

5000m**W30**

1	Michelle Hunter	18:58.73
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W40

1	Storm Hurst	26:23.58
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W45

1	Clare Wardle	19:35.20
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W50

1	Lizelle Smith	22:42.92
2	Elizabeth Clennell	26:54.79

W55

1	Niamh Keane	22:42.95
2	Rochelle Airey	24:26.85
3	Silke Peglow	29:42.59
4	Janne Wells	29:49.60

W60

1	Sue Zlnay	22:18.88
2	Lori Sexton	26:38.29

W65

1	Gayle Craft	29:58.08
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W70

1	Julie Wilson	26:56.73
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M30

1	Ben Trowbridge	17:59.27
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M35

1	Mike Lawson	16:21.16
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M45

1	Mark Maslen	17:58.44
2	Andy Roach	20:30.02
3	Chris Owen	21:31.49

M50

1	Alan Stabler	17:56.77
2	Kim Thomas	19:00.15
3	Nick Moore	19:06.35
4	Michael Brophy	19:16.19
5	Scott Claxton	21:16.68
6	John Miolini	23:16.92
7	Xinhuan Yan	23:39.46

M55

1	Glenn Rogers	19:47.47
2	Kevin Murphy	20:58.22

M60

1	Anthony Grendon	18:50.66
2	Mike Haederle	20:02.88
3	Patrick Maslen	20:42.07
4	Stephen Helm	21:05.28
5	Nigel Bancroft	21:37.07
6	Steve Hossack	21:51.29
7	Bernard Candy	22:57.88
8	Jacques Maniacara	23:17.72
9	Blakeney Tindall	23:57.94
10	Mark Dawson	28:32.89
11	Steve Barrie	33:24.38

M65

1	Paul Scott	22:52.54
2	Frank Keaney	24:26.31
3	Bruce McGeorge	34:20.47

M70

1	Giovanni Puglisi	21:59.91
2	Mercurio Cicchini	24:35.95
3	Michael Lee	25:07.62
4	Brian Hewitt	26:35.59

M75

1	Keith Miller	24:32.45
2	Bob Hull	25:00.32
3	Brian Bennett	29:11.23
4	Jim Langford	29:15.15

M80

1	Bob Schickert	36:12.48
	--Bert Carse	DNF

M85

1	Fred Smart	29:27.48
2	Morland Smith	38:02.59

High Jump**W55**

1	Jenn Parker	1.27m
2	Sue Coate	1.21m

W70

1	Gay Wyatt	1.04m
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W75
1 Brenda Painter 0.89m

W80
1 Lynne Schickert 0.95m
2 Luella Jenkins 0.89m

M30
1 Paul Wilmot 1.40m

M35
-- Stephen Edwards NH

M45
1 Chris Owen 1.25m

M50
1 Jonathan Lester 1.55m
2 Daniel Mostert 1.45m

M55
1 Kevin Collins 0.85m

M60
1 Nigel Bancroft 1.30m

M65
1 Dave Wilkie 1.40m

M75
1 Phil Smyth 1.25m
2 Greg Kennedy 1.20m
3 Greg Wilson 1.20m

Pentathlon

		100m	SP	LJ	JT	800m
W55						
1	Sue Coate	14.94 w:-0.1	9.70m	4.24m w:-1.0	30.14m	2:57.96
	3527	762	659	700	714	692
2	Jenn Parker	14.74 w:-0.1	9.73m	4.30m w:-0.7	21.54m	2:57.12
	3361	792	662	723	483	701
W75						
2	Brenda Painter	23.03 w:-0.1	5.15m	1.84m w:+1.0	11.11m	7:22.43
	1076	220	391	126	339	0

		LJ	JT	200m	DT	1500m
M40						
1	Tyne Timmers	4.62m w:+1.9	30.65m	26.63 w:-2.7	27.04m	4:48.55
	2467	394	361	584	416	712

M45						
1	David Adams	3.54m w:+1.5	11.79m	29.81 w:-2.7	11.91m	5:20.82
	1459	222	86	421	143	587

M50						
1	Brad Schirmer	4.56m w:-2.1	34.30m	27.69 w:-2.7	26.82m	6:23.46
	2372	502	473	640	406	351

M60						
1	Lou Daniel	2.96m w:+1.4	23.20m	36.47 w:-2.7	24.84m	8:47.64
	1174	222	323	233	347	49

M65						
1	Dave Wilkie	3.97m w:+1.5	23.15m	33.01 w:+0.0	21.52m	7:26.58
	2047	556	372	483	325	311
2	Des Walsh	3.13m w:+0.0	19.46m	36.32 w:+0.0	24.61m	13:04.30
	1292	312	293	299	388	0
	--Tom Gravestock	3.42m w:-1.9	DNS			
	DNF	392				

M70						
1	Michael Byrne	3.12m w:+0.0	14.40m	31.66 w:-2.7	16.55m	6:01.95
	2211	367	194	641	261	748

M75						
1	Greg Kennedy	3.10m w:+2.0	16.86m	36.61 w:+0.0	17.26m	9:33.59
	1575	429	298	414	325	109
2	Ivan Brown	2.35m w:+0.4	14.34m	42.60 w:+0.0	14.25m	8:29.96
	1099	201	235	151	250	262

Throws Pentathlon

		HT	SP	DT	JT	WT
W55						
1	Sue Coate	22.82m	9.41m	21.90m	29.82m	7.69m
	2636	406	635	487	705	403
2	Jenn Parker	29.79m	8.85m	24.51m	20.53m	8.65m
	2632	562	590	558	456	466
3	Paula Kennedy	25.97m	8.71m	18.23m	17.56m	9.82m
	2364	476	579	389	377	543

W60						
1	Sharon Moloney	23.96m	7.07m	18.54m	12.48m	9.30m
	2190	492	501	451	282	464

W75

1	Bev Hamilton	22.01m	6.87m	17.04m	9.72m	7.89m
	2344	<i>503</i>	<i>562</i>	<i>531</i>	<i>286</i>	<i>462</i>

W80

1	Luella Jenkins	19.14m	6.65m	16.46m	17.22m	9.71m	SR - Javelin
	3129	<i>510</i>	<i>634</i>	<i>606</i>	<i>679</i>	<i>700</i>	

M55

1	Paul Foley	34.56m	10.00m	34.10m	36.30m	11.78m
	2956	<i>551</i>	<i>632</i>	<i>605</i>	<i>570</i>	<i>598</i>

M60

1	Andrew Ward	30.01m	9.48m	37.55m	37.79m	11.17m
	2766	<i>459</i>	<i>583</i>	<i>589</i>	<i>613</i>	<i>522</i>

M70

1	Jo Peters	42.74m	12.15m	41.28m	33.44m	16.83m
	3945	<i>781</i>	<i>841</i>	<i>839</i>	<i>619</i>	<i>865</i>
2	Harold Membrey	23.82m	7.96m	20.00m	16.16m	10.49m
	1956	<i>383</i>	<i>508</i>	<i>338</i>	<i>232</i>	<i>495</i>

M75

1	Greg Wilson	20.98m	8.09m	26.69m	20.73m	9.58m
	2421	<i>379</i>	<i>584</i>	<i>568</i>	<i>395</i>	<i>495</i>