

Shelley

MAY 23, 2021
Director: Chris Maher



MASTERS ATHLETICS

Immaculate timing; two early-start 10km walkers finished their first 4km and returned to Shelley exactly when the main field set off. Courteous front-runners gave them room, of course so Elaine Dance and John Brambley (pictured right) were unscathed. Left, Delia Baldock receives her national Administrator of the Year award from President Richard Blurton.



AGE-GROUP LEADERS 10KM RUN



Roberto Busi M40 34:06

Martin O'Connell	M50	41:40
Mitch Cleasby	M60	42:32
Alex Tinniswood	M35	44:01
Bob Lane	M70	46:40
Akos Gyarmathy	M65	47:11
Peter Brooke	M55	54:22
David Baird	M75	54:27
Brett Montgomery	M45	54:59
WOMEN		
Karen March	W55	47:36
Lucinda Rowlinson	W50	47:50



Angela Hon W40 49:52

Vynka Cridge	W45	52:45
Julie Wilson	W65	54:36
Noelene Treen	W60	1:00:36

4KM RUN		
Drew Langford	M40	14:11
Gerrit Myburgh	M45	16:11
Prabuddha Nicol	M60	18:30
Ross Keane	M55	18:38
Marcus Callum	M50	20:01
Graeme Dahl	M70	20:55
Peter Hopper	M75	25:24

WOMEN		
Joanna Lloyd	W45	17:27
Margaret Saunders	W65	20:19
Denise Cleasby	W60	23:17
Anita Cipriano	W50	24:08

10KM WALK		
Johan Hagedoorn	M75	1:12:58
Andrew Thorpe	M65	1:17:15
WOMEN		
Elaine Dance	W70	1:24:59
Regina Crouch	W50	1:33:17

4KM WALK

Robin King	W60	29:48
Delia Baldock	W55	30:03
Peggy Macliver	W75	31:10
Alicia Edwards	W45	38:50
Roselyne Pillay	W70	41:12
Jo Richardson	W65	42:42

MEN



Haydn Gawne		
Mark Hewitt	M70	30:36
Paul Martin	M65	40:52
Bob Fergie	M75	41:59
	M85	43:13

THREATENING wind and rain was replaced by a calm and near-dry Shelley Foreshore Run and just over 100 athletes enjoyed the favourable conditions and the scenic pathway.

Spirits stayed high as the rain held off, with just a brief shower at the very end and some fast times were recorded on the flat, though winding course.

There was great support from the marshals and volunteers and feedback from the participants indicated a top morning of pleasant running.

Thanks again to my partner Amanda and all those who assisted, with special thanks to Jim Langford who fastidiously measured the out-and-back course.

Chris Maher.