

WOMEN**60m****W30**

1	Melissa Foster	8.34	NWI	82.97%
---	----------------	------	-----	--------

W40

6	Regina Crouch	10.71	NWI	70.03%
---	---------------	-------	-----	--------

W45

Prelims

7	Cathy McCloskey	9.24q	NWI	85.71%
---	-----------------	-------	-----	--------

W45

7	Cathy McCloskey	9.15	NWI	86.56%
---	-----------------	------	-----	--------

W50

6	Carmel Meyer	9.88	NWI	82.69%
---	--------------	------	-----	--------

W60

1	Lynne Choate	9.44	NWI	93.54%
---	--------------	------	-----	--------

4	Maureen Keshwar	10.22	NWI	87.18%
---	-----------------	-------	-----	--------

W65

4	Brenda Painter	10.69	NWI	88.77%
---	----------------	-------	-----	--------

100m**W30**

1	Melissa Foster	13.32	+1.1	78.75%
---	----------------	-------	------	--------

W50

Prelims

9	Carmel Meyer	15.48	-0.6	80.88%
---	--------------	-------	------	--------

W60

2	Lynne Choate	15.09	-0.5	89.79%
---	--------------	-------	------	--------

7	Maureen Keshwar	16.84	-0.5	81.18%
---	-----------------	-------	------	--------

W65

5	Brenda Painter	17.49	+0.0	83.25%
---	----------------	-------	------	--------

200m**W40**

3	Vicki Cobby	29.67	+3.6	77.15%
---	-------------	-------	------	--------

W50

Prelims

9	Carmel Meyer	31.41	NWI	82.81%
---	--------------	-------	-----	--------

W60

3	Lynne Choate	31.95	+4.7	88.58%
---	--------------	-------	------	--------

W65

4	Brenda Painter	37.00	+1.1	82.59%
---	----------------	-------	------	--------

400m**W40**

3	Vicki Cobby	66.45	79.83%
---	-------------	-------	--------

W50

Prelims

4	Carmel Meyer	74.34	79.71%
---	--------------	-------	--------

W50

7	Carmel Meyer	71.27	83.15%
---	--------------	-------	--------

W55

1	Margaret Saunders	72.24	87.51%
---	-------------------	-------	--------

5	Carol Bowman	1:21.18	77.17%
---	--------------	---------	--------

800m

W35				
4	Rosemary Giles	2:44.23	68.99%	
W40				
2	Vicki Cobby	2:35.86	75.41%	
W50				
6	Carmel Meyer	2:53.39	75.15%	
10	Christine Runnion	3:43.80	57.48%	
W55				
2	Margaret Saunders	2:45.91	86.58%	
5	Carol Bowman	3:10.70	74.22%	
W65				
1	Gillian Young	3:10.27	84.71%	
W70				
3	Lorraine Lopes	3:26.73	92.81%	

1500m

W35				
4	Rosemary Giles	5:34.05	71.74%	
W60				
4	Carey Dickason	7:30.04	72.53%	
W65				
2	Gillian Young	6:27.06	88.31%	
W70				
2	Lorraine Lopes	7:00.62	92.93%	

5000m

W35				
3	Rosemary Giles	20:07.98	73.09%	
W55				
4	Julie Wilson	24:37.47	76.69%	
W60				
4	Carey Dickason	27:08.24	72.75%	
W65				
1	Gillian Young	22:59.51	89.93%	
W70				
1	Lorraine Lopes	25:08.31	94.16%	

10000m

W35				
3	Rosemary Giles	41:05.34	74.39%	
W60				
3	Carey Dickason	56:28.76	71.92%	

8km x-country

W35				
3	Rosemary Giles	34:07 h	71.91%	
W45				
6	Jacqui Sanders	45:46 h	57.39%	
W55				
5	Carol Bowman	41:20 h	73.99%	
W65				
1	Gillian Young	39:44 h	85.23%	

