

VETRUN



No. 516

AUGUST 2020

**Friends
meet again –
at a safe distance**

JULY 5, 2020



More than 100 members reunited for the Mill Point Road event on July 5.

NEXT EDITION: Vetrin No. 517 will be published in October 2020

In this edition ...

AGM Notice

Secretary Report;

Two Rivers event change P2

Masters' re-opening P3

President's Report P4

Bardon Bash P5-6-9

Mill Point Road P7

Weir Run P8-9

Racecourse P10

Darlington Dash P11

Jorgensen P12-13

Finance Report;

New Members P14

Club financials P15

Helpers;

Where they're Running P16

Two Rivers diverted!

CITY of Gosnells has advised that we cannot use the Thornlie Two Rivers Course as we had planned on August 30. Jim has, therefore, devised a new run for that day. It is The Roe Run at Mills Park, Beckenham.

Park in the main carpark off Brixton Road.

Distances as per Thornlie. 8am start. No morning tea, but there is a coffee shop.

See Event Calendar for more details.

Look forward to seeing you all there.

President's Report

Please turn to page 4

Treasurer's Report

Please turn to page 14

MAWA AGM 2020 Secretary's Report



IN July we reached over 700 members with an influx of new members after re-opening since COVID-19 restrictions eased. We give a big welcome to all our new members and hope everyone will renew in October for an exciting year ahead.

It has certainly been a very challenging year for everyone having to cope individually with the collapse of normal events and cancellation of championships at home and abroad.

In 2021, if everything goes to plan, the AMA Championships will be in Canberra on March 5-8 and the Australian Masters Games are planned to be held in Perth on October 9-16. The

NOTICE OF ANNUAL GENERAL MEETING

Sunday, October 11, 2020 at 9.45am
HOCKEY CLUB ROOMS - PERRY LAKES

1. WELCOME
2. ATTENDANCE / APOLOGIES
3. MINUTES OF 2019 AGM
4. MATTERS ARISING
5. REPORTS
President
Secretary
Treasurer
6. STATISTICIAN REPORT
7. PRESENTATION OF TROPHIES
Achievement Awards
John Gilmour Trophy
8. CLUB OFFICIALS
Patron
Auditor

Oceania Championships have been postponed to January 2022 and World events may still be in doubt for some time to come.

As always the club has been strongly supported by our members and we thank all our wonderful volunteers. A big thank you to all the hard working committee for all their efforts over the last year and best wishes to the new committee going forward.

Delia Baldock

Course Measurement
Editor Vetrin
Handicapper
Registrar
Social
Statistician
Website

9. ELECTION OF OFFICE BEARERS
President
Vice-President
Secretary
Treasurer
Committee Members (4)
10. LIFE MEMBERSHIP AWARDS
11. GENERAL BUSINESS

CLUB CONTACTS

Editor:
Victor Waters
vfdwaters@gmail.com

Website:
www.mastersathleticswa.org

Secretary:
mawasecretary@gmail.com

President:
Richard Blurton
r.blurton@inet.net.au
ph: 0434 287 757

Clothing:
Colin Smith
colinsmith@netspace.net.au

Patron:
David Carr



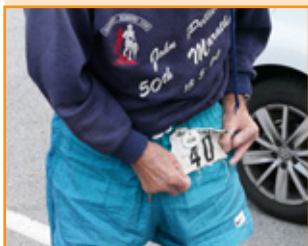
Unload the gear ...



Snag a park ...



Brief the team ...



Pin on the old number ...

... and we're off!

WE ARE UP AND RUNNING

SUNDAY meetings of WA Masters resumed on July 5, 2020, some 100 days after large public gatherings were first prohibited due to the onslaught of the coronavirus, Covid-19.

Our previous gathering had been at the 3Ps Point Walter races on March 15. By the river at Burswood 159 members now expressed their pleasure at being together again.

In light of the national upheaval which has resulted in loss of jobs and incomes, closure of thousands of institutions, organisations and businesses – and which is by no means concluded – it would be churlish to complain because our club has been inconvenienced for a few months.

Western Australia has been spared the worst.

We can all be grateful for our luck in living here, and for the firm government action which has kept almost all of us safe. At the time of writing, the Melbourne

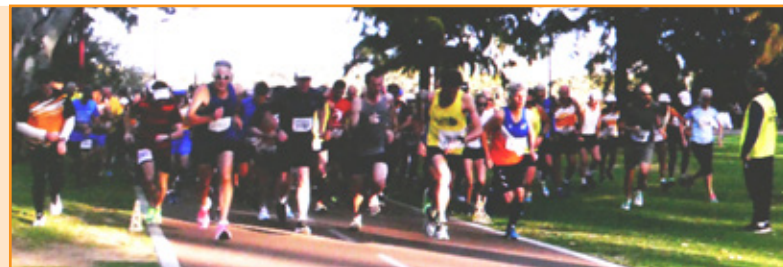
and NSW outbreaks of Covid-19 are grim reminders of how much we have been spared, so far.

There is no room for complacency, and the club's administrators have been extremely cautious in the ways we restarted.

** It might surprise members to learn that within our constitution officers and committee members are not legally bound to exercise duty of care. Yet they do so, of course, every time they make decisions about events and safety. We can show our gratitude by supporting the rules, especially during this time of pandemic.*

The restart

WA began to relax in early June when public gathering numbers were increased. On June 1, Monday morning training sessions resumed at ECAC and on June 3 Masters announced that Thursday night track and field meetings at ECAC would resume on June 11. A safety plan was



devised that limited personal contact, and included safe distancing. A week later a formal programme of events began and in following days normal facilities such as shower usage resumed.

Club membership re-opened on June 18 with a \$30 special offer running through to the end of September, and many new members took advantage of the offer.

Sunday events

Milton Mavrick's Mill Point Road event was designated for an 8am start on July 5, becoming first in a slightly amended Sunday programme. I am absolutely sure he would have accepted the dubious honour in his usual, amiable manner!

