

| 60m | | | time/distance | wind |
|-------------|---|-----------------|----------------------|-------------------|
| W55 | 1 | Mandy Mason | 8.00 | +0.2 |
| W70 | 1 | Maureen Keshwar | 10.16 | +0.2 |
| | 4 | Barb Wilson | 11.49 | +0.2 |
| W75 | 4 | Brenda Painter | 13.51 | -0.4 |
| M60 | 8 | Ken Wilkins | 10.44 | -0.3 |
| M65 | 5 | Dave Wilkie | 9.80 | -0.7 |
| M70 | 4 | Harold Membrey | 10.17 | -0.6 |
| 100m | | | | |
| W55 | 1 | Mandy Mason | 12.26 | -1.0 |
| M60 | 9 | Ken Wilkins | 16.93 | +1.5 |
| M65 | 2 | Campbell Till | 13.53 | +1.4 |
| M70 | 3 | Harold Membrey | 15.98 | +0.5 |
| 200m | | | | |
| W70 | 1 | Barbara Blurton | 33.73 | -0.5 |
| M65 | 1 | Campbell Till | 27.81 | +0.5 |
| M70 | 4 | Harold Membrey | 34.88 | +0.6 |
| 400m | | | | |
| W55 | 1 | Mandy Mason | 57.86 | Pending WR |
| W65 | 3 | Carol Bowman | 1:30.09 | |
| W70 | | Barbara Blurton | DNF | |
| M55 | 7 | Uwe Pufke | 61.05 | |
| M65 | 2 | Campbell Till | 62.83 | |
| 800m | | | | |
| W55 | 4 | Jacqui McQueen | 4:00.95 | |
| M40 | 3 | Tyne Timmers | 2:12.72 | |
| M55 | 4 | Uwe Pufke | 2:23.64 | |
| | 5 | Simon McGarvie | 2:32.59 | |
| M60 | 1 | Anthony Grendon | 2:17.15 | |

| | | | |
|-----|---|---------------|---------|
| M80 | 2 | Bob Schickert | 4:41.85 |
|-----|---|---------------|---------|

1500m

| | | | |
|-----|---|----------------|---------|
| W55 | 2 | Jacqui McQueen | 7:58.33 |
|-----|---|----------------|---------|

| | | | |
|-----|---|--------------|---------|
| W70 | 1 | Julie Wilson | 7:30.24 |
|-----|---|--------------|---------|

| | | |
|---|----------------|---------|
| 2 | Carey Dickason | 8:30.27 |
|---|----------------|---------|

| | | | |
|-----|---|--------------|---------|
| M40 | 4 | Tyne Timmers | 4:48.68 |
|-----|---|--------------|---------|

| | | | |
|-----|---|----------------|---------|
| M55 | 6 | Simon McGarvie | 5:10.54 |
|-----|---|----------------|---------|

| | | | |
|-----|---|-----------------|---------|
| M60 | 1 | Anthony Grendon | 4:41.93 |
|-----|---|-----------------|---------|

| | | | |
|-----|---|---------------|---------|
| M80 | 2 | Bob Schickert | 9:52.22 |
|-----|---|---------------|---------|

5000m

| | | | |
|-----|---|----------------|----------|
| W45 | 2 | Vanessa Carson | 21:26.53 |
|-----|---|----------------|----------|

| | | | |
|-----|---|-----------|----------|
| W60 | 5 | Sue Zlnay | 22:22.04 |
|-----|---|-----------|----------|

| | | |
|---|-------------|----------|
| 9 | Lori Sexton | 26:18.02 |
|---|-------------|----------|

| | | | |
|-----|---|--------------|----------|
| W70 | 1 | Julie Wilson | 26:52.46 |
|-----|---|--------------|----------|

| | | | |
|-----|---|----------------|----------|
| M55 | 3 | Simon McGarvie | 19:59.59 |
|-----|---|----------------|----------|

| | | | |
|-----|---|---------------|----------|
| M80 | 2 | Bob Schickert | 36:32.62 |
|-----|---|---------------|----------|

10000m

| | | | |
|-----|---|-----------|----------|
| W60 | 1 | Sue Zlnay | 47:15.05 |
|-----|---|-----------|----------|

| | | |
|---|-------------|----------|
| 3 | Lori Sexton | 55:21.10 |
|---|-------------|----------|

1500m walk

| | | | |
|-----|---|---------------|---------|
| W35 | 1 | Melissa Lewis | 7:19.82 |
|-----|---|---------------|---------|

SR

| | | | |
|-----|---|---------------|---------|
| W55 | 1 | Karyn Tolardo | 8:35.13 |
|-----|---|---------------|---------|

| | | | |
|-----|---|--------------|----------|
| W70 | 2 | Julie Wilson | 10:23.42 |
|-----|---|--------------|----------|

| | | | |
|-----|---|-----------------|----------|
| W80 | 3 | Lynne Schickert | 11:56.89 |
|-----|---|-----------------|----------|

| | | | |
|-----|---|--------------|---------|
| M60 | 3 | Garry Hastie | 8:32.08 |
|-----|---|--------------|---------|

| | | | |
|-----|---|---------------|---------|
| M75 | 2 | John McDonagh | 9:54.10 |
|-----|---|---------------|---------|

