

May 2023 Results

*This listing includes all events where members are known to have competed
All records are pending until ratified by the appropriate authorities*

CR = Club Record

SR = State Record

AR = Australian Record

WR = World Record

ECAC – 4 May

100m

| | | |
|-----------------------|-----|-------|
| Simon McGarvie | M55 | 14.51 |
| Dave Wilkie | M65 | 14.58 |
| David Adams | M45 | 15.12 |
| Emily Bailey | Vis | 15.47 |
| Milton Mavrick | M65 | 18.39 |
| Bob Schickert | M80 | 22.32 |
| David Gardiner (walk) | M75 | 30.50 |

300m

| | | |
|----------------|-----|-------|
| Simon McGarvie | M55 | 47.60 |
| Dave Wilkie | M65 | 54.27 |
| Julie Wilson | W65 | 76.36 |

800m

| | | |
|--------------|-----|---------|
| Nick Best | M45 | 2:10.34 |
| David Adams | M45 | 2:56.85 |
| Emily Bailey | Vis | 3:01.97 |
| John Bailey | M40 | 3:18.78 |
| Brian Hewitt | M65 | 3:47.15 |

1500m walk

| | | |
|-----------------|-----|----------|
| Lynne Schickert | W80 | 12:11.36 |
| David Gardiner | M75 | 12:11.69 |

3000m walk

| | | |
|-----------------|-----|------------|
| Lynne Schickert | W80 | 24:51.2(h) |
| Steve Travell | M65 | 27:25.72 |

1500m

| | | |
|-------------------|-----|---------|
| Evan Georgopoulos | M50 | 5:46.86 |
| David Adams | M45 | 5:58.89 |
| John Bailey | M40 | 6:34.94 |
| Karyn Tolardo | W55 | 7:00.66 |
| Brian Hewitt | M65 | 7:27.64 |
| Julie Wilson | W65 | 7:47.63 |
| Silke Peglow | W55 | 8:30.96 |
| Janne Wells | W55 | 8:42.10 |
| Steve Barrie | M60 | 8:59.34 |

3000m

| | | |
|-------------------|-----|------------|
| Evan Georgopoulos | M50 | 12:18.0(h) |
| David Adams | M45 | 13:14.42 |
| Julie Wilson | W65 | 16:00.24 |
| Milton Mavrick | M65 | 16:48.10 |
| Janne Wells | W55 | 17:40.45 |
| Silke Peglow | W55 | 19:21.10 |
| Steve Barrie | M60 | 19:49.91 |
| Bob Schickert | M80 | 20:42.52 |

ECAC – 11 May

100m

| | | |
|-----------------|-----|-------|
| Dominic Lagat | M35 | 12.79 |
| Dave Wilkie | M65 | 14.98 |
| David Adams | M45 | 15.36 |
| Naomi Lagat | W35 | 15.91 |
| Dayna Lagat | Vis | 17.51 |
| Bradley Hollins | M45 | 18.65 |
| Mike Anderson | M75 | 24.50 |

200m

| | | |
|-----------------|-----|-------|
| Dominic Lagat | M35 | 27.51 |
| Dave Wilkie | M65 | 31.01 |
| Naomi Lagat | W35 | 33.69 |
| Bradley Hollins | M45 | 37.21 |

| | | |
|----------------|-----|-------|
| Milton Mavrick | M65 | 39.08 |
| Bob Schickert | M80 | 44.01 |
| Greg Drew | Vis | 47.90 |
| Gerard Wallen | M30 | 53.62 |
| Mike Anderson | M75 | 54.41 |

400m

| | | |
|-----------------------|-----|---------|
| Dominic Lagat | M35 | 60.93 |
| Naomi Lagat | W35 | 83.16 |
| Bradley Hollins | M45 | 88.57 |
| Larissa Lagat | Vis | 1:31.05 |
| Greg Drew | Vis | 1:47.66 |
| Gerard Wallen | M30 | 1:49.82 |
| David Gardiner (walk) | M75 | 2:53.20 |

3000m walk

| | | |
|-----------------------|-----|----------|
| Fiona van Heerwaarden | W45 | 21:02.87 |
| Lynne Schickert | W80 | 25:26.57 |

3000m

| | | |
|----------------|-----|----------|
| Andrew Davison | M55 | 12:14.64 |
| Dominic Lagat | M35 | 12:58.01 |
| Dave Solomon | Vis | 14:08.95 |
| Dayna Lagat | Vis | 14:28.87 |
| Naomi Lagat | W35 | 14:29.96 |
| Julie Wilson | W65 | 15:43.30 |
| Steve Barrie | M60 | 19:49.38 |
| Gerard Wallen | M30 | 19:58.36 |
| Bob Schickert | M80 | 20:17.08 |