No visitors were entertained but a large turnout of members assembled at Burswood.

Rules of engagement were made clear. We should maintain social distancing pre-run and move quickly to the start when instructed. That would be the only time when close contact was unavoidable, and persist only until the field spread out.

Other safety measures included

a reversion to manual recording, which sounds counter-intuitive, but actually entails less handling and close contact as recorders don't have to deal with tokens and scanning.

Elsewhere, helpers pre-filled water cups to avoid handing them to competitors, and there was no morning tea service.

Overall, it was noticeable that people did maintain their distance and avoid physical contact, particularly on arrival and in the pre-race period.

Future

Human nature dictates that we are all likely to become less vigilant as the weeks go by. A recent (mid-July) summary of Australia and New Zealand's current position suggested that, like NZ, Western Australia had eliminated Covid-19.

Let's hope that is so, but I feel we should all act as though it isn't, and exercise duty of care for ourselves and each other.

If we don't do so until a reliable vaccine provides immunity from Covid-19 arrives it could prove a costly error.

VW

We line up with Athletics West

IT HAS been a pivotal year for athletics in WA with the amalgamation of Open and Little A's into Athletics West. MAWA has been in discussion with the new body about how we can work together for joint benefit.

All our athletes are now registered with Athletics West, leading to a National 'all of sport' register. We have also aligned our membership year to that of Athletics West so that we have a common renewal date of October 1 to correspond with the start of the Track & Field season. In recent discussions we will look to combining with Athletics West in a State Cross Country Championships that will have categories from Juniors through to Masters, although this will not replace our Jorgensen Club Championships.

Close-down

It was, of course, hugely disappointing to have to shut down all our events towards the end of March. Our Track & Field athletes had been training so hard and well for upcoming State, National and World Championships. Spare a special thought for Barbara who as ever had meticulously prepared for what would have been an excellent State Championships, only to see it cancelled just a few days

President's Report



before the two Championship weekends.

We took delivery of 200 programmes from Paul Martin only to carry them directly from the car into our recycle waste bin.

Before the lockdown we saw some of our athletes in great form, headed by Paul Jeffrey with his decathlon world record. Barbara Blurton, Marg Saunders, Andrew Brooker, Warren Button and Sue Coate were all strong record breakers.

New talent

On the road we welcomed some new strong male runners to challenge the long-dominant Kim Thomas. Yuri Hotminsky, Roberto Busi and Paul Watson excelled with Paul being a con-

vincing winner of the age-graded handicap. More recently Vlad Ixel joined and will clearly make his mark. On the female side, Gillian Young's dominance at the age-graded level continued.

I would like to thank Silke for rejuvenating our closed Facebook and Vic for his Vetrin Extra initiative during the lockdown. We are lucky to be back so early – please see the excellent editorial from Vic in this edition on the topic of our return.

Membership

We recognise that members did not get full value from their subscriptions this year, so we will hold our fees at the same level. Gary believes we can still break even, but the club can withstand a small loss if that occurs. As a gesture to our older members, we are going to offer free membership to everyone over 90.

Committee farewells

Three members of the committee are leaving this year. Delia has done a fantastic job as Secretary and will be sorely missed. Janne has taken control of the trophies and medals portfolio and has pulled that into great shape. Andrew would have liked to continue, but has decided to leave for health reasons.

Richard Blurton

10km Road Walk Masters State Championships



Race leaders Andrew Duncan and Karyn Tolardo, pictured above in the 3Ps 8km walk early this year. Andrew set a new M55 State record – 51:34 – in the 10km Road Walk Masters State Championships on July 12 at Kent Street. Oliver Berry also set a new record, for M30, with 1:29.18.

Golden couple – Marcella Ruiz and Victor Munoz each won gold medals in the Championship 10km, Marcella for W55 and Victor, M65.

W80	Glenys Duncan	1:35.22	Gold
W55	Marcela Ruiz	1:22.11	Gold
W50	Karyn Tolardo	1:04.15	Gold
	Wendy Farrow	1:09.04	Silver
M70	John McDonagh	1:12.03	Gold
M65	Victor Munoz	1:05.59	Gold
M60	Christian D'Argent	1:23.09	Gold
	Steve Travell	1:29.37	Silver
M55	Andrew Duncan	51.34	Gold SR
M45	Wayne Byram	1:17.20	Gold
M30	Oliver Berry	1:29.18	Gold SR





Bardon Bash

JULY 12, 2020
Director: Mercurio Cicchini

AGE-GROUP LEADERS

13KM RUN

2021	Paul O'Sullivan	M40	51:11
2003	Paul Watson	M50	52:17
1366	Bryant Burman	M45	55:32
1342	Alex Tinniswood	M35	56:17
1702	Stephen Helm	M55	57:17
1202	Akos Gyarmathy	M60	59:55
1111	Ian Carson	M65	1:00:29
512	David Baird	M75	1:08:08
690	John Talbot	M70	1:32:57

WOMEN

867	Sue Zlnay	W60	1:01:22
1882	Pamela Thonell	W50	1:01:47
1855	Clare Rice	W40	1:03:04
2050	Diane Seager	W45	1:10:19
1862	Ceri Morton	W35	1:14:35
1454	Wendy Grace	W65	1:18:44
1542	Sandra Levis	W55	1:33:16

7KM RUN

346	Chris Maher	M65	29:06
807	Rod Hamilton	M55	30:26
1400	Kevin Johnson	M60	30:37
1587	Patrick Jones	M45	31:39
2053	Paul Bebbington	M50	32:17
1639	Geoff Vine	M70	35:45
186	Bert Carse	M75	37:23
1781	Rohan Thompson	M40	46:32

WOMEN

739	Margaret Saunders	W65	35:27
689	Sandra Stockman	W55	36:48
2002	Theresa Pitter	W50	38:54
2035	Kirsten Salberg	W35	39:47
2033	Cherrie Byrnes	W45	39:53
1833	Sally-Anne Smith	W40	46:30
713	Grace Hollin	W60	48:03
149	Jackie Halberg	W70	57:29