5000m walk

| | | | |
|-----|---|---------------|----------|
| W35 | 1 | Melissa Lewis | 26:49.57 |
|-----|---|---------------|----------|

| | | | |
|-----|---|---------------|----------|
| W55 | 1 | Karyn Tolardo | 29:58.73 |
|-----|---|---------------|----------|

| | | | | |
|----------------------|---|-----------------|----------|---------|
| W65 | 1 | Lyn Ventris | 28:37.28 | |
| W80 | 2 | Lynne Schickert | 42:24.35 | |
| M75 | 2 | John McDonagh | 37:31.97 | |
| 80m hurdles | | | | |
| W55 | 1 | Jenn Parker | 14.82 | +0.1 SR |
| W60 | 3 | Carrie Francis | 20.82 | +0.7 |
| 100m hurdles | | | | |
| M65 | 2 | Dave Wilkie | 21.91 | +2.1 |
| 300m hurdles | | | | |
| W55 | 1 | Jenn Parker | 55.12 | |
| | 2 | Sue Coate | 62.28 | |
| M65 | 2 | Dave Wilkie | 64.02 | |
| M70 | 2 | Harold Membrey | 82.66 | |
| 400m hurdles | | | | |
| M40 | 3 | Tyne Timmers | 69.69 | |
| M55 | 6 | Roger Parenzee | 84.13 | |
| 2000m steeple | | | | |
| W55 | 1 | Sue Coate | 9:32.27 | |
| | 3 | Jacqui McQueen | 11:52.61 | |
| W65 | 1 | Carol Bowman | 12:34.35 | |
| W70 | 1 | Julie Wilson | 11:10.21 | |
| W80 | 1 | Lynne Schickert | 19:32.89 | |
| M70 | 3 | Harold Membrey | 12:32.26 | |
| M80 | 1 | Bob Schickert | 15:30.54 | |
| Long Jump | | | | |
| W45 | 1 | Melissa Foster | 5.39m | -0.6 |
| W55 | 1 | Jenn Parker | 4.57m | +0.0 |
| | 4 | Sue Coate | 3.87m | +0.0 |
| W70 | 1 | Barb Wilson | 2.86m | -1.6 |
| | 4 | Carey Dickason | 2.06m | -0.4 |

| | | | | |
|-----|---|-----------------|-------|------|
| W75 | 4 | Brenda Painter | 1.85m | -1.0 |
| W80 | 1 | Lynne Schickert | 1.82m | +1.9 |
| M65 | 2 | Dave Wilkie | 3.63m | -0.9 |

Triple Jump

| | | | | |
|-----|---|-----------------|--------|----------------|
| W45 | 1 | Melissa Foster | 11.69m | +0.6 |
| W55 | 1 | Jenn Parker | 9.26m | -0.2 SR |
| | 2 | Sue Coate | 8.44m | +0.0 |
| W70 | 1 | Barb Wilson | 6.39m | -1.1 |
| | 3 | Carey Dickason | 4.92m | -0.1 |
| W75 | 3 | Brenda Painter | 4.61m | +0.0 |
| W80 | 1 | Lynne Schickert | 4.52m | -1.4 |
| M65 | 2 | Dave Wilkie | 7.30m | +0.0 |

High Jump

| | | | |
|-----|---|-----------------|-------|
| W55 | 2 | Jenn Parker | 1.36m |
| | 4 | Sue Coate | 1.24m |
| W75 | 2 | Brenda Painter | 0.86m |
| W80 | | Lynne Schickert | NH |
| M65 | 2 | Dave Wilkie | 1.39m |
| M75 | 1 | Greg Wilson | 1.21m |

Pole Vault

| | | | |
|-----|---|-------------|-------|
| W55 | 1 | Sue Coate | 2.10m |
| M65 | 2 | Dave Wilkie | 2.10m |

Discus

| | | | |
|-----|---|--------------------|--------|
| W55 | 4 | Jenn Parker | 27.38m |
| W70 | 1 | Maureen Keshwar | 19.40m |
| | 3 | Barb Wilson | 15.60m |
| | 6 | Christina Faithful | 12.98m |
| W75 | 4 | Bev Hamilton | 17.56m |
| M50 | 1 | John Fettus | 39.98m |

| | | | | |
|-----|----|----------------|--------|-----------|
| M60 | 10 | Ken Wilkins | 22.83m | |
| M65 | 2 | Tom Gravestock | 37.26m | |
| | 9 | Barry Francis | 16.79m | |
| M70 | 1 | Jo Peters | 42.10m | |
| M75 | 3 | Greg Wilson | 25.27m | |
| M90 | 1 | Jim Davis | 18.99m | SR |

