

2024 State Championship dates

Sat/Sun 18/19 November	Heptathlon, Decathlon	(AW)
Thursday 29 February	10,000m	
Friday 1 March	Pole Vault	(AW)
Saturday 9 March	Pentathlons, 5000m + High Jump	
Thursday 14 March	Steeplechase	
Sat/Sun 16/17 March	Main weekend	

Other Dates

Entry form	Thursday 1 February
Closing date	Friday 23 February