13KM WALK

1704	Melissa Lewis	W30	1:31:30
1138	Lui Cecotti	M70	1:31:58
339	Elaine Dance	W65	1:50:01

7KM WALK

262	Johan Hagedoorn	M75	53:34
1454	Andrew Cuthbertson	M60	1:01:46
1092	Bruce McGeorge	M65	1:02:32
1576	Andrew Roddy	M35	1:10:08
11	Bob Fergie	M85	1:10:10

WOMEN

188	Val Millard	W70	1:01:12
1301	Erika Blake	W65	1:06:35
1112	Sofia Carson	W55	1:09:41
1735	Deborah Franey	W60	1:15:41
1674	Gemma Hildyard	W40	1:15:42

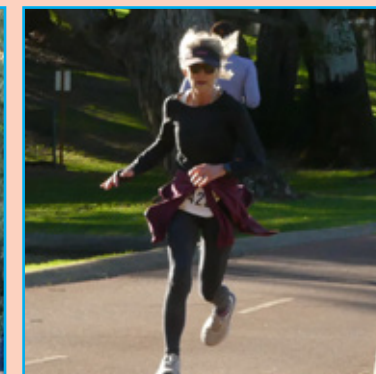


Above: The Great Debate: how to maintain social distancing on the slide – and who goes first?

Below: Some things never change; the ladies queue, blokes head for the woods.



Director Mercurio deafening himself with his pre-race announcement! His Bardon report is on page 9.



From top: Carolyn Stevens, W60, fast-finishing 13km in 1:14:45. She was close behind Ceri Morton, 1st W35 in 1:14:35. Next are two of our newer members, in the 13km – 2056 Grace Yang, W40; and Jan Brankaer M35.

Mill Point Road

JULY 5, 2020

Director: Milton Maverick

AGE-GROUP LEADERS

10KM RUN

1632	Roberto Busi	M40	33:46
1392	Adrian Fabiankovits	M30	37:52
2041	Simon Mcgarvie	M55	39:00
798	Kim Thomas	M45	39:23
1710	Mitch Cleasby	M60	41:20
1342	Alex Tinniswood	M35	42:11
1655	Jonathan Lester	M50	43:53
1111	Ian Carson	M65	45:49
755	Bob Lane	M70	46:55
49	Mike Khan	M75	1:03:23
40	John Pellier	M80	1:15:01

WOMEN

1255	Clare Wardle	W45	45:38
1958	Annabel Vaughan	W30	46:52
1910	Nicole Cole	W40	47:16
1882	Pamela Thonell	W50	48:06
1422	Carolyn Stephens	W60	56:49
2037	Carol Armstrong	W55	58:04
2035	Kirsten Salberg	W35	58:16
1494	Wendy Grace	W65	59:59

5KM RUN

2045	Vlad Ixel	M30	15:08
2003	Paul Watson	M50	18:32
1986	Milo Barham	M35	19:50
220	Giovanni Puglisi	M65	20:41
1587	Patrick Jones	M45	21:35
346	Chris Maher	M65	21:39
779	Prabuddha Nicol	M60	24:02
1639	Geoff Vine	M70	24:14
1620	John McShane	M55	24:21
512	David Baird	M75	25:01
1781	Rohan Thompson	M40	31:36

WOMEN

489	Amanda Walker	W55	21:38
39	Margaret Saunders	W65	23:49
2044	Eleanor Tobe	W35	25:07
1833	Sally-Anne Smith	W40	25:59



1711	Denise Cleasby	W60	29:22
2030	Raquel Bebbington	W45	29:45
187	Bridget Carse	W75	34:47
149	Jackie Halberg	W70	36:47

10 KM WALK

1729	Victor Munoz	M65	1:04:19
1533	Christian D'argent	M60	1:07:52
1704	Melissa Lewis	W30	1:10:45
1138	Lui Cecotti	M70	1:12:00

5KM WALK

1808	Marcela Isabel		
	Ruiz Valdes	W55	36:41
339	Elaine Dance	W65	41:46
1709	Conny Brieden	W50	41:47
90	Rosa Wallis	W75	45:13
47	Joan Pellier	W80	48:35
1328	Pamela English	W70	51:53
1735	Deborah Franey	W60	52:28

MEN

174	Mike Anderson	M70	36:46
244	John Brambley	M75	40:26
455	Sean Keane	M55	43:10
1454	Andrew		
	Cuthbertson	M60	48:45
11	Bob Fergie	M85	49:19
347	Neil McRae	M65	52:29

Oh, we were so well-behaved! Immaculate social distancing was displayed by Masters runners for our re-opening event along the riverside.

Above, Keith Miller, 278, led his contemporaries with the help of wingman John Fisher, 1167, observing the 1.5m rule on the grass. Following runners were all far too polite to consider overtaking. Right, Miki Muroi, Laurent Carles and Paul Hughes were perfectly spaced. Thanks to Graeme Dahl for the well-regulated pictures.