2000m steeplechase**W40**

1 Regina Crouch 13:08.00 53.21%

W45

1 Jacqui Sanders 10:50.93 65.41%

W55

1 Julie Wilson 10:17.96 78.80%

2 Carol Bowman 10:28.15 76.24%

W65

1 Gillian Young 10:02.49 88.80%

W70

3 Lynne Schickert 15:12.21 65.01%

1500m walk**W40**

2 Regina Crouch 11:14.26 53.60%

W60

3 Sarah Ladwig 9:47.09 73.08%

W65

2 Valerie Millard 10:21.93 71.36%

W70

2 Lynne Schickert 10:37.45 74.14%

5000m walk**W40**

2 Regina Crouch 41:38.88 50.94%

W60

3 Sarah Ladwig 34:20.20 74.60%

W65

2 Valerie Millard 35:52.68 74.22%

W70

3 Lynne Schickert 37:23.20 76.52%

10km Road Walk**W40**

2 Regina Crouch 1:27:36 h 50.16%

W65

2 Valerie Millard 1:12:23 h 77.55%

W70

3 Lynne Schickert 1:18.04 h 77.70%

4 x 100m relay W120+

2

56.75

Nicole Pinel 30

Cathy McCloskey 49

Vicki Cobby 41

Melissa Foster 34

4 x 100m relay W220+

1

62.87

Carmel Meyer 52

Jacqui Sanders 46

Brenda Painter 68

Lynne Choate 60

4 x 100m relay W170+

6

72.20

Carol Bowman 58

Julie Wilson 59

Gillian Young 65

Regina Crouch 44

4 x 400m relay W170+	5				5:43.45
		Sarah Ladwig	63		
		Gillian Young	65		
		Julie Wilson	59		
		Vicki Cobby	41		
4 x 400m relay W220+	1				5:22.83
		Carmel Meyer	52		
		Lynne Choate	60		
		Carol Bowman	58		
		Margaret Saunders	59		
HJ					
	W40				
	3	Vicki Cobby	1.35m		71.81%
	W65				
	1	Brenda Painter	1.05m		81.40%
LJ					
	W30				
	1	Melissa Foster	5.44m	+2.1	74.52%
	3	Nicole Pinel	3.86m	+0.6	51.33%
	W40				
	4	Vicki Cobby	3.99m	+4.2	59.20%
	5	Regina Crouch	3.21m	+1.3	49.46%
	W45				
	4	Cathy McCloskey	4.18m	+5.0	68.86%
	W50				
	3	Carmel Meyer	3.61m	+0.1	62.03%
	W60				
	3	Sarah Ladwig	2.67m	+0.1	54.49%
	4	Carey Dickason	2.47m	+0.0	49.50%
	W65				
	3	Brenda Painter	2.90m	+0.1	64.73%
	W70				
	2	Lynne Schickert	2.38m	-0.3	56.26%
TJ					
	W30				
	1	Melissa Foster	11.47m	-1.7	78.40%
	W40				
	2	Vicki Cobby	9.08m	-1.8	67.41%
	4	Regina Crouch	6.37m	-2.4	49.08%
	W45				
	2	Cathy McCloskey	8.80m	+3.4	72.43%
	W60				
	1	Carey Dickason	5.19m	NWI	51.85%
	W65				
	1	Brenda Painter	6.74m	-1.0	74.81%
	W70				
	2	Lynne Schickert	5.31m	-1.0	62.32%
Shot					
	W30				
	1	Nicole Pinel	7.48m		33.05%
	W35				
	1	Byrony Glass	11.00m		51.33%
	3	Ali Matautia	9.51m		48.20%
	W40				
	2	Vicki Cobby	8.26m		43.75%
	W50				
	8	Carmel Meyer	6.67m		42.38%
	9	Annette Gravestock	5.95m		38.49%
	10	Kylie Everard	5.69m		36.80%

W60	2	Kate Glass	8.96m	70.89%
	W65			
	2	Bev Hamilton	8.53m	74.11%
Discus				
	W30			
	1	Nicole Pinel	23.66m	30.81%
	W35			
	1	Byrony Glass	34.44m	46.14%
	3	Ali Matautia	26.54m	37.68%
	W60			
	3	Kate Glass	22.22m	49.29%
	W65			
	1	Bev Hamilton	22.36m	54.72%
Hammer				
	W30			
	1	Nicole Pinel	23.78m	31.27%
	W35			
	1	Byrony Glass	54.67m	80.85%
	5	Ali Matautia	21.29m	34.97%
	W50			
	4	Kylie Everard	23.98m	41.17%
	6	Annette Gravestock	20.50m	35.20%
	W60			
	1	Kate Glass	33.63m	71.34%
	W65			
	2	Bev Hamilton	27.84m	65.20%
Javelin				
	W35			
	3	Ali Matautia	25.54m	37.40%
	W40			
	6	Regina Crouch	15.63m	25.92%
	W50			
	5	Carmel Meyer	17.48m	34.27%
	W55			
	6	Julie Wilson	13.55m	32.07%
	W60			
	4	Kate Glass	19.99m	51.10%
	W65			
	2	Bev Hamilton	19.56m	55.05%
Weight Throw				
	W30			
	2	Nicole Pinel	8.51m	42.19%
	W35			
	1	Byrony Glass	17.74m	95.84%
	4	Ali Matautia	8.49m	49.45%
	W50			
	5	Kylie Everard	7.66m	42.51%
	6	Annette Gravestock	7.41m	41.12%
	W60			
	1	Kate Glass	11.81m	68.23%
	W65			
	1	Bev Hamilton	11.13m	70.98%

