

**400m**

M45 8 David Adams 1:04.16

M50 5 Lee Stergiou 55.81

M55 3 Uwe Pufke 58.08

M85 1 David Carr 1:56.38

**1500m**

M45 4 David Adams 4:56.61

M55 3 Uwe Pufke 4:45.70

M85 1 David Carr 7:45.27

**Pole Vault**

W55 2 Sue Coate 2.20m

**Weight**

W75 1 Bev Hamilton 10.71m

**10km Road Wz**

W80 -- Lynne Schickert DQ

M70 11 John McDonagh 1:22:04

**Discus (within TP)**

M70 Ossi Igel 40.43m **SR**