Weir Run

JULY 19, 2020
Directors: Sean Keane & Neil McRae

AGE-GROUP LEADERS

10KM RUN

1728	Chris Gould	M40	33:54
1989	Richard Bason	M45	38:27
1342	Alex Tinniswood	M35	40:37
2003	Paul Watson	M50	40:46
1978	Mike Haederle	M55	40:58
1710	Mitch Cleasby	M60	41:27
1111	Ian Carson	M65	45:12
755	Bob Lane	M70	45:54
1942	James Hadfield	M30	52:18
112	Bob Schickert	M75	1:12:19

WOMEN

1255	Clare Wardle	W45	43:30
2042	Heather Longworth	W50	45:53
1910	Nicole Cole	W40	48:51
1455	Barbara Putland	W55	51:15
406	Chris Pattinson	W60	52:55
1862	Ceri Morton	W35	52:57

5KM RUN

346	Chris Maher	M65	20:36
1400	Kevin Johnson	M60	20:46
1450	John Ranger	M50	21:14
393	Colin Smith	M55	24:13
1256	Mercurio Cicchini	M70	25:02
186	Bert Carse	M75	25:16
110	Merv Jones	M80	39:27

WOMEN

489	Amanda Walker	W55	21:42
1958	Annabel Vaughan	W30	23:38
739	Margaret Saunders	W65	24:27
1833	Sally-Anne Smith	W40	26:10
2033	Cherrie Byrnes	W45	28:46
1711	Denise Cleasby	W60	29:33
1709	Conny Brieden	W50	33:58
187	Bridget Carse	W75	34:58
149	Jackie Halberg	W70	37:29



IT WAS a cold but dry day for the Kent Street Weir Run/Walk which replaced the Sharks Run this year. So the rescheduled but most eagerly anticipated run of our calendar year has been run and won and, as usual, we had turn-away crowds.

We wonder how many of the runners and walkers, noticed, how at the 3km mark the floodwaters had covered the landscape giving the low-lying trees and shrubbery that special effect, not unlike an African savannah scene after the rains. On what other run will you ever see that?

Thanks to all those who helped make the event go smoothly.

Neil and Sean

Head and shoulders above the field this day, Chris Gould (M40, No. 1728) made his intentions clear from the start and led all the way.

10KM WALK

1533	Christian D'argent	M60	1:06:43
1704	Melissa Lewis	W30	1:10:25
1856	Justine Stewart	W30	1:20:21
74	John Bell	M75	1:25:29
321	Irwin Barrett-Lennard	M90	1:26:17

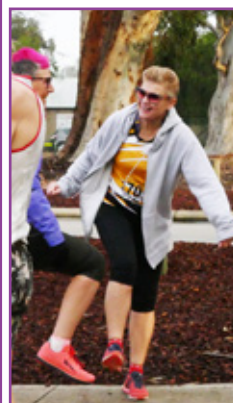
5KM WALK

262	Johan Hagedoorn	M75	36:09
174	Mike Anderson	M70	37:15
20	Jeff Whittam	M85	48:57
227	Gary Fisher	M65	52:39

WOMEN

1508	Sue Hamilton	W60	37:09
510	Delia Baldock	W55	38:51
128	Irene Ferris	W65	42:16
71	Marg Forden	W75	43:25
1328	Pamela English	W70	48:48
47	Joan Pellier	W80	52:38
1027	Sylvia Szabo	W35	55:48
38	Lorna Lauchlan	W90	59:19

How to warm up!



Like this ...

or this?



No, more

like this!



Bardon Bash

Report by
Mercurio Cicchini



Neil and Sean always go the extra mile, giving us a warm welcome to their Weir Run. They went overboard this year though, decorating this tree with some of their cherished childhood memorabilia. Ok boys, you can keep the job for another year!



I hope little Lily Jones saw the decorations; she deserved a treat for turning out to marshal with her dad, Patrick. Below, we kept ourselves to ourselves even on that narrow bridge.



Fast-finishing 10km trio caught by snapper Vic Beaumont are Akos Gyarmathy, Bob Lane, 1st M70, and Heather Longworth, 1st W50.



THIS year's Bardon Bash was made possible by the combined efforts of a bunch of great helpers, to whom I am very grateful: Emma Baldwin, Reid Barron, Brian Bennett, Maurice Creagh, Sam Farman, Mike Hale, Bob Lane, Jim Langford, Emma McClement, Bob Schickert, Annabel Vaughan, Sheryl and Jason Woolley. Although Roy Hart was unavailable this year, his support when we made contact was really uplifting. Thanks also to Margaret and Brian Bennett for providing an extra table for drinks.

This year the course was pegged the evening before by Brian Bennett and myself. Brian suggested that the flags and signs be used sparingly and, lo and behold, fewer competitors got lost than last year.

Maybe it was the absence of visitors taking shortcuts, and not the signposting, that might account for that! Lui Cecotti might not agree. This year he knocked almost five minutes off last year's time when, if my memory serves me right, he strayed off the course and went sightseeing somewhere.

Reid Barron accompanied me in the early morning drop-offs at the turns and drink stations, as well as manning a road crossing. The experience was not bad enough to deter him from doing it again; he might even be a future race director. A special commendation goes to Emma Baldwin who not only demonstrated poise and mastery in recording finishers, but also greeted and conversed with each person individually. Very impressive!

Although it was a chilly morning, the day's events unfolded nicely, but apparently the toilet facilities were insufficient for the 134 competitors. Maybe the start could have been delayed a bit to accommodate that.

Speaking of the start, I noticed one mature member, who shall remain nameless, who arrived at the start a bit late and then hung around a bit longer before heading off – presumably in a self-handicapping manoeuvre to spur him to greater effort?

If there are any errors in this blurb, I would say that they are mostly unintentional!

Racecourse Burswood

JULY 26, 2020

Director: Gary Wilmot

10KM WALK AGE-GRADED HANDICAP

			Time	H/cap	Total
1110	John				
	McDonagh	M70	64.21	23.08	1:27.29
1833	Sally-Anne				
	Smith	W40	61.18	32.24	1:33.42

AGE-GROUP LEADERS 10KM RUN

1632	Roberto Busi	M40	34:03
2040	Mike Lawson	M35	34:54
1366	Bryant Burman	M45	40:40
1710	Mitch Cleasby	M60	41:05
1450	John Ranger	M50	41:16
796	Steven Hossack	M55	42:07
220	Giovanni Puglisi	M65	42:25
755	Bob Lane	M70	45:19
512	David Baird	M75	52:08

WOMEN

1855	Clare Rice	W40	46:56
1867	Melinda Evans	W35	47:50
1882	Pamela Thonell	W50	48:35
406	Chris Pattinson	W60	52:04
2050	Diane Seager	W45	52:06
2037	Carol Armstrong	W55	59:42
1494	Wendy Grace	W65	1:01:43

5KM RUN

2003	Paul Watson	M50	18:34
1901	Rodney Glossop	M40	20:28
2051	Steven Okelly	M45	21:40
178	Ralph Henderson	M70	23:05
106	Paul Hughes	M65	23:40
979	Paul Odam	M60	24:05
186	Bert Carse	M75	24:36
1332	Russell Smith	M55	25:14
1935	Neil Birkby	M35	34:10
110	Merv Jones	M80	38:21



GARY Wilmot peaked as a race director and outstanding stand-up performer this year.

