

60m		Heat	semi	final		
	W40					
	Melissa Foster	8.13q	8.21			SR
	M50					
	Gregory Brennan	8.10				
	M55					
	Colin Smith	7.92q	7.93			
200m						
	W40					
	Melissa Foster	28.15Q	27.74			SR
	M50					
	Gregory Brennan	26.68				
	M55					
	Colin Smith	26.06q	26.16			SR
	M75					
	Robert Schickert	42.37				SR
400m						
	W45					
	Sharon Davis		61.90q	62.02	Bronze	SR
	M55					
	Colin Smith	58.14 Q	57.69			SR
800m						
	W45					
	Sharon Davis			2:18.01	Silver	SR Pending AR
1500m						
	M60					
	Roscoe McDonnell	5:27.96				
3000m						
	M60					
	Roscoe McDonnell			11:45.31		SR
	M75					
	Bob Schickert			19:01.62		
60m hurdles						
	W40					
	Melissa Foster	9.67q		9.57		
3000m walk						
	W75					
	Lynne Schickert			24:23.12		
10km walk						
	W75					
	Lynne Schickert			1:25:20		
8km cc						
	M60					
	Roscoe McDonnell			35:34		
6km cc						
	M75					
	Robert Schickert			42:59		
10km						
	M60					
	Roscoe McDonnell			41:46		

	M75			
	Robert Schickert	1:07:53		
Half Mar				
	M60			
	Roscoe McDonnell	1:32:30		
High Jump				
	W75			
	Lynne Schickert	0.86m	SR	
Long Jump				
	W40			
	Melissa Foster	5.54m Gold	SR	Pending AR
Triple Jump				
	W40			
	Melissa Foster	11.54m	SR	Pending AR
Pentathlon				
	M50			
	Andrew Brooker	3292	SR	Pending AR
within Pentathlon				
60m hurdles		10.83	SR	
Long Jump		5.06m	SR	Pending AR
Shot		9.20m	SR	Pending AR
High Jump		1.63m	SR	Pending AR
1000m		0:03:09	SR	Pending AR