

**10,000m**

<b>W45</b>	Clare Wardle	41:35.32	
<b>W55</b>	Claudia Seke	42:35.38	<b>SR</b>
	Rochelle Airey	52:19.43	
	Silke Peglow	1:04:11.29	
	Janne Wells	1:05:43.90	
<b>W70</b>	Isolde Tietz	1:15:19.18	
<b>M30</b>	Ben Trowbridge	41:14.60	
	Hayden McGregor	DNF	
<b>M35</b>	Mike Lawson	35:28.29	
<b>M40</b>	Zane Walsh	39:36.52	
	Tommy Glackin	42:58.97	
<b>M45</b>	Piero Moraro	35:43.57	
	David Adams	44:00.11	
<b>M50</b>	Kim Thomas	42:43.74	
	Scott Claxton	44:59.43	
	John Miolini	49:46.68	
<b>M55</b>	Glenn Rogers	42:30.20	
	Kevin Murphy	44:51.07	
	Tristan Bell	45:09.20	
	Paul Every	53:56.87	
<b>M60</b>	Patrick Maslen	42:23.05	
	David Colvin	51:35.61	
	Mark Dawson	53:56.74	
	Steve Barrie	1:13:27.51	
<b>M65</b>	Richard Harris	44:09.09	
	Paul Scott	47:45.89	
	Frank Keaney	51:55.05	
	Bob Colligan	52:54.71	
<b>M70</b>	Giovanni Puglisi	46:16.81	
	Mercurio Cicchini	52:05.28	
<b>M75</b>	Keith Miller	51:04.50	
	Bob Hull	58:37.14	
	Jim Langford	1:06:18.41	

<b>M80</b>	Bert Carse	1:07:13.76
	Bob Schickert	1:14:45.74

<b>M85</b>	Fred Smart	1:03:46.26
	Morland Smith	1:21:45.29