Directors' pre-race talks are generally met with a blend of boredom and impatience (especially if it's wet and cold) and that's only by those who listen. Contestants often tune out and just follow the mob, gambling on going the right way. Gary changed all that. Uniquely, the crowd applauded his directorial directive! As he explained that the changed course was as much a puzzle to him as it would be to the runners and walkers, his candid style won smiles, giggles and guffaws, instead of be-



wilderment. Convoluted attempts to explain the varying distances, and alternative approaches runners and walkers might care to try caused more merriment.

"I'll be interested to hear how far you went," Gary finished, amid clapping and cheers. Such honesty - he should be a politician. **VW**

WOMEN

739	Margaret Saunders	W65	23:29
2020	Emma Hartley	W30	26:01
1934	Peta Woodland	W45	26:28
1711	Denise Cleasby	W60	28:01
1230	Sam Farman	W55	31:41
1611	Sheryl Woolley	W50	32:13
187	Bridget Carse	W75	33:44
1674	Gemma Hildyard	W40	35:38
149	Jackie Halberg	W70	37:04

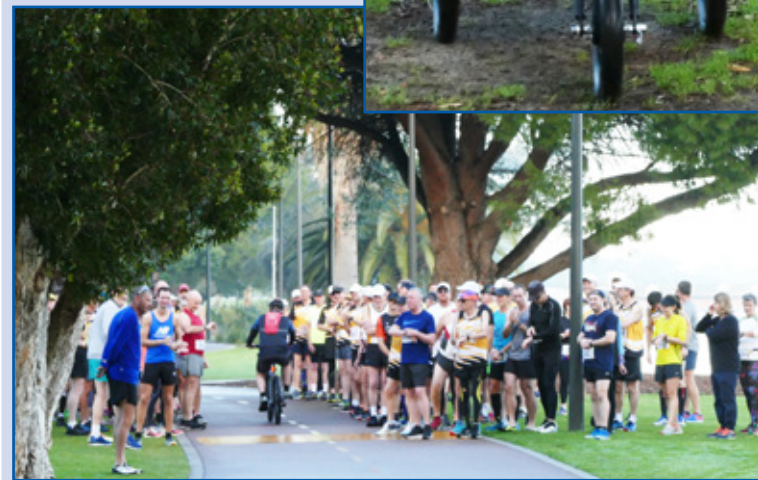
5KM WALK

530	Peter Hopper	M75	35:21
174	Mike Anderson	M70	36:43
11	Bob Fergie	M85	47:08
227	Gary Fisher	M65	49:00
1928	Matthew Webb	M50	49:03
WOMEN			
99	Peggy MacIver	W75	38:24
510	Delia Baldock	W55	38:26
188	Val Millard	W70	41:00

Gary consults Andrew (left): "Which way shall we send 'em?"

John McDonagh, above, passing the stadium, found his way home to win the walk handicap.

Right, Jumpin' Tommy Glackin takes to the air again - practising for Jorgensen? Below - we are so thoughtful, giving the cyclist ample social distancing before the start.



Darlington Dash

AUGUST 2, 2020

Director: Delia Baldock

11KM RUN WOMEN

1716	Elizabeth Gomez	W40	55:06
843	Rochelle Airey	W50	1:02:15
2050	Diane Seager	W45	1:03:06
406	Chris Pattinson	W60	1:05:08
1830	Jessica Mance	W35	1:22:36
1230	Sam Farman	W55	1:24:24

MEN

1816	Trent Harris	M30	42:56
798	Kim Thomas	M45	43:44
1726	Jerry Peters	M40	47:31
796	Steven Hossack	M55	50:36
1111	Ian Carson	M65	52:57
2028	Anthony Wilson	M50	58:14
175	Brian Bennett	M70	59:38
512	David Baird	M75	1:00:43
1953	Pragalathan Subramanian	M60	1:04:34

5.5KM RUN WOMEN

1920	Renae Szostak	W40	25:19
1867	Melinda Evans	W35	27:21
1926	Gayle Craft	W65	31:52
1508	Sue Hamilton	W60	32:02
1599	Alicia Edwards	W45	32:29
928	Sandra Rourke	W50	34:27
149	Jackie Halberg	W70	44:03

MEN

1710	Mitch Cleasby	M60	24:35
1457	Michael Byrne	M65	28:21
1332	Russell Smith	M55	28:54
1487	Jason Kell	M40	31:11
194	Ivan Brown	M75	33:36
1935	Neil Birkby	M35	39:32
986	Greg Wilson	M70	40:21
1928	Matthew Webb	M50	46:54



THE HILLS' early fog lifted to a crisp cloudy day and perfect conditions for running the popular heritage trail.

The course now starts from Glen Forrest dashing down to Darlington and then back up the hill. A challenging run for members new and old! The Mundaring Shire has recently made welcome renovations to the facilities at the park and although we don't have a hall for morning tea there are large gazebos and a coffee shop adjacent to the park.

We had a few falls and grazes this year so please take extra care with your footing on this course. Well done to all those competing in the closely contested Dick Horsley Trophy for couples which was taken out by Alicia and Paul Edwards. One partner completes the short run and the other the long run and then their times are combined. We have a lot of running couples in our club so why not have a go next year? Special thanks to all our wonderful helpers!