1000m

| | | |
|-------------------|-----|---------|
| Dominic Lagat | M35 | 3:13.91 |
| Simon McGarvie | M55 | 3:14.23 |
| Evan Georgopoulos | M50 | 3:35.36 |
| Andrew Davison | M55 | 3:37.49 |
| David Adams | M45 | 3:38.97 |
| Steve Hossack | M60 | 3:48.01 |
| Dayna Lagat | Vis | 3:49.46 |
| Bradley Hollins | M45 | 4:11.81 |
| Larissa Lagat | Vis | 4:14.00 |
| Karyn Tolardo | W55 | 4:30.30 |
| Julie Wilson | W65 | 4:52.10 |
| Greg Drew | Vis | 5:21.47 |
| Gerard Wallen | M30 | 5:25.62 |
| Steve Barrie | M60 | 5:55.89 |

1000m walk

| | | |
|-----------------------|-----|---------|
| Fiona van Heerwaarden | W45 | 6:08.97 |
| David Gardiner | M75 | 7:36.08 |
| Lynne Schickert | W80 | 7:45.35 |

| | | |
|-------------------|-----|----------|
| 5000m | | |
| Evan Georgopoulos | M50 | 21:02.86 |
| Steve Hossack | M60 | 21:36.58 |
| David Adams | M45 | 21:39.06 |
| Bradley Hollins | M45 | 27:52.70 |
| Milton Mavrick | M65 | 29:34.44 |

| | | |
|-------------------|-----|----------|
| 5000m walk | | |
| Karyn Tolardo | W55 | 30:50.25 |

ECAC – 18 May

| | | |
|-----------------------|-----|-------|
| 100m | | |
| Dave Wilkie | M65 | 14.85 |
| David Adams | M45 | 15.58 |
| Milton Mavrick | M65 | 18.26 |
| Mateo van Heerwaarden | Vis | 18.57 |
| Brian Hewitt | M65 | 20.35 |
| Bob Schickert | M80 | 20.82 |
| Mike Anderson | M75 | 23.97 |

| | | |
|-----------------------|-----|-------|
| 300m | | |
| Noah Bailey | Vis | 41.99 |
| Mateo van Heerwaarden | Vis | 66.81 |

| | | |
|-------------------|-----|---------|
| 1 mile | | |
| Noah Bailey | Vis | 5:04.22 |
| Evan Georgopoulos | M50 | 6:04.08 |
| Mark Pisano | Vis | 6:15.71 |
| David Adams | M45 | 6:31.42 |
| John Bailey | M40 | 6:48.48 |
| Mercurio Cicchini | M70 | 7:23.03 |
| Karyn Tolardo | W55 | 7:34.90 |
| Julie Wilson | W70 | 8:15.02 |
| Brian Hewitt | M65 | 8:25.26 |

| | | |
|-----------------------|-----|----------|
| 1 mile walk | | |
| Fiona van Heerwaarden | W45 | 10:06.04 |
| Lynne Schickert | W80 | 13:22.83 |

| | | |
|-----------------------|-----|---------|
| 800m | | |
| Emily Bailey | Vis | 2:58.98 |
| Andrew Davison | M55 | 2:59.63 |
| Dave Wilkie | M65 | 3:26.68 |
| Mateo van Heerwaarden | Vis | 3:26.77 |

| | | |
|-------------------|-----|----------|
| 3000m | | |
| Evan Georgopoulos | M50 | 11:47.30 |
| Andrew Davison | M55 | 11:51.49 |
| David Adams | M45 | 12:15.12 |
| Mark Pisano | Vis | 13:00.81 |
| Dave Solomon | Vis | 14:10.05 |
| Julie Wilson | W70 | 15:42.26 |
| Milton Mavrick | M65 | 16:42.87 |
| Janne Wells | W55 | 18:11.85 |
| Bob Schickert | M80 | 20:35.61 |

| | | |
|-----------------------|-----|----------|
| 3000m walk | | |
| Karyn Tolardo | W55 | 18:32.68 |
| Fiona van Heerwaarden | W45 | 20:05.93 |
| Lynne Schickert | W80 | 24:54.29 |
| Glenys Duncan | W80 | 27:49.01 |