**MEN
60m**

M40				
Prelims				
3	Rob Colling	7.44Q	NWI	91.53%
6	Greg Brennan	8.14Q	NWI	85.01%
M40				
2	Rob Colling	7.40	NWI	92.03%
8	Greg Brennan	8.25	NWI	83.88%
M50				
Prelims				
1	Rudy Kocis	7.97Q	NWI	91.22%
9	Colin Smith	8.50	NWI	84.94%
M50				
2	Rudy Kocis	7.78	NWI	93.44%
M55				
Prelims				
11	Campbell Till	9.25	NWI	80.86%
M60				
Prelims				
10	Harold Membrey	9.18	NWI	84.75%
M75				
2	Norm Richards	9.43	NWI	90.67%
4	Leon Sander	9.78	NWI	88.34%

100m

M40				
Prelims				
1	Rob Colling	11.67Q	+0.7	89.12%
11	Greg Brennan	13.56	-0.9	77.73%
M40				
2	Rob Colling	11.40	+0.6	91.23%
M50				
Prelims				
4	Rudy Kocis	12.79Q	-0.6	86.40%
9	Colin Smith	13.43	-2.6	81.76%
M50				
2	Rudy Kocis	12.16	-1.1	90.87%
M60				
Prelims				
9	Harold Membrey	14.80	-1.3	79.53%
M75				
2	Norm Richards	15.02	+0.7	87.88%
4	Leon Sander	16.40	+0.7	81.65%

200m

M40				
8	Greg Brennan	26.83	+2.1	79.99%
M50				
Prelims				
2	Rudy Kocis	24.80Q	+1.9	91.01%
6	Colin Smith	26.33Q	+1.9	85.15%
M50				
1	Rudy Kocis	23.86	+2.2	94.59%
6	Colin Smith	26.31	+2.2	85.21%
M60				
8	Harold Membrey	32.73	+2.0	73.79%
M75				
2	Norm Richards	31.65	NWI	88.15%
3	Leon Sander	31.87	NWI	89.02%
M80				
2	David Carr	32.94	+0.9	92.29%
3	Irwin Barrett-Lennard	38.94	+0.9	83.38%

400m

M50				
4	Colin Smith	58.20	85.10%	
M55				
3	Campbell Till	58.25	87.90%	
M60				
5	Nick Miletic	1:21.93	65.34%	
M75				
1	Leon Sander	77.30	85.54%	
M80				
1	David Carr	72.83	97.49%	

800m

M40				
4	Andrew Brooker	2:13.66	82.53%	
M45				
5	John Collier	2:33.65	73.09%	
M60				
6	Nick Miletic	3:20.46	63.95%	
M65				
4	Maurice Creagh	2:50.61	77.73%	
M70				
3	Bert Carse	2:43.66	85.92%	
M80				
1	David Carr	2:54.83	93.23%	

1500m

M45				
4	John Collier	5:35.38	69.27%	
M50				
8	Steve Giles	5:14.85	79.27%	
M65				
5	Maurice Creagh	5:53.29	78.01%	
M70				
2	Bert Carse	5:33.27	86.80%	
M80				
1	David Carr	6:33.27	84.00%	

5000m

M35				
3	Ross Langford	16:48.01	76.73%	
M50				
9	Steve Giles	19:01.36	78.35%	
M65				
6	Maurice Creagh	22:02.12	75.14%	
M70				
3	Bert Carse	21:45.19	80.22%	
6	Bob Schickert	24:10.02	72.21%	
M80				
1	Irwin Barrett-Lennard	28:23.60	78.51%	

