

Road Running Championships

1726	Jerry Peters	M45	4:08
798	Kim Thomas	M45	4:15
2251	Scott Chambers	M45	4:24
1721	Zane Walsh	M40	4:25
1342	Alex Tinniswood	M40	4:49
1226	David Adams	M45	5:00
712	John Pentecost	M60	5:01
1522	Mark Kerr	M50	5:09
1353	Wayne Bertram	M60	5:10
2333	Eddie Marcus	M50	5:37
2014	David Eustace	M55	6:21
1827	Steve Barrie	M60	7:38
1255	Clare Wardle	W45	4:12
987	Julie Wilson	W70	5:51
1494	Wendy Grace	W65	6:03
1422	Carolyn Stephens	W65	6:10
1706	Rashanthi Wanigasekera	W50	6:40
1323	Silke Peglow	W55	7:06
1512	Noels Treen	W60	7:17

Road Walking Championships

1110	John McDonagh	M75	7:30
713	Grace Hollin	W65	8:02

Short Road Running Championships

2041	Simon McGarvie	M55	4:06
743	Ross Keane	M60	4:36
745	Mark Dawson	M60	4:47
1639	Geoff Vine	M75	5:19
512	David Baird	M80	5:30
106	Paul Hughes	M70	6:09
2398	Gerard Wallen	M60	6:35
1865	Stephen Grannells	M60	6:54
986	Greg Wilson	M75	8:14
739	Margaret Saunders	W65	5:27

Short Road Walking Championships

1678	Geoff O'Brien	M75	7:40
174	Michael Anderson	M75	7:43
11	Bob Fergie	M85	10:40
99	Peggy Macliver	W75	7:52
510	Delia Baldock	W60	7:53
1352	Janice Bertram	W50	11:15