5.5KM WALK WOMEN

128	Irene Ferris	W65	47:48
1112	Sofia Carson	W55	53:28
1328	Pamela English	W70	57:15
1613	Charlotte Webb	W45	57:18
111	Lynne Schickert	W75	1:03:31
1735	Deborah Franey	W60	1:05:03
1674	Gemma Hildyard	W40	1:05:04
1027	Sylvia Szabo	W35	1:07:00

MEN

321	Irwin		
	Barrett-Lennard	M90	48:06
1454	Andrew Cuthbertson	M60	50:47
77	Arnold Jenkins	M75	53:21
11	Bob Fergie	M85	55:42
1576	Andrew Roddy	M35	55:44



Delia had an avid audience, especially Irwin, who survived the course and won the 5km walk.



DICK HORSLEY TROPHY

WELL done to everyone who competed in the trophy event for couples at the Darlington Dash.

Congratulations to new winners Alicia and Paul Edwards - we will present the trophy after engraving!

1:26.10	Alicia Edwards 32:29 & Paul Edwards 53:41
1:26.17	Jason Kell 31:11 & Liz Gomez 55:06
1:37.00	Justine Bolton 38:46 & Anthony Wilson 58:14
1:44.33	Neil Birkby 39:32 & Peta Woodland 1:05.01
1:46.25	Sophia Carson 53:28 (walk) & Ian Carson 52:57
1:47.05	Isolde Tietz 37:07 & Peter Tietz 1:09.58
2:04.15	Steven O'Kelly 1:01.09 & Diane Seager 1:03.06 (they both did 11km!)
2:30.52	Lynne Schickert 1:03.31 (walk) & Bob Schickert 1:27.21

Club CC Championship

AUGUST 9, 2020

Director: Jim Klinge

Age-group winners only -
FULL listings are on the club website

8KM CLUB CROSS COUNTRY CHAMPIONSHIPS - MALE

2045	Vlad Ixel	M30	28:36
2040	Mike Lawson	M35	29:57
1721	Zane Walsh	M40	37:31
798	Kim Thomas	M45	32:34
1673	Steve Preece	M50	34:11
1707	Andrew Grosas	M55	40:05
333	Trevor Scott	M60	34:05
1111	Ian Carson	M65	
40:32			

8KM CLUB CROSS COUNTRY CHAMPIONSHIPS - FEMALE

1920	Renae Szostak	W40	38:44
1217	Sharon Davis	W45	36:28
1582	Jennifer Parker	W50	52:14
1422	Carolyn Stephens	W60	49:49
739	Margaret Saunders	W65	44:35

6KM CLUB CROSS COUNTRY CHAMPIONSHIPS - MALE

175	Brian Bennett	M70	33:12
53	Jim Langford	M75	
31:53			

6KM CLUB CROSS COUNTRY CHAMPIONSHIPS FEMALE

187	Bridget Carse	W75	
49:26			

4KM RUN

393	Colin Smith	M55	20:21
2020	Emma Hartley	W30	23:44
1961	Sofia Dumlao	W40	30:28
2030	Raquel Bebbington	W45	25:53
510	Delia Baldock	W55	31:19
1440	Marion Kavenagh	W60	35:21
967	Carolyn Fawcett	W65	35:19



There they go - from front to back, it was a bold and daring field! We thank all the runners who defied the stormy forecast. You made the club's enormous workload to stage Jorgensen 2020 worthwhile.

PRAISE is due to everyone involved in organising the cross-country championships this year. Planning was complicated by our own shutdown, and then the shutdown of the Jorgensen clubrooms. Where we used to breakfast a steel skeleton has arisen, promising excellent facilities for the future.

The course now uses a 2km circuit and the finish is slightly less challenging. Committee members did a fine job in preparation and showed up in force to help the regulars, recorders, marshals and new director Jim Klinge. Spare a thought for the real early birds, the Pelliers who marked the new course; and Elaine Dance (whose 4.15am start must be a record?) and her catering team. We offer sincere thanks to them all.





They are Jorgensen heroes!



Catering team in their new kitchen are Joanne Richardson, Sue Danby, Elaine Dance, Margaret Bennett and Melissa Lewis (who has taken over the Sunday-morn tea job) with her baby daughter Catherine. Great job ladies – thank-you!

Right, not the ghost of Jorgensen; it's Joan Pellier who with husband John marked the course. Helping with their wardrobe is Brian Danby, who also made the excellent pumpkin soup served after the run!

Below them is another stalwart, marshal Frank Price. Below, Renae Szostak was first woman in the 8km championship.



Anyone who has puffed uphill to the line will appreciate this ferocious finish by M45s Pat Jones and Paul Edwards. Below, overall 1st M30 Vlad Ixel.



BEFORE touching on the specifics of our finances I would like to extend a huge thank you to all our members. 2020 was a difficult year for all given the issues with COVID-19 and I would like to express my appreciation to all members for their continued support of the club.

All will be aware that we basically shut down for three months as a result of the restrictions imposed as part of the fight against the pandemic but due to financial pressures we have decided that we are not in a position to offer any form of refund of membership fees.

As a result of this decision, despite our second consecutive year of posting a deficit result, we will not be increasing our fee structure for 2020/21.

I will also take this opportunity to extend a huge thank you to the members who had entered the State Championships and then very generously donated their entry fee back to the club. This amount totalled \$2,910.

The 2020 result was solid given the external pressures and I report a deficit of \$7,871 for the year which is better than the previous year's result.

Cash on hand sits at \$75,152 – down from \$83,023 in 2019 but is

Finance 2020

**Report by
Gary Fisher**

MAWA Treasurer

still an extremely healthy state for a club of our size.

Revenue

This continues strongly with membership as at June 30 being 650.

Revenue was adversely affected by the change to our event year with all members only paying for nine months which meant a \$10 per member reduction in revenue.

Three months of no Sunday runs and the decision to restrict visitors upon our recommencement has adversely affected a valuable revenue stream.

