

SUPER WEIGHT

	Super Weight
Women	
30 - 49	15.88 (35lb)
50 -59	11.340 (25lb)
60 - 74	9.080 (20lb)
75+	7.260 (16lb)
Men	
30 - 49	25.4000 (56lb)
50 - 59	25.4000 (56lb)
60 -69	20.000 (44lb)
70 - 79	15.880 (35lb)
80+	11.340 (25lb)

The usual rules apply for this event regarding weighing the implements and measuring the distances. The event will be held using a Hammer circle and standard sector measurements. State and Australian records can be claimed.