

60m		time	wind		
W40	1 Melissa Foster	8.21	-2.1	Final	
W50	1 Mandy Mason	8.35	+0.0	Final	
W55	6 Sue Coate	9.45Q	-2.5	Prelims	
	8 Sue Coate	9.24	-0.3	Final	
W75	1 Brenda Painter	12.41	-2.1	Final	
M35	1 Gary Finegan	7.22	-3.2	Final	SR
M45	13 David Adams	8.78	-0.5	Prelims	
M55	6 Colin Smith	10.33	+1.2	Final	
M70	5 Harold Membrey	10.29	-1.5	Final	
100m					
W40	2 Melissa Foster	13.16	+0.1	Final	
W50	1 Mandy Mason	13.12	+0.0	Final	
W55	6 Sue Coate	14.57Q	+0.0	Prelims	
	7 Sue Coate	14.92	+0.9	Final	
W70	2 Brenda Painter	19.94	+0.1	Final	
M35	1 Gary Finegan	10.92	+1.1	Final	SR
M45	15 David Adams	13.93	NWI	Prelims	
M55	12 Colin Smith	17.22	+0.0	Prelims	
M70	4 Harold Membrey	16.38	+1.0	Final	
800m					
M45	6 David Adams	2:31.05			
M55	2 Uwe Pufke	2:14.18			
M85	1 David Carr	3:36.87			
5000m					
M45	6 David Adams	19:52.28			
M80	3 Bob Schickert	35:13.08			
Long Jump		distance	wind		
W40	1 Melissa Foster	5.69m	+0.0		
W55	4 Sue Coate	4.00m	-0.4		
W75	1 Brenda Painter	2.05m	-0.2		

W80

1 Lynne Schickert

2.11m

+0.0

Discus

W55 5 Sue Coate 24.64m

W75 2 Bev Hamilton 19.02m

Hammer

M45 1 John Fettus 40.83m

M65 3 Tom Gravestock 34.43m

M70 1 Ossi Igel 36.39m

5 Harold Membrey 23.09m

Javelin

M65 4 Tom Gravestock 28.25m

M70 3 Ossi Igel 30.16m

Shot

W40 2 Melissa Foster 8.81m

W55 4 Sue Coate 10.18m

W75 2 Bev Hamilton 7.35m

1500m Walk**time**

W80 1 Lynne Schickert 11:46.58

M70 2 John McDonagh 9:55.43