The most notable revenue item involved donations and we received two generous receipts.

As mentioned at last year's AGM the sad passing of member Ray Gimi benefited the club with his bequeathing \$2,000.

Secondly, during the year the Stirling Swans Athletics Club closed down with a very healthy bank account balance. Thanks in the main to the efforts of Margaret Saunders we received an

extremely generous donation of \$5,367.

Expenses

Given the pressures on our finances the committee were extremely controlled with our expenditure.

Given the large number of new members we were required to purchase a batch of new chest numbers at a cost of \$4,620.

Unfortunately our race clock could no longer be repaired and a replacement was sought at a cost of \$3,998.

Events

Any club events are expected to return a break-even result or better and this is the case with our weekend away at Myalup.

State Championships had to be cancelled due to the COVID threat but not before most of the expenses to hold the event had been incurred. With the exception of the printing of programmes all other expense items will be used for next year's championships which will result in a significant gain next year.

Summary of Receipts and Payments

The summary is included in this *Vetrun* (page 15) and will also be placed on the website. As yet the accounts have not been audited.

General

The number of members who require a posted copy of the

New Members – welcome!

You have now swelled MAWA membership to 700-plus – an all-time high!

2029 ASHBY: Rebekah W55	2053 BEBBINGTON: Paul M50
2030 BEBBINGTON: Raquel W45	2054 YAN: Xinhaun: M45
2031 DUNSTAN: Matt M40	2055 BRANKAER: Jan M35
2032 LUCAS: John M60	2056 YANG: Grace W40
2033 BYRNES: Ree M45	2057 RODDY: Janet W60
2034 GUPTA: Gopal M55	2058 SMITH: Karin W50
2035 SALBERG: Kirsten W35	2059 GARDINER: David M75
2036 MUELLER: Oliver M50	2060 KING: Sonia W35
2037 ARMSTRONG: Carol W55	2061 PRICE: David M45
2038 STALTERI: Michael M30	2062 KLOPPER: Shane M50
2039 HENDERSON: Jaimie W40	2063 HARWOOD: Amira W40
2040 LAWSON: Mike M35	2064 HARRY: Paula W40
2041 McMARVIE: Simon M55	2065 CIPRIANO: Anita W50
2042 LONGWORTH: Heather W50	2066 CASSELS: Alan M75
2043 FALCONER: Paul M60	2067 COMBER: Mark M55
2044 TOBE: Eleanor W35	2068 GREGORY: Vaughan M40
2045 IXEL: Vlad M30	2069 MILLER: Colin M55
2046 MONTGOMERY: Brett M45	2070 FINDLAY: Chris W65
2047 MONTGOMERY: Melanie W40	2071 WALSH: Nate M30
2048 GREENHALGH: Brian M50	2072 SCOTT: Dave M40
2049 WOODFIELD: Sharon W55	2073 O'CONNELL: Pat W50
2050 SEAGER: Diane W45	2074 BENTLEY: Emma W40
2051 OKELLY: Steven M45	2075 NEWELL: Ian M45
2052 WYLDE: Amanda W35	2076 QUIGLEY: Thomas M30
	2077 STABLER: Alan M45
	2078 PATRICK: Naomi W40

Vetrun magazine continues to decline and as a result of the costs associated with this action we will need to increase the cost of this to \$20 per annum for next year.

The committee (specifically, Pam) has worked hard with the various local councils to obtain refunds for all cancelled events and

the Championships and we have been successful in all instances.

Conclusion

To all members, stay strong and vigilant to help fight the scourge that is COVID-19 and let's hope that all are fit and healthy to enjoy the coming year with Masters Athletics. ■

Receipts

Membership income

Membership fees - 2018	-	1,098
Membership fees - 2019	1,576	22,759
Membership fees - 2020	20,025	-
Visitors fees	6,074	6,504

Total fees	27,675	30,361
Surplus on membership	5,078	9,771

Events

Dwellingup Weekend	-	1,120
Lewana Weekend	-	-
Myalup Weekend	1,580	1,740
Myalup Weekend Deposit.	-	-
State Champs 2019	-	10,798
State Champs 2020	10,101	-
Facilities Hire	-	-
Track & Field	3,049	3,593
10K Handicap	-	-

Total receipts Events	14,730	17,251
Surplus/(Deficit) on Events	(5,168)	1,610

Other

Clothing Receipts	3,603	3,562
Sundries	483	275
Interest	910	1,340
Donation	7,367	-
Numbers	115	200
Bond Refunds	-	860
Coaching Grant	1,000	1,000
Transfer From National a/c	-	-

Total receipts other	13,478	7,237
Surplus/(Deficit) on Other	(7,781)	(21,921)
Total Operating Receipts	55,883	54,849
Operating Surplus/(Deficit)	(7,871)	(10,540)
Total Receipts	55,883	54,849
Overall Surplus/(Deficit)	(7,871)	(10,540)

Cash on Hand

Bankwest Cheque Account	9,232	18,963
ANZ Deposit Account	3,252	2,303
Term Deposit 035-6998506-7	24,515	23,985
Term Deposit 05558066-9	38,153	37,772
Total Cash on Hand	\$75,152	\$83,023

MASTERS ATHLETICS WA INC.