Hammer

| | | | | |
|-----|---|--------------------|--------|-----------|
| W55 | 2 | Jenn Parker | 34.50m | |
| W70 | 3 | Carey Dickason | 18.03m | |
| | 5 | Christina Faithful | 12.67m | |
| W75 | 5 | Bev Hamilton | 19.94m | |
| M50 | 1 | John Fettus | 42.82m | |
| M65 | 3 | Tom Gravestock | 33.45m | |
| M70 | 2 | Jo Peters | 43.23m | |
| | 6 | Harold Membrey | 23.65m | |
| M75 | 5 | Greg Wilson | 23.24m | |
| M90 | 1 | Jim Davis | 23.52m | SR |

Javelin

| | | | | |
|-----|----|--------------------|--------|--|
| W55 | 1 | Sue Coate | 29.31m | |
| W70 | 3 | Barb Wilson | 15.83m | |
| | 4 | Maureen Keshwar | 14.82m | |
| | 6 | Christina Faithful | 13.28m | |
| W75 | 5 | Brenda Painter | 11.28m | |
| | 7 | Bev Hamilton | 10.06m | |
| M60 | 1 | Garry Hastie | 36.11m | |
| | 10 | Ken Wilkins | 26.33m | |
| M70 | 2 | Jo Peters | 34.71m | |
| M75 | 5 | Greg Wilson | 20.61m | |
| M90 | 2 | Jim Davis | 9.82m | |

Shot

| | | | |
|-------------------|---|--------------------|--------|
| W55 | 6 | Sue Coate | 9.44m |
| | 9 | Jenn Parker | 8.81m |
| W70 | 2 | Maureen Keshwar | 7.42m |
| | 3 | Barb Wilson | 6.97m |
| | 6 | Christina Faithful | 5.25m |
| W75 | 5 | Bev Hamilton | 6.93m |
| M50 | 1 | John Fettus | 14.49m |
| M65 | 3 | Tom Gravestock | 10.27m |
| M70 | 2 | Jo Peters | 11.80m |
| | 3 | Geoffrey Gee | 11.77m |
| M75 | 5 | Greg Wilson | 8.13m |
| M90 | 1 | Jim Davis | 6.71m |
| Weight | | | |
| W70 | 1 | Barb Wilson | 8.33m |
| W75 | 4 | Bev Hamilton | 8.46m |
| M50 | 1 | John Fettus | 16.51m |
| M65 | 4 | Tom Gravestock | 11.07m |
| M70 | 2 | Jo Peters | 17.15m |
| | 3 | Geoffrey Gee | 13.86m |
| | 6 | Harold Membrey | 10.70m |
| M75 | 5 | Greg Wilson | 9.24m |
| M90 | 2 | Jim Davis | 7.44m |
| Pentathlon | | | |
| W45 | 1 | Melissa Foster | 3343 |
| W55 | 2 | Sue Coate | 3325 |
| W70 | 1 | Carey Dickason | 1429 |
| W75 | 1 | Brenda Painter | 872 |
| M40 | 2 | Tyne Timmers | 2498 |
| M60 | 4 | Garry Hastie | 1313 |

SR

Throws Pentathlon

| | | | |
|-----|---|----------------|------|
| W70 | 4 | Carey Dickason | 1915 |
| W75 | 4 | Bev Hamilton | 2382 |
| M50 | 2 | John Fettus | 3291 |
| M60 | 4 | Garry Hastie | 2142 |
| M65 | 3 | Tom Gravestock | 2980 |
| M70 | 1 | Jo Peters | 3916 |
| | 3 | Geoffrey Gee | 2840 |
| | 8 | Harold Membrey | 1771 |
| M75 | 5 | Greg Wilson | 2288 |

10km Road walk

| | | | | |
|-----|---|-----------------|---------|-----------|
| W35 | 1 | Melissa Lewis | 57:03 | SR |
| W55 | 1 | Karyn Tolardo | 61:55 | |
| W65 | 1 | Lyn Ventris | 63:50 | SR |
| W80 | 2 | Lynne Schickert | 1:27:48 | |
| M75 | 1 | John McDonagh | 1:11:37 | |

6km x-c

| | | | |
|-----|---|---------------|-------|
| M80 | 3 | Bob Schickert | 50:50 |
|-----|---|---------------|-------|

8km x-c

| | | | |
|-----|---|----------------|-------|
| W45 | 2 | Vanessa Carson | 38:35 |
| W60 | 3 | Sue Zlnay | 39:07 |
| | 6 | Lori Sexton | 46:41 |
| M55 | 6 | Simon McGarvie | 39:19 |

4 x 100m relay

| | | | | |
|------------|---|---|-------|---------------|
| W(180-239) | 4 | Jenn Parker Sue Coate Maureen Keshwar Mandy Mason | 57.71 | W55 SR |
| W(240+) | 7 | Lynne Schickert Julie Wilson Jacqui McQueen Carol Bowman | 83.58 | |

| | | | |
|------------|---|---|-------|
| M(180-239) | 4 | Roger Parenzee Dave Wilkie Harold Membrey Tyne Timmers | 59.69 |
|------------|---|---|-------|

4 x 400m relay

| | | | |
|---------|---|--|---------|
| W(240+) | 2 | Jenn Parker Carol Bowman Julie Wilson Barbara Blurton | 5:55.35 |
|---------|---|--|---------|