8km x-country

M35				
3	Ross Langford	28:33 h	75.89%	
M50				
8	Steve Giles	32:47 h	76.41%	
M65				
2	Jim Langford	33:50 h	83.79%	
6	Maurice Creagh	38:12 h	72.82%	
M70				
6	Bob Schickert	40:29 h	72.42%	
M80				
1	David Carr	41:18 h	83.62%	

10000m**M35**

2 Ross Langford 39:16.36 68.50%

M45

2 David Solomon 39:19.48 75.34%

M50

5 Steve Giles 39:35.08 78.59%

M65

1 Jim Langford 42:18.32 83.23%

80m hurdles**M75**

3 Norm Richards 23.70 +2.2 57.72%

400m hurdles**M55**

2 Campbell Till 70.27 83.65%

2000m steeplechase**M60**

3 Nick Miletic 11:04.63 61.44%

M65

1 Maurice Creagh 9:41.64 76.44%

M70

2 Bert Carse 9:00.54 90.63%

4 Bob Schickert 10:09.57 80.37%

1500m walk**M50**

2 Garry Hastie 7:13.17 82.54%

M60

2 Harold Membrey 10:57.34 59.65%

M80

3 Irwin Barrett-Lennard 10:59.48 78.76%

5000m walk**M40**

2 David Smyth 26:56.43 71.88%

M50

2 Garry Hastie 25:33.69 80.90%

10km Road walk**M40**

1 David Smyth 58:19 h 68.33%

M50

2 Garry Hastie 52:07 h 81.58%

M60

1 Harold Membrey 1:25:32 h 54.39%

4 x 100m relay M240+

3 59.17

Norm Richards 75

Nick Miletic 62

Leon Sander 76

Stephen Fuller 60

4 x 400m relay M180+

2 4:05.44

David Solomon 48

Stephen Fuller 60

Andrew Brooker 44

Colin Smith 50

HJ

M40					
1	Malcolm Clarke	1.57m	71.69%		
M65					
2	Greg Wilson	1.35m	80.36%		
M75					
2	Norm Richards	1.09m	74.66%		

LJ

M45					
1	Greg Brush	5.82m	+0.9	76.68%	
M60					
4	Rob Antonioli	3.94m	-1.2	64.38%	
5	Steve Fuller	3.91m	+0.5	62.96%	
M75					
1	Norm Richards	3.68m	-0.1	76.19%	

PV

M65					
1	Greg Wilson	2.00m	52.63%		

Shot

M30					
1	Greg Urbanowicz	12.83m	55.49%		
M40					
1	Mal Clarke	13.00m	58.66%		
M45					
2	Todd Davey	12.18m	59.85%		
M55					
4	Thomas Gravestock	10.43m	61.53%		
M65					
2	Greg Wilson	8.91m	56.72%		

Discus

M30					
1	Greg Urbanowicz	40.97m	55.31%		
M40					
1	Mal Clarke	38.81m	52.89%		
5	Andrew Brooker	30.02m	42.13%		
M45					
2	Todd Davey	39.42m	56.94%		
M55					
1	Tom Gravestock	41.24m	65.99%		
M60					
8	Steve Fuller	31.77m	48.17%		
M65					
3	Greg Wilson	30.19m	51.00%		
M75					
3	Leon Sander	22.72m	51.25%		

Hammer

M30					
1	Greg Urbanowicz	39.69m	45.76%		
M40					
1	Mal Clarke	33.22m	42.10%		
M45					
4	Todd Davey	30.62m	42.65%		
M50					
1	John Everard	37.57m	55.02%		
M55					
3	Tom Gravestock	35.91m	57.76%		
M65					
4	Greg Wilson	23.24m	42.47%		

Javelin**M30**

4	Greg Urbanowicz	32.20m	33.82%
---	-----------------	--------	--------

M40

1	Mal Clarke	44.55m	51.89%
---	------------	--------	--------

3	Andrew Brooker	40.37m	49.47%
---	----------------	--------	--------

M60

4	Steve Fuller	31.06m	46.69%
---	--------------	--------	--------

M65

3	Greg Wilson	27.33m	45.78%
---	-------------	--------	--------

M75

3	Leon Sander	21.16m	44.53%
---	-------------	--------	--------

Weight Throw**M30**

1	Greg Urbanowicz	12.33m	48.64%
---	-----------------	--------	--------

M40

1	Mal Clarke	11.44m	49.08%
---	------------	--------	--------

M45

2	Todd Davey	11.54m	53.13%
---	------------	--------	--------

M50

2	John Everard	12.84m	59.06%
---	--------------	--------	--------

M55

4	Tom Gravestock	13.32m	65.84%
---	----------------	--------	--------

WOMEN Pentathlon**W30**

1	Melissa Foster	100	SP	LJ	JT	800
		13.36	9.39m	5.50m	27.77m	03:03.1
		78.52%	41.49%	73.14%	38.04%	61.86%
	2667	706	490	700	434	337