Summary of Receipts and Payments

For the Year ended 30 June 2020 (Unaudited)



Payments

	2020 \$	2019 \$
--	------------	------------

Running costs

State/National Affiliation fees	9,551	6,009
Drinking cups	490	1,053
Bank fees	250	260
Travel	771	1,441
Venue Costs	2,420	2,548
Vetrun Postage	332	341
Vetrun Production	7,029	7,551
Postage/Stationery	665	210
Website costs	481	204
Medals/Trophies	608	973

Total running costs	22,597	20,590
----------------------------	---------------	---------------

Events

Dwellingup Weekend	-	1,120
Lewana Weekend 2016	-	-
Myalup Weekend	1,580	1,715
State Champs - 2019	-	7,731
State Champs - 2020	7,372	-
State Champs Refunds	7,240	-
Track & Field	3,706	5,075
10K Handicap	-	-

Total payments Events	19,898	15,641
-----------------------	--------	--------

Other

Bib numbers	5,404	113
Clothing purchases	4,470	6,625
Sundries	1,083	3,068
Equipment purchases	6,174	12,582
Sunday Run expenses	2,128	3,281
Coaching (T&F)	2,000	2,000
Expense re 2018 Nationals	-	1,489

Total payments other	21,259	29,158
-----------------------------	---------------	---------------

Total Operating Payments	63,754	65,389
---------------------------------	---------------	---------------

Total Payments	63,754	65,389
-----------------------	---------------	---------------

August 16 - Nedlands



Race Director: Gary Fisher
(0400 855 978)

Lorna Lauchlan, John Bell, Mike Hale, Anne Jones, Virginia Mulvey, Joseph Patroni, Adrian Fabiankovits, Bob Colligan, Marion Kavenagh, Zora Harvie, Matt Skellern, Shareenah Virahsawmy, Jo Patroni, Jessica Mance, Gavin Bain, Trudy Young

August 23 - City Rail



Race Director: Erika Blake
(0412 791 357)

Wayne Pantall, Blakeney Tindall, Christopher Coates, Bernard Mangan, John Pentecost, Grace Hollin, Silke Peglow, Julie Storey, Alastair Wallace, Steven O'halloran, Alicia Edwards, Caroline Clark, Peter Clark, Rhonda Newburn, Paul Every, Leslie Neill, Jill Helm, Christy Davidson, Karen Philp

Where you're HELPING!

August 30 - The Roe Run



Race Director: Jim Langford
(0401 916 925)

John Pellier, Joan Pellier, Margaret Langford, Roma Barnett, Christopher Coates, Ross Langford, Anne Andersen, Michael Pascoe, Shalini Watson, Kevin Anderson, Nicole Anderson, Grant Mercorella, Gayle Craft, Trisha Griffiths, Yury Hotimsky

September 6 Whiteman Park



Race Director: Ross Langford
(0403 197 422)

Brian Danby, Jim Langford, Hamish Mcglashan, Margaret Langford, Kerriann Bresser, Ross Langford, Nicola Hibbert, Sheryl Woolley, Narelle Gaynor, Jason Woolley, Nick Franey, Deborah Franey, Hugh Lloyd, Craig Lines, Emma McClement

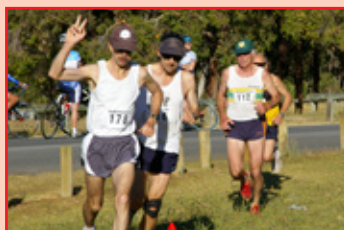
September 13 - Matagarup



Race Director: Wayne Pantall
(0415 684 368)

Lesley Romeo, Roma Barnett, Wayne Taylor, David Baird, Jo Richardson, John Collier, Sylvia Johanna Szabo, Sue Bourn, Sylvia Bernadette Szabo, Pam English, Russell Smith, Andrew Thorpe, Bob Colligan, Marion Kavenagh, Barbara Putland, Geoffrey Vine, Liz Bryson, Gemma Hildyard, Reid Barron, Nicole Cole, Laurent Carles

September 20 - Kings Park CC



Race Director: Ralph Henderson
(0408 939 293)

Mark Rosen, Frank Gardiner, John Dance, Peter Hopper, Anne Jones, Alan Thorniley, Carolyn Stephens, Wendy Grace, Haydn Gawne, Rohan Thompson, Evelyn Gilbert, Trudy Young, Kevin Anderson, Nicole Anderson

September 27

Mullaloo Magic

Mike Anderson (0407 940 520) & Johan Hagedoorn (0499 190 423)

Ivan Brown, Julie Wood, Claire Walkley, Martin Watkins, John Collier, Mandy Mason, Andrew Thorpe, William Hart, Geoff O'brien, Stephen Helm, Rebekah Blake, Michael Pascoe, Shalini Watson, Louise Skipworth, Simon Cole, Glenys Kerr, Carey Taylor, Emma McClement



Where they're running

EVERYONE is welcome to join in Masters' regular Sunday and T&F meetings and also the casual group runs listed here. All are organised by members, volunteers and supporters.

Do you have a regular training group? Like some extra company? Email the details - location, time, day of the week, distance and type of run/walk - to Vetrun and we'll add it to this feature. Send to vfdwaters@gmail.com

MONDAY

Point Walter 8km; 6pm. Richard Simmons, tel. 0408 986 631 has taken over organisation of this run from Dick Blom.

TUESDAY (am)

McGillivray Oval and Perry Lakes; 10am. Contact Jeff Whittam djwhittam@pixelvision.com.au.

TUESDAY (pm)

Perry Lakes grass circuit near Hockey Clubrooms; 5.45-6.30pm.

WEDNESDAY

Marathon Club, Burswood; start 5.30pm; 15km-20km. Contact Brian Bennett - 0412 990 945; brianbennett47@gmail.com

THURSDAY

Perth Trail Series, Kings Park Kiosk, Fraser Ave. Start 6pm, finish 7pm. 8km to 10km mob run, on the trails.

Contact Melina Mellino 0423 729 949 melina@perthtrailseries.com.au

FRIDAY

6am start, various central Perth locations. Contact Margaret Bennett; ph 9275 0169; or mbe37778@bigpond.net.au

SATURDAY

DC's group at WAAS; 8-9.45am; track training - all welcome. Cost \$3.80 seniors - \$6.70 others; pay at the door. Contact davidcarr@bigpond.com parkrun - go online to parkrun.com for details of many locations around Perth. ROAD runs early every Saturday at various western suburbs locations. Contacts: Gary Fisher, email gary.fisher@y7mail.com or mobile 0400 855 978. Paul Hughes, email paul@wjhi.com.au or mobile 0412 513 348.