according to entry.