



OCEANIA MASTERS ATHLETICS CHAMPIONSHIPS 2023



**SAIPAN, NORTHERN
MARIANA ISLANDS**



**22nd-26th June
2023**

For the first time in Oceania Masters History, the OMA Championships heads to the North Pacific into the Micronesia Region. Saipan is the largest island of the Northern Mariana Islands and it's characterized by sandy shores and mountainous landscape and is the perfect location for the Oceania Masters Athletics Championships 2023.

This tropical paradise offers white sandy beaches with crystal clear water and pure, fresh air. It is a throwback to a relaxed lifestyle coupled with modern hotels, incredible sights, adventurous activities, and shopping. Garapan is the epicentre of activities with many hotels, restaurants, bars, and shopping options.

The Chamorro and Carolinian are the indigenous people of the Marianas. With a friendly spirit, locals are warm and welcoming. Sunbathers, underwater explorers and history buffs will feel like they hit the jackpot in Saipan, the largest and most developed island of The Northern Marianas. Golden beaches and spectacular scuba diving are the primary draws of this U.S. territory, but they are complemented by excellent restaurants, hotels, nightspots, shopping, monuments and golf courses.

Saipan is brimming with historical sites. Evidence of ancient Chamorro and Carolinian civilizations can be seen in archaeological remains such as the pictographs in Kalabera Cave and the remnants of villages at Agingan Beach and other locations. Agingan is also the site of the wreck of a 17th century Spanish galleon. World War II history is everywhere, including at Micro Beach, where there are numerous bunkers and memorials. The Last Command Post houses the remnants of a cliff-side bunker used by the Japanese to defend themselves against the U.S. invasion. Memorials along both Suicide Cliff and the Banzai Cliff advocate world peace and commemorate the lives of Japanese soldiers and civilians who jumped to their deaths during the battle for Saipan.





HOW TO GET THERE:

Saipan has one International Airport (SPN) – the Francisco Ada or Saipan International Airport. Originally built by the Japanese Navy Air Service and commenced commercial operation in 1976.

The Major airlines operating out of Saipan are Delta Air Lines, Asiana Airlines, United Airlines, China Eastern, Jeju Air, Sichuan Airlines, Jin Air, PAL Express. With direct flights from cities in Japan, Korea, Hong Kong, China and Guam and the Philippines.

For those coming from the southern pacific, be it Australia, New Zealand, Fiji, there are options to go through Tokyo or Manila. Otherwise, travel via Hawaii and Guam is another option, especially if coming from Tahiti.

United Airlines offer the biggest services, with daily flights to and from Guam, as well as a new route direct from Tokyo. With the East Coast of Australia, Auckland and Nadi all flying directly into Tokyo, it's a chance to visit Japan on either the way over or on your return.

Whilst it is possible to travel all through in one go, it is recommended to have a layover, be it in Guam, Tokyo or Hawaii. For most travel itineraries, there is a long day layover on return from Saipan. If you can use miles or points to upgrade to Business, or can afford the extra costs, it will be well worth it.



CLIMATE:

Average year-round maximum temperature is 84 °F or 28.9 °C. There is little seasonal temperature variation, and Saipan has been cited by the Guinness Book of World Records as having the least fluctuating temperatures in the world. The drier season runs from December to June and the rainier season from July to November.



ACCOMMODATION & GROUND:

There are multiple options for accommodation to suit all budgets. Garapan has multiple options and is around 10 minutes by car to the track. Whilst there are options all over Saipan, the recommendation would be to hire car to be able to travel around the island.



EVENTS AND ENTRIES:

Entries will open in late 2022 and will close on May 18th, 2023.

60m, 100m, 200m, 400m, 800m, 1500m, 5000m, Short Hurdles, Long Hurdles, Steeplechase, Long Jump, Triple Jump, High Jump, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Weight Throw, 3000m Track Walk, 5000m Track Walk, Throws Pentathlon, Pentathlon, Heptathlon/Octathlon, 10km Road Walk, Cross Country, Half Marathon



ENTRY FEES:

Admin Fee:	100AUD
Event Entry:	10AUD
Mult Events	25AUD



INFORMATION & CONTACT US

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