

2019 OCEANIA MASTERS ATHLETICS CHAMPIONSHIPS MACKAY

REVISED

EVENT GUIDE

**Saturday 31 August 2019 to
Saturday 7 September 2019**

(Information as at 17 January 2019)

Mackay is one of Australia's fastest growing, yet most idyllic regions, where lifestyle and prosperity are the daily currency and the world is increasingly gathering to meet, work and play. A fresh new event destination, Mackay boasts affordable world-class facilities and services with small town hospitality and excellence in customer service.

- Rainforests with Platypus viewing
- Spectacular salt and freshwater fishing
- The sparkling blue of the Pioneer River
- Spot migrating whales
- An impressive marina village with alfresco dining
- Admire Queensland's best collection of art deco architecture (20 lovingly restored heritage listed buildings)
- Southern Hemisphere's largest Coal Export Facility and largest bulk sugar terminal
- The gateway to the mining trail
- 120km from Airlie Beach – the gateway to the Great Barrier Reef

Climate

MONTH	MEAN TEMP (C)	HUMIDITY (%)	RAINFALL (MM)
August	22	14	30
September	25	16	15
October	27	20	38



Accessibility & Airport

Mackay is one of Queensland's most accessible regional destinations by air, road or rail.

Affordable and frequent air services into Mackay Airport with more than 110 flights to the region each from Brisbane, Rockhampton, Townsville and Cairns - serviced by Virgin Australia, QantasLink and Jetstar airlines. Mackay Airport is located 5km kilometres from the Mackay CBD. Rail access is also available via Queensland Railways "Spirit of Queensland" train service which travels the state's coastline from Cairns to Brisbane and all regions in between.

Accommodation Options

The Mackay Tourism Information link on the event website has a list of accommodation options and contacts

Looking for more information?

-  facebook.com/oceaniamastersathleticschampionships2019
-  athleticsnorthqld.org.au/Oceania-Masters-Athletics-Championships-2019
-  oceaniamastersathletics2019@gmail.com
-  (+61) 0419 66 11 91



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Mackay Aquatic, Sport & Recreational Centre

The new \$24 million dollar Mackay Aquatic, Sport & Recreational Centre commenced development at CQUniversity Mackay's Ooralea Campus in Mackay, Queensland, Australia and is located 7km from the Mackay CBD. The precinct is due for completion in February 2019.



IAAF Class 2 Athletics Facility consisting of:

- a synthetic surface running track consisting of an eight lane x 400 metre track, a nine lane 113 metre main sprint straight and an eight lane 103 metre secondary sprint straight;
- four long jump pits and two triple jump options;
- a steeplechase water jump;
- one discus circle; •one discus/hammer circle;
- three shot put circles; •two javelin runways;
- two high jump fans;
- one dual pole vaulting runway



Aquatic Centre consisting of:

- one 50 metre, 10 lane outdoor heated competition pool;
- one 25 metre, 6 lane covered heated warm-up program pool;
- one 15 metre, 5 lane covered heated pool

Program / Dates

Events in Red indicate update in program.

Day 1—Saturday 31 August

Registration
5000m
Weight Throw (Men & Women)
Triple Jump (Men & Women)
OMA Annual General Meeting

Day 2—Sunday 1 September

Opening Ceremony
10km Road Walk
Heptathlon—Day 1
Decathlon—Day 1
60m Heats & Finals
800m Heats
Long Hurdles
Hammer (Women)
Discus (Men)

Day 3—Monday 2 September

Heptathlon—Day 2
Decathlon—Day 2
800m Finals
Sprint Hurdles
Shot Put (Women)
Hammer (Men)

Day 4—Tuesday 3 September

6/8km Cross Country
100m Heats & Finals
200m Heats
5000m Track Walk
Long Jump (Women)
High Jump (Men)
Javelin (Men & Women)
Discus (Women)
Shot Put (Men)
Formal Dinner

Day 5—Wednesday 4 September

Rest Day—No Scheduled Events

Day 6—Thursday 5 September

Pentathlon (Men)
Throws Pentathlon (Women)
200m Finals
400m Heats
Steeplechase
Long Jump (Men)
High Jump (Women)

Day 7—Friday 6 September

Pentathlon (Women)
Throws Pentathlon (Men)
400m Finals
3000m Race Walk
1500m
4 x 100m Relays
Medley Relays (800/400/200/200)
Pole Vault (Men and Women)
Closing Ceremony

Day 8—Saturday 7 September

Half Marathon

These events have been timetabled on these days but may change due to the number of entries received in events.

Event Registration & Fees

Registrations are taken online on the event website. Refer to the website for closing dates.

OMA Registration Fee AU\$40.00
Administration Fee AU\$50.00
Total Registration Fee AU\$90.00

Entry Fee per Event AU\$10.00

Entry Fee per Combined Event AU\$20.00
(Heptathlon, Decathlon, Pentathlon, Throw Pentathlon)