

## 2025 Track and Field Championships - Information re venues and 2 registration periods

Dear MAWA member

These championships have something for everyone, competitor or not. Sunday runners can try a 5000m or 10,000m on the track. Walkers can test their form by having judged walks over 1500m, 3000m and 5000m.

*If you don't wish to compete, the club still needs you. Many helpers will be required and no prior experience is necessary. Please let me know via email if you are available to assist and on which days.*

You will need to wear the MAWA singlet, T shirt or crop top (for ladies) and black shorts or tights. Bunbury, Albany or other registered club entrants must wear the appropriate uniform.

ALL EVENTS take place at Ern Clark Athletic Centre, Wharf St, Cannington.

The Pole Vault, heptathlon and decathlon are part of Athletics West Go 2 + 5 programmes.

Enter directly through AW - see dates below.

### Championship Dates:

Sat/Sun 1/2 February Heptathlon, Decathlon (enter directly through AW)

Friday 14 February Pole Vault (AW) (enter directly through AW)

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Sunday 2 March Pentathlons, 5000m + High Jump

Thursday 13 March 10,000m + Long Hurdles

### ENTRIES for 2<sup>nd</sup> and 13<sup>th</sup> March OPEN ON 27<sup>th</sup> JANUARY.

- Enter via the link on the MAWA home website page. Please read the information sheet there before starting your entry.
- Entries close on 15<sup>th</sup> February. **No late entries will be accepted.**

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Thursday 27 March 3000m and 2000m Steeplechases

Sat/Sun 29/30 March Main weekend

### ENTRIES for these events OPEN ON 17<sup>th</sup> FEBRUARY.

- Enter via the link on the MAWA home website page. Please read the information sheet there before starting your entry.
- Entries close on 12<sup>th</sup> March. **No late entries will be accepted.**

Thanks for your time in reading this and good luck with your training. Our championships have always been a friendly event so come along and help make this year's just as successful.

Regards

Barbara (vetrunners@iinet.net.au)