

SAFETY CHECKLIST FOR RACE DIRECTORS RISK MANAGEMENT

- Tell the committee of significant changes to a course one month in advance
Course changes may need clearance with the local authority
- Tell the committee of any special safety concerns as soon as possible
- Course inspected for hazards one week prior to the event
- Race briefing to advise competitors of any hazards or concerns eg rough underfoot, road or creek crossings
- When temperature is above 24 degrees the race and marshal briefings are to include a warning to look out for anyone showing signs of heat stress
- Drink stations to be within 5 km when temperature at event time is 24 degrees or below. To be within 3 km when temperature is over 24 degrees
- Remind competitors that we use shared paths, to be courteous to all other path users, to beware of cyclists and dogs and follow marshals directions
- All marshals to wear Hi Vis vests. Put your best helpers on the bar code scanning
- Marshals at all road crossings. Put a good helper at the key turn or crossing
- Brief all marshals before event. Marshals are not authorised to stop traffic: runners must be stopped if vehicles approach
- Marshals to have the Race Director mobile number in case of emergency. Race Director is to carry a mobile phone with the phone numbers of the marshals
- Confirm that turn arounds are safe. No turn arounds on Windan Bridge
- Finishing lines/areas to be located away from public use, roads/paths/tracks so competitors do not hinder public
- Make the finishing chute with cones not the traditional metal poles. Too many local authorities have banned use of stakes.
- Make yourself familiar with the MAWA Risk Management Plan which is on the website under the 'About Us' Tab
- If you are the only Race Director do not do a helper task. Keep yourself free to react to incidents.