ECAC – 25 May

| | | |
|-----------------------|-----|-------|
| 60m | | |
| Dominic Lagat | M35 | 8.65 |
| Emily Bailey | Vis | 9.13 |
| Dave Wilkie | M65 | 9.29 |
| David Adams | M45 | 9.41 |
| Terri Carr | W60 | 13.44 |
| Kevin Collins | M55 | 13.54 |
| David Gardiner (walk) | M75 | 16.68 |

| | | |
|-----------------------|-----|-------|
| 200m | | |
| Dominic Lagat | M35 | 30.06 |
| Dave Wilkie | M65 | 31.46 |
| Bob Schickert | M80 | 44.37 |
| Jackie Halberg | W75 | 47.64 |
| Terri Carr | W60 | 51.59 |
| David Gardiner (walk) | M75 | 79.60 |

| | | |
|---------------|-----|-------|
| 400m | | |
| Dominic Lagat | M35 | 65.03 |
| Dave Wilkie | M65 | 86.46 |

| | | |
|----------------|-----|----------|
| 5000m | | |
| Mark Maslen | M45 | 17:02.29 |
| Andrew Davison | M55 | 19:55.01 |
| David Adams | M45 | 21:11.94 |
| Mark Pisano | Vis | 22:59.34 |
| Brian Hewitt | M65 | 29:35.67 |

| | | |
|---------------|-----|----------|
| 3000m | | |
| Dominic Lagat | M35 | 11:38.08 |
| Naomi Lagat | W35 | 13:51.56 |
| Julie Wilson | W70 | 15:32.35 |
| Bob Schickert | M80 | 20:27.69 |

| | | |
|-----------------|-----|---------|
| 1000m | | |
| Dominic Lagat | M35 | 3:19.26 |
| Mark Pisano | Vis | 3:28.25 |
| Hannah Maslen | Vis | 3:35.09 |
| Dayna Lagat | Vis | 3:42.85 |
| David Adams | M45 | 3:43.96 |
| Naomi Lagat | W35 | 3:48.18 |
| Larissa Lagat | Vis | 3:53.71 |
| Emily Bailey | Vis | 3:57.11 |
| Sue Coate | W55 | 3:58.66 |
| John Bailey | M40 | 4:00.35 |
| Jenn Parker | W50 | 4:05.75 |
| Barbara Blurton | W70 | 4:30.62 |
| Karyn Tolardo | W55 | 4:33.28 |
| Brian Hewitt | M65 | 4:35.17 |
| Carol Bowman | W65 | 4:47.65 |
| Julie Wilson | W70 | 4:48.85 |
| Colin Smith | M60 | 5:11.34 |
| David Carr | M90 | 8:07.51 |

| | | |
|-------------------|-----|---------|
| 1000m walk | | |
| David Gardiner | M75 | 7:36.27 |
| Lynne Schickert | W80 | 8:00.30 |

| | | |
|-------------------|-----|----------|
| 5000m walk | | |
| Karyn Tolardo | W55 | 31:03.60 |

| | | |
|-------------------|-----|----------|
| 3000m walk | | |
| Lynne Schickert | W80 | 24:48.08 |
| Glenys Duncan | W80 | 26:54.46 |

Bunbury – 27 May

Throws pentathlon

| | | Hammer | Shot | Discus | Javelin | Weight |
|----------------|--------------|---------------|-------------|---------------|----------------|---------------|
| Jenn Parker | W50 | 35.19 | 9.04 | 29.31 | 22.99 | 10.55 |
| | | 607 | 545 | 614 | 459 | 531 |
| | Total points | 2756 | | | | |
| Sue Coate | W55 | 20.58 | 9.71 | 23.29 | 27.55 | 7.52 |
| | | 356 | 660 | 525 | 644 | 392 |
| | Total points | 2577 | | | | |
| Sharon Moloney | W60 | 26.62 | 7.44 | 19.18 | 14.74 | 9.02 |
| | | 559 | 533 | 471 | 348 | 447 |
| | Total points | 2358 | | | | |
| Paula Kennedy | W55 | 28.69 | 8.55 | 18.50 | 16.08 | 8.14 |
| | | 537 | 566 | 396 | 338 | 433 |
| | Total points | 2270 | | | | |
| Ruth Johnson | W80 | 19.94 | 5.34 | 11.07 | 9.86 | 6.91 |
| | | 536 | 584 | 373 | 349 | 467 |
| | Total points | 2209 | | | | |
| Harold Membrey | M70 | 25.80 | 7.58 | 19.93 | 16.17 | 10.71 |
| | | 424 | 478 | 336 | 232 | 508 |
| | Total points | 1978 | | | | |
| Andrea Penny | W45 | 13.34 | 4.34 | ND | 9.74 | 4.66 |
| | | 181 | 223 | 0 | 145 | 199 |
| | Total points | 746 | | | | |

Long Jump

| | | |
|---------------|-----|------|
| Jenn Parker | W50 | 4.20 |
| Sue Coate | W55 | 4.07 |
| Ruth Johnson | W80 | 2.70 |
| Paula Kennedy | W55 | 2.70 |