W40

3	Vicki Cobby	14.71	7.94m	4.03m	17.91m	02:52.5
		74.71%	38.94%	59.53%	28.15%	68.87%
	2290	596	452	421	299	522

W45

3	Cathy McCloskey	14.14	5.50m	4.13m	13.50m	03:00.0
		80.69%	29.02%	64.63%	23.08%	68.99%
	2353	768	307	522	230	526

W50

5	Carmel Meyer	15.59	6.13m	3.57m	16.02m	02:57.7
		76.07%	34.15%	59.50%	28.85%	73.19%
	2382	637	381	421	309	634

W55

4	Julie Wilson	18.73	4.60m	2.76m	14.12m	03:29.4
		65.94%	27.86%	49.20%	28.01%	65.23%
	1591	339	290	239	297	426

W60

2	Carey Dickason	21.12	5.25m	2.41m	12.87m	03:46.5
		61.03%	34.84%	46.17%	27.16%	63.73%
	1458	200	392	194	286	386
3	Sarah Ladwig	20.36	4.26m	2.66m	8.70m	03:43.6
		63.31%	28.27%	50.96%	18.36%	64.54%
	1404	263	296	270	167	408

MEN Pentathlon**M40**

2	Andrew Brooker	LJ 5.07m 61.75%	JT 39.03m 43.05%	200 27.13 74.68%	DT 25.91m 38.52%	1500 04:51.6 74.23%
	2628	485	477	534	436	696

M60

1	Steve Fuller	3.82m 60.06%	29.78m 42.76%	28.52 81.31%	31.27m 44.86%	05:46.5 74.89%
	2882	455	473	714	528	712
5	Nick Miletic	3.03m 47.64%	18.38m 26.39%	34.18 67.85%	24.61m 35.31%	07:25.4 58.26%
	1517	249	243	345	389	291

M65

3	Greg Wilson	3.47m 58.91%	27.17m 43.09%	36.83 65.52%	32.57m 51.16%	07:03.5 64.61%
	2269	433	477	281	622	456

M75

1	Norm Richards	3.48m 70.02%	17.81m 34.24%	32.76 81.75%	17.57m 33.99%	09:18.0 56.32%
	2336	646	352	726	371	241

WOMEN Throws Pentathlon**W30**

1	Nicole Pinel	HT 20.51m 26.64%	SP 7.41m 32.74%	DT 22.59m 29.41%	JT 14.68m 20.11%	WT 7.88m 33.39%
	1532	291	361	325	191	364

W35

1	Byrony Glass	50.41m 71.64%	11.12m 50.94%	33.04m 44.61%	12.21m 17.77%	17.01m 78.71%
	3403	1047	629	543	159	1025
3	Ali Matautia	19.47m 27.67%	9.04m 41.41%	23.09m 31.17%	21.10m 30.70%	9.20m 42.57%
	1973	307	488	349	334	495

W60

1	Kate Glass	32.84m 65.48%	9.20m 61.05%	23.39m 48.61%	19.39m 40.92%	12.32m 63.21%
	3594	941	781	602	474	796

W65

2	Bev Hamilton	25.60m 56.65%	8.04m 58.99%	21.52m 50.23%	19.41m 45.93%	10.62m 59.66%
	3454	791	750	626	543	744

MEN Throws Pentathlon**M30**

1	Greg Urbanowicz	39.19m 45.18%	12.61m 54.54%	35.92m 48.49%	34.58m 35.11%	14.40m 55.68%
	2789	499	643	582	364	701

M40

1	Mal Clarke	33.14m 42.99%	12.43m 59.87%	37.82m 56.23%	43.24m 47.69%	11.47m 48.34%
	3022	468	719	698	544	593

M45

2	Todd Davey	34.36m 49.11%	12.87m 66.93%	39.39m 64.07%	37.97m 45.17%	11.36m 51.38%
	3336	555	819	818	507	637

M55

1	Tom Gravestock	36.36m 55.10%	11.32m 62.20%	42.73m 64.04%	31.93m 43.38%	12.73m 55.25%
	3385	640